

The Bullseye Every day



spirit 1993

The background is a solid green color. Overlaid on this are several large, organic, wavy shapes in a dark blue or indigo color. These shapes are arranged in a way that they seem to flow across the page. One large shape starts from the bottom left, curves upwards and to the right, then loops back down and to the left. Another shape is positioned in the upper right quadrant. The text is placed within these blue shapes.

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escaping the everyday



Ames Senior High School

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Student Population: 1,377

Windsurfing in an indoor swimming pool was not your everyday physical education activity. During Mary Kautzky's canoe unit, students could opt to learn how to balance themselves on the windsurfing board. Junior Matt Farrier watches junior Bryan Warne as he attempts to stay afloat on top of the windsurfing board. (Photo by Karen Hsu)

escaping the everyday



By
creating
new
projects
and
different
activities
to keep
our sleepy
heads
upright
and
fidgeting
fingers
working,
students
and
faculty
found
them-
selves . . .



Life shouldn't be boring, and it's usually not. But every so often, because humans are creatures of habit, we start doing the same things over and over again because we are too lazy to brainstorm new and innovative things to do to keep our lives interesting. With that in mind, students and faculty tried to keep classes moving and lives eventful with a new twist on activities. Beyond school work, club members and advisers tried different activities to entice the student body. Homecoming organizers brought back the bonfire for the first time in four years and also added an underclassman court to the usual senior



Cheering with their chests covered only by the letters AHSI, seniors Jason Ruebel, Keith Sansgaard, and Adam McLaughlin show their school spirit at Homecoming. (Photo by Abby Klaas)



candidates for Homecoming Coronation on September 25.

Students also avoided mediocrity by challenging themselves.

The senior class produced 19 State of Iowa Scholars and eight National Merit Finalists; senior Terrill Johnston met President Bill Clinton as one of 150 Presidential Scholars and was also named one of 100 National Science Scholars. Faculty shined in the teaching spotlight as Dr. Clemmye Jackson, who designed Project Success to meet the needs of students at risk, was named Educator of the Year by the Iowa Association of Alternative Education.

after finishing her snack at the AP English party, Amanda Vincent, a third grader from Meeker Elementary, shakes Principal Ralph Farrar's hand. The AP English students and the third graders wrote books for each other and shared them on April 25. (Photo by Abby Klaas)

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Opening



escaping the everyday



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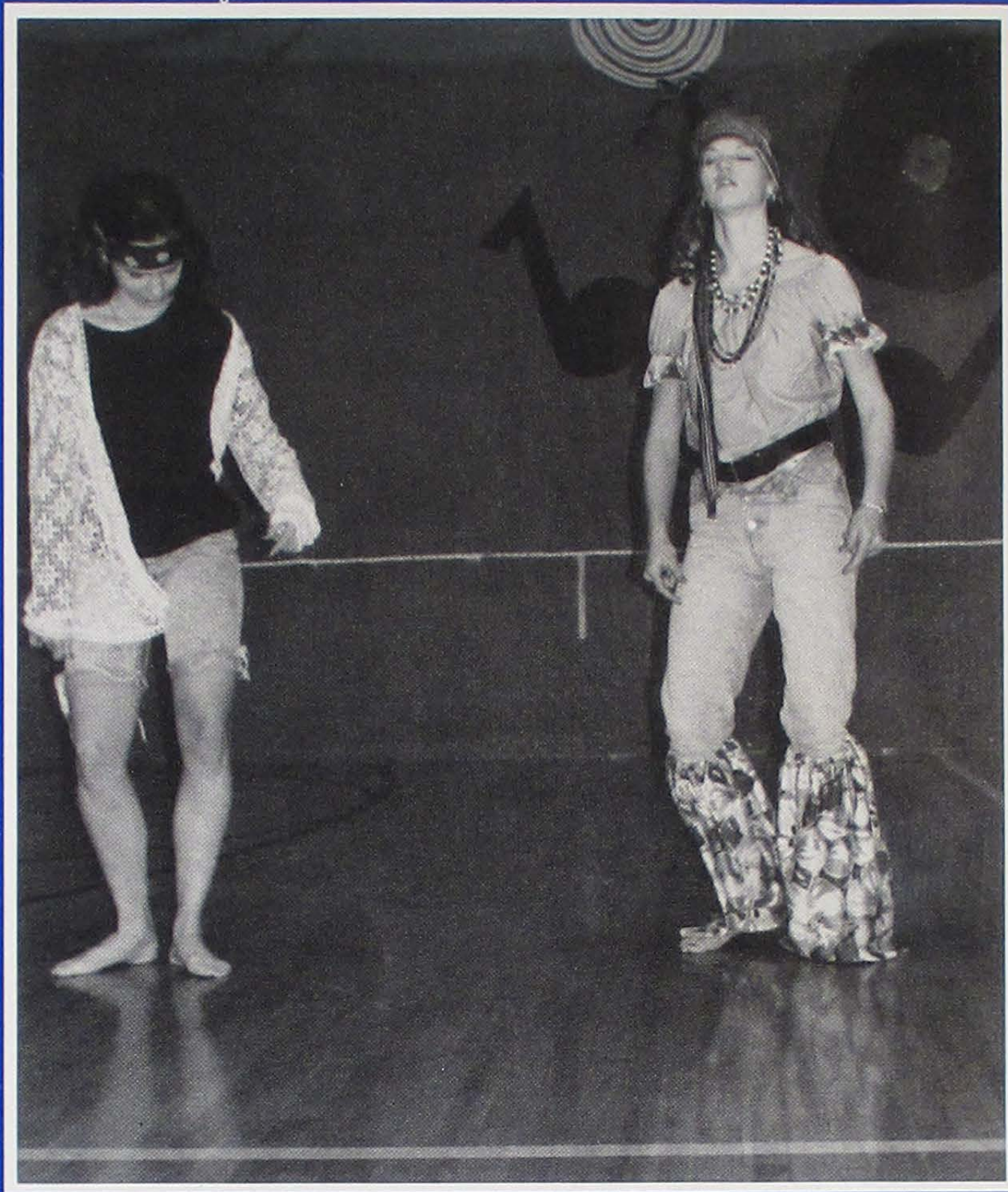
Instead of relying on parents for the convenience of being dropped off in the front of the school every morning, many sophomores drove themselves. They also learned to make a run for the doors before the 8 a.m. bell rang, because a new school policy allowed only juniors and seniors to park on school grounds because of the overcrowded parking lot.

If it was up to the seniors in summer government, third party candidate Ross Perot would have won the election. He won overwhelmingly in their election over Bill Clinton and incumbent George Bush.





enjoying the sunshine outside in the courtyard, juniors Danielle Thompson, Amy Bergan, and Sara Meinhard take a break from their studies during a free period. (Photo by Angie Davis)



Because of high standards students and faculty set for themselves and for others, it was no surprise to most when *Expansion Management Magazine* rated the Ames School District among the top 20 in the nation. When principal candidates visited the school for their interviews after Assistant Superintendant Lu Kiser retired and Principal Ralph Farrar was chosen to take his place, they were pleasantly surprised at our dedicated efforts to make Ames High unique. We didn't settle for an average life or education; we escaped the everyday.

displaying their grooviness, juniors Robin Geiger and Melissa Kell dance in 70's costumes. Cheerleaders dressed up in 50's, 60's, and 70's costumes and performed routines for the "A Blast from the Past" assembly. (Photo by Angie Davis)

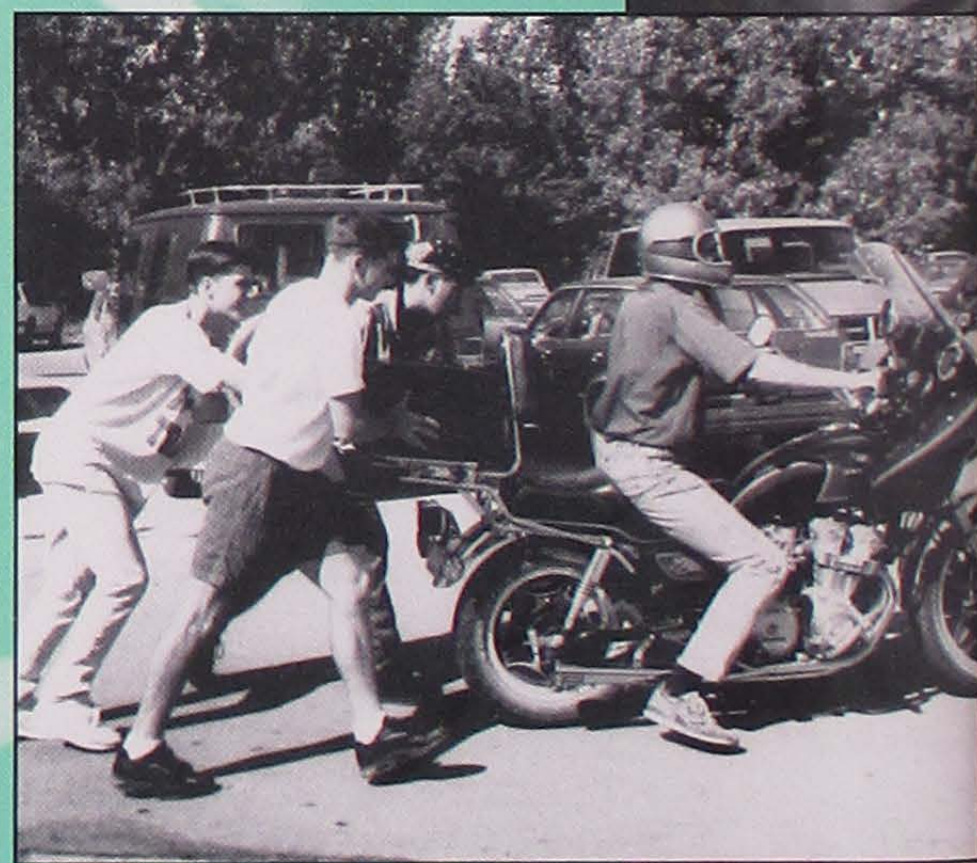
By Karen Hsu

unleashing ideas

Waking up at 6:45 a.m. Monday morning, we wondered why we had to get ready for another week of monotonous lectures, sleeping students, and wearisome work. With that in mind, teachers livened up the classrooms with a variety of activities: Kirk Daddow and Susie Petra sponsored a two-day trip for the AP Western Civilization and art classes to the Art Institute of Chicago to experience European Impressionist paintings instead of staring at a page in a history book; students in Phil Johnson's formal geometry class demonstrated their knowledge of proofs and theorems by making visual displays for his classroom; juniors in small groups learned how to teach and lead a discussion in a full 43-minute period in LoAnn Campbell's American Masterpieces.

Whether we argued in AP English about if Shakespeare really did write his masterpieces or if other playwrights collaborated to make a fictional man famous, practiced speaking French by playing *The Love Connection* instead of working on tedious grammar examples, held a mock presidential election with Ross Perot as the winner during Summer Government, or brainstormed uses for parabolas and hyperbolas in analytical geometry class, we kept unleashing ideas.

By Karen Hsu



Science labs didn't always include Bunsen burners and test tubes. Juniors Matt Ashburn, Tom Payne and Chris Whitehead help teacher Mike Petersen perform a motorcycle lab in the parking lot during physics class. (Photo by Angie Davis)

academics



Different Worlds

Human Relations
Committee debuts
Diversity Day



Solitary Study

Independent study let
students diversify



Working Overtime

Students balanced
free time between
academics and jobs



Killing Classtime

Doodling and
daydreams helped
classtime pass quickly



Fresh Faces

Transfer students
learned to cope with
a new school

Visual aids always helped liven up class. Junior Jehan Faisal unwraps a mummified CPR-doll in Anthropology as she talks about Isis, the goddess of fertility in Egyptian mythology, and students looked in the canopics, bags that held the organs of the pharaohs. (Photo by Abby Klaas)

Setting Sights

Rewards for good grades kept students studying

Career: Student. What kind of job is that? All work with no medical insurance, no retirement plan, and no pay.

While this held true for some students, the end of the quarter meant pay day for others.

"My parents give me \$10 for each A that I get. It makes me more attentive, because I want a better grade. Still, I don't start studying until it matters, around finals," sophomore Mark Sedgwick said. "It helps having some spending money. At the end of last semester I went on a ski trip; it was nice having an extra \$30."

For others, the quest for a good report card continued from one semester to the next. For freshman Jeremiah Redmond, continuous good grades could mean a little slice of freedom.

"If I keep getting at least a 3.2 and my brother a 3.75, my parents will buy us a used car. It makes me work harder and makes me conscious of my grades, because I'd like to have something to drive when I get my license," Redmond said.

For some, the thought of payment remained glued in their heads as they studied for their next test, but for junior Kari Ellingson, her reward came as a surprise.

"I came to school and opened my locker. My

mom had decorated it the night before, and there were car keys hanging there. I didn't know that they were going to give it (a car) to me, but they decided to reward me for how well I was doing," Ellingson said. "Although I get

rewards for good grades, my parents also take things from me. They told me if I didn't get a B on one of my physics tests, they'd take my car away for a quarter. It helps me study and use my time well; I know they'll follow through."

While some felt the joys and pitfalls of being given payment for their school work, others continued to study without monetary reward. Not only were these students able to succeed, but believed that these incentives were harmful.

"Rewarding is a bad way to get kids to do better. Parents should teach their kids to want to do well instead of teaching them to be materialistic," senior Bliss Newton said.

Attending school may not have given most students a pay check at the end of their shift, but working hard gave them something to vie for. Whether it was money, a new car, or sheer knowledge; students knew that soon enough there would be something real to fill the "career:" blank in with.

By Anjeanette Levings



"I came to school and my mom had decorated it the night before, and there were car keys hanging there. I didn't know that they were going to give it to me, but they decided to reward me for how well I was doing."

—junior Kari Ellingson

Grilling garlic chicken, the Whitaker twins, Martha and Katherine, prepare that evening's meal. Due to their good grades, (and the beautiful weather), the two were allowed to prepare their favorite meal. (Photo by Sarah Fisher)





With extra cash in her pocket from good grades, Junior Beth Holger thumbs through racks of jeans to find the perfect style and size. Receiving money let students cut loose from their regular budget. (Photo by Angie Davis)

OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- The math department welcomed Virginia Swenson, who replaced Dr. Walter Wood. She taught BC Calculus, Advanced Algebra, and also belonged to the Governor's Conference that deals with mathematics.
- An LC II color monitor and an LCD color overhead projector were purchased, so that color would be visible on the overhead for classes.
- Six students scored over 100 points on the annual National High School Math Examination, the highest number ever for Ames High. These six went on to take a three-hour test consisting of 15 questions. Out of these six, junior Jeffrey Willson and Dan Johnston scored well enough on the second test to proceed to the Math Olympiad, more than Ames High has ever had. This was a five question test, with three and a half hours given to complete it. These two competed with 150 other students who qualified from around the U.S.

Math Department



When grade sheets came home, a few students got money, others lectures, and some a feeling of pride. Sophomore Peter Shupp puts his grade sheet on the refrigerator as a reminder that his studying paid off. (Photo by Angie Davis)

Extra Reinforcement

Students use study aids to help grasp the basics

Some say it's cheating. Some say it's an easy way to do something difficult. Some say it's a necessity for homework. Whatever they're called, study aids were instrumental in the success of many Ames High students.

Common homework helpers ranged from videos to handbooks to using older siblings' old homework to Cliff's Notes.

"Cliff's Notes help clarify things and point out ideas that I don't catch while reading the book," senior Liz Trede said. "Most of my teachers approve of this, as long as I read the book."

As busy schedules often left no time to read assigned literature every night, many students found Cliff's Notes helpful. Students also turned to friends' or older siblings' notes in tight situations.

"I use my brother's notes from physics when I don't understand the problems. They help me to learn things that I can't figure out myself," junior Kris Fretz said. "This has worked pretty well so far except when the assignments aren't the same."

Along with checking or copying problems, some people found other uses for an older sibling's notes.

"To write one of my research papers for World

Studies, I used one of my brother's papers to get information," freshman Heidi Kubera said. "I don't think this is cheating because it is just like getting information from a book. I wouldn't copy from either one."

Students used study guides not only for homework, but for college admission tests, too.

"The ACT preparation book was probably one of the most helpful resources that they could come up with. They really

helped me prepare myself for the test by focusing on certain sections that I needed help with," senior Niles Narotam said.

Along with getting help from written resources, some students spent extra time working with computers.

"Pulling up files from the ISU database helps me to study. I use it to write reports and update my current events," sophomore John Ellmaker said. "I learned to do this through the computer class that I am taking from the college."

Whether using college files, Cliff's Notes, or older siblings' notes was classified as cheating or a necessity for completing homework, most students agreed homework helpers truly worked.

By Kari Ellingson



"I use my brother's notes from physics when I don't understand the problems. They help me to learn things that I can't figure out myself."

-junior Kris Fretz

Juniors Libby Van Houten and Annagreta Birch speak with liberty Mojica, who was from Panama. Mojica visited the school every week to help advanced students practice their oral Spanish skills. (Photo by Serra Sermet)





Receiving help in the Math IMC, freshman Jill Patterson talks to teacher Marilyn Hanson about her assignment, while freshman Jill Muller continues to work. Many students found teachers useful resources in helping them study. (Photo by Serra Sermet)

OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- On January 28 and 29, the AP Western Civilization classes travelled to Chicago to visit the Art Institute to see works of art that they had studied in class.
- During summer government, students held mock elections. Each person played roles of different politicians, giving speeches and demonstrations similar to that of the real politicians. Ross Perot, portrayed by senior Brian Linder, and John Stockdale, portrayed by Ben Ford, won the mock presidential election.
- Richard White started using an outcome-based program to teach his social studies classes. Instead of only taking tests, students demonstrated their knowledge by writing poems, acting out portions of books, or any of many other options. White had students write tests for each other during some of the units.

Social Studies Department



Using the computer to help him study, senior Nick Bertelsen pulls up files with the modem. Pulling up files from the ISU database helped many students find extra information necessary for many projects and reports. (Photo by Serra Sermet)

During a free period, junior Jennifer Fliehler studies from Cliff's Notes. Many students used Cliff's Notes to better understand novels, as well as an alternative to reading the assigned book. (Photo by Serra Sermet)



Different Worlds

Human Relations Committee debuts Diversity Day

Hate, intolerance, and prejudice are unfortunately a big part of our society. While all the problems in the world can't be solved at once, Ames High tried to do its part by celebrating its first Diversity Day November 12.

The Human Relations Committee and the Faculty Action Research Committee on Values and Bias sponsored Diversity Day. Instead of attending classes, students went to workshops dealing with topics such as different cultures, prejudices, attitudes—diversity. There were 37 workshops in all, with over 100 facilitators.

"The one about AIDS was really good. It helped us to really understand that people with AIDS are just like anyone and everyone else," sophomore Jackie Zenor said.

"The speakers at the workshop about exchange students were very well-prepared, and they answered all of our questions," freshman Melissa Fatland said. "I never thought about how hard it would be to be an exchange student. It made me realize how 'cliquey' our school is."

Many students felt that Diversity Day was very successful in helping students understand others.

"Diversity Day was a great chance for many people to learn about cultures they didn't know about. It also helped eliminate some prejudice,"

sophomore Karen Moon said.

But other students were not so sure that the day accomplished much. "It helped change some people's views about us, and it helped lessen the prejudice a little bit—but for most of the people, I don't think the workshop did very much," said

junior William Sutjiadi, who spoke at a workshop about international students.

"Diversity Day was a good idea, but I don't think the people who needed it the most tried to get much from it," sophomore

Dobrushka Slomka said.

Some students criticized Diversity Day because it pointed out differences among students, and instead should have focused on students' similarities. But as German teacher Betty Furr pointed out, "Many students felt we should have celebrated similarities instead of differences. But actually, in order to deal with differences, similarities had to be brought up, so we really weren't dealing with diversity only. It was important that we made the students aware of diversity. We may still have conflicts—but at least we're willing to look at them."

Senior Shirley Keller agreed. "If we want to end bigotry and prejudice in the future, high school is the place to start, because we are the future."

By Susan Hsu



"Diversity Day was a good idea, but I don't think the people who needed it the most tried to get much from it."

—sophomore Dobrushka Slomka



Chris Schroeder, a counselor at Mary Greeley Medical Center, leads a discussion about moving through different stages of awareness. Schroeder was one of many community members who facilitated workshops. (Photo by Abby Klaas)



Diversity Day



many hours of preparation went into Diversity Day. Freshman Lizza Kindred, a member of the Human Relations Committee, arranges a table with nametags for speakers and committee members in the lobby. (Photo by Karen Hsu)

OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- Actor Brian Lynner from the Iowa Shakespeare Project from Des Moines spoke to English classes about William Shakespeare's works and performed his rendition of Mark Twain Feb. 8-12.
- AP English class joined with third graders from Meeker Elementary School to write poems for each other.
- Neil Bowers, a poet from ISU, talked to Creative Writing and Advanced Composition classes about how to write poetry.
- Basic Composition students selected their best writings at the end of the semester for a class anthology.

English Department



twenty of the speakers for the day were Ames High students. Seniors Avanti Athreya, Sophia Ellmaker and Jennifer Weiss speak to other students about stereotypes against Asian-Americans. (Photo by Abby Klaas)

during a presentation by Chhanda Ghoshal about clothing from different cultures, freshman Darci Horton models a sari for other students. (Photo by Abby Klaas)

for Advanced Photography class, sophomore Joe Levine develops pictures in the darkroom. He had the same assignments as other students, but had to work during his free time. (Photo by Sarah Fisher)

finishing up her spread for a yearbook deadline, sophomore Jenny Ellett crops photos. Ellett took *Spirit* independent study first semester because of a schedule conflict. (Photo by Angie Davis)



OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- Junior Ashley Hagen was the first student asked to display her work in a one-person show at the Margaret Sloss Women's House at Iowa State.
- Seniors Mark Okiishi and Nathan Horn had their portfolios chosen for the National Scholastic Art Competition in New York City.
- Seven students had pieces sent to the National Scholastic Art Competition. Winning the Gold Key awards were seniors Horn, Chad Newhouse, Okiishi, and Chelsea Walton; and freshmen Jacob Rudolphi, Amalia Smith, and Brendan Stanley. Horn also won the Hallmark Award because one of his drawings was chosen as one of the five best in the region. Works by Ames High students also won four Silver Key Awards and 26 honorable mentions.
- Several students traveled to Chicago January 28-29 to visit the Art Institute along with AP Western Civilization students.

Art Department



Solitary Study

Independent Study let students diversify

Motivation. Organization. Time management. All are qualities important for academic success, but for students enrolled in independent study, they were a necessity.

Each year, the number of students who took classes independent study was fewer than five, according to Associate Principal Bill Ripp. But nearly 50 students decided to take advantage of the opportunity to learn outside the normal classroom setting during the 1992-1993 school year.

Although some students took classes independent study because their schedules were full or a class was offered only a few periods a day, senior Katherine Whitaker took German VI independently because the school didn't offer it at all.

"I went to Concordia Language Camp for two summers, which put me ahead in German by two years. I would have taken German at Iowa State, but it would have conflicted with my schedule," said Whitaker.

Other students taking independent study discovered teachers generally didn't have as much involvement with them as students in their normal classes. Senior Chad Newhouse thought this was

an advantage.

"In class, the teacher is there to help you. In independent study, if you have a problem, you learn to help yourself and correct it on your own," said Newhouse, who took Graphics 6 and 7 independent study because they weren't offered normally.

"In class, the teacher is there to help you. In independent study, if you have a problem, you learn to help yourself and correct it on your own."

-senior Chad Newhouse

Other students preferred to take the class if the school offered it and it fit into their schedule, rather than taking it independently.

"I wish I could have taken *Spirit* with everyone else in the class.

It was hard for me to know when deadlines were or to learn things like how to do layouts since I was an out-of-class writer," sophomore Ruby Hsu said.

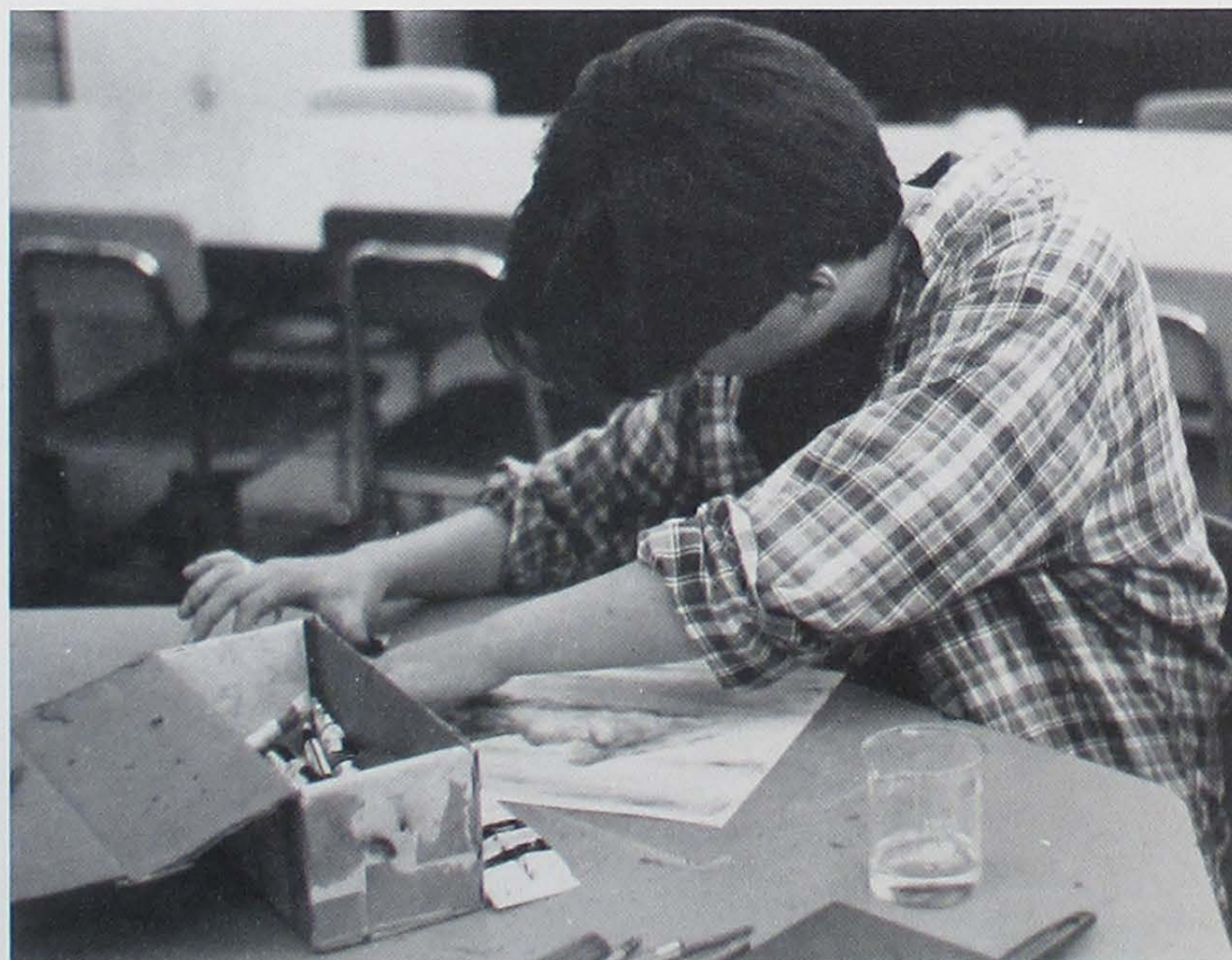
Other students found the advantages of independent study outweighed the disadvantages.

"I work better because there is more freedom about when you work. And there isn't someone staring over your shoulder," said junior Laurel Nakadate. Nakadate took Fibers and Advanced Photography.

Whether or not they thought independent study was better than being in a normal class, most students agreed that the skills they were learning would help them in the future.

By Amy Gardner

during a study hall, freshman Mike Shaw works on an assignment for Painting I. Shaw was one of only a few freshmen taking a class through the independent study option. (Photo by Sarah Fisher)



Working Overtime

Students balanced free time between academics and jobs

A typical high school student's calendar is filled with track meets, dance classes, and play practice. Finding time for academics could be difficult, but for students with the added stress of a job, many found themselves split on whether their job helped or hindered their studies.

"My job has definitely helped me. It's taught me responsibility and time management. I work at Save-U-More where I make sure all the food is stocked. As for my homework, I

try to work late weeknights or on the weekend," sophomore Gabriel Roberts said.

Working weekends provided a way for employed students to escape the job/homework conflict.

"I try to work weekends as opposed to week nights, because that gives me more time to spend on my homework. When I do work at nights, I learn to make good use of my time," senior Kelli Oshel said. "Having a job has really made me budget my time better and be a more productive student. I actually get more homework done now than I used to."

When students became swamped with work and assignments, they often found themselves studying late.

"When I didn't work for a semester because of my knee surgery, I got a 4.0, but I don't think my good grades came totally from the free time my job gave me. I learned to get things done ahead of time from working," junior

Katie Krogmeier said.

"When you work until 9:00, and don't get home until 10:00, you find yourself staying up late trying to get things done."

When the flow of customers slowed, some students found time to study on the job.

"Working at Karmelkorn has definitely helped my grades. I always have plenty of time to do homework. It's always really dead. Basically, I'm making money studying," senior Matt Cunningham said.

Summer jobs presented another easy solution to the time management problem.

"I work for Agri-gene in the summers pollinating corn. By working in the summer instead of during the school year, I'm able to make extra money but not have it effect my school work," freshman Paul Stewart said.

Even with the everyday pressures of school and extra-curricular activities, students were still able to make advances in the world of employment.

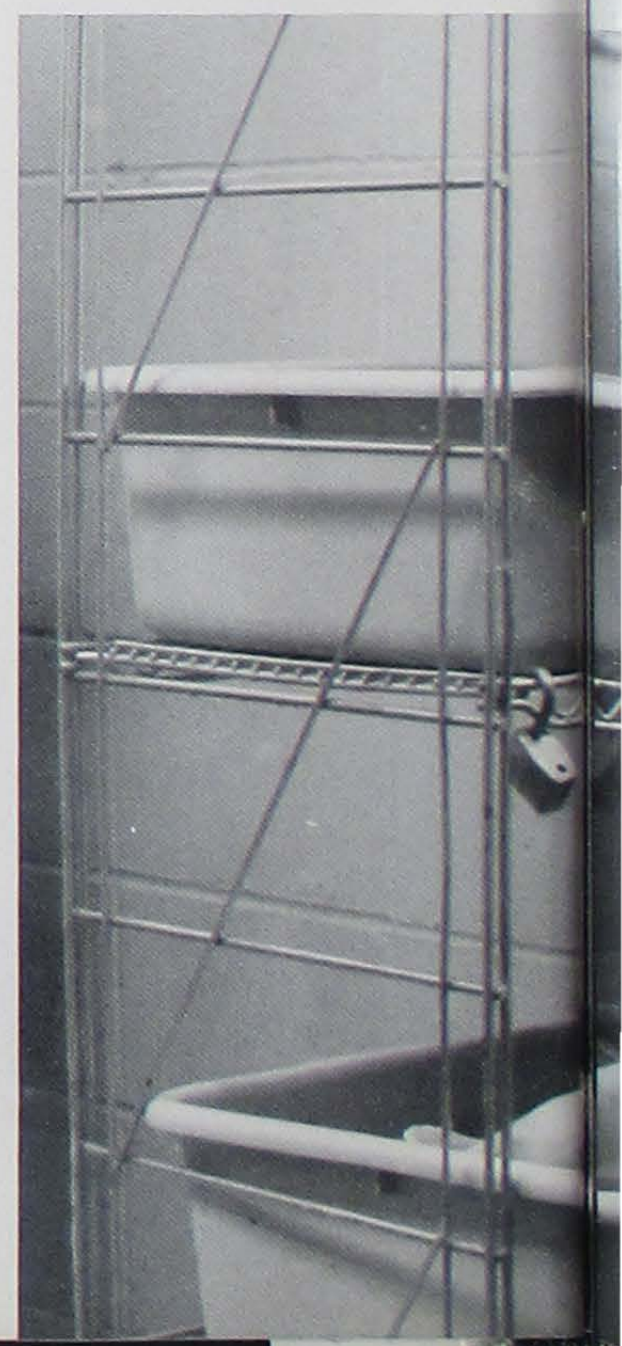
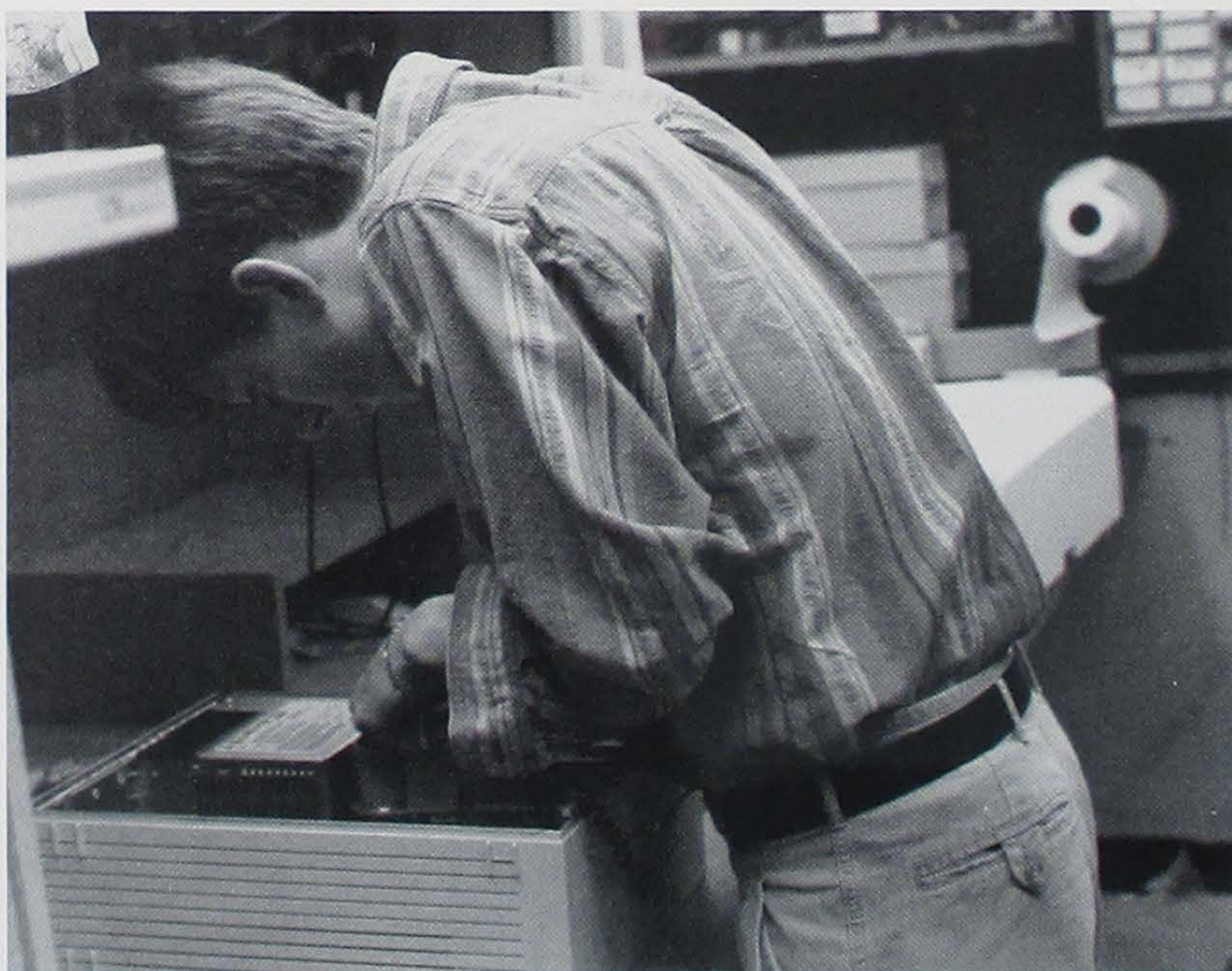
By Kristy Lakin

"My job has definitely helped me. It's taught me responsibility and time management."

-sophomore Gabriel Roberts



Working with electronics at Beacon Microcenter helped junior Tom Pepper not only learn responsibility, but more about a field of study he was interested in pursuing. (Photo by Margie Mayfield)





Working in an atmosphere where studying was permitted allowed students to make money while making the grade. Lifeguarding at the Municipal pool, freshman Alex Leeman often found extra time for homework. (Photo by Margie Mayfield)

OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- The science wing was broken into the weekend of January 29-31. Two VCRs, a laser printer, a Macintosh LC computer, and a CD ROM were taken. The equipment was valued between \$3,000 and \$4,000.
- Chemistry teacher Ken Hartman and 10 chemistry students worked on a research project to develop a new method of lab reporting. Kristi Deaver, a pre-student teacher in chemistry education at ISU, headed the project. The researchers' goal was to develop a method of lab reporting other than the typical pen and paper write-up. Video reporting and Hyper-Media, a computer program, were both methods looked into. The students examined four types of lab, two qualitative labs (based on observation) and two quantitative labs (based on numerical data). Deaver hoped their research would become a format for future educational labs.

Science Department



Working evenings created a conflict for many students with heavy homework loads. Finishing her work at Country Kitchen after a long night, junior Lizz Welch is anxious to get home and start her school work. (Photo by Margie Mayfield)

Jobs always had their not-so-glamorous moments, such as cleaning up the work area. Junior Summer Jones wipes up spills from the soda pop machine after closing up Burger King. (Photo by Margie Mayfield)



Killing Time

Doodling and daydreams helped classtime pass quickly

"Listen up, class! Find your notebooks and get ready to take 15 pages of notes!" As the teacher smiles and reaches for the chalk, the students obediently pick up their notebooks and wait for further instructions, pens poised.

This is the stereotypical teacher's vision of the perfect class. And while Ames High does strive towards success, no one is perfect. Most students' minds were not always focused on academic achievement. Instead, social well-being was a priority, even in the classroom. Staring into space and

thinking of that special someone was hard to avoid during monotonous lectures and, simply, classtime.

"I space off in class. But if I get called on and don't know what she asked, it doesn't matter because my teacher loves me so much," junior Zach Thompson said.

But some students had to keep themselves occupied in different ways. Entertainment became a priority or falling asleep may have been a consequence.

"I always like it when girls with long hair sit in front of me," sophomore Joss Nichols said. "I take pieces of their hair and wrap them around my finger to play music on them. Or sometimes if I find a dead fly I tie it to a piece of hair and fly it

around."

Although they didn't all rely on insects to pass time, many students had outlets for boredom.

"When I'm hungry, I draw food on my folders," sophomore Julie Anderson said. "It's just natural that if your mind wanders, you look for something else that will hold your attention."



"It's just natural that if your mind wanders, you look for something else that will hold your attention."

-sophomore Julie Anderson

Class clowns often got fellow students' attention.

"There's this guy in my class who purposely tries to attract bees. He brings in pop or sugar, and when they come around, he stomps on them," freshman Aaron Coats said.

Another way students kept occupied was more traditional. They figured out how to outsmart the teacher.

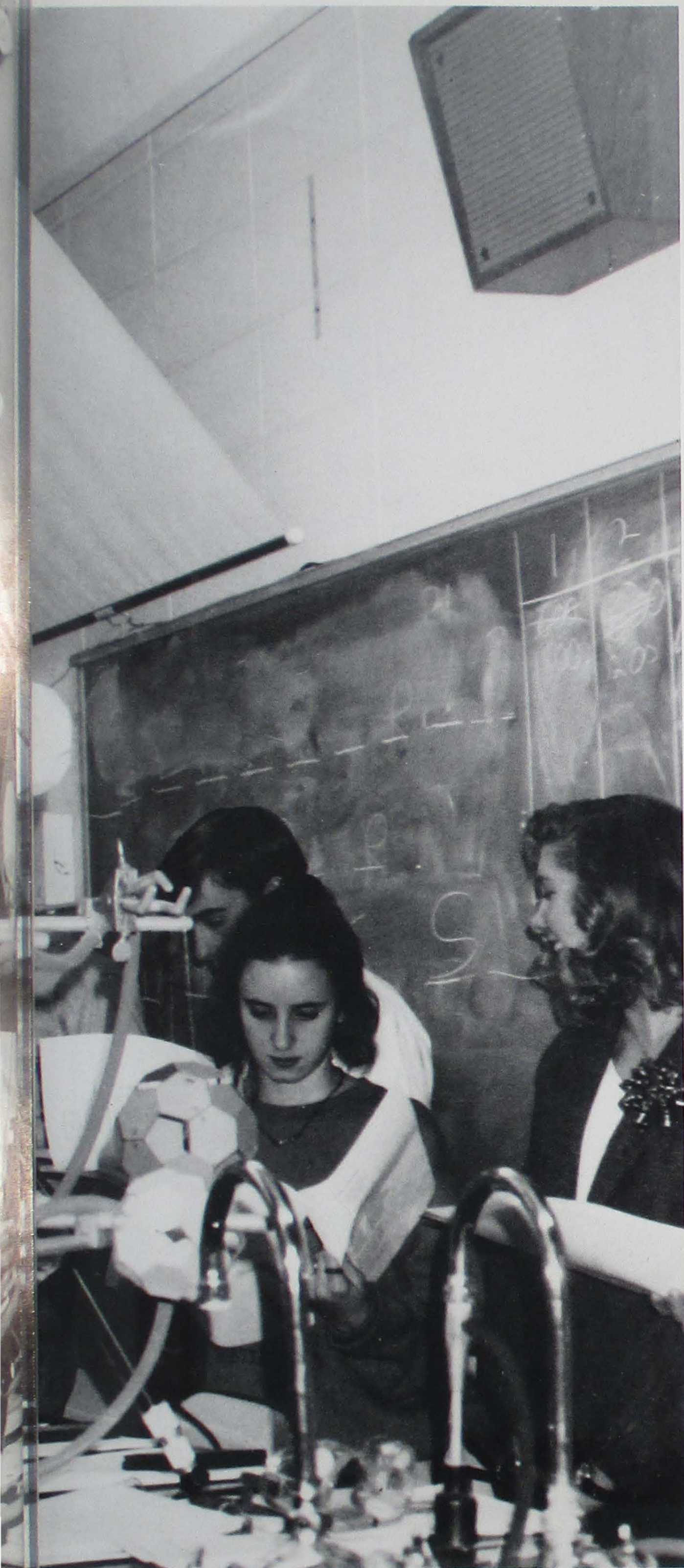
"When I was in art class, a couple of my friends and I would set the clock ahead about 15 minutes every once in awhile," senior Chad Salsbury said. "Our teacher didn't catch on until the end of the year."

While not all students tried to deceive their teachers to make those 48 minutes pass more quickly, most students did have their own techniques to stay attentive. And as long as teachers give what students perceive as boring lectures, students will continue to find creative ways to pass time during class.

By Emily Bourne

On May 23, seniors celebrated their completion of four years of French class with a French banquet. Students divided up in groups to prepare for this five-course meal. (Photo by Karen Hsu)





gathered around Ken Hartman's "chemis-tree" in Room 24, seniors Chad Kinart, Sara LeBrun, and Karin Tollefson sing chemistry carols the day before Winter Break. (Photo by Karen Hsu)

OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- For Dick Lang's Power and Energy class, new engines were purchased for students to disassemble and inspect.
- Three times more girls than guys studied the automotive system and maintenance in Consumer Auto.
- The use of computer scanners was a new concept used in the department.
- The department purchased a blueprint copy machine, two new Macintosh LX computers, and a laser printer. An updated version of the drafting program Versa CAD was used.

Industrial Technology



during Mary Kautzky's P.E. class, freshmen Laura Howard, Julia Muljadi, and Marlana Anderegg canoe in the Ames High pool. Students learned basic survival techniques during the course. (Photo by Abby Klaas)

Fresh Faces

Transfer students learned to cope with a new school

As the halls become crowded in late August with clutter, chaos, and the confusion of a new year, many students walk through the front door for the first time, unaccustomed to the events of a normal day at Ames High. While the rest of the student body is busy seeing who got hair-cuts, who broke up with whom, and where everyone went during the summer, these students nervously find their homerooms, and maybe their lockers.



"I liked knowing that someone liked me enough to take the time to write me notes and stuff in homeroom, and take the time to make sure my first year was fun."

-freshman Jill Pattinson

The first day of school could be a stressful time for new students. Programs like Big Sis/ Lil' Sis relieved freshmen's stress at the beginning of the year.

"I liked knowing that someone liked me enough to take the time to write me notes and stuff in homeroom, and take the time to make sure that my first year was fun," freshman Jill Pattinson said.

Some students also found that new student orientation, held 1-3 p.m. the Friday before school started, instrumental in their success.

"Orientation really helped me because it made the school a lot smaller and easier to get around in," freshman Josh Raines said.

In addition to orientation, the Human Relations Committee took action to help welcome

foreign students by holding a pizza party for them and their parents so that they could get to know each other.

"It really helped me because we got to share our feelings and tell others about our culture. We

found that everyone was in the same boat," senior Soumia Dahane said.

While the Human Relations Committee helped international students, Counselor Leslie Maze coordinated seminars for new students held during the first quarter.

"We wanted to help the students adjust easier to the environment, and to realize that their feelings are normal," said Maze.

Out of 60 new students, 31 came to the new student orientations. Most found the seminars a positive and helpful experience.

"At first I didn't want to go, but they helped me meet people, and realize that they were just as stressed out as I was," junior Malissa Donahey said.

As the days passed, eventually the halls seemed a little less confusing, and new students gradually became accustomed to, and finally a part of, the fun and chaos referred to as Ames High.

By Jenni Collins

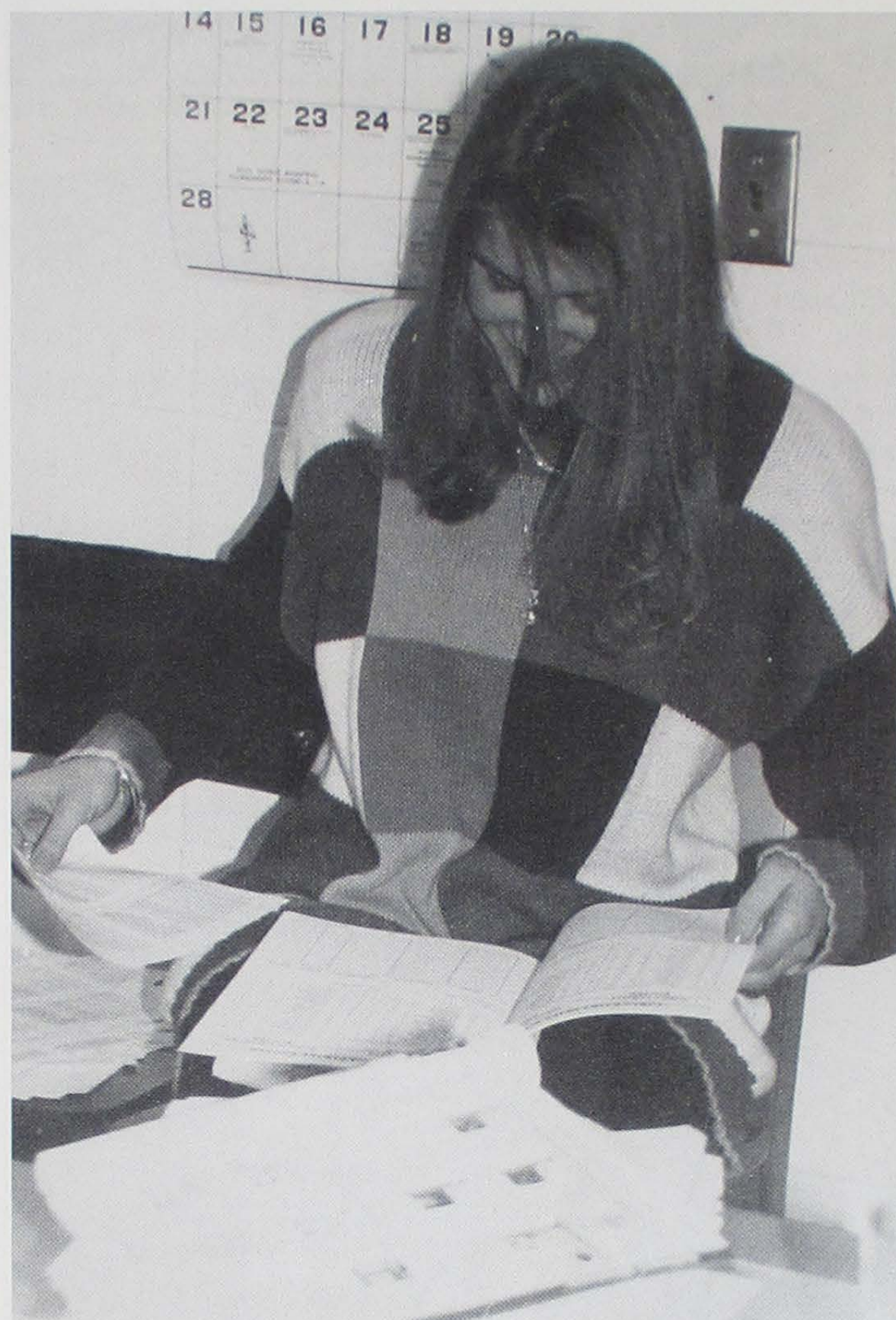
At Godfather's, freshmen Laura Howard and Jennifer Rehbein attempt to eat their pizza blindfolded. After identifying themselves, their Big Sis', juniors Jennifer Leek and Jenni Collins took them to Godfather's and then to Linn-Mar to play miniature golf. (Photo courtesy of Jennifer Leek)





Taking a tour of the school, junior Becca Stott shows freshman Xue Li the fine arts wing. Many new students benefitted from the one-on-one tour provided by volunteer student ambassadors. (Photo by Beth Myers)

Working during a free period in the athletic office, freshman Ashley Grundmann sorts out winter sports programs. Sports ambassadors also welcomed officials and opposing teams to the school before home contests. (Photo by Abby Klaas)



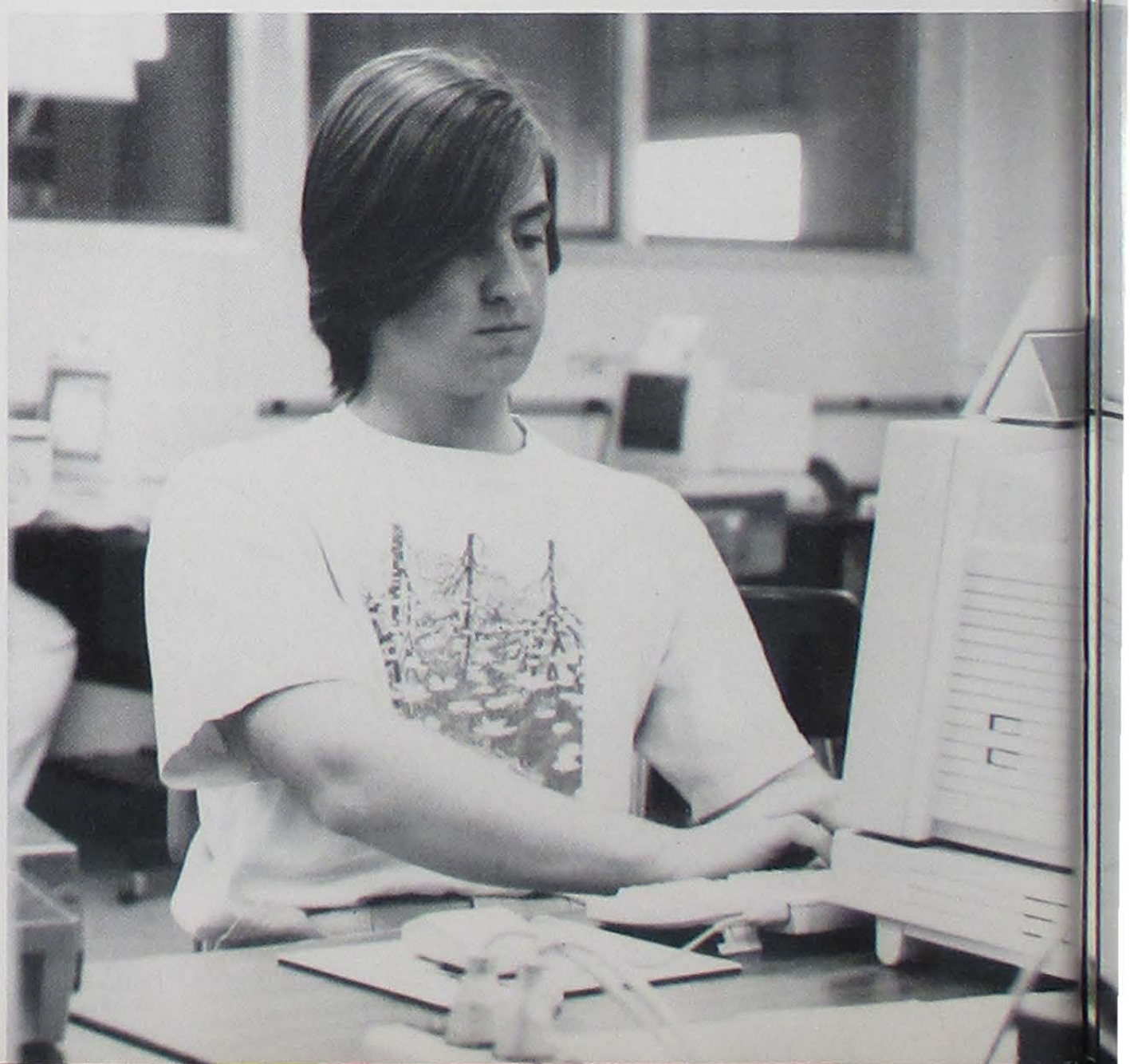
OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- Keith Bailey's classes learned archery and spent time weightlifting.
- Mary Kautzky's classes learned to canoe and windsurf in the high school pool.
- Kautzky's classes also learned country line dancing for homecoming. (The theme was "Wild, Wild West; Wild, Wild AHS.")
- The modern dance class dressed up in body bags for one of their dances.
- Jack Mendenhall's classes played three-way volleyball and pickleball.
- Mike Wittmer's classes played Hooverball with gigantic medicine balls.

Physical Education Department

measuring with caution, senior Frank Greer begins a chemistry lab. Because many experiments involved compounds such as nitric acid and toxins such as mercury, precision and safety procedures were very important. (Photo by Beth Myers)



OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- Both typing classrooms were equipped entirely with computers
- Business Math and Applied Economics students got to work with community members who visited their classes on a regular basis
- Teacher Roger Jacobson taught in Australia for a semester while exchange instructor Alan Campbell came to Ames High.

Business Department



Concentrating, freshman Emily Myers takes care to play the right notes of a Dvorak symphony. In spite of heavy classloads and commitments, most top students successfully balanced schoolwork and extra-curriculars. (Photo by Avanti Athreya)

Studying his possibilities, junior Evan Serfass prepares to e-mail a friend. Computer literacy gave many students a chance to take a break from the rigor of their daily schedules. (Photo by Kendi-Neff Parvin)



Academic Olympians

Scholars went extra mile for excellence

She has lost hours of sleep because she's trained so much; now, on the final day, she is ready. She begins her routine: she inhales, weaves through the obstacle course, bends over backwards, and finishes with a flourish. And the score flashes: a perfect 4.0!

A perfect 4.0? Yes; some students managed to win one of the highest honors in the academic arena—equivalent, perhaps, to a 10 in gymnastics: these individuals had cumulative four-point grade-point averages. And just how did they do it?

"I stay organized," junior Bernadette Hartman said. "I try not to procrastinate; I like to get things done before they're due. Getting a four-point has been a long-time goal; now that I've got it, I want to keep it."

Senior Katie Abendroth felt the same. "After I had a four-point a few times, I just felt like staying up there," Abendroth said. "I think it's just the honor of it all. People look at you and say, 'You're a four-point? Wow!' And that's inspiring."

Occasionally outside inspiration helped. "I know the college officials will be looking at my transcript three years from now, so I think it's important to get good grades," freshman Ujjaini Mitra said. "I figure I should do well now, because

it will only get more difficult. But I don't think that being a 4.0 student makes you a complete nerd. I mean, if all I had time to do was study, I'd think twice about the whole thing. I have time to be in activities and do things with my friends. You can have a life."

Sophomore Nick Schafer also thought academic achievers were well-rounded. "Most of my friends with four-points are involved in everything," Schafer said. "I could name half-a-dozen people who are in half-a-dozen activities."

Whatever they were involved in, no one could deny that these achievers were hard workers. "I just try my best, in school and track and orchestra," sophomore Michael Cho said. "I want to do well so I can get into a good college, and also, my parents expect it."

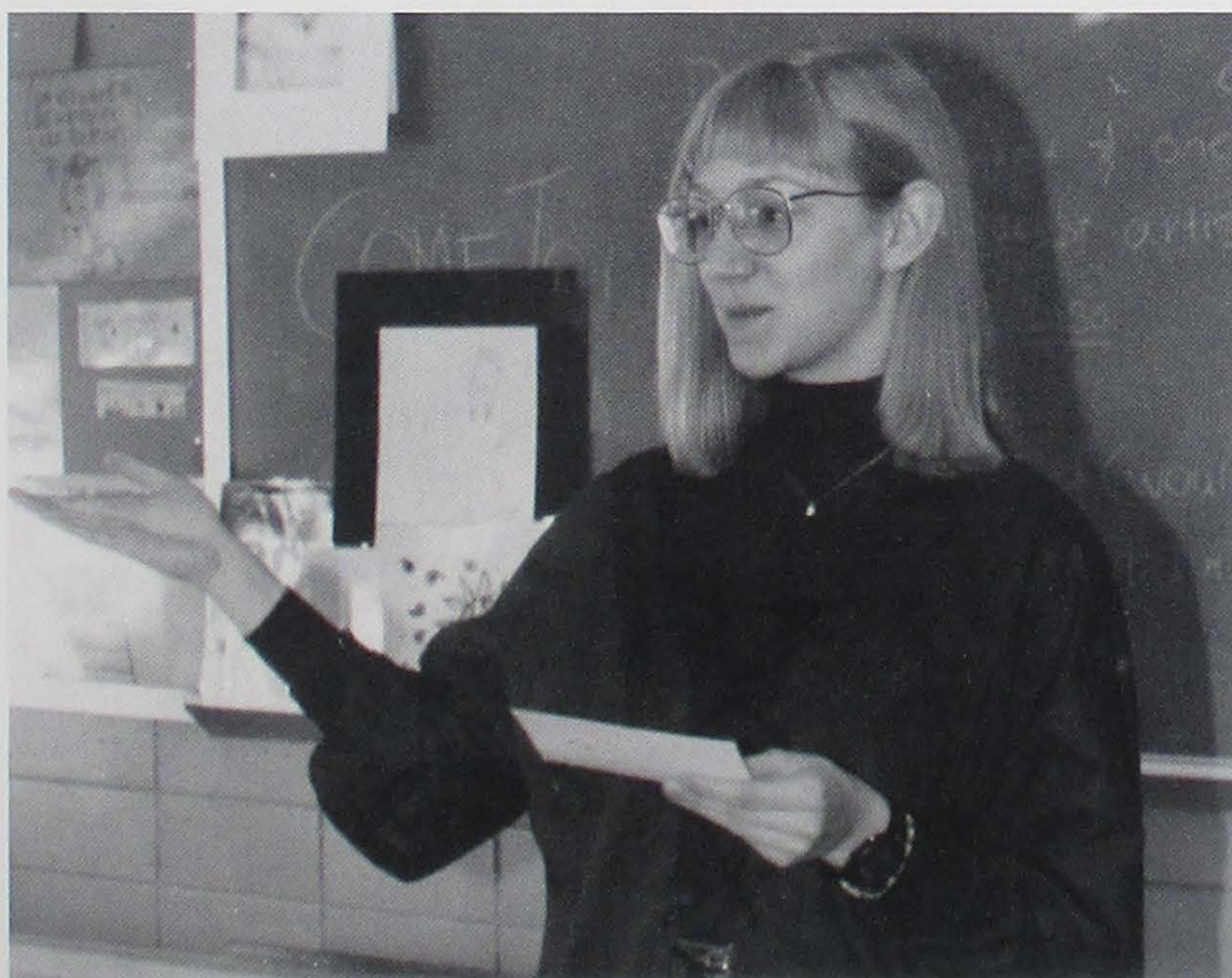
Although four-point students were often motivated by different things—parental expectations, college admissions, the admiration of their classmates or simply the idea of a flawless record, they had one thing in common: dedication to perfection. And for these pupils, all the bending-over-backwards, the loss of sleep, and the sheer effort were rewarded by those two little numbers and a decimal point: 4.0.

By Avanti Athreya



"I think it's just the honor of it all. People look at you and say, 'You're a four-point? Wow!' And that's inspiring."

—senior Katie Abendroth



With animated gestures, sophomore Katie Woods delivers a speech to her Honors English class. By communicating effectively, Woods helped destroy the stereotype that honors students were only bookworms. (Photo by Beth Myers)

Late Again

Meeting deadlines was an obstacle students had to overcome

Brit. Lit. paper due Monday, two pottery pieces due Wednesday, algebra test Thursday, and history project due next week. What to do tonight? Watch TV.

"I never waited until the last minute to do things, but now I do because I'm lazy and I'd rather watch basketball on TV. And with my job, I don't get home until 10:30," junior Sengjohn Kiojai said.

Although some upperclassmen claimed that they never procrastinated until they were at least juniors, many freshmen got a head start.

"I sit down to write my history papers for Mr. (John) Hilgersen the night after the morning that they were due. In his class, punctuality doesn't really change your grade, and I work better under stress. Besides, procrastination is hereditary in my family," freshman Emily Dobbs said.

Many students found that time had a way of slipping by. For senior Jonathan Good and the rest of the Web section editors, procrastination was normal. During the first deadline of the year, Good spent many extremely late nights in the computer lab finishing the sports section.

"I didn't consider myself a procrastinator until I found myself sitting in the Ames High library at 3:00 in the morning," Good said.

The Web staff was not the only group that worked late. Quarter projects for LoAnn Campbell's American Literature classes were due by midnight, giving students extra time to tie up loose ends.

"It's not like I do nothing and then everything all at once, but I have other classes that require a lot of work also. This is what makes Mrs. (LoAnn) Campbell's midnight clause for all of my major assignments in Honors American Literature so nice," junior

Andrea Olson said. "Even though I would like to think that I am organized and responsible, sometimes the work gets to be just too much to handle. Really though, the midnight rule is a blessing for procrastinators, and I know that there are a lot."

Other honors students also found deadlines sometimes lenient.

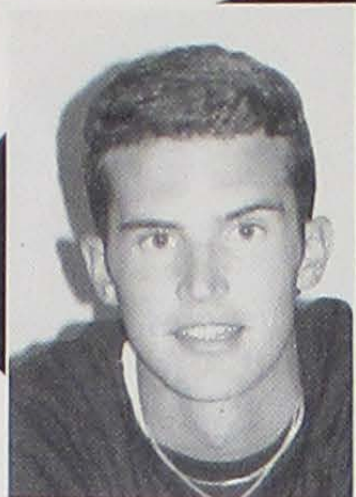
"For sophomore honors classes, we ask for an extension for projects, and they automatically give us more time. They (teachers) think they'll get better work," sophomore Susan Hsu said.

Whether as a freshman with a book report, or a senior with an AP English paper, all AHS students were plagued with the stress of meeting or missing deadlines.

By Jenni Collins

"I didn't consider myself a procrastinator until I found myself sitting in the Ames High library at 3:00 in the morning."

-senior Jonathan Good



Printing a picture, freshman Kyle Frizzell places his print in the chemicals. Frizzell was meeting a deadline in his Photography I class. (Photo by Beth Myers)





during Jewelry I, senior Arthur Chen works on a jewelry project for his deadline. Chen was taking jewelry for his Fine Arts credit. (Photo by Beth Myers)

Opening a can of green beans for Foods and Nutrition class, junior Lisa Foote puts finishing touches on a meal that she prepared. (Photo by Beth Myers)



OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- The Special Education department sold mission bean soup mix in order to pay for their field trips and eating out. They also had a pop and donut day in January and cleaned the Unitarian Church every Thursday. Altogether, they raised about \$700.
- In the fall, they took a nature hike at the Iowa Arboretum.
- Students toured the Ames recycling center.
- After having Christmas dinner in the tea room in the ISU food science department, students visited the farmhouse museum.
- They toured Brunnier Art Gallery.
- A new music program was started for the special needs students once a week. They met seventh period on Friday to sing and play small musical instruments.
- They learned to cook in home economics.
- Students made gifts in industrial arts for their families.

Special Education

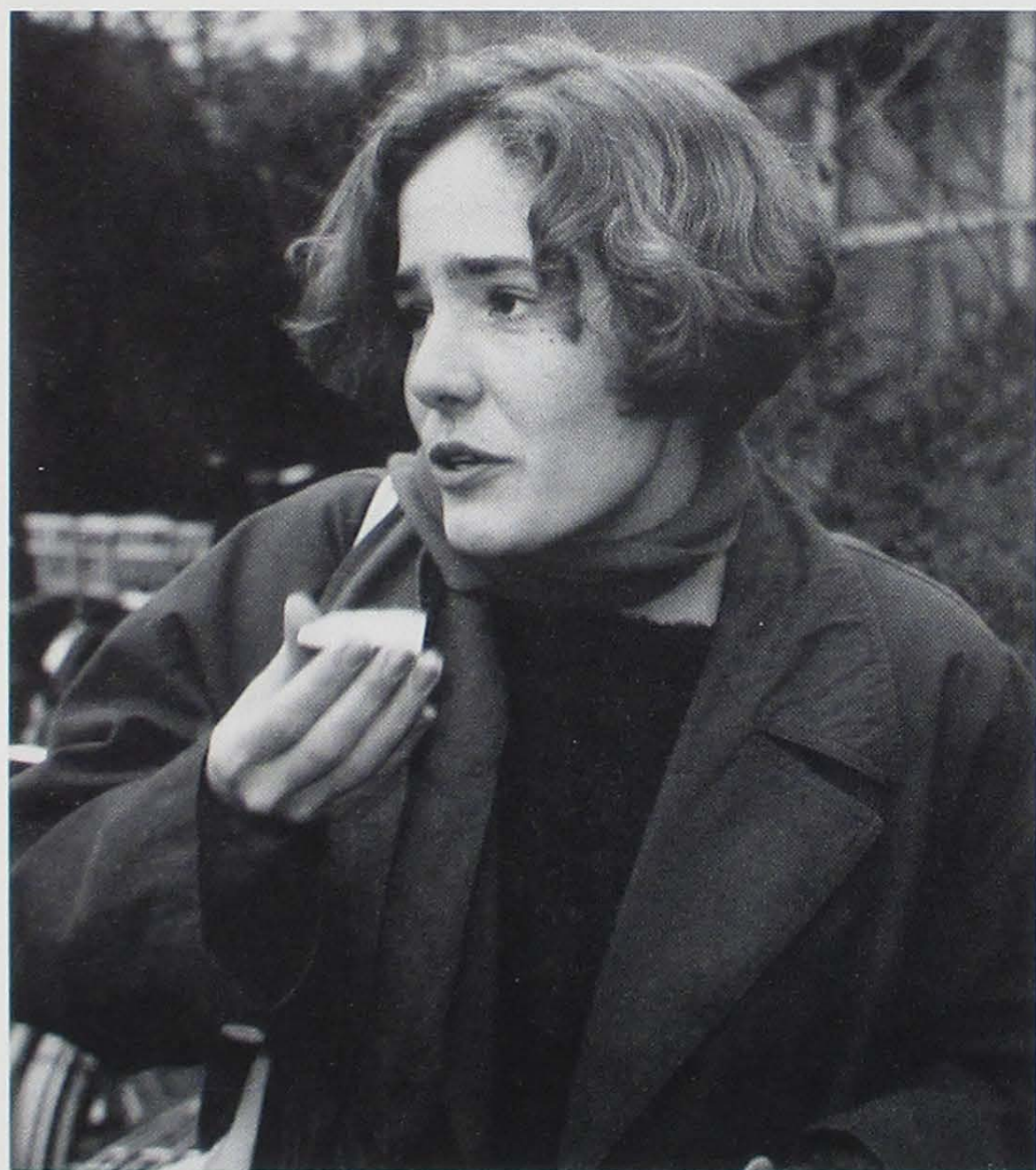
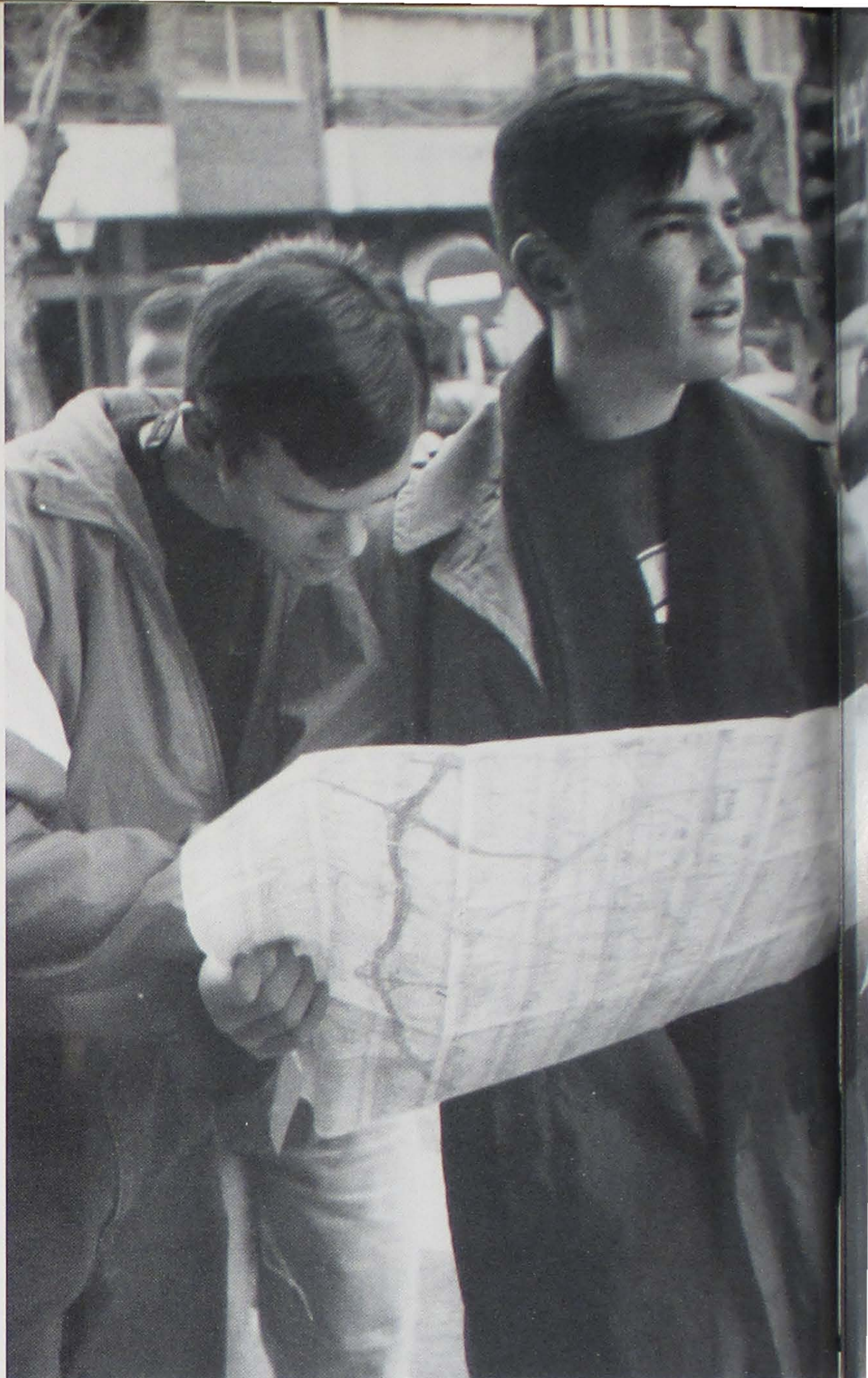
although supervisors travelled with students to Europe, they often let them venture on their own. Seniors Carlos Wesley and Frank Greer try to navigate the Spanish-language group through the unfamiliar streets of Madrid. (Photo courtesy of Dallas Rust)

OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- Iberti Mojica, a native from Panama, came to the high school once a week to work with Spanish students with their oral skills. Students practiced their skills by telling her their childhood stories.
- Sally Schohorst added *Le Silence de la Mer*, a novel about the German occupation of France, to the French IV curriculum. The novel is read by French high school students.
- In January, German IV students demonstrated retirement home residents at Riverside Manor how to do a German dance. Students also taught the residents about different German customs.
- At the end of every year in Spanish IV, there is a big ceremony where a legacy army camouflaged book cover is handed down to a junior on two conditions—the boy had to get an A and hassle Spanish teacher Terri Mickelson. The tradition was started by 1991 graduate Scott Sundstrom.

Foreign Language Department



each German student was able to get a great taste of German culture, literally. Senior Amanda Lloyd takes a break from her daily routine in order to refuel her stomach. (Photo courtesy of Tom Pepper)

european history came to life for many who travelled overseas. Junior Becca Jones makes a rubbing of a tombstone at the D-Day Memorial for World War II at Omaha Beach, Normandy. (Photo by Anjeanette Levings)



European Flair

Travellers tried their foreign language skills in the native lands

After spending three quarters in classrooms learning, numerous foreign language students decided to test the cliché, "the best teacher is experience." In March, they abandoned their textbooks in favor of two weeks of experiencing European culture first-hand.

Ames High sponsored trips to France, Spain, Germany and England in order to give students a chance to sample the foreign lifestyle. Although most students had studied these languages for three or four years, understanding the language spoken by native speakers proved rather difficult.

"When I first heard (German) it was like a major culture shock because you're used to your teacher talking really slowly," junior Angie Davis said. "It got really confusing at times because they spoke so fast. You thought you would hear one thing, but they actually said another." Because of low airfares, German students paid only \$430 for their stay.

In Europe, language posed an obstacle not only to the students traveling to foreign language speaking countries, but also to those visiting England, Ireland, and Wales.

"Even though they spoke English, they would have the worst accents. You could not understand them and you would always have to ask like three times what they said. They'd use totally

different words. Like, the toilet was the loo. If you'd ask them where the restroom was they'd just look at you like 'what are you talking about?'," senior Anne Moutray said.

Spending time in households on the other trips allowed students to experience European home life first hand.

While most students received letters assuring them of a home, there were some whose fears were allayed only after meeting their families in person.

"When we left for France

I was really scared because I hadn't received a letter. I was really nervous because I didn't know what my family would be like," senior Jody McKee said. "I was jealous of everyone else who was getting letters. I wanted mine. But then I met my family and it was fine."

When the trips concluded, students returned to the U.S. and nostalgia abounded. For some, these memories kindled a strong desire to return.

"I didn't want to come home. I wanted to stay because it was the best atmosphere there," sophomore Tania Heymann said. "I liked it so much that I'm returning to attend the University of Madrid and live in Spain afterwards."

Spending two weeks learning what textbooks cannot teach proved to each student that experience is indeed the ultimate professor.

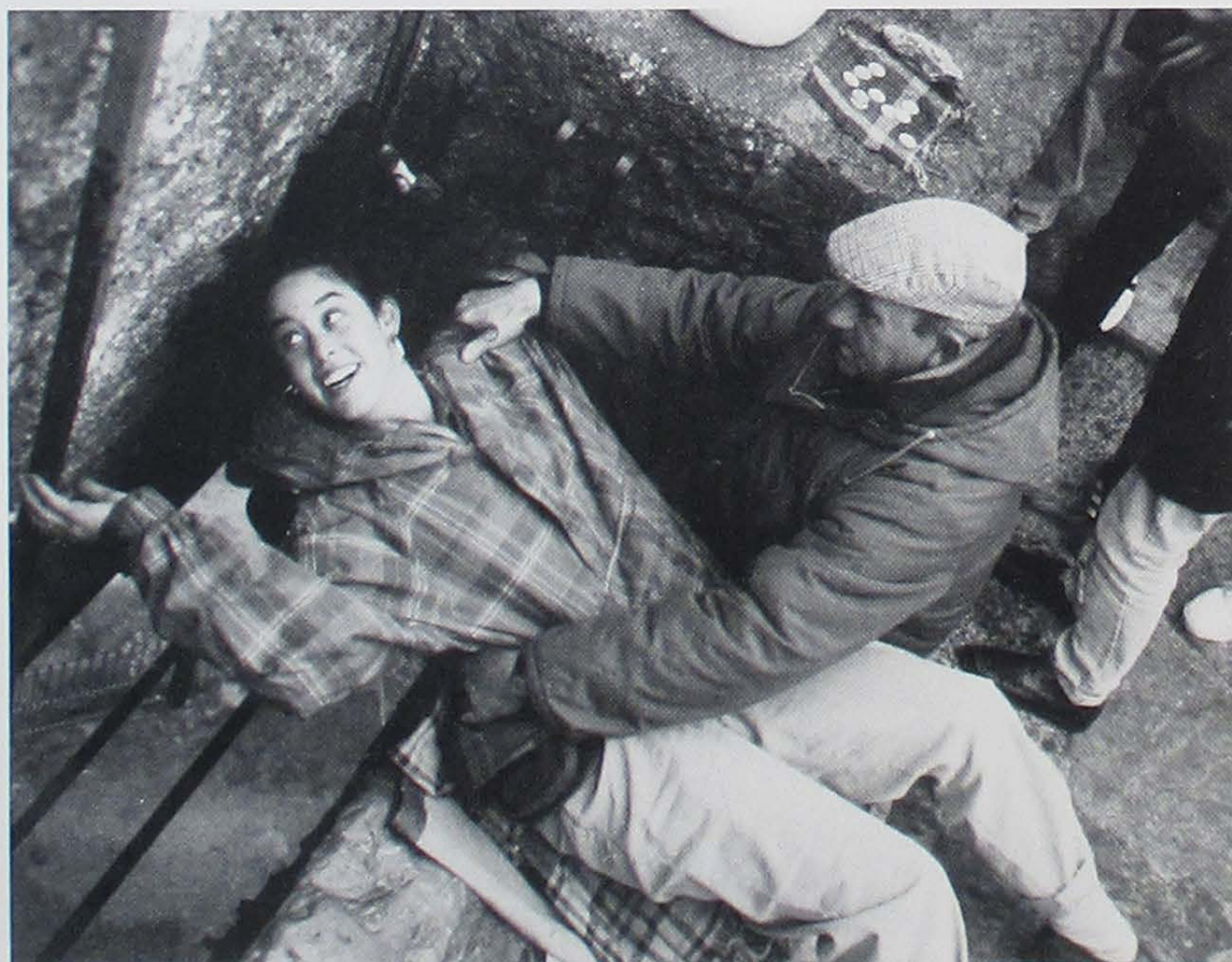
By Carlos Wesley

While in Europe, students took part in some of the timeless traditions. Senior Jeanne Sundstrom gets some help from a native as she prepares to kiss Ireland's famous Blarney Stone. (Photo courtesy of Jeanne Sundstrom)



"It got really confusing at times because they spoke so fast. You thought you would hear one thing, but they actually said another."

-junior Angie Davis



Career Expectations

Sophomores skipped classes to experience the job world

As the executive runs in a little late with a light brown leather briefcase and a bright red coffee mug in hand, she is asked why she isn't in school that day. It isn't just because of her youthful figure, but rather because the career-oriented sophomore spent a day out in the work force.

"I went to Wallaby's, and I really liked it. I learned all about restaurant management, and I think that it is probably something that I would enjoy doing," sophomore Eric Spear said. "You spend a lot of time working with people, and making them happy, but that isn't the whole job. There is some other work involved too. Like, I learned how to order food from different suppliers, and there is a lot of paperwork. While I was there, I got to make beer batter aand baja rolls."

The day was beneficial, not only because 340 sophomores could make sure that they wanted to pursue certain careers, but also to find out how they could get more involved in careers that they had already begun to pursue.

"I went to WOI, I learned about video editing, producing, and directing," sophomore Rich Hall said. "I have started making a TV show with my friends that is going to be on the school

channel. If we get enough feedback, then we might do a regular series."

While most students got to weigh the positive and negative aspects of the careers that they had chosen, some spent their time tackling unforeseen obstacles.



"I went to T-Galaxy and the manager that I was supposed to spend the day with left that weekend...So the assistant manager answered my interview questions, but he didn't know much because he had been there less than a year."

-sophomore Suzy Craig

"I went to T-Galaxy store and screen-printing shop and the manger that I was supposed to spend the day with left that weekend. The assistant manager had me leave my name and phone

number, and said that the manager would call me back on Tuesday, so I went home. But I decided to call back because it had to be done that day, because we got out of school to do it. So the assistant manager answered my interview questions, but he didn't know much because he had been there less than a year. He didn't even show me around. I only stayed for an hour, and then I went home and cleaned the house," sophomore Suzy Craig said.

The next day, the sophomores went back to school with stories to tell of their day on the job, and they looked forward to the future hoping to someday blend a little more naturally into the business world they experienced.

By Jenni Collins

● In the library at Meeker school, sophomore Jenny Ellett reads "The Plant Sitter" to a group of first graders. (Photo courtesy of Jenny Ellett)





Looking into a microscope, sophomore Mindy Cooper learns how to determine diseases in animal cells. Cooper spent career day at Iowa State Animal Disease Control Center. (Photo courtesy of Mindy Cooper)

OUT of the ordinary

Instead of teaching recycled curriculum, departments chose to break from the everyday.

- The Child Development/Parenting class got a Playskool puppet stage and several new puppets. The class learned that the puppets sometimes help children express themselves.
- The financial planning class discovered the process involved in apartment hunting. Since a few students were actually looking for apartments at the time, they were able to use real and updated information in their search.
- The Foods II class sampled store-bought foods, and compared the different brands as well as products of the same brand. They studied and learned to understand all of the information on the product labels.
- As students learned to cook, they also learned the proper manners to use both while dining at home, and at restaurants.

Family and Consumer Sciences Department



entertaining Joni Downs' fourth grade class at Crawford Elementary, sophomore Sarah Fisher plays with an iguana. (Photo courtesy of Sarah Fisher)

everyday release

high school memories would not be the same without extracurricular activities. With a revamped student government so Council and Senate members did not overlap, students learned to work more productively to bring better leadership to the student body. As students practiced countless hours to achieve perfection, whether it was in Chess Club or Terpsichore, many earned rewards for their efforts: Avanti Athreya became a triple Speech Club All-Stater in Literary Program, Improvisational Acting, and Readers' Theater; the Human Relations Committee earned state awards for its organization of Diversity Day in November. The orchestra broke away from its involvement with large group contest, and instead went on tour to Minneapolis where it played for a boarding school and visited the icon of American life, the Mall of America.

Students also soon learned that if they didn't find an activity they wanted to be involved in, they could form new clubs. Three juniors formed Students Turning Against Alcohol And Drugs (STAND), others realized the Power of One, and environmentalists made a difference through 100th Green Butterfly.

Although it took much effort and time, students joined clubs and organizations for one main reason—they provided an everyday release from school.

By Karen Hsu



after intense practices that started a week before school began in August, the work finally paid off in performance of the routines. The over-200 member marching band forms "AMES" while they play the school song, "Loyalty." (Photo by Abby Klaas)



organizations



Different Strokes

Student Council members adapt to new structure



Silent Awareness

SADD and STAND reach out to help educate peers



Creative Concepts

OM teams tackles problems with unique ideas



Crowd Pleasers

Fall and winter dramas aim to enrich audiences



Tuning Up

Choirs settle down to strengthening their program

Slicing into a sheet cake, sophomore Sarah Fisher, and seniors Adrienne and der Valk and Jenny Nilsson celebrate after finding out their Readers' Theater group earned All-State honors. (Photo by Karen Hus)

Satisfying Results

It didn't take long for Web staff members to learn that putting a newspaper together was no easy task. Writing, interviewing, editing, and other work kept the staff members up into the wee hours of the night.

Due to the nature of the class, students chose to take Applied Journalism because there was something being produced.

"Writing for the Web is interesting because you can see the finished product. Sometimes all the work can get to be annoying, like having to talk to people you don't know or don't like, and getting yelled at by people who don't want to be interviewed. But it's still worth it," senior Collin Moon said.

The student-produced newspaper was distributed once every three weeks to all high school students and all subscribers to the local newspaper, *The Daily Tribune*.

Being on the Web staff forced a lot of responsibility on the staff members as frequent deadlines kept them on their toes. Some liked the free structure of the class.

"This class is a lot more open than most others. There are deadlines to be met, but you know when they are, so you have your own time to control yourself," sophomore Charli Engelhorn said.

"It's a good experience to have to go and interview people. Web is also good for me because there are deadlines that have to be met, and I'm a procrastinator. It's kind of like having a job," junior Anna Reed said.

For students who couldn't fit Applied Journalism into their schedules, writing out of class was an option. However, this proved to have its disadvantages.

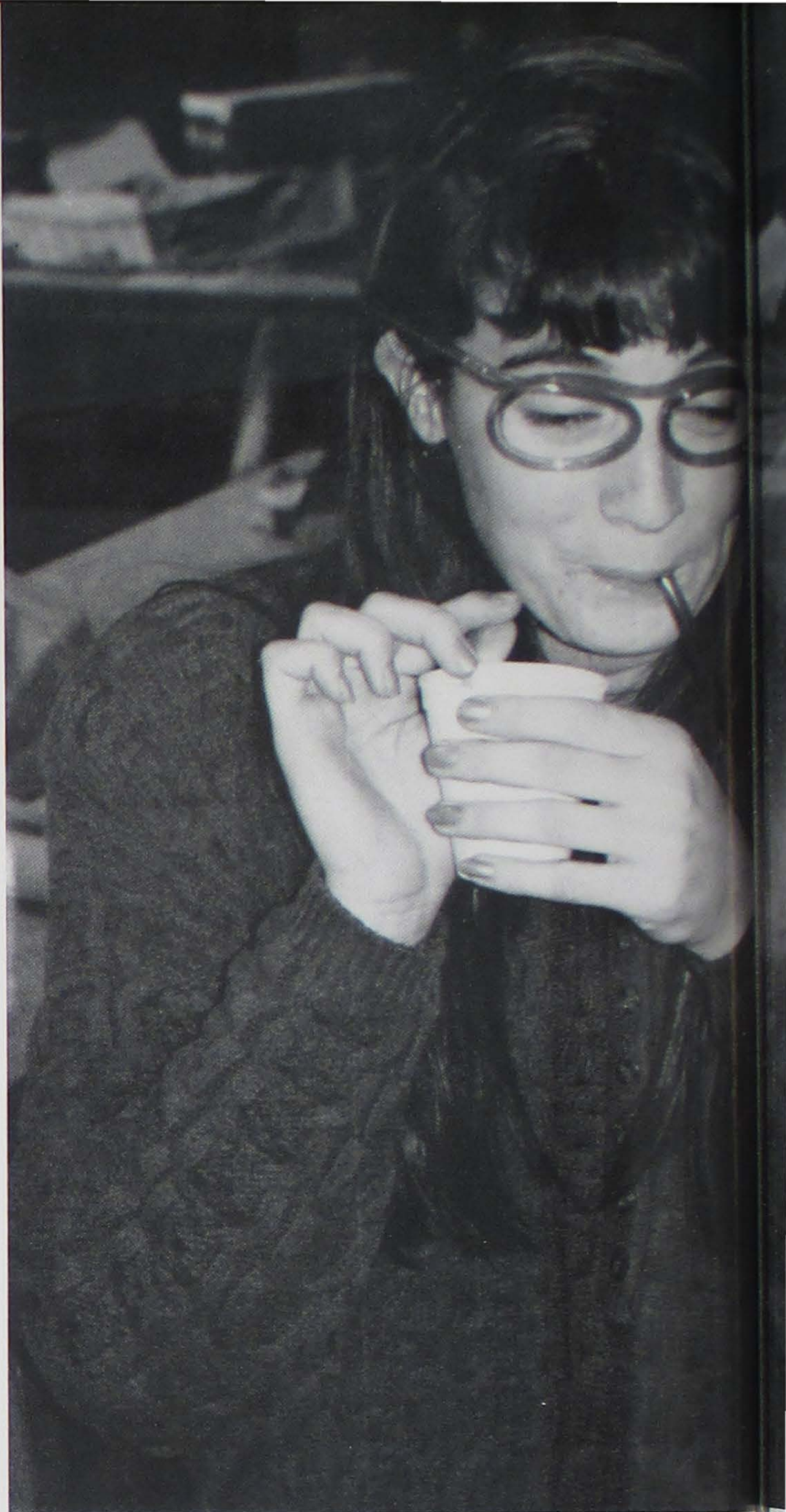
"It really sucks. You don't get any say in what stories you get. They stick me with the leftovers. I always get screwed," senior Carlos Wesley said. "But other than that, I kind of like the freedom. It's easier to blow off deadlines when you're not in class with a teacher telling you what to do. On the other hand, deadlines are harder to meet since you're not reminded every day. But I never did anything in class anyway, so it doesn't make any difference."

Other students definitely felt the mounting pressures of impending deadlines.

"I don't think people realize how much work we put into this," senior Jennifer Weiss said. "There's more to this than just writing and interviewing. We also have to edit the stories several times and place them on the computer. The stories are never the right length—they're always too long or too short for the amount of space given. During deadline week, we stay at school until it's really late every night—Jonathan Good was here until 3:00 in the morning once. It can be very stressful."

Despite the stress, after each deadline, members of the Web staff could sit back the next day and read the paper they had produced, satisfied with their effort.

By Susan Hsu



Web. Front Row: Dawn Bilyeu, Carlos Wesley, Jennifer Weiss, Karen Hsu, Helen Lueth, Hope Amos. **Back Row:** Collin Moon, Jared Katz, Jason Tice, Alison Doyle, Jenni Collins, Amy Bartine, Anna Reed, Charli Engelhorn, Kari Wille.

after the December deadline, gag gifts were exchanged to help lighten the mood. Senior Alison Doyle tries to drink punch out of her gift, a straw shaped into a pair of glasses. (Photo by Kendi Neff-Parvin)

Plenty of pictures were taken for each issue of the Web. Junior Beth Myers, a photographer carefully looks at negatives on the light table, selecting the ones to be printed. (Photo by Kendi Neff-Parvin)

Web

captive thoughts

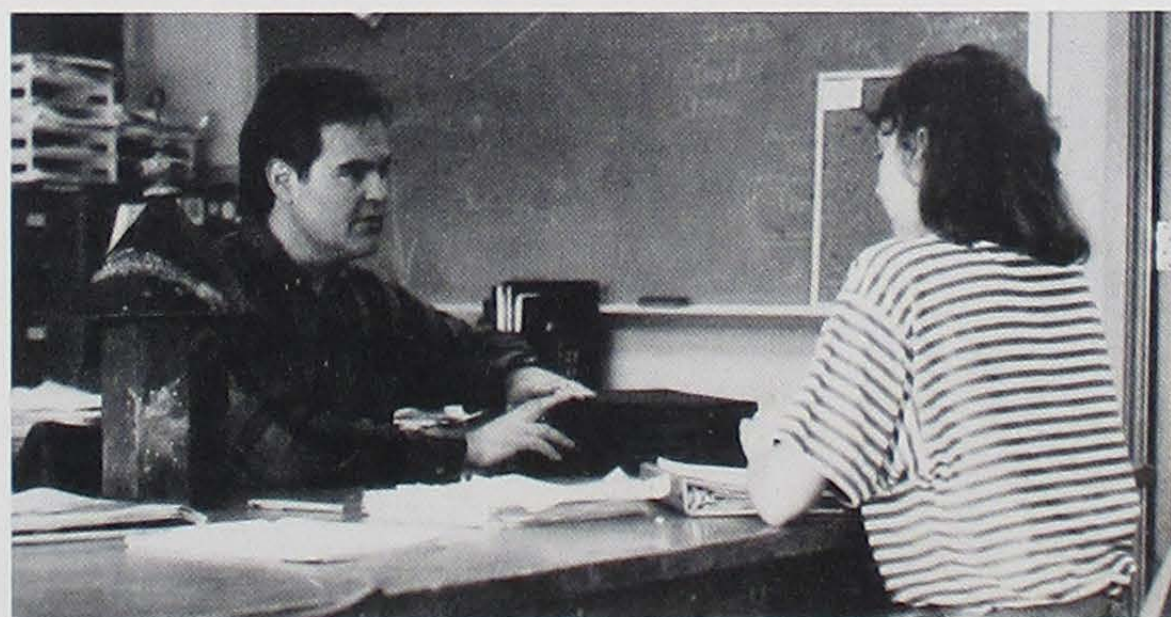
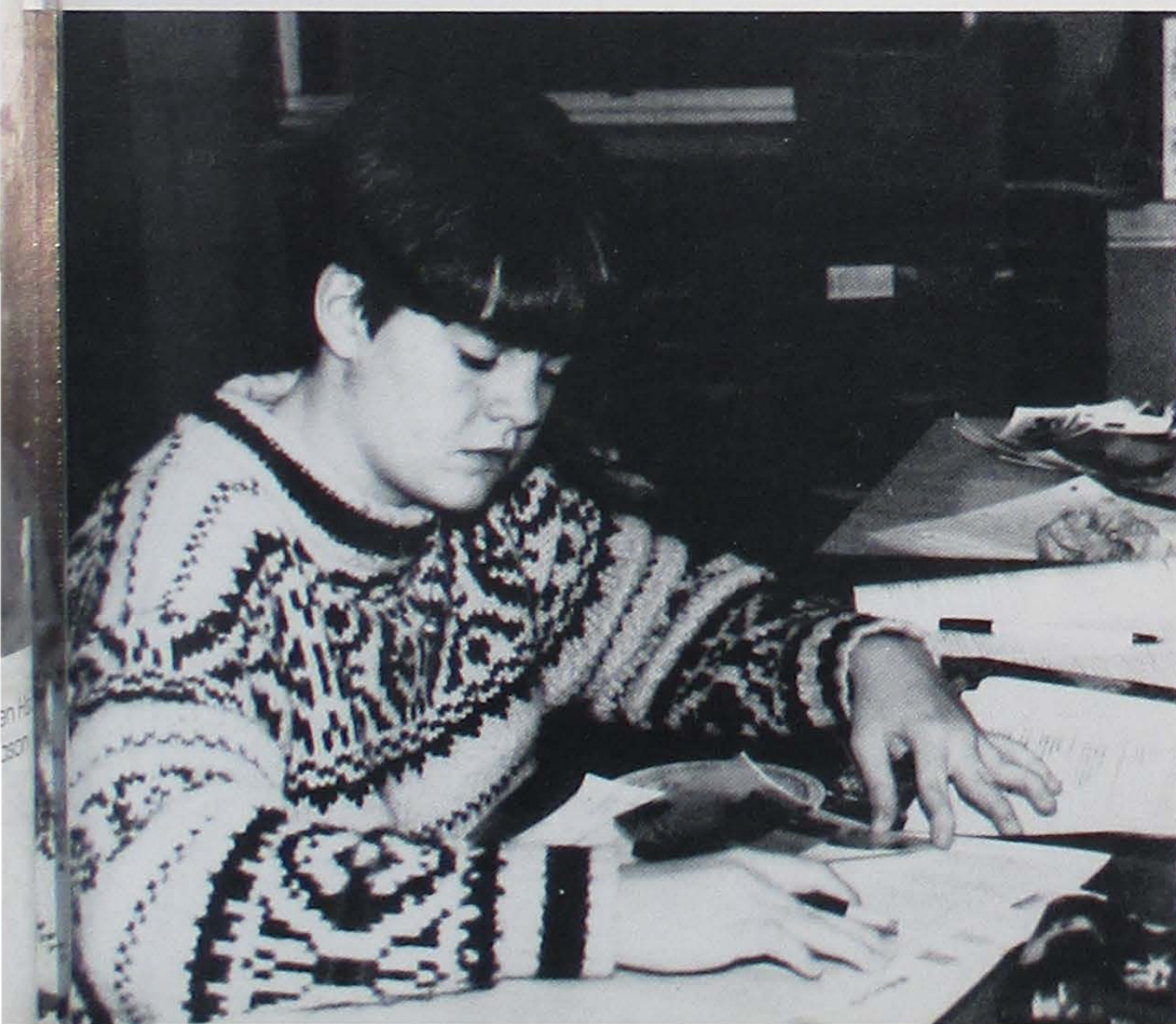
By Dawn Bilyeu

The art of procrastination. We in Web are masters of this blooming practice. Want something done by Monday? We'll start it Monday morning and have it done by Wednesday. On deadline night, it was not uncommon to find editors still diligently working at 1 a.m., 2 a.m., and even once at 3 a.m.

The problem was not only that we were putting off our work, it was also that we had a lot of it. There was always someone to interview, a story to write, and a deadline to meet. Many times photos were not taken until deadline day, and had to be developed, printed, PMT'ed (sized), and finally taken down to *The Daily Tribune* at 11 p.m.

I had my own problems which involved the Media Center doors. We were always here so late that the janitors would lock all but one of the doors. I could never figure out which one it was; I'd run into the same door 10 times before I'd remember which door was unlocked. Also, on our way to Cafe Lovish for a restaurant review, the tail-pipe on my car broke and my tire was slashed after I failed to realize that it was flat. We finally arrived about two hours later.

We had our problems throughout the year, but students could count on finding a paper in their homerooms every third Friday.



as part of her job as managing editor, senior Amy Bartine crops and sizes the pictures for each section during a deadline. In addition to writing stories, her job also included coordinating artwork for each issue. (Photo by Angie Davis)

due to the nature of journalism, Web staffers mastered the skill of conducting interviews. For an upcoming feature story, junior Jenni Collins interviews folk artist David Stucky, an AHS alumnus. (Photo by Kendi Neff-Parvin)

captive thoughts

By Kristy Lakin

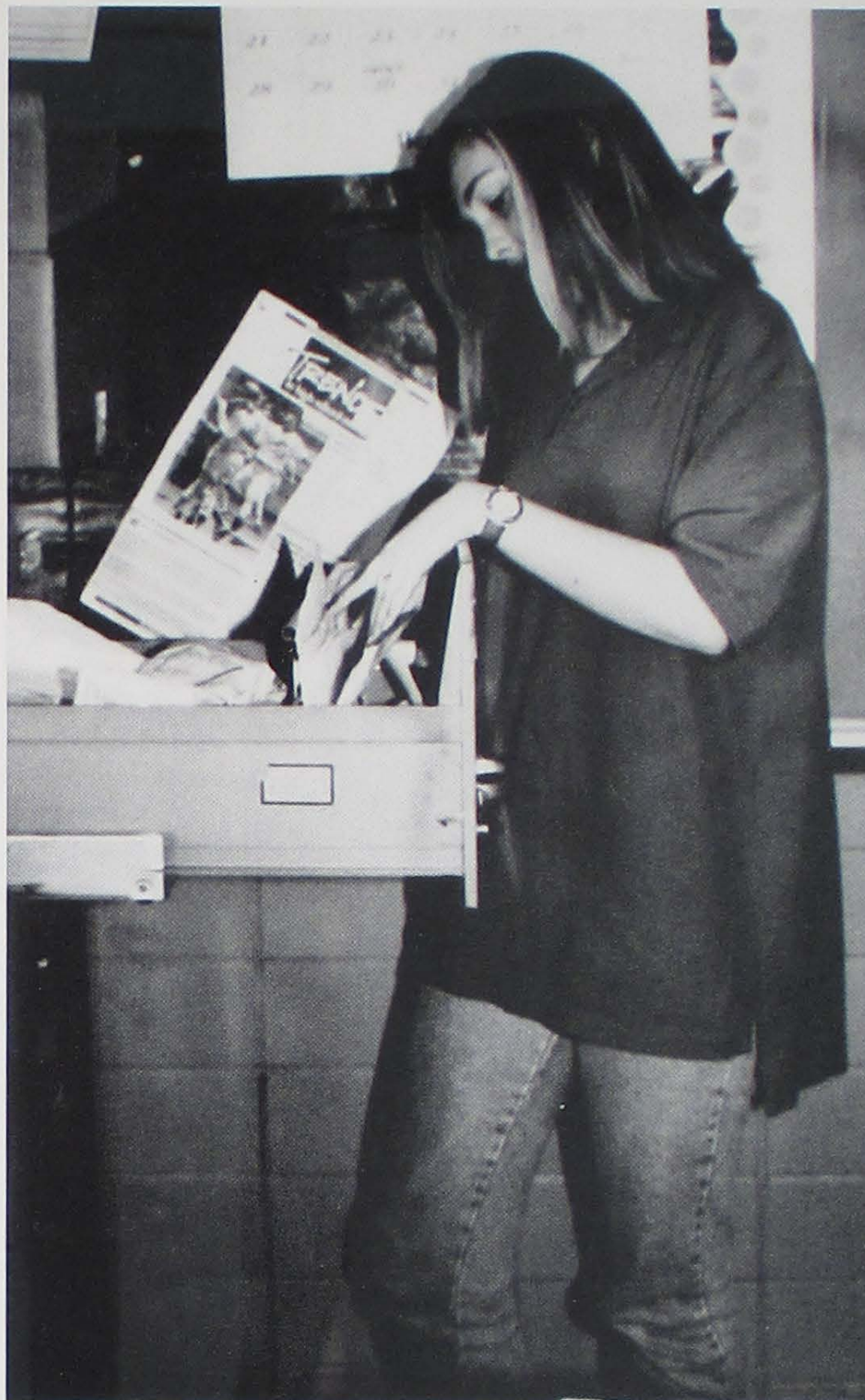
If you've ever talked to anyone on yearbook staff, their faces probably filled with horror and tales of slave labor poured from their trembling lips.

This was not entirely unjustified—sacrificing friends, Friday nights, and homework to work early into the morning, finishing deadlines only to have your disk crash for the second time that night tended to cause a little bitterness among staff members. But the cuisine almost made the whole thing worth it; shoveling generic licorice, warm gummy worms, and stale chips in our bloating bodies helped relieve stress.

However, even though we say we hate it, we tend to embellish a bit, and you'll notice some of us keep coming back year after year. There's something about the atmosphere that brings us all together and makes the tragic seem funny, and the time go by more quickly. Sure, the last two summers of my life have been spent in the computer lab, but I volunteered. Maybe the baby blue and pastel pink walls of the *Spirit* room cause insanity. Anyway, after three years of "serving time" on *Spirit* staff, I have to admit I'll miss getting yelled at for missing a deadline (well, actually, three in a row), and spending quality time with the night janitors . . . maybe.

Shuffling through a file cabinet drawer, senior Kristy Lakin searches for an elusive disk. Organization and neatness were not two of the staff's strong points. (Photo by Angie Davis)

Overcoming fumes given off by the photography chemicals, senior Abby Klaas tries to free her negative of dust in the darkroom during a deadline week. (Photo by Angie Davis)



Spirit Staff. Front Row: Angie Davis, Anjeanette Levings, Karen Hsu, Jenni Collins, Susan Hsu, Becca Stott, Jenny Ellett, Ty Troxel. **Second Row:** Amy Gardner, Adrienne van der Valk, Kristy Lakin, Kari Ellingson, Kelly Berg, Kristi Gray, Rubina Mukerjea. **Back Row:** Beth Myers, Kim Schropp. **Not Pictured:** Avanti Athreya, Carlos Wesley, Emily Bourne, Sarah Fisher, Margie Mayfield, Serra Sermet, Mindy Cooper, Abby Klaas, Missy Yungclas.





during the holidays, staffers exchanged inexpensive gifts. Junior Becca Stott checks out the contents of her package. (Photo by Angie Davis)

Taking a dinner break, members of the *Spirit* staff cluster around pizza in a feeding frenzy during a deadline week work night. (Photo by Angie Davis)

Spirit staffers bonded to ease their insanity

Friends in Stress

Type, type, print, print, sweat, sweat. These were some of the mysterious noises that could be heard passing by the *Spirit* room during deadline week. But between drafts, students found another side to the yearbook. Socializing and bonding became as much a part of *Spirit* as cropping pictures and computer errors.

"I knew a lot of the people on staff before I joined, but I know them in a totally different way now. Slaving in a computer lab late at night really brings people together," junior Becca Stott said.

Working in stressful situations formed fast friendships, but often slowed the progress of the deadline.

"It always seems that when we have the most to do, we get the least accomplished. One night we were sitting in the computer lab at 11:00 at night analyzing everyone on staffs hairstyles," senior Amy Gardner said.

Long worknights made frequent snacking a necessity, but school rules often came between staffers and their food.

"Someone on staff brought Pringles to worknight, but the janitor yelled at us for eating in the MC. I held them behind my back so he wouldn't see, but I dropped them all over the floor. It defeated the purpose," junior Jenni Collins said.

The custodians became quite well known to staff members, who often spent over 12 hours a day at school working. This replaced activities such as socializing, doing homework, and sleeping, but staffers learned to adjust.

"The first deadline I worked on, I almost went insane. The school building seemed to close in around me every time I walked into it. I never got to go home, and when I did, I was too tired to talk to anyone. Now I have built up immunity to deadline tension, but the first few times you go through it and realize how much social time you lose, it can be quite a shock," junior Kari Ellingson said.

Spirit responsibilities crept into the staff's free time, but it even made up part of the editors' summer plans. Senior Missy Yungclas attended yearbook camp in order to acquaint herself with the duties of a design editor.

"We went to workshops every day, and in between we'd have big group discussions. Everyone would brainstorm and we'd talk about everything, related to yearbook or not. I didn't realize how much work being a design editor was going to be. I just thought it would be making up layouts, but camp made me see that we had to come up with ideas for everything, down to the caption art. Then I knew how challenging it was going to be," Yungclas said.

Being on the *Spirit* staff turned out to be more work than they expected, but staffers managed to amuse themselves with potato chips and camp stories while they burned through the midnight work-a-thons.

By Adrienne van der Valk

Collective Conscience

"Seven hundred dead in Croatia." "Bomb kills 14 in New York." "Tortured prisoner in Guatemala dies." "Race riots leave 20 injured in Los Angeles." Similar headlines frequently greet us in newspapers; too often, because the violence is far away or staggering in its magnitude, we feel powerless to stop it. Besides, as students, there's nothing we can do, right?

Wrong! Members of Amnesty International and the Human Relations Committee proved that every contribution and effort plays an important role in the continuing struggle for peace and universal human rights.

"At Amnesty meetings, we write letters on behalf of prisoners of conscience—people who are imprisoned because of their beliefs," freshman Jenny Anderson said. "We try to send our letters to the prison officials and every letter helps because it gives us strength in numbers; it makes officials aware that the world is paying attention."

Sophomore Heidi Herold agreed. "Every letter counts—it really makes an impact," Herold said. "The letters don't take more than 20 minutes to write, and it's amazing how important they can be when it comes to saving people who have been treated unfairly."

Unfair treatment of others was not restricted to some distant tropical quagmire, however; and when a student at Ames High was accused of making racial slurs, the Human Relations Review Subcommittee stepped in.

"The Human Relations Committee has no real power to discipline anyone," senior Steve Shapiro said. "But when people realize that others won't tolerate insensitive behavior, they take it to heart. We provide a sort of positive peer pressure. After this student met with us, he stopped making such remarks. So you can get through to others."

Junior Shaly Seecharan felt the same way. "At the start of the year, Diversity Day was a little thing between a few people. By the time we carried it through, though, it had a big impact—other schools called in for information because they wanted to try it themselves," she said. "Diversity Day also affected classes, because human relations come up in every subject. It's really great to think how much one person can do and how much we can make a difference. I think if we can get people to understand one another in high school, it'll definitely help in the real world."

Which cements the fact that we all do have the power to prevent the killing of those Croatians, the prisoners in Guatemala, and the minorities in Los Angeles, provided we set our minds to it and cooperate with each other. And as the seconds of the year ticked by on more victims of violence, members of Amnesty International and the Human Relations Committee proved that they had the conscience and willpower to JUST DO IT.

By Avanti Athreya

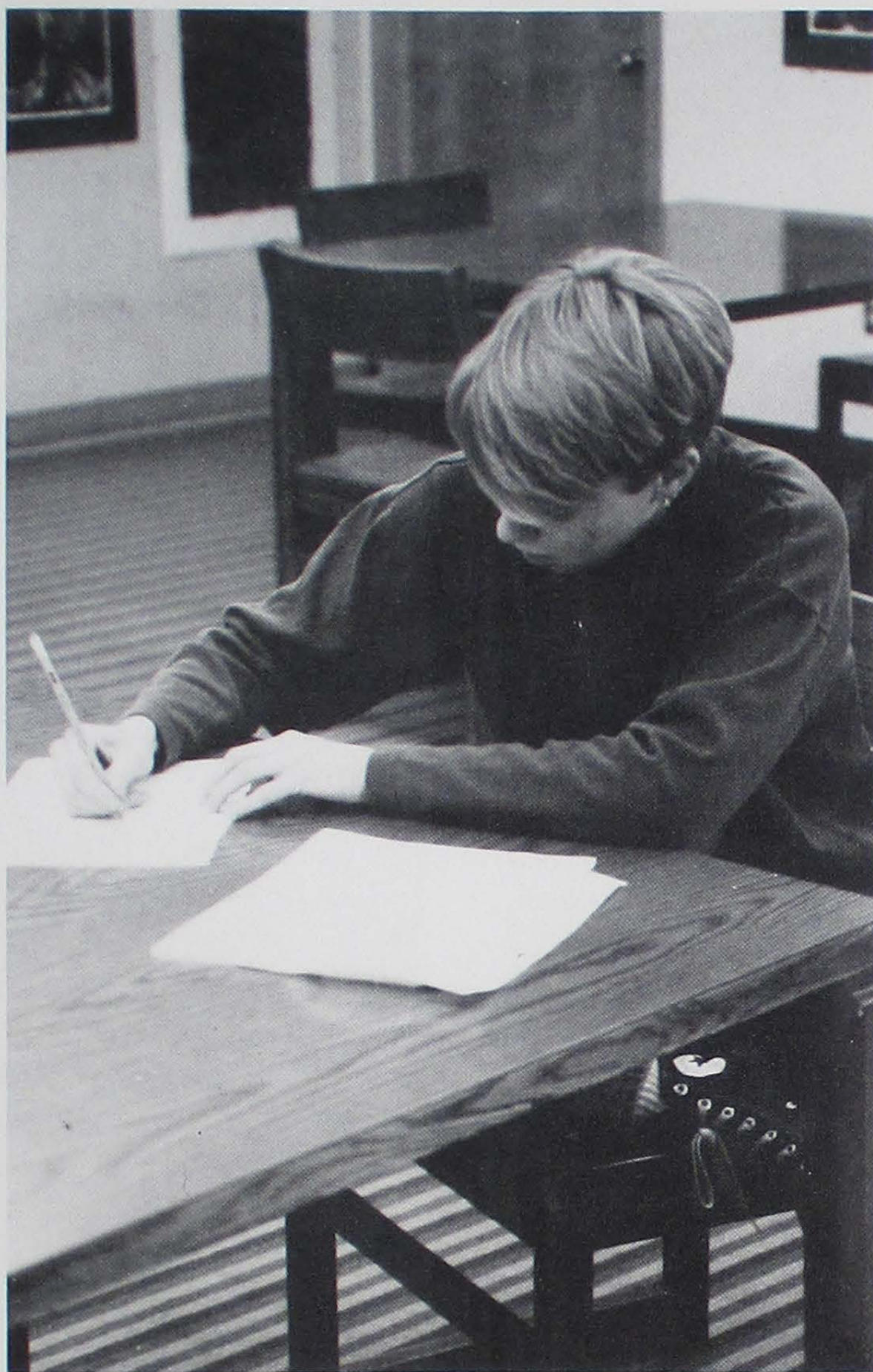


Amnesty International. Front Row: Megan Knutsen, Alienor Gilchrist, Rachel Wilke, Megan Geha, Amy Gardner, Morris Liao, Nalla Myers, Beck Chacko. Back Row: Adviser Kirk Daddow, Jessica Miller, Karen Moore, Aprille Clarke, Adrienne van der Valk, Elizabeth Heideman, Sarah Weitzer, Monika Jankowiak, Shannon Kenealy, Heidi Herold. Not Pictured: Kirsten Lassila, Amy Poague, Terrill Johnston, Avanti Athreya.



decorating the lobby for Diversity Day, junior Fred Gilbert puts up flags of different nations. As a member of the Human Relations Committee, Gilbert took part in the preparations necessary to make Diversity Day a success. (Photo by Karen Hsu)

as she writes a letter for a prisoner of conscience, senior Kirsten Lassila reads an "Urgent Action" update, distributed by Amnesty International's Colorado office. Lassila wrote pleas for fair treatment of individuals around the world. (Photo by Mindy Cooper)



Power of One

captive thoughts

By Abbe Shapiro and Amalia Smith

There are times when people get really depressed about the world. They think that there are so many things to be done to help the world we live in, except there's so little time and they are the only ones who care. However, a group of 14 students are out to do something about the condition of the world, focusing on the community and taking one step at a time. We are called Power of One.

Power of One was initially organized by students who wanted to do what they could to help charities and people within Ames. For example, we got very involved with AIDS awareness: we made cookies for AIDS victims; we put up a window at Ames High displaying the ways you can and cannot get AIDS; and we helped the AIDS Coalition of Story County with its AIDS Walk. In addition, we cooked some meals for the Ames homeless shelter.

Each one of us working together can really change things if we try. The only way to have peace in the world and real human love between people is to involve everyone, and until each one of us realizes this, we are all living in the dark.



Power of One. Front Row: Amalia Smith, Abbe Shapiro, Emily Silet. **Second Row:** Megan Geha, Alienor Gilchrist, Allison Hefley. **Back Row:** Carolyn David, Steve Cable, Phoebe Silag, Melissa Goehring, Kristin Parks, Lori Hefley.



Human Relations Committee. Front Row: Alex Leeman, Dana Andersen, Poland Brownlow. **Second Row:** Eva Hernandez, Karen Hsu, Jennifer Shierholz. **Back Row:** Shaly Seecharran, David Good, Andy Johnson, Jenny Olson. **Not Pictured:** Steve Shapiro, Lizza Kindred, Charli Engelhorn, Joe Levine, Fred Gilbert.

captive thoughts

By Sophia Ellmaker

Some people think being president of Senior Senate could give me a big ego. They're wrong. If anything, I realized that I'm just another member of the group. . . with a snazzier title. Mr. Legg and Mr. Ripp run senate and the members do the voting. We keep tabs on things like submissions for senior t-shirt designs and graduation announcements.

I believe our decisions please the majority of the class. If they don't, we usually revote until our decisions reflect the opinion of the majority. However, this isn't always easy. When we announced our decision for class motto, many students objected. What a lot of people didn't realize was that although the senate had been announcing for weeks the deadline for class motto submissions, we received only one or two. Several senate officers took it upon themselves to think up new ideas. We worked on the motto for two or three weeks after our initial decision to settle the unrest.

One may think the senate works very hard. As a rule, we don't worry much. For the most part, our hearts don't beat faster than three times a minute while fretting over t-shirt designs and graduation speakers.

Anyway, what I'd really like to say is, I like senate. Because, hey! We're good enough. We're smart enough. And doggone it, people like us!

Taking part in the Mr. Irresistible competition at the Gong Show, junior Anand Giri shows off to fans. Many acts were performed to help Student Council raise money for Welfare Week. (Photo by Angie Davis)



Students enjoy a weekend at the slopes at Welch Village in Minnesota during the sophomore ski trip in February. This trip was sponsored and planned by the Sophomore Senate. (Photo courtesy of Leslie Maze)



Freshman/Sophomore Senate. Front Row: Emily Silet, Sonia Panigrahy, Matt Healy, Mark Bailey, Chris Hoffmann, Angie Gabrielson, Sommer Mohs, Tanisha Lewis, Laurie Anderson, Alicia Barnes, Pam Hove. **Second Row:** Michael Shaw, Jose McPherson, Buffy Quintero, Jackie Zenor, Karen Moon, Heidi Herold, DeDe Harris, Nicol Fraser, Happy McIntosh, Eric McLaughlin. **Not Pictured:** Julie Swanson, Dan Nutter, Allison Jones, Dan Gardner, Angela Huls, Trisha Nelson, Elizabeth Andre, Heather Hutson, Sara Britson.



Junior/Senior Senate. Front Row: Mike Cronin, Nilesh Narotam, Erin Block, Jonathan Good, Le Cole, Melani McCracken. **Second Row:** Katherine Whitaker, Kari Marty, Jacinda Bunde, Lar Larson, Dave Pollard, Mark Gyllstrom, Dan Ricketts, Jay Clark. **Third Row:** Steve Bern, Barbara Smith, Rusty Crawford, Molly LaGrange, Melissa Kell, Sarah Little, Tomi Fadeyi, Aleece Buxton, Gh Goodfriend. **Fourth Row:** Jamie Adair, Fred Gilbert, Matt Sapp, Monica Wilke, Kari Ellingson, Be Pang, Laurel Nakadate. **Not Pictured:** Karen Hsu, Sophia Ellmaker, Jana Hertz, Robin Geiger, Ste Bailey, Eva Hernandez, Julie Simonds, Clint Zeimet.

Different Strokes

The sounds of the snares and cymbals from the marching band are heard in the distance. The streets are lined with people anxiously awaiting the Veishea parade. As the Ames High marching band gradually comes closer, so does a massive orange and black balloon, carried by Student Council members and other student volunteers.

Planning activities like this, as well as Welfare Week which raised over \$2,000 for the Heart Connection, were a major part of the Student Council members' responsibilities.

"Welfare Week is one of the biggest projects of the year. There is a lot more work involved in a project like this than many think. We have to decide on an organization to give the profits to, plan a fun schedule, and then actually follow through," sophomore Jenny Olson said. "Waking up early and working on projects on our own time is a daily occurrence for a us. Rather than sleeping in on Wednesday mornings like most students, Student Council members must attend meetings."

Although the work and dedication required to be a council member was still the same as it had been in previous years, the council itself underwent some changes.

"Last year the four officers of each senate were automatically on the council, and anyone else who wanted to be a part of the council could join after attending three consecutive meetings. This year, the two are completely separate," senior Lexa Curtis said. "I like it this way because it saves from the confusion and conflicts between the two clubs. At times, we are so busy with our own projects there would be no time for us to work on projects for senate also."

The council consisted of eight people from each grade, elected by the student body. Once elected, the members used their leadership skills to work together to get many projects completed.

"One of the major changes is that instead of working as a large group all the time, we break up into committees to work on separate projects, then we come back into a large group and vote," junior Earl Dowling said. "Running the council this way allows us to get a lot more done than we used to. One successful project that we accomplished was getting a microwave in the cafeteria."

Besides the success of Welfare Week and the purchase of the microwave, Student Council also raised money and collected donations to assist needy families during the holidays.

The members worked hard during the year to help others and at the same time adapt to the internal changes. When the projects were completed, members could sit back knowing that their time and Wednesday mornings were well spent.

By Kari Ellingson



Student Council. Front Row: David Sosnouski, Susan McGee, Amy Bergan, Liz Matney, Rebecca Ves, Allenor Gilchrist, Shannon Kenealy. Second Row: Anne Moutray, Jeanne Sundstrom, Jen Perholz, Bryce Johnson, Jaius Ely, Jill Muller, Nathan Terry, Matthew Robinson. Third Row: Charli Gelhorn, Jenny Olson, Hope Amos, Ben Ford, Lexa Curtis, Matt Biskner, Phil McWaters, Earl Dowling, Duke Knapp. Not Pictured: Carlos Wesley, Allison Doyle, Leah Uhlenhopp, John Milleman, Tany Parks, Anne Shrum, Jenny Johnson, Hiland Hall.

More Babble

"And whatever you do, don't let them know that you don't drink."

Does this sound like a speech?

Unfortunately, Speech Club was stereotyped as a bunch of nerds giving speeches. Instead, it was actually more of an acting group.

"We don't give speeches! My choral reading group compiled and performed a piece about the alphabet. It was a lot of fun. We are judged on excitement and blocking (movement) as well as how well we perform and work together. We really have a lot of fun, but there is never enough time to get ready," junior Cori Kindred said.

Adding to time constraints, Speech Club had to learn to work with a new coach. Mary Zimmerman coached the group competition, while Annette Rowley continued to coach the individual competition.

"I have no comparison to the old coach, but I really liked Mary (Zimmerman) because she gave us a lot of freedom, and she didn't condemn anyone that wasn't that good. Instead she gave suggestions and helped us as much as she could, then let us go our own way," freshman Alicia Ackerman said.

Besides adjusting to a new coach, a few groups had to make the best use of the school's resources because it did not own such high tech equipment.

"We made our own teleprompter by making transparencies of our scripts and then putting it on the overhead projector," senior Charlie White said. We had to spend a lot of time practicing with the prompter so it looked like we were talking to our audience instead of looking at the prompter. We did great at Districts, but because we were in such a hurry to tape for State, we weren't careful with how we positioned ourselves; so on tape, it looked like we were looking at the prompter instead of the camera."

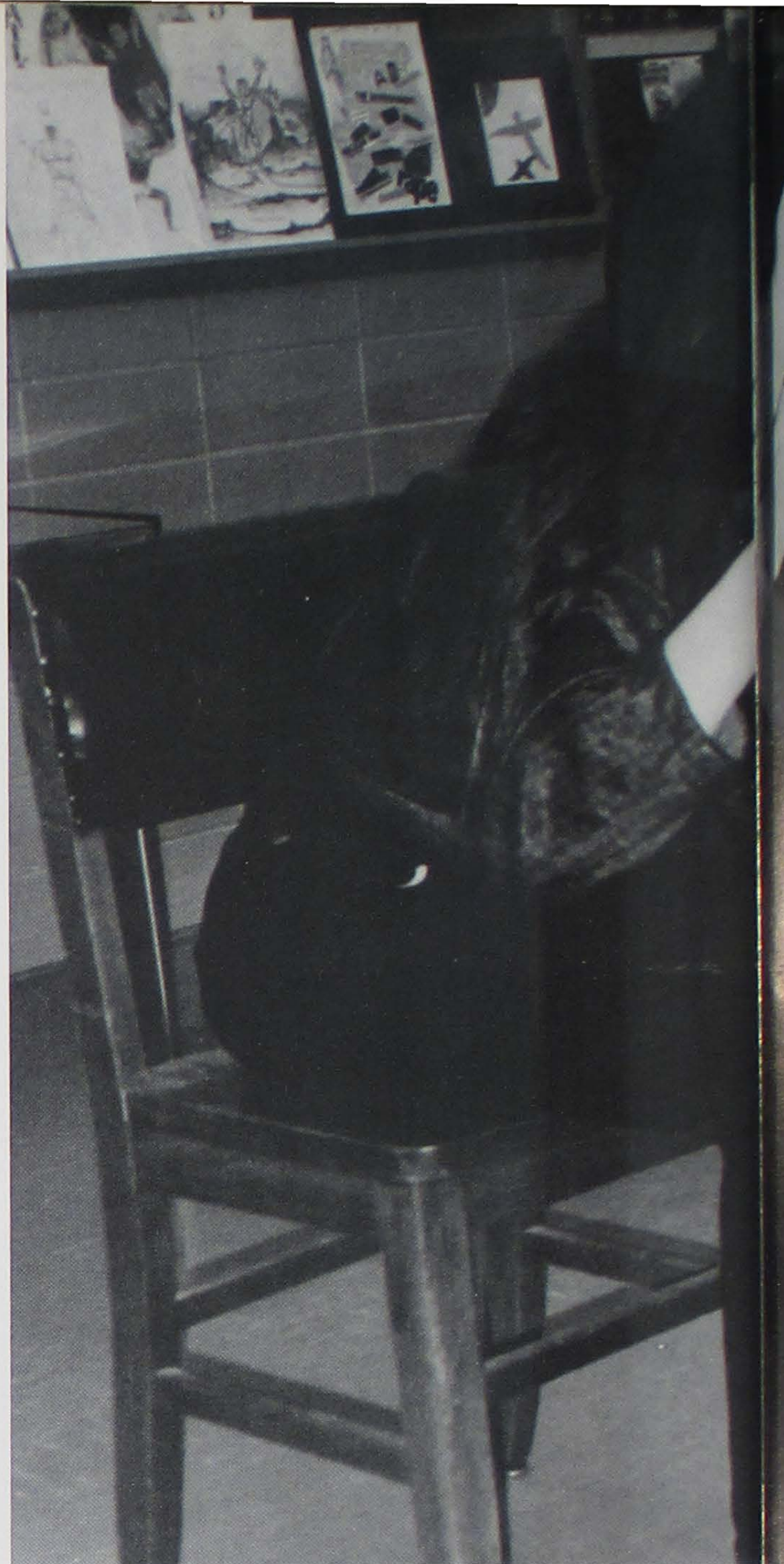
White's group was TV news. Another group that made the news was Reader's Theater when it made All-State.

Four students also made All-State in individual competition: sophomore Aprille Clarke, junior Becca Jones, and seniors Amanda Lloyd and Avanti Athreya.

"At State, in improvisational acting, I ran out of time, so I couldn't get my last line in. When the timer said 'time' I just stood there with my mouth open not knowing what I was supposed to do, and I was sure that there was no way I could make it to All-State. I was really surprised when the letter came in, and I immediately went in to severe spasms, which rendered me invalid for several days," Athreya said. Athreya made All-State in improvisational acting and literary program, as well as in Reader's Theater.

Since acting in front of a crowd in a school play wasn't for everyone, Speech Club provided the rest with an alternative minus the lights and curtains.

By Jenni Collins

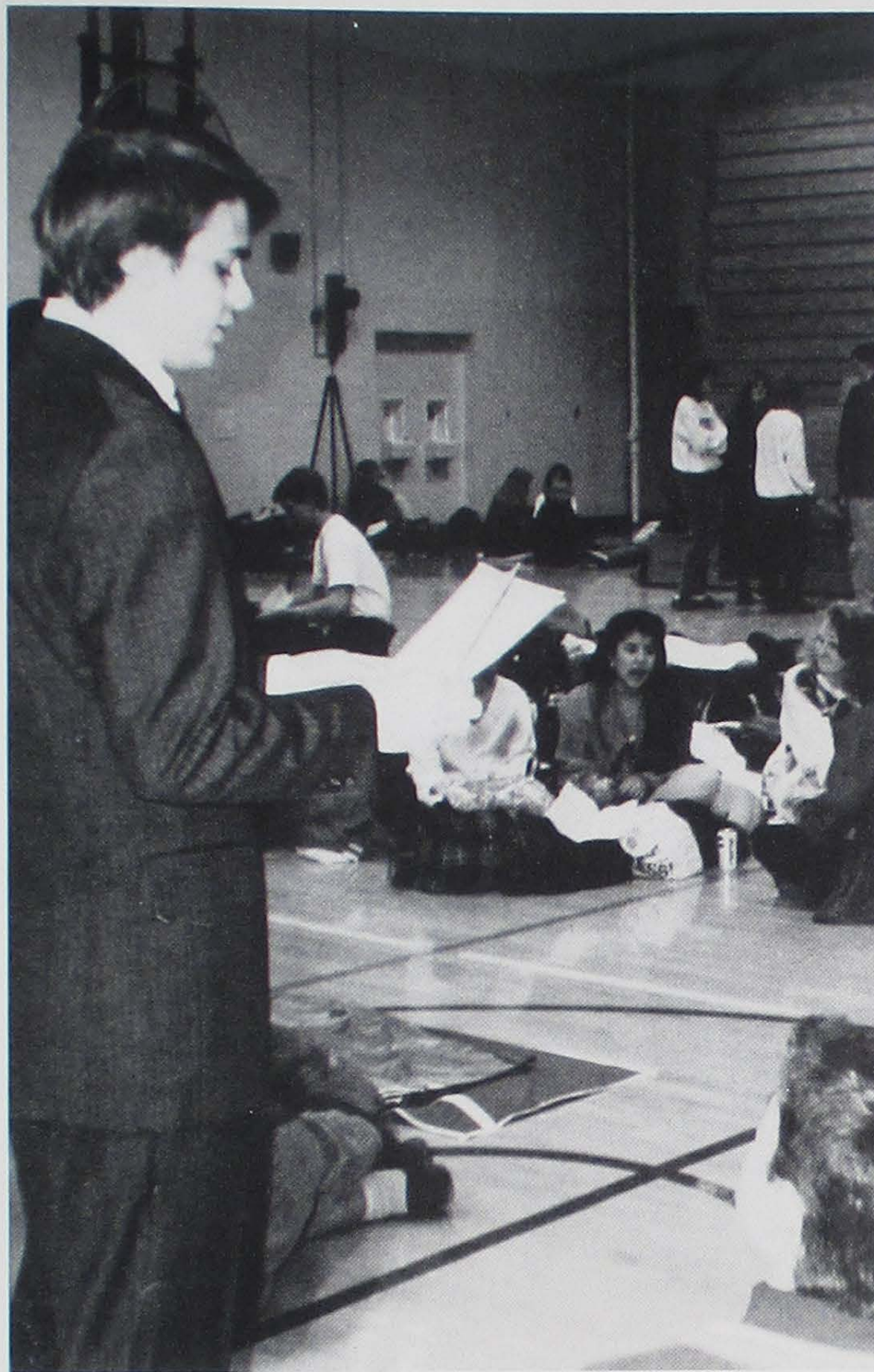


Scratch Pad. Front Row: Abbe Shapiro, Ruby Hsu, Aprille Clarke, E. Hoffmann, Elizabeth Welch. Second Row: Carlos Wesley, Valerie Ree, Amy Poague, Cassee Dunham, Adrienne van der Valk. Back Row: Kay Woods, Avanti Athreya, Terrill Johnston, Laura David, Chris Meyer, Adviser Kirk Daddow.



Rhearsing a scene during a group Speech Club practice the night before State, junior Brooke Harker prepares for individual competition. Harker earned a rating for improvisational acting. (Photo by Amy Gardner)

Before his event, junior Courtney Padgitt goes over his notes one last time. Participants could often be found talking to walls, doors, and even in the middle of gymnasiums. (Photo by Amy Gardner)



Scratch Pad

captive thoughts

By Terrill Johnston

If *Scratch Pad* were disbanded, most board members would be able to find a surrogate group in Debate. *Scratch Pad* meetings are frenzies of arguments: for two hours every Thursday night we debate the merits of various submissions.

"Just because they can't spell words longer than four letters doesn't mean it's bad!" Laura cries. "It does a beautiful job of describing the trauma suffered by a young woman when she first encountered frozen waffles."

"Duh!" Avanti responds. "It's sooooo dumb! I can't believe you guys would even think about considering accepting it."

Our meetings are full of that sort of intellectual discussion. Whenever the mental strain overcomes us, we break for Mountain Dew and pizza, then return with vigor to the *Scratch Pad* table and discuss more submissions.

Most of the submissions are obviously well written, of course, and some are wonderful. Some are so obviously written by creative, sensitive geniuses that everyone on the board applauds and votes them in...

Until Aprille's voice is heard; "Look, it's a piece of trash. If we accept it, I'm quitting."

If she does, debate will welcome her with open arms.



Speech Club. Front Row: Karen Moon, Emily Patrick, Charles Biblos, Sarah Fisher. Second Row: Steven Chang, Becky Chacko, David Sosnouski, Heather Alexander, Debbie Katz. Third Row: Irran Fernandez, Sara Stevenson, Shannon Jolly, Aprille Clarke, Sara Teas, Karen Hsu, Jenny Nilsson, Joe Nevshemal, Amy Jo Brown, Alastair Draper, Ethan Olberding, Avanti Athreya, Cori Kindred. Back row: Brian Parrish, Jeanette Levings, Karen Sternberg, Josh Huntington, Laura David, Jana Hertz, Adrienne van der Balk. Not Pictured: Rebecca Jones, Amy Gardner, Ujjaini Mitra, Brooke Harker, Mary Willard, Eva Hernandez, Poland Brownlow, Courtney Padgitt, Amanda Lloyd, Aaron Dieter, Sonia Panigrahy, Katie Woods, Charlie White, Buffy Quintero.



Discussing a submission, the *Scratch Pad* board out votes Aprille Clarke. The *Scratch Pad* board met every Thursday night at 7:00 to determine what would be published in *Scratch Pad*. (Photo by Avanti Athreya)

captive thoughts

By Aaron Dietz

In order to truly experience a club or activity, one has to get involved. During my four years of participating in Key Club, I have been a part of many wonderful experiences. I have jumped on beds at Key Club District Convention (which may not have been a good idea, but don't worry - duct tape fixes everything). As Key Club treasurer, I have walked around with over \$100 of club money in my jacket for a month without realizing it was there. I have also forged numerous signatures of Key Club members and advisers in an effort to get paperwork done in time.

But seriously, I have had many worthwhile moments in Key Club. I helped organize a food drive that took in over seven car loads of food for the homeless of Ames. I helped raise \$100 for the Nebraska School for the Deaf in Omaha through sucker sales here at Ames High. I also participated in Key Club's pop and cookie day which raised \$400 for our club. The most satisfying part of my Key Club experience, though, was working with the great people. This includes Key Club members all over the midwest, everyone involved in the Ames Town and Country Kiwanis, the Ames High School staff, and especially all of the wonderful, enthusiastic students at Ames High!

At the State Debate Tournament, seniors Kim Windom and Diana Vander Schaaf sell baked goods to help raise money for an Iowa woman who was hit by a drunk driver. SADD members made food for the bake sale. (Photo by Abby Klaas)

The student body and Grim Reaper Jennifer Leek listen as victims of drunk driving accidents speak about their experiences. The Grim Reaper assembly was held before winter break to encourage students not to drink and drive. (Photo by Abby Klaas)



STAND. Front Row: Jill Hill, Lisa Foote, Tina Wiegand, Eileen Sambos, Nicki Faidley, Kelly Burton, Nancy Svien, Kim Burnett, Bryan Warme. **Back Row:** Anand Giri, Earl Dowling, Stephanie Brennan, Rebecca Madsen, Mary Junck, DeDe Harris, Kim Swyter, Jenny Schmidt, Andrea Mundt, Duke Knapp. **Not Pictured:** Charli Engelhorn, Emily Barta.



SADD. Front Row: Carey Wagner, Misi Emiola, Kim Windom, Diana Vander Schaaf, David Wagner, Becky Chacko. **Second Row:** Melissa Harris, Laura Bendig, Eileen Sambos, Emily Patrick, Lindsay Sargent, Julie Anderson, Tricia Triplett, Katie Rhodes, Iraan Fernandez. **Back Row:** Jodi Larson, Julie Jansen, Niki Fisher, Shannon Dau, Caro Kilmer, Alex Leeman. **Not Pictured:** Lisa Biggs, Maria Lutz.



SADD and STAND reached out to help educate peers

Club. Front Row: Scott Paque, Jason Petersohn, Emily Kim, Alex Leeman, Jennifer Leek, Nick Hafer, Laura Bendig, Kristina Sassman, Kristy Jones, Buffy Quintero, Karen Moon, Ruby Hsu, Jackie Lee. **Second Row:** Emily Bourne, Irran Fernandez, Jenny Lathrop, Missy Harris, Stacy Strovers, Julie Jensen, Pam Olson, Eileen Sambos, Jenny Ellett, Petraya Juelfs, Lindsay Sargent, Emily Patrick, Katie Odes, Julie Anderson. **Back Row:** Erik Tosten, Lori Hunger, Jared Katz, Brian Howard, Jason Junle, Kevin Wilson, Aaron Dietz, Frank Greer, Peter Fanous, Colin Moon, Tricia Triplett, Chris Allen, Masey Rice, Phil Johnson.

Silent Awareness

Kelly was a popular girl with a lot of friends. As she walked down the hallway to her next class, little did she know that just hours later, she would wind up in the hospital after being hit by a drunk driver.

To help combat drinking and driving in our society, students got involved in Students Against Driving Drunk (SADD). The Ames High chapter was developed three years ago by Keith Bailey, whose daughter was killed in a drunk driving accident.

To increase awareness and provide assistance throughout the year, SADD organized many programs to persuade students not to drink and drive.

"There is a lot of planning and organization involved. During meetings we ask for volunteers and send around sign up sheets. It's nothing really fancy, but it always works out great," senior Emily Kim said. In addition, programs from bake sales to assemblies were performed. "We had a bake sale about a month ago and the purpose was to provide money to a woman who was hit by a drunk driver."

Grim Reaper Day was another task the group carried out. It was held the week before winter break to encourage students not to drink and drive over the holidays. To help make Grim Reaper Day more effective, kisses of death were drawn on victim's faces to let others know how many people are killed in a drunk driving accident in a day.

"I don't think the kisses of death were as effective as last year since we did something so similar the previous year. However, I think it was still meaningful because you can never stress the point of not drinking and driving enough," sophomore Emily Patrick said.

A mandatory assembly capped off the day, and many SADD members felt it added a lot to Grim Reaper Day.

"We thought we should add more variety than last year because it didn't seem very effective last year. When picking the people to be victims we tried to find people who would take it seriously to give the full effect of the purpose of the assembly," sophomore Lisa Biggs said. Certain people were asked to come to the assembly to talk to the students about their real life experiences with drinking and driving. "We felt having people who have experienced the problems with alcohol would tell a more touching story than telling statistics about it."

To help students learn that drugs and alcohol weren't necessary for a good time, STAND (Students Turning Against Alcohol and Drugs) was a pilot program formed by juniors Duke Knapp, Earl Dowling, and Anand Giri.

"We are a mirror image of a similar program at DM East High School. We want to get people involved so they will remain dry. We also want people to learn that we can have a good time without alcohol or drugs," Giri said.

Even though drinking and driving still existed, SADD and STAND worked hard to keep the nightmare from continuing.

By Jenny Ellett

Law and Order

In the hushed silence of a courtroom, a defense attorney finishes her passionate plea and waits, with bated breath, for the verdict; miles away, a foreign dignitary of Singapore concludes his filibuster for population control at the General Assembly of the United Nations and sits, hoping desperately that his colleagues will pass his resolutions.

The above scenarios, fortunately, were not restricted only to radio and TV reports: Mock Trial and Model U.N. gave students the opportunity to experience firsthand the domestic and international processes of making and debating the law.

"Each year, Mock Trial comes up with a different case," freshman Sarah Chaplin said. "People at Drake University make up the cases and they deal with current issues. This year, our case was about a college student named Chris Hussein who felt he was being victimized because of his last name. He was running for student body president and he claimed that his opponent, Terry Smith, sabotaged his campaign by sending 'Down with Saddam Hussein' letters to his room. Smith said that Hussein was just overreacting to practical jokes."

This case blended past and present events, according to sophomore Becky Chacko. "Mock Trial does a good job of relating issues to problems," Chacko said. "We handled the Gulf War and racism—an unusual combination."

Mock Trial also involved another unusual mix—the harmony between presenting facts and expressing viewpoints.

"It's basically a combination between drama and debate," junior Monika Jankowiak said. "You have to be able to think on the spot like in debate; you also have a script and you rehearse; you put feeling behind your speeches."

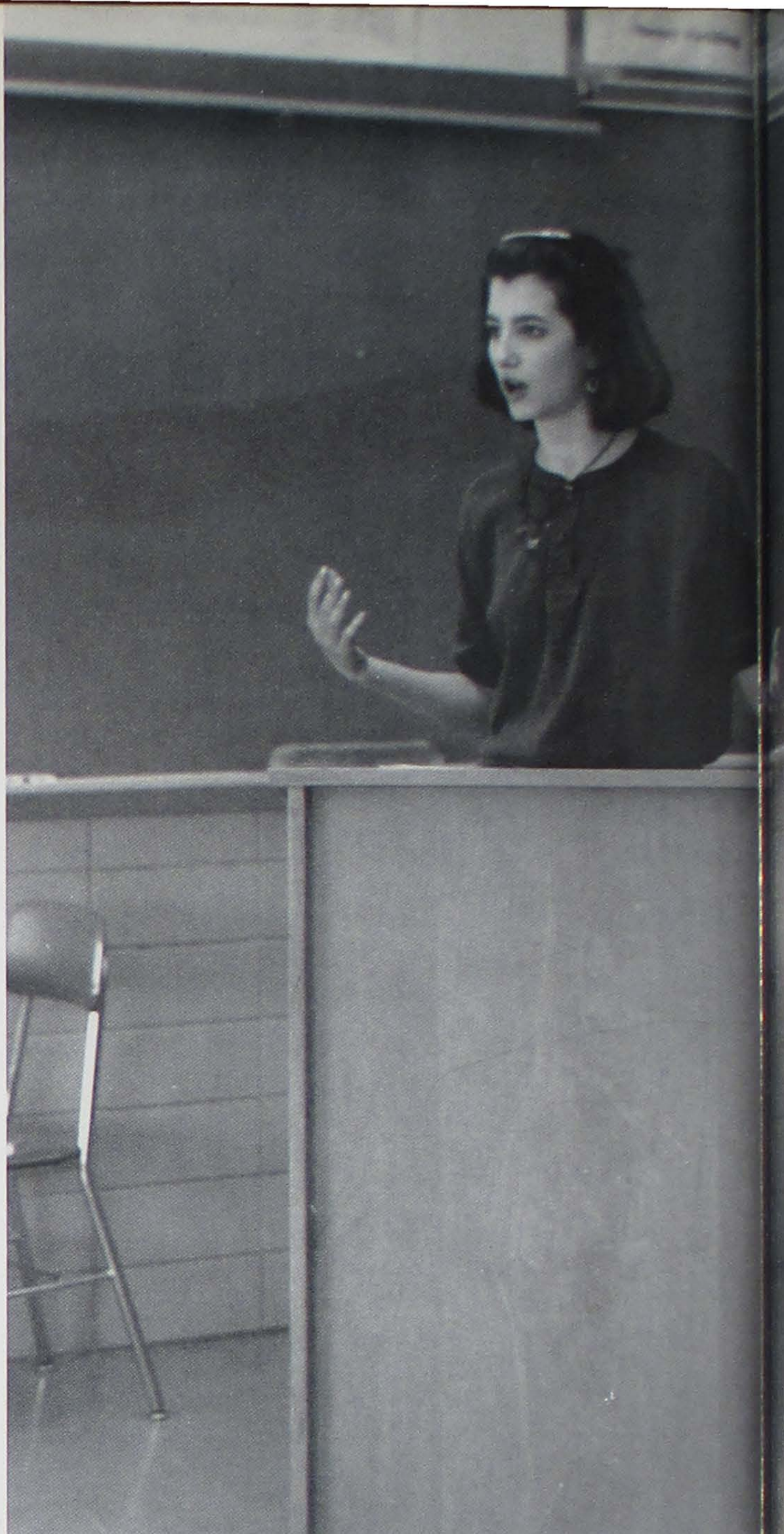
Strong feelings about their positions helped both lawyers and delegates persuade others—particularly when, as representatives of nations in Model U.N., students sincerely believed the opinions their countries expressed.

"I represented Singapore on the Committee for Population Control, which Singapore's very adamant about and I agree with," senior Courtney Huiatt said. "Ultimately, we passed a resolution that said governments should support family planning but shouldn't force it—but Singapore, in reality, believes in enforcement—so in that sense, Model U.N. isn't realistic."

Senior Andrea Muchinsky agreed. "Model U.N. is very idealistic—amendments get passed that would never go over in real life," she said. "Still, it's interesting because you pick a country and research its position on issues and you really try to simulate the UN General Assembly."

Which is where we left our nervous delegate—who, because he has the experience of Model U.N. behind him, just might pass his all-important legislation!

By Avanti Athreya



Model U.N. Stephanie Curran, Courtney Huiatt, Melissa Mundt, Andrea Muchinsky. **Not Pictured:** Greg Gwiasda, Amy Gardner.

at debate practice, freshman Audra Slocum discusses the merits of interpreting the law to fit the times instead of following it to the letter. As a Lincoln-Douglas debater, she defended both positions. (Photo by Angie Davis)

rising to stress her point, senior Melissa Mundt defends a Model U.N. resolution while senior Stephanie Curran tries to argue. Mundt represented Singapore and advocated population control. (Photo by Kendi Neff)

Debate

captive thoughts

By Kirsten Lassila

The average Ames High student must have thought debaters were a bunch of loons. The most exposure we got every year was at the State Tournament in Ames, which was always on a Friday and Saturday, so that anyone innocently walking into the school for a basketball game or school dance would be overwhelmed by hundreds of debaters.

We looked like a bunch of techno-punk lawyers, with the men in black suits and Converse All-Stars and the women in flowered dresses with either three-inch heels or Doc Martens. Some of us carried expensive briefcases and others just had a few pens. The hallways would be strewn with the boxes and crates that other teams used to contain their thousands of pages of research and evidence. Our debaters usually wandered in with a thin stack of index cards; we learned to sound eloquent for seven minutes on three seconds of research and we mastered the art of B.S.—ing. We commanded ideas, facts, and quotations in all kinds of obscure areas—Maslow's Hierarchy of Needs, Utilitarianism, and nuclear proliferation came up consistently.

Above all, every debater learned to appreciate the adrenaline rush of proving 30 different ideas wrong in less than 30 seconds when, quite frankly, we hadn't the slightest idea what we were talking about.



Mock Trial. Front Row: Corine Hegland, Sarah Chaplin, Charles Bibilos, Jaiini Mitra. **Second Row:** Symantha Miller, Lizz Welch, Monika Jankowiak, Emily Myers, Emily Olson. **Back Row:** Shala Sethi, Becky Chacko, Jenny Popel, Brandon Miller, Steven Chang, Andrea Olson, Ruby Hsu. **Not Pictured:** Irran Fernandez



Debate. Front Row: Naila Meyers, Audra Slocum, Amy Gardner, Jason Wray. **Back Row:** Adviser Marvin Scott, Steven Chang. **Not pictured:** Liz Matney, Kirsten Lassila, Laura Hefley.

captive thoughts

By Charles Bibilos

In February, a group of 12 students memorized a 60 page book of facts. Believe it or not, we did this by choice and actually enjoyed it.

We studied the book of facts about important elements of African-American cultural, political, military, and spiritual history in preparation for the Black History Showdown.

The competition itself is actually a game show designed for television, and is generally shown on PBS in the weeks surrounding New Year's Day. Each team in Black History Showdown consists of six members, with only three involved in the game at any particular moment. The host asks questions from the study material. A team earns 10 points for each correct response. The victorious team is the first to reach 175 points.

The key to victory, however, is elaborations. After giving a correct answer, a participant has one minute to display his/her knowledge on the topic of the question, and is awarded up to 15 additional points.

Although victory eluded Ames High's teams this time, the knowledge and experience gained was appreciated.

"With Black History, we have a chance to balance our education and see another important part of our culture," junior Corine Hegland said.

Making good use of his spare time, senior Morris Liao intently practices a speech for Academic Decathlon in a vacant classroom. Practicing was an important part of polishing and perfecting speeches for competition. (Photo by Kendi Neff-Parvin)

During one of her free periods, junior Suzy Dietz studies for an upcoming competition for Black History Quiz Bowl. This practice was not uncommon for most members since there were so many facts to study. (Photo by Kendi Neff-Parvin)



Academic Decathlon. Front Row: Steven Edelson, Morris Liao. Back Row: Mike Cronin, Greg Gwiasda, Frank Greer.



Quiz Bowl. Front Row: Evan Serfass, Frank Greer. Back Row: Katherine Hodges, Ed Krafur, Michael Choi.



Black History Quiz Bowl. Front Row: Sarah Chaplin, Charles Bibilos. Second Row: Josh Huntington, Emily Myers, Michael Choi. Back Row: Jack Liao, Bert Sermet, Ellie Palmas, Symantha Miller.

Quiz Bowl and Academic Decathlon studied for success

Smart Move

The bell rings loudly overhead just as you feel a sharp poke in your side. You open your eyes and realize that you just slept through class, then think to yourself, who needs this information anyway?

Many students felt much of what we learned was useless and wouldn't matter after high school. Nevertheless, some students put these "useless" facts to use in two activities: Quiz Bowl and Academic Decathlon.

Quiz Bowl was a computer trivia game in which teams from different schools competed statewide; Ames High's team placed third.

"I like competing and I love trivia games, so Quiz Bowl is something that I really enjoy being a part of," junior Katherine Hodges said. "Quiz Bowl isn't like regular 'learning' because we actually have fun. In school, studying is made out to be such a drag, but it's really not that way. Also because of the teams, we have a lot of fun. Every decision we make, we make together."

Since Quiz Bowl teams each consisted of four or five members all trying to determine answers to trivia questions, the potential for disagreements was always present.

"Since my teammates are basically at the same level I am, we don't have that much of a problem coming up with a final answer," sophomore Michael Choi said. "We don't usually put a very 'dictating' person on the keyboard, but things get very loud at the times we try to agree upon a final answer."

Academic Decathlon was another activity that required a little "extra" knowledge, but it was more individualized. Each person competed separately, but all members worked to increase the team score. To help prepare them for competition, team members got together one Saturday a month to take 30 minute tests in math, science, art, speech, and social studies.

"These tests help me better understand what isn't clear to me in my school classes," junior Jeffrey Willson said. "I enjoy it because I get to learn about facts I normally wouldn't learn at school, such as in-depth studies of famous people in the world."

Even though students enjoyed gaining the extra knowledge, studying also added pressure.

"Academic Decathlon is very challenging, but it's also extremely stressful. I thought it would be more like Quiz Bowl, with more teamwork," senior Greg Gwiasda said. "I wasn't expecting so much work and memorization of facts of famous people. The preparation is painful at times, but when we do well, it's a great feeling."

Unfortunately, the Academic Decathlon team's preparation did not pay off in the way members had hoped. They failed to make it to State. However, members of both Quiz Bowl and Academic Decathlon did learn that learning wasn't so bad. Sure it was extra work, but the groups had fun and didn't even snooze through class!

By Rubina Mukerjee

captive thoughts

By Rachel Wilke

"Ms. Wilke, could you help me?" Ms. Wilke. That was probably the hardest thing to get used to. I was used to the little chairs, the little tables, the little hands tugging on my sleeve; but being called "Ms. Wilke" was kind of weird.

Through cadet teaching I spent part of each day during first semester in Judy Dahlke's afternoon kindergarten class. While there, I got to know the kids in many different ways: helping supervise at recess, reading stories or helping them make patterns, tying their shoes and walking them to the bus. The joy I found in getting to know these children and in watching them learn helped me to become more certain of my goal of being a teacher.

Not only did cadet teaching assist me in deciding on a teaching career, it gave me some experience as well. I had moments of pride-like after successfully completing a puppet show, and moments of embarrassment-like when I tried to teach these 6-year-olds how to divide. I also had the opportunity to watch a great teacher in action. Her knowledge and patience were inspiring and a good example of what a teacher should be. Throughout the whole experience, the children were the best part. Their smiling and shining faces are the best reason of all to be a cadet teacher.

folding shirts at Maurices and helping customers were a few of the duties assigned to senior Mary Jo Weber. Weber worked at Maurices to earn credits, money and to gain valuable work experience for DECA. (Photo by Kelly Berg)



being helpful to customers is what being a waiter is all about. Senior Ryan Carey helps a young customer as he works at Valentino's. Carey worked almost every night as a waiter and a kitchen manager. (Photo by Kelly Berg)



Working at J-4 Rollaway was a perfect job for VICA. Senior Brett Johannes helps someone get their roller skates. Johannes also worked as a DJ and fixed roller skates at J-4. (Photo by Kelly Berg)



DECA. Front Row: Aaron Burrier. **Second Row:** Kim Schweikert, Jill West, Scott Gabrielson, Leigh Powell, Tracy Johnsen, Karl Marty, Sarah Pepper, Kristin Coons. **Third Row:** Trevor Wiersen, Kelly Sansgaard, Kelly Randles, Jeff Weiss, Sarah Frette, Andrea Cartwright, Erica Merkley, Shane Harkin. **Back Row:** Aaron Wells, Jason Miller, Asheley Holscher, Andy Elbert, Alastair Draper, Josh Slaughter, Chad Newhouse, Jay Clark, Jason Tice, Jeff Bappe, John Tannehill, Jon Sloan, Ryan Carey, Cory Wentworth.





VICA. Front Row: Rattan Ticku, Dan George, Brett Johannes, David Cram, Van Wombacher, Steve Elliott, Christine Ray, Yung Do, Adviser Don
Back Row: Dan De Clute, David Fincham, Chris Eckroad, Brian
McFarland, Mike Deaton, Mike Clark, Scott Olberding, Josh Speck.

Students gain credit, cash and on-the-job experience

Working Hands

Earning extra money was usually an incentive for students to work, but in the case of DECA (Distributive Education Clubs of America), VICA (Vocational Industrial Clubs of America) and Health Occupations Education students earned money and credits, got involved in the community and had fun all at the same time.

Through DECA, seniors earned two credits a semester for going to class five days a week and worked at local businesses 10-15 hours a week.

"I'm glad I got into DECA. It's taught me a lot about sales and marketing through my job at Hardees. I've learned how to deal with customers and their needs," said senior Cory Wentworth. "I think it has really prepared me for college and the outside world because it's shown me how to be responsible for myself when I'm in a job setting."

VICA also taught responsibility on-the-job, and students discovered work could be something to enjoy.

"Money is the main reason I work, but I love where I work (GC Woodworking) and I try to have fun with what I do," senior Brian McFarland said. "Mr. Faas really tried to get us all jobs that we would enjoy doing. I chose woodworking because I'm interested in it and it's my hobby."

In addition to job experience, VICA and DECA students sometimes earned awards. Senior Jamie White advanced to the national competition in Louisville, Kentucky by winning a culinary arts contest at the state competition, and seniors Jason Miller and Aaron Burrier were elected DECA State President and State Secretary respectively.

Students in DECA and VICA weren't the only ones gaining valuable experience. Health Occupations Education also gave students a chance to work, but their jobs were in the health care field.

Senior Chris Recker worked at Mary Greeley Hospital in diabetics. "I love going to see all the patients, especially the ones on the skilled and oncology floor, since they usually are in the hospital longer. It's neat because you remember their faces and you get to know what they like, like certain snacks and juices. They don't get to see a lot of young faces so they look forward to my visits. Sometimes it's sad because you're exposed to really sick people who don't always know what's going on," Recker said.

Being happy and making others happy was as important as earning money for most students. And, loving your job was essential to being happy. With a little help from DECA, VICA, and Health Occupations, students got the help that they needed to accomplish happiness and a full wallet all at once.

By Kelly Berg

captive thoughts

By Cassee Dunham

What do you do when you have 20 students who are on a sugar high from frosted doughnuts and have extra time on a Saturday morning? Don't let them watch "Captain Planet" and don't let them sleep in! Put them in the basement of the school...and put them to work. We, on the Environmental Committee, under the guise of improving the school, got the opportunity to eat free doughnuts, listen to Jeni Shierholz's rather eclectic choice of music, and put hand prints all over each other. Does this sound like a good time (or maybe just like pre-school)? Let me tell you, it's not all fun and games. We had to PAINT!

We painted the hall from the gym to the cafeteria and it only took us half a day (and probably a few more gallons of paint than the school had originally planned). Anyway, sometimes those fumes can get really strong and, well, we had a tendency to get a little out of control. I, for one, was scraping paint off my legs and washing it out of my hair for about a week afterward. How did this help the school, you might ask? It's simple. When you got out late from P.E. and were sprinting through the halls with the velocity of... (sorry, physics got the better of me), wasn't it nice to be stressing out in such a pleasant, cream-colored environment? If you didn't notice, don't worry. We won't be offended. We just won't offer you any of the leftover doughnuts.

a s a member of 100th Green Butterfly, junior Brad Baetz dumps papers from the recycling box in a classroom into a master box. Group members emptied recycling boxes every Wednesday after school so someone from the recycling center could pick them up. (Photo by Beth Myers)



d ressed in costumes for their final practice, sophomores Karen Moon and Lizz Furr rehearse *The Lorax* in the gym balcony. Members of 100th Green Butterfly performed the Dr. Seuss story at the eight elementary schools to teach children to save the environment. (Photo by Kendi Neff-Parvin)



i n the front lobby, freshman Amy Olson helps take the new chairs out of boxes. The School Environmental Committee used Student Council funds to pay for the new furniture. (Photo courtesy of Carolyn Jons)



Environmental Committee. Front Row: Barrett Randall, Lindsey Rice, Katie Rhodes. Second Row: Ralph Farrar, Cassee Dunham, Becca Jones, Jeni Shierholz, Amalia Smith, Pam Hove, Jane Randall. Back Row: Suzy Shierholz, Mary Buck, Sara Stolmeier, Amy Olson, Larry Cooney, Laura Peterson, Emily Bourne, Megan Upchurch, Jerry Swenson.





100th Green Butterfly. Front Row: Krisha Heuss, Misi Emiola, Amalia Smith, Charles Billa Kim Kruger, Elizabeth Heideman, Sarah Hagge, Lizz Furr. Second Row: Stacy Brown, Aprille Clarke, Steven Chang, Ed Krafur, Brad Baetz, Morris Liao. Back Row: Susan Divine, Becky Chacko, Corine Hegland, Buffy Quintero, Ben Moehlmann, Amy Byg, Karen Moon, Melanie Westerborg.

100th Green Butterfly worked to preserve the planet

Down to Earth

"I am the Lorax. I speak for the trees. I speak for the trees, for they have no tongues."

—Dr. Seuss, *The Lorax*

The 100th Green Butterfly, the school's environmental group, also spoke for the trees by starting a recycling program at the beginning of the year.

"We started recycling because a big bulk of the school's garbage is paper. It's recyclable and it's the first thing we can do to clean up the earth and school," said senior Kirstin Lassila.

The group set up collection boxes in rooms throughout the school and picked up and recycled the paper every Wednesday after school.

To attract more attention at the beginning of the year, the group also came up with its name, 100th Green Butterfly.

"We talked about the 100th monkey effect on testing monkeys, in that if one monkey does something, the other will do it until all 100 monkeys are doing it. If we start recycling soon, everybody else will too. We also talked about the butterfly effect and how even the smallest change can make a difference," sophomore Charles Bibilos said.

In addition to recycling, the 100th Green Butterfly also performed *The Lorax* for elementary students.

"Our purpose in doing *The Lorax* is to educate and get elementary kids involved in the environment so they'll grow up and keep helping the environment," sophomore Aprille Clarke said.

Another way the group tried to educate students was by planning activities for Earth Week, April 18-24. They brought in several speakers, including Joe Lynch, an organic farmer, and Cecil Burnett, a Story County Conservationist. The speakers spoke during class periods to interested students. Activities during the week were paid for with money the group raised selling earth T-shirts twice during the year.

In the spring, the group also worked on plans for implementing a carpooling program in the future.

"We feel it would clear up the parking lot and not put so much smog in the air," said Bibilos.

100th Green Butterfly members accomplished much during their first full year, and kept their mission in mind.

"Now that you're here, the word of the Lorax seems perfectly clear. UNLESS someone like you cares a whole awful lot, nothing is going to get better. It's not."

By Ty Troxel

Creative Concepts

Ingredients: Balsa wood, glue, ingenuity, and hard work. Directions: Creatively build a sturdy structure which can hold as much weight as possible after being crunched into a van and taken to competition.

Sound simple? After months of hard work, problems like this were easy for the Odyssey of the Mind (OM) team members.

Each team was made up of six people and competed in two events—one long-term problem and one spontaneous problem. One team's long-term problem was "Which End is Up?" and the team had to make a structure out of balsa. The other team competed in "Classics. . . The Old Man and the Sea" and chose to express the story with both human performers and hand puppets. Students participated in regional competition at Iowa State March 6, but because of the low number of high school OM teams in Iowa, the students only went for experience and were guaranteed advancement to State.

"On my team only (freshman) Stephen (Chang) and I knew we would advance, but we didn't tell the rest of the team so everyone would work harder. We knew that in order to get an accurate picture of how we would do at State, we would have to be at our optimum performance level at regionals," freshman Irran Fernandez said.

At state competition in Grinnell, neither team placed first, which meant they couldn't advance to World Competition. But some students were glad just to have gotten the experience.

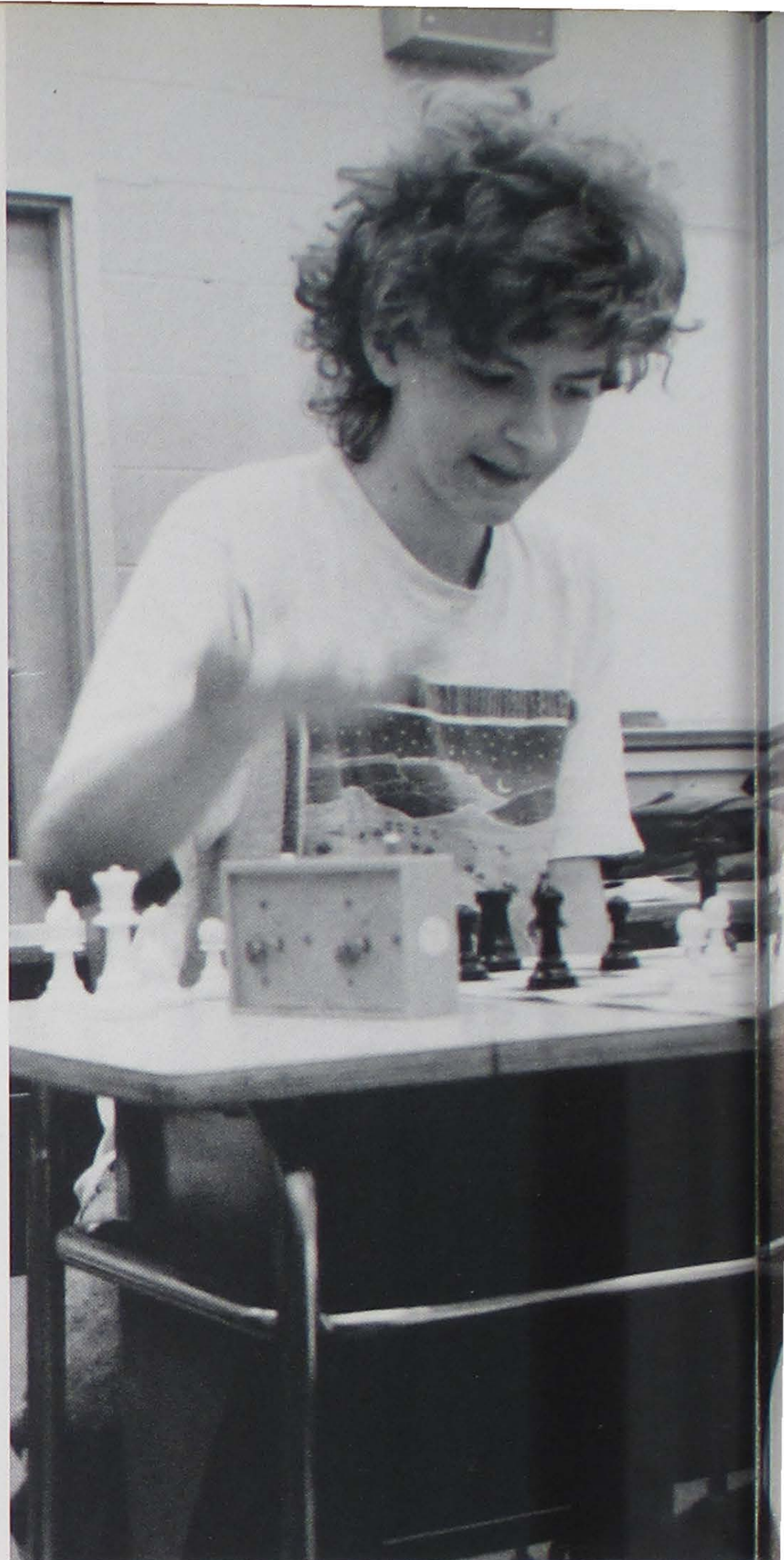
"One thing that I like is that we are doing something on our own. I like the fact that you work independently and come up with your own ideas and are in charge of making decisions. In school, we're kind of confined, but in Odyssey of the Mind, you can do whatever you want," sophomore Buffy Quintero said.

This was the first time in four years that the high school had an OM program, but most of the team members had been on the Middle School team as a seventh or eighth grader. The teams had the same coaches as they had at the middle school (Middle School Behavioral Disorder Teacher Bruce Antion was their supervisor and Middle School Research Teacher Sue Varland was the teams' coach).

"When I started as a seventh grader, we knew there wasn't a high school team, but we wanted to have one. We started three months late after talking to Mr. Antion to get rules and materials but most of the time we were on our own," freshman Stephen Chang said.

Although the OM teams started later in the year than most other high schools, they responded to the difficult challenges posed to them with creative solutions.

By Amy Gardner



Odyssey of the Mind. Front Row: Stacy Strovers, Krisha Heuss, Jenny Sipp, Stephen Chang. Back Row: Buffy Quintero, Karen Moon, Sarah Fish, Jenny Schmidt, Dan Johnston, Chris Meyer. Not Pictured: Irran Fernandez, Evan Jeffery.

after some initial deliberation before making his move, freshman Ted Murdoch completes his turn by resetting the time clock. In their Thursday afternoon practices, players had to hit the time clock after each move. (Photo by Abby Klaas)

Odysey of the Mind members Stacy Strovers and Buffy Quintero (operating the hand puppet) rehearse before competition. Both were sophomores and competed in "Classics... The Old Man and the Sea." (Photo by Kendi Neff-Parvin)

Chess Club

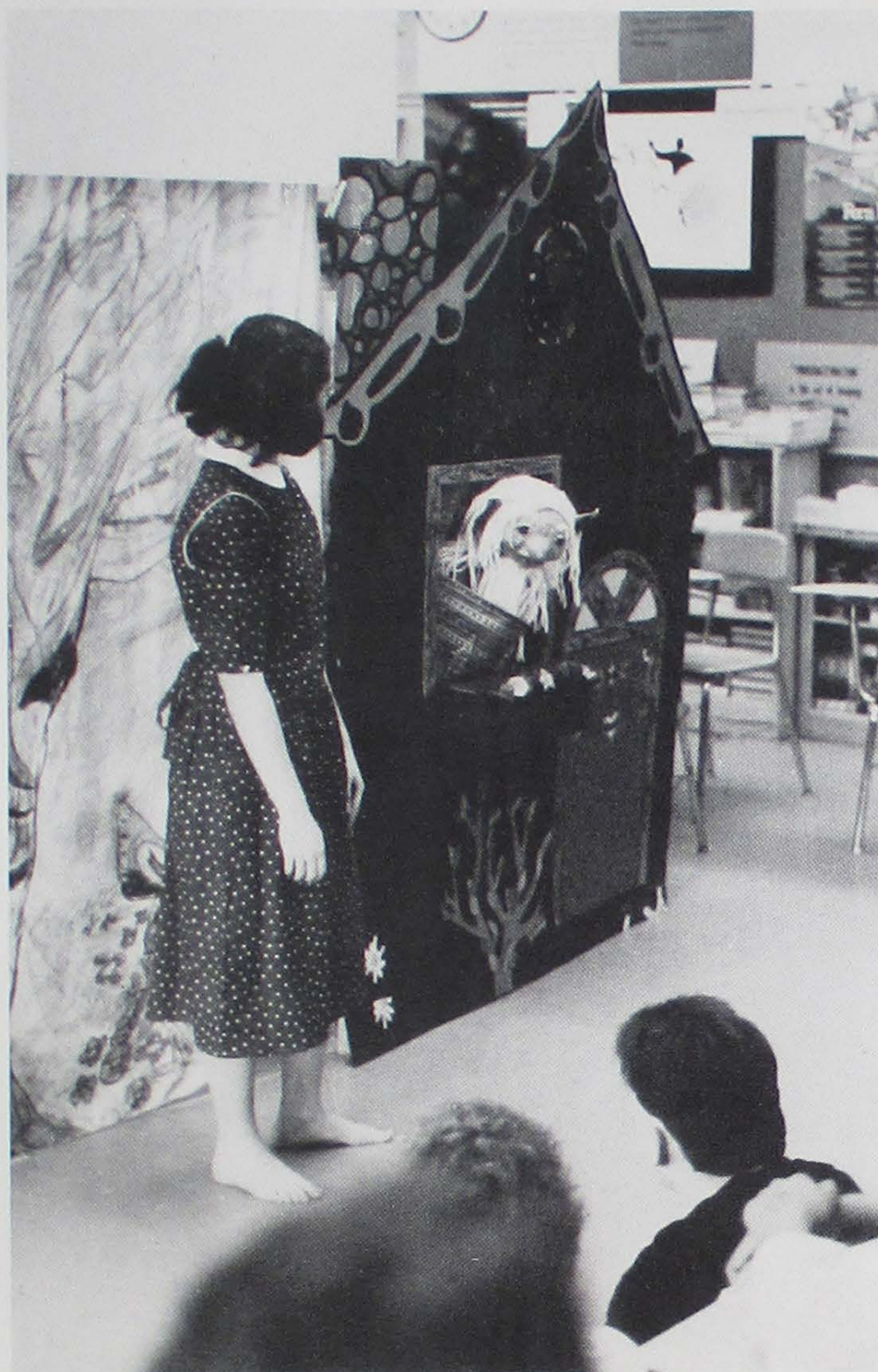
captive thoughts

By Dan Johnston

You probably think of Chess Club as being the most boring group in the school. You probably think it's a bunch of people sitting around staring at chess boards for three hours straight. Well, it is.

Anybody who isn't a big fan of chess would find our meetings very dull. We don't order pizza, we don't watch movies, we just play chess. To us, this is a wonderful way to spend Thursday afternoons. It's exciting to watch your friends pull off an amazing end game win, and satisfying to crush your opponents with an intricate strategy. It's fun to be way behind and watch your opponent run out of time. There are always interesting games going on in any tournament, and it's fun to wander around and look at them. It's great to watch a player botch a game and realize that if you were playing, you could have done better.

Of course, the best part of Chess Club is playing chess. When's the last time you got to boss a king and queen around? Feel like you're not using your (k)night's productively? Then Chess Club is for you.



Chess Club. Front Row: José McPherson, Dan Johnston. **Second Row:** Lizz [unclear], Sarah Hagge, Kim Kruger. **Back Row:** Damon Byg, Robert Krogmeier, [unclear] Moehlmann, Evan Jeffery.



at his second chess club meeting, freshman José McPherson moves his piece and stops the time clock at the same time. The chess club met on Thursdays after school. (Photo by Abby Klaas)

captive thoughts

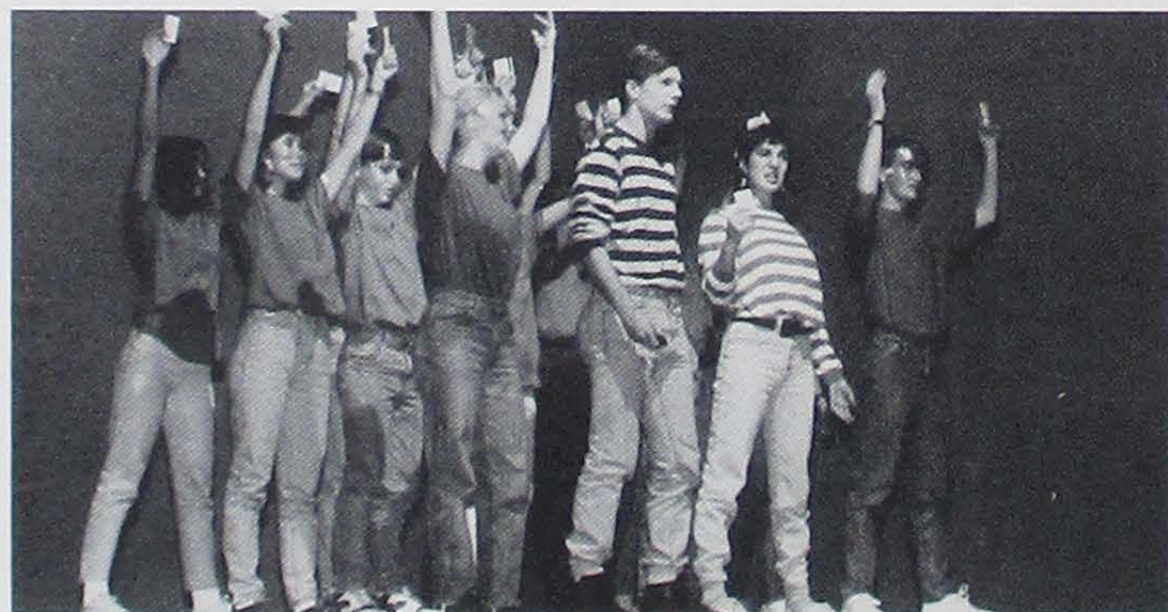
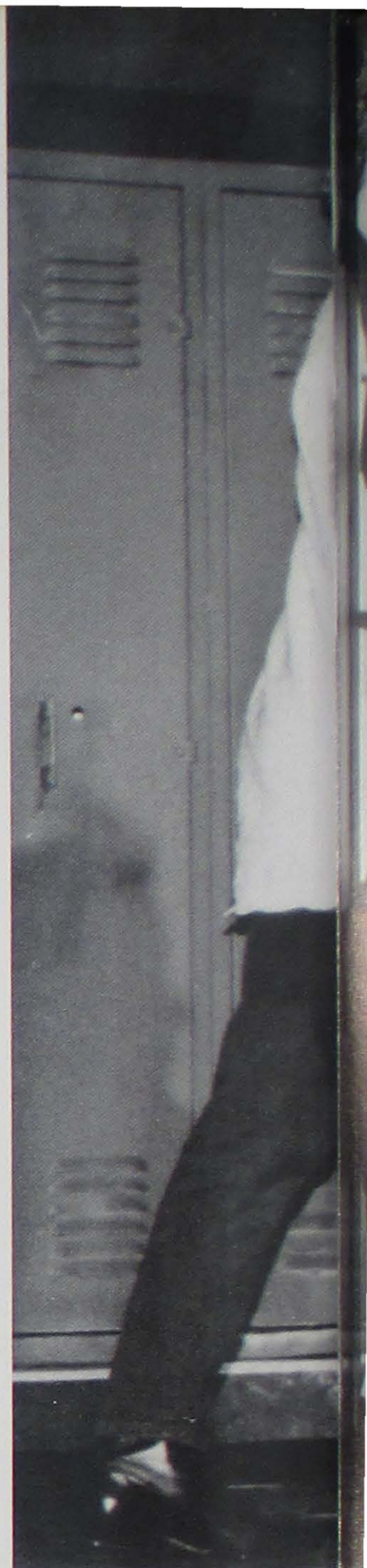
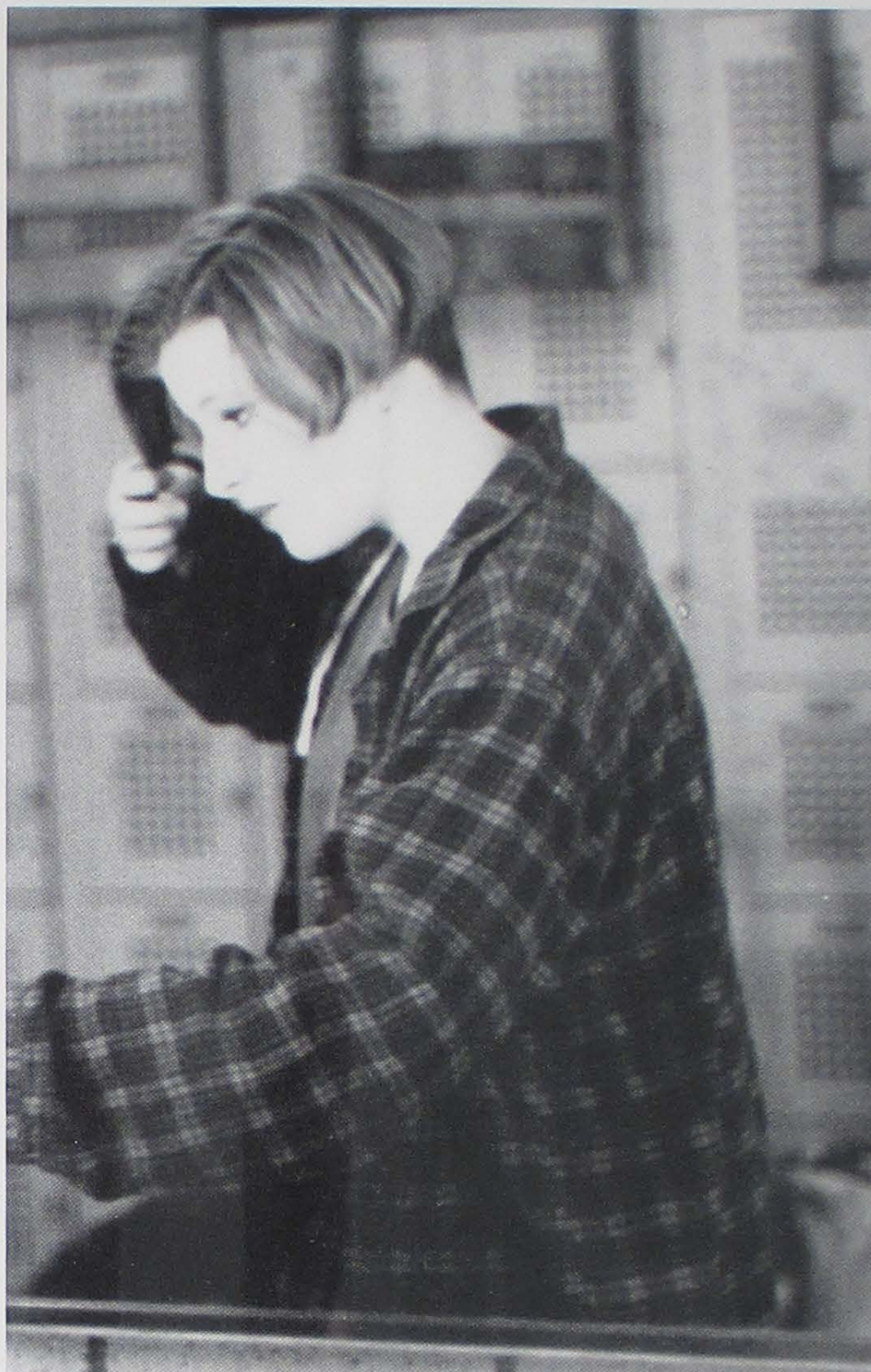
By Karen Sternberg

Four times a year the drama department works weekdays, evenings, and weekends to produce a full length play. Thespian members can only be inducted after working a minimum of 100 hours on such plays, whether these hours are spent behind the scenes, in the spotlight, or a combination of both. Potential members are then nominated by current Thespians and, upon approval, become full-fledged members. To maintain a Thespian, members are required to work a minimum of 50 hours on each play, and 25 hours on One Acts. Missing two consecutive Thespian meetings is grounds for dismissal.

With all the work it takes to be a Thespian, it surprised many of us how easily others were initiated. After two plays this year, many freshmen already had enough hours to be considered for Thespian status. However, crewheads generously gave these hours to their members, even when the hours were not deserved. Thespians, though, will continue to work diligently behind the scenes to present to you a memorable performance. The next time you watch a play, remember, what you see at a performance is only the finished product: the culmination of hard work, team effort, and sweat which demand the utmost dedication of a Thespian.

in preparation of opening night, senior Heather Alexander gets ready to apply makeup in the dressing room above the stage. Actors and actresses usually arrived two hours early to transform into their characters. (Photo by Sarah Fisher)

as senior Karen Sternberg and junior Ghina Goodfriend find out in *Love, Death, and the Prom*, winning \$10 million can provoke many problems. Sternberg is worried that her father will leave her mother after finding out he won the fortune. (Photo by Beth Myers)



in one of the many playettes of *Love, Death, and the Prom*, students convey how commercial life is through a commercial. The drama department performed *Love, Death and the Prom* Nov. 5-7. (Photo by Beth Myers)

as Hippolytos, portrayed by junior Tyler Uetz, slowly dies at the end of *Hippolytos*, father Thesus, played by junior David Kuhl, attempts to comfort his son. *Hippolytos* was performed on Jan. 14-16. (Photo by Beth Myers)





and Mespians. Front Row: Heather Christensen, Mary Willard, Ghina Goodfriend, Elizabeth Welch, Terrill Johnston, Charles Bibilos. **Second Row:** Karen Bernberg, Amy Jo Brown, Shaly Seecharran, Laurel Nakadate, Josh Huntington, Alastair Draper, Corine Hegland. **Back Row:** Sara Stevenson, Derek Shonrock, Brian Parrish, Mike Cronin, Rebecca Jones, Evan Serfass, Laura David, Tyler Uetz.

Fall and winter dramas aim to enrich audiences

Crowd Pleasers

As the house lights dim and the audience takes a final peek at their programs, scenes of sexual harrassment, prom, suicide, rape, and God's deceit against mortals begin to fill the stage. The variety of emotions in *Love, Death, and the Prom* and *Hippolytos* brought together a challenging fall and winter season for the drama department.

Love, Death, and the Prom consisted of nine skits which focused on comedies and tragedies of adolescent lives.

"My skit on sexual assault was very emotional. My goal was to make it real so teens could understand and try to prevent it. Mr. (Wayne) Hansen told me to try not to get too involved so I wouldn't end up in a mental institution," senior Amanda Lloyd said.

With leads in every skit, more people had a chance to be in the spotlight.

"The thing with doing big plays and if you have a large part, entrances and exits can be missed. I have missed an entrance once, and it didn't ruin the play, but still it wasn't good. With the skits in *Love, Death, and the Prom*, there is usually one entrance and one exit, which made things easier. Also, more people got speaking parts instead of supporting roles," sophomore Joe Levine said.

Putting together the winter play *Hippolytos*, a Greek tragedy by Euripides, was an accomplishment by itself. According to Director Wayne Hansen, people could count the number of high schools who have attempted this production on their fingers.

"Working on *Hippolytos* was a growing experience. It's hard to relate to B.C. times. Practices were hard until the 30th time you heard it because of the way the script was written. I felt like I accomplished so much when I was done with it. My mom usually gives me flowers on opening night; but this time, she gave me flowers on closing night because I finished this play," sophomore Elizabeth Andre said.

Because it was a Greek tragedy rather than something contemporary, drama members were afraid the high school audience would be less appreciative of the winter play.

"I think a lot of our audience thought it (*Hippolytos*) was over their heads because of the words and the structure of the lines," junior David Kuhl said. "Even though our audience is mainly high school students, we still need to offer different types of plays so they will be exposed to them."

Although only a few students performed leads in *Hippolytos*, the chorus of 30 women was equally important in helping the audience understand the play.

"It was hard to sit still during *Hippolytos*. We were always on stage but we only spoke in certain parts, so when we weren't speaking as a group, we had to sit still on stage, wearing our masks," freshman Brooke Harker said.

As those 30 masked women revealed their identities and trailed off the stage, the curtain closed on two of the most unusual plays Ames High ever produced.

By Karen Hsu

Road Tripping

U2, Genesis, and the Ames High orchestra all had something in common; while those rock groups were performing in sold-out football stadiums across the country, the orchestra traveled to Minnesota for four days to perform, visit attractions, and attend classes for a day at Shadock Saint Mary's, an Episcopalian boarding school.

"I thought staying at Shadock Saint Mary's was a lot of fun. It was like going into *Dead Poet's Society*. It was neat seeing how kids in a boarding school live," sophomore Mary Willard said.

Although they spent a day at the Mall of America, visited the Science Center of Minnesota, the Minneapolis Institute of Art and saw performances of *The Sound of Music* at the Chanhassen Dinner Theater and *Pirates of Penzance* by the Minnesota Opera, some students' favorite part of the trip was not purely educational.

"My favorite part was the hot tubs. Each hotel we stayed in had one and we had the pleasure of using them each night," junior Jered Dieter said.

Before they could enjoy themselves, the orchestra had to prepare for the performance aspect of the trip.

"We practiced a little harder than usual and had more practices with the winds from band. We also couldn't go to state large group contest because of tour," junior David Kuhl said.

The orchestra council, made up of representatives from each grade, co-presidents, secretary, and treasurer also prepared for tour by helping to plan it.

"(Director) Mrs. (Mary Kay) Polashek made a lot of the arrangements. The council gave input and ideas at the beginning of the year of places we wanted to go. As far as the actual schedule, she (Mrs. Polashek) did a lot of that. We had council meetings during lunch hour to get ideas for places to go, look at brochures, talk about fund raising possibilities, and discuss other orchestra business," senior co-president Kelli Oshel said.

The trip cost students approximately \$150 in addition to their spending money. To lower the cost, some students raised money through sales of various food items.

"I sold candy bars, lollipops, and the frozen foods (pies, pizzas, and breads). It saved me about half the cost of the trip. The frozen foods were popular with older people, but the candy bars and lollipops weren't hard to sell either. You just brought them to lunch and people would swarm around you," freshman Naila Meyers said.

After months of planning, fund raising, and extra practicing, two buses left Ames April 30 for Minnesota and returned May 3. They may not have had T-shirt tents at their performance like touring rock groups, but most orchestra members agreed that their hard work paid off in the form of a fun trip.

By Amy Gardner



Orchestra. Front Row: Ujjaini Mitra, Allison Cooper, Melissa Fatland, Rubina Mukerjee, Mary Willard. Second Row: Rachel Su, Ann Moore, Jose Rivera, Shala Sethi, Sophia Ellmaker, Morris Liao, Michelle Choi, Jason Sturges, Dave Kuhl, Jack Liao, Susan Hsu. Third Row: Tomi Fadeyi, Angie Ellmaker, Eli Kravinsky, Stephen Chang, Qian Xi, Valerie Reed, Karen Hsu, Andrea Hugdahl, Amy Poage, Jennifer Ng, Director Mary Kay Polashek. Fourth Row: Aaron Dieter, Max Cook, David Good, J. Readhead, Loren Serfass, Katie Rhodes, Joyce Ng, Mandy Padilla, Naila Meyers. Back Row: N. Lloyd, Jered Dieter, Mert Sermet, Alastair Draper, Andre Darlington, Petraya Juelfs, Ben Moehlm, Kelli Oshel, Jessica Hugdahl, Gabe Padilla.

Reading their music intently, junior Jessica Hugdahl and freshman Melissa Fatland perform at the winter orchestra concert Dec. 17. The orchestra had six public appearances during the year, including the pops concert and baccalaureate.

Before Baccalaureate May 26, seniors Sophia Ellmaker and Rubina Mukerjea warm up their instruments. The orchestra performed three numbers before the service, which was held at CY Stephens Auditorium. (Photo by Karen Hsu)

Orchestra

captive thoughts

By Valerie Reed

No, we are not a bunch of losers. We are The Orchestra, having more fun than the rest of the music department could ever possibly hope to have. How could we help but have a good time with our teacher and mentor, Jammaster K (which only the upperclassmen will remember, but that's OK) leading us through music we think is impossible with an ever-optimistic attitude? As we plow at double the speed we can actually handle through 12 pages of Dvorak or Mozart or Bach, Mrs. Polashek's voice rings out above the din: "Get your eyes out of the music and watch! Valerie, get your arm up! David, stop slouching and raise your stand! MY TEMPO! MY TEMPO!" How could we help but be devoted to a group with a leader like that?

Besides her encouragement there were things like those daily quotes and jokes (what was that English Horn joke you wouldn't tell us?)—and the ever-present fear of being asked to stand up and name everyone in the room, a task made ever more difficult by our increasing size. With tour, there were also those incessant candy bar sales. And when the candy bars ran out there was an incessant line of weird men with bad hair trying to get us to sell their pizza, frozen eggrolls, or hand puppets.

All in all it was a good year. Even though we know we didn't practice enough, we still ended up sounding good (for the most part) and, more important, had a great time. And remember: it doesn't matter if they forget us, we're better than everyone else anyway.



Orchestra Winds. First Row: Melida Sanderson, Julie Anderson, Lindsay Sargent, Kim Anderson, Suzy Dietz, Courtney Hulatt, Jennifer Fisher, Heather Christensen, Katherine Whitaker. **Second Row:** Shawn Kliebenstein, Angela Smith, Angie McConnell, Frank Beer, Crystal Houge, Megan Biggerstaff, Emily Kim, Jana Hertz. **Third Row:** Bryce Hill, Nick Bertelsen, Rebekah Hartman, Donna Stinehart, Gentry Collins, Jesse Coats, Todd Bowman, Mark Harms.



At the Science Center of Minnesota, sophomore Susan Hsu tries an exhibit. This was one of many attractions orchestra members visited on tour. They also toured the zoo and saw two musicals. (Photo courtesy of Susan Hsu)

captive thoughts

By Alex Schaafroth

Even if the basketball teams didn't win all of the time, there was one thing that Little Cyclone fans could count on at the games—the AHS pep band. The band found, though, that they couldn't play at every game.

"If the guys played at home, the girls were usually away, so we could only play at half of the games," senior Frank Greer said.

Despite this, though, the band still managed to have fun.

Whenever the other team would shoot free throws at the end of a game, we would chant something really stupid, like the value of pi to 20 decimals. It annoyed most everyone. But, hey, that's what we're there for.

Another strange tradition that many pep banders followed was the wearing of strange headgear.

Senior Joel Morain explained his Viking helmet with two blond braids this way.

"It helps focus my magic powers so we win."

Other classic headgear included a Jughead hat, Darth Vader mask, and Goofy hat. Whether wearing hats, chanting, or actually playing their instruments, the pep band knew their job around the school.

"They're gods. I worship the trumpets," said an unidentified junior.*

*Dave Kuhl

At the December 18 pep assembly, senior Shawn Kliebenstein directs the pep band. Aside from playing at school activities, the band got public exposure by performing at Iowa State basketball games. (Photo by Beth Myers)

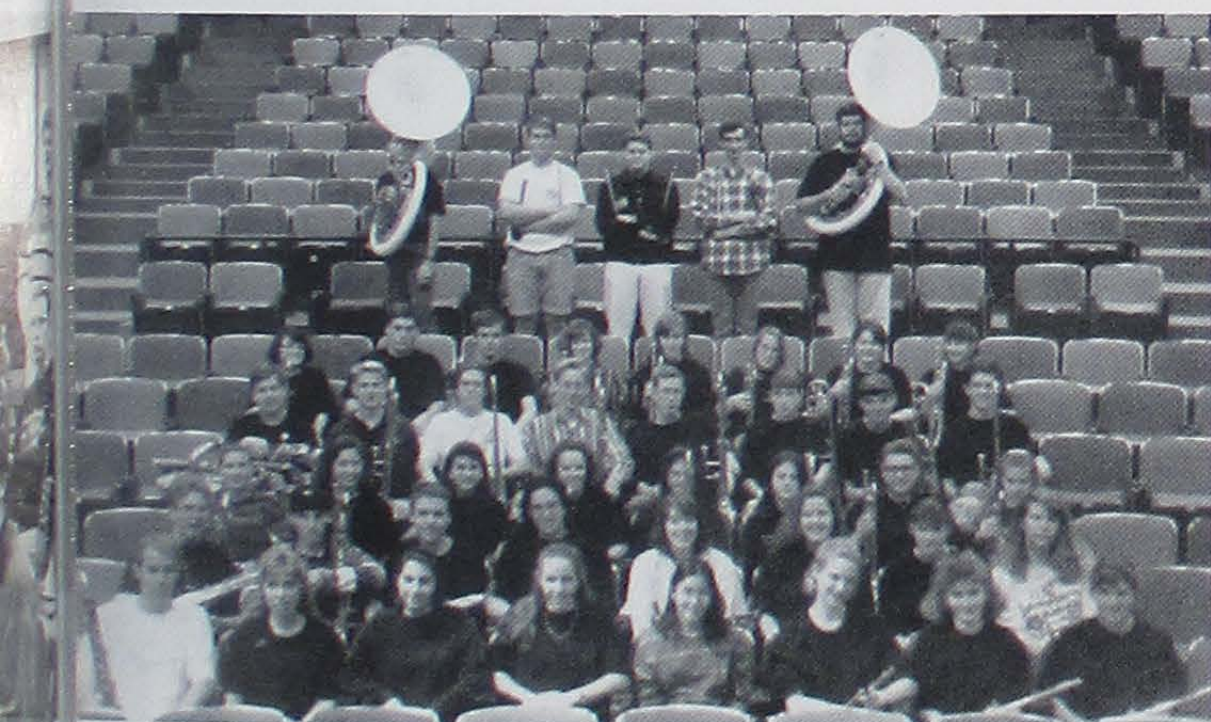
Marching at the Homecoming football game, sophomores Emily Olson and Jennifer Whitehead, juniors Rachel Farnham and Amy Henderson complete the band formation. Color Guard added color to the field. (Photo by Abby Klaas)



Freshman Jazz Band. Front Row: Kristina Hawbaker, Angie Gabrielson, Emily Jahr, Matt Ballantine, Kevin Anderson. **Second Row:** Shannon Lott, Austin Payne, Melissa Sampson, Allison Hefley, Matt Peterson, Ryan Dodge. **Back Row:** Aaron Coats.



Jazz Band. Front Row: Karen Moon, Jason Petersohn, Bryce Hill, Shawn Kliebenstein, Ryan Harris, Chris Burnham. **Second Row:** Gabe Padilla, Joel Morain, Judd Bowman, Mark Harms, Jesse Coats, Eric Hippen. **Back Row:** William Sutjiadi, Bryn Takle, Jonathan Good, Angela Smith, Angela McConnell, Ben Douglas, Joyce Ng, Nick Bertelsen.



Pep Band. Front Row: J. Moore, M. Mundt, A. Gardner, M. Whitaker, R. Hsu, R. Berning, S. Craig, J. Ehler. Second Row: T. Holland, C. Morrison, J. Petersohn, R. Harris, B. Hartman, A. Olson, S. Curran, Biggerstaff. Third Row: E. McKay, E. Silet, C. Hulatt, L. Furr, A. Hefley, A. Hawkins, S. Lott. Fourth Row: M. Prins, J. Bowman, J. Morain, M. Harms, E. Hippen, R. Long, J. Heitt, J. Coats. Fifth Row: G. Orton, C. Klocke, F. Greer, A. Smith, A. McConnell, L. Welch, M. Hefley, S. Jolly. Back Row: J. Burns, Takle, N. Bertelsen, J. Halliburton, B. Parrish.

Jazz and pep bands offer the public musical variety

In the Spotlight

With 30 seconds left on the clock and the Little Cyclones down by five, even the fourth grader in the back row knows the team needs encouragement.

"Ames High Aims Hi!" The pep band takes over and the crowd stands to the sound of the familiar fight song.

As the football season comes to a close, and the marching band packs up their orange and black, many assume the band will fade out of the public spotlight until next season. Three selective bands, freshman jazz band, jazz band, and pep band were created to keep the public cheering through out the year.

"I'm in both jazz band and pep band, and they're totally different. Pep band plays at basketball games, and it deals with memorized fight songs. Jazz band is much more organized; it gives us a chance to experiment with a variety of music and emotion. Often we get the chance to perform ad-libbed solos, which teaches us spontaneity," senior Ryan Harris said.

As a result of their hard work, the jazz band often received requests to demonstrate its ability at local events.

"We've played a lot of different places, from the (North Grand) mall to the Moose Lodge. Someone from Iowa City heard about us, and hired us to play at a reception in the (Holiday Inn) Gateway Center. Every time we have a concert more people see us, and we get more jobs. Knowing that we're playing professionally gives us extra encouragement to improve," junior Angie McConnell said.

In addition to Ames High basketball games, the community had an opportunity to hear the pep band at a number of Iowa State basketball games. Not only did this give ISU fans a chance to discover the band's talents, but it gave some members needed experience.

"A lot of people in pep band are really dedicated and some even plan to continue with their music, and by playing for the public, they get a head start in public relations. Dealing with people may not seem to be important, but when you are comfortable with yourself, it is conveyed in your music," freshman Andrea Hawkins said.

Learning to deal with the public and becoming comfortable with their music was also important for jazz band.

"I play in a band with some of my friends, and although I don't play the same instrument I do in jazz band, it gives me experience playing for audiences. Band concerts are usually made up of friends and family, so this is a lot different," sophomore Karen Moon said.

"On to the victory! rah rah rah..." The aid of a supportive band could not only help a losing team win, but lift the emotions of everyone. Although the band was often not the focal point of a game or function, without it, much of the spirit and enthusiasm was lost.

By Kristy Lakin

Drum Roll

An atmosphere of disappointment surrounds the home team bleachers as the players struggle to make a comeback. Suddenly, there's a break for the ball, and they score! Just as the moment climaxes, 224 figures in identical outfits take to the field in an AMES-shaped formation. Most non-band students didn't realize the hard work, time, and dedication put into such a performance.

And with an increased number of musicians out for marching band, members had to put in extra effort to achieve unity.

"During marching band practice, it was a lot more challenging to learn the routines in our squads because of how many people were in it. Our band was larger than many university bands. Also there was a bigger freshman turnout than usual, but even though they were inexperienced we all worked together and the season went well," senior Nick Bertelsen said.

To help get the marching band ready for its season, a week-long marching workshop, which lasted two hours each afternoon, was held the week before school started.

"I went to the summer initiation program, and I met a lot of new people. I became more acquainted with the school and felt like I was more a part of it. Being with all the grades really helped socialize me," said freshman Laura Howard.

After that initiation program, many people were able to enjoy the band's music without having to attend its concerts.

"When we were practicing for VEISHEA, we marched through the streets. All of the kids from Fellows Elementary ran up to watch us. A lot of the time mothers would bring their children out to watch us also. Their kids would march with us on the sidewalk and twirl a baton or pretend to play a trumpet. It made us realize how much those kids look up to us," sophomore Becky Chacko said.

Others found band rewarding in monetary ways and through entertainment benefits.

"The best thing about pep and marching bands is getting into the football and basketball games free," sophomore Nathan Adair said. "But I also do it for the fine arts credit and just because it's fun."

The students and audiences weren't the only people who got to enjoy the band's hard work. After the tedious job of teaching 224 band students their marching sequences, the directors could breathe a sigh of relief as they watched the show put on by a field full of identical orange and black uniforms.

By Emily Bourne



Freshman Band. Front Row: E. Jahr, R. Bills, N. Meyers, A. Cook, K. Marvick, S. Chaplin, A. Barnes, C. Peterson, J. Keller. Second Row: A. Gabrielson, R. Schinnow, A. Smith, S. Chang, S. Stelmeyer, M. Hunziker, L. Howard, A. Olson, H. Moyer, M. Sampson, J. C. Elbert, A. Huggdahl, E. Silet, M. Sanderson, N. Padgett. Third Row: C. Clyde, S. Block, M. Horton, G. Pak, S. Cable, J. Bents, S. Lott, P. Stewart, J. Emiola, J. Hiett, A. Coats, R. Long, E. McElvain, M. Bailey, R. Anderson, H. Kliebenstein, K. Hawbaker. Back Row: M. Fatland, E. Jeffrey, K. Anderson, B. Schilling, A. Hawkins, D. Horton, N. Carroll, N. Johansen, C. Strasburg, M. Stegge, R. Anderson, S. Miller, C. Seaton, A. Hefley, J. Minnion.

during their final concert, seniors Crystal Houge, Charlie White and Courtney Hulatt display their talent by playing "The Four Horns." Seniors Katherine Whitaker and Heather Christensen were also part of the ensemble. (Photo by Angie Davis)

as they perform at a concert, freshmen Laura Howard, Amy Olson, and Marlana Anderegg concentrate on the music. Freshman band, concert band and symphonic band performed at three concerts. (Photo by Abby Klaas)

Twirling

captive thoughts

By Anna Terpstra

Ever since I was a little girl taking baton lessons at old Central it was my dream to twirl for Ames High. I can remember seeing the excitement in the big kids' eyes when they came back from tryouts. The sparkling orange and black outfits caught my attention, and from then on I wanted to be a twirler.

It wasn't until my sophomore year at Ames High that I got up enough confidence to fulfill my plans. By that time, there were no twirlers left. If I was going to twirl, I would have to do it myself. I made the choice to dig out those orange and black uniforms and do what I wanted to do for so long.

Waiting in the band room before the first football game, a million thoughts went through my head; what if people laughed, what if I couldn't remember my routine, what if I dropped the baton and made a total fool out of myself. But I put a smile on my face and went out to do what I love to do, twirl.

Over the last three years I have spent countless hours working on routines, practicing with the band, and learning new stunts. All of the work paid off. Not only did I get to go to Chicago with the band, but I made great friends that I might never have made. However, the biggest pay off was twirling fire for the Ames homecoming during my senior year. There is something magical about homecoming night that when I stepped out onto the field in my orange and black, I became a part of it. The excitement of the crowd when I lit the baton was an exhilarating feeling and the kind of stuff great memories are made of.



Symphonic Band. Front Row: J. Hertz, E. Kim, J. Anderson, R. Berning, B. Smith, J. Collins, S. Craig, M. Donahey, J. Flehler. **Second Row:** L. Sargent, M. Willard, S. Dietz, C. Houge, C. Ma, C. Hulatt, H. Christensen, K. Whitaker, A. Olson, M. Biggerstaff, J. Fisher. **Third Row:** Gardner, M. Mundt, B. Stott, B. Chacko, J. Moore, A. Henderson, P. Hove, D. Patrick, J. Morain, J. Coats, J. Bowman, M. Harms, K. Hodges, C. Klocke, G. Horton, J. Rhyon, B. Douglas, J. Good, F. Greer, A. McConnell, A. Smith. **Back Row:** S. Kliebenstein, B. Hill, R. Harris, Z. Frederick, J. Olson, Director H. Gartz, N. Bertelson, B. Takle, D. Stinehart, R. Hartman, J. Halliburton, S. Eaker, L. Freeman, J. Nelson, D. Ginder, B. Parrish, G. Collins.

Concert Band. Front Row: J. Hertz, E. Kim, J. Anderson, R. Berning, B. Smith, J. Collins, S. Craig, M. Donahey, J. Flehler, K. Place, J. Skaff, B. Butin. **Second Row:** L. Sargent, M. Willard, S. Dietz, R. Hsu, H. Herold, C. Skrdla, A. Olson, S. Stevenson, M. Biggerstaff, J. Fisher, K. Krueger, A. DeHoet, J. Schrad, E. Patrick, J. Lee. **Third Row:** M. Whitaker, A. Gardner, M. Mundt, B. Stott, B. Chacko, M. Padilla, C. Burnham, J. Moore, A. Henderson, K. Hodges, C. Klocke, G. Horton, J. Rhyon, B. Douglas, J. Good, F. Greer, A. McConnell, A. Smith, E. McKay, J. Hugdahl, J. Troeger, C. Houge, C. White, C. Hulatt, H. Christensen, K. Whitaker. **Fourth Row:** T. Triplett, R. Devine, C. Gellna, A. Knoedler, M. Cooper, C. Williams, P. Hove, C. Burnham, S. Jolly, D. Evans, M. Hefley, D. Slivesind, L. Welch, M. Shimkus, J. Wray, M. Janowiak, H. Moyer, J. Millemann, D. Patrick, J. Morain, E. Hippen, J. Coats, J. Bowman, M. Harms, N. Adair, E. Pavlik, S. Bailey, M. Prins, L. Freeman, J. Nelson. **Back Row:** S. Kliebenstein, B. Hill, R. Harris, B. Hartman, J. Petersohn, Karen Moon, Erik Tosten, Z. Frederick, M. Olson, T. Holland, A. Proesholdt, Director T. Nehls, Director H. Gartz, N. Bertelson, B. Takle, D. Stinehart, R. Hartman, S. Ellmaker, J. Halliburton, P. Shupp, R. Lewis, D. Millen, D. Ray, C. Brace, J. Ng, S. Litchfield, D. Good, J. Liao, A. Rosenbusch, P. Fanous, D. Byg, J. Burns, D. Ginder, B. Parrish, G. Collins.

captive thoughts

By Laura David

I was incredibly excited and flattered when Mr. Linn asked me to direct the skit for the Madrigal Dinner. I was in it last year and think it's great because it gets more people involved in Madrigal than just the 24 Chamber Singers.

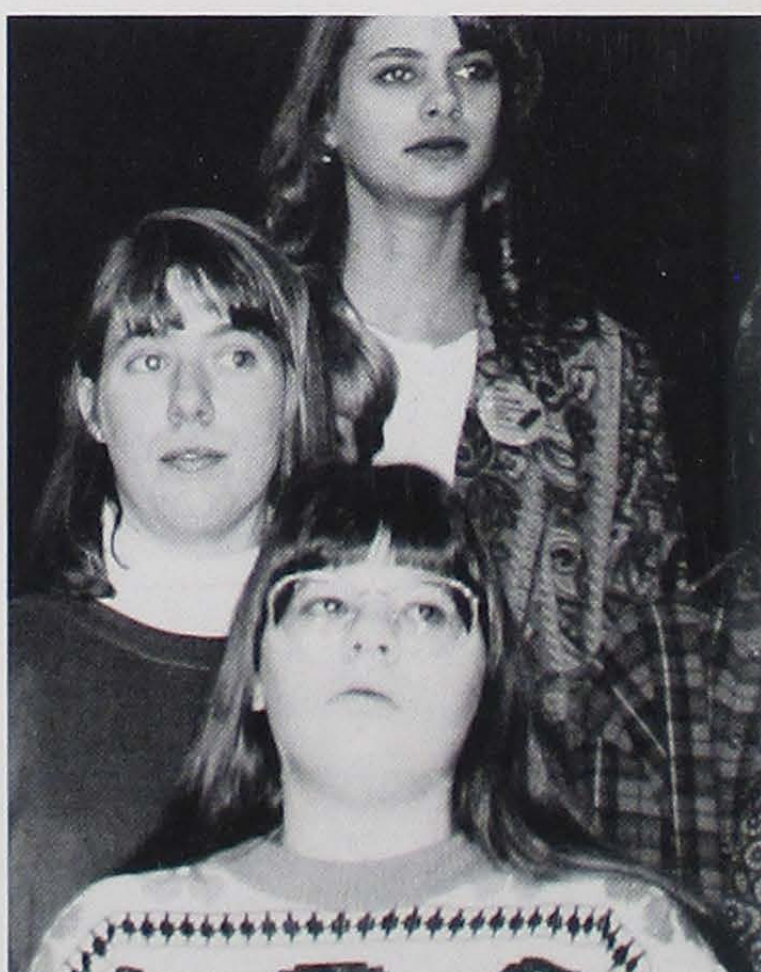
My first conflict came up when Mr. Linn gave me the script. The Brothers Grimm telling the story of Rapunzel had eight male parts and only two female roles! And the Ames High choir department is overrun with females, and desperate for enough males. So with almost all the guys in Chamber Singers and a raging multitude of upset women who didn't get in, I knew there was no way to do the script as written.

So I sat down one night and rewrote the script. I gave Rapunzel a mother, made the beggars female, and changed the Brothers Grimm into feminist sisters.

Our three men were incredibly talented, but we almost killed two of them for not learning their lines. We finally resorted to driving to one's house and getting him for rehearsal.

After this experience, I definitely have more respect for Mr. Linn, Hank, and anyone else who tries to get us to do anything creative on stage.

Singing at the Martin Luther King, Jr. Assembly in February, juniors Joy Troeger, Jennifer Leek and Beth Holger watch director Steve Linn. The three were member of Concert Chorale. (Photo by Abby Klaas)



Waiting patiently as senior Erin Hoffmann helps arrange her hair, senior Katie Abendroth prepares to perform at the annual Madrigal Dinner in full medieval costume. (Photo by Angie Davis)



Screwing up his face in irritation, senior Mark Skluzacek undergoes the torture of having makeup applied. For the men in Chamber Singers, this was a new and somewhat harrowing experience. (Photo by Angie Davis)



Chamber Singers. Front Row: Bliss Newton, Erin Hoffmann, Amanda Hetzel, Shonda Gibb, Jenny Nilsson, Heather Alexander, Jennifer Phillips. **Second Row:** Dana Patterson, Steve Shapiro, Jason Sturges, Jack Liao, Toby O'Berry. **Third Row:** Jackie Zenor, Jana Hertz, Jessica Huggdahl, Sara Stevenson, Shirley Keller, Katie Abendroth. **Back Row:** Joss Nichols, Ben Ford, Mark Skluzacek, John Baty, Brian Parrish, Jonathan Good, Barrett Randall, Mathew Prins, Scott Allen.



Concert Chorale. Front Row: Marnie Anderson, Jenny Nilsson, Courtney Huiatt, Melani McCracken, Amy Johnson, Jennifer Phillips, Bliss Newton, Kim Henman, Heather Alexander, Angela Smith, Erin Mann. Second Row: Dana Patterson, Katie Abendroth, Melissa Kell, Gwendolyn Horton, Delle Pantenburg, Avanti Athreya, Tim Reger, Debbie Katz, Amanda Lloyd, Joy Troeger, Amanda Hetzel, Angie Shirk. Third Row: Cori Kindred, Beth Holger, Jessica Hugdahl, Shirley Keller, Lisa David, Toby O'Berry, Shonda Gibb, Scott Reger, Steve Shapiro, Derek Shonrock, Jason Slater, Lisa Hertz, Jennifer Leek. Fourth Row: Ben Ford, Josh Huntington, Ed Kratsur, Ben Lewis, Matt Ridall, Collin Paige, Brian Parrish, Jonathon Good, Clint Zeimet, Amy Henderson, Mark Skluzacek, Don McKernon.

Choirs settled down to building their program

Tuning Up

"Mama made me mush my M&M's!" This wasn't an exercise for speech class- it was the Ames High vocal music department warming up for its second year with its new director. After the hustle and excitement of his first year, the members of the Concert Chorale and Choir, and Freshman Choir settled down to the task of improving their sound in a variety of ways.

"This year had been very different. I think Mr. Linn has finally got things under control because he's fairly new," senior Sophia Ellmaker said. "He's been trying some different things and I think it had helped the choirs grow. We had two or three workshops this year and our music has been really challenging. I think we were all inspired at the winter concert when Tanisha Cosby sang solo, *My Country 'tis of Thee* with the Concert Choir doing background harmony. That was really great."

Inspiration was the power behind many of the pieces the choirs performed. To help them tap their energy, director Steve Linn arranged a guest director to spice up the choir period.

"Dr. Torkildson came from Wartburg College. He's a very good director who works with the All-State choir. He worked with us on our rise and fall and on putting emotion into our voices," senior Darren Boehlje said.

Whether singing religious pieces, traditional songs, or current tunes, the choruses all put special emphasis on making their sound strong and unique.

"We sing slow songs and classical music, different kinds for different concerts. We work on emotion and we have a lot of rise and fall in our songs so that's really important. I never think about the music being religious or classifying it that way, we just have to put a lot of energy into all our music," sophomore Katie Rhodes said.

The Chamber Singers needed to exaggerate their emotions as well as polish up their poise and jousting techniques when they took on the job of performing the Madrigal Dinner. Dressed in velvet robes and crowns, they presented an evening of medieval music, comedy, and, of course, food.

"Madrigal was very enjoyable. We were able to take our choir experience out of the choir room and use it in a more theatrical forum. It was lots of fun because of the costumes, the action and the unusual music. I liked the setting because it was more of a relaxed setting than standing up in front of hundreds of people and just singing. You could just be yourself," junior Derek Shonrock said.

Between mushing M&M's and serving boar's head on a platter, the vocal music department adjusted to the business of building a strong and successful program.

By Adrienne van der Valk

Iron Lungs

Coming to school before anyone else and staying late after school is not ideal for most students. But when various contests came up throughout the year, many choir members came in early and left the school late to prepare for them.

Large group contest was one of several competitions choir members participated in. The group sang a selection of songs in a 10 minute period. To prepare for different contests, groups rehearsed with the help of Director Steve Linn.

"Every day in choir, we just sing the songs over and over again to perfect them. He has us sing acapella and when we finish, he plays the note on the piano to see if we were in tune. If we weren't, he makes us sing it over again until we get it right," sophomore Jenny Ellett said. "Sometimes we never get it in tune, so it gets kind of boring, but it can make a difference if everyone does it correctly."

In the fall, freshmen had an opportunity to go to OPUS which consisted of a seventh and eighth grade girls' choir, a seventh and eighth grade boys' choir, and a mixed ninth grade choir. Making the elite choir took much time and preparation.

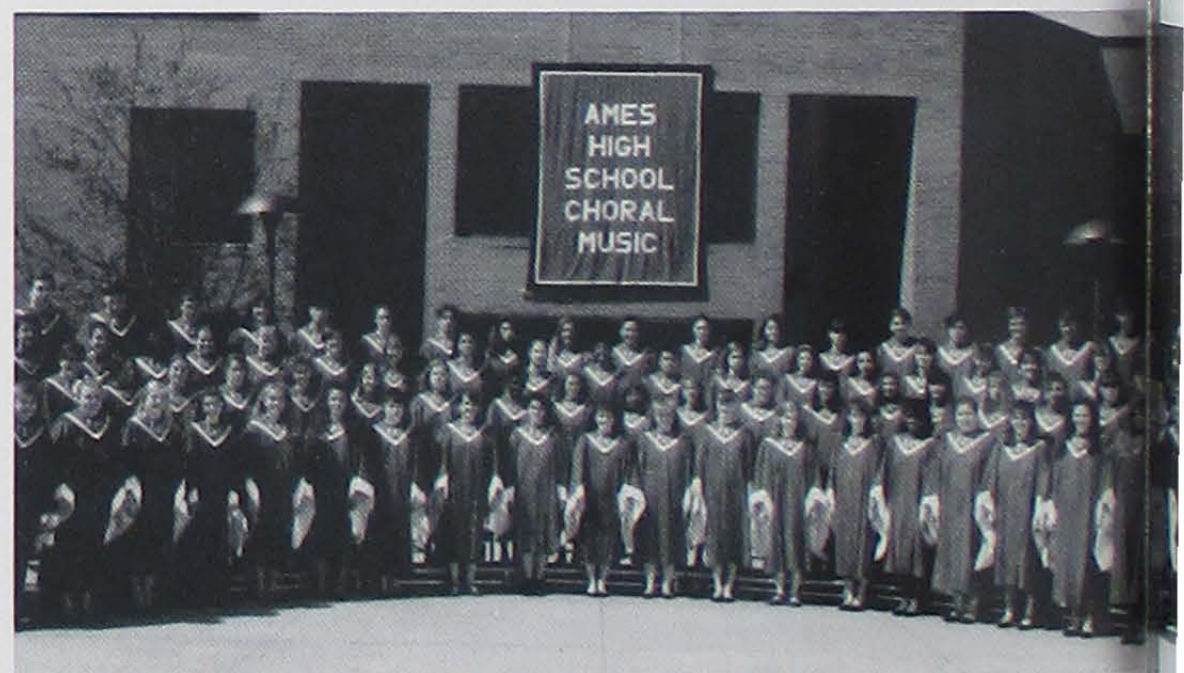
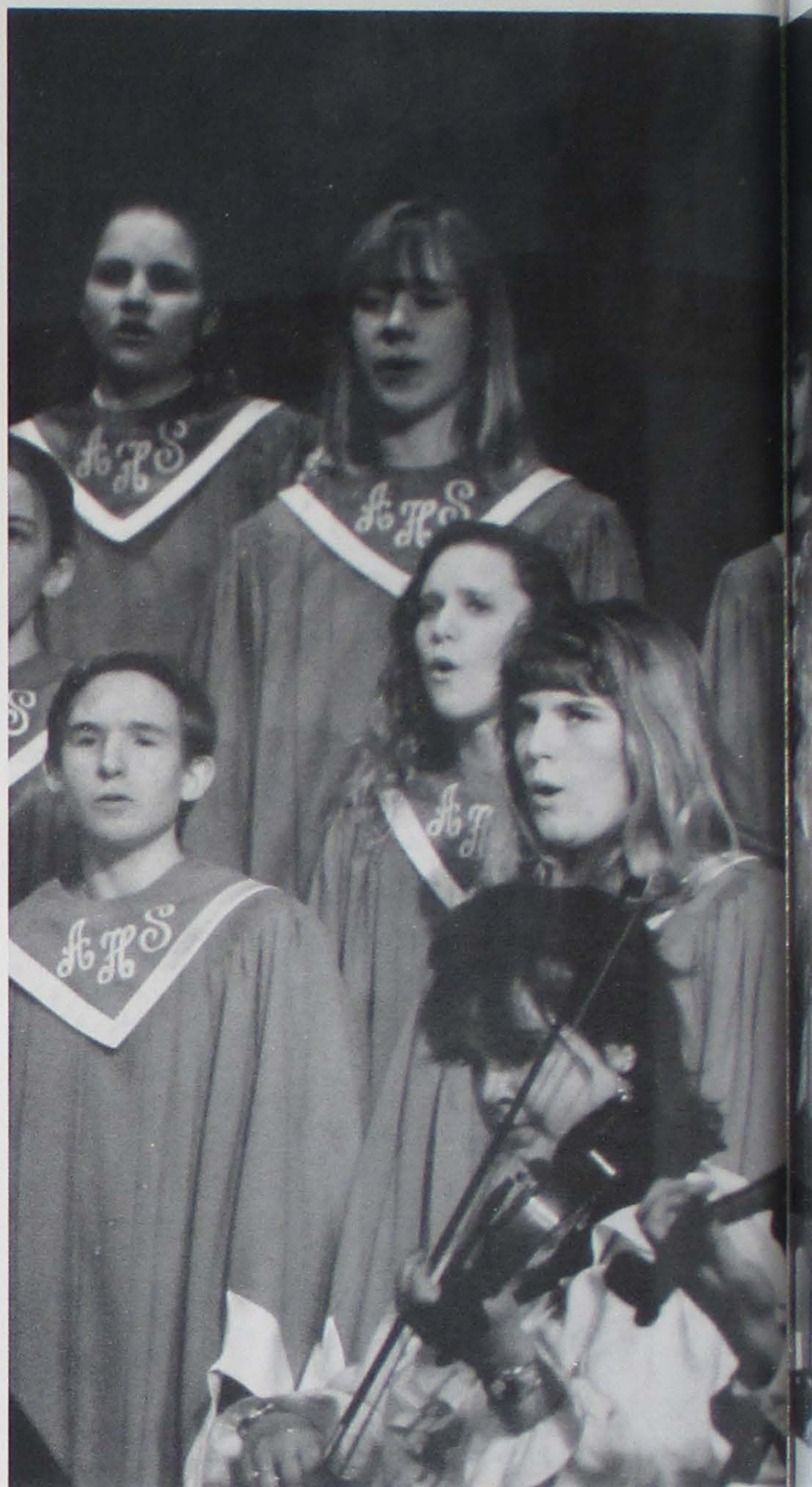
"I had to audition for OPUS because Mr. Linn can only send in eight people. We had to learn a part to one song, tape it, and send it in. The people at OPUS decide who gets in," freshman Angie Gabrielson said. "When I found out I got in, I got the rest of the music to learn. We sang five songs and practiced at the Middle School and had our final performance at C.Y. Stephens Auditorium. It was really fun because people wanted to be there and took it seriously. There were 40 people for each part, so the sound was really well balanced out."

While only freshmen could audition for OPUS, all choir members could participate in State Solo/Small Ensemble contest. Scheduling practices together for competition may have been difficult, but contest proved fun.

"Contest is always tons of fun, everyone supports each other so much. We go listen to each other in the centers and we always have to hug everyone," junior Shonda Gibb said. "I did a solo, two duets, and was in a chamber choir. To prepare, it's hard to get everyone together at the same time to practice, so I always end up cramming rehearsal in every available minute the last two weeks before contest. I did a duet with Jennifer Phillips and we got a I. I was really frustrated because on my solo, I fumbled a couple of words and missed a I by one point." Judges critique students by a number system, ranging from a I (superior) to a V (poor).

Even if choir members didn't get the ratings that they wanted, contest turned out to be a good experience. Coming back with high scores from contest proved that practice does make perfect.

By Becca Stott



Concert Choir. Front Row: C. Gelina, J. Larson, H. Herold, J. Zenor, L. Bendig, M. Lutz, A. Boell, A. Munch, D. Harris, S. Jaspering, J. Schmidt, K. Swyter, J. Cheney, K. Heuss, M. Emiola, S. Divine, J. Bilske, K. Day, D. Bovee. Second Row: C. Martin, K. Taylor, J. Anderson, A. Warner, S. Croy, E. Patrick, J. Holder, N. Fisher, C. Best, K. Messenger, L. Kelly, B. Foley, S. Jolly, E. McCay, J. Gardner, L. Sargent, M. Padilla, J. Ackerman. Third Row: P. Daniel, S. Kenealy, T. Cosby, N. Osborn, M. Ham, E. Olson, S. Teas, M. Jarboe, J. Sturges, C. Englehorn, J. Liao, A. Clarke, S. Wietzel, M. Richardson, P. Olson, J. Jansen, J. Ellett, C. Hegland, S. Stevenson. Back Row: D. Begg, B. Randall, M. Robinson, J. Lathrop, P. Suh, H. Steskal, J. Nichols, K. Kilorn, K. Rhodes, D. Vogel, L. Rice, H. Wright, M. McDorman, M. Prins, E. Lehmkuhl, D. Good, A. Johnson, J. Baty.

One of the benefits of having different music groups at the high school was the opportunity for groups to give concerts together. The orchestra played with the Concert Choral as they sang the *Hallelujah Chorus* of the *Messiah* by George Frederic Handel. (Photo by Beth Myers)

There were many different groups for the mixed voices in choir, but for the first time, the department featured a bass choir exclusively for the males. Watching director Steve Linn for their cues, the choir performs at one of their concerts. (Photo by Beth Myers)

All-State

captive thoughts

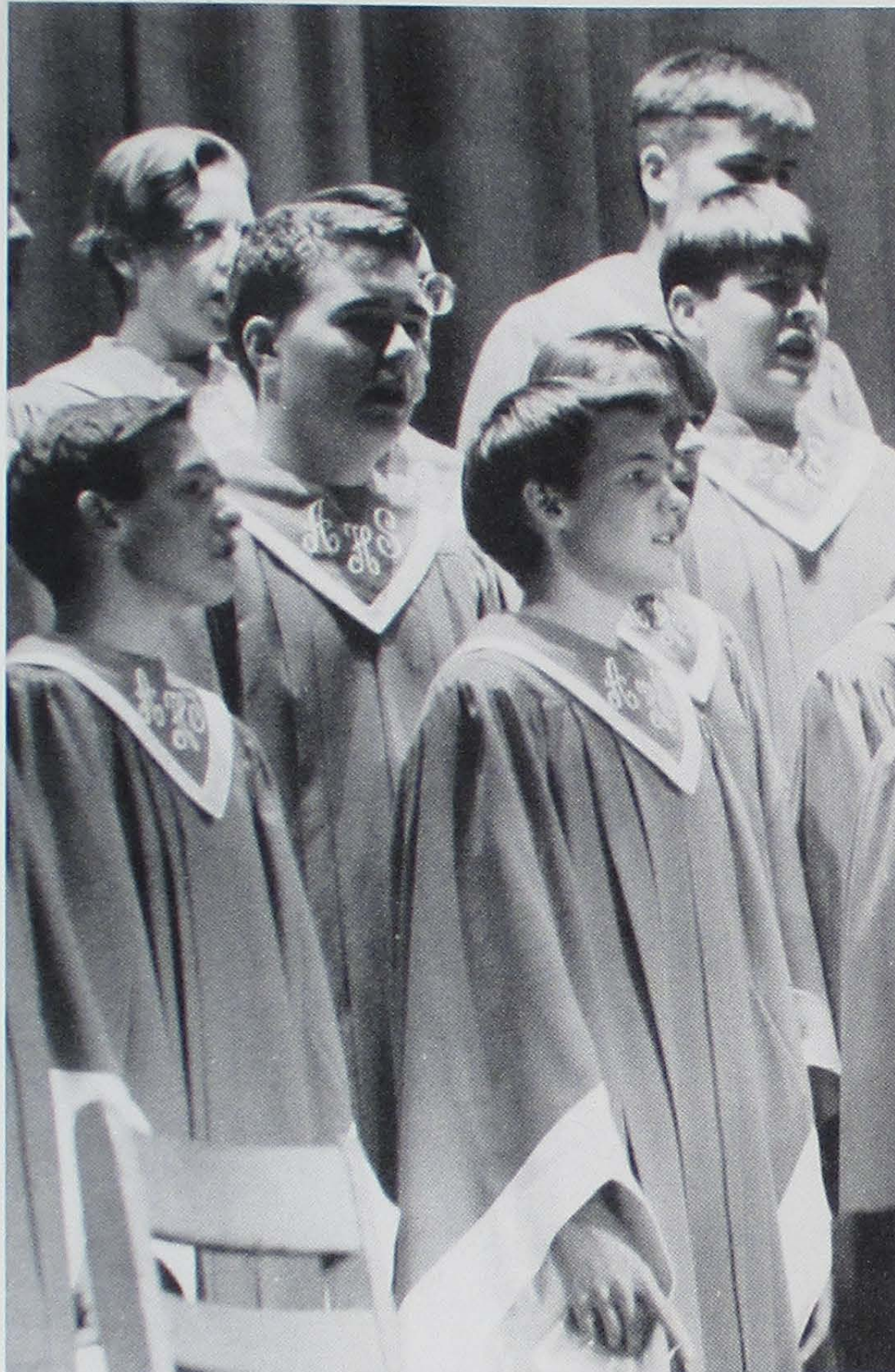
By Steve Shapiro

Practices so early the sun hadn't hit its snooze alarm yet. Practices slipped in between eighth period Chem and cross country. Practices after Seinfeld at a member's house. Weekdays. Saturdays. Mornings. Day after day, week after week, the only thing that mattered was getting the rhythm of "Jubilate Deo," staying on pitch in "My Country," and nailing the fortes in "Children Go."

With high expectations we set out to test the adage: "Practice makes perfect." The majority of us found that practice just makes more practice. As a first time All-State auditioner, I learned that singing in a quartet is different than singing in the shower: one has to know the music backwards, upside-down, and inside-out (even in Pig Latin would help).

The day of auditions was hours and hours of nothing but hours and hours. This is where the truth was told, where the budding Pavorattis got plucked from a sea of choral jetsam. Each quartet had a mere seven minutes to convince the judge to accept them.

It was hard to face the fact that in spite of the hours I put in to auditions I had nothing to show for it, it was easy to be happy for those who's work paid off. Maybe I'll go back to singing in the shower. Well, only if the record deal with Columbia falls through.



With mouths open and perfect pitch, the freshman choir performs at the Winter Concert. Singing at concerts let the freshmen show off their hard work and talent to family and friends. (Photo by Beth Myers)

Ames High School Choral Music. Front Row: A. Gabrielson, M. Staudt, J. Suh, C. Roberts, S. Shields, T. Popelka, S. Chaplin, M. Goehring, A. Shapiro, K. Loveland, E. Woline, E. Saari, A. Cook, X. Li, H. Mayer. Second Row: U. Mitra, T. Dayal, J. Whalen, K. Meyers, K. Dobberke, A. Smith, D. well, S. Valline, E. Jahr, E. Silet, J. Quamme, Q. Xi, G. Wilson, S. Brcka, N. Meyers. Third Row: Palmas, E. McMullen, R. Schinnow, Y. Hou, A. Hawkins, L. Mills, E. Dobbs, C. David, N. Carroll, S. mers, J. Rehbein, K. Burlingame, R. Epstein, A. Leeman, L. Elschen, M. Upchurch, M. nson. Back Row: A. Hugdahl, K. Hawbaker, S. Cole, T. Hefflefinger, J. Bents, M. Lueth, D. C. Curtis, C. Allen, J. Hiett, B. Spike, L. Miller, P. Knutsen.

captive thoughts

By Laurel Nakadate

Terpsichore 1993 was like an overflowed toilet... completely humorous and always shocking.

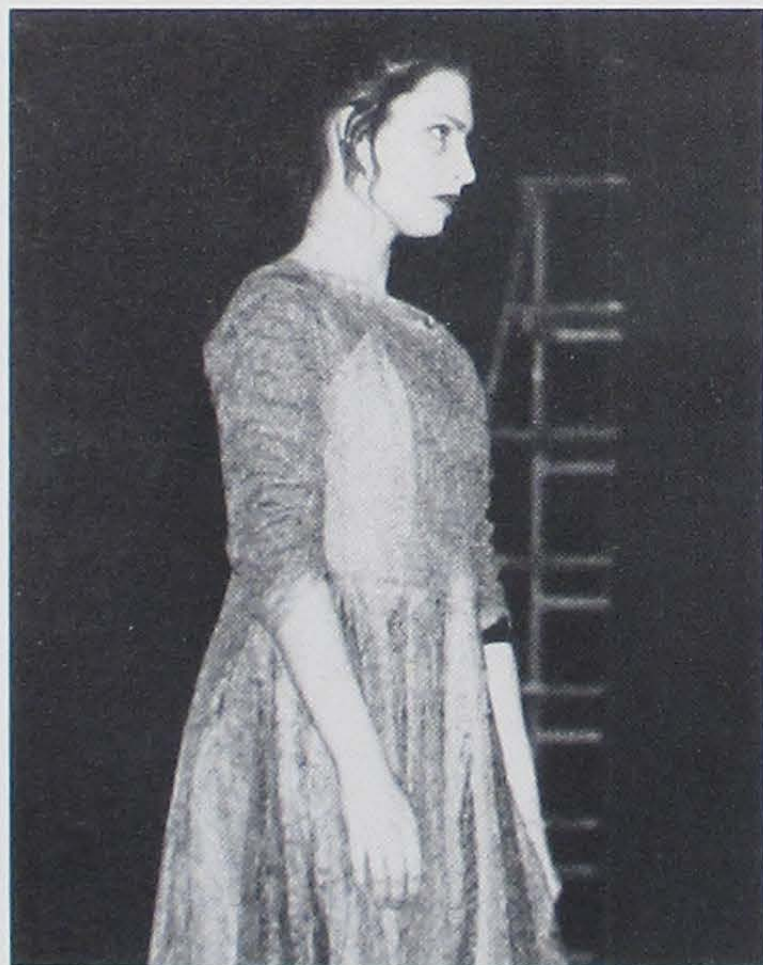
My personal highlight was when Jacinda Bunde made the little rubber chicken dance like Madonna backstage.

And now at the request of the great Amy Jo Brown(noser) I have two questions for our viewing audience: do red and pink lycra match? and what night did they video tape? I believe the answer to the first question is a little personal, but the second I will attempt by using deduction. Which night did the pillars flop around in the middle of AJ's dance? Friday. And which night did the beginning of my music get cut off? On Friday. And which night was the front row filled with hormone bloated teenage boys that were oh-so-respectful? Oh, well that must have been Friday. Let me guess—they video taped Friday.....Oh good!

I must say Terpsichore '93 was definitely funky fresh. Where else can you go and hear three Madonna songs in one jivin' evening?

beginning their dance, freshman Carisa Ripley and junior Julie Simonds raise their arms to symbolize diversity. The dance was choreographed by Lisa Van Cannon and Molly LaGrange. (Photo by Angie Davis)

doing a jazz kick, senior Jacinda Bunde dances to "Words" by Madonna and choreographed by Bunde. Senior Laura Larson and freshman Melissa Peterson also performed the dance. (Photo by Angie Davis)



Searching out her victims in hopes of sucking blood, junior Amy Jo Brown stands waiting for her prey during her the dance she choreographed, "Dracula." (Photo by Angie Davis)



dancing to "Keep the Faith" by Michael Jackson, dancers try to perfect their moves during a Tech Week rehearsal. The dance was choreographed by junior Jana Skaff. (Photo by Angie Davis)

While dancing to "Back in Business" by Madonna, freshman Melissa Peterson leads the group of nine dancers. The song was one of three in the show by Madonna. (Photo by Angie Davis)





Choreographers blend styles into 16-dance show

Funky Chicken?

The moment is tense. The curtain rises slowly to reveal 10 dancers posing silently on stage. As the pop-rock music and lights unite, the dancers swiftly glide back and forth across the stage. Then out of nowhere, a rubber chicken falls onto the stage, becoming part of the fun of being in Terpsichore.

Inside jokes such as the rubber chicken seemed to help take the stress out of preparation for the two-hour dance show which was performed Feb. 25-27. During practice, the rubber chicken came out at the wrong time but was on cue during the performance.

"The rubber chicken was used in the still-lives between a few of the dances. It was kind of the theme," said senior Laura Larson, a choreographer.

But Terpsichore wasn't all rubber chickens. There were many tedious hours of exhausting practices. About 15 hours of practice went into Tech Week alone. Dancers worked from 2-9 p.m. most nights during Tech Week, which was a chance for everyone to polish dances in costume.

"The most stressful thing about Tech Week was that after we did the dance once, we had to do it again and again," sophomore Sarah Teas said.

Because there were 16 dances in the show, many groups wanted the stage for rehearsals at the same time.

"When we had practices, only one dance could use the stage at a time, and it is really important to have stage time because that is the only way that we can get the spacing right," junior Ghina Goodfriend said. "During rehearsals, all of us wanted time on stage because the dancers needed that experience. Some of us got into arguments, but we usually were able to compromise by letting each group have half an hour, then letting another group have it."

Adding to the problem of fighting for stage time, there were twice the number of choreographers than normal, which made all the elements of Terpsichore harder to organize.

"The show was twice as long as last year because there were so many people who wanted to choreograph. More dancers and choreographers made it difficult to organize things, because with so many people there were so many different ideas and so many different ways to do things. But in the end, it all came together and made a really nice show," senior Anna Terpstra said.

Despite the hardships, the rubber chicken fell at the right time, and the show was a success.

"The show came off very well," senior Gwen Horton said. "We thought it was good and the audience enjoyed it a lot."

By Ty Troxel

Organizations



Act I

Scene 2

The scene is the Ames High auditorium as budding Thespians take to the stage to test their talents in front of the most fickle of judges: a live audience. Some are nervous and some are assured, but when it's over, all are glad they went through with it.

Characters (in order of their appearance): Chris Burnham, Ben Lewis, Angie Shirk, Terrill Johnston

The stage is bare except for four chairs downstage right. Enter CHRIS BURNHAM, BEN LEWIS, and ANGIE SHIRK stage left. Both ANGIE SHIRK and CHRIS BURNHAM were student directors of One Acts and enjoy the opportunity to talk about their experiences. BEN LEWIS performed in the One Acts. They are conversing with one another.

CHRIS BURNHAM (introspectively):

All senior Thespians have the opportunity to direct a One Act. I wanted to be a director ever since I saw them as a freshman. Student directors have to do all their own costumes, props, scenery, blocking, and I even had to edit mine because it was too long. Each director had one assistant to help with the rehearsals and other things.

BEN LEWIS (dreamily):

Directing gives you control over everything. You have the power to change the whole show—the set, the props, the characters. You have the power to make it good or bad. I would like to direct one next year. It would be a good finish to my high school drama career.

ANGIE SHIRK:

It was definitely a learning experience for me. I learned how to work with all different types of people—everyone has a different temperament level. So many people have so many different ideas and opinions. It was hectic up until the last minute. Things didn't come together until the night of the first performance, but that's all right, I was never bored.

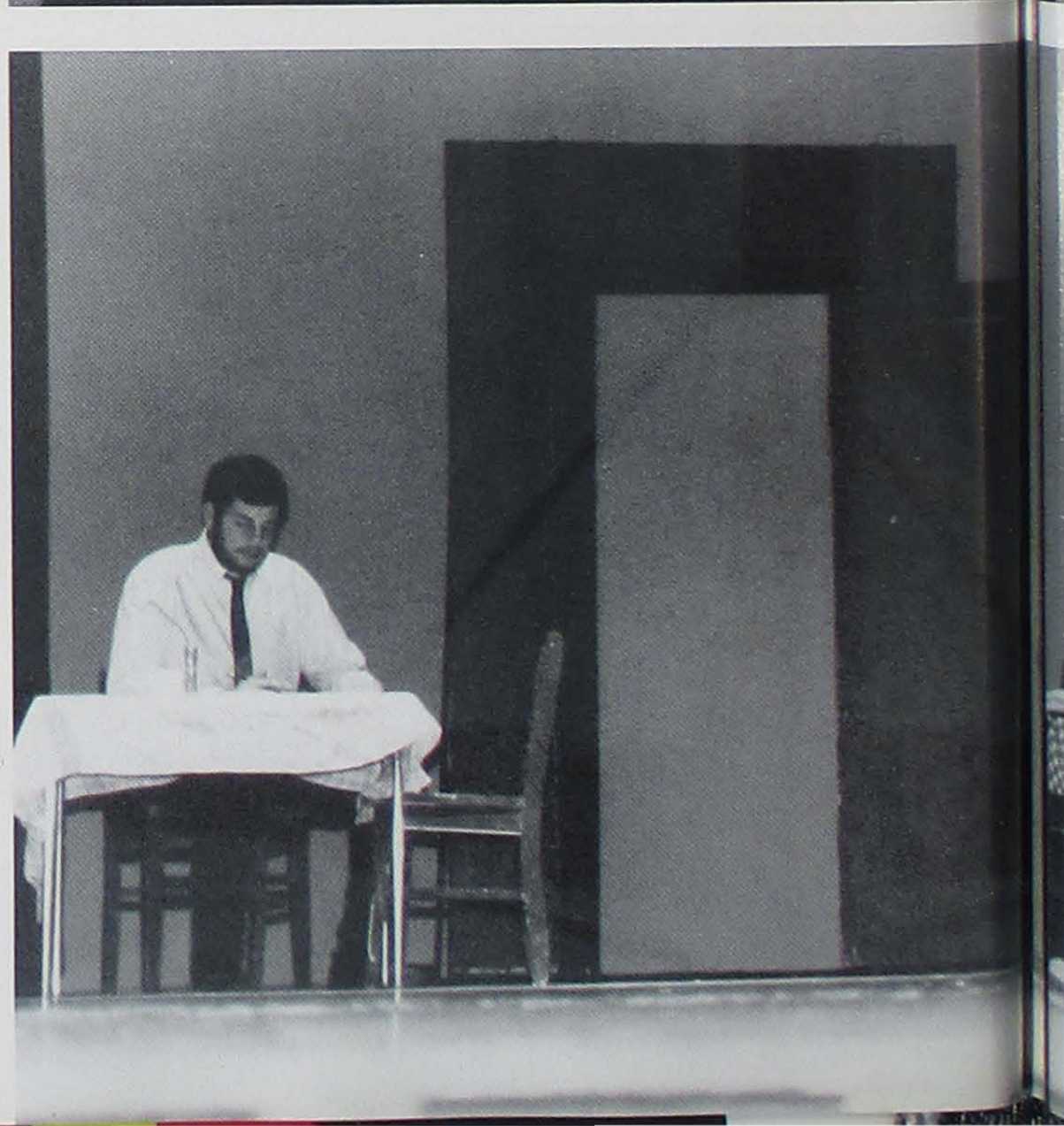
*The three sit down next to TERRILL JOHNSTON, an actress in the play **Murder in the Magnolias**. She loved the play and expresses it openly.*

TERRILL JOHNSTON (expressively):

It was a neat, neat play that had great characters. The casting was perfect, and I can't imagine anyone else playing any of the characters. . . . We all got along and everyone worked well together because we had so much fun. No one got stressed out or nervous, we just went out each night and had fun making people laugh.

Lights dim. Curtain falls. . . . Until the next performance.

By Steve Shapiro



Standing on a stool, junior Becca Jones portrays a talking monkey in *Words, Words, Words*. Senior Heather Alexander directed the comedy. (Photo by Margie Mayfield)

Pondering his task at the typewriter, junior Tyler Uetz portrays a monkey writing *Hamlet* in the one-act *Words, Words, Words*. (Photo by Margie Mayfield)

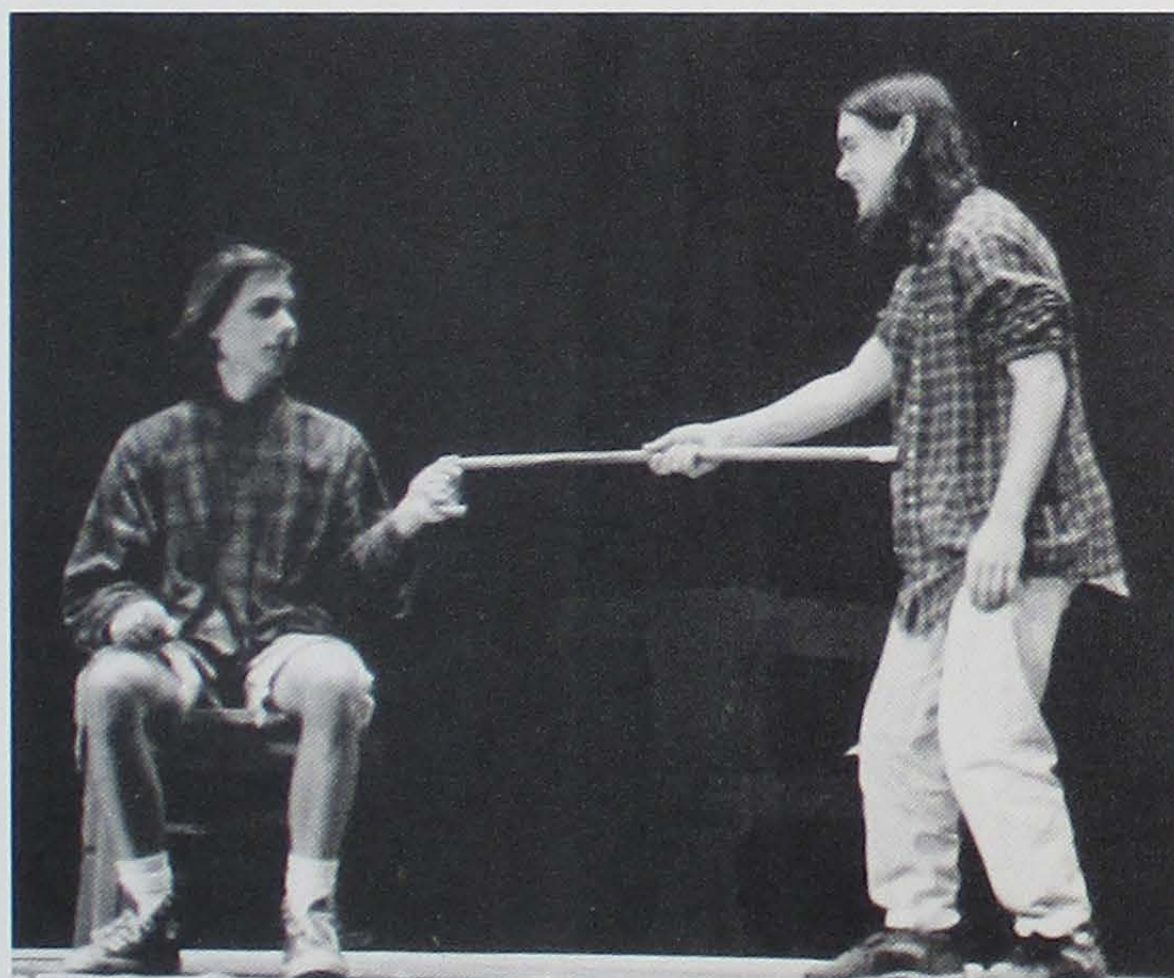
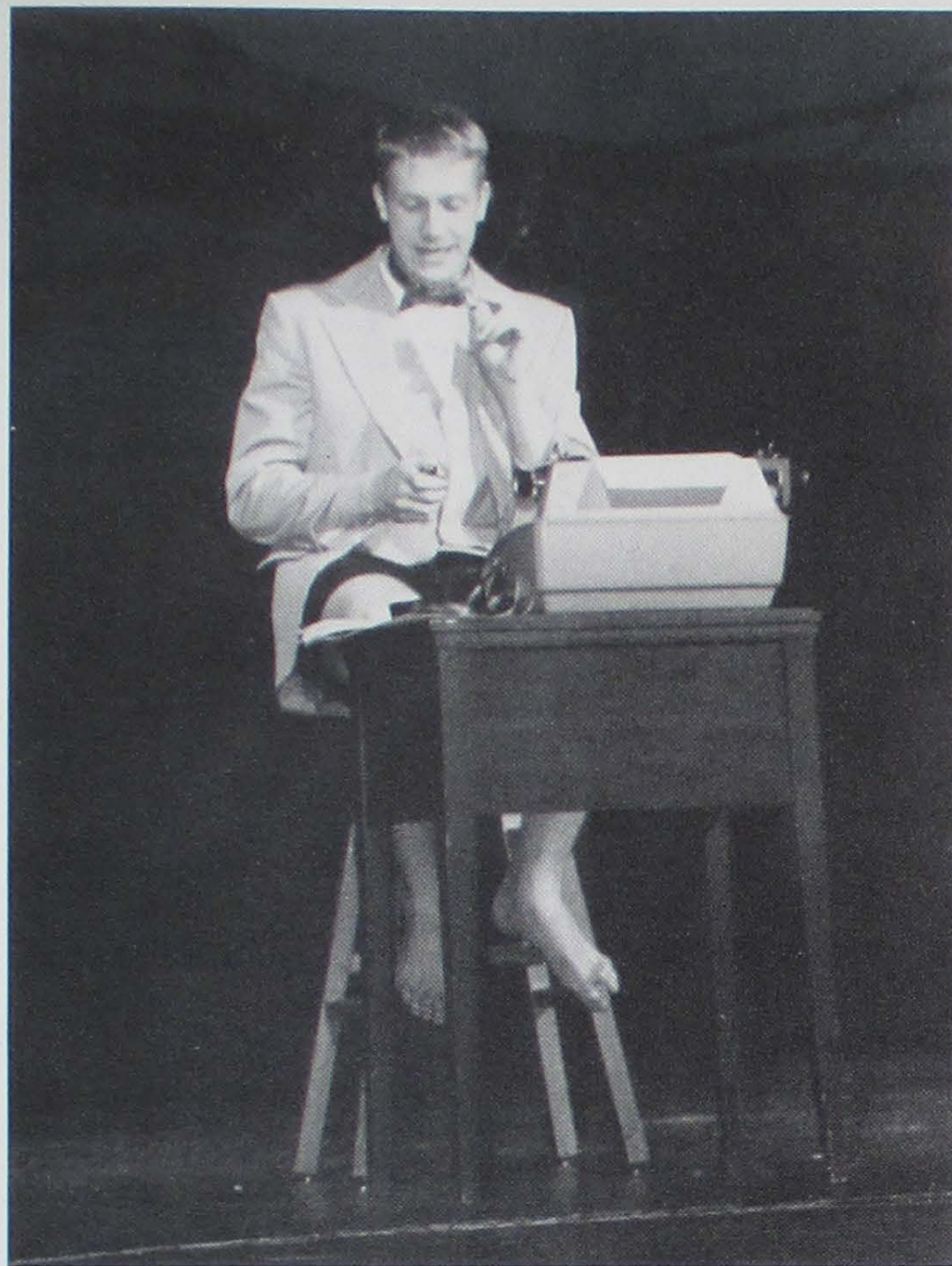
Tech Crew

captive thoughts

By Mike Cronin

The Tech Crew is made up of high school students who enjoy working long hours, drinking large amounts of Mountain Dew, and occasionally being shocked with electricity. We are called upon to do lights and sound for a variety of performances in and out of the Ames High Auditorium. In the past year we have worked on three full-length plays, seven one-act plays, three dance shows, a police benefit concert, Madrigal Dinner, and numerous Ames High musical concerts.

The Tech Crew has an integral part in the production of plays at Ames High. Every play uses a different set up of lights and sound to make the mood the director wants. In *Murder in the Magnolias* a dusty run-down southern plantation was the scene. We used dim amber lighting to get this feeling across to the audience. Hours worked on the Tech Crew for plays go towards membership in Thespians. If you are not one to act, but enjoy working around plays and having a good time, the Tech Crew is for you.



In the play *One Egg*, directed by senior Heather Christensen, juniors Brian Parrish and Maggie Noland play the roles of old friends reunited over a discussion about the fact you can't order just one egg. (Photo by Margie Mayfield)

Trying to remember their lines, sophomore Derek Shonrock and junior Roland Anderson rehearse for the spring play, *Murder in the Magnolias*. The drama department performed the play May 20-22. (Photo by Angie Davis)



Seating herself in *Impromptu*, senior Adrienne van der Valk's character debates the nature of the theater while senior Jenny Nilsson watches. Karen Sternberg directed the one-act. (Photo by Margie Mayfield)

on the loose

m

onday. Wake up. Skip breakfast. Go to school. Go to cross-country practice after school. Go home and take a shower. Watch TV. Do homework. Talk on the phone. Go to bed. Our daily lives may have seemed monotonous to some, but we soon learned how to make the days go faster so the weekends would come sooner.

Going out to breakfast became a new tradition as students started class at 10 a.m. every second Wednesday of the month because of teacher inservices. When the weekend finally came, we kept busy trying to find new activities. Some of the more daring risk-takers tried white-water rafting and bungee jumping in their free time. On September 11, we broke away from the everyday Friday night hangouts, such as Burger King, for the U2 Zoo TV tour at Cyclone Stadium. And as rain greeted us most of spring, we tried to escape our everyday activities by attending a quiet Veishea, Farm Aid VI, or Drake Relays all on April 24.

When we weren't working, doing homework, at some type of practice, or catching up on some much-needed sleep, people watched out—because we were 1,377 Ames High students on the loose.

By Karen Hsu



Celebrating her sweet 16 birthday, sophomore Lindsey Pyle and Lisa Glantz wait to ride in a limousine. Pyle's mother arranged for a limousine to pick her and a group of her friends up after school as a birthday surprise. The limo was complete with cash for local fast food drive up windows. (Photo by Beth Myers)



student life



Adrenaline Rush

Students faced fears
through adventures



Far and Away

Distant friendships
offered new
opportunities



Political Spirit

Election frenzy drew
student involvement



Child's Play

Kids at heart found
time for inner child



Home Alone

Latch-key kids faced
responsibility

during football season, some students chose to celebrate before a win. Seniors Brad Johnson and Bliss Newton tailgate with friends before the home game against Fort Dodge on Sept. 18. The Little Cyclones were victorious that night, defeating the Dodgers 35-14.

(Photo by Abby Klaas)

Adrenaline

students faced fears through adventures

Rush

Cape Fear and *Silence of the Lambs* grossed millions of dollars. Perhaps their success was due to the acting involved, or the screen play, but often times it was neither. Many viewers paid the \$4.50 to be scared.

Students found ways to reproduce the rush that they got from simply being frightened in the theaters.

"There were a bunch of places by our hotel (in the Bahamas) where you could go wind surfing or parasailing. I decided to go parasailing, but I was really scared at first. I was imagining me hitting something and then plunging into the ocean and drowning. But once I got up in the air, it was just beautiful," junior Amy Jo Brown said.

Experiencing a beautiful view powered many to overcome their fears.

"We were snorkeling in Australia and I saw this fish, then I turned to look at a turtle. But when I turned back, half of the fish was floating up to the top, and the other half was in a shark's mouth. I was kind of shaky, but I thought it was cool," sophomore Bruno Gilchrist said.

Water was an unknown for many and, likewise, something they feared. Facing the crashing waves head on gave some a rush like no other.

"Last summer a friend and I went white water rafting in Colorado. We were alone in this little two-man boat, so instead of relaxing we had to fight the rapids ourselves. The guide kept yelling commands at us and two other two-man boats, but we were too far ahead to hear," senior Kristy Lakin said. "It got scary when one hit a cliff and the other flipped. But we wanted to prove we could make it on our own, so while the big rafts helped them, we kept going. It wouldn't have been as fun if we had the guide there telling us where to go and what to do. It was like we were on our own little adventure."

Tour groups let others experience danger, without the fear of being alone. Freshman David Cook found his horse ride and climb in the Grand Tetons exhilarating.

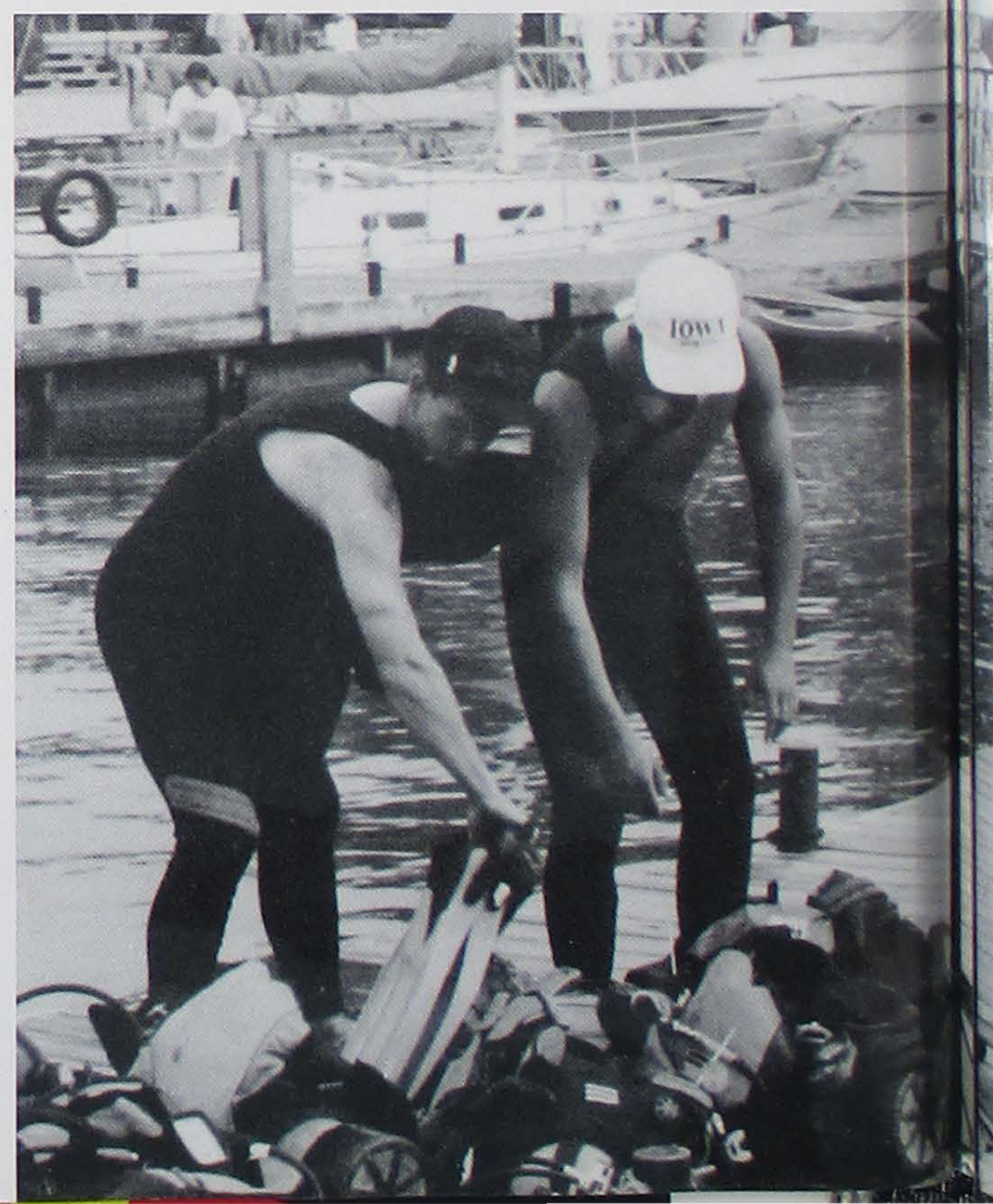
"We went on horseback up into the mountains, but once we started actually climbing, we got to go where we wanted to. We were up pretty high, about 1,000 feet and you could see all around; it was beautiful. When we were going down again it was really steep, and my horse and I started sliding. I almost fell off, but the horse finally stopped," Cook said.

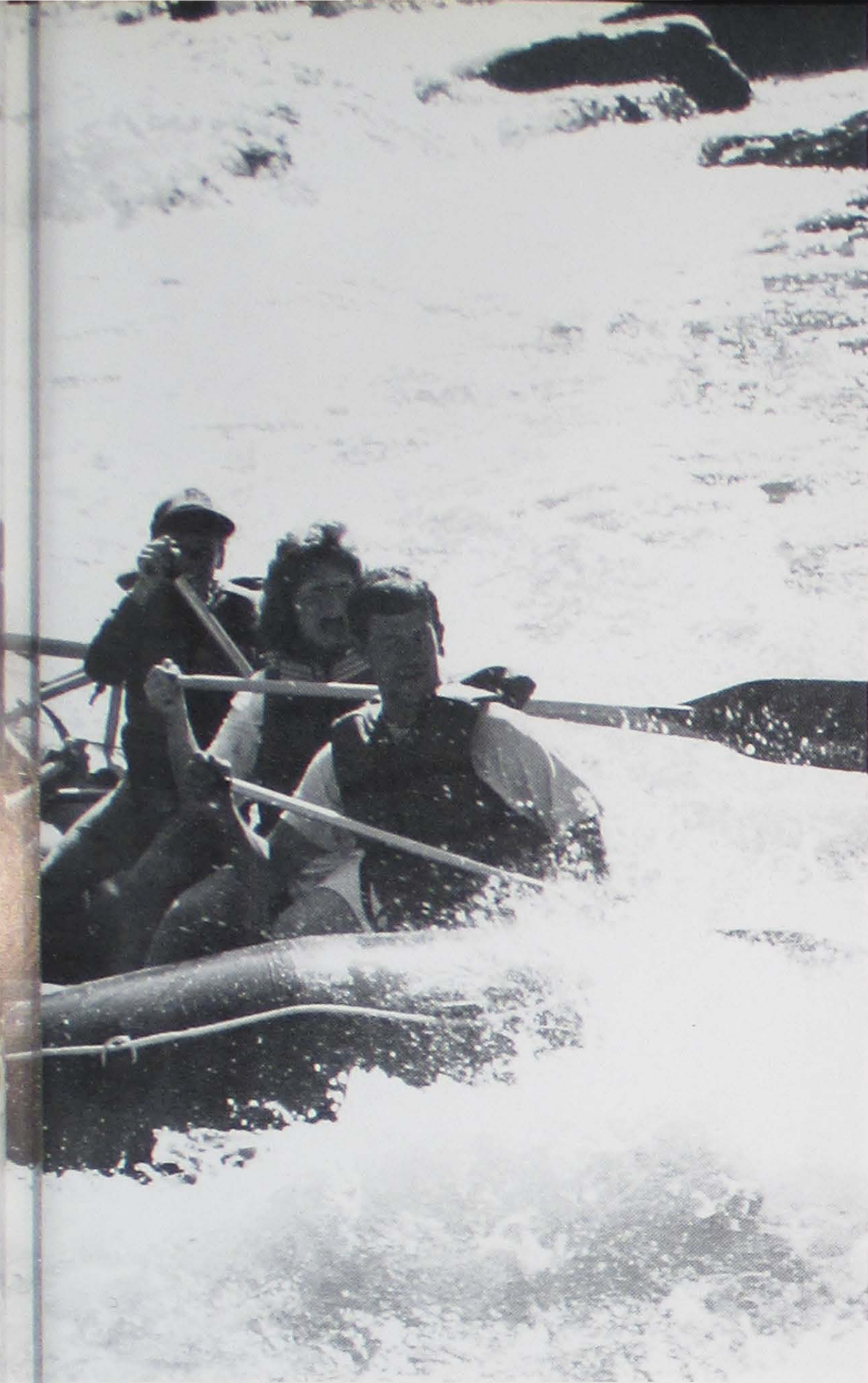
Whatever price was paid, \$4.50, an afternoon, or a sore behind, there was one thing that remained—a thrill.

By Anjeanette Levings

Some enjoyed viewing marine activity at Sea World, but senior Ben Douglas preferred a closer look. Sorting through gear, Douglas and brother Matt await their turn to snorkel.

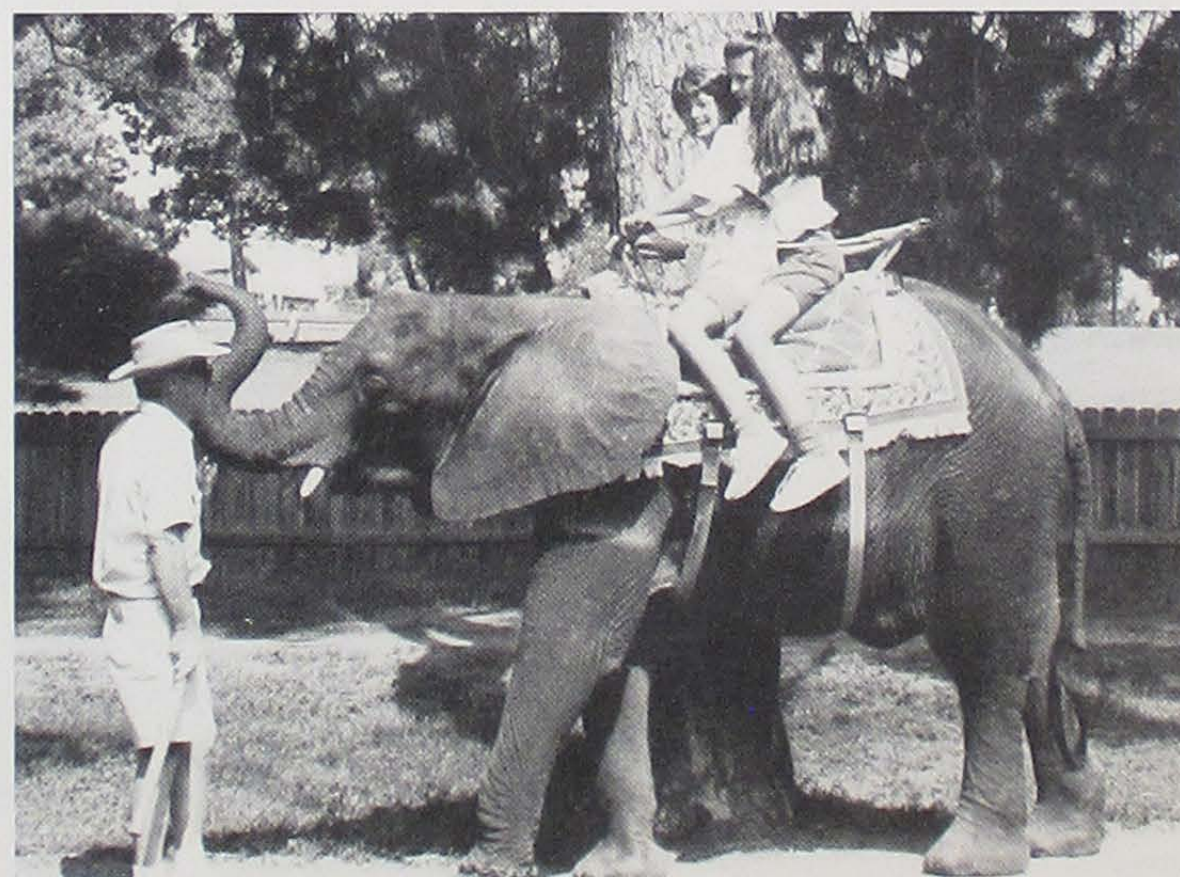
(Photo courtesy of Ben Douglas)





for many, wilderness meant bears and mosquito bites. But for junior Shane Wirth, it meant excitement. He and his family rafted down the Colorado River. (Photo courtesy of Shane Wirth)

Peering over a mountain's edge could be spine chilling, but sophomore Danny Nutter preferred the scenic route to the top. Secured safely, Nutter edges his way to the peak. (Photo courtesy of Danny Nutter)

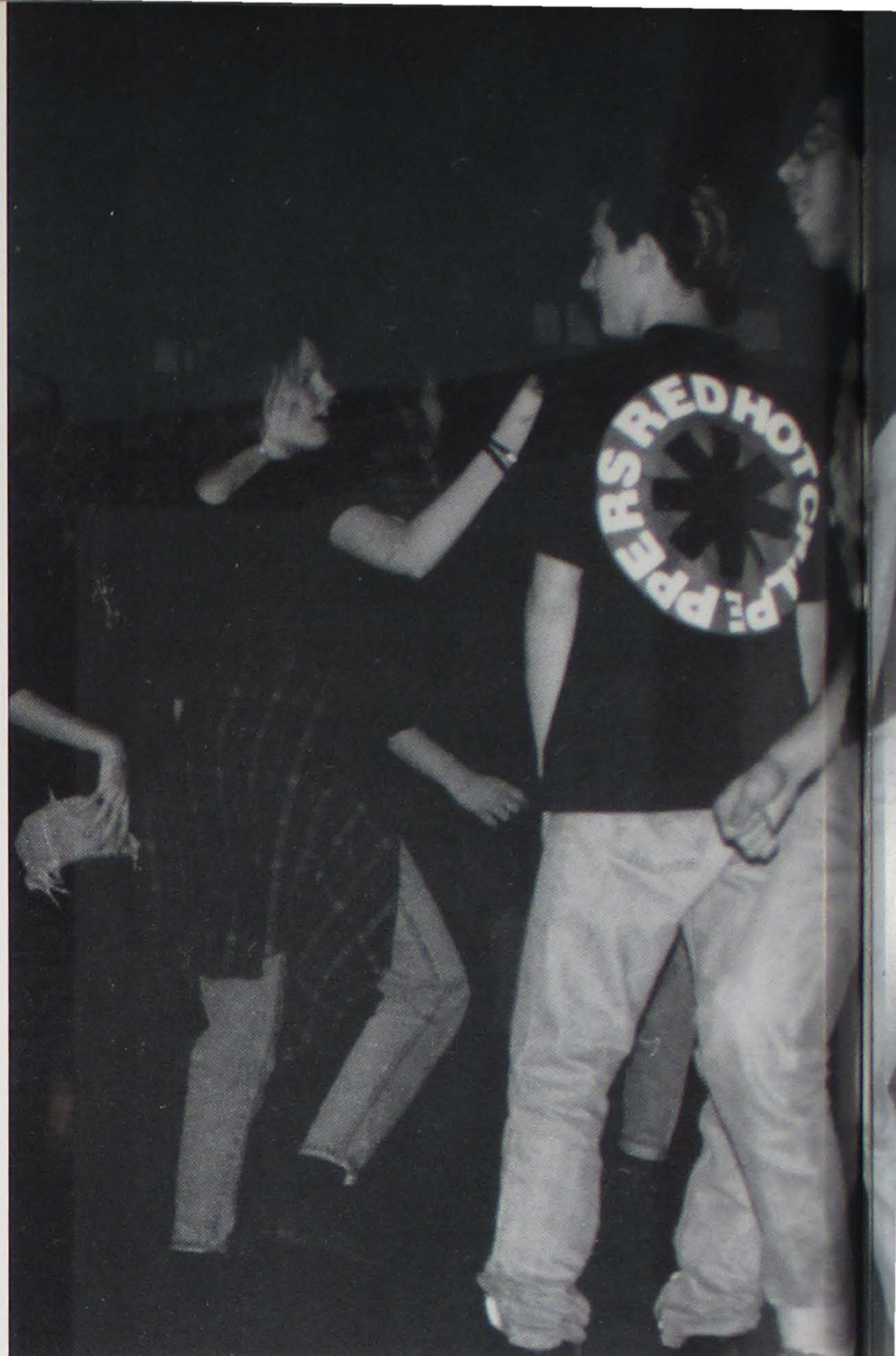


While vacationing in Puerto Vallarta, Mexico, junior Laura David straps on her equipment in preparation of her parasailing debut. (Photo courtesy of Laura David)

Visiting the Henry Doorly zoo in Omaha, freshman Brooke Harker and sister Kate ride Kelly, an elephant saved from poachers. (Photo courtesy of Brooke Harker)

Playing against the backdrop of the mural at Dugan's Deli, local folk artist Cam Waters entertains in a friendly, intimate atmosphere. (Photo by Adrienne van der Valk)

Battle of the Bands was an event that gave Ames groups a chance to show off and gain a high school following. While listening to the Dorks, spectators groove to the music. (Photo by Abby Klaas)



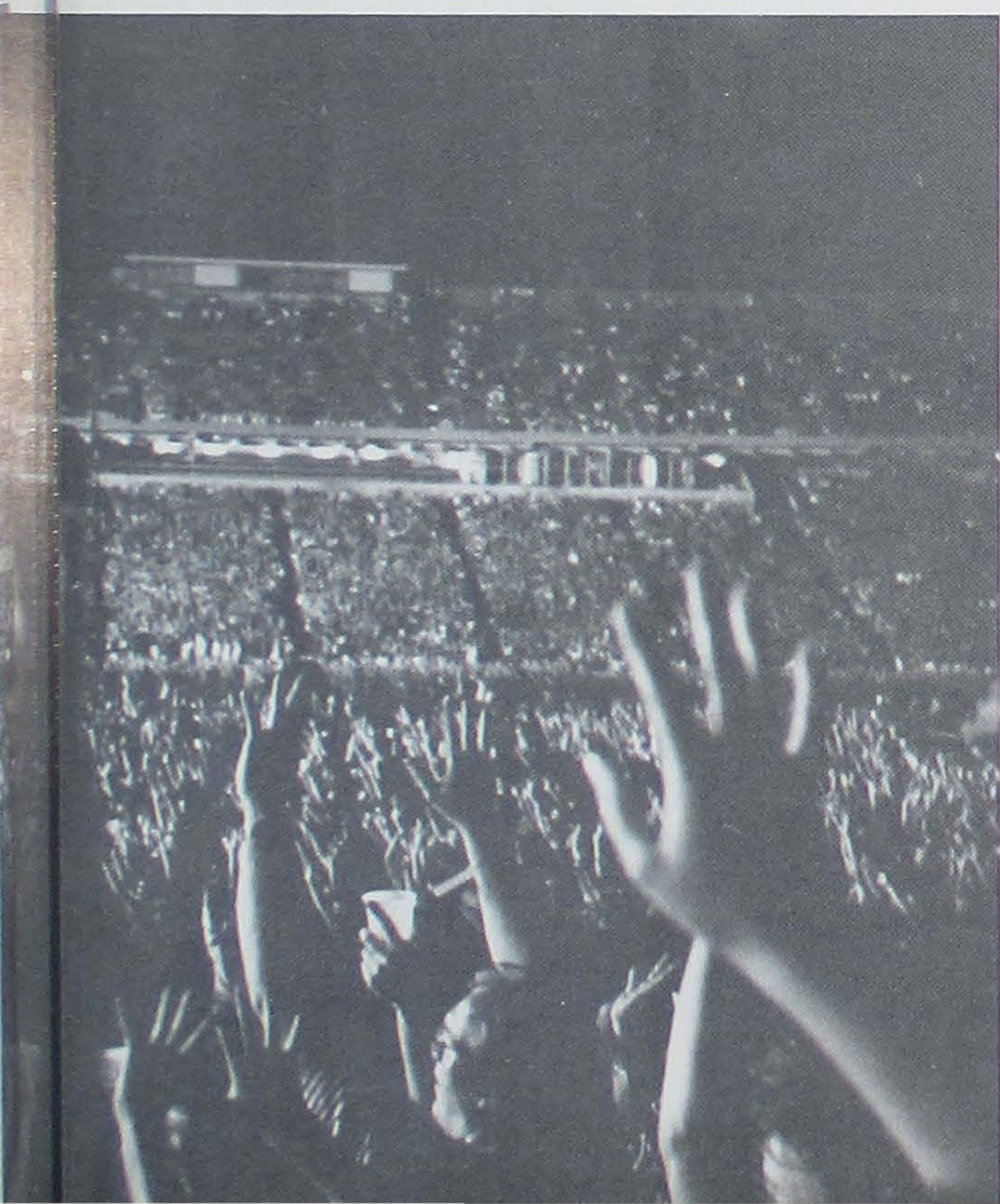
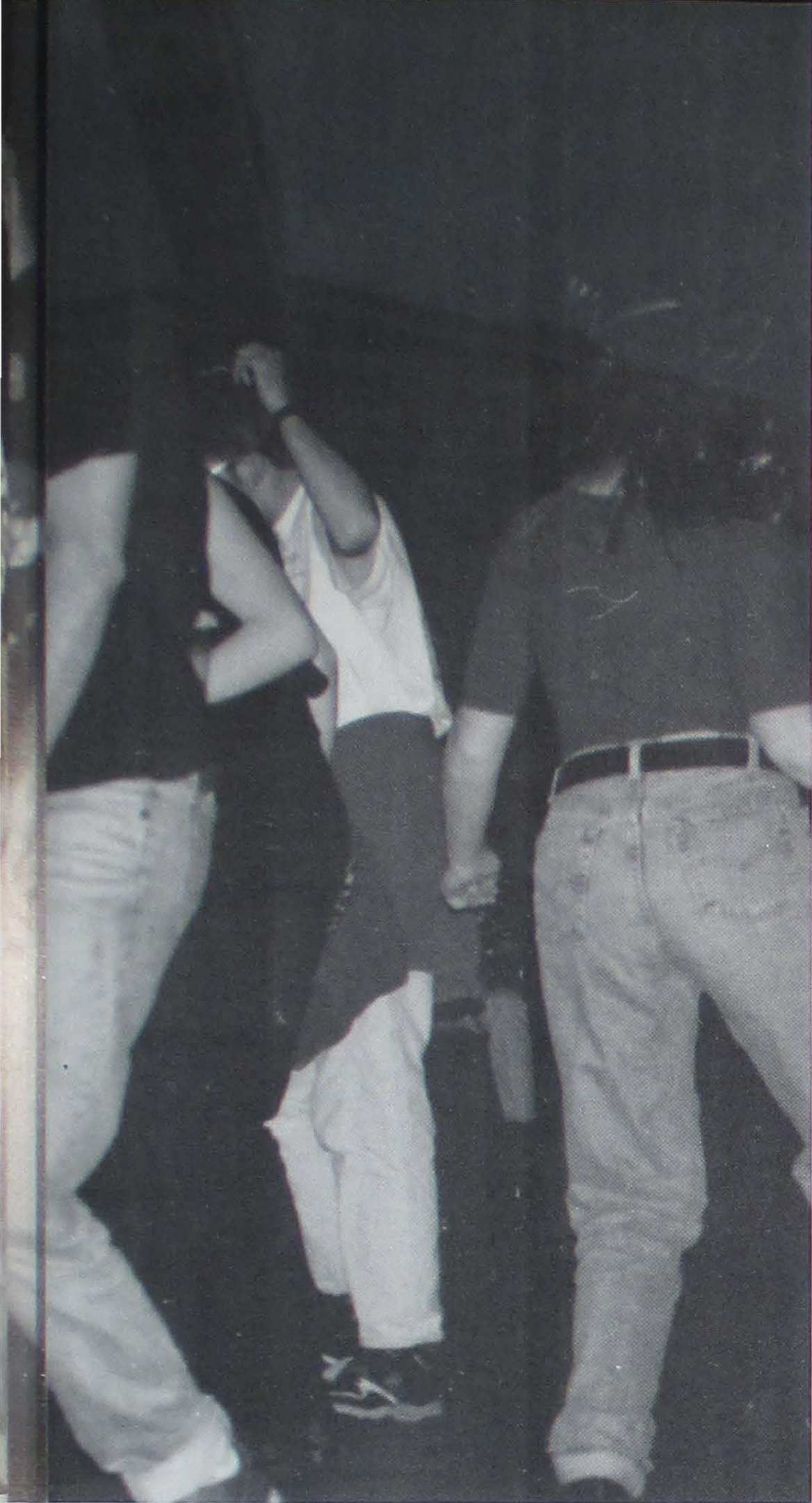
The band Genesis drew a crowd of thousands over the summer. Fans watch as images of the performance are enlarged on the screens. Genesis performed at Cyclone Stadium in June. (Photo courtesy of Melissa Mundt)

Concerts that drew the greatest number of Ames High students in 1992-93:

1. U2
2. Genesis
3. Farm Aid
4. Black Crowes
5. Indigo Girls

250 students surveyed





Music

Ames hosted a wide array of concerts

Mania

A seething crowd of 10,000 head-bangers, or a smoke-filled cafe hosting only a few spectators; almost everywhere musical acts performed, teenagers could be found enjoying the talents of their idols. The atmospheres in which students attended concerts were as varied as their musical tastes, from violent to classical.

Ames was a hotspot for both obscure and big name musicians. Facilities like Cyclone Stadium and the Memorial Union's Maintenance Shop both drew student interest and support. One of the biggest concert events of the year was the Irish band U2's appearance on September 11. The show's multi-million dollar budget was an attraction for many students.

"What U2 wanted to achieve in that concert, they achieved. I found myself paying more attention to the lights and what was going on on the screen than to what they were singing. It was really different, though, and made the concert more exciting," senior Greg Gwiasda said.

Senior Karen Hsu felt that the setting for the Indigo Girls concert fit the personality of the group.

"The Indigo Girls were so awesome because it was just the two of them with their guitars which made it really personal. If they had performed at Vets instead of the the Civic Center, the effect really would have been lost," Hsu said.

Lots of music-lovers avoided the four digit crowds and attended smaller scale events put on by lesser-known artists.

"Smaller concerts are more personal. It was said about Janis Joplin that when she sang, she was always singing for you. At a big concert you lose that. You're just one of the proletariat," freshman Mike Shaw said.

Others had a monetary motivation for following alternative artists.

"It's better to see a performance at the Maintenance Shop. You don't pay through the nose because they don't set up a huge stage. I'd rather pay three bucks to see a group without binoculars than 20 to watch a dot run around on stage," junior Joe Nevshemal said.

Top 40, Industrial, Grunge, Techno, or Easy Listening—all were favorites among the student body and all could be found in football stadiums, garages, and coffee houses of Ames.

By Adrienne van der Valk

at a local stadium concert, music-lovers raise their arms in enthusiasm. Huge crowds and the excitement of a large event were attractions for music fans. (Photo courtesy of Melissa Mundt)

Custom Trusted rituals put students at ease Made

It was the biggest test of the semester. Students scurried around the hallways talking about THE biology exam. But Jessica wasn't worried. She was confident because she had parted her hair on the opposite side of her head for good luck and she remembered her horoscope had said that something worthwhile would happen today.

Many students, like Jessica, had a certain ritual they performed before anything important. This was especially true for athletes.

"Every day we have a swim meet I wear my fish socks for good luck," freshman Noelle Padgitt said. "I remember one time when I forgot to wear my socks, I didn't do as well at the meet. Every time after that, I never forgot to wear them."

Students in track as well as swimming found that wearing something lucky was necessary.

"I have had the same pair of spikes since seventh grade and they have finally touched the state track and since then they haven't been touched by any other tracks or human hands. When I wore them at State I got my best time so, the next time I go to State, I'm not going to wear any other spikes but those," junior Alison Hutchison said.

Students weren't the only people who relied on superstitions for good luck. Football coach Kirk Daddow's superstitions went far beyond the football team's pre-game rituals.

"I'm the most superstitious person I know. I have to park in the same parking place on game days, and I wear the same clothes down to the underwear," Daddow said. "It's crazy. Yet we still all feel that we have to do it."

Athletes weren't the only ones that relied on rituals. Other students had certain good luck charms to help them through everyday life.

"I have a lucky eggshell and it has my theory of life in it: a quarter and a piece of rubber. The quarter signifies chance and the piece of rubber reminds me to be flexible - these are the most important philosophies of life. Whenever I need advice, I turn to my eggshell because it helps me make important decisions in life," sophomore Barrett Randall said.

While many students sat around worrying about things, other students, like Jessica, decided to make life easier by taking their luck into their own hands. Jessica smiled as she spotted a big, red "A" on the top of her paper. She decided her superstitious actions were definitely paying off.

By Jenny Ellett

Taking her lucky dress out of her closet, senior Amy Gardner prepares to compete at Regional Oratory Contest in Oklahoma. Gardner won many speech contests during high school and had her lucky dress on every time. (Photo by Angie Davis)





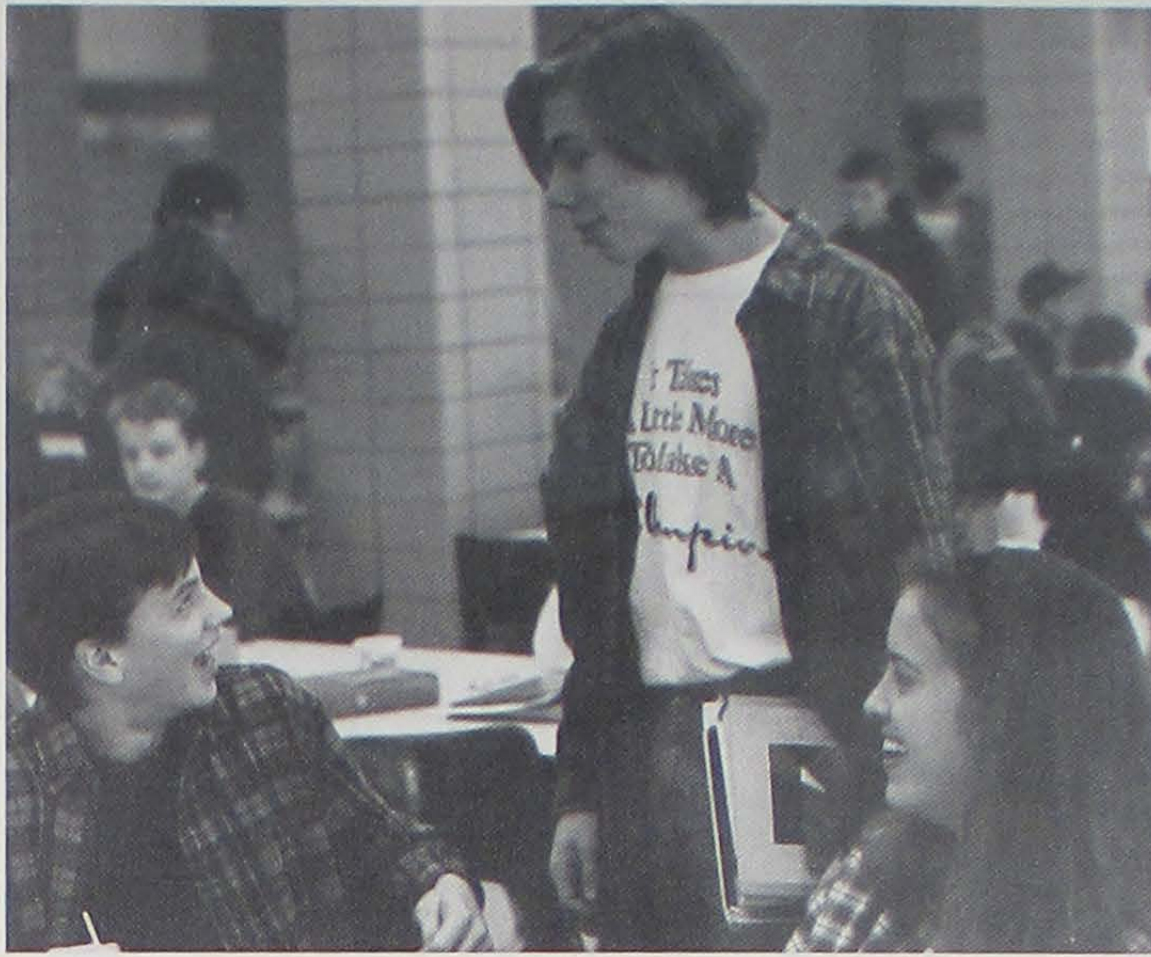
after adding water to a henna mixture, junior Jehan Faisal demonstrates a Saudi Arabian custom reserved for special occasions. The custom involves rubbing the mixture on the skin and finger nails, which dyes them and acts as a natural decoration. (Photo by Kendi Neff-Parvin)

after the Cyclones scored a touchdown against Marshalltown at the Homecoming game, seniors Arthur Chen, Jason Miller, and junior Rusty Crawford do pushups on the Ames High track like they did every game. This was a ritual to add good luck to the Cyclones' winning season. (Photo by Abby Klaas)



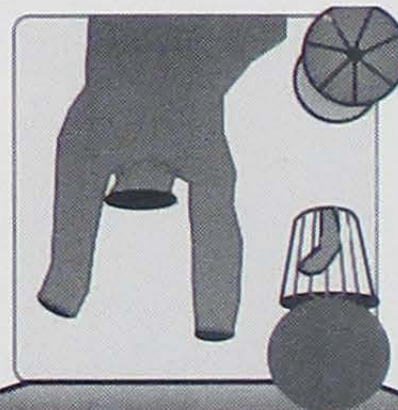
getting ready to do their good luck dance, seniors Leigh Ann Powell, Mary McKern, Serra Sermet and juniors Hope Amos and Helen Lueth prepare for Drake Relays. They called themselves the Juicy Speedy Oreo Amigos, and they had necklaces and T-shirts to symbolize the group, and give them good luck during track meets. (Photo courtesy of Serra Sermet)

because of the popularity of flannel shirts and the grunge look, junior Derek Shonrock discovers he is wearing the same shirt as freshman Chris Hoffmann. Freshman Amalia Smith looks on. (Photo by Sarah Fisher)



performing for the student body in the Martin Luther King Assembly, sophomores Shelley Jaspering, Lisa Biggs, and Misi Emiola donned the same overalls to give a unified effect. (Photo by Sarah Fisher)

How many items of orange clothing do you own?



9th boys	33%	50%	11%	6%
9th girls	29%	64%	1%	6%
10th boys	68%	16%	11%	5%
10th girls	29%	59%	6%	6%
11th boys	46%	47%	0%	7%
11th girls	41%	53%	0%	6%
12th boys	43%	43%	7%	7%
12th girls	19%	50%	25%	6%

250 Students
Surveyed

0 1-3 4-7 8-10+

Rubina Mukerjee



Carbon Copy

Students didn't have to be twins to look alike

Debbie strode confidently down the hall. Trying to impress a prospective boyfriend, she sported a casual new outfit. After scanning the hallway, she spotted a distant figure similar to the one she was looking for. As the crowd parted to reveal him, Debbie was horrified to see that he had on the exact same outfit she was wearing!

Many students faced the dilemma of buying clothing that was in-style and popular and ending up with the same choice as their classmates.

"It's hard to shop in Ames because there's a limited selection," sophomore Laura Peterson said. "I'm always thinking that I'm going to get the exact same thing as someone else. I like to go to Des Moines or out of town to shop."

However, many students didn't have the time or money to travel out of Ames. They found themselves wearing the same thing as strangers they met in the hallway.

"There are about four other guys who have the same shirt as me," senior Erik Tosten said. "My philosophy is I got the shirt first, I'm an upperclassman, and when I wear it, they can take theirs off."

A problem frequently encountered by girls was the purchase of a one-of-a-kind formal dress.

"At Winter Formal, I had on the same dress as (senior) Jenny Fisher. I couldn't decide if I felt worse for myself or for her. It's not a fun situation. I almost wanted to run back to my car. When you get into a situation like that, you want to alleviate it somehow but we both just had to accept it," junior Beth Myers said.

Unlike most females, for males, clothing was often not a high priority. One thing they did pay attention to, though, was when girls wore guys' clothes.

"If a girl wore the same shirt as me I'd rip it off her! Just kidding, but it's embarrassing for a guy to be wearing the same clothes as a girl. It doesn't exactly show your 'masculine' side," freshman Nathan Bilyeu said.

Like Debbie, students sometimes faced the humiliation of accidentally playing twins with that special someone.

"I got a new shirt I really liked. The next day at school a guy I was interested in wore the same shirt. I was so embarrassed!" said sophomore Collette Best. "Since then I've lost interest in him and I rarely wear the shirt any more."

Although Debbie faced embarrassment, trend conscious students like her were often trapped by the limitations of the fashion world.

By Emily Bourne

Sophomores Liza Kelly and Jenny Stalheim had similar fashion tastes and sometimes found themselves wearing the same outfits. (Photo by Emily Bourne)

Far and Away

Distant friendships offered new opportunities

Friends. People who make you laugh. People who finish your sentences before you can. People who are there for you through thick and thin.

Extra-curricular activities provided a way for students to make friends from other schools. Clubs and sports brought students with similar interests together.

"During cross country meets you'll just go up to other teams and start a conversation with someone. You don't get to know them well enough to keep in touch, but you'll see them at other meets and talk to them again. Even when you're running, you talk to people, and just kind of help them through it," sophomore Tricia Triplett said.

Sporting events not only created new friendships, but gave friends the opportunity to see one another while participating in a mutual activity.

"I've met a lot of people through swimming. A lot of times I won't have time during the season to hang out with them, but I still see them at meets. I like competing with friends; swim meets are better when you know who you're swimming against," freshman Jeff Fisher said.

Finding ways to meet people often meant more to students in a strange environment. The first few weeks at a new school could be tough. But once they got settled, many students chose to stay in touch with old acquaintances.

"I was never close enough to any of my old friends to write to them and keep in touch that way. But when I go back to Omaha to visit, I'll talk to them on the phone or we'll get together," senior Charles White said.

Away from home, and without the support of family and friends, camps and workshops brought strangers closer, and created lasting relationships.

"I have a good friend from when I went to (the University of) Iowa for an art program. She goes to Dowling, so during the school year I go to Dowling games and dances. Last summer we went on vacation for a week," junior Ashley Hagen said. "I don't see her, talk, or write to her a lot, but when we get together we just pick up where we left off."

Working time for friends into a busy schedule could often be hard, especially when it involved traveling long distances. But most students found a way to bridge the gap through letters, phone calls, or visits.

By Kristy Lakin

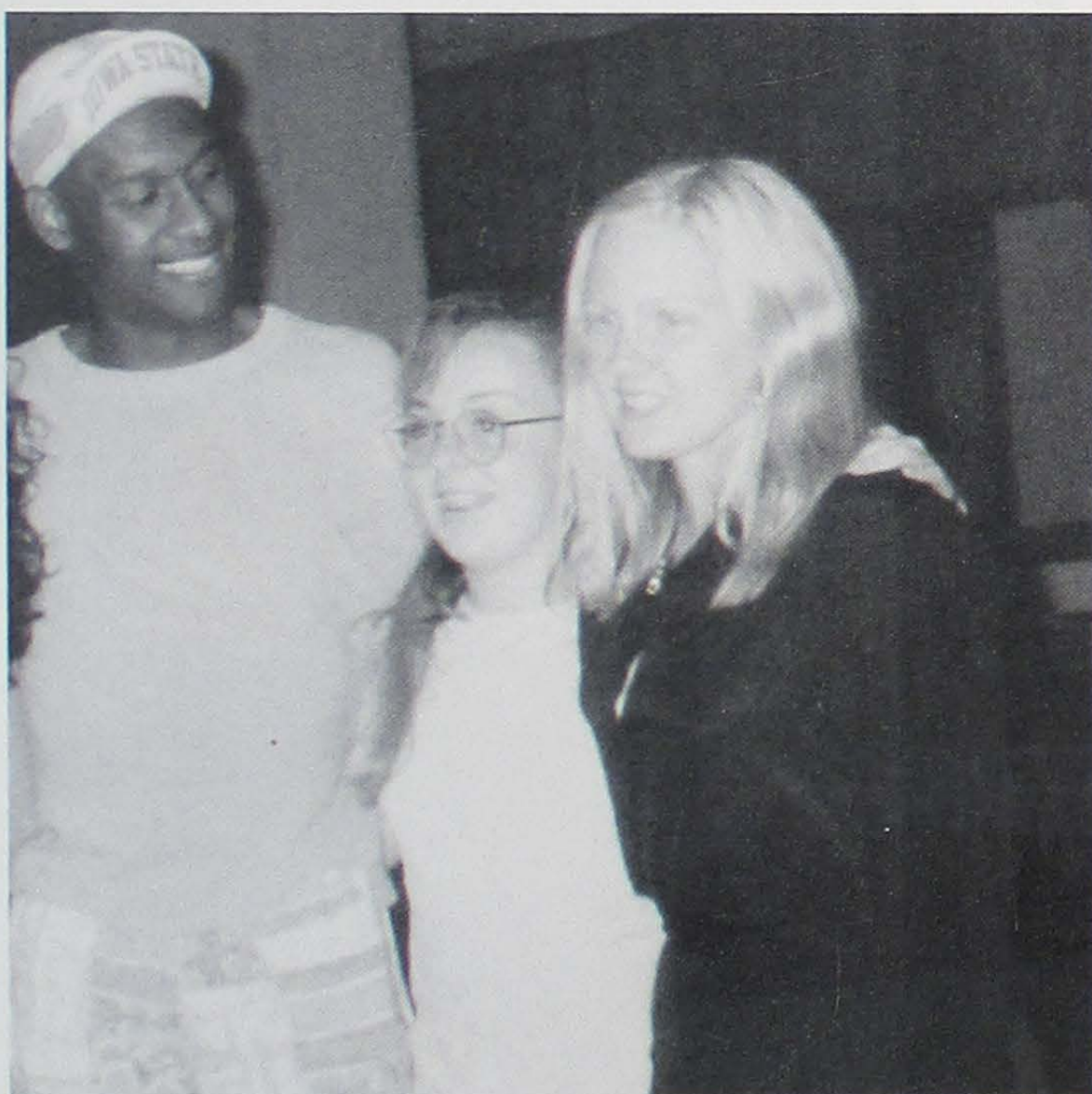
Visiting from New York, Mae Kline spends some time with old friends, juniors Becca Jones and Dave Smith. Kline had previously lived in Ames, but moved away in eighth grade. (Photo courtesy of Becca Jones)





Reminiscing, senior Serra Sermet and Magdalena Rambeaud look through their old letters and eat their favorite chocolates. Visiting from Argentina, Rambeaud spent two months at the Sermets'. (Photo courtesy of Serra Sermet)

Sporting events were one of the best ways to meet new people. Hugging a close friend she met through track from Marshalltown, junior Hope Amos receives support before her race at the Drake Relays. (Photo courtesy of Hope Amos)



Receiving a participation award, senior Bliss Newton, Michelle Becwar, and Kendal Henley cherish their last moments together. Newton and Becwar met at the ISU camp CY-TAG. (Photo courtesy of Bliss Newton)

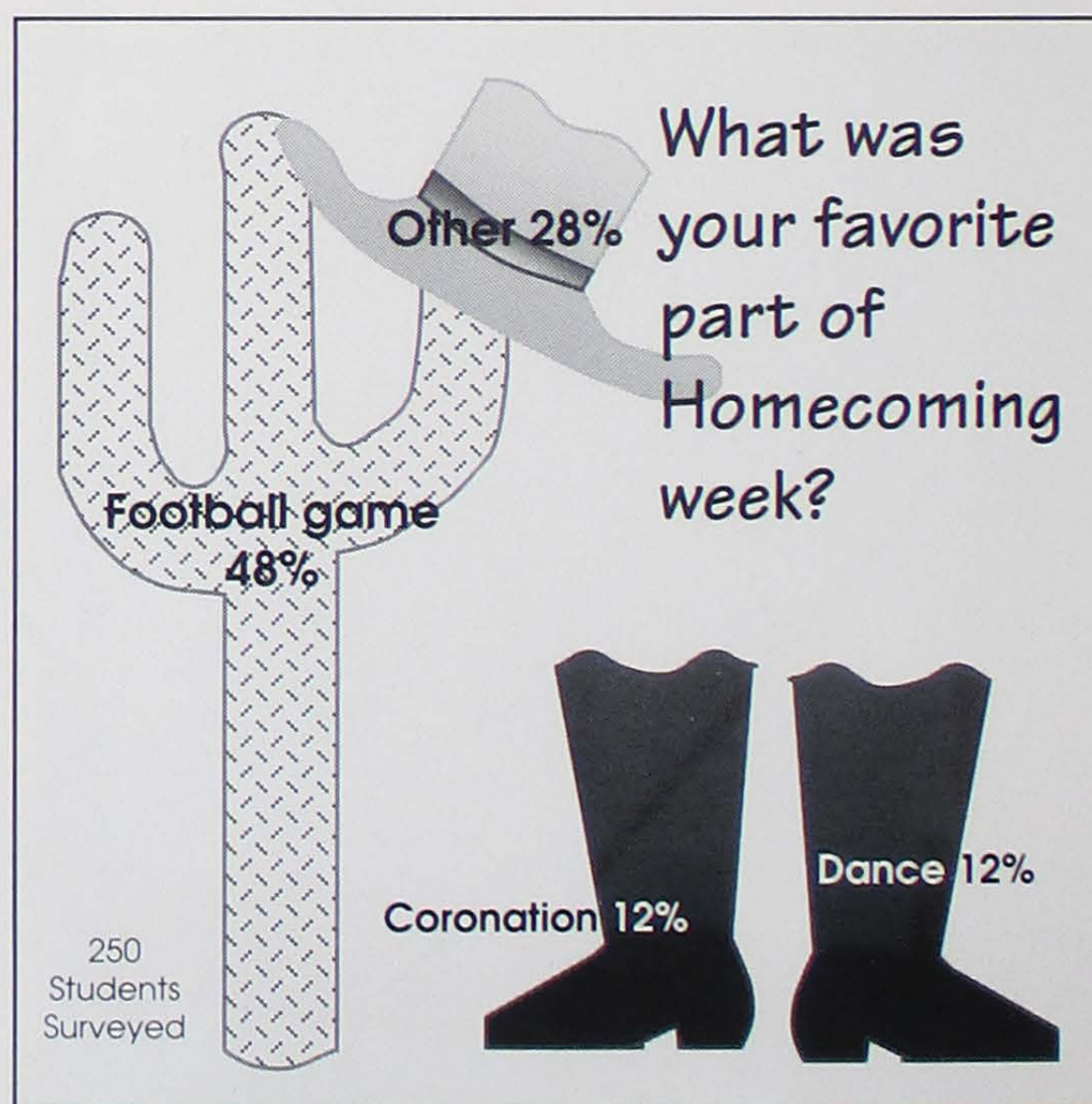
Discussing the day's events, senior Karen Hsu and Elif Koymen enjoy the limited time they have together. Because Koymen was from Boston, they rarely saw each other. (Photo courtesy of Karen Hsu)

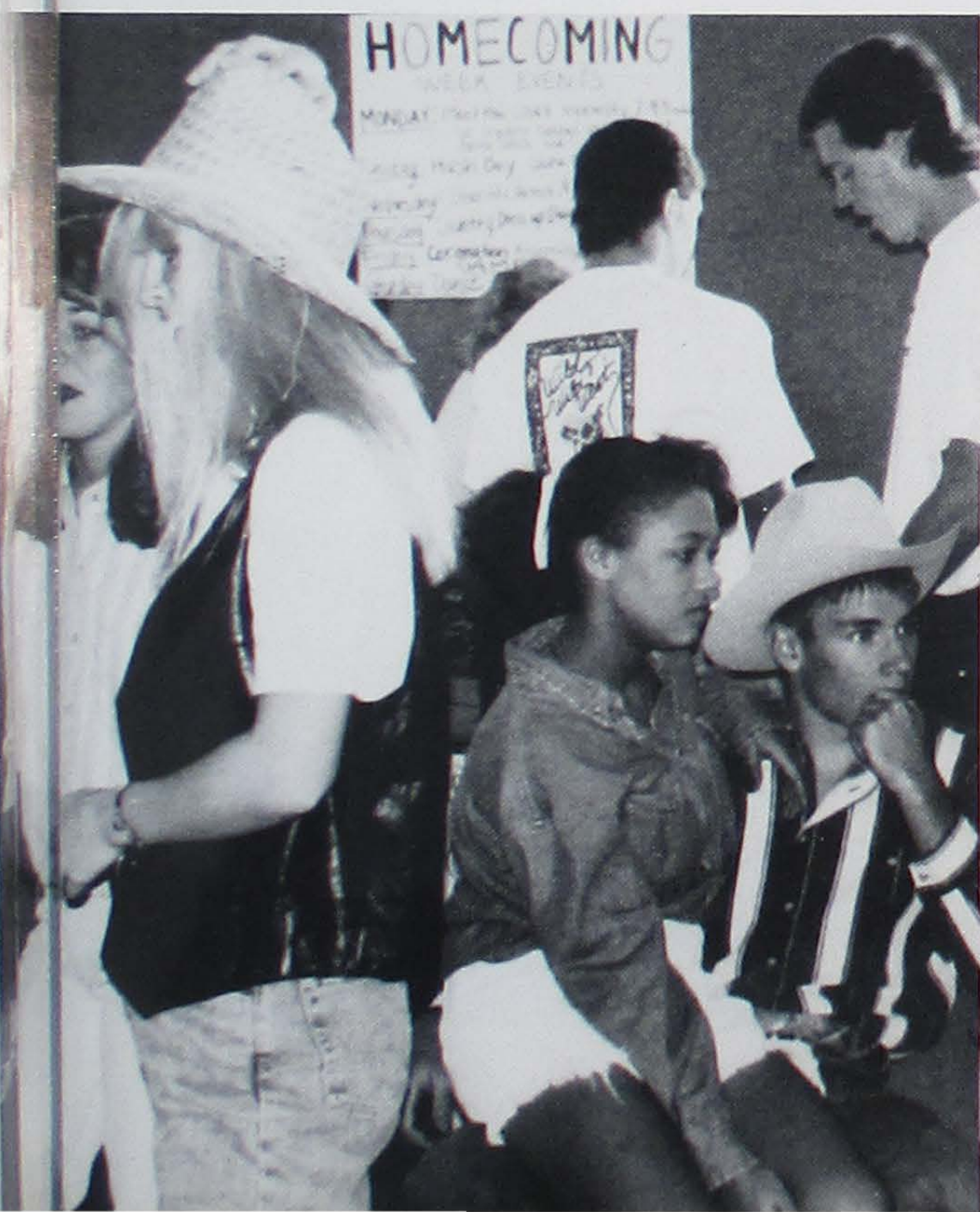
at the Homecoming football game, sophomore princess Julie Swanson and sophomore prince Chris Sprong take their walk down the football field during the halftime coronation celebration. (Photo by Abby Klaas)

Pinning up signs for the football team, senior Matt Randall shows his support. Cheersquad members decorated the school the Sunday before Homecoming week. (Photo by Abby Klaas)



Homecoming Court. Front Row: Leah Uhlenhopp, Kari Marty, Asheley Holscher, Jeanne Sundstrom, Anne Moutray, Jen Shierholz. Back Row: Kevin Lawler, Nick Benson, Matt Rahfaldt, Tendai Muyengwa, Dan Ricketts, Scott Gabrielson.





New Traditions

Homecoming '92 had an original twist

When the West was won the first time around, lynchings were considered highlights of the social calendar. But "Wild Wild West" Ames High style had a lot more to offer students than ropings and bar room brawls. Homecoming '92 saw the student body strapping on its spurs and sporting 10-gallon hats for a week of Garth Brooks, country line dancing, and football anticipation.

To show its enthusiasm, Ames High revived the bonfire pep assembly, a tradition that had been dead for four years. Students gathered Thursday night in the gravel parking lot to watch the fire blaze and let their school spirits rise. It was not only a year for bringing back old traditions, but also for creating new ones. For the first time, "princes" and "princesses," elected by the underclasses, accompanied Homecoming Queen Jen Shierholz and King Dan Ricketts to their thrones.

"It might take the fun out of (Homecoming Court) for the seniors because it takes attention away from them, but as long as the same people don't get elected year after year it could be fun for the younger grades and make it more fair," sophomore Danny Nutter said.

With the royalty crowned, the school pumped up, and the football team riding on a 3-0 winning streak, Ames stampeded into Friday's game feeling confident. Although Marshalltown scored early in the game, the Little Cyclones ended up breaking another four-year tradition, winning their Homecoming game 41-21.

"Before the game, I thought it would be a tough game, a physical challenge for both teams. By the second half we knew we were by far the better team. We just took time to kick in. The game set the tone for the rest of the weekend. By winning, everything got off to a good start. We were able to have fun with no regrets," junior Tom Payne said.

Riding high on the win, students practiced their country moves for Saturday night's dance. They livened up the dance floor with leather slapping and Texas two-stepping.

"This year students were excited about dancing and that made it better than it had been in past years. Having a theme that could be related to the dance made it a lot more fun," senior Kelly Koppes said.

After the last strains of Randy Travis died out, the memories of Wild Wild AHS remained in the hearts of the football players and country dancers who made Homecoming '92 the most memorable in years.

By Adrienne van der Valk

In keeping with the Western theme, many students donned chaps, vests, and 10-gallon hats. In the lobby, they gather between classes to check out each other's outfits. (Photo by Abby Klaas)

Closet

Cramming storage space solved messes

Nightmares

The closet. . . in horror movies, it was where skeletons and zombies hid; in grade school, it was the place teachers put their prized puffy stickers; and in our bedrooms, the closet was. . . well, quite simply, stuffed. Cramming everything into a wardrobe—or car trunk—was a quick fix to a filthy room or automobile.

"My room's a mess, but an organized mess," junior Megan Knutsen said. "I always know where everything is—when my mom comes in and tells me to clean it, I just shove everything in to the closet."

Closet-stuffing became one of the most popular ways to handle chaos, but senior Aaron Dietz chose a somewhat different approach.

"Most of my things go under my bed. My dirty clothes are in a pile, and my clean clothes are strewn all over the floor. The system works for me."

It did not always work for parents, however. Some irritated moms and dads made room-cleaning mandatory.

"My room is always messy, and I'm used to it," sophomore Heath Klatt said. "But some Fridays I'll come home and my parents will tell me that I can't go out or do anything until I fix it completely."

A few students did not need parental authority to maintain order.

"I like to keep it clean because I'm never searching for anything," freshman Amy Smith said. "That way, I know where everything is."

School materials were often more difficult to locate.

"I have books stacked up everywhere in my locker," sophomore Elizabeth Heideman said. "There's even a can of pop from the first pop-and-donut day of the year in there."

Cars, too, bore the brunt of their owners' habits. "I never wash my car, and I always throw my junk in it," junior Randy Halsrud said. "Of course, that makes it really ugly—inside and outside—so every once in a while, I actually do something about it."

So whether they were motivated by appearances or personal preferences, students maintained their property in different ways—and had different results. And although a few individuals managed to keep things perfect year-round, many resorted to the stick-in-the-closet-or-the-floor-of-the-car type of clean-up. Which gave the phrase "skeletons in the closet" a slightly different twist.

By Avanti Athreya

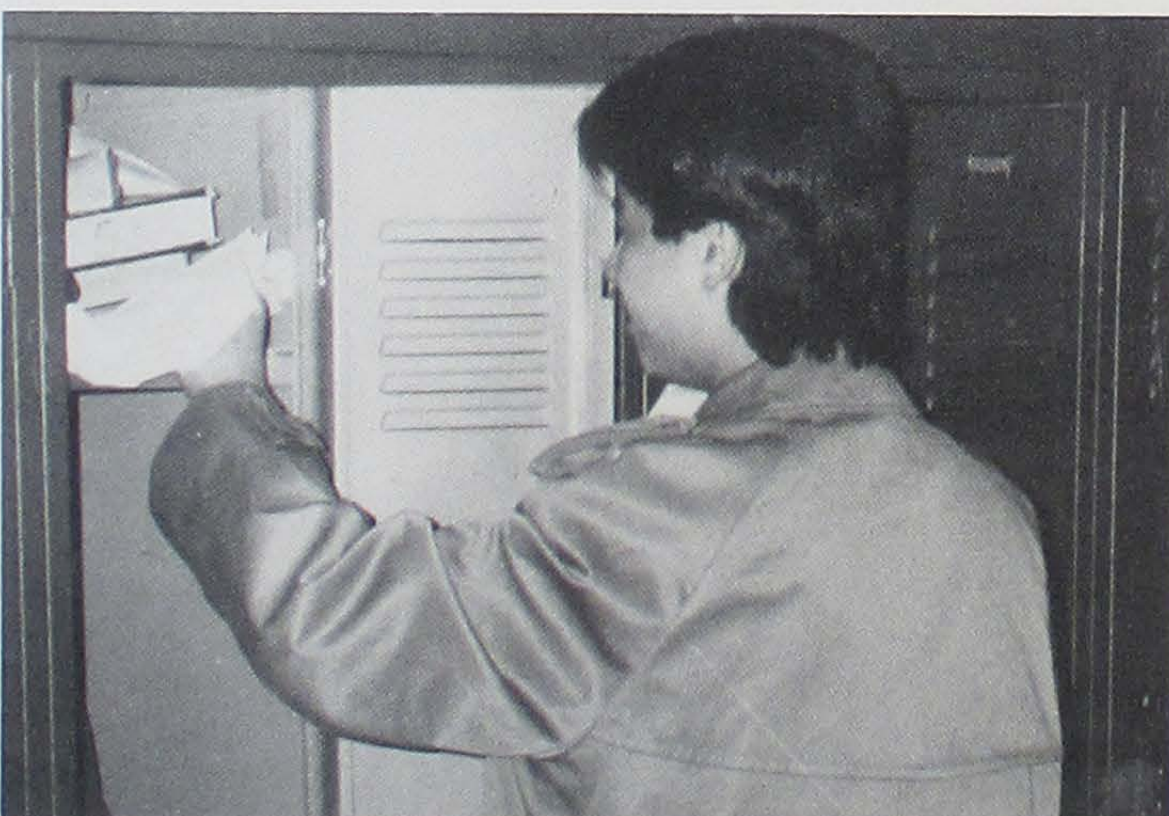
Poring over papers, sophomore Nick Schafer studies amidst mountains of books. Although a member of the ecology club, he clearly did not mind littering his own room. (Photo by Abby Klaas)





Struggling to find an elusive shirt, senior Greg Gwiasda peers in his closet, which he recently cleaned. The neatness of his closet sometimes came at the expense of order in his room, which was in disarray. (Photo by Abby Klaas)

In quite a hurry, freshman Anneke van der Valk brushes her hair while she hunts for the right make-up. Because van der Valk shared her bathroom with her sister, the situation occasionally became chaotic. (Photo by Adrienne van der Valk)



Pulling belongings out of his locker, freshman Irran Fernandez balances books and papers. Because passing time was so brief, many students found it hard to organize lockers. (Photo by Avanti Athreya)

Political

Election frenzy drew student involvement

Spirit

Ding-dong. "Hello, sir. I'm a volunteer, and I am campaigning to encourage voter participation. Would you like to register to vote?"

Going door-to-door, students asked questions such as this, registered voters, requested donations, and handed out pamphlets. Volunteering allowed students under the voting age to make an impact on society.

"I think that voting is very important, but I am too young to have a direct say in the political process, so I campaign to have some influence in what is going on. I feel that this is the next best thing to voting," junior Corine Hegland said.

These dedicated volunteers spent up to 12 hours each week working on fund drives, telephone polling, putting up yard signs, and canvassing. Working for the 1992 elections helped senior Melissa Mundt to focus her future goals.

"Elaine Baxter, who ran for Congress, spoke at our school last year, and she sparked an interest in politics for me. She was very concerned for the younger generation. I later met her at a banquet, and she seemed great. She was very sincere and seemed to have a real interest in students. Now I campaign for her. I'm very interested in politics, and I plan on pursuing political science as a career," Mundt said.

Working alongside candidates allowed students to gain insight into government. Sophomore Jack Liao discovered that politics was not always as glamorous as it seemed.

"I've always been interested in the political process, but in working with Republican Ron Krull, I saw some of the dirty side of politics. Some people who disagreed with his views wrote letters to him, voicing harsh complaints. In the campaign process, the people work closely with one another for long periods of time, and sometimes this stress can cause personality conflicts," Liao said.

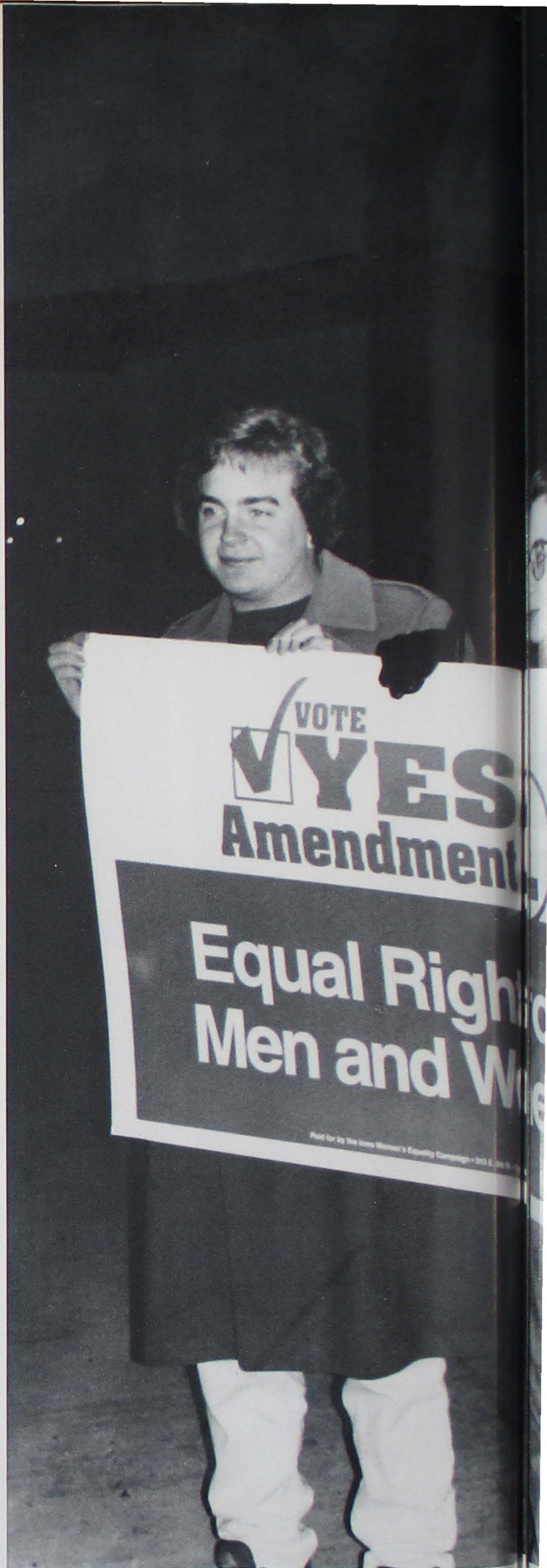
While some students concentrated on campaigning for specific candidates, others simply wanted to make sure people were registered to vote.

"I go door to door, I hand out literature on the candidates, and I register people to vote. I am happy doing that. I don't care if they are Democrats or Republicans, just as long as they are registering. I have found it very interesting, and I have learned to communicate better with people," senior Dawn Bilyeu said.

Regardless of their reasons, these students all made an effort to become more actively involved in America's political system.

By Ruby Hsu

Senior Amy Gardner and her boyfriend Matt Haubrich promote the Equal Rights Amendment by holding a pro-ERA sign on Lincoln Way by Colorado Junction election night. (Photo by Abby Klaas)

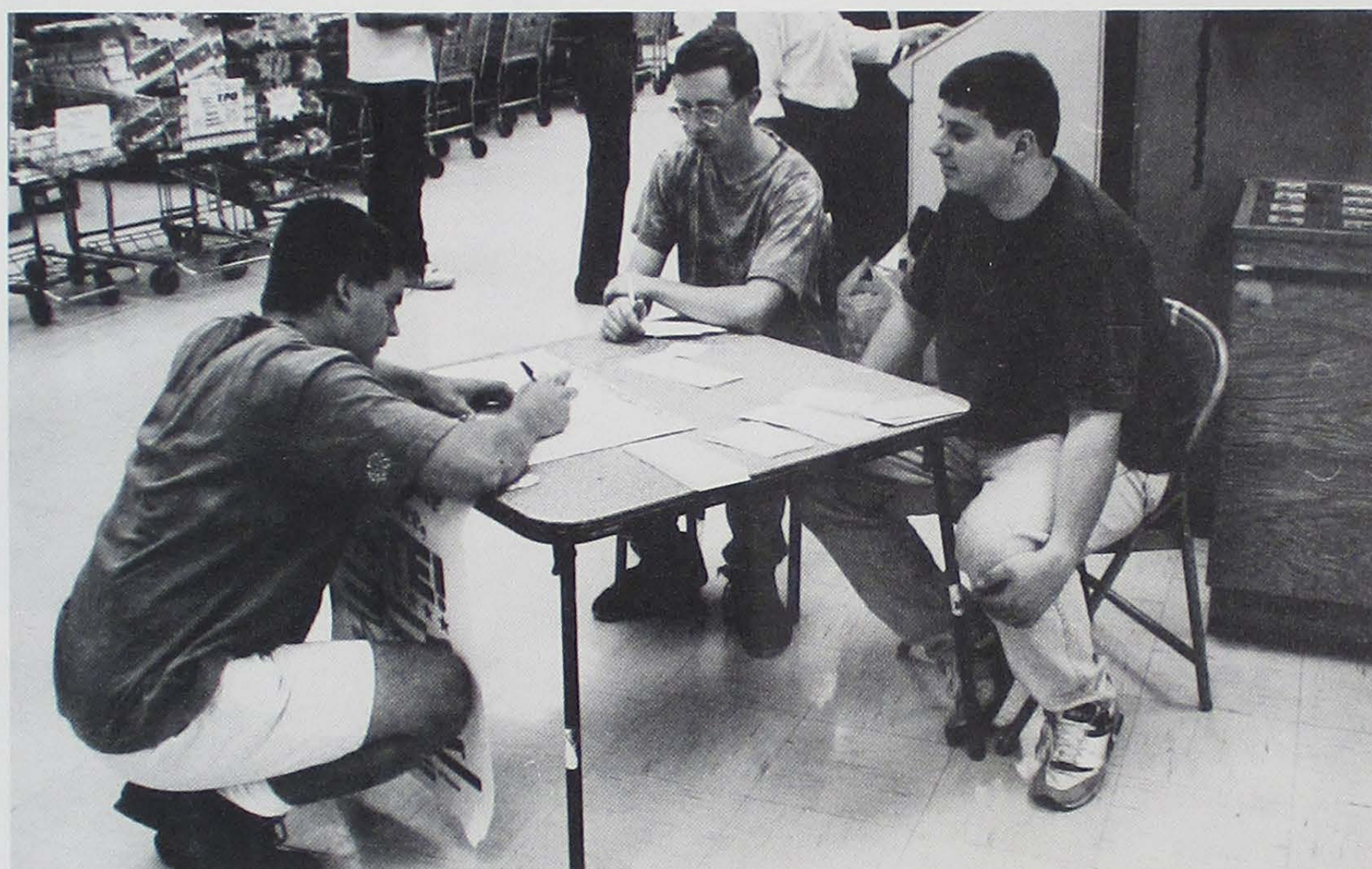


If you could have voted in the presidential election, which candidate would you have chosen?

George Bush 24% Bill Clinton 45% Other 8% Ross Perot 23%



fulfilling his 20 hours of volunteer work for U.S. Government, senior Jared Katz registered people to vote at Save U More. (Photo by Abby Klaas)



during the 1992 campaign season, students volunteered in a variety of ways, including fund drives, door-to-door campaigning, and telephone polling. Senior Charlie White showed support for the Republican Party by putting up yard signs. (Photo by Abby Klaas)

Admitting Everything

Addictions of sorts were not uncommon

Ames High is filled with addicts. Unlike the adults who ate their Kellogg's Frosted Flakes in the dark, students were more open about their addictions.

Many students had drinking addictions not associated with alcohol. And for many, their attitudes were directly affected by whether or not they could fuel their addiction. For senior Donna Stinehart, the morning couldn't start without orange juice.

"I'm a total grouch in the morning if I don't drink a glass of orange juice each morning," Stinehart said. "I'm like Godzilla meets Roseanne Barr; you wouldn't want to mess with me."

Other students needed caffeine. Some used caffeine as a study aid to help them pull through all-nighters. For others, it was necessary at all times of the day.

"I'm addicted to Dr. Pepper," freshman Matt Peterson said. "I drink it all the time, and I usually bring a can to school so I can drink some during the day."

Though some found caffeine energy boosting, others depended on exercise to increase their energy level. Exercise was beneficial to both their physical and mental health.

"When I miss my weekly session on the ice, I become totally stressed out," senior Amie Flippo said. "Ice skating is my release. It clears my mind so I can concentrate on school better."

Though many students spent time participating in sports, others chose to be couch potatoes. Television provided 24 hours of entertainment to TV addicts.

"I'm always watching TV, even when I'm doing my homework. I turn it on when I get home and keep it on until I go to sleep," sophomore Jasper Lara said. "My favorite show is *Married With Children*. I watch it every night."

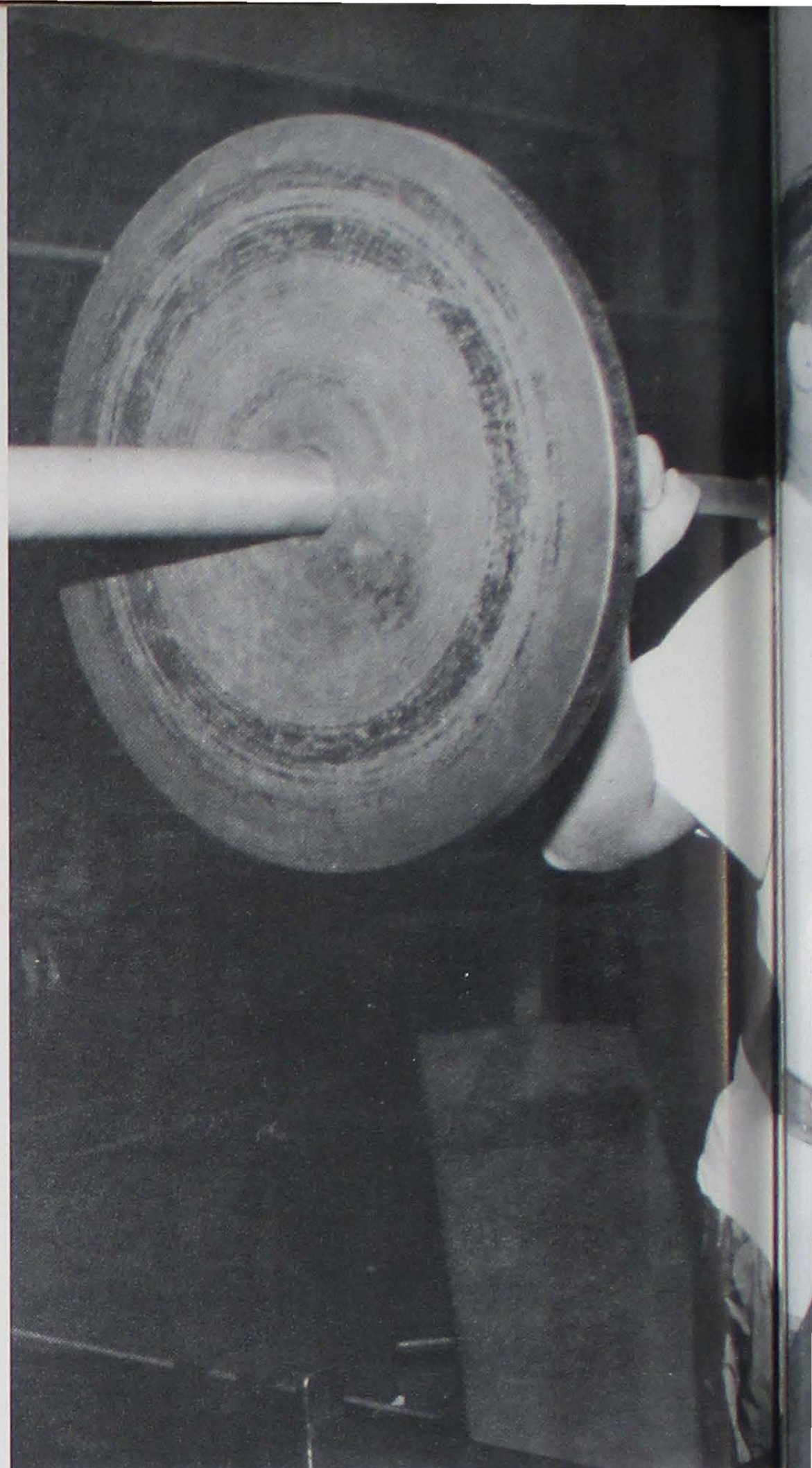
Most students expressed personal taste through clothing, but sometimes fashion savvy was taken beyond normal limits.

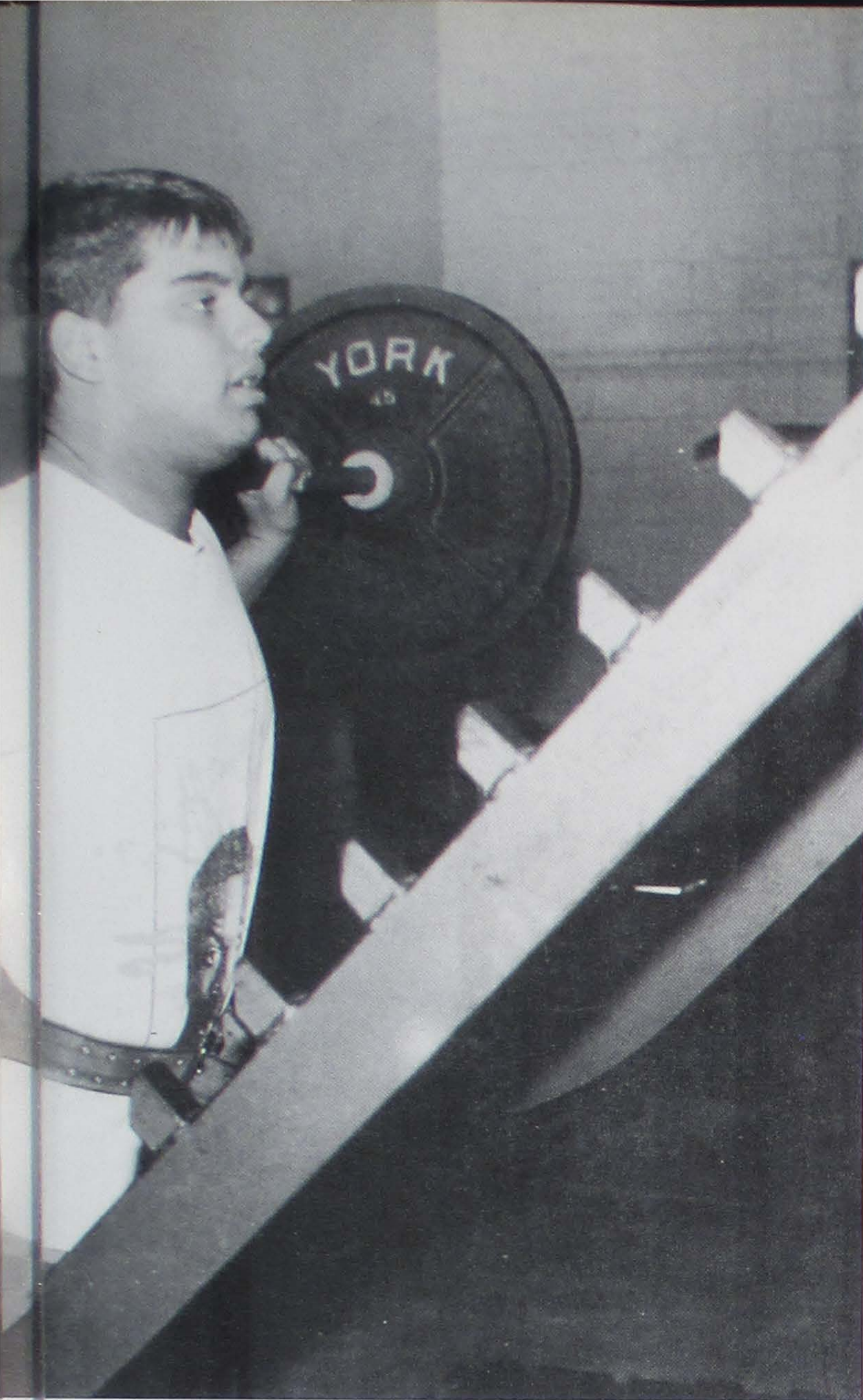
"I'm addicted to clothes," sophomore Justin Readhead said. "My favorite brands are Clairborne, Tommy Hilfiger, and anything green. I don't really like to shop, but when I do I buy a lot."

So quick, snap on the lights and face the world. There's nothing to fear, because the world's full of addicts. In fact, Tony would probably say they're grrreat!

By Kristi Gray

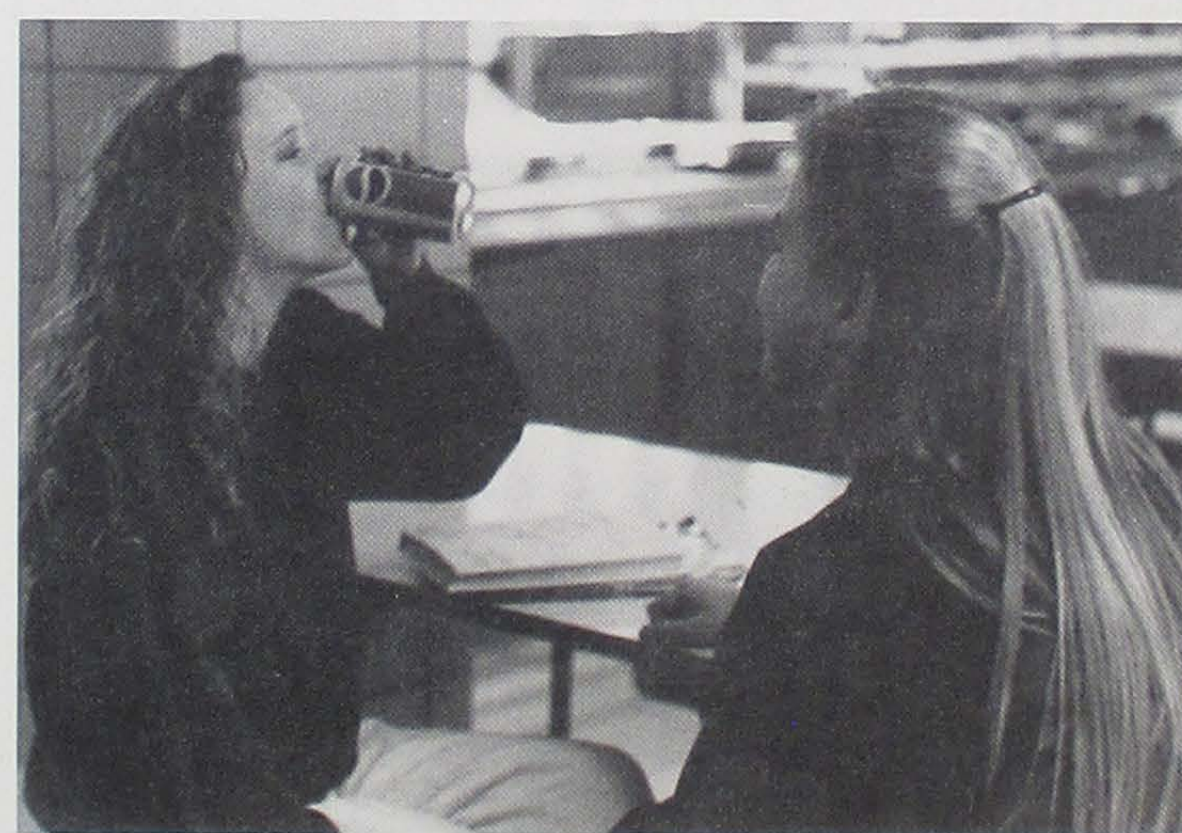
The Iowa Winter Games in Dubuque offered challenges to all winter sports addicts. Among them was Isaac Zimmerman and other students from the Ames High soccer team. (Photo by Sarah Fisher)





People who were serious sports addicts knew that lifting weights helped them to gain strength and endurance. Junior Bittoo Kanwar makes use of free weights in the high school weight room after school. (Photo by Angie Davis)

Most students found scary movies frightening enough the first time through. But for senior Jeff Moore, 13 times still wasn't enough for *Nightmare on Elm Street*. On a Wednesday night, Moore chooses another horror at Movies to Go. (Photo by Kelly Koppes)



For technology addicts, the computer became a simpler way of communicating. Senior Andrea Muchinsky uses the computers at Iowa State's computer lab, Durham Center, to keep up with friends. (Photo by Kelly Koppes)

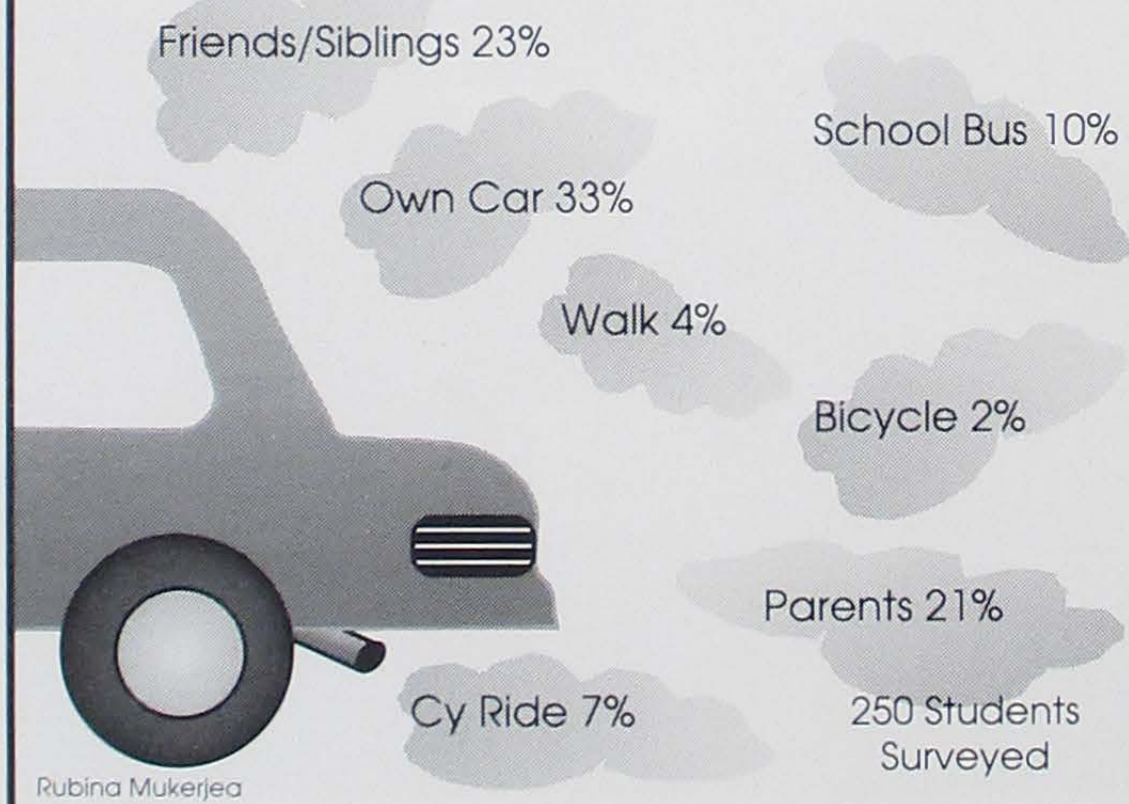
With only caffeine free drinks available at the school, students had to supply their own caffeine to fuel their addictions. Senior Melani McCracken gets an energy boost during lunch. (Photo by Kelly Koppes)

because of the new rule that only allowed seniors and juniors to park in the parking lot due to overcrowding, sophomore Pam Hove gets a ride home from her mother. (Photo by Mindy Cooper)

Students found company in their friends while waiting for Cy-Ride to pick them up after school. Cy-Ride was a reliable and inexpensive source of transportation. (Photo by Mindy Cooper)



How do you get to school?



Walking to school was an alternative for students concerned with the environment...and those not old enough to drive. (Photo by Mindy Cooper)





Moving Along

Transportation was a top priority

As you arrive at school in your rusty, dented Nova with your father firmly planted behind the wheel, you feel 100 pairs of eyes looking your direction. You frantically stagger out of the car and into school. Just as you plow through the front door, your foot catches hold of the school's welcome mat and you land flat on your face.

For most upperclassmen, getting to school was easy. They had cars to drive. But some students weren't so lucky.

"It's embarrassing to ride with my parents to and from school. Since I'm a senior and I'm supposed to be so independent. But I rely on them a lot," senior Katie Abendroth said.

Bumming rides off of friends and family was common.

"If I don't ride the school bus, sometimes my brother's friend (senior) Steve Shapiro will take me to school. I also ride the Cy-ride sometimes," said freshman Alienor Gilchrist.

When the weather permitted, some students didn't mind walking to school. But when the weather took a turn for the worse, they had problems getting where they wanted to go.

"It was a rainy day and I was walking to school on the street. The street was wet and my shoes were really slippery. Before I knew it, I just slid," sophomore Shannon Jolly said. "There were a lot of people around and I was really embarrassed because I ended up breaking my foot."

Although Jolly's accident was unfortunate, most students' transportation dilemmas were not quite that serious.

"On the first day of school my sister Charity (freshman) and I got to our bus stop 10 minutes before the bus was supposed to come. It got to be 8:00 and it still wasn't there," sophomore Gabe Roberts said. "Finally we gave up and our neighbor took us to school. The bus was either really early or really late and so we didn't even get to school until 8:30."

Whether we took the bus, drove, or rode with a parent or a friend, getting where we needed to go was a priority we all shared.

By Kelly Berg

although many students didn't enjoy it, the school bus still carried students to and from school every day. Students who lived three miles away or more could ride the bus free of charge. (Photo by Mindy Cooper)

Chilly Memories

Ice dampened some's winter formal plans

An evening with many strange twists, combined with freezing conditions, made Winter Formal, entitled "Midnight Memories," worthy of its name.

Because Winter Formal was scheduled in December, frigid weather was inevitable. Subzero temperatures and icy roads forced many people to alter their plans.

"We were going to go to Des Moines, but the weather was so bad that it was either eat in Ames, or risk life and death in a vain attempt of getting down to Des Moines," junior Mike Shimkus said. "It was better to eat in Ames than to listen to a radio in a car, in a ditch."

Not only did the weather provide an obstacle to many people's hopes of an ideal night, it also forced people to change their outfits.

"(Junior) Lisa Van Cannon and I looked like biker women because we wore these leather jackets (over our dresses). It was freezing and we didn't have any other coats," junior Joelle Ely said.

These unfavorable conditions also caused a number of physical inconveniences.

"It was one of those nights when you breathe in and all of your boogers freeze up," freshman Nathan Terry said.

Winter Formal was the only social event in which females invited males. Many girls capitalized on this opportunity by using ingenious ways of inviting their dates.

"(Sophomore) Julie Swanson and I asked our dates by pretending to invite them over to watch the 'history assignment' we had made so they wouldn't suspect anything. But, it really was a videotape of us asking them to Formal," sophomore Jenny Olson said.

This event was not only memorable for those who attended, but also for those who sponsored it. Although Senior Girls Club spent about three months preparing for Winter Formal, sometimes it appeared as if it would not be a success because of financial problems. However, on the night of the event itself, all fears were allayed.

"Ticket sales weren't that great at school, but at the door we made \$1,300. I was really worried because we had lost money on the dance we had sponsored earlier in the year," senior Jeanne Sundstrom said.

Although students prepared even months in advance, the night that served to showcase their extravagant gowns and tuxedos lasted only a few hours. But memories of the unusual events that took place during Winter Formal lasted much longer than midnight.

By Carlos Wesley

although formal outfits may have caused some discomfort, junior Laurel Nakadate has no trouble "striking a pose" as she dances to the beat of Madonna's *Vogue* along with senior Amanda Lloyd. (Photo by Abby Klaas)





as the night came to a close, many students became a bit more intimate as the slow songs became more abundant. Freshmen Emily Jahr and Brad Osmundson are entranced by the company of one another. (Photo by Abby Klaas)

Winter Formal would not have been possible without the long, grueling hours of labor spent by members of Senior Girls Club. Seniors Tami Johnson, Alison Doyle, Lisa Horton and Jen Shierholz prepare for the event. (Photo by Abby Klaas)



Senior Girls Club. Front Row: Melani McCracken, Tami Johnson, Lisa Horton, Jeanne Sundstrom, Jen Shierholz. **Second Row:** Alison Doyle, Keara Langston, Tracy Johnsen, Sarah Frette, Amy Gardner, Judy Hamilton. **Back Row:** Kim Biechler, Suzanne Vogel, Erica Merkley. **Not Pictured:** Karen Hsu, Audra Woodin.

What is your favorite comic strip?

CALVIN AND HOBBS 38%

Other 25%

FAR SIDE 16%

GARFIELD 11%

FOX TROT 10%



Armed with Teenage Mutant Ninja Turtles, freshman Jennifer Hallihan plays with her younger brother Danny. Hallihan often watched her brother when her parents were gone. (Photo by Angie Davis)



Getting back to her youthful days, junior Angela Kao plays around with Colorforms of the Muppets. Although Kao did not do this every day, she found they were a stress reliever. (Photo by Angie Davis)





Childs'

Kids at heart found time for inner child

Play

"I don't wanna grow up, 'cause maybe if I did, I wouldn't be a Toys R Us Kid!" Being a little kid meant looking forward to adulthood, but older people often found themselves longing for their youth again. Although playing with toys and watching cartoons were not top priorities, for most, being a kid again came easily.

During the summer, junior Cassee Dunham hosted a Kids Day Party for her friends.

"We had a water balloon fight, played with silly putty, and had a cookout," Dunham said. "My parents told me when I was little that every day was kid's day. Children have fewer worries and that's pretty much why I had the party."

Other students just watched Saturday morning cartoons to get in touch with their inner child.

"The cartoons are sometimes amusing but it's usually the same old thing. I don't really have a favorite, but I like to relax and be lazy on Saturday morning," sophomore Peter Shupp said.

Sophomore Jackie Olberding liked to watch the Smurfs. "I get mad because they only have one girl smurf, but other than that I think they're cute," Olberding said. "When I watch cartoons, it makes me think of the little kids I babysit."

Watching cartoons could be relaxing, but some found Play-doh was therapeutic.

"I like to mess around with it. I don't make anything particular, but my favorite color is green," freshman Sarah Brcka said. "My older sister got me Play-doh as a gift and I thought it was the greatest thing in the world."

Although some students still enjoyed playing with childhood toys like Play-doh occasionally, long gone were the days of other childhood pastimes, like watching *Sesame Street* ...maybe.

"I like to laugh at all of the phony things we didn't notice as little kids, such as the puppet strings you're not supposed to see. My favorite characters are Bert and Oscar the Grouch," junior Janine Wiggins said.

While at a mall in Minneapolis, sophomore Nick Dau and his cousin rekindled their childhood at the toy store. "We were walking around the store playing with walkie-talkies because my little brother was with us," Dau said. "Sometimes I play with my little brother and his toys because he'll ask me to or I'm babysitting him."

Being a little kid again was easy, whether it meant playing with toys, keeping up on cartoons, or just being kids at heart. We could all be Toys R Us Kids.

By Becca Stott

Soaked to the bone, senior Steve Edelson fights back with a Super Soaker during a water fight over the summer. (Photo courtesy of Cassee Dunham)

Home Alone

Latch-key kids faced responsibility

"When you get home, can you please finish the laundry for me?"

"I'm going to be home really late so you need to prepare dinner tonight, and don't forget to clean up the kitchen."

For most students, these were occasional chores, but for some they were everyday tasks. Like it or not, some students had to be on their own.

Freshman Ellie Palmas' parents owned a restaurant out of town so she was alone all day and much of the night.

"Until about three years ago, my grandparents lived with me. Since then, I've been on my own. I cook for myself, and I'm responsible for everything. Sometimes my parents don't get home until really late. Those are always the hardest times for me because it's scary being all alone all night."

While Palmas entertained herself in an empty house, junior Bronwen Benbow waited for rare moments alone.

"Both of my parents work and I have six brothers and sisters that I have to take care of, three of which I have basically raised since birth. Some of the times I like having people around, but most of the time it's a pain in the butt," Benbow said. "I have to clean up the kitchen every night, and that's no easy job when you have a family as big as mine. After that, I have to give my three youngest siblings a bath. Around 9:00, I start on my homework. I don't get much time for myself and I'm extremely pushed for time."

Some students had parents that worked not only long hours and out of town, but out of the country.

"With the kind of work that my dad does, long term trips are normal. At first it was really hard to get used to because he would miss my birthday or any other special occasions. But now I'm used to it. I think it makes me more responsible," senior Alastair Draper said.

In families like Draper's, some students got used to being without parents. Sophomore Derek Ginder's mother worked and his father was often away on business trips.

"He's been going on these trips ever since I was born. I never had to get used to my dad being gone because it's always been normal. I have to do more chores, but it's no big deal," Ginder said.

Whether it was an empty house or a house filled with people, these students found what real responsibility was. It's not easy to start your homework at 9:00 at night or have a parent that is always on the go, but they learned to make the best of it.

By Rubina Mukerjea

many students helped out around the house when their parents worked. Because her mother didn't get home until dinnertime, senior Valerie Reed often prepared the evening meal. (Photo by Beth Myers)





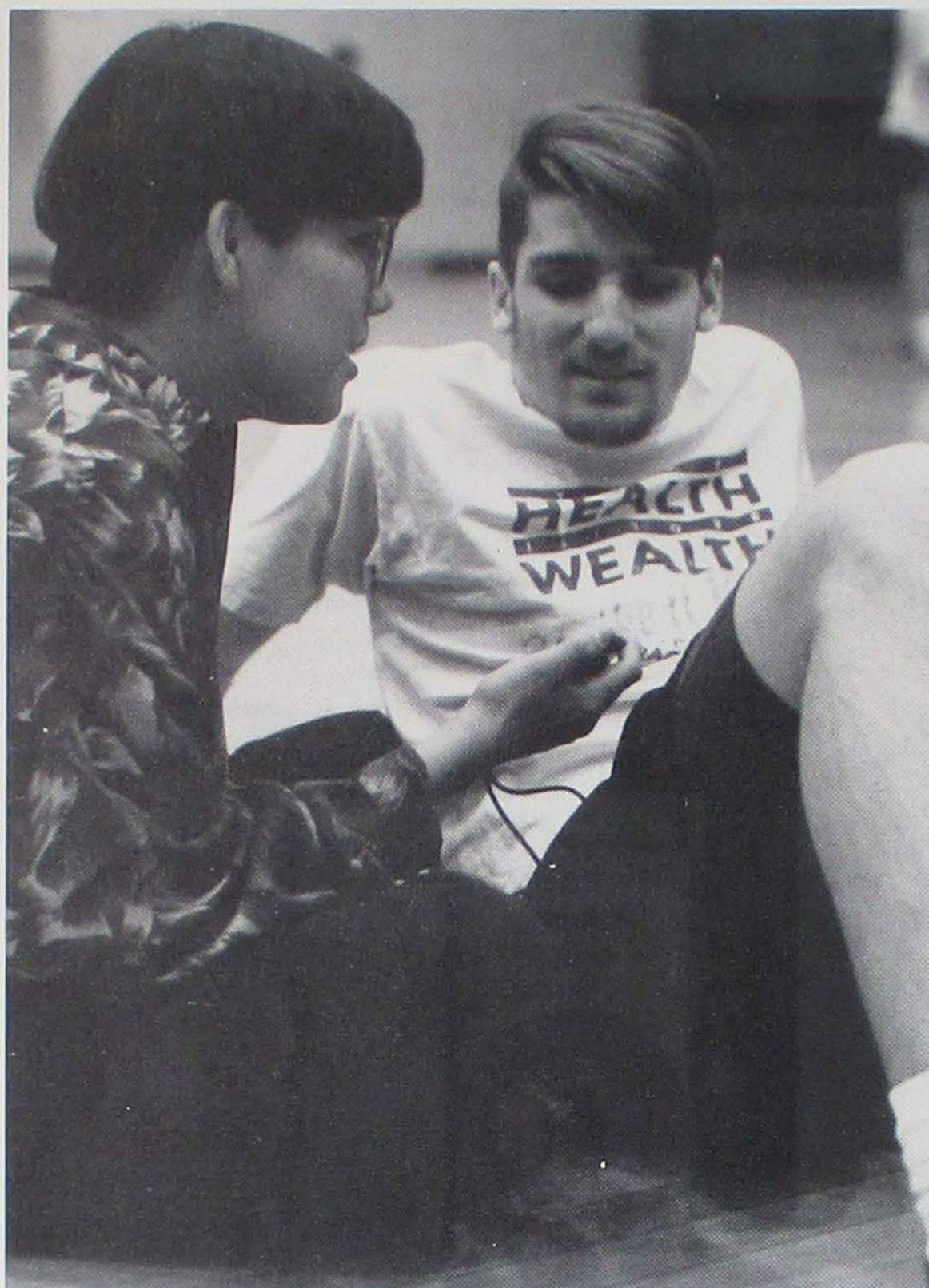
Studying after school was one of sophomore John Ellmaker's activities. By taking care of his homework after school, he had more time in the evening to help around the house. (Photo by Beth Myers)

Using a lap computer was one way junior Shannon Snyder communicated with her autistic sister. Snyder looked after her sister during her spare time and when her parents were busy. (Photo by Beth Myers)



Taking care of the house was one of freshman Tuhina Dayal's responsibilities after school because both of her parents worked outside of the home. For her, that meant watching her little brother and dusting. (Photo by Beth Myers)

While some went out for track to increase muscle mass, sophomore Steve Steenhoke and junior Erin Ackerman used track as a chance to be together. Before practice, they talk about the day's events. (Photo by Serra Sermet)



Like most couples, freshman Anne Peterson and Matt Uemera opted for the usual (and pricey) date of dinner and a movie. While dining at Ruttles, the two share a strawberry shake and conversation. (Photo by Serra Sermet)



After school, sophomore Mandy Padilla visits junior Lon Freeman, who spent the day recuperating from the flu. As Padilla catches him up on school gossip, the couple engage in a game of chess. (Photo by Serra Sermet)

Would you marry someone of another race?



Yes: 73%



No: 27%

150 students surveyed





Jungle Fever

Cultural boundaries weren't dating barriers

The phrase "Black and White" rekindled memories of Michael Jackson and his crotch-grabbing comeback. But for some, these words were more than the title of a song playing on the radio, they were a way of life. To them, this phrase meant interracial dating.

Whether their significant other was Caucasian, Native American, Asian, African American, or Hispanic, dating someone of a different race came with numerous misconceptions.

"I dated a guy from Mexico. All of my friends thought he was real sexy because he was Latino, but he was just a nice guy," junior Erin Burkart said. "I never noticed any real discrimination, except my father expected Alejandro to make hotsauce."

While some parents had relatively minor stereotypes, others were adamant, forbidding their children to date outside cultural boundaries.

"(My father) won't let me go out with guys after I started dating an American. He felt that it was out of our custom, that it wasn't appropriate for me to go out with an American," freshman Vandy Vongsaly said.

In addition to parents voicing their feelings about interracial dating, peers also had opinions on the subject. Some felt that color was not a concern in matters of the heart, but those like senior Ashia Whittington disagreed.

"The black man dates this white girl, because in the world the white woman is held as the epitome of beauty," senior Ashia Whittington said. "White girls, on the other hand, I feel, still believe in the stereotype that black men are well endowed. Plus, these days black men seem to be a fad; it's (dating them) the most 'popular thang' to do."

Others felt that there were more important things than skin color, or nationality to choosing that special someone.

"I'm not allowed to date, but I don't think it's a big deal. If I were to date, I'd date someone of my own religion. All that's important is that we believe the same things," sophomore Mert Sermet said. "There are Muslims probably in every country in the world, Russia, India, all over. It doesn't matter what race they are; at least it shouldn't matter."

By Anjeanette Levings

balancing time between activities and dates was a difficult chore for some to manage. Junior Kerri Beckman visits senior Gene Lund while he works at K-Mart to plan that night's activities. (Photo by Serra Sermet)

Outlandish

Unique animals replaced man's best friend

Pets

When you think of a typical All-American family, images of *Leave It To Beaver* may come to mind. While the Cleavers may not have had a family pet, many families do, and some students abandoned tradition for unusual pets.

"We have a farm near Northwest Iowa and our neighbors found two salamanders. Because I had had salamanders when I was younger, they let me take one," junior Angie McConnell said.

Allergies were another reason to turn to reptilian pets.

"I'm allergic to fur and animals, so I couldn't have a dog or a cat. I used to joke around about how I wanted a lizard and one year at Christmas, my uncle gave me two lizards," senior Amy Bartine said.

Acquiring pets through friends or relatives wasn't uncommon.

"When my grandparents moved out of their apartment, we got their parrot because they couldn't keep him anymore. He's really annoying, because when he wants his cage cleaned out he starts saying 'Dirty Bird'," junior Beth Butin said, and added that he also says "Who's baby are you," "Where's Bernice," "Eat your apple bird," and "Hellllloooooo."

Having unusual pets also meant putting up with unusual diets.

You have to feed them (lizards) specially bred crickets, because they can't digest normal ones and will die," Bartine said.

Having pets like lizards and parrots was more than others wanted in a pet. Instead, fish offered a different type of companionship, even if they weren't eccentric.

"For Christmas last year I got an aquarium. I decided to get guppies because they were inexpensive. I think fish are neat and are cool to watch," sophomore Eric Lehmkuhl said.

Fish were low maintenance pets, but snakes proved themselves even more efficient for absent-minded pet owners.

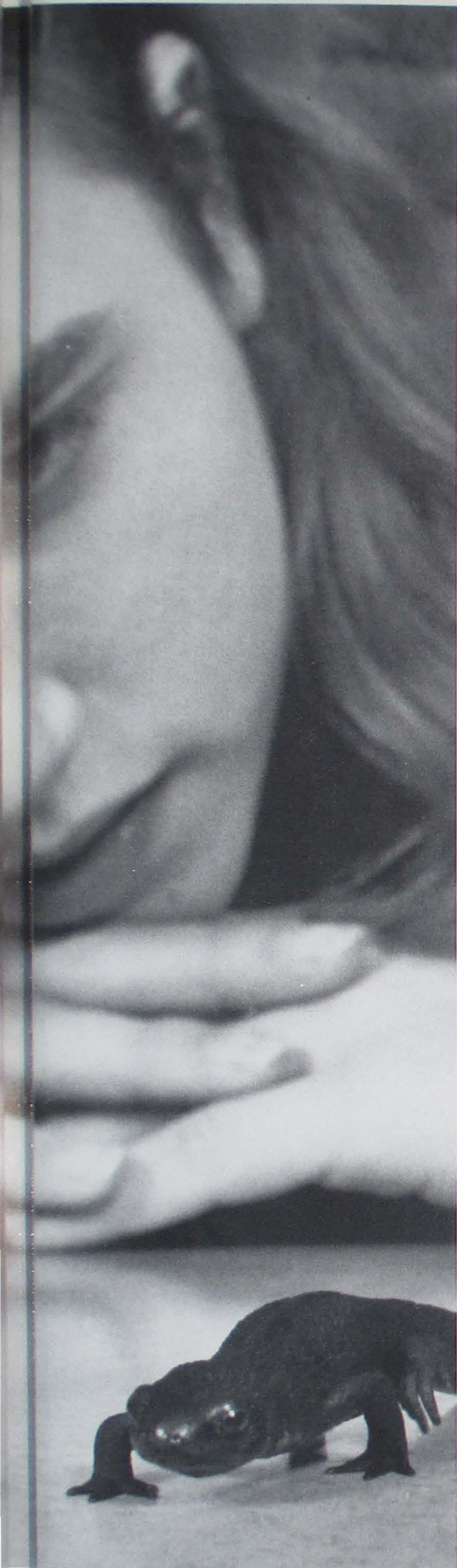
"My python is easy to take care of. I only feed it rats once a week, and it only goes to the bathroom once a month. It's neat to watch it eat because it swallows its food whole," freshman Dan Pollard said. "Pythons don't smell like other animals do either."

While the Cleavers would probably have settled for a cat or a dog, today they may be replaced by pythons, parrots, or peacocks.

By Becca Stott

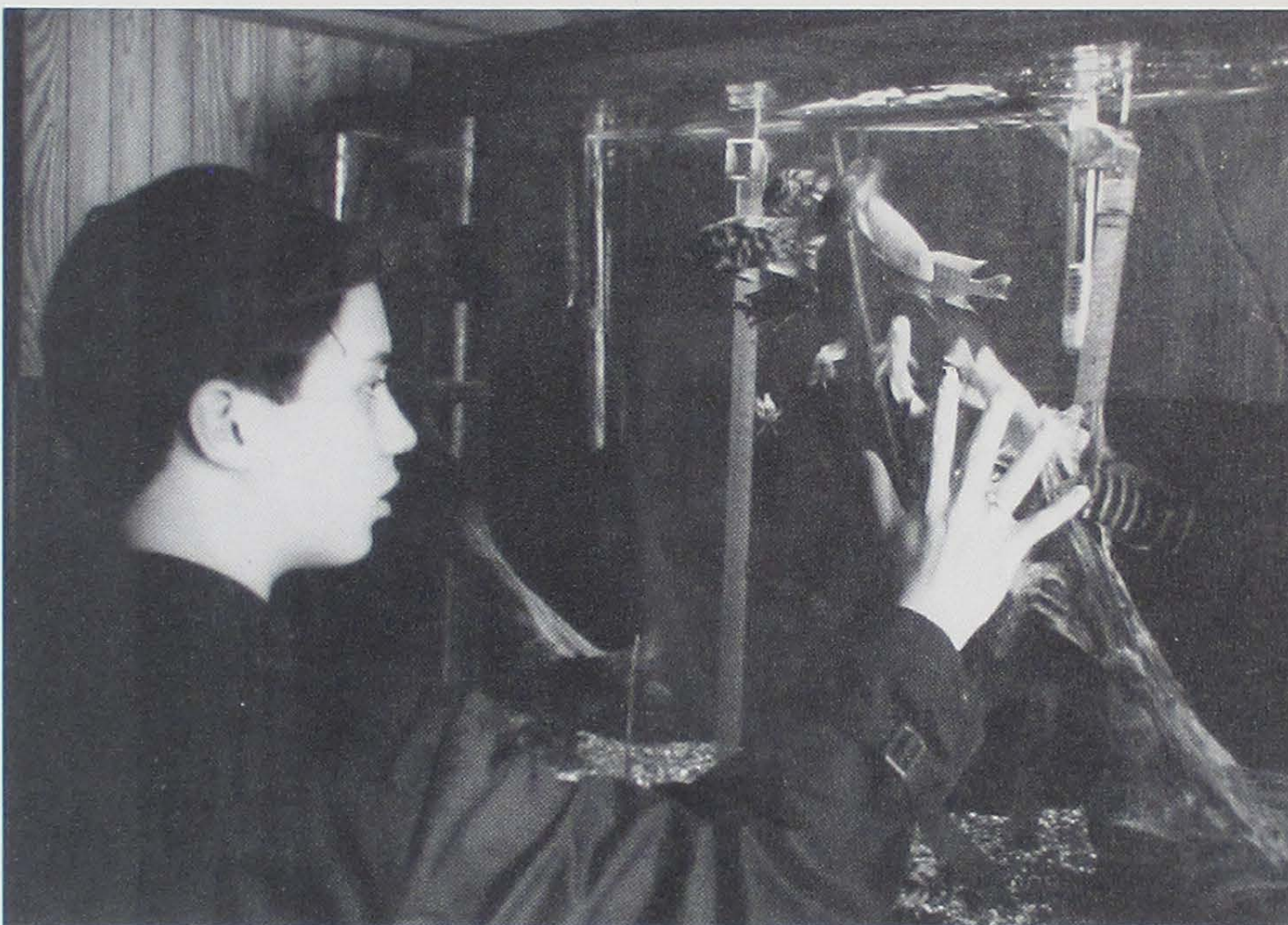
Sophomore Aprille Clarke liked to watch Nolan, her newt, a pet she'd had for about a year. "I like him because he's cute and cuddly and he doesn't bark." (Photo courtesy of Aprille Clarke)





Gently easing his pet snake into the sink, junior Bryan Warne gives his python Cobi a chance to swim. Warne said the snake liked to swim so it could drink the water. (Photo by Serra Sernet)

The Ark, a pet store located in campustown, was a great source for unusual pets. Freshman Michael Shaw checks out the variety of fish offered at the store. (Photo by Serra Sernet)



Taking care of wild animals and rehabilitating them was a service offered by the Wildlife Care Clinic in Ames. Senior Anna Van Deusen offers some food to an injured bird after school. (Photo by Serra Sernet)

after Assistant Principal William Ripp announced the Prom King and Queen, junior Fred Gilbert places the crown on senior Erin Block's head. Block and senior Kevin Lawler were named Queen and King by the Junior Class. (Photo by Karen Hsu)

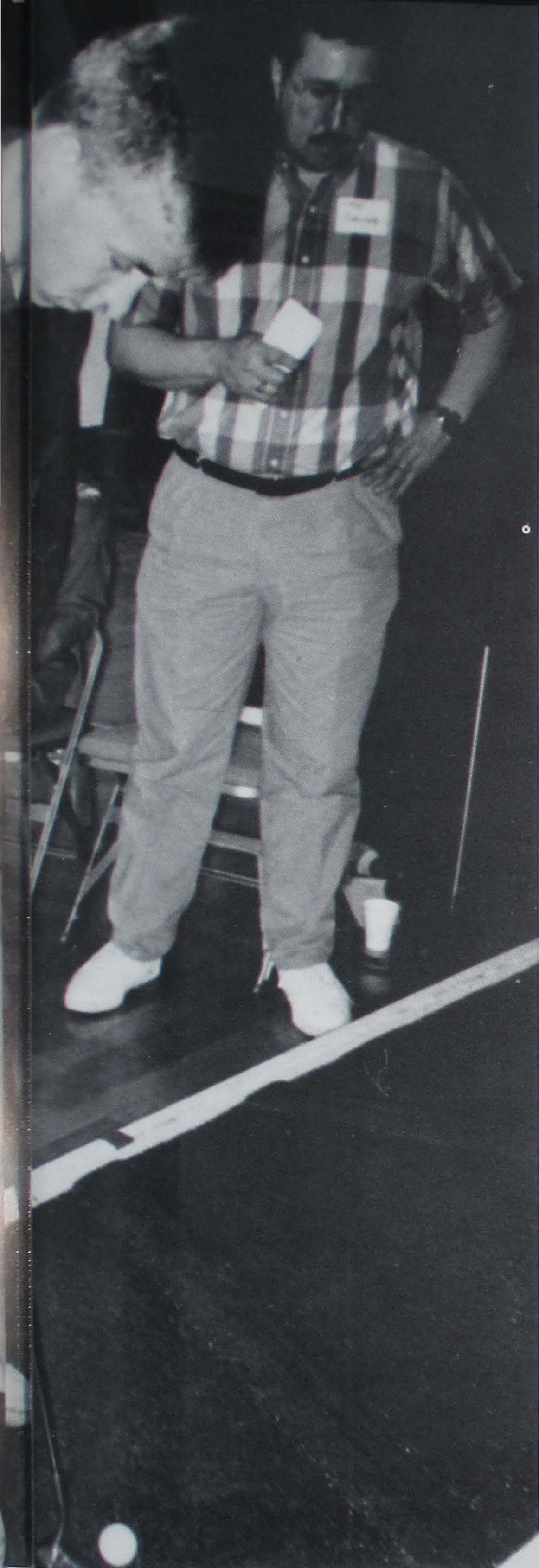


enjoying the evening, seniors Wendy Thompson and Mary Muller dance at Prom. Prom was held May 9 at Scheman. (Photo by Angie Davis)



expressing joy over her victory, junior Robin Geiger leaps onto senior Chad Newhouse. Sumo wrestling was one of the many activities students enjoyed at the after-prom party. (Photo courtesy of Kari Ellingson)





Natural

Students found Prom isn't always paradise

Disasters

Imagine a far away island, the palm trees blowing in the breeze, the sun setting into the ocean, and the waves crashing against the beach. This tropical paradise was supposed to be found at Prom. Unfortunately, Prom wasn't always paradise.

"We drove around Des Moines for a long time looking for some restaurant on Fleur Drive. We finally ended up over by the airport. We figured we would never find the restaurant, so we ended up going to Perkins," junior Dave Cantonwine said. "I also came close to killing everyone in my car because I ran a stop sign on a busy street in Des Moines."

While some people never made it to dinner, others had trouble getting to the dance.

"After dinner at Shogun, we went back to take pictures at Chris Recker's house. We took longer than we thought. My date and I started arguing about whether we had time to visit his parents because we didn't have time before dinner. Because of rain, miscommunication and a fogged rear windshield, we accidentally reversed into a parked 1989 Dodge Daytona," senior Karen Hsu said. "After we waited about an hour in the rain for the police to come, we finally made it to his house to tell his parents about the accident. Then, his car stalled as we left again, so we called my mom so she could bring my car so I could drive to the dance."

Although some found Prom night disasters very discouraging, others made the most of unfavorable situations.

"After the after-prom party, we went over to John Milleman's house. Alison Doyle fell asleep on the couch and started to snore, and Susie McGee fell asleep on the floor. So John and I went outside and watched the sun rise over the glistening river. It was kind of romantic for the two of us," junior Jeremy Gardner said.

A night full of such romance, excitement, and adventure could never be forgotten, especially when parents thought of ways to capture Prom experiences forever.

"My parents did a 'Prom Documentary' about the day of Prom. They woke me up with a video camera, they taped me eating, going in to take my shower, going down the street after my date picked me up, and everything else in between. They taped everything, and it was so embarrassing," junior Angie Davis said.

As the sun set below the ocean, and the wind whistled through the palm trees, one may have heard the cry of yet another student finding disaster on Prom night. Although Prom didn't turn out to be pure paradise for everyone, it was still a night to be remembered.

By Kari Ellingson

Practicing his golf stroke, sophomore Nick Dau tries to win some extra money at the after-prom party. The after-prom party was planned by the juniors' parents. (Photo by Beth Myers)

Working Out

Off-season workouts helped students stay fit

Whether it's crossing the finish line first, tackling the opponent's star quarterback, or spiking the game point, nothing beats the feeling of winning. Although some athletes had a natural talent for success, others had to work for it. A year-round commitment was often necessary to keep athletes fit and strengthen their talents.

"I run a mile to a mile and a half at least every other day. I have also started to lift weights for half an hour every day this winter," junior Elaina Prochaska said. "This builds my endurance for running track and my arm muscles for throwing the discus and shot put."

Many students lifted weights and worked out on their own. Others joined groups out of school for extra help.

"I lift weights at the school at 6:00 in the morning with the rest of the swim team. I also swim at Beyer Hall with the ISU swim coach. He helps me with the skills that improve my strokes, as well as giving us a 2,000 to 6,000 yard workout that will strengthen my muscles," senior Mike Bryant said. "The workouts at ISU are a lot like high school practices, they both keep me in shape all year."

Off-season training wasn't always outside of the school. Many students found joining other school-sponsored sports just as beneficial.

"I'm running track this year to increase my endurance and overall fitness for next year's swimming season. I work myself very hard off season and hope it pays off," sophomore Mindy Hefley said.

Students kept themselves fit not only by participating in sports, but also by learning a variety of exercises.

"I tie rubber bands around my toes and my pinkies and rock up and down to strengthen my lower back," junior Duke Knapp said. "I also sit on the couch and convulse my stomach in and out to firm up my abdomen."

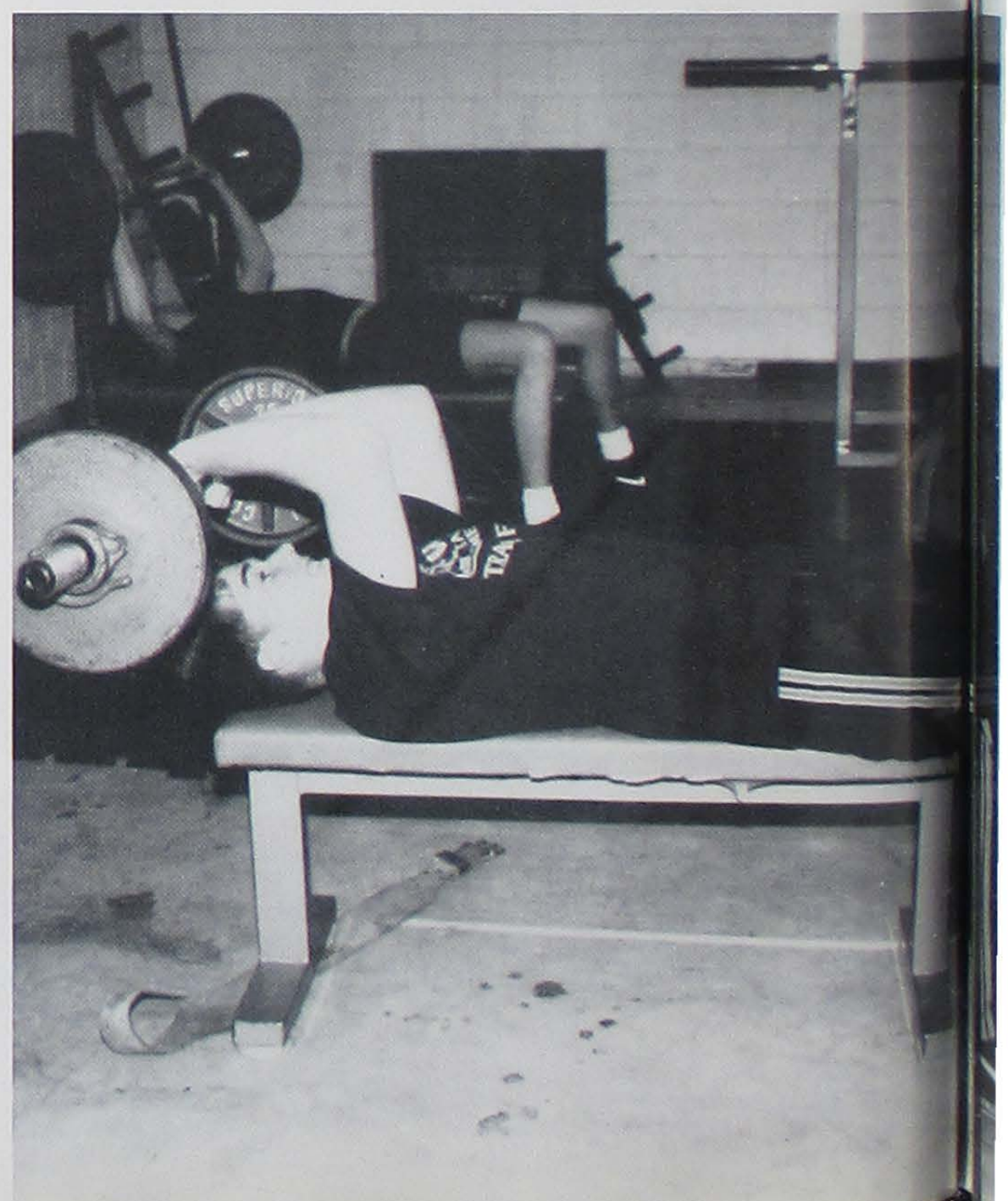
The potential benefits of exercise weren't always enough incentive. Some athletes wanted to be entertained also.

"I jog in place in front of the TV or while listening to the radio every day after school for an hour. Concentrating on something else besides the fact that I'm running out of breath helps me to keep on going," freshman Emily Woline said.

Sweating and straining outside of the sport's season seemed insane, but for the athletes seeking the thrill of victory, the extra effort was worth it.

By Kari Ellingson

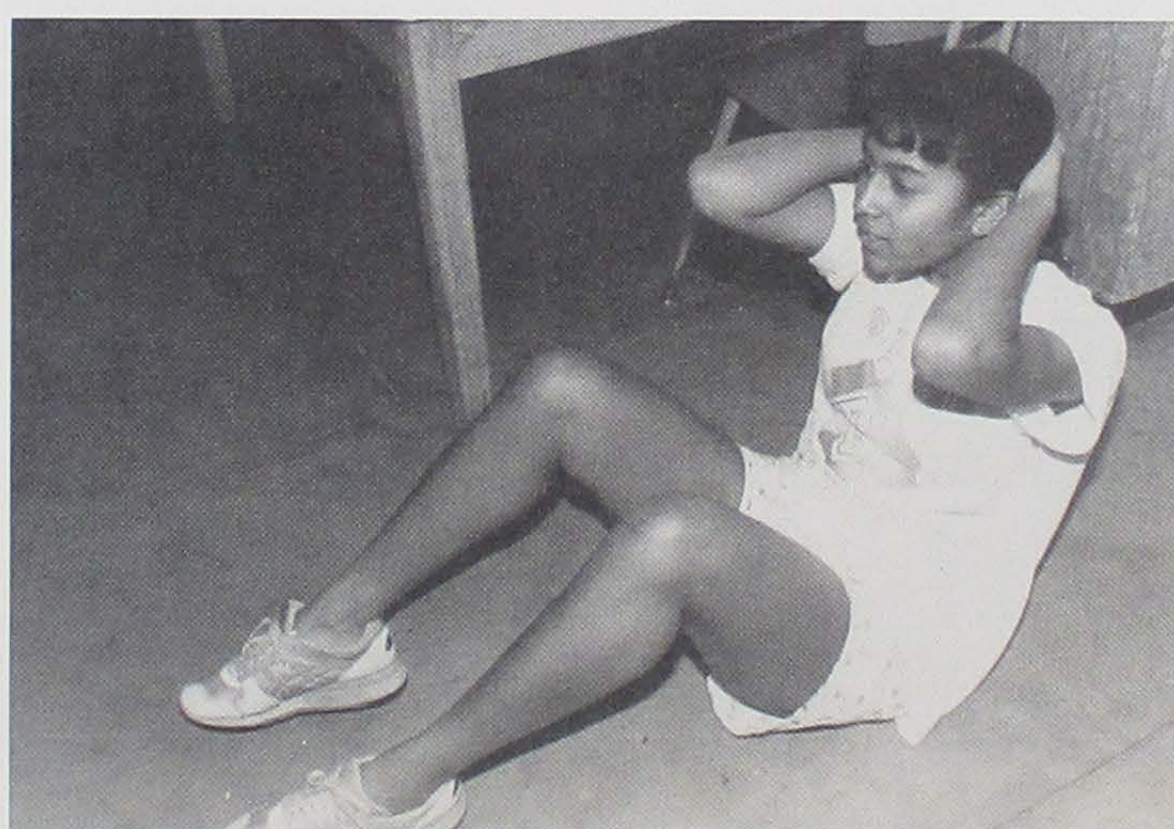
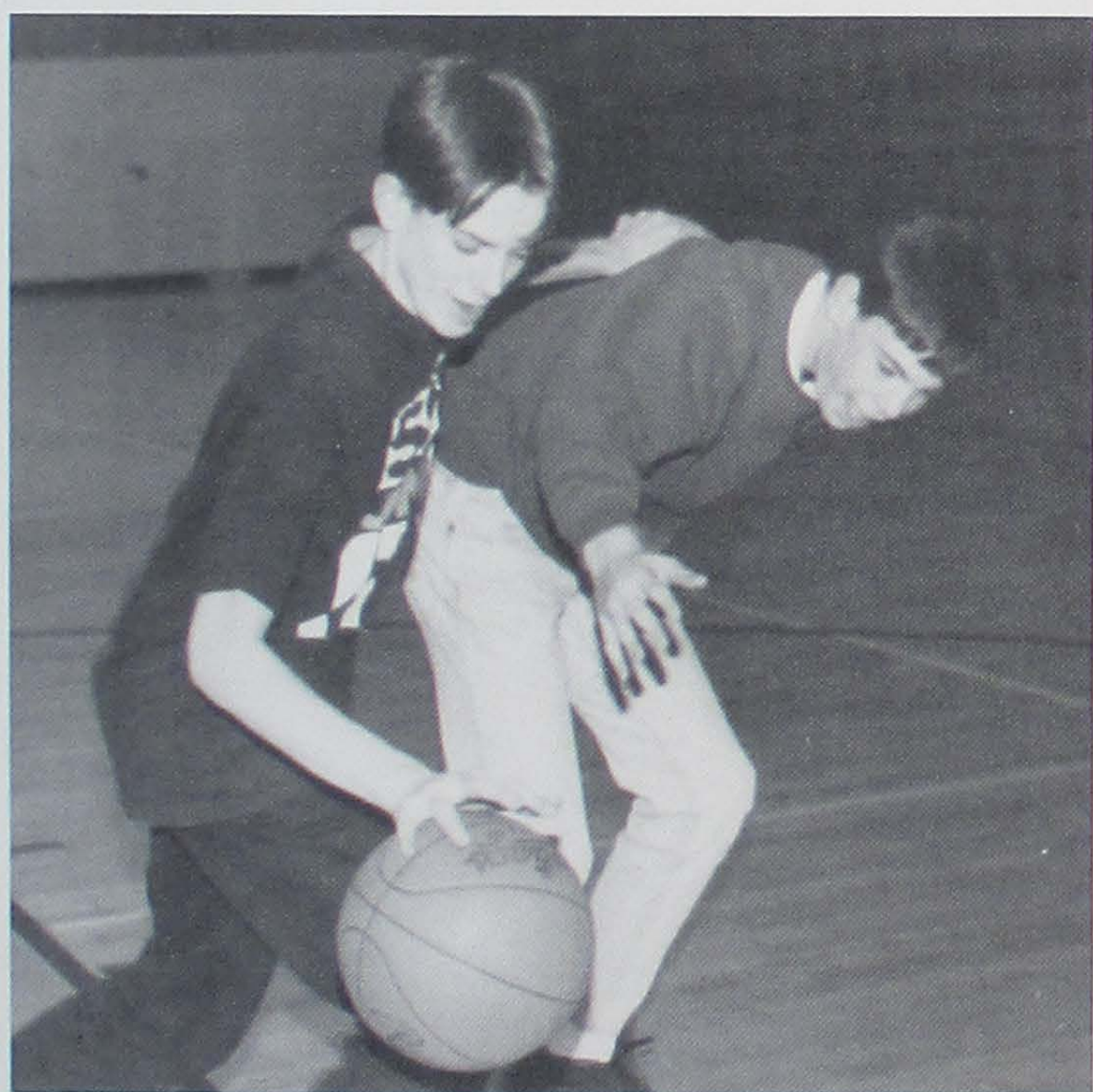
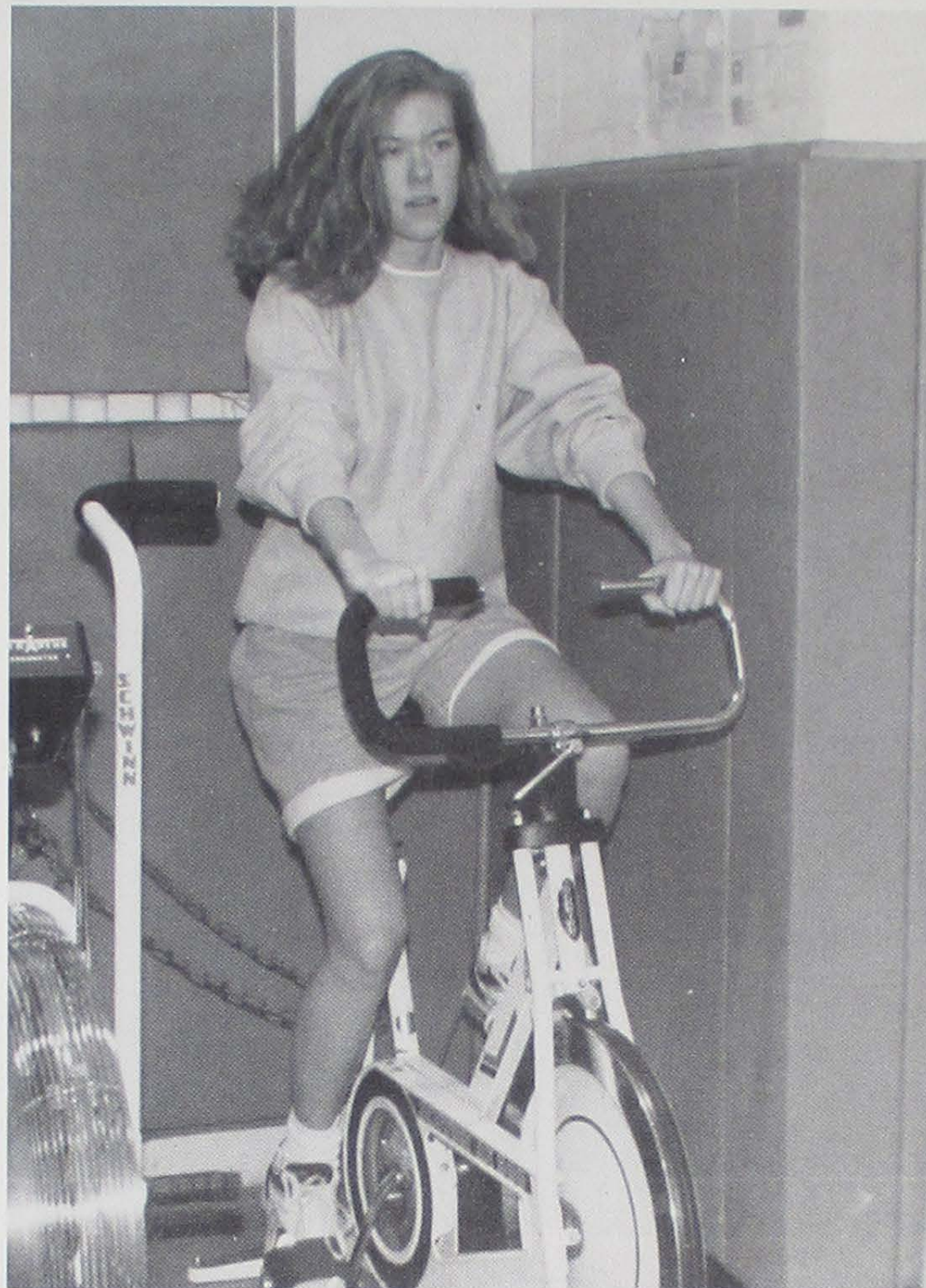
during a free period, junior Chris Wycoff lifts weights in the gym to keep his muscles toned for track. Lifting was one of the most popular forms of pre-season exercise for all types of athletes. (Photo by Angie Davis)





Working out in the swimming pool, junior Bronwen Benbow trains with Ames Cyclones Aquatic Club (ACAC) for swim season. ACAC met every night for over an hour and was open to anyone who was interested. (Photo by Angie Davis)

Riding an exercise bike, senior Shannon Dau trains for the upcoming track season. Athletes found a large variety of ways, like stationary exercise bikes, to keep themselves in good shape off-season. (Photo by Angie Davis)

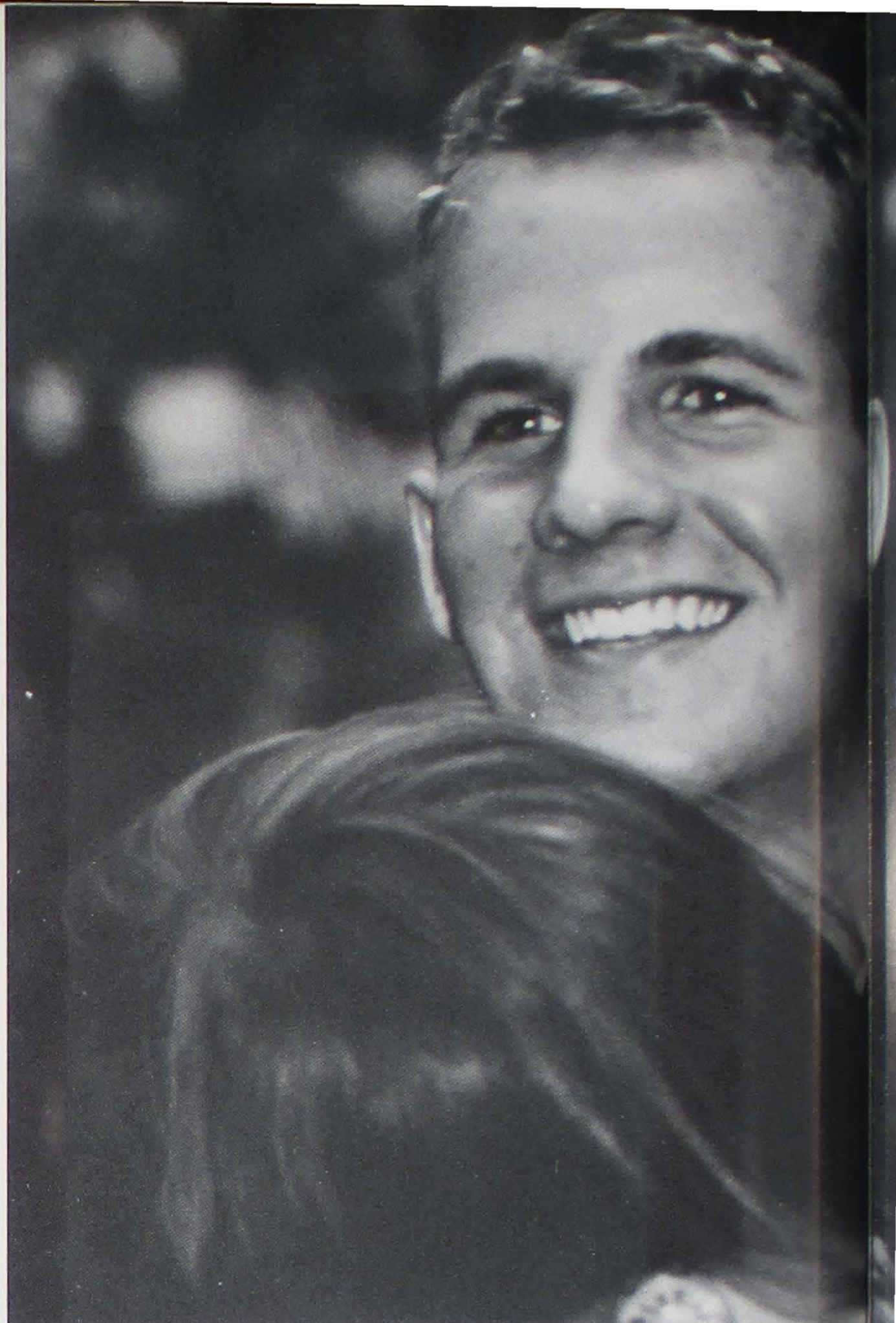
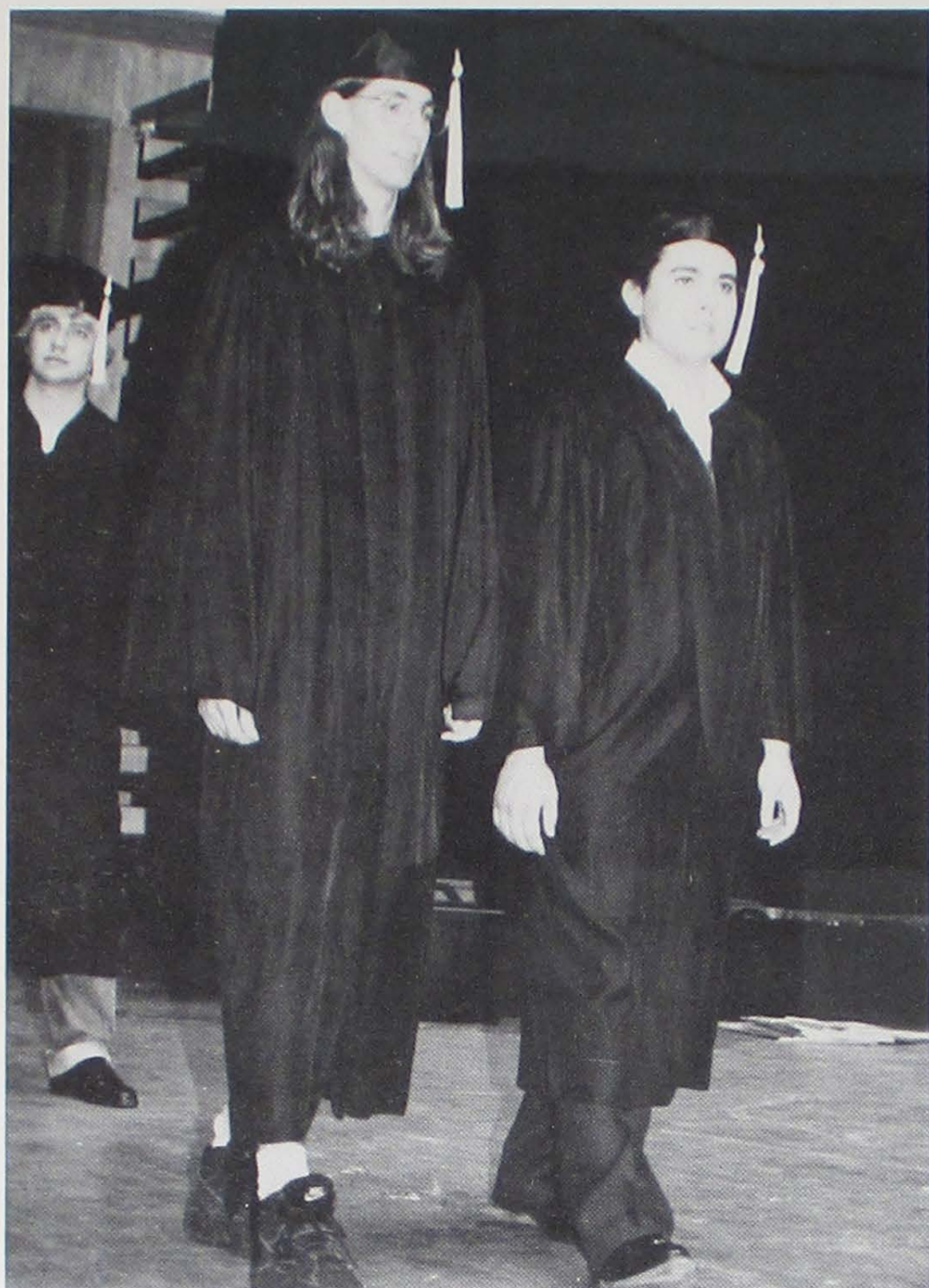


Members of the freshman basketball team, Jared Wright and Michael Recker practice their techniques. Athletes worked hard during pre-season so that they would have a head start on the rest of the team. (Photo by Angie Davis)

Off-season training for track consisted of more than just running laps at the State Gym. Sophomore Charli Engelhorn does sit-ups to strengthen her abdominal muscles. (Photo by Angie Davis)

Some graduates, like senior Jonathon Emmerson, chose to wear comfortable shoes for walking to *Pomp and Circumstance*. Emmerson and Michael Greene enter Hilton Coliseum to receive their diplomas. (Photo by Angie Davis)

With a look of relief and happiness, senior Kelly Delagardelle hugs a friend after graduation on May 27. Friends and family joined the graduates on the floor immediately after the ceremonies. (Photo by Beth Myers)



While waiting for all 319 seniors to go across the stage to shake School Board President Howard Shaprio's hand and receive their diploma, some graduates occupied their time by taping "LATER AHS" to their caps. (Photo by Angie Davis)

Junior class representatives handed male graduates carnations and female graduates roses after they received their diplomas. After giving her a rose, junior Julie Simonds gives senior Alison Doyle a hug. (Photo Beth Myers)





Finally

319 seniors say goodbye May 27

Free

Charles Dickens said it best in *A Tale of Two Cities*. "It was the best of times, it was the worst of times; it was the age of wisdom, it was the age of foolishness; it was the epoch of belief, it was the epoch of incredulity. . ."

Well, it was definitely the age of foolishness. With the end of high school looming ahead, many students found it difficult to concentrate on their studies: the dreaded "senioritis" had no cure save one—graduation.

"I caught senioritis at the beginning of the year," senior Melani McCracken said. "This can be really dangerous, especially if you already know where you're going to college. You can justify everything by saying 'They won't know if I flunk this specific test.' You feel guilty for blowing everything off, but at the same time you feel like a rebel."

"... it was the spring of hope, it was the winter of despair; we had everything before us, we had nothing before us. . ."

Seniors and graduating juniors found their last year of high school filled with emotions, many of them conflicting. Graduation not only marked the end of an era in their lives, but the beginning of another. Those who didn't know whether to jump up in celebration or fall down in tears tried both.

Senior Shawn Kliebenstein found no trouble deciding. "It was sort of anti-climatic. I never understood why people cry at graduation—you just jumped over one of the biggest hurdles of your life; it should be a happy time. I thought it was funny at the end when nobody knew when to cheer."

Other students, however, did cry at graduation. The last night of free public education was also the last night the entire class of '93 would be together. Soon, lifetime friends would strike out on their own at college or a job.

"Never again will we see each other together," said senior Carlos Wesley in his commencement speech. "We must all move on, and moving on means moving apart. We are old friends together for one last night."

"I think it will be really hard when we come back for summers and reunions," senior Bliss Newton said. "In a year, all of us will have new friends, experienced totally different things, and I think this will have an effect on our high school friendships. Except for a very select few, high school friendships will be reserved for reunions."

By Steve Shapiro

following past classes, the graduates celebrate their freedom from high school with silly string and confetti at the end of commencement exercises. (Photo by Angie Davis)

What's Up

Concerts and education made local news

August-While Iowans participated in the Iowa Games, former Iowa State All-American wrestler Kevin Jackson won the gold medal at the 1992 Summer Olympic Games in Barcelona, Spain. Jackson was the fourth gold medalist from Iowa State.

September- Ames residents voted down a \$22 million bond issue for the renovation of Ames Schools. This was the first school bond issue in the history of the Ames School District to fail.

The rock band U2 brought in 52,000 fans to Cyclone Stadium on September 11. The younger generation was targeted to sign up to "Rock the Vote" outside the stadium.

October- *Expansion Management Magazine* rated the Ames School district among the top 20 in the nation. The magazine looked at 500 public school systems and rated them in eight categories: graduation rate, student/teacher ratio, ACT/SAT scores, average teacher salary, student/counselor ratio, amount of money per student spent on instruction, percent of residents who graduate from college, and percent of residents who graduate from high school.

November- On November 3, a record number of voters turned out in Story County to determine the outcome of the presidential election. There were 36,452 voters who made it to the polls that day, 3,098 more than those who voted in the presidential election in 1988.

December- Central Iowans woke up December 1 to reports of two fatal shootings in Des Moines. Drake Diner managers Cara McGrane and Tim Burnett were killed at the diner during a robbery the night before.

January- While sledding with his 8-year-old son, Governor Terry E. Branstad broke his jaw. The governor had to have reconstructive surgery.

March- Principal Ralph Farrar announced that he would take a position as the assistant superintendent, leaving the position of principal open. Out of the applicants, 14 semi-finalists were selected. The field was then narrowed when each candidate answered a list of questions. Finally, three finalists were chosen to come for interviews, and Charles Achter was chosen as the new principal.

April- During the last weekend in April, Central Iowa residents had to choose between three events, the Drake Relays, Veishea, and Farm Aid.

Farm Aid VI, held in Cyclone Stadium, brought in performers including Tom and Rosanne Arnold, Bruce Hornsby and Roger Clinton, President Clinton's brother.

May- 17-year-old Joseph White was sentenced to life in prison after being convicted of the two fatal Drake Diner shootings.

June- After many delays due to bad weather, Main Street and Fifth Street were changed from one-way into two-way streets.

Compiled by Jenni Collins





Farm Aid VI, held in Cyclone Stadium April 24, featured performances by Bryan Adams, John Mellencamp and Willie Nelson. (Photo courtesy of Kari Wille)



Competing in the Winter Iowa Games, junior Mark Harms skies in a downhill event. (Photo courtesy of Mark Harms)

Students were evacuated from the high school April 16 after two students set off a smoke bomb and firecrackers in the back hallway. They were later caught and disciplined. (Photo by Kendi Neff-Parvin)



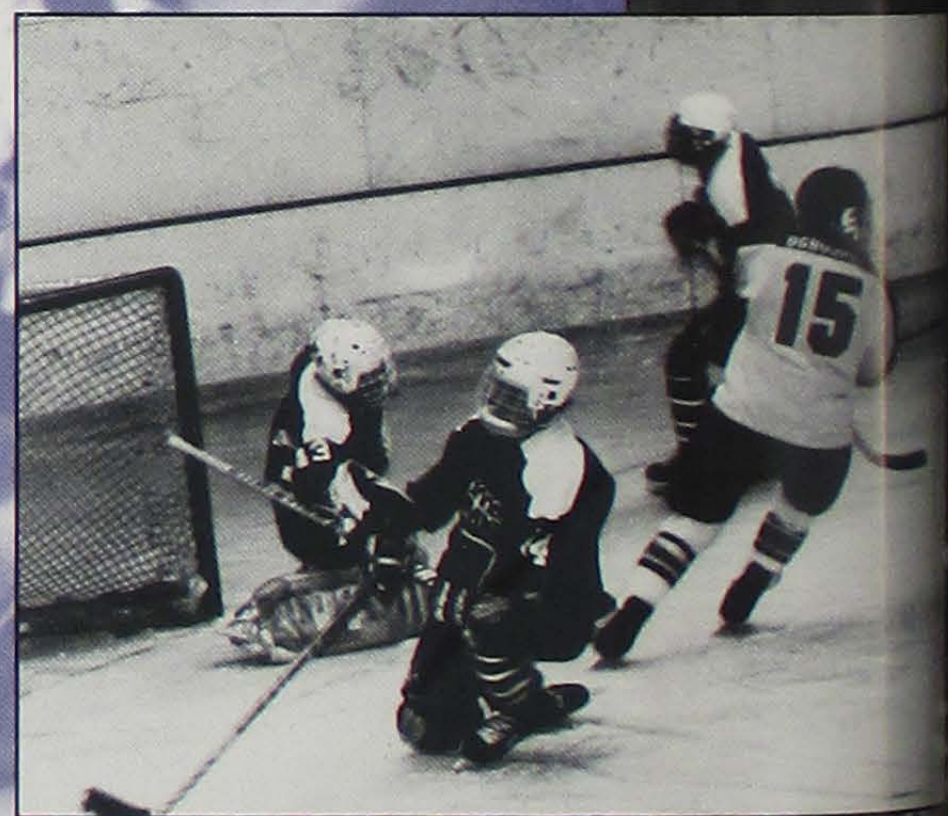
Opening ceremonies for Summer Iowa Games VI were held August 7 at Cyclone Stadium. The three day event brought around 15,000 people to Ames and made an estimated \$1.5 million for the city. The festival consisted of 26 sports run by more than 1,000 volunteers. (Photo by Jenni Collins)

breaking away

After intense, sweaty, summer practices, the football team escaped the dreaded feeling of losing by defeating Marshalltown with the first Homecoming win in four years, and its first playoff berth in the same time span. The exhilarating feeling carried many through the winter sports season during which the boys' swim team placed fourth at State, the best since its 1982 state championship. And in individual competition, junior Jeremy Mize placed fourth at the State Wrestling Tournament at Veterans Auditorium.

But a long winter and a rainy spring made the spring season drag on. Many athletes had to practice inside and hope that all the meets wouldn't be cancelled because of the lousy weather. Along with the gray skies, the weather brought athletes the mental toughness to perform well, even when conditions were less than perfect. Amidst hail, lightening, and heavy thunderstorms, it was dedicated athletes who shined, like the girls' tracksters, who won every close race at conference, and junior Chris Wycoff, who won first place at State on May 29 in 110 meter hurdles, by breaking away.

By Karen Hsu



Speed and agility on the ice was a key to success for hockey players. Junior Mike Ogbourne tries to help the goalie fend off the opposing team during a home game. Ogbourne was later selected as a member of the prestigious All-State team. (Photo by Angie Davis)



sports



Friendly Rivalry

Talent and dedication helped runners dominate the district



Big Splash

Swimmers showed a large team could be more fun



Reaching High

Flexibility and variety helped spikers succeed



Crowd Support

Hockey team places fifth at State with help from fans



Winning Wet

Girls' track team refused to let rain wash them up

junior Nathan Terry dives into the water for the 100 meter backstroke. The Little Cyclones finished fourth at State. (Photo

by Abby Klaas)

Sheer Pride

T

he football spirals through the air as spectators follow its motion with their eyes. Holding their breath, the crowd watches a small figure on the field below rush to get under the ball. As the football sails through the air, the radiant lights of the stadium temporarily blind the crowd. The excitement in the air is contagious as the seconds tick away.

Enthusiastic crowds were repetitious for the sophomore team. The Little Cyclones finished the season with an impressive 8-1 record, including winning the CIML sophomore conference championship.

"We had a lot of talent both offensively and defensively," sophomore Jon Wilson said. "I think that let us overcome our loss to Indianola and win the conference." The Little Cyclones lost to the Indians, 14-6.

The sophomores agreed it was rough to lose only one game, but they overstepped that obstacle and went on with sheer determination.

"The Indianola game was a disappointing setback, but it ended up bringing the team closer together and making us work harder to gain back the respect we deserved in the conference," sophomore Brett Blackwelder said. "We continued the sophomore football pride."

Focusing on their victories, the sophomores concentrated on learning from the few mistakes they made, but nothing could lower their esteem. "We had a great season. Every game we won we attributed to every player that made it happen," sophomore Kory Phompheng said.

Although equally enthusiastic, the freshmen had a less successful season, finishing with a 1-6-2 record.

"Going into the Mason City game, we weren't exactly sure what to expect. We seemed to just accelerate as the game kept going, and when it was over, it was as if all the time and effort we had dedicated had paid off," freshman Dan Pollard said. The freshmen upset the Mohawks 42-6.

"Despite only winning one game, the players remembered that there is always room for improvement," freshman Brian Caldwell said.

As the football begins its rapid descent, bodies convene under it. Snagging the ball, the receiver dashes the last few yards to score yet another touchdown.

By Emily Bourne



**Tradition and a competitive spirit
pressed players to do their best**

Playing at home, the freshman team gathers on the field to contemplate the next play against Mason City. They defeated the Mohawks 42-6. (Photo by Serra Sermet)

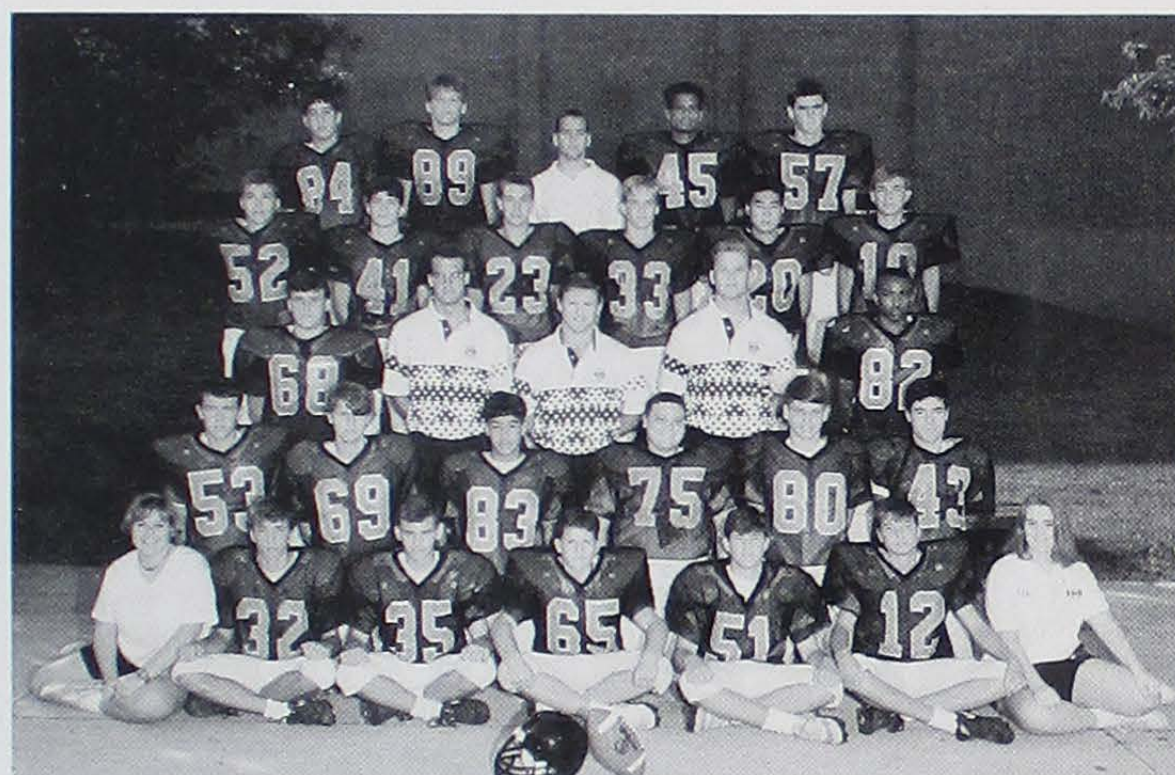
Sophomore Football

8 wins, 1 loss

AHS	Opponent	Opp
34	DM Roosevelt	0
6	Indianola	14
15	Fort Dodge	12
42	Marshalltown	12
21	WDM Valley	20
56	Urbandale	23
27	Mason City	13
38	Newton	22
43	Ankeny	22



Sophomore Football. Front Row: J. Magie, T. Berger, C. Sprong, C. Stairs, R. Kinart, K. Phompheng, M. Hatfield, K. Harryman. **Second Row:** B. Blackwelder, J. McFarland, D. Kepley, J. Garrey, J. Kepley, B. Fennema, D. Ray, B. Banker, S. Garrison. **Third Row:** Trainer A. Elbert, Asst. Coach C. McKinney, Asst. Coach V. Fowles, Coach J. Duea, Coach D. Tramp, Asst. Coach E. Schweiger, Asst. Coach S. Elliot, Asst. Coach S. Anderson, Trainer S. Buck. **Fourth Row:** E. Bappe, R. Van Cannon, E. Strasser, D. Beerman, M. Cook, B. Dunlay, E. Greving. **Back Row:** T. Brunner, J. Wilson, B. Hornung, M. Reed, C. Wheatley, B. Nessel, S. Lee.



Freshman Football. Front Row: Trainer Kelleigh Shonrock, James Veverka, Ben Fowles, Justin Hyde, Justin Nemitz, Jaius Ely, Trainer Lynn Converse. **Second Row:** Chad Spencer, Nathan Hutchison, Sevon Cole, Brian Dane, Mike Recker, Ryan Tesdall. **Third Row:** Scott Buxton, Coach Vance Downs, Asst. Coach Danny Jones, Asst. Coach Kurt Erickson, Brian Caldwell. **Fourth Row:** Jeff Angus, Dan Pollard, Chad Curtis, Nathan Terry, Brad Osmundson, Dustin Avey. **Back Row:** Chris Melvin, Joe Steenhoek, Aaron Bolle, Ray Grant, Cale Doyle.

Freshman Football

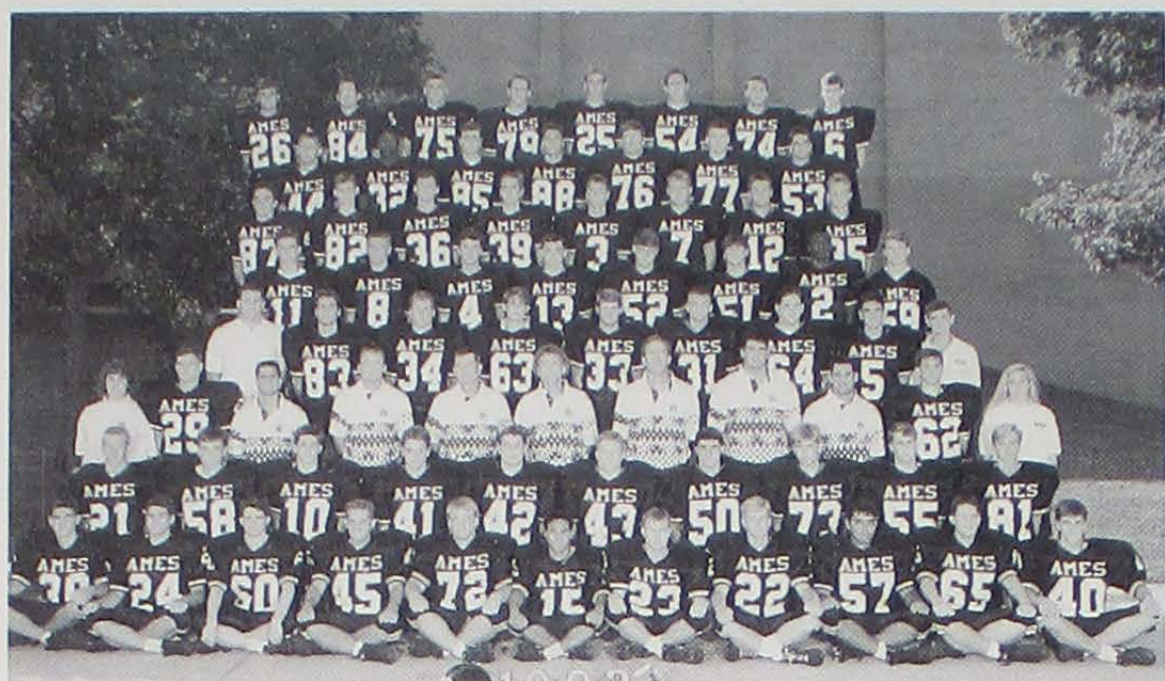
1 win, 6 losses, 2 ties

AHS	Opponent	Opp
6	DM Roosevelt	28
6	Indianola	24
6	Fort Dodge	6
6	Marshalltown	45
6	WDM Valley	6
14	Urbandale	45
42	Mason City	6
6	Newton	14
6	Ankeny	34



Sophomore Mark Hatfield dodges a tackle as sophomore Kurt Harryman lunges at the contender. The Little Cyclones triumphed over Newton 38-22. (Photo by Becci Aiton)

f ending off Bobcats from ahead and behind, senior Tendai Muyengwa tries to bypass them with the ball. Despite Marshalltown's efforts, the talents of players like Muyengwa carried the Little Cyclones to a Homecoming victory. (Photo by Abby Klaas)



Varsity Football. Front Row: L. Vandewater, M. Ogbourne, N. Schult, K. Delagardelle, E. Burlingame, S. Thongsouk, J. White, C. Fowles, B. Kanwar, J. Sweeney, L. Freeman. Second Row: S. Gabrielson, D. Slivesind, T. Payne, J. Gardner, T. Grebasch, M. Clark, D. Knapp, J. Storck, J. Swift, J. Aslesen. Third Row: Trainer T. Hulsey, M. Thompson, J. Pelzer, J. Johnston, C. Pelzer, K. Daddow, B. Vertanen, B. Krausman, J. Pezzeti, D. Smalling, Trainer C. Houge. Fourth Row: C. Wentworth, B. Ford, S. Gould, J. Weiss, K. Burkheimer, D. Kamm, T. Swan, C. Wesley, P. Snow. Fifth Row: C. Consoer, A. Burrier, G. Kozak, G. Collins, G. Woodman, D. Pollard, B. Moorer, J. Tice. Sixth Row: J. Horras, S. Wirth, S. Henning, B. Terry, C. Wycoff, B. Warne, K. Lawler, D. Ricketts. Seventh Row: C. Groepper, T. Muyengwa, M. Farrier, N. Benson, J. Bryant, J. Mize, B. Linder. Back Row: J. Speck, J. Dieter, M. Rahfaldt, S. Bern, J. Milleman, J. Alt, J. Best, J. Gardner.

Varsity Football

8 wins, 3 losses

Ames	Opponent	Opp
20	DM Roosevelt	0
31	Indianola	13
35	Fort Dodge	14
41	Marshalltown	21
13	WDM Valley	39
28	Urbandale	14
34	Mason City	13
20	Newton	41
25	Ankeny	7
	Playoffs	
7	Marshalltown	0
21	Newton	28



I eaping into the air in triumph, senior Gentry Collins celebrates a touchdown made by one of his teammates. Interteam comradery and the fact that previous years had not been so successful made the many victories they had even sweeter. (Photo by Abby Klaas)



"We have daily underwear wars in the locker room and (one time) Matt Farrier was the victim. He was bent over putting on his football pants and Duke Knapp yanked his underwear up over his head. Another time, in the middle of a home game, the sprinkler system came on. The ball was right where the sprinkler was and Jud (Horras) dived for the ball to keep it dry. After Jud did that, all the Newton players started drinking from the sprinkler."

-junior John Milleman

Highlights

- Tendai Muyengwa, Steve Bern, Corey Groepper, and Matt Rahfaldt were elected to the first team All State football team. Dan Ricketts was elected to the second team, and Scott Gabrielson, Josh Bryant, and Bryan Warne were given honorable mention.
- Coach Carl Pelzer was named Assistant Coach of the Year.

J anging up on a Newton Cardinal, senior Matt Rahfaldt and junior Tom Payne attempt to intercept the ball. Although Newton took the playoff game, the Cyclones gave them a fight. (Photo by Abby Klaas)



Winning Memories

For many High school football games have meant chilly autumn nights, steaming pizza, blaring marching bands, and orange hair for many students over the years. However, in recent years, they have been missing one important ingredient—WINNING. The '92 football team brought this important element back to the sport for the first time in five years.

Although the official season started off well, the team began thinking about football as early as November of 1991, thanks to the senior players.

"Excellent senior leadership really made this year stand out. They really got the team prepared for the season. Every month they sent newsletters to tell us what we could be doing to get ready for the season," junior Mike Ogbourne said.

The extra concentration helped the team focus on winning its first four games, including Homecoming for the first time in four years. Among these was their second home game against Fort Dodge which looked grim from the beginning. The Little Cyclones went into the second half low on points and spirit, but a huge attitude adjustment in the locker room during halftime carried them through to victory.

"After the game against Fort Dodge we knew how good the season was going to be. We didn't have (senior) Scott Gabrielson, and (senior) Kevin (Lawler) went down the first play. We were getting slaughtered the first half, but at halftime we came alive. Guys you'd see who were mellow at school were just screaming in the locker room. The guys turned into psychos. We knew we could beat them, and we came back and scored 35 points," senior Ben Ford said.

After plowing through the season with an 8-2 record, the players gave the students another new experience—standing in line for playoff tickets. They beat Marshalltown before losing to Newton, 28-21.

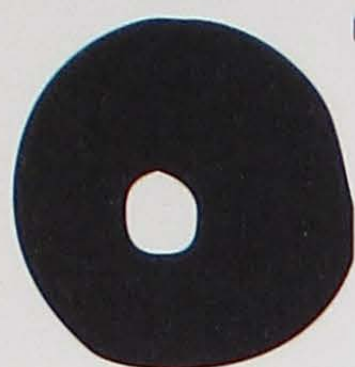
"I think we had a good chance to beat Newton. The first game they beat us it was a blowout so we knew they would be looking past us, thinking it would happen again, but we came out fired up and did a good job," senior Josh Bryant said.

High school football memories will always include Homecoming and halftime, but the '92 team brought the thrill of victory to football again.

By Adrienne van der Valk

The '92 football team
brought victory to the field

Friendly Rivalry



ne can never content to creep when one feels an impulse to soar."

—Helen Keller

This phrase could be seen on the back of the girls' cross country shirts on meet days. Creep they didn't, as the inspirational quote on the back of their shirts pushed them to soar.

The girls finished first at all of their regular season meets and at the district and conference meets. Their only loss came to Iowa City High at the Cedar Rapids Invitational, the team which became the eventual state champion.

"We were ranked fourth going into the state meet, and that's what we got, so we can't be unhappy with it. We had hoped to do better because we had beaten Marshalltown before, but we ran well, and we can't be unhappy with our finish," junior Susie McGee said.

With six returning letterwinners, and several other talented runners in contention for a varsity spot, no one was assured a permanent position among the top five. At the beginning of the year, seven runners ran in the varsity meets, and as the season progressed, only five runners could run in a varsity meet.

"Everyone was very close in ability, so it was really competitive. There wasn't a set five, so that made everyone work harder knowing that there was someone just ahead or just behind them," senior Ammi Loutzenhiser said.

The stiff competition helped push the runners. The faster they got, the more competitive they became.

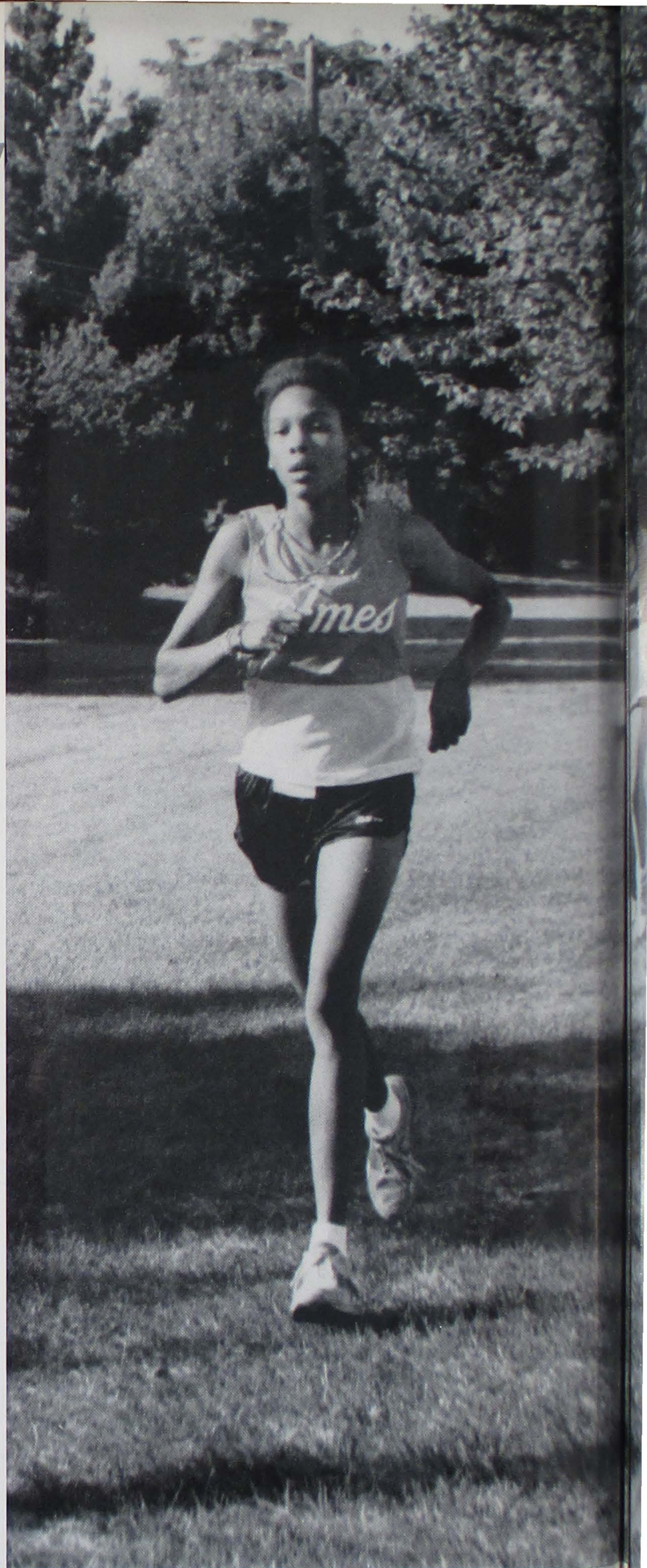
"If you put our top 15 runners in the different schools that we ran against, they would be varsity runners automatically," senior Shannon Dau said.

Although not all of the runners could be in the top 10 or 15 positions, many considered just completing the two miles a wonderful achievement.

"If you have the mental ability to run two miles, you can do just about anything you want to," senior Sara LeBrun said.

Although runners came at all different levels of ability, none consented to creep; instead they fulfilled their impulse to soar.

By Jenni Collins



Talent and dedication helped runners dominate the district

Sprinting toward the finish, senior Serra Sermet attempts to catch up to junior Hope Amos during the JV race at the Ames Invite. Amos placed first, and Sermet placed second at the meet held at River Valley. (Photo by Angie Davis)

Preparing for the Ankeny Invitational, Coach Kirk Schmaltz gives last minute instructions to his team. The Little Cyclones placed first at the meet, surpassing 14 other teams. (Photo courtesy of Becca Stott)

Highlights

- Regional Coach of the Year: Kirk Schmaltz
- Erin Block Dedication Award: Erin Block received an award for her dedication to cross country. In future years, the award will be named after her, and it will be given to a dedicated member of the team, along with a personal letter from Erin.

caught in the act

"We were at the meet at Ankeny, and I fell just as the gun went off. Everyone was at the starting line watching me, and then I had to catch up with everyone."

-senior Kim Biechler

"After the meet at Living History Farms I was standing around with friends after I got done running, and suddenly from nowhere Hope Amos came up from behind me and de-pantsed me, and there were lots of other teams standing there. And that's not all, Serra Sermet had her camera in her hand and took a picture, so the moment could be captured forever."

- senior Erin Block

Girls' Cross Country

7 first places

Meet	Place
Ames Invite	1st
Cedar Rapids Invite	2nd
Tom Karpan Invite	1st
Indianola Invite	1st
Urbandale Invite	1st
Ankeny Invite	1st
Conference Meet	1st
District Meet	1st
State Meet	4th



Girls' Cross Country. Front Row: S. Ellmaker, A. Raske, S. LeBrun, L. Trede, A. Bergan, X. Li, L. Powell, M. McKern, A. Gilchrist, S. McGee, C. Salvo, G. Guffy, G. Olberding, A. Hetley. **Second Row:** J. McKee, D. Pantenburg, A. Shrum, C. Schram, B. Titus, B. Stott, N. LeBrecht, A. Davis, A. Terpstra, S. Smith, B. Parks, Trainer K. Kirkpatrick, J. Jones. **Third Row:** L. Van Houten, K. Heiberger, K. Beckman, E. Ross, J. Fiebler, Assistant Coach E. Joenson, Head Coach K. Schmaltz, A. Athreya, M. Knutsen, S. Sermet, H. Amos, A. Loutzenhiser. **Fourth Row:** J. Simonds, K. Lakin, D. Bryant, M. Roberts, T. Johnston, C. Briley, A. Hutchison, N. Osborn, K. Biechler, K. Langston, E. Block, J. Shierholz, A. Moutray. **Back Row:** A. van der Valk, L. Rice, B. Ryan, J. Allen, A. Doyle, K. Fretz, S. Dau, E. Espeland, A. Birch, A. McJimsey, T. Triplett, J. Ng.

Highlights

- The sophomore team placed first in the Tom Karpan Invitational.
- The squad beat ranked Muscatine and placed fourth at the Cedar Rapids Invitational.
- Junior Jeff Stiles qualified for State for the third year.
- Sophomore Micah Vardeman qualified for State in his first year of competition.

eyeing the course ahead, freshman Moses Lueth releases his last bit of energy. Although Lueth timed in at 20:13, his ninth place finish at River Valley helped the freshman/sophomore boys come in second. (Photo by Angie Davis)

Sprinting towards the finish line, junior Aaron Sheeler attempts to overcome his opponent while clocking in a time of 19:42 for the JV team. During the season, he progressed to a season low of 17:54. (Photo by Angie Davis)

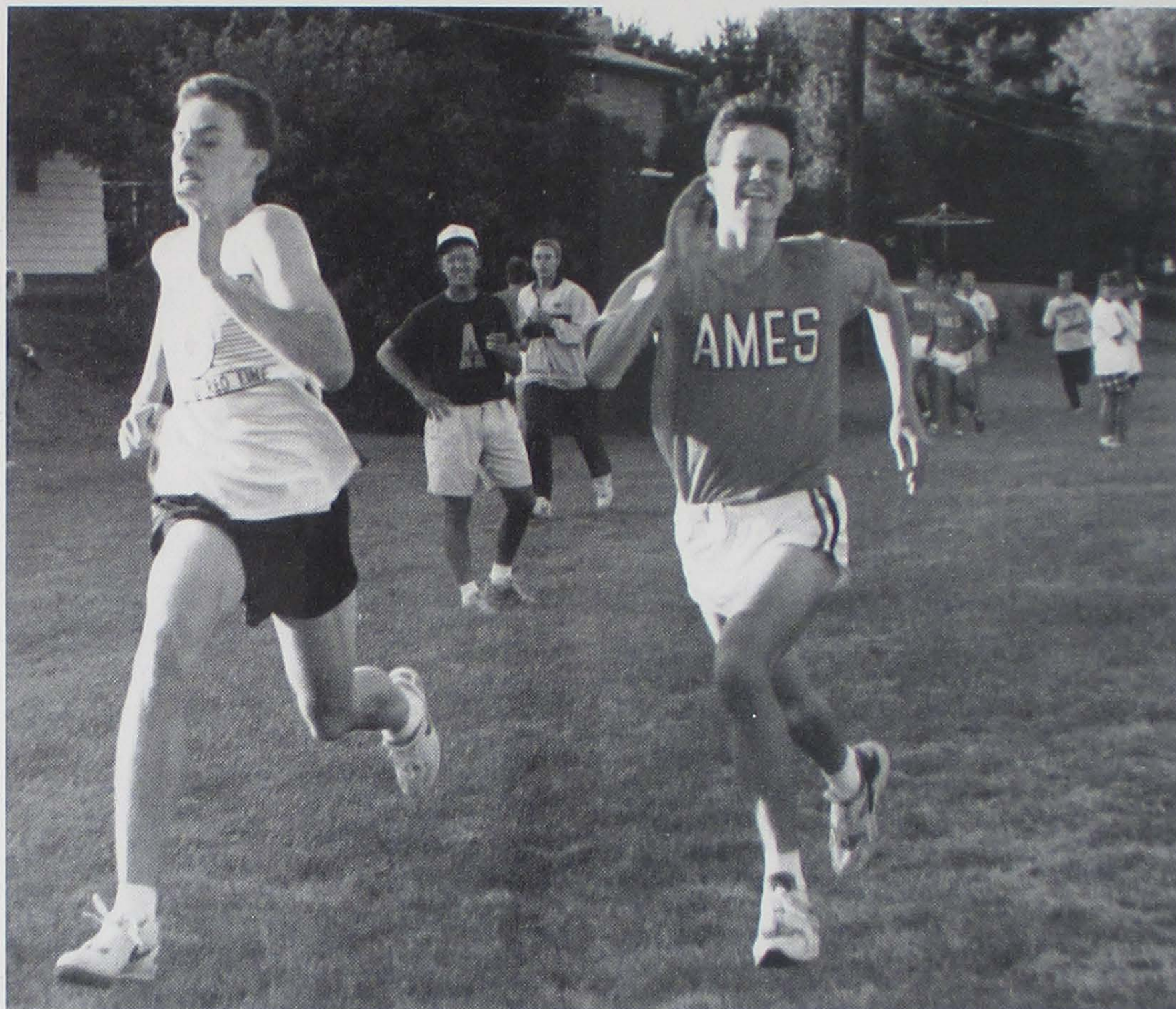


"I didn't eat for the whole day before the meet, which was a big mistake and the reason that I couldn't finish the race. I didn't go into oxygen debt, but it was just anxiety. I was running the race and had almost completed the course, when I guess I just went crazy. I ran out into the crowd and simply couldn't control myself."

-junior Aaron Sheeler

"Fridays were always easy post-meet days, so we'd always bring stuff to pour over the freshmen and other first year people. One day we brought ice cream toppings, like chocolate syrup and cherries and another day we brought mustard and ketchup. It was always a lot of fun."

-sophomore
Nick Dau



Boys' Cross Country. Front Row: David Kuhl, Paul Stewart, Cory Seaton, Mark Sedgwick, Dan Johnston, Chip Whiteford. Second Row: Matt Healy, Andy Proescholdt, Rob Anderson, Jason Wray, Aaron Sheeler, Eric Lehmkuhl, Dave Johnson. Third Row: Derek Ginder, Dave Evans, Head Coach John Sletten, Assistant Coach Randy Barick, Brian Muchinsky, Moses Lueth. Fourth Row: Jason Miller, Micah Vardeman, David Cantonwine, Chad Kinart, Justin Wilcox. Fifth Row: Ryan Carey, Jeff Stiles, David Cook, Mark Gyllstrom, Collin Moon, Nick Dau.

Boys' Cross Country

2 second places

Meet	Place
Little Cyclone Invite	4th
Cedar Rapids Invite	4th
Tom Karpan Invite	4th
Indianola Invite	3rd
Ankeny Invite	4th
Mike Augustine Invite	2nd
CIML National Conference	8th
Districts	2nd
State	14th





Personal Drive

I 7:46:22. Pain, undeniable pain. 17:47:37. Puff, puff. 17:48:15. Only a few more strides. 17:49:56. Ahh, it's over! The 5 K course took its toll upon cross country runners' lungs, legs, and sanity; but beyond the pain lay something for the taking. The quality that every participant strived for—improvement.

The young team's motivational phrase was easily condensed to that one word. Although the runners did not set their sights towards winning State, cutting time soon became as important as that almighty trophy.

"It was an inexperienced team with only two (returning) letterwinners. All you could do was improve; you had to build," freshman Chip Whiteford said. "I ran as fast as I could in practice when I wanted to improve. I didn't say, 'Oh gee, I don't feel well. I won't try too hard today.' I would go after the times that Sletten set up and go beyond if possible."

The runners' work ethic and determination at practice centered on the next meet and dropping those vital seconds off their times.

"I had a meet where I was real disappointed with my time; I knew that I could have done better. So I plugged away at practice to prepare for the next meet," senior Chad Kinart said. "It paid off. I was really pleased with my time."

Despite the individual emphasis, the team realized when to pull together as a unit and set a goal that they felt was attainable.

"One of our goals was to win a meet, not to come in second or third, but come in first. But we didn't do it. We came in second a couple of times, but we never got first. We worked towards improvement and for everyone to get faster," junior Jeff Stiles said. "(To do this) you have to concentrate on yourself and not really worry about anyone else."

Although this attitude seemed to contradict the word "team," these runners worked their hardest to replace the joy of an overall first place with cutting seconds.

"During practice, I just went out there and ran as fast as I could to hit my times. At meets I'd set goals for myself to improve my times and become a better runner," sophomore Micah Vardeman said. "I was disappointed with my performance (at State), but I thought that everyone ran as well as they could. That's all you can really ask."

By Anjeanette Levings

Boys' cross country team makes best of disappointing season

Big Splash

When walking past the pool, you could hear the splash of swimmers, smell the chlorine-soaked suits, and hear the carefree chatter among teammates. But for swimmers, more went on every day than just the sensory effects.

The tedious laps during practice paid off in unexpected results at Districts.

"One of the most exciting meets was Districts. Dana Patterson had consistently finished second to Tara Sondell (from Marshalltown) in the 100 Breaststroke. Dana finished the race first and dropped her time by over a second. Dana beat Tara and the whole team surrounded her after her race. Everyone was really excited. It was great," junior Lizz Welch said. Ames finished second to the Bobcats at Districts.

Coming off an emotional high after Districts, the Little Cyclones had to remain focused for State. The underclassmen gave seniors credit for keeping the team in line.

"They made sure everyone knew who everyone else was. They were nice to the people who had just come out this year," freshman Laurie Anderson said.

The seniors certainly had their work cut out for them with a big team of about 60. And with so many people, some degree of success was guaranteed.

"We had a pretty good season. We came out how we expected to. We have a lot of depth from the guppies (beginners)," junior Daniela Williams said.

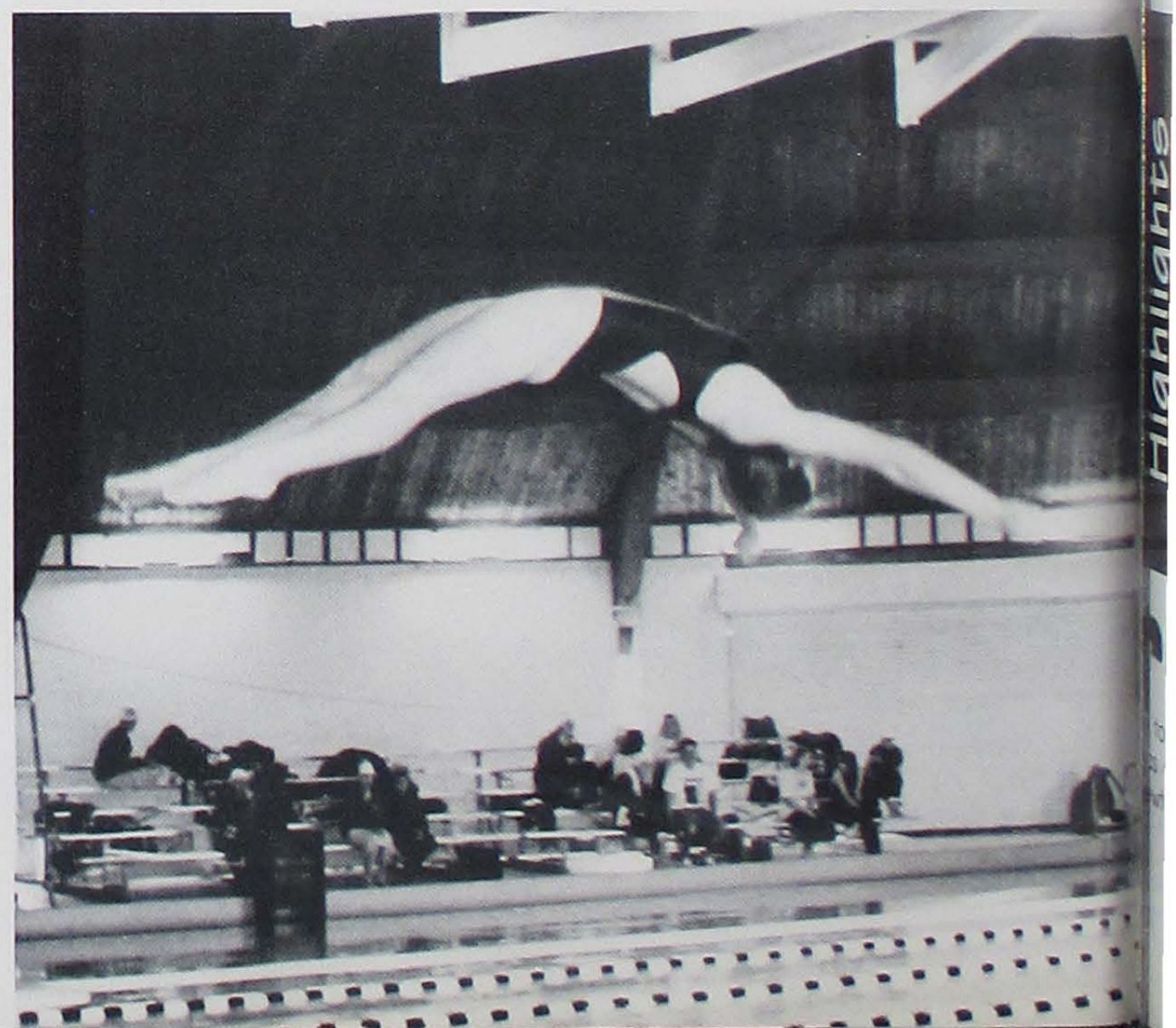
With each member playing an intricate part of the team, the swimmers concentrated on individual achievements and meets as the state meet neared.

"One of the best meets was a dual against Urbandale. It was the only really close meet we had all year. We were ahead until the last three events. Urbandale ended up winning by 15 points. It was really tense, but exciting. The meet was more like a concert. It was really quiet at the start of the races, but then everyone would be screaming their lungs out," senior Ann Moore said. "The state meet was also more a team thing this year because we had the most people qualified for State in the four years I have been on this team."

Although drills and endless laps were important to the season, it was the individuals' spirit that made the year a great one.

By Becca Stott

Swimmers showed a large team could be more fun for individuals



Getting ready for the 200 medley, senior Jenny Fisher prepares to start with the backstroke. Not only did her relay come in first, but the Little Cyclones triumphed over Newton 123-62. Fisher was an asset to the team, also competing at State. (Photo by Abby Klaas)

Girls' Swimming

4 wins, 4 losses

AHS	Opponent	Opp
69	WDM Valley	117
2nd	Ames Invite	
115	Ankeny	55
142	Boone	42
75	Mason City	110
2nd	Marshalltown Invite	
70	Marshalltown	116
123	Newton	62
106	Fort Dodge	79
2nd	Urbandale Invite	
85	Urbandale	101
2nd	Districts	
28th	State	



Girls' Swimming. Front Row: Lizz Welch, Margie Mayfield, Adria Nelson, Rebekah Hartman, Karin Tollefson, Anna Van Deusen, Jenny Fisher, Dana Patterson, Ann Moore, Andrea Cartwright, Monica Wilke, Bronwen Benbow, Mary Willard, Melissa Stenstrom. Second Row: Betty Pang, Daniela Williams, Kari Ellingson, Robyn Berning, Sara Britson, Sarah Fisher, Shannon Jolly, Becky Chacko, Melinda Hefley, Julie Anderson, Maria Rosheim, Amy Henderson, Emily Olson, Bernadette Hartman, Andrea Olson. Third Row: Mgr. Rachel Lutz, Lynn Summers, Tuhina Dayal, Katherine Holger, Carisa Ripley, Anneke van der Valk, Laurie Anderson, Lisa Glantz, Emily McCay, Brandi Foley, Allison Warner, Dawn Schmidt, Trish Peterson, Cecily Martin, Jodi Larson. Fourth Row: Coach Nancy Svien, Asst. Coach Hilary Ziebold, Mgr. Melanie McCracken, Mgr. Amy Rohden, Melinda Sanderson, Noelle Padgett, Kathy Marvick, Emily Woline, Ellie Palma, Sarah Brcka, Keyea Meyer.



"Robin Geiger and I went to the training room before swim practice to ice shoulders. We found some rubber gloves in the training room and took them back to the locker room with us. We filled them up with water and stuck them in our swim-suits. We then tried to swim like that."

- freshman Laurie Anderson

• Seniors Jenny Fisher and Ann Moore have gone to State and have lettered all four years.

• State Qualifiers: seniors Jenny Fisher, Dana Patterson, Ann Moore; juniors Robin Geiger, Kari Ellingson, Angela Arias, Monika Wilke; sophomore Melinda Hefley.



Head Coach Nancy Svien doesn't usually swim with her clothes on, just at the last home meet of the season. It was a time-honored tradition for the team to throw the coach in the water at the last home meet, which was Sept. 29. (Photo by Abby Klaas)

-sophomore Robyn Berning

Reaching towards the water to complete her back dive, junior Margie Mayfield is about to enter the water. Mayfield went on to finish fifth overall at the meet. Mayfield was one of five divers competing against Newton. (Photo by Sarah Fisher)

Highlights

- Meet Medalists: Brad Wuhs, WDM Valley/ Roosevelt meet and Fall League meet; Rusty Crawford, WDM Dowling Invitational; Tom Stenberg, WDM Valley/WDM Dowling/North meet.
- Rusty Crawford shot the lowest round at State with a 70, plus he tied for third place.

Concentration played a key part in the success of a player. With great poise and effort, sophomore Thomas Stenberg prepares to take a shot. Ames finished first against DM Lincoln, North and East. (Photo by Mindy Cooper)

Along with a good personal attitude, team spirit was an important part of the game. Senior Brad Wuhs and others support team members who were finishing their rounds at a home meet at the the Ames Golf and Country Club. (Photo by Mindy Cooper)

caught in the act

"At the Dowling Invitational I tied for medalist at 35 with three other people, so we went into a three-hole playoff. I was last to hit and the other two guys hit it perfect, and I hit it way out of bounds on the right. This was really weird because usually when you're up for medalist you're really good and wouldn't do that. The normal for someone who hits it out of bounds is to retee, so I did. I hit it out of bounds again. So finally, I hit it decent. Then we played hole nine, and I birdied. When we went back to hole one, I hit it out of bounds again."

-junior Rusty Crawford



Boys' Golf. Front Row: Earl Dowling, Ryan Ridnour, Ethan Olberding, Dave Smith, Thomas Stenberg, Brad Wuhs, Mark Atchison. **Back Row:** Coach Kay Bartlett, Mike Peterson, Jim Polston, Rusty Crawford, Jonathan Good, Mike Olson, Bryce Hill, Mark Skluzacek.

Boys' Golf

6 first places

Opponent	Place
DM East, Hoover	1st
DM Roosevelt, WDM Dowling	3rd
Urbandale, Indianola	1st
WDM Dowling, Valley, DM North	3rd
DM Lincoln, East, North	1st
Ames Invitational	2nd
WDM Valley, DM Roosevelt	1st
Valley Classic	1st
WDM Valley, Dowling, Indianola, Urbandale	2nd
National Conference Meet	1st
WDM Dowling Invitational	2nd
Fall League	3rd
District	3rd
State	6th





Great Expectations

Stepping into the murky water, his once sand-filled golf shoe now fills with green slime. Feeling his way through a golf ball graveyard, he searches hopelessly for his lucky ball. Knowing his quest is in vain, he bends down, soaking the front of his white Polo, to retrieve a ball from its watery grave.

As a group with many hours of practice and experience behind it, the boys' golf team prepared for a challenging season with great expectations.

"Our goal was to beat Dowling and Valley, our toughest competitors, and do well at State. The whole team played really well. We won several tough meets by very close margins and against good teams," senior Mike Olson said.

Each team member approached his next meet with the skills and self-confidence needed to attain their goals.

"We went into the season with high expectations. Even though the other teams didn't have big expectations of us, we knew we had guys who could give us the low scores we needed," junior Jim Polston said. "The Valley Classic was great, because we were all waiting down at the end, and the last person came in with a really low score to pull us over the top."

Other team's doubts only encouraged the Little Cyclones' prosperity. They aimed to work even harder to achieve their ambitions and meet the new standards.

"As a whole, we did really well. This year was a real challenge. But because we had a lot of guys returning, we were all pretty much on the same level, which made us a strong team. We also got to know each other outside practice," senior Mark Skluzacek said. "We would get together at (senior) Jonathan Good's house, play poker, gamble, and just hang out."

The team's closeness helped them work together to fulfill their potential. Because of this dedication, the Little Cyclones fared well at State.

"It (the State meet) was a two-day meet, and we didn't compete that well the first day, but we came back strong the second day to finish sixth," senior Bryce Hill said.

As a team bent on victory, their effort and determination paid off in a successful stroke of good luck and low scores.

By Kristy Lakin

**Determination brought golfers
a sixth place State finish**

Premier Performers



he good fortunes of the fall cheerleaders were in abundance throughout the 1992 season. With varsity repeating as state champions and freshman and sophomore cheersquads sharing feelings of fulfillment, it proved to be a positive season for the fall squads.

"We had a few fights here and there, but if success was measured in fun times, then we definitely had a good year," freshman Denna

Todd said.

The varsity squad used the triumph of the 1991 state champion squad to help make its season more fruitful.

"Since they won State last year, we kind of felt like we had to win it this year," junior Moira Murphy said. "But deep down, we knew we had it because we felt like we were the best because everyone knew we already had the title from last year."

Another factor that made this season prosperous was the increase in the number of male cheerleaders. For three consecutive years one more male was added to the squad. 1992 was no exception.

"To be honest, I initially went out to spend two hours a day with 12 girls," senior Collin Paige said. "But, then I realized that it really is a sport, and I learned to respect the girls. I enjoyed it so much that I am looking to continue cheerleading after high school."

Because of the varsity football team's achievements, larger and more enthusiastic crowds attended the sporting events. This proved beneficial for the cheerleaders as well.

"Cheering last year was like yelling into a vacuum," senior Kim Windom said. "We would cheer, but there was no response. This year it was more like cheering in a stadium, in that the fans joined in and cheered the team on to victory."

Increased enthusiasm stemming from these good fortunes made cheerleaders' tasks much more enjoyable.

"It's always more fun when the team wins," sophomore Julie Swanson said. "We feel more appreciated when the team is doing well, and I feel that the support we gave them added to their success."

Although there is no definite gauge to measure the success of a cheersquad, their accomplishments and the increase in school spirit made the season a prosperous one.

By Carlos Wesley

**Cheersquads' fall fortunes
make a successful season**



The success of the varsity football team generated renewed enthusiasm from students and other local fans. Juniors Lisa Foote and Amy White watch closely during a tense moment in the Little Cyclones' first conference victory against Fort Dodge. (Photo by Abby Klaas)

during the sophomore football team's 46-12 rout of Marshalltown, the sophomore cheerleaders found that acrobatic stunts were a great way to fire up the crowd. Lindsey Pyle and Shannon Kenealy lift Jenny Bilske. (Photo by Abby Klaas)



Varsity Fall Cheersquad. Front Row: Amy White, Sara Meinhard, Lisa Foote, Stephanie Bulver, Lexa Curtis, Tami Johnson. Second Row: Collin Paige, Arthur Chen, Jeremy Rhyon, Matt Randall. Back Row: Leda Cole, Kim Windom, Danielle Thompson, Emily Barta, Anna Reed, Moira Murphy.

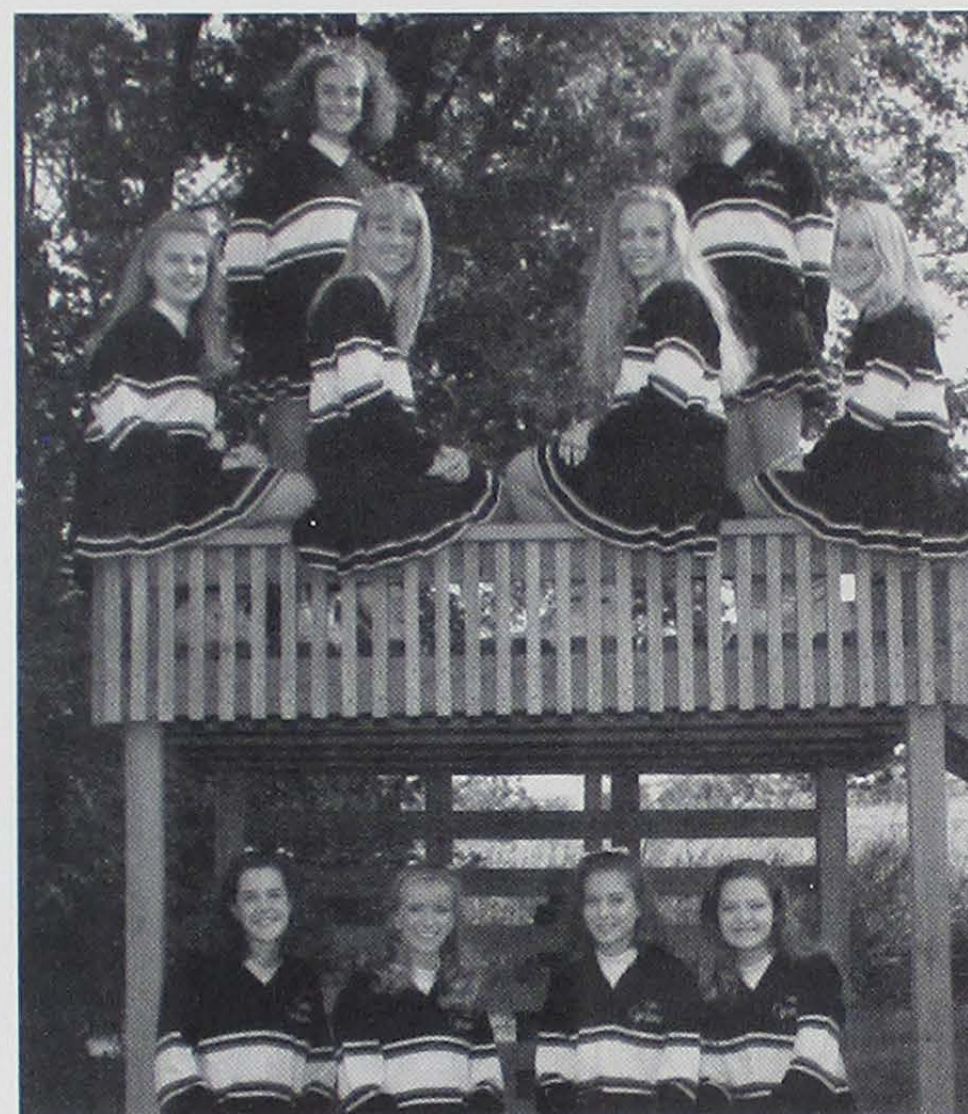


"We were down on the track where the football players run out on to the field. Lexa (Curtis) came up from behind and depantsed Matt Randall. Most of the football players were watching."

-junior Stephanie Bulver

"By far, the funniest thing that happened this year was when Matt was freezing during one of the playoff games. He went over to the heater behind the sideline bench. He got too close to the propane burner and his hair caught on fire."

-senior Arthur Chen



Sophomore Fall Cheerquad. Front Row: Julie Swanson, Vanessa Burrier, Claire Roth, Lisa Biggs. Back Row: Sara Stevenson, Shannon Kenealy, Sarah Teas, Lindsey Pyle, Suzy Craig, Kelly Johnson.

"At ISU cheerleader camp this summer, someone was falling off the top of our pyramid, and Emily Barta grabbed her butt trying to break her fall. We ended up reminding Emily of that a lot during the season."

-junior Anna Reed



Freshman Fall Cheersquad: Laura Krumm, Lisa Ottoson, Jessie Schram, Stephanie Wombacher, Heidi Kubera, Denna Todd, Alicia Burns, Melissa Goehring.

Highlights

- Senior Lexa Curtis was one of four cheerleaders chosen from Iowa by the National Cheerleaders Association to participate in the Macy's Thanksgiving Day Parade in New York City. Curtis was one of over 500 girls selected nationwide.

Throughout the year, the varsity cheersquad had many rituals. Senior Lexa Curtis, along with juniors Emily Barta, Amy White and Stephanie Bulver perform "Bleacher Madness" during Ames' loss to Newton. (Photo by Abby Klaas)

Highlights

- Senior Jeanne Sundstrom: First Team All-Conference Member
- Junior Laura Kain: Second Team All-Conference Member
- Junior Katie Krogmeier: All-Conference Alternate



With her eye on the ball, senior Asheley Holscher prepares to send it flying over the net while senior Jeanne Sundstrom and junior Katie Krogmeier look on, ready to assist. Their efforts were successful; Ames enjoyed a 2-1 victory over Marshalltown. (Photo by Abby Klaas)



ending low, senior Jana Hertz gets ready to bump the ball while senior Leah Uhlenhopp stands by. Hertz, Uhlenhopp, and their fellow players led Ames to a third-place finish at the Ames Earlybird Tournament. (Photo by Beth Myers)



"We were playing a home game and all of the sudden this gorilla showed up with a bouquet of balloons. They were for Katie Krogmeier - it was her birthday. Her dad had sent them. The whole thing was really hilarious."

-senior Leah Uhlenhopp

"We were practicing drills one afternoon, so we had split up in teams. The losing team got to tell the winning team what to do. My team won, so we had to crawl around the gym on all fours, barking like dogs. And right at that moment, the football players were just starting to come in."

-freshman Jill Muller



Volleyball. Front Row: R. Kingsbury, J. Olson, K. Krogmeier, J. Hugdahl, S. Brunscheon, L. Uhlenhopp, A. Holscher. **Second Row:** S. Schwarzenbach, J. Johnson, K. Randles, J. Sundstrom, L. Kain, J. Hertz, J. Muller, S. Mohs, S. Freed. **Third Row:** A. Jones, M. Padilla, C. Engelhorn, Asst. Coach H. Clinton, Asst. Coach J. DeKok, Head Coach K. Schloerke, Asst. Coach S. Nielson, A. Grundmann, P. Juelfs, L. Blechler, M. Lutz. **Fourth Row:** E. Jahr, J. Pattinson, H. Kliebenstein, Trainer K. Kirpatrick, Trainer J. Schrad, Statistician J. Leek, Statistician S. Dietz, M. Hunziker, K. Hawbaker, S. Lee. **Back Row:** A. Hugdahl, J. Keller, S. Toffey, L. Miller, A. Hawkins.

Volleyball

16 wins, 15 losses, 2 ties

AHS	Opponent	Opp
3	WDM Valley	1
3rd	Ames Earlybird	
1	Ankeny	3
5th	Metro Tournament	
3	Mason City	1
7th	Fort Dodge Tournament	
3	Webster City	0
2	Marshalltown	1
1	Newton	3
7th	Urbandale Tournament	
2	Fort Dodge	3
0	Urbandale	3
1	Ankeny (Districts)	3
1st	Woodward Granger	
	Tournament	
5th	Conference Tournament	





Reaching High

f

lexibility wasn't just for gymnasts; most fitness experts recommended it as an injury preventer. However, the volleyball team had an added reason to remain supple and capable of bending over backwards.

"We were constantly changing line-ups—we probably went through six or seven different ones," junior Jessica Hugdahl said. "I think that really said something about the team. Everyone was really flexible about the positions they played—we all knew how to play the sport and didn't rely on others."

The team's ability to rotate and its all-around expertise came in handy as the season went on.

"At the conference championship, we were missing three starters: one had to take the ACT, one was at All-State, and I had a knee injury," junior Katie Krogmeier said. "So we made four new line-ups; we used the entire team. We had two sophomores on the varsity squad. We placed fifth, which is pretty good."

Such results were due partly to the contributions of underclassmen. "It was a challenge to be up on a more advanced team," said freshman Ashley Grundmann, who played on the junior varsity team. "It was very intimidating because I was the youngest person, but the team was really supportive."

Team unity not only bonded the athletes, but also provided for some interesting off-the-sidelines incidents.

"We were at an Urbandale tournament, and one of the girls from the opposite team got tangled up in the net," sophomore Charli Engelhorn said. "It took us a while to get her out."

More poignant events unified the team as well. The death of teammate Sommer Eckard in August moved the players to dedicate the season to her.

"We all wore Sommer's number on our sleeves," senior Jeanne Sundstrom said. "Her death made us realize how much each person matters and how much everyone adds to the team."

So as they grew to respect their fellow athletes, learned to perfect their spikes, and struggled to extricate each other from girl-eating nets, the volleyball players worked, stretched, and reached to attain their goals. In the process, the squads proved that flexibility was indeed a very valuable component of overall fitness.

By Avanti Athreya

**Flexibility and variety
helped spikers succeed**

Seeking Recognition

Jesse rises at 6 a.m. on a Saturday morning. Even though it is January, she dons a sleeveless top and a short skirt. She drives to the school where she spends the day jumping and yelling. Jesse is not insane; she is dedicated. She is a member of the cheersquad.

Although they were an integral part of the sports scene, members of the cheersquad didn't always feel that the other athletes noticed or appreciated them.

"We cheer for at least one (wrestling) meet a week and another on Saturday. I enjoy it, but it can be exhausting. The weekday meets can get long if they are away because we travel on the bus with the wrestlers to the meets and then we have to sit through the JV meets before we cheer for the varsity. On Saturdays we leave at 8 a.m. and usually don't get back until 7 p.m.," junior Sara Meinhard said. "The biggest sacrifice is time, but the hardest part about cheerleading is that we never are thanked. It's hard on your self-esteem because you never know if you are wanted there."

Sophomores found the season a challenge for another reason. Although they attempted to avoid inner team competition, each member worked hard to be noticed at their tedious practices from 3:15 to 5 p.m.

"It's kind of an in-between year. You're not freshmen and you're not varsity. You have to work hard to keep up your jumps and stunts to be noticed and so coaches remember you when spring tryouts come around," sophomore Renee Kingsbury said.

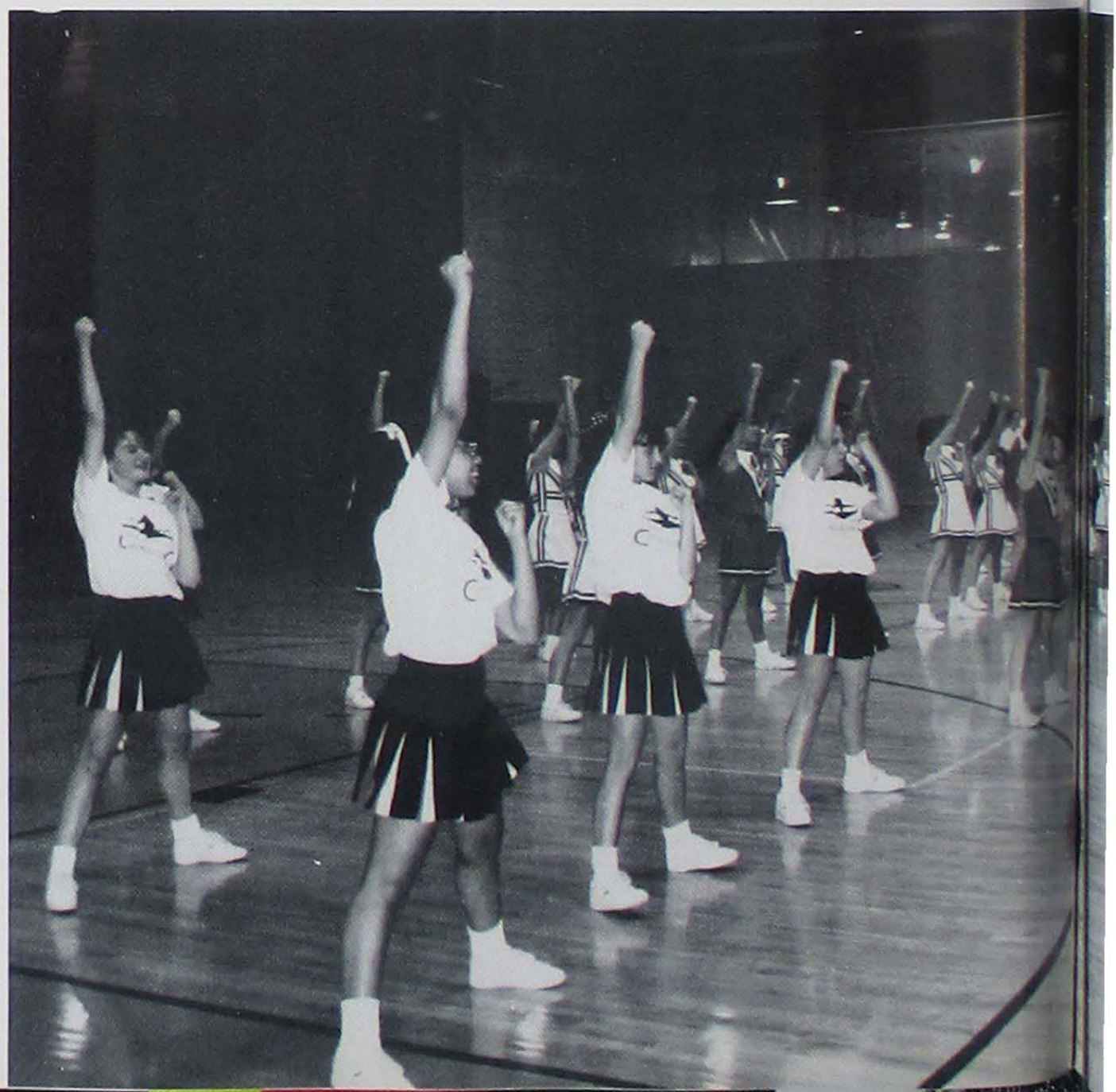
The cheerleaders found ways to shorten what might have been a long season. The winter pep assembly was popular, featuring "A Blast from the Past" and cheerleaders who performed in costumes from past decades.

"My favorite part is the winter pep assembly. We're doing the 70's, so we watched *Saturday Night Fever* to get ideas for our costumes and dance," sophomore Shannon Kenealy said. "We also went to ACTORS to find bell bottoms and empires, which are dresses that are tight on top and gather out on the bottom. The male cheerleaders are wearing the 70's outfits and the big white shoes."

Tired and sore from a hard Saturday's work, Jesse wonders if it was worthwhile, if anyone noticed her efforts. Then she remembers the fun of wearing bell bottoms to entertain her audience and the exhilarating feeling when the players won the game. It was worth that extra smile.

By Karen Hsu

Bell bottoms and disco dancing brought variety to routines



Lifts brought variety to the sophomore cheerleaders' moves at the winter sports pep assembly on December 18. The squad members lifted weights outside of daily practice so they would have the strength and endurance to perform the stunts. (Photo by Abby Klaas)

Cheerleaders used jumps to embellish their routines. While entertaining the student body at a pep assembly the Friday before Winter Break, sophomore Melissa Green finishes her cheer with a toe-touch. (Photo by Abby Klaas)



Winter Varsity Cheersquad. Front Row: Carrie Salvo, Lisa VanCannon, Melissa Kell, Stephanie Bulver, Lisa Foote, Kirstin Brooks. Back Row: Katie Helland, Beth Holger, Robin Gelger.



Wrestling Cheersquad. Amy White, Moira Murphy, Libby Van Houten, Molly LaGrange, Sara Meinhard.



Sophomore Winter Cheersquad. Front Row: Claire Roth, Shelly Jaspering, Niki Fisher, Lindsey Pyle, Jenny Bilskie, Renee Kingsbury. Second Row: Barrett Randall, Andy Johnson. Back Row: Shannon Kenealy, Carrie Schram, Heather Wright, Lisa Biggs, Misi Emiola, Melissa Green.



Freshman Winter Cheersquad. Front Row: Lynn Summers, Beth Thompson, Jessica Keller. Back Row: Sonia Panigrahy, Megan Stegge, Charity Roberts, Ginny Wilson, Cassie Clyde, Palanda Brownlow.



"At a basketball game, four of us—Lynn Summers, Beth Thompson, Charity Roberts, and me—saw that there was no time left in the quarter on the scoreboard. So, we walked out onto the floor ready to cheer because we always cheer between quarters. There was actually half a second left and they hadn't rung the bell announcing that it was the end of the quarter. So after we got onto the floor, we had to go back to the side to wait for the quarter to end."

-freshman Cassie Clyde

"During the first pep assembly, (sophomore) Misi Emiola and I were doing roundoffs coming at opposite ends of the gym. We had our backs to each other so we smashed into each other."

-sophomore Lisa Biggs

"At a basketball game, I started cheering but no one joined in. I ended up doing a line all by myself."

-freshman Megan Stegge

Highlights

- The wrestling squad received new uniforms.
- The cheerleaders held a clinic from 9 a.m. -12:30 p.m. on January 23 for students in kindergarten through eighth grade. The cheer clinic participants performed at the boys' basketball game on January 29.

Timing was an important part to any cheer, but it played a distinct role in this winter sports assembly. All of the cheersquads participated in the final routine of the assembly, creating a stunning effect. (Photo by Abby Klaas)

Breaking Records

State - if there was a year, this was going to be it. Being ranked first in the state much of the season gave the boys' swim team the determination to do well throughout the year and at the state meet in Iowa City. Placing fourth, for the second time since 1988, was the best the Little Cyclones had done since the 1982 state championship.

"It was excellent coming to a team that was so dedicated to their swimming. When I first started working with the team, the trainings were long and strenuous, but once I got used to them, my times started to drop from what I was getting back in Australia," sophomore Simon Campbell said.

The swimmers' hard work and dedication paid off at the state meet.

"Everyone who swam dropped time, setting many lifetime bests. Almost everyone who swam in the state meet scored points for the team. It was so awesome! I placed in the top 16 and I swam my lifetime best in the 500 yard freestyle. I'm just thankful to have been able to swim there also," junior Brian Terry said.

During the state meet, the Ames swimmers had much to cheer about as many personal records were broken.

"The highlight at the state meet for us was Tim Hentzel finishing second in the 100 yard breaststroke. Since it was the second to last event, it was the climax of the meet for us. The whole team went crazy," senior Joel Biggs said. "It was also nice seeing one of three relays finish second and one finish third."

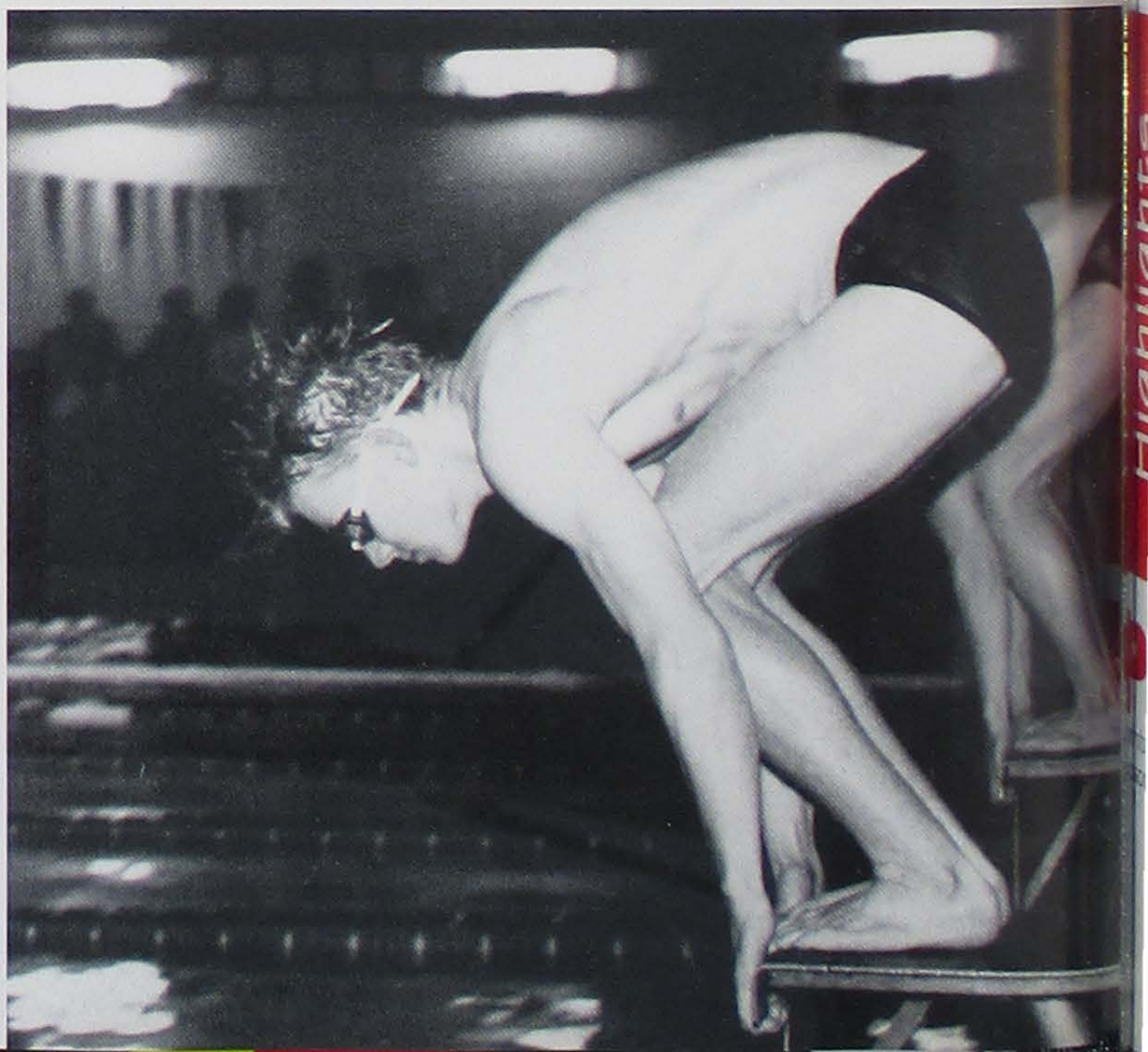
No matter what happened during the state meet, the team members, along with the fans, supported each other with enthusiasm.

"The unique thing about the 1993 state swim meet was that there was probably more unity amongst AHS swimmers and fans than there was at any other time during the season. Anyone could tell we were behind each other 100 percent of the way," junior Tom Payne said.

That unity and the fact they won all their dual meets, the conference and district titles, and finished fourth at State helped the boys' swim team hang on to the feeling of being one of the best in the state.

By Kari Ellingson

Swimmers made a big splash by finishing fourth at State



Swimming the 100 yard breaststroke at the Boone meet, sophomore Tomas Jensen strives for the finish line. Jensen placed second in this event with a time of 1:13.91. (Photo by Abby Klaas)

Boys' Swimming

7 wins, 0 losses

AHS	Opponent	Opp
109	Urbandale	61
1st	Ames Invite	
93	WDM Valley	77
1st	Bobcat Relays	
111	Ankeny	59
131	Boone	39
98	Mason City	72
1st	Fort Dodge Invite	
124	Fort Dodge	46
127	Marshalltown	42
1st	Divisional Meet	
1st	Districts	
4th	State	



Boys' Swimming. Front Row: Mark Harms, Jonathon Burns, Alex Leeman, David Johnson. Second Row: Jeff Fisher, Bruno Gilchrist, Joe Levine, David Good. Third Row: Coach Mike Wittmer, Matt Robinson, Josh Huntington, Eric Greving, Tomas Jensen, Judd Bowman, Jay Clark, Brad Johnson, Joel Biggs, Shawn Kliebenstein. Fourth Row: Assistant Coach Brian May, Micah Vardeman, Nathan Terry, Brian Terry, Tom Payne. Fifth Row: Joe Fisher, Mike Bryant, Bryce Hill, Jason Ryan, Gentry Collins, Tim Hentzel. Not Pictured: Simon Campbell, Managers Melani McCracken, Rachel Lutz, Bronwen Benbow, Chris Moen, Daniela Williams, Maria Roshier.

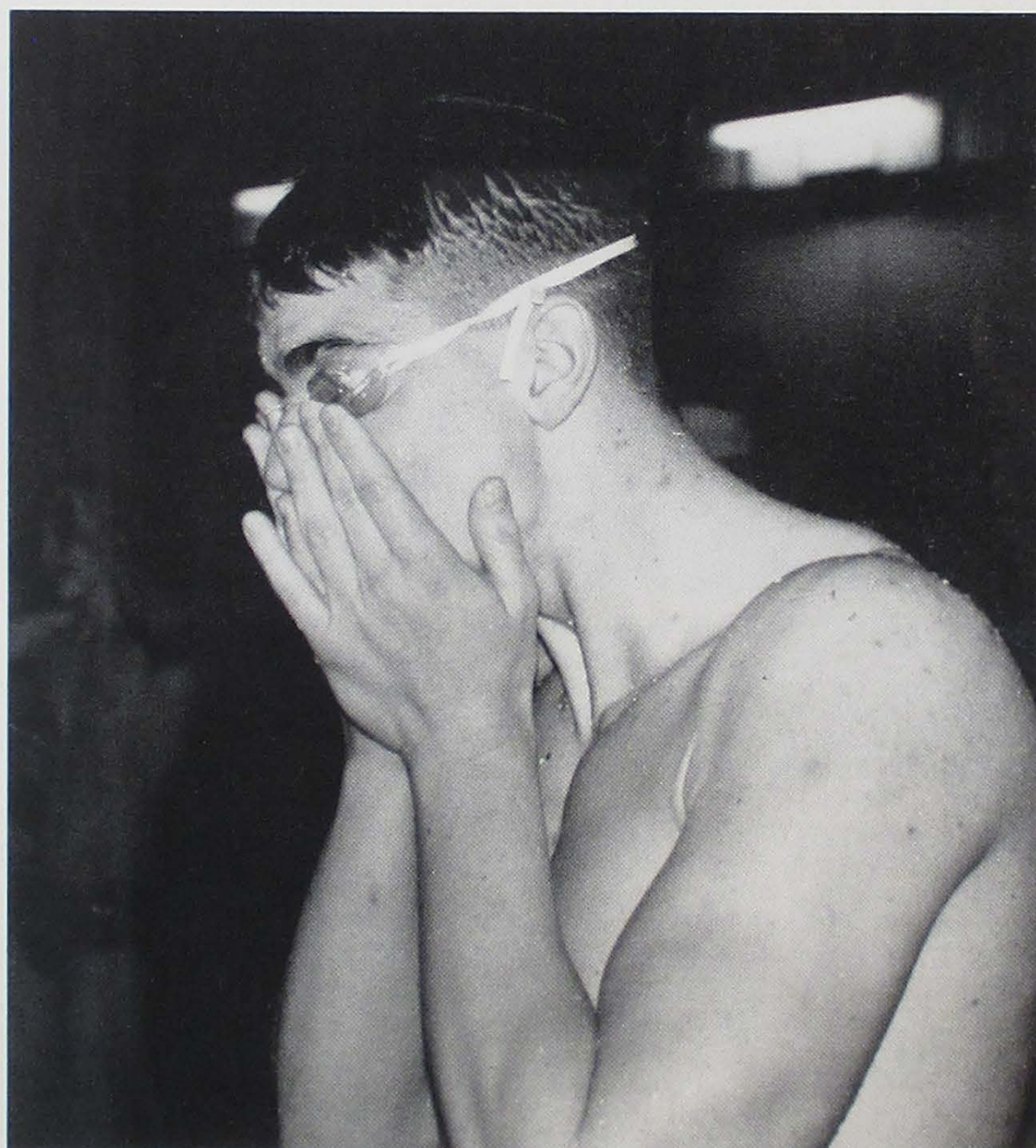


"During a meet, Mike Bryant started talking really loudly to me while someone was singing the national anthem. He didn't have his hearing aid in so he didn't know what was going on."

-senior Brad Johnson

"We had just finished a set and Tom Payne was wading out into the middle of the pool. He asked Tim Hentzel to throw him a water bottle. The water bottle slid through his hands, leaving a scrape and bruise in the shape of the opening of the water bottle on Tom's forehead."

-junior Mark Harms



Putting on his goggles, senior Tim Hentzel prepares himself for his race against Fort Dodge. Hentzel often swam the 100 breaststroke, and placed second in the event at State. (Photo by Abby Klaas)

• Four AHS records were broken. They were the 200 medley relay (Jeff Fisher, Tim Hentzel, Joe Fisher, Bryce Hill), Joe Fisher in the 50 free, the 200 free relay (Joe Fisher, Tom Payne, Bryce Hill, Mike Bryant), and Tim Hentzel in the 100 breaststroke. All of these swimmers earned all-state honors.

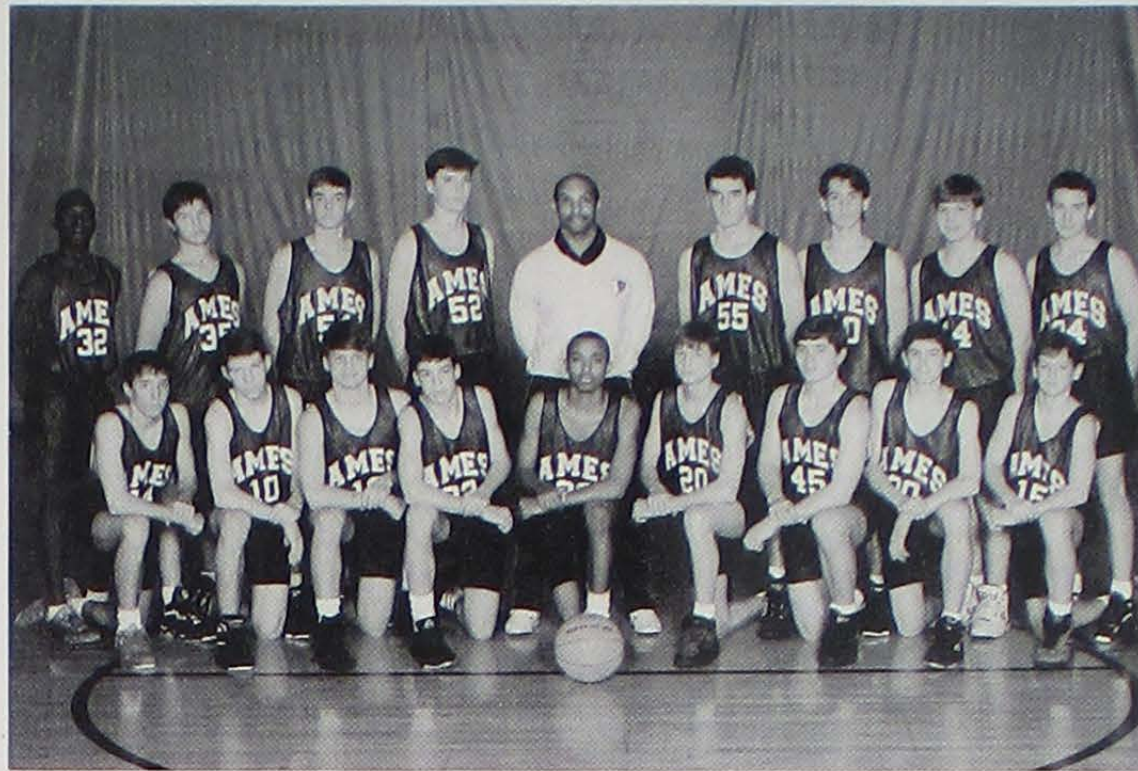
Preparing for the start of his race, junior Judd Bowman takes his position on the starting block. Bowman swam freestyle for the Little Cyclones throughout the season. (Photo by Margie Mayfield)

C with the scoreboard showing no time left on the clock, freshman Brian Caldwell gives teammate Mert Sermet a high-five to celebrate their victory. The freshman team beat its opponent 54-31. (Photo by Angie Davis)

Freshman Basketball

9 wins, 8 losses

Opp	Opponent	AHS
66	Fort Dodge	61
68	Urbandale	63
30	Urbandale	63
60	Newton	50
64	Urbandale	60
69	Ankeny	53
47	Marshalltown	73
68	WDM Valley	36
56	Mason City	71
52	Urbandale	71
58	Newton	59
66	Urbandale	52
59	Ankeny	60
48	Marshalltown	51
59	Marshalltown	66
79	WDM Valley	53
72	Mason City	76



Freshman Basketball. Front Row. James Veverka, Kevin Donaldson, Michael Recker, Jacob Rudolphi, Brian Caldwell, Jairus Ely, Jeremy Bents, Ryan Ridnour, Matt Beaulieu. **Back Row.** Moses Lueth, Gabe Padilla, Dustin Avey, David Cook, Coach Chico Caldwell, Cale Doyle, Chris Bartine, Patrick Angle, Mert Sermet.

Sophomore Basketball

9 wins, 9 losses

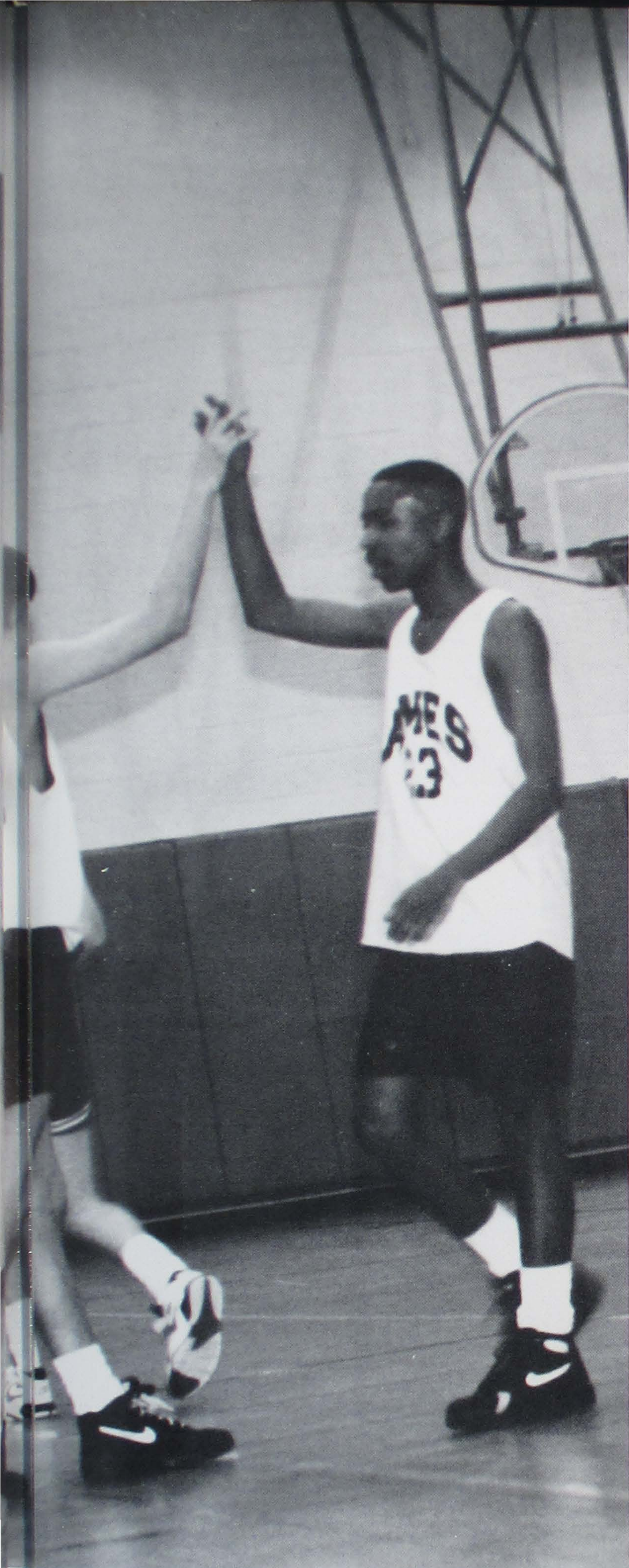
Opp	Opponent	AHS
66	WDM Dowling	53
55	Southeast Polk	58
80	Fort Dodge	64
70	DM Lincoln	64
77	Newton	72
57	Urbandale	63
66	Ankeny	72
70	Marshalltown	51
69	WDM Valley	41
49	Mason City	57
47	Fort Dodge	67
76	Newton	64
57	Urbandale	64
64	Ankeny	72
66	Marshalltown	51
68	DM East	69
66	WDM Valley	51
43	Mason City	60



Sophomore Basketball. Front Row. Nick Kravinsky, David Sosnouski, Brian Ziebell, Peter Shupp, Ethan Olberding, Travis Berger, Dan Gardner, Brian Fennema. **Second Row.** Manager Chris Hawbacker, Ben Magel, Ed Bappe, Max Freeburg, Manager Josh Dobbs, Manager Derek Carmichael. **Back Row.** Coach Beakman, Gil Clark, Travis Brunner, Bill Dunlay, Coach John Walz, Ryan Van Cannon, Devin Beerman, Statistician Ed Schweiger.

Guarded closely by his Marshalltown opponent, freshman Matt Beaulieu looks for someone to pass the ball to. The Bobcats defeated the Cyclones, 66-51, in the home game. (Photo by Angie Davis)





Dream Teams

hard work pays off. Your mother's said it a thousand times, but the boys' freshman and sophomore basketball teams have seen it happen. Their hard work paid off in successful seasons for both teams.

Coming off of a less than stellar freshman season, the sophomore team came away with a 9-9 record.

"I expected our season to be way worse," sophomore Brian Ziebell said. "Last year we only won five games or so, but we were .500 this year. We really improved and worked together better this year."

Working together came from lots of practice.

"It was really hard to get up every morning at 5:30 a.m. to go to practice," sophomore Bill Dunlay said. "We had to run back and forth across the gym and most of us were really sluggish at the beginning of practice; but by the end of practice we were wide awake. We all knew practice was essential for improvement, so we went; but I know most of us would have liked to be sleeping at 5:30."

The freshman B team also had a good season, only losing two games the entire season. But a slow and disappointing start resulted in the freshman A team going 1-6 in its first seven games.

"The season was like a roller coaster because we started out really out of condition and then we got into condition. But after Winter Break we were out of condition again, so we had to work on getting back into condition again," freshman Gabe Padilla said. "Injuries also hurt our team and added to the roller coaster effect."

"We were worse than I expected at the beginning of the season," freshman Brian Caldwell said. "Our turn around came when Jairus (Ely) made a shot at the buzzer to win the game when we were playing Ankeny at Ankeny. After that game, we went 6-7. That win motivated us a lot and reminded us we could win."

Regardless of overall records, each team had its highlights.

"My most memorable game was when we were playing Southeast Polk and we won with a 3-pointer in the last second," sophomore Travis Brunner said. "It was an incredible win. Our hard work really paid off."

By Kristi Gray

Basketball players found that hard work and dedication do pay off



Undeniable Persistence

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ractice makes perfect—ideally. Unfortunately, the varsity boys' basketball team found out that that's not always how it goes. Although they were plagued by injuries, the struggle did not diminish their effort to improve.

"We never gave up. We really tried very hard, but we just always seemed to come up a little short. There were some games where we lost by just a last-second shot. Any other year, we probably would have won them," junior Micah Abel said.

Many players felt that if one of those games had been won early on, the entire season may have turned around. Six games were three-point losses or less.

"We just took one game at a time. We really learned how to take the breaks this year—we learned a lot about sportsmanship," junior Shane Wirth said.

Injuries also affected morale. About half of the players were out at some time. Although that meant more playing time for some, many key players were forced to sit out.

"When you lose key players, it has a great impact on the squad, because the team just doesn't have the depth it normally has," Head Coach Wayne Clinton said. "You count on your key players, and the team simply can't be as efficient with so many injuries."

Still, the victories were not overlooked. In the first game, Ames defeated fourth-ranked Dowling 52-48. There was an intense rivalry with Newton, and Ames beat them—twice.

Although there were only five seniors, the juniors felt that they demonstrated tremendous leadership skills.

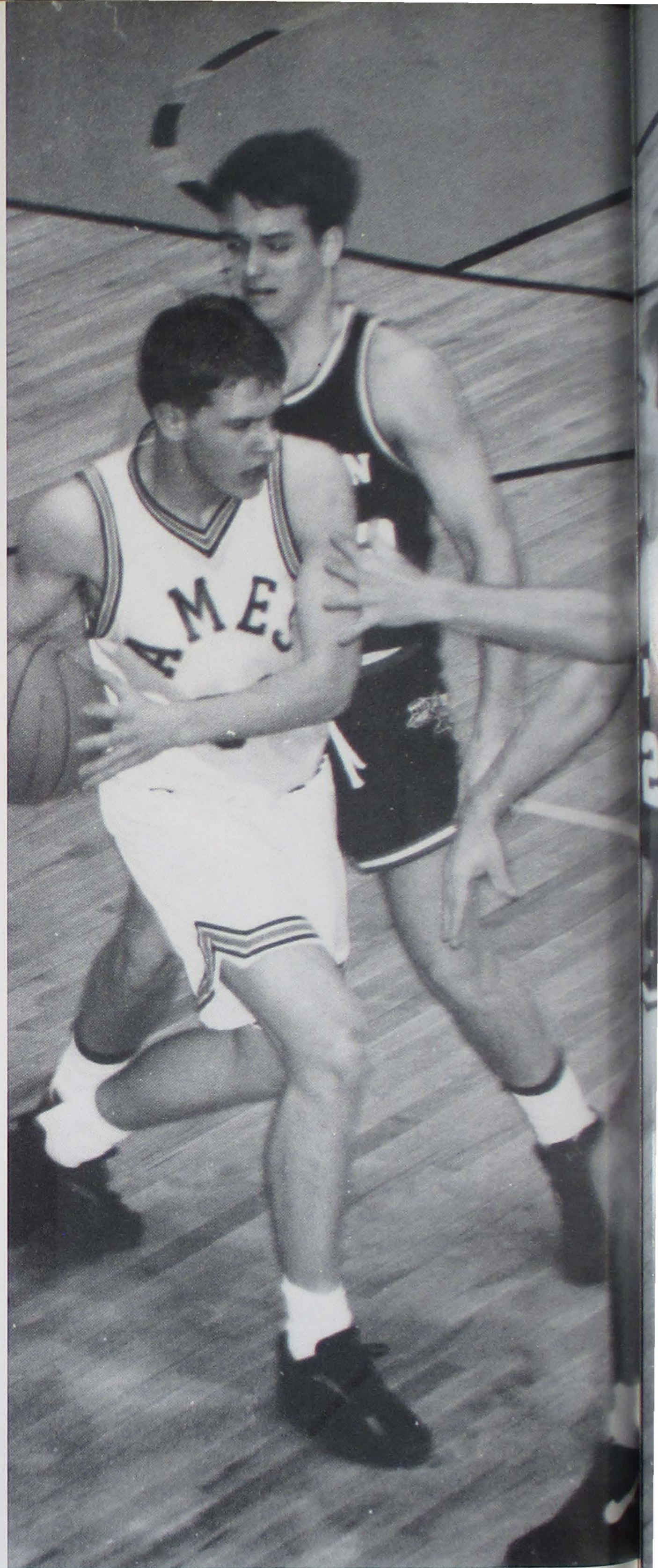
"Even though it was their last year and we weren't winning, they still kept their heads up. It was so inspiring—I felt that if they could, I could too," junior Matt Farrier said. "They didn't think of themselves as the seniors, but part of the whole team. They never said it was our (the juniors) fault for not winning."

Every team has its off season, and Ames was no exception. Sometimes things just don't go as hoped.

"We really were a good team, and we knew we could beat any other team—like our game against Dowling proved. That was the only game where we were totally put together, before the injuries started happening," junior John Milleman said. "But this season, we learned that we could also lose to anyone, too."

By Susan Hsu

Boys' basketball team remained determined despite defeats



In the home game against Newton, junior Steve Bern tries to keep the opponents from stealing the ball. The Little Cyclones were successful in defeating the Cardinals both times they played them, this time breaking a losing streak. (Photo by Abby Klaas)

After attempting a jump shot, senior Mike Eagan watches anxiously to see if the shot, made during the home game against Ankeny, would go in. The Little Cyclones lost to the Hawks, who advanced to the state tournament. (Photo by Abby Klaas)

Highlights

- Seniors Kevin Lawler, Tendai Muyengwa, and Mike Eagan were named to the CIML conference honorable mention team.
- Ames won its opening game against fourth-ranked Dowling.
- Ames beat Newton twice, which was especially sweet for the football players because Newton beat Ames twice during the football season



"We were warming up at Mason City, and Zac Frederick was going up for a shot when his warm-up pants unsnapped and fell down to his ankles!"

—senior Kevin Lawler

"When we played Mason City at home, Coach Clinton put me in with about 1:45 left in the first half. I fouled immediately. Right after they shot their free throw, I fouled again. We got the ball and missed the basket, and as they went to shoot, I fouled again! There was still about 1:15 left. Three fouls within about 30 seconds! I was so embarrassed and so mad, I really wasn't sure how to feel!"

—junior Scott Litchfield

Varsity Boys' Basketball

5 wins, 15 losses

AHS	Opponent	Opp
52	WDM Dowling	48
54	SE Polk	57
60	Fort Dodge	64
51	Fort Dodge	61
42	DM Lincoln	63
53	Newton	47
50	Urbandale	51
47	Ankeny	68
51	Marshalltown	53
45	WDM Dowling	63
63	Mason City	43
49	Fort Dodge	51
67	Newton	65
27	Urbandale	57
45	Ankeny	74
58	Marshalltown	68
68	DM East	69
59	WDM Valley	62
61	Mason City	48
59	Ankeny	81



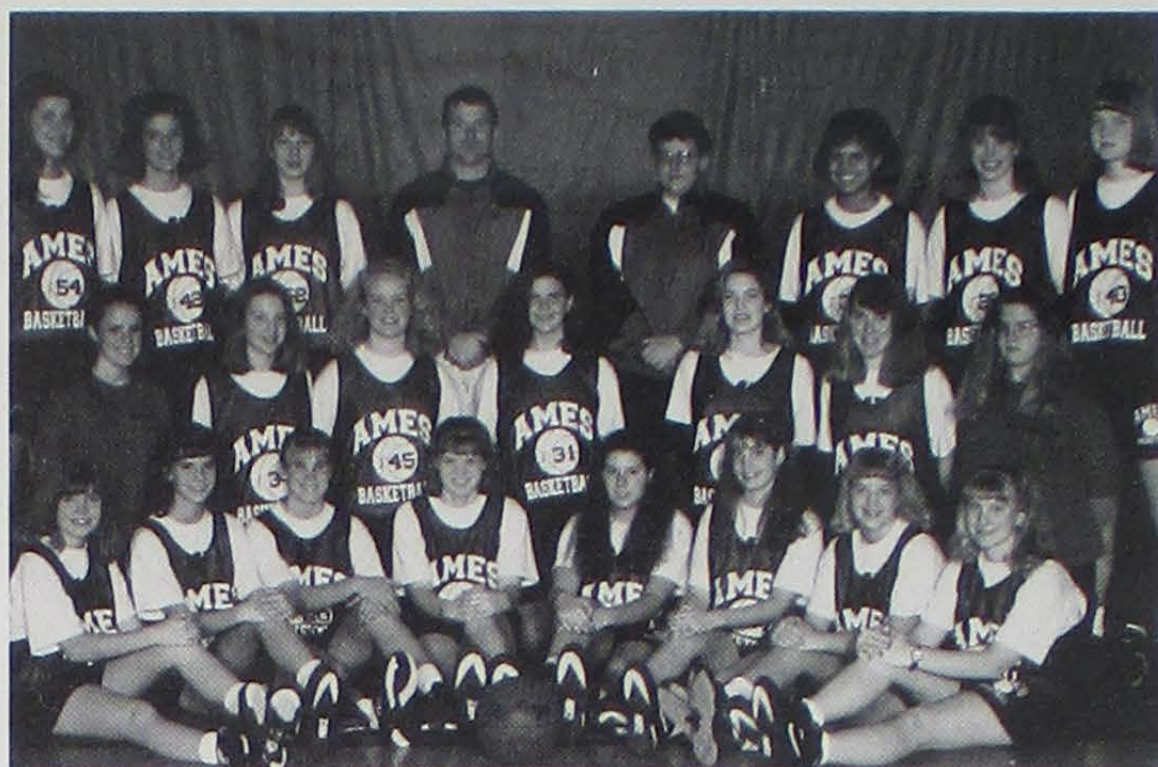
Boys' Basketball. Front Row: Nokeo Somsanith, Tendai Muyengwa, Mike Eagan, Scott Litchfield, Shane Wirth, Kevin Lawler, Scott Gabrielson, Somphet Thongsouk. Second Row: Trainer Crystal Houge, Statistician Mary Buck, Coach Mike Currier, Coach Vance Downs, Head Coach Wayne Clinton, Coach John Walz, Coach Chico Caldwell, Manager Tracy Hulsey, Trainer Chris Wenck. Back Row: Manager Matt Cunningham, Matt Farrier, Jeff Gardner, Micah Abel, John Milleman, Steve Bern, Jeff Stiles, Zachary Frederick. Not Pictured: Tom Kepley, Coach Randy Barrick.

With a flip of the wrist, sophomore Gina Olberding sends the ball high in the air, flying towards the basket. In anticipation of its descent, sophomore Tara Meierkord attempts to keep Valley from positioning for a rebound. (Photo by Beth Myers)

Freshman Girls' Basketball

4 wins, 12 losses

AHS	Opponent	Opp
27	WDM Valley	60
50	Marshalltown	56
25	Ankeny	61
49	Urbandale	65
31	Ankeny	69
36	Newton	57
48	Fort Dodge	47
51	Mason City	43
38	Marshalltown	48
42	Urbandale	59
19	Indianola	34
40	Newton	68
45	DM East	57
60	Fort Dodge	52
42	Mason City	33
28	WDM Valley	50

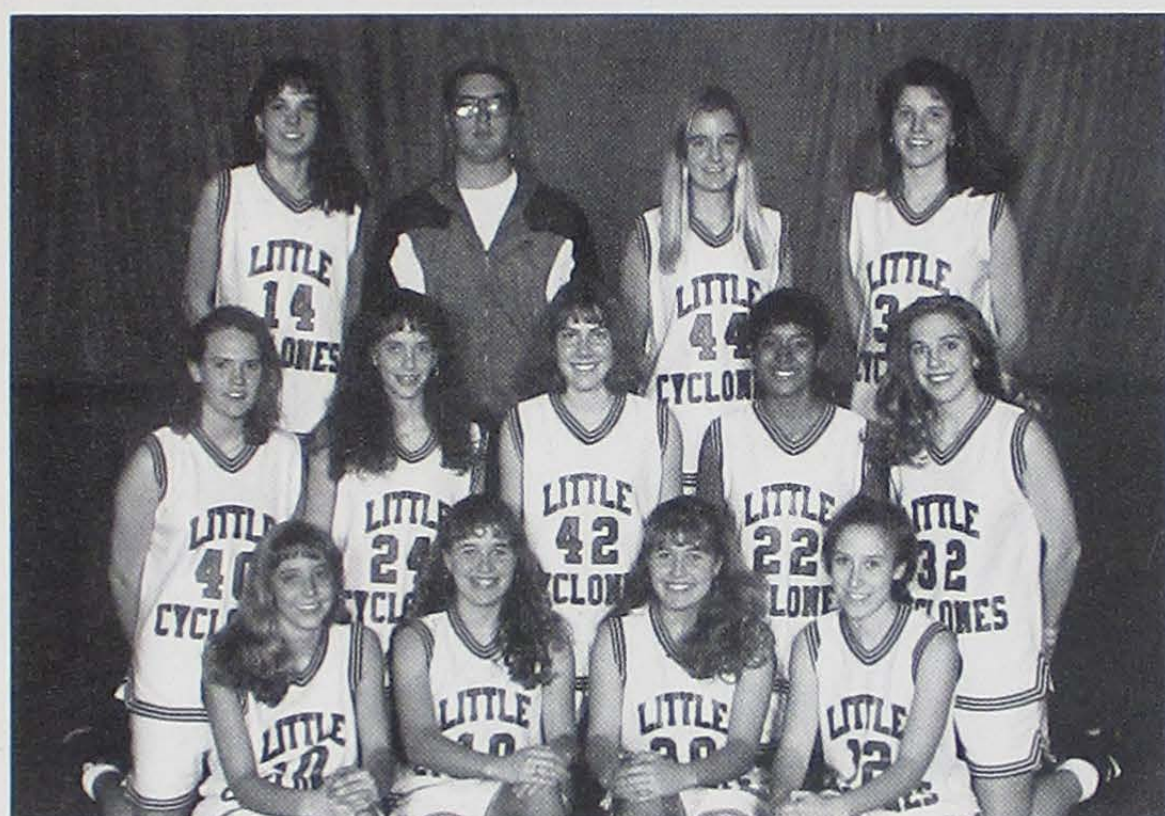


Freshman Girls' Basketball. Front Row: Michelle Roberts, Gretchen Guffy, Jenny Greenfield, Jamie Quamme, Michelle Klatt, Jennifer Hallihan, Angie Gabrielson, Emily Jahr. Second Row: Manager Nicole Faidley, Karena Cruse, Paige Knutsen, Emily Dobbs, Lauren Miller, Stephanie Brennan, Manager Shannon Lott. Back Row: Ashley Grundmann, Lisa Glantz, Laura Biechler, Coach Judge Johnston, Coach Erin Scheibal, Alicia Barnes, Michelle Hunziker, Amy Olson.

Sophomore Girls' Basketball

7 wins, 11 losses

AHS	Opponent	Opp
30	WDM Dowling	59
34	WDM Valley	33
22	Mason City	42
53	Fort Dodge	71
34	DM East	42
38	Newton	33
32	DM Hoover	22
37	Urbandale	36
40	Ankeny	51
30	Marshalltown	46
34	WDM Valley	30
59	Mason City	30
33	Fort Dodge	64
35	Newton	41
50	Urbandale	37
61	Ankeny	63
32	Marshalltown	50



Sophomore Girls' Basketball. Front Row: Jill Muller, Jackie Olberding, Gina Olberding, Kristy Jones. Second Row: Heather Myrick, Tricia Triplett, Petraya Juelfs, Charli Engelhorn, Jenny Johnson. Back Row: Tara Meierkord, Coach Todd Wilkinson, Karen Moon, Sherry Schwarzenbach.

arms outstretched, freshman Angie Gabrielson remains focused on guarding her opponent. Despite defensive efforts, the freshman team lost its bout against Newton and was unable to defeat them in either season game. (Photo by Beth Myers)





Pulling Together

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ith a few seconds left on the clock, the ball swishes through the net for yet another win. But the other team walks away with the victory. This was often the scenario for both the sophomore and freshman girls' basketball teams during the 1992-93 season.

"We didn't look at losing as a defeat, we looked at it as a way to improve ourselves instead," sophomore Jenny Johnson said.

Battling through a semi-successful season could have been a downer. But instead, team members made the most of the positive experiences they had. Their relationship with their coach was one of these.

"Coach Wilkinson was really fun. No one looked forward to morning practices, but he made it better because he would bring doughnuts to some of them," sophomore Gina Olberding said. "We were all pretty good friends to begin with anyway, so that helped."

Sophomores seemed to have an advantage going into basketball with a year of experience behind them, but the freshmen came into the season without the comradery gained by previous experience. With such a young team, no one really knew what to expect.

"I didn't really know anyone going into basketball, except for some of my friends. By the end of the season, we were all good friends and had a pizza party with just the B-team," freshman Karena Cruse said.

Having an appropriate attitude could contribute greatly to a team's performance, but being too confident sometimes led to downfalls. The freshman A team learned that lesson with a 4-12 record.

"We went into the season with a really cocky attitude that we could beat everyone because we had had a really good team the year before. But as the season went on we only won four games," freshman Jenny Greenfield said. "We were kind of disappointed, but we're looking forward to next year."

Friendships and good times helped downplay the negatives for the sophomore and freshman teams, as they found out during the season.

By Becca Stott

**Sophomore and freshman girls
made positives out of negatives**



Stunted Season

As the seconds on the clock ticked away, the crowd yelled "10, 9, 8" cheering their team to victory and rubbing the defeat in the opponents' face. For the varsity girls' basketball team, these numbers were something different, not the loss of a game, but rather the loss of players, injuries that sidelined two senior starters for their final season.

During the first game, senior Serra Sermet sprained her ankle which prohibited her from playing the remainder of the season. After her departure, the girls lost four games, which some teammates attributed to her absence.

"You could definitely tell she wasn't around; normally you could hear her talking about something or just being loud and excited. She helped us get pumped for our games and we didn't think she'd be out as long as she was, we thought she sprained her ankle and would be back in a couple of weeks," sophomore Allison Jones said.

The loss of another player would have sent any team struggling, but January 19 was a double whammy. This date marked not only the death of Iowa's Chris Street, but also the loss of another starter. Senior Leigh Ann Powell's car struck a light post, sending her to the hospital for two weeks and making her high school basketball days a memory.

"After we lost Leigh Ann, we really pulled together as a team and tried to play well for her. Leigh Ann and her dad wrote us notes, and for the final game, she wrote us a poem. It really made us want to pull together and win for Leigh Ann," junior Megan Knutsen said.

Replacing these two seemed nearly impossible, but this, along with the fear that by the end of the season every starter would be sidelined, pushed the players.

"We were afraid that all the guards were going, one by one. We were just waiting for who was next. That made me want to work harder in case Keara got knocked out, so I could step up and take her place," junior Dawn Peterson said. "I felt that I had to step up a huge notch to make up for Leigh Ann's quickness and defense. I think I lived up to it scoring wise, but I don't think that anybody on the team could make up for her defense."

Team members pushed themselves harder to make up for their loss, and as the time clock reached 00:00, it was the determination that made the season memorable.

By Anjeanette Levings



Girls' basketball team kept sights high through the loss of a starter duo





Sizing up the basket, senior Kim Blechler envisions a perfect "swoosh." Free throws sometimes meant a win or a loss in Little Cyclone games. Luckily, the competition against Fort Dodge wasn't so close, as they ran away with a 65-45 win. (Photo by Mindy Cooper)

Girls' Varsity Basketball

Ames	10 Wins/11 Losses	Opp
62	DM East	51
32	DM North	33
31	WDM Dowling	65
53	WDM Valley	61
57	Mason City	58
65	Fort Dodge	45
49	S.E. Polk	42
34	DM Lincoln	90
43	Newton	32
46	Ankeny	36
51	Urbandale	75
42	Ankeny	39
47	Marshalltown	55
59	WDM Valley	62
48	Mason City	31
55	Fort Dodge	49
46	Newton	52
63	Urbandale	62
42	Ankeny	48
39	Marshalltown	35
34	DM Lincoln	87



Varsity Girls' Basketball. Front Row: Leigh Ann Powell, Buffy Quintero, Susie McGee, Mary McKern, Kelly Randles. Second Row: Dawn Petersen, Kim Biechler, Allison Jones, Pasquel Beauvais, Keara Langston, Megan Knutsen. Back Row: Manager Tina Wiegand, Jean Lynott, Kris Fretz, Coach Bruce Vertanen, Jessica Allen, Serra Sermet, Trainer Jessica Gannon.



"We lost a one-point game at the Urbandale tournament and I felt responsible. So I just sat in the locker room, upset. Finally, I decided to take a shower, but when I started to turn on the water another team, who played after us, came running into the locker room to get their pep talk, male coaches included, and I was in the buff! I covered myself with a towel and hid in a corner of the shower room for at least 10 minutes."

—senior Leigh Ann Powell



Basketball didn't always mean Saturday night games and sweaty uniforms. As a team, the girls TP'd Coach Bruce Vertanen's house early one morning to boost morale for the season and that morning's 6 a.m. practice. (Photo by Serra Sermet)

- Senior Keara Langston was named to the AAU Iowa Select Team which was scheduled to make a trip to Greece. Also, Langston was named to the First All-Conference team.
- Senior Kim Biechler and juniors Dawn Peterson and Kris Fretz were named All-Conference honorable mentions.

In the midst of a grueling game, the team takes a time out, allowing the girls a breather and time to regroup. In spite of this effort the Little Cyclones fell short, allowing Mason City the 67-58 victory. (Photo by Mindy Cooper)

caught in the act

"(Junior) Jeremy Mize picked me up by my underwear and I got a bloody nose for 20 minutes."

-freshman Josh
Raines

"A bunch of wrestlers ganged up on me and tied me up with the trainer's duct tape. Then they left me to figure out how to untie myself. It took me a long time."

-junior
Zach Thompson

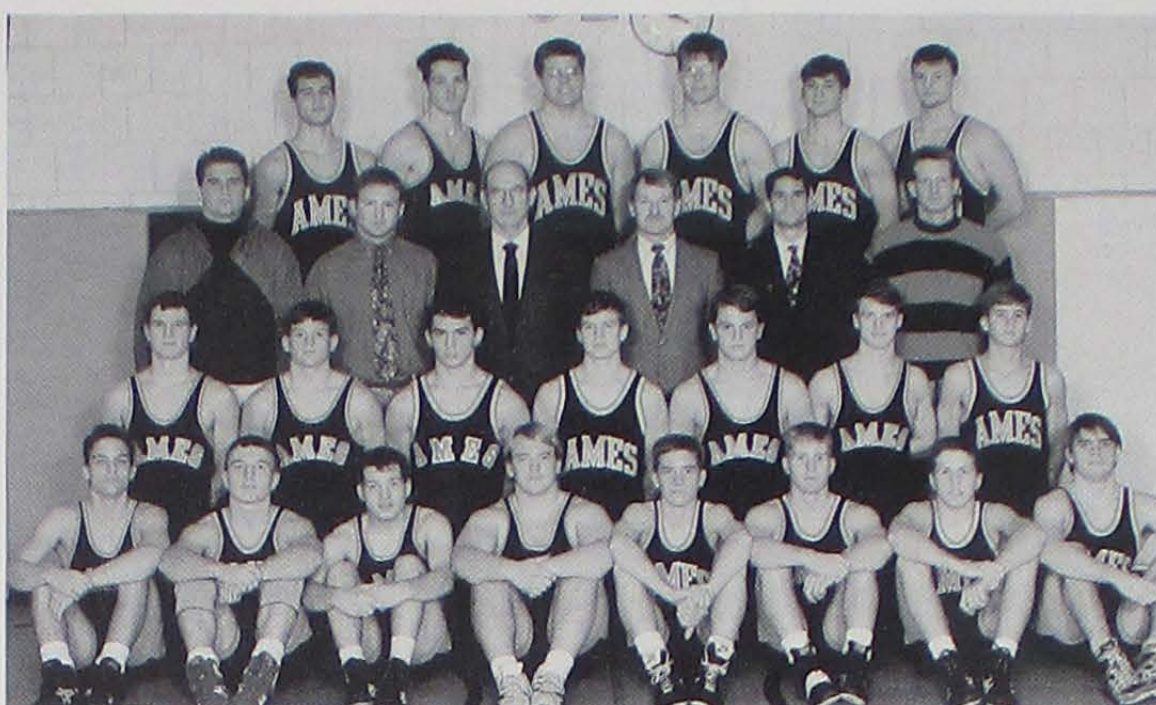
"During practice, I cut off the blood supply to (senior) Josh Bryant's brain, and he fell asleep."

-senior Eric
Burlingame

"A few of the seniors threw me into a snow drift after a meet."

-senior trainer Cory
Wentworth

during the state tournament held at Vets auditorium in Des Moines, junior Jeremy Mize tries to flip over his opponent. He ended with a 3-2 record at the competition, placing fourth at 189. (Photo by Amy Bartine)



Junior/Senior Wrestlers. Front Row: R. Soy, Z. Thompson, B. Barton, E. Burlingame, C. White, C. Fowles, D. Kepley, C. Padgett. Second Row: M. Thompson, S. Sloan, T. Reimann, R. Anderson, J. Gardner, J. Rhyon, E. Dowling. Third Row: Trainer D. Kuennen, Asst. Coach D. Jones, Coach J. Mendenhall, Coach W. Worrell, Asst. Coach J. Pelzer. Back Row: B. Ford, J. Dieter, J. Bryant, J. Mize, D. Pollard, D. Kamm. Not Pictured: L. Freeman.

Varsity Wrestling

5 wins, 9 losses		
AHS	Opponent	Opp
30	Norwalk	37
21	WDM Valley	40
4th	WDM Valley Invite	
34	Ankeny	29
5th	Fort Dodge Invite	
16	Mason City	44
13th	Owatonna, MN Invite	
30	Albert Lea MN	32
33	St. Paul-Johnson	33
26	Robbinsdale-Cooper	25
13	Marshalltown	53
12	Newton	54
57	Carroll Kuemper	12
29	Boone	25
12	Fort Dodge	52
8th	Ames Invite	
26	Urbandale	27
6th	Conference	
6th	District	
33rd	State	

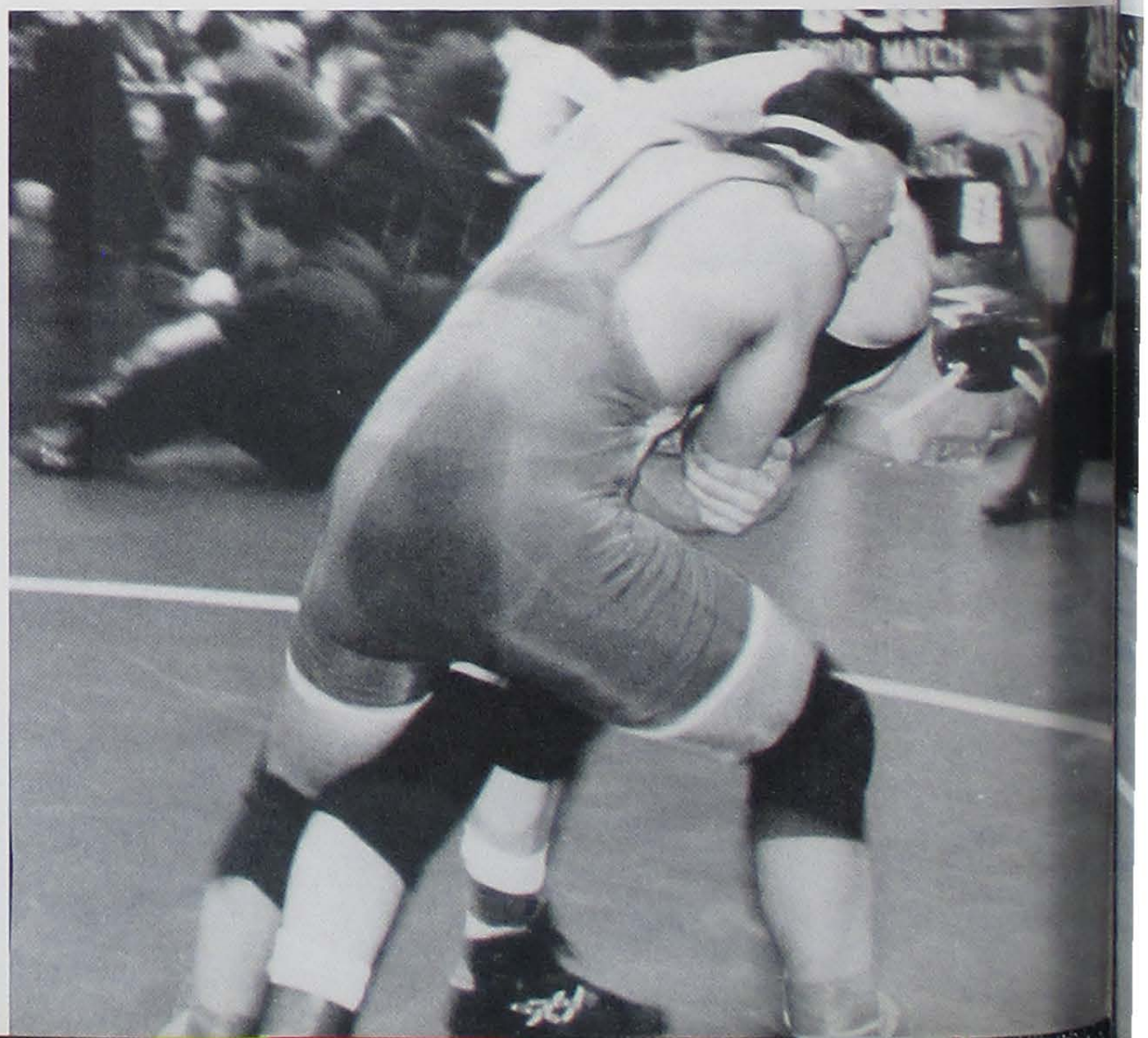
JV Wrestling

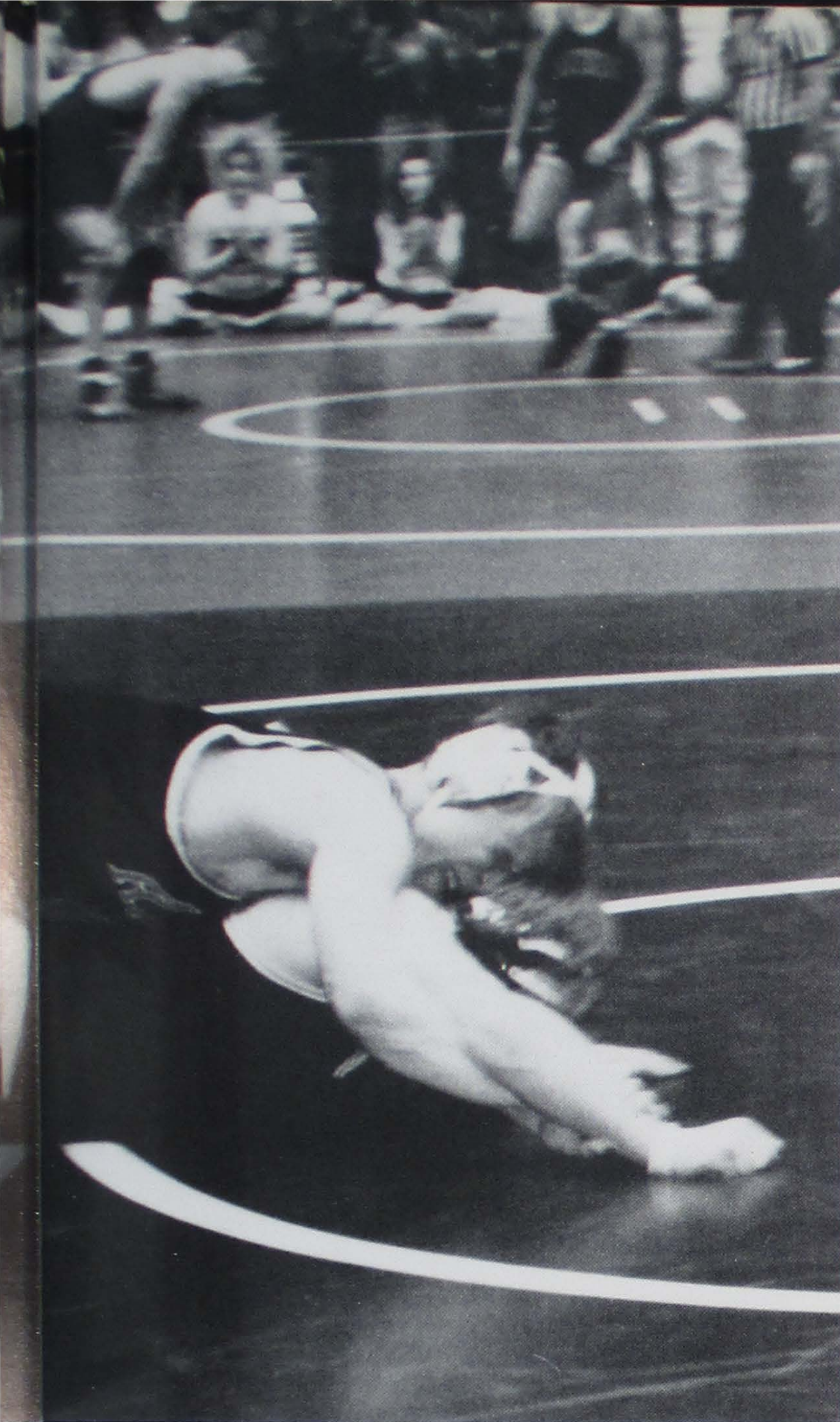
8 wins, 2 losses		
AHS	Opponent	Opp
39	Norwalk	19
5th	Ames Invite	
60	WDM Valley	24
45	Ankeny	15
18	Mason City	55
8th	Ankeny Invite	
28	Marshalltown	13
34	Newton	30
5th	Marshalltown Invite	
50	Carroll Kuemper	0
42	Boone	36
4th	Boone Invite	
21	Fort Dodge	48
19	Urbandale	12

Highlights

•At the state competition, junior Jeremy Mize won three of his five matches. He defeated Jeff White of Sioux City, Jason Shoars of Charles City, and Matt Lamb of Iowa City to win fourth place.

Putting up a strong defensive effort, junior Chad Fowles attempts to salvage a victory against Dusty Coufal of Cedar Rapids Prairie at the state meet. Fowles was unable to overcome Coufal's lead, and lost the 140 pound match, 6-9. (Photo by Amy Bartine)





Fantastic Show

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atisfaction guaranteed. Anywhere you went, anywhere you looked- during the wrestling season, this statement was ensured.

Success was in the wrestlers' grip. Although the varsity team was 5-9, there were 20 letterwinners, and three squad members, senior Josh Bryant, junior Chad Fowles, and junior Jeremy Mize, headed to the state competition in Des Moines where Mize placed fourth. The team members accredited much of their success to the dedication and support of their fans.

"The attitude of the team was really supportive. It was a good feeling at the state tournament knowing that all those people were there to cheer you on," junior Chad Fowles said.

Individual achievement is perhaps valued more in wrestling than in sports like football, but most wrestlers didn't feel they had to be in the limelight. Some found satisfaction just by being part of the squad.

"It was fun even though I lost every meet," freshman Josh Raines said. "I really enjoyed goofing off on the bus trips. Also I liked watching the other wrestlers' matches and being in the excitement of the tournaments."

Because roughness was a natural aspect of wrestling, it was often a factor at the meets, not to mention the practices. Sometimes the fun got a little out of hand.

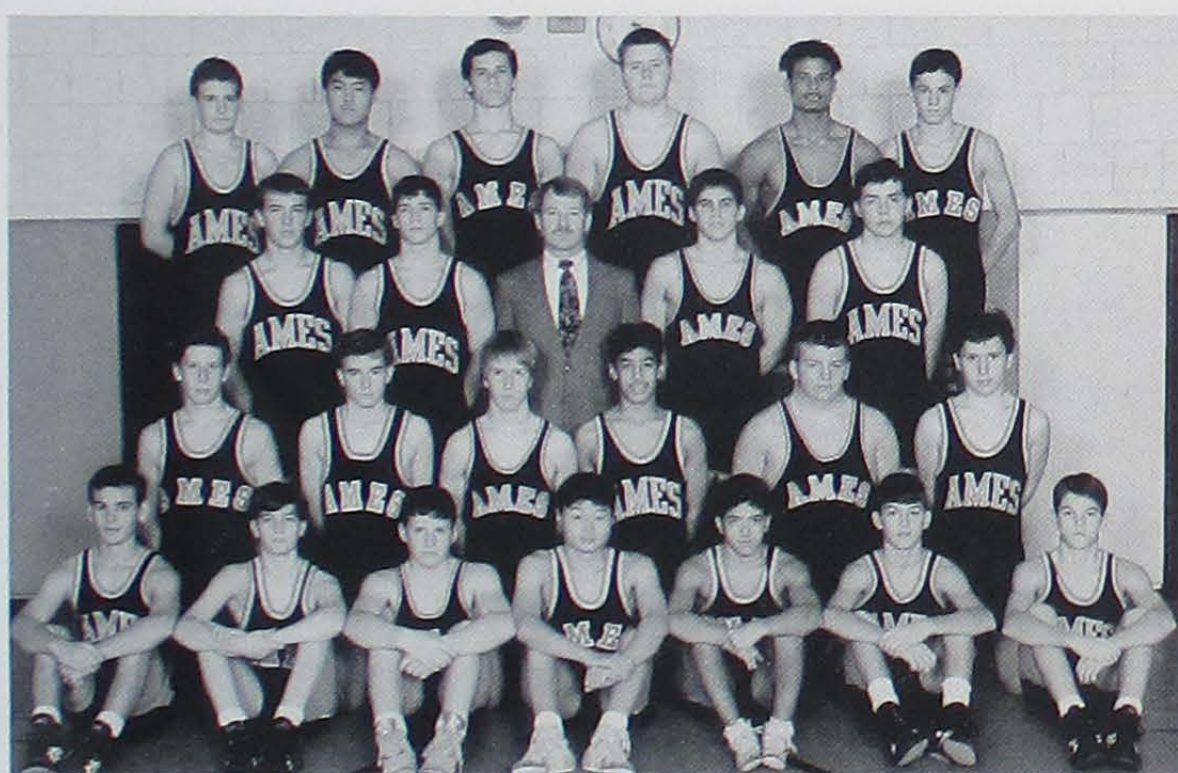
"Almost all our coaches got hurt this season. Jeremy Mize knocked out (coach) Jones' tooth, Ben Ford dislocated (coach) Pelzer's knee, and I dislocated (coach) Worrell's shoulder," senior Eric Burlingame said.

But overall, those involved in the wrestling season agreed that they'll always look back on it with pride.

"This was the best season I can remember. We worked hard starting the year and improved phenomenally by the time State came around," junior Jered Dieter said.

"The squad was larger than the usual turnout, and that positive leadership made for an excellent competitive group," Coach Jack Mendenhall said. "It was a very rewarding season."

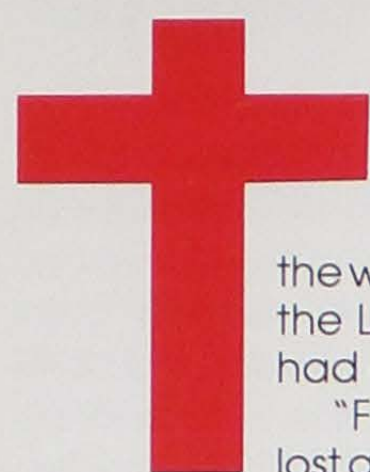
By Emily Bourne



Freshman/Sophomore Wrestlers. Front Row: B.Fowles, J.Raines, J.Hyde, A.Sipes, J.McGee, C.White, T.Hensley. Second Row: M.Kiner, C.Strasburg, D.Harmon, S.Cole, J.Kepley, N.Casey. Third Row: C.Spencer, D.Pollard, Coach W.Worrell, D.Kepley, J.May. Back Row: G.Richards, S.Lee, G.Hathaway, W.Blattel, R.Grant, M.Pyle. Not Pictured: S.Buxton, J.Minion, C.Seaton.

Enthusiasm contributed to a satisfying season

Crowd Support



Take 17 guys on shoes with sharp blades, add 12 cheerleaders, a cold hockey rink, the 1992 hockey team, and you have a combination that attracted dozens of enthusiastic fans. Riding on the wave of their supporter's encouragement, the Little Cyclones finished fifth at State and had a 13-11 season.

"Fan support was great this year. We only lost at home once and that was to the Omaha Lancers. The average attendance level at hockey games was higher than at the basketball games," said senior Brian Linder.

The hockey cheerleaders also appreciated the crowds.

"I think all the fans boosted the spirits of the guys so they had someone to play for besides themselves. The fan support helped us (the cheerleaders) because we had someone to cheer for and it helped energize us," sophomore Chandra Brace said.

Another advantage of having supportive fans was that they helped take the pressure off when the team was ranked first in the state.

"Our fans were a big help for us all season, but especially when our ranking was high. As our ranking improved, we saw more and more people coming out to cheer us on," junior Mike Ogbourne said. "Another time our fans helped were at our opening game of the season. We came out to play and looked up to see the bleachers packed with fans."

Because hockey was not a school-sponsored sport, the team often traveled to Omaha, Dubuque, or other towns to compete. The fans' support didn't end outside of Ames, though. When the pressure was high at the state meet in Mason City, some of the team's fans were willing to literally go the extra mile to support the athletes.

"When we went to State, our first round game was against Sioux City. We'd beaten them the whole year. Our game was delayed for eight hours but our fans waited the whole time to see us play. Even though we lost our first round game, fan support really helped," sophomore Ryan Kinart said.

When other sports were having problems filling the stands, the hockey team enjoyed the support of fans willing to brave the cold temperatures in the ice rink to help the team through slumps as well as pressure-filled tournament games.

By Amy Gardner

Hockey team places fifth at State with help from fans



As sophomore Chris Sprong chases the puck toward the goal, another player guards him. The Cyclones ended the season at 13-11. (Photo by Angie Davis)

Celebrating a goal, junior David Smith and two teammates hug. Celebrations like these were common because the team finished fifth at State. (Photo by Beth Myers)





members of the hockey team take the ice during a warm-up session before a home game. Home games were played at the Ames/ISU Ice Arena. (Photo by Beth Myers)

Highlights

- Sophomores Chandra Brace and Katie Long were named All-State cheerleaders at the state tournament in Mason City.
- Senior Chad Newhouse, juniors Rusty Crawford, Mike Ogbourne, David Smith, and sophomore Ryan Kinart were selected for the All-Star team.
- Rusty Crawford was named to the All-State team. Mike Ogbourne and Ryan Kinart earned honorable mention.
- Rusty Crawford was selected to play on a Chicago Showcase team.



Hockey. Front Row: Kent Spillers, Corey Cooper. **Second Row:** Mike Ogbourne, Aaron Wells, Chad Newhouse, Mark Anderson, Duke Knapp, Noah Vegge. **Third Row:** Ryan Handley, Chris Sprong, Ryan Kinart, Dustin Morrison, David Smith, Manager Chad Kinart, Coach Bruce Johnson. **Back Row:** Coach Matt Fushion, Coach Doug Glock, Chris Anderson, Jim Klaus, Deron Hagberg, Coach Rusty Moore, Brian Linder, Rusty Crawford.



"Between the second and third periods, Chandra (Brace) was walking across the ice to do Score-O and the ice was still wet from the Zamboni, so she slipped and fell. The crowd started applauding."

-freshman Kelly Good

"During warm-ups before our game against Valley-Dowling, one of their players told Brian Linder to get on Ames' half of the ice. As he was skating over to our half, one of their players tripped him. As he was trying to stand up, another person on their team knocked him down again. I think it was worth it in the end, though because they got a penalty point."

-junior David Smith

Hockey

AHS	Opponent	Opp
13 wins, 11 losses		
4	Mason City	1
7	St. Joseph	5
3	Valley-Dowling	7
3	Omaha Jr. Lancers	8
2	Sioux City	0
7	Dubuque	3
4	Waterloo	1
3	Omaha Gladiators	7
0	Mason City	5
4	Waterloo	5
5	Mason City	3
6	Sioux City	2
4	Dubuque	2
4	Dubuque	3
2	Omaha Jr. Lancers	5
2	Waterloo	6
4	Omaha Gladiators	2
5	Waterloo	4
1	St. Joseph	2
3	Mason City	5
1	Valley-Dowling	8
5th	State	



Hockey Cheerleaders. Front Row: Maggie McGrigg, Chandra Brace. **Back Row:** Sarah Thoren, Kelly Good, Kara Belz, Katie Long, Porshia Smith, Tammy Clark.

Knocking the ball astray, junior Mike Shimkus blocks a shot by junior Chris Wycoff. Skill and coordination played just as big a part in intramurals as it did in varsity sports. (Photo by Angie Davis)

Although I Ball was an escape from school work for many, that didn't mean not playing seriously. Sophomores David Millen and Eric Spear forget the day's dilemmas during this game. (Photo by Angie Davis)

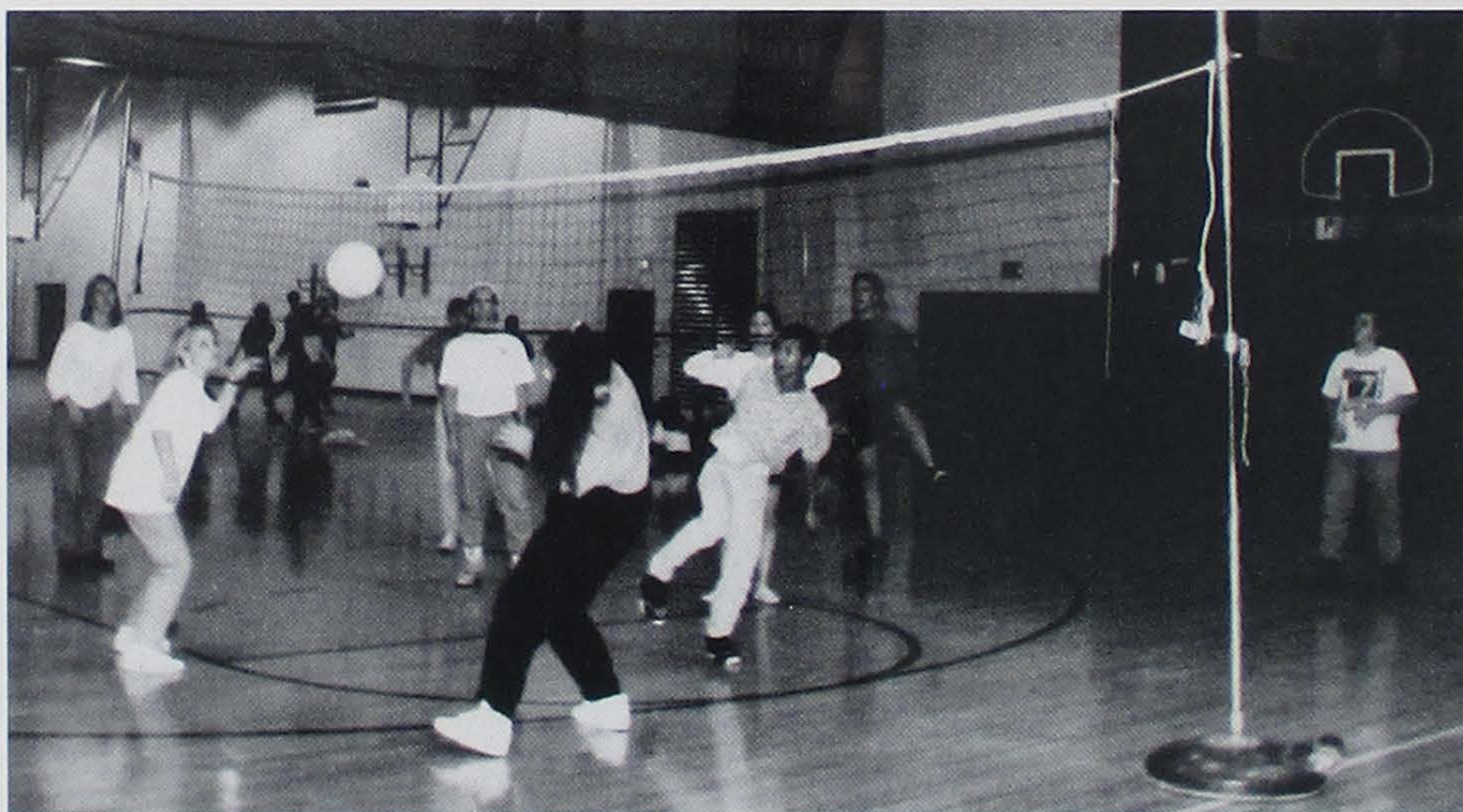
caught in the act

"During a game, one of my teammates was preparing for a free throw when I saw someone from the opposing team come up behind him. I couldn't figure out what he was doing, and then all of a sudden he depantsed my teammate. He stood there startled for a second, and then ripped his pants up. They were both really embarrassed, and I think the guy on the other team wished he hadn't done it."

-senior Steven Edelson

"I'm very aggressive on the court; I foul a lot, and I've even gotten into a fight or two. One time the team we were to play forfeited, so we divided ourselves into two teams. Being my usual self, I was guarding closely and, well, knocked out one of my own players."

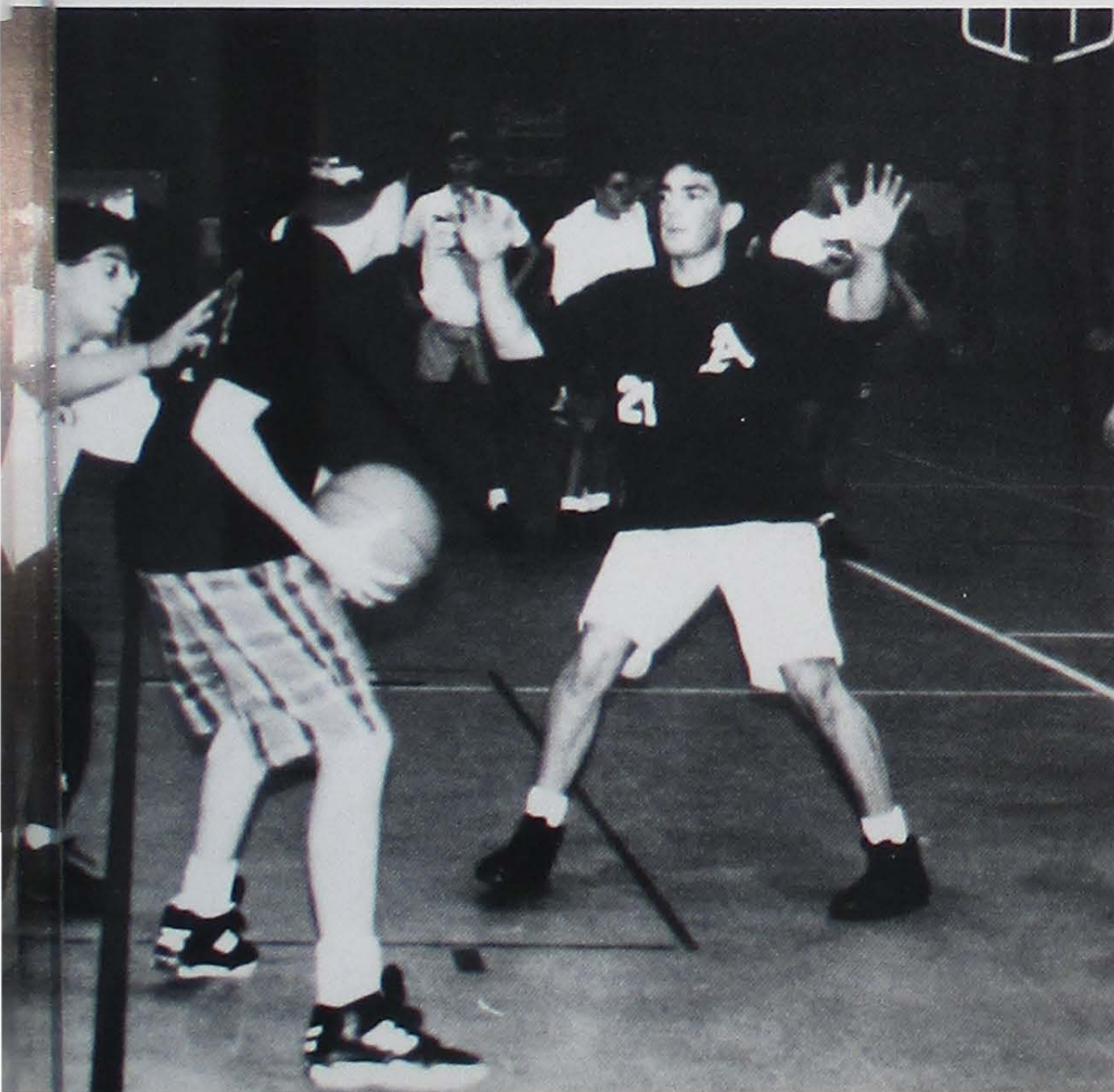
-senior Anjeanette Levings



during the fall, students found co-ed intramural volleyball a good way to meet people, and have fun. Intramurals became a popular way to relax during the week. (Photo by Angie Davis)

Tough competition among participants often arose, as this athlete found out when he tried to pass the ball. Junior Anand Giri and senior Carlos Wesley found defense an important part of the game. (Photo by Angie Davis)





Stress Free

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oo short to slam dunk, too modest for speedos, and too pudgy for bunhuggers. What was a sport-conscious person to do? Intramural volleyball and basketball became an escape for many students who wanted the excitement of an organized sport, but in the company of friends.

"Most of my team went out for (I V-ball) because they enjoyed playing volleyball, but didn't have either the talent or dedication to play interscholastic. Some of my team, mostly the guys, were caught up more in winning than in having fun," sophomore Karen Moon said. "We did win almost all of our games, but the few times we did lose or if we were behind, they get really worked up and stressed. The rest of us didn't care as much and just had a good time."

The potential of winning the championship games inspired many players to stick through the season. But the hope of just one victory became some teams' dream.

"After we lost our first (I Ball) game, we knew we probably were never going to win, but no one wanted to admit it. We'd get together and practice, and we made a tradition of going to Kwik Shop to complain afterwards; but it never seemed to help us in games. We had fun, though, and that's why we went every week, not because we thought we could actually win," freshman Abbe Shapiro said.

Striving for a common goal brought team members together not only on the court, but socially as well.

"Intramurals was a really neat experience for me. Because I just moved to Ames this year, I was able to meet a lot of new people I ordinarily wouldn't have met. It's competition that doesn't get too serious. It's one thing during the week you can do to get away from school," junior Greg Kozak said.

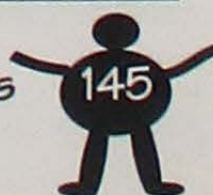
While some students liked getting caught up in competition, others found intramurals relaxing, free of the stresses of varsity sports.

"Everyone on my team got along and were friends, so we worked together well. Even when we played challenging teams, we didn't let their experience break our spirit," senior Rebekah Hartman said. "I mean, sure, it's fun to win, but it's not everything. A lot of teams were so caught up in winning, but we had a good time even when we lost."

Although volleyball and basketball were two totally different sports, students found enjoyment and competition in both every Wednesday night.

By Kristy Lakin

**Intramurals gave students
a needed chance to unwind**



Sophomore Misi Emlola leaps over a hurdle as she runs the anchor leg of the JV shuttle hurdle relay team. Her teammates were freshman Cassie Clyde and sophomores Tara Meierkord and Lisa Biggs. (Photo by Angie Davis)

9/10 Girls' Track

Meet	Score
Central College Indoor	NS
Marshalltown	NS
Valley-Urbandale Triangular	NS
Marshalltown Invite	2nd
Conference Meet	3rd



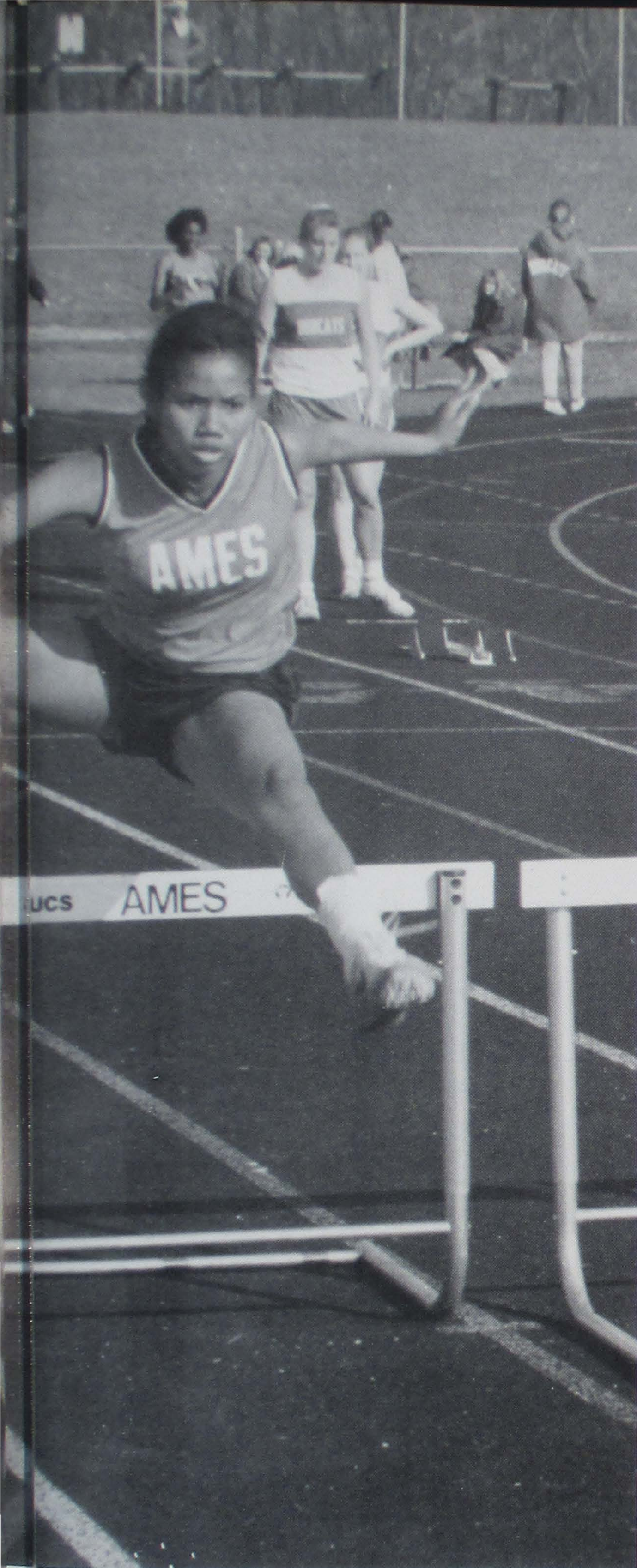
9/10 Girls' Track. Front Row: J. Keller, A. Gabrielson, N. Padgett, M. Roth, K. Loveland, S. Lustgraaf, M. Fatland, M. Green, L. Biggs, J. Zenor, A. Gilchrist, N. Myers, C. Wagner. **Second Row:** M. Emlola, C. Clyde, D. Todd, L. Bendig, C. Ripley, J. Greenfield, A. Raske, X. Li, N. Fisher, L. Evans, J. Sippel, M. Ellits, J. Hallihan, J. Quamme. **Third Row:** T. Shinar, H. Klebenstein, J. Anderson, R. Kingsbury, G. Olberding, Coach D. Wilson, Coach W. Clinton, Coach L. Middleton, A. Shrum, J. Olberding, S. Kenealy, L. Sargent, L. Anderson. **Fourth Row:** J. Larson, K. Sassmann, P. Olson, M. Harris, C. Martin, S. Block, S. Miller, M. Roberts, P. Silag, K. Cruse, A. Hugdahl, T. Aurand. **Fifth Row:** P. Knutson, T. Meierkord, S. Schwarzenbach, B. Ryan, A. Jones, L. Rice, C. Engelhorn, H. Wright, A. van der Valk, M. Peterson, J. Ng. **Back row:** L. Glantz, M. Jarboe, J. Horst, A. Grundmann, A. Slocum, A. Olson, M. Hunziker, K. Hawbaker.



In the JV meet against Ankeny, Urbandale, and Valley, sophomore Allison Jones flings herself over the high jump bar. Field events added another dimension to track meets. (Photo by Angie Davis)

Flying down the anchor leg of the 4 x 200 relay in the JV meet against Ankeny, Urbandale, and Valley, sophomore Brigid Ryan struggles to snatch the lead away from sophomore Heather Wright as the two girls head down the straightaway. (Photo by Beth Myers)





Called Off

As classes inched toward the end of the day, the members of the 9/10 girls' track team found themselves thinking about their upcoming meet that afternoon. Some were very nervous about having to perform their best; others were looking forward to cheering on their teammates and spending time with friends. At any rate, the meet hung in anticipation in all of their minds. Then the announcement would come: "Attention: the girls' track meet has been postponed tonight..."

The 9/10 girls track team encountered numerous meets cancelled meets due to the uncooperative weather. Even the meets that were held had problems.

"In one of the meets early in the season, it was raining all the way through. Through the warm-up it was pouring, and it remained rainy and cold the whole entire time," freshman Lisa Glantz said. "Even though we had to stretch out a lot more, I think we did OK. It was even easier to breathe because the air was crisp from the rain."

The list of postponed meets piled up. With so many cancellations, rescheduling wasn't always feasible.

"Some meets were cancelled because even though we were willing to run, the other schools didn't want to," sophomore Niki Fisher said. "That was disappointing, because you'd get all excited about the meet during the day, and then it would be called off."

Many girls liked the challenge of competing against different schools. Others found the pressure of meets a bit overwhelming. "I liked practices more than meets, because meets made me very nervous," freshman Noelle Padgitt said. "I would screw up in meets, so I didn't have very good times—but I still had fun in track because I made a lot of friends in it."

Track proved not only to be a physical workout, but a social activity as well. "My friends and I went out for track just to exercise. We didn't go out to win anything—we went out just to have fun," sophomore Joyce Ng said.

So even though many of the meets were forced to succumb to the endless showers, the weather was not enough of a spoiler to prevent the girls from having a good season.

By Susan Hsu

9/10 girls' track season filled with cancellations and postponements

Winning Wet

Slogging through wet terrain. Sitting for hours in the pouring rain. Listening to the sound of water squelching inside drenched tennis shoes as bodies pound around in circles for hours. Army boot camp seemed like a dream compared to this, but members of the girls' track team said splashing through their rainy season just came with the territory.

"This was an incredibly dedicated team. The senior leadership was great. They really influenced the younger people who looked up to them and helped their dedication. When someone wasn't there, they would ask about it and find out what was wrong and check up on people," junior Hope Amos said.

Despite their positive attitudes, the fact that every meet brought rain was discouraging. Runners encountered so much water between February and May, it seemed the athletes should have joined the swim team instead of track.

"It was very uncomfortable to run in the rain," junior Jennifer Fliehler said. "At the conference meet there were two delays and it really broke some people's concentration. The coaches kept telling us to concentrate and we had to just deal with it and go on and say, 'this is our track team and if we want to accomplish anything we have to get past the rain'."

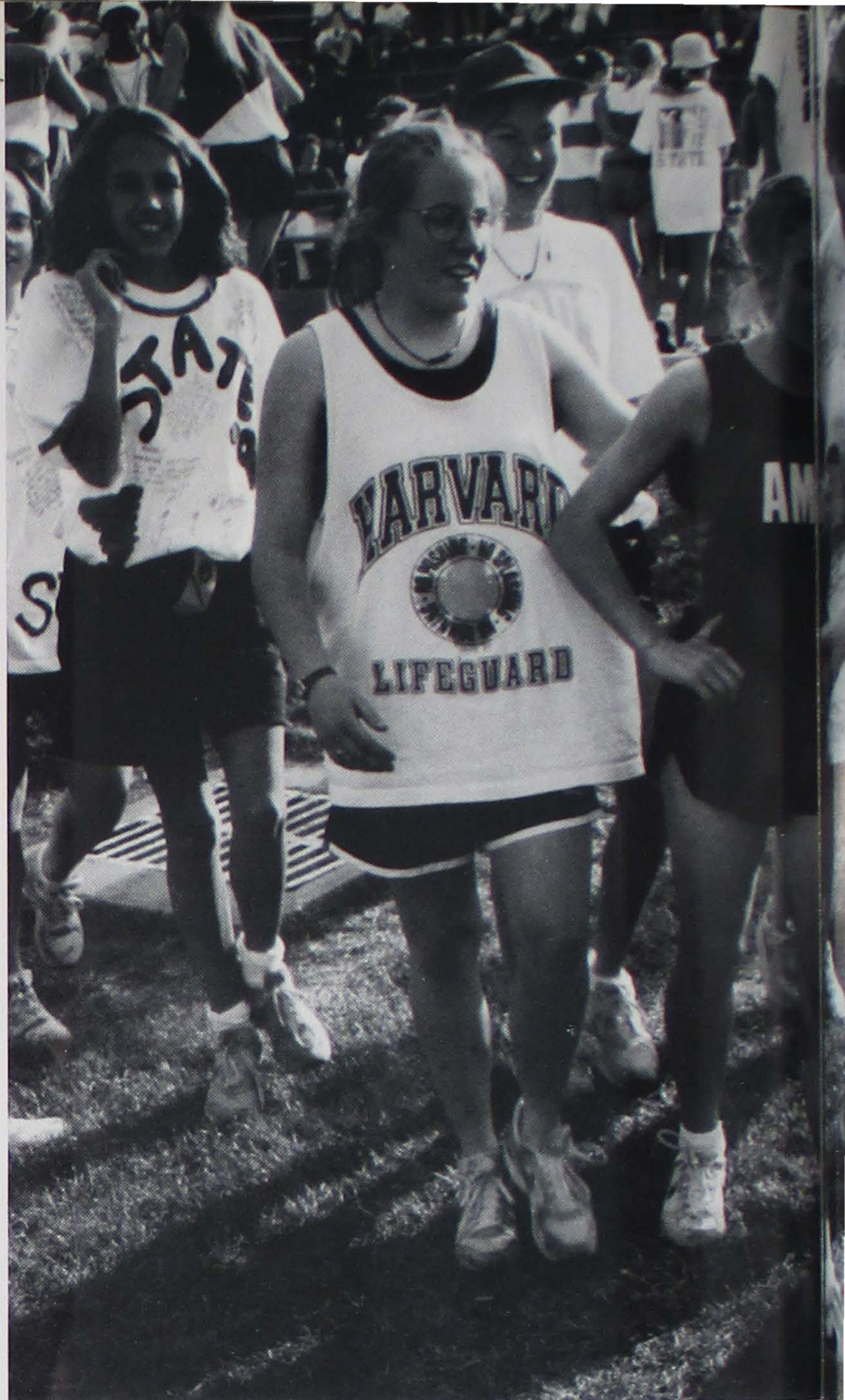
Wet weather did not stand in the way of success. With a 1992 state championship under their belt, the Little Cyclones had big expectations to fill. They did with accomplishments like that of juniors Hope Amos, Helen Lueth, Amy Henderson, and senior Mary McKern who took first place in the 4 x 100 at Drake Relays.

"The 4 x 100 team had all run together a lot and knew each other and how they wanted to run it. They had rituals they did before every race; we would stand in a circle in running order with the baton in the middle. We closed our eyes and visualized the race and ran in place when it was our running turn," Henderson said.

Fifth place in the state was a place many other teams wanted to be, but it belonged to Ames in the end. After ringing out their running socks and drying their hair, most felt that the string of first place meets and ending up in the top five was worth dodging the raindrops.

By Adrienne van der Valk

**Girls' track team refused
to let rain wash them up**





Supporting their teammate, members of the varsity track squad help freshman Alienor Gilchrist off the track after her completion of the last leg of the distance medley. The relay won its heat. (Photo by Karen Hsu)

Varsity Girls' Track

6 1st places

Meet	AHS
State Indoor	12th
Newton Indoor	NS
Dickenson Relays	NS
Washington Invite	1st
Mason City	NS
Indianola Invite	1st
Dodger Invite	1st
Mason City Invite	1st
Districts	1st
CIML Conference Meet	1st
State Outdoor	5th



Junior and Senior Girls' Track. Front Row: Stephanie Curran, Jennifer Fiebler, Sarah Smith, Susan McGee, Elizabeth Welch, Mary McKern, Leigh Ann Powell, Sara LeBrun, Becca Stott, Angie Davis, Kerri Beckman, Noelle Osborn. Second Row: Marnie Anderson, Anna Terpstra, Ammi Loutzenhiser, Karen Hsu, Erin Block, Serra Sermet, Anjeanette Levings, Allison Hutchison, Megan Knutsen, Tracy Hulse, Sara Brunscheon. Third Row: Martha Whitaker, Stacey Murray, Asst. Coach Dick Wilson, Asst. Coach Larry Middleton, Asst. Coach Kirk Schmaltz, Head Coach Jim Duea, Asst. Coach Tom Jorgensen, Asst. Coach Wayne Clinton, Amy Stahlman, Tessa Aurand, Jody Larson. Fourth Row: Beth Myers, Chris Briley, Crystal Houge, Hope Amos, Helen Lueth, Beth Holger, Nakia Giddens, Jana Hertz, Alison Doyle. Back Row: Jessica Hugdahl, Shannon Dau, Elaina Prochaska, Rebekah Hartman, Amy Henderson.



"At the Conference meet it was raining and hailing. We were in the middle of the distance medley and (senior) Ammi (Loutzenhiser) had just gotten us into the lead despite a pulled hamstring. Then an official told the runners to stop and take cover because of the hail, but Ammi wouldn't stop running. They kept telling her to stop, but she really wanted to keep her lead!"

-senior Anjeanette Levings



after helping the shuttle hurdle relay team to place first at Drake Relays, senior Karen Hsu receives her reward—a big kiss from hurdle coach Tom Jorgensen. (Photo courtesy of Karen Hsu)

Highlights

- The 4 x 800 relay team of Jana Hertz, Alienor Gilchrist, Susan McGee, and Erin Block took second place at the state meet.

- Alienor Gilchrist, as a freshman, made the All-State track team in three events: the distance medley, the 4 x 800, and the 1500.

- The shuttle hurdle relay team of Karen Hsu, Amy Henderson, Sherry Schwarzenbach and Anna Terpstra captured first at State.

Handing off to junior Amy Henderson, sophomore Sherry Schwarzenbach completes her leg of the 4x100 relay at the state meet. The team placed third. (Photo by Beth Myers)

Coming down the final stretch for his leg of the 4x800 relay, sophomore Dave Evans pushes towards the finish line at the Ames Invite. Relays provided a team atmosphere in a highly individual sport. (Photo by Beth Myers)

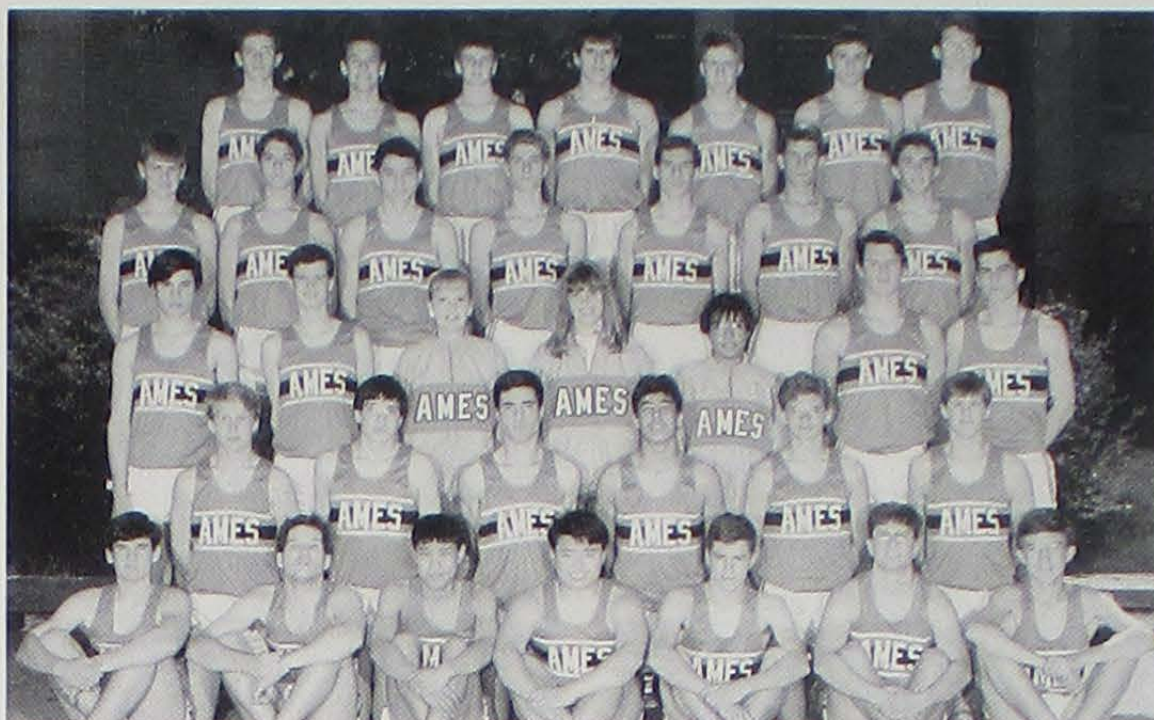
9/10 Boys' Track

Meet

Hi-Covey Relays
Marshalltown Invite
Urbandale Invite-soph
Urbandale Invite-frosh
CIML Conference-soph
CIML Conference-frosh

Place

1st
1st
1st
8th
2nd
6th



Boys Junior Varsity Track. Front Row: Nick Carroll, Brett Barton, Winston Huang, Jack Liao, Mark Sedgwick, Chip Whiteford, Paul Stewart, **Second Row:** Rob Anderson, Andrew Proescholdt, Ryan Tesdall, Sevond Cole, Jason Minion, Tim Longman, **Third Row:** Eric Lehmkuhl, Aaron Sheeler, Mgr. Abby DeHoef, Mgr. Amy Kilmer, Mgr. Erin Ackerman, Josh Wirtz, Matt Ashburn, **Fourth Row:** Brian Fennema, Ben Magel, John Ellmaker, Dave Evans, Bruno Gilchrist, Jason Miller, Scott Mullica, **Back Row:** Clint Houge, Mert Sermet, Derek Ginder, Eric Greving, Ben Kellen, Matt Pyle, David Millen.



Clearing the bar, freshman Ryan Ridnour prepares to land. "I worked on form most of the time at practice and I improved four inches," Ridnour said. "The coaches told me what I was doing wrong, and I knew what the form was, so I'd just do what I had to improve." (Photo by Beth Myers)

Trying to keep warm, sophomores Jason Miller and Eric Greving papoose their hands under their warm-up jackets. Cold weather seemed a constant for the season, affecting not only the runners' performances, but the crowd turn-out as well. (Photo by Beth Myers)





Improved Forecast

The rain fell in sheets as the freshman and sophomore runners circled the track in their laced-up Nikes, awaiting the sun. But the sun never came.

"It was cold the whole year; we had six or seven days that it was actually hot. I don't think that it affected us though, because the team did well the whole year," sophomore Scott Mullica said.

Mullica also felt that despite the poor weather, the team still competed well.

"I think we improved 100 percent from last year through dedication. Even though we did really bad last year, no one quit; they just kept working at it," Mullica said.

Although the team's record improved, some felt that the season could have been better with the more runners.

"We needed more freshmen to come out," sophomore Clint Houge said. "We had a lot of people that were in the back of the pack last year that were running with the faster people this year."

This drastic improvement could be attributed to many reasons, such as maturity.

"The 10th graders improved from last year—all of our times dropped probably just because as you get older you become a better runner," sophomore Jason Wray said. "There's also a huge difference from middle school. The workouts there aren't that hard, and you don't always do them; but with the coach watching you all of the time, you can't help but improve."

Besides the difference in coaching, some found that their attitude changed with the move to high school track.

"The way I approached meets this year definitely changed. Before, I had eaten and drank at the meets what I shouldn't have, but now I watch what I eat before running. Besides this we also did a lot of sprint drills that helped my form," freshman Ryan Tesdall said. "I don't think that the weather affected us because we practiced in it. All the other teams would break down in the rain and want to go home, but we simply weren't affected by it."

The rain kept coming down, not caring the time of day or the magnitude of the meet. Then the sun finally broke through the clouds, metaphorically. With a perfect regular season record and a second at Districts for the sophomores, it appeared that no matter the weather, the boys simply wanted to win.

By Anjeanette Levings

**Through rain and sleet, the 9/10
teams focused on progress**

Personal Best

Since 1992 marked the end of a six-year string of consecutive state titles, members of the varsity boys' track team had high hopes for a fresh start. Although they only lost twice, some team members' hopes were unfulfilled.

"It was a disappointing year, but everyone still had individual highlights which made the season bearable for them," junior Tom Payne said.

Junior Jeff Alt was one such individual.

"The best meet I ever had was at Valley. Although the meet was cancelled because of lightning, the throwers were already done and I had thrown my best ever. Coach (Bob) Logston helped all of us throwers get through our practices and meets by joking around and making fun of the athletes on the team," Alt said.

While many athletes dreaded the hard work and long practices, in the end, the time they spent paid off.

"We had some really long practices, and a lot of hard ones too, but I think it really benefitted me. Goofing off with my friends and having fun at practice also helped. When we were at the meet in Ankeny I won the varsity 100 for the first time. It was really a great feeling," sophomore Steve Steenbeke said.

In addition to individual accomplishments and five first place finishes, the team had other positive experiences to reflect upon, such as pulling upsets against favored teams.

"It was different because we weren't the top team in the state. Our meets were really close this year. During the season we told blonde jokes so we could break some of the tension. But, the meet at Cedar Rapids was the best, because it was a big meet and we won it against our rival Iowa City High," junior Chris Wycoff said.

Whether the team did well, a new personal record was achieved, an individual event was won, or a new record was broken, the boys' track team used those highlights to carry them through the season.

By Becca Stott

Individual efforts aided team through the season

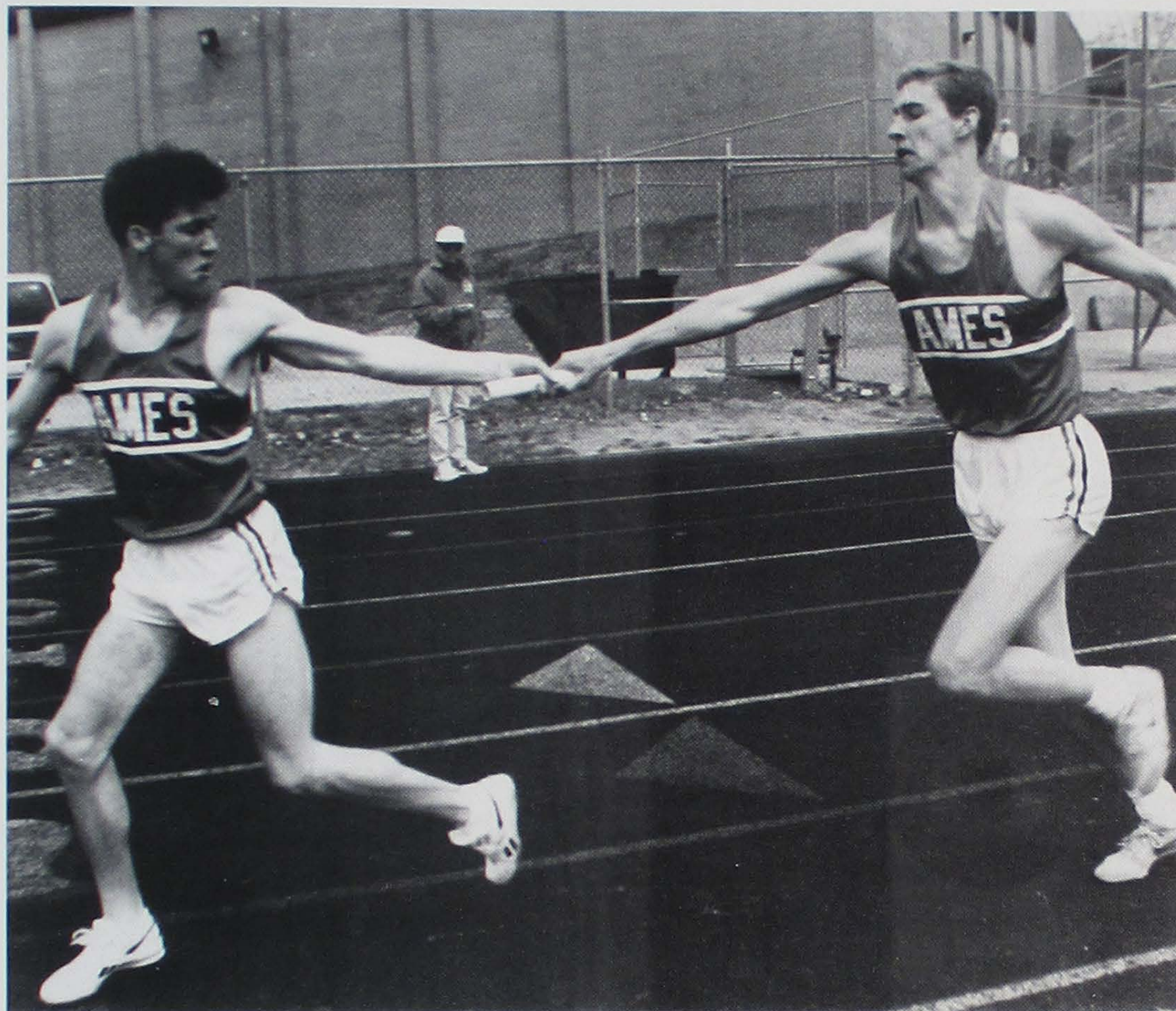


With a high leap into the air, senior Tendai Muyengwa is about to land in the long jump pit as the official makes sure the jump was legal. Muyengwa went on to place fourth at the Hi Covey Relays with a jump of 20 feet 6 inches. (Photo by Serra Sermet)

handing off the baton, junior Mark Milleman finishes his leg of the 4X800 as junior Tom Payne starts his. Their relay went on to win the event at the Hi Covey Relays. In addition to their win, the team won the relays as well. (Photo by Beth Myers)

Highlights

- Junior Jeff Alt was the first thrower in 12 years to earn points at the State meet, placing fifth in the shot put.
- Junior Chris Wycoff placed first in the 100 meter hurdles and tied the state hurdle record.
- Ames won the Wilkinson Relays against City High, who later won State.



caught in the act

"When I was a freshman, I got pinkbellied by the weightmen, which is customary and that didn't bother me. But I was pinkbellied again this year for making fun of them even though I was a sophomore."

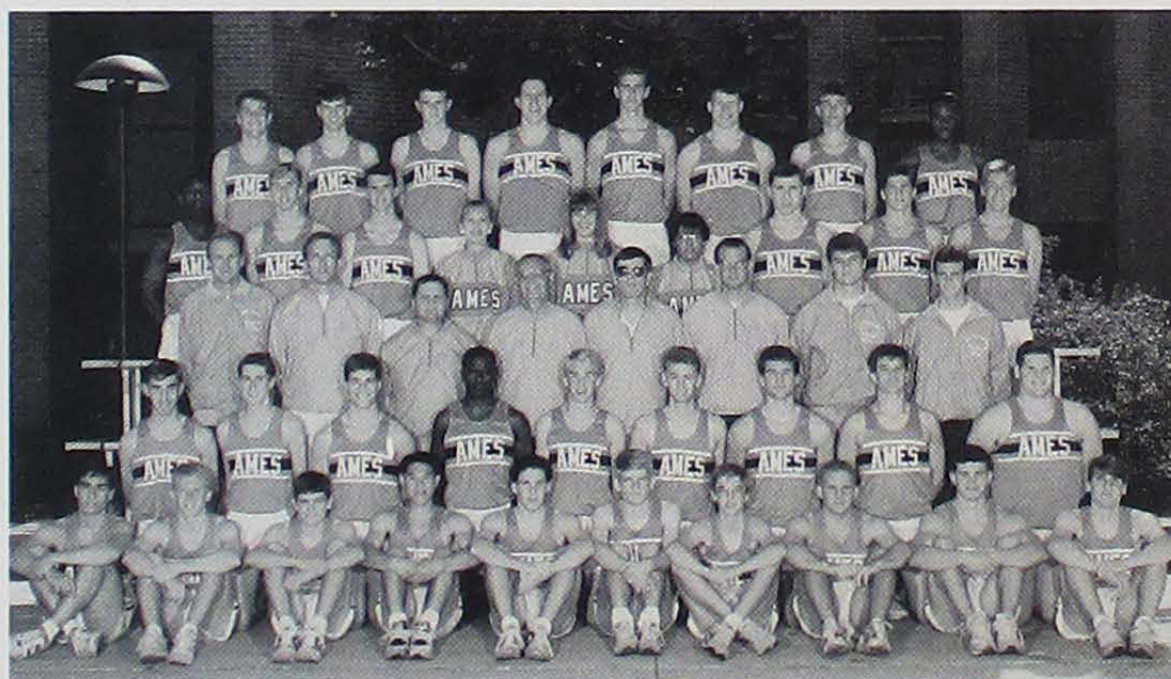
-sophomore Nick Dau

"After the Cedar Rapids meet, the team went out to eat at McDonald's and a few went to Long John Silvers. Everybody was done at McDonald's and we were leaving and somebody noticed that some of the guys were not on the bus. Sletten kind of got mad and sent (Coach) Logston to go get them. When Logston got them he yelled at them to get out of there and some of the people in the restaurant left too."

-junior Danelle Pantenburg, manager

Varsity Boys' Track

Meet	Place
Ames Invite.	NS
Bruce Jenner	NS
Dickinson Relays	NS
Ankeny Dual	1st
WDM Dowling Triang	NS
Hi Covey Relays	1st
Bobcat Invite	2nd
Drake Relays	NS
Ames Invite	1st
Wilkinson Relays	1st
Hawk Relays	1st
CIML Conference	4th
State	10th



Varsity Boys' Track. Front Row: Gene Lund, Scott Gabrielson, Ryan Ridnour, Arthur Chen, Steve Shapiro, Joey Nelson, Jason Wray, Kelly Delagardelle, Kurt Harryman, Steve Steenbeke. Second Row: Chad Kinart, Dave Cantonwine, Lon Freeman, Billy Mooror, Micah Vardeman, Justin Wilcox, Ben Ford, Dave Smalling, Todd Swan. Third Row: Asst. Coach Randy Barrick, Asst. Coach Bruce Vertanen, Asst. Coach Robert Logston, Head Coach John Sletten, Asst. Coach Carl Pelzer, Asst. Coach Vance Downs, Asst. Coach Brian Pearson, Asst. Coach Kurt Friedrich. Fourth Row: Tendai Muyengwa, Jeremy Aslesen, Jonathan Good, Mgr. Abby DeHoe, Mgr. Amy Kilmer, Mgr. Erin Ackerman, Gentry Collins, Tom Payne, Nick Dau. Fifth Row: Chris Wycoff, Jeff Stiles, Mark Gyllstrom, Jeff Alt, Mark Milleman, Jeremy Mize, Dustin Avey, Fred Gilbert.



Highlights

- Senior Jen Shierholz and junior Tracy Larson qualified for the State Doubles Tournament, and took third, going farther than any other doubles team in AHS history.
- The team captured the sectional championship.

Striking the ball full force, junior Molly LaGrange attempts to score against her DM Roosevelt opponent. Despite her efforts, it was a losing afternoon for both LaGrange and the Little Cyclones. (Photo by Abby Klaas)

Preparing to return the ball in a home meet, senior Ann Moore prepares to return it to her Cedar Rapids Jefferson opponent. Moore won the match, helping the Little Cyclones take the meet 8-1. (Photo by Abby Klaas)

caught in the act

"At Carbo-packer (spaghetti club for tennis players) one night, Molly LaGrange had just gotten her new prom dress and she was all excited. Everyone wanted to see it, so she ran out to the car and came back wearing her dress over her tennis shoes. No one knew where she changed, she just appeared with her dress and sneakers on."

-freshman Emily Dobbs

"We were just getting ready to play when Sarah Freed went out on the court with her warm-ups on under her skirt. Something happened to the button on her skirt, it snapped or something, and it almost fell down. We had to get safety pins and pin her up."

-sophomore Fawn Stubben



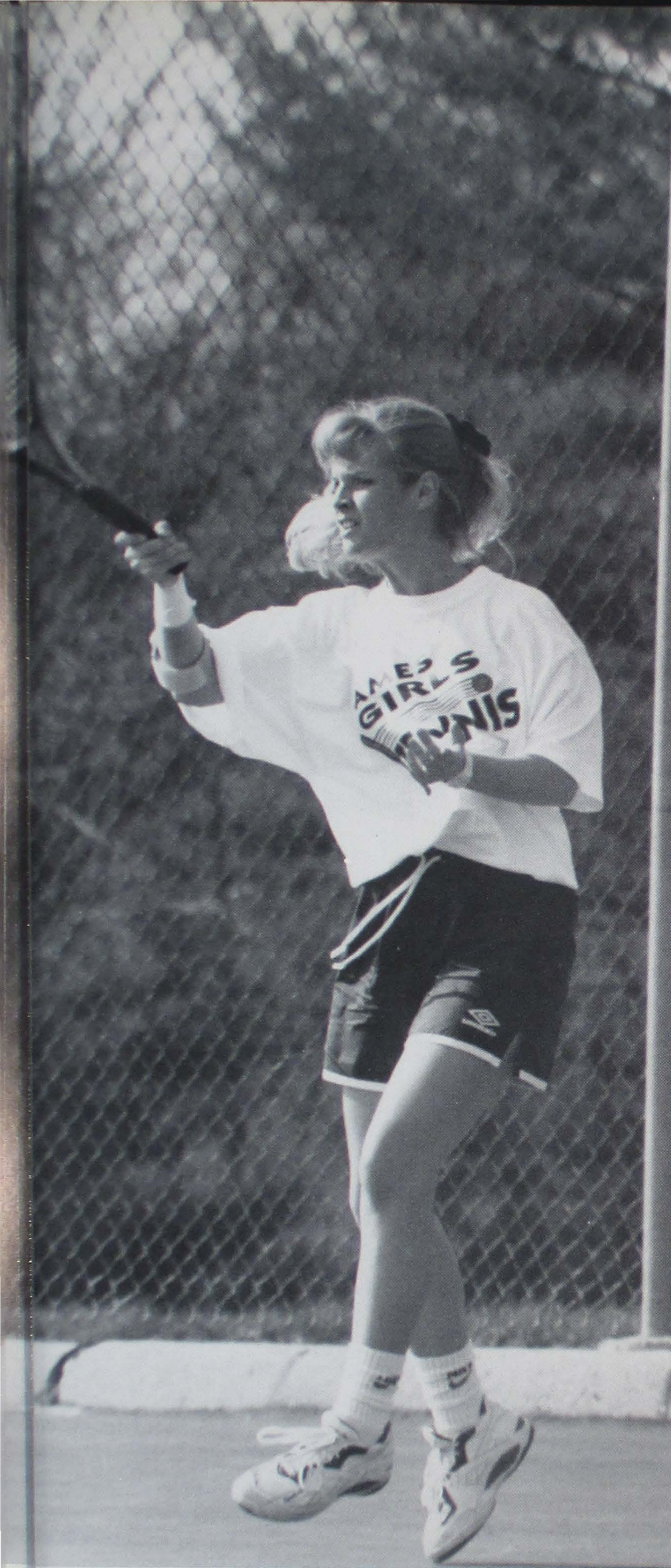
Girls' Tennis. Front Row: Jill Muller, Maria Lutz, Amy Ogle. **Second Row:** Jenny Olson, Emily Dobbs, Ali Best, Melani McCracken, Katie Krogmeier, Fawn Stubben. **Third Row:** Molly LaGrange, Ann Moore, Sara Skahill, Dana Patterson. **Fourth Row:** Gretchen Guffy, Jen Shierholz. **Back Row:** Coach Len Thiede, Jeanne Sundstrom, Robyn Berning, Sarah Freed, Suzi Shierholz, Lisa Hinrichsen. **Not Pictured:** Tracy Larson.

Girls' Tennis

9 wins, 3 losses

AHS	Opponent	Opp
8	CR Jefferson	1
11	Marshalltown	0
4	DM Roosevelt	7
1	WDM Valley	10
9	Urbandale	2
10	Boone	1
8	Fort Dodge	3
10	DM East	0
11	Ankeny	0
10	Newton	1
11	Indianola	0
0	WDM Valley	5
	CIML Tournament	2nd





Mixed Expectations

Apprehensive was the best way to describe the mood at the beginning of the girls' tennis season. Having lost several experienced varsity players, neither the athletes nor the coach knew whether the success they had come to expect, or a "building season" was ahead.

"At the beginning of the year we didn't know what to expect. Some people didn't get to go out, and we had a lot of injuries, and then it was raining all the time. But we really pulled together after the first meet. Once we started playing and beating other people, things really fell into place and we had so much fun. It was the best season I've had on the tennis team in all four years," senior Jen Shierholz.

One disadvantage to the sport these players loved was its dependance on the weather. Wet courts encouraged twisted ankles, so when the Iowa clouds burst on meet days, the girls had to pack up their rackets and reschedule.

"The rain was a big factor for outdoor practice. Many of our meets were rained out and it was a pain because we had to make them up and ended up playing three tough teams in a row. It was frustrating, but it didn't make us feel like we couldn't do well," freshman Gretchen Guffy said.

Two of the toughest teams Ames faced were Valley and Roosevelt, and these were two of Ames' few losses.

"I think we did relatively well because Valley was so strong this year and we kept facing them at Districts. Mr. Thiede encouraged us, especially with Valley and Roosevelt. He knew we weren't expected to win, but told us to give top effort and make it a challenge for them to beat us," sophomore Lisa Hinrichsen said.

Not even Valley and Roosevelt were enough to stop the doubles team of Shierholz and junior Tracy Larson. They took the State doubles tournament by storm, claiming third place and going farther than any other doubles team in Ames High history.

"We were really nervous because we didn't know the abilities of other teams or how or if we could beat them," Larson said.

Positive spirit, unity, and umbrellas seemed to be all the group of girls needed to bring the birth of their tentative season to a confident and climactic close.

By Adrienne van der Valk

**An uncertain season
made way for success**

Unexpected Success

Some say it's impossible to improve upon perfection, but the boys' tennis team proved that theory wrong. The team not only matched the success of its previous season, but topped it with a 6-3 record. And much of the team's success could be linked to the experience of veteran players.

"It's been a special season for the seniors because we've all been together for four years, and we've become good friends. This season was a definite improvement from last season when we lost in the first round at sub-state. We've done pretty well considering we lost some of our top players because of injuries and one due to academic probation. It was a big accomplishment for us finishing in the top eight at State," senior Morris Liao said.

Losing players was not a problem unique to this year. The team was used to adjusting to the constantly fluctuating line-up.

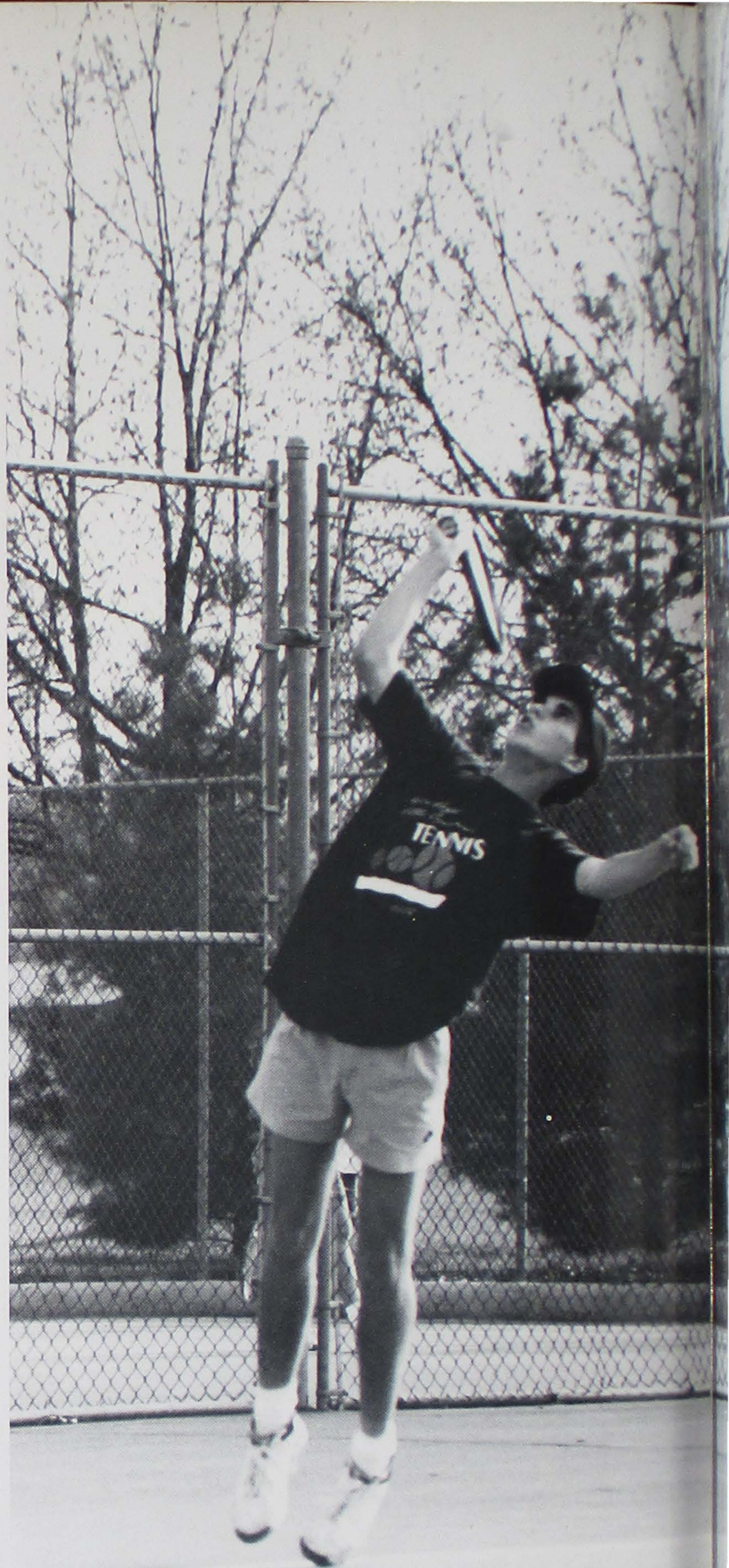
"Two years ago we lost our top five players, and everyone thought we were going to do terrible without them. We didn't give up, and this year we did just as well as they did, we placed in the top eight. I was very happy about placing so high, because we beat a lot of teams we had met earlier in the season and had problems with. I'm really pleased with the season in general," senior John Tannehill said.

The team's accomplishments were reached despite the loss of a key player. Senior Niles Narotam entered the season with a recurring knee injury. Early in the season, Narotam's injury worsened, keeping him out for the remainder of the season.

"When Niles got injured, I didn't really know what to do. He is one of the best doubles players in the state; and he really pumped me up when we played. It was hard to adjust to a new partner, because I had become comfortable playing with Niles. We knew each other's weak points and we were able to work with them to create one of the most enthusiastic doubles teams in the state. That kind of relationship takes time to develop," junior Marcin Leszczylowski said.

Building on previous successes enabled the younger players to strive for even higher goals when their time came to make their mark as the top-seeded players.

By Kristy Lakin



**Boys' tennis made top 8
despite loss of players**

Stretching to reach his maximum serving potential, senior Clay McEvoy attempts to win a point against his Marshalltown opponent. Ames was defeated in a disappointing 4-7 loss. (Photo by Angie Davis)

After returning the ball, junior Jim Polston follows through on his forehand. Polston helped the Little Cyclones win the dual meet against Indianola 9-2. Ames finished the season in the top 8 in the state. (Photo by Angie Davis)

Highlights

- The Junior Varsity team went undefeated.
- The team ranked in the top eight teams in the state.
- Seniors John Tannehill and Morris Liao were doubles state qualifiers.
- The Little Cyclones were Bobcat Doubles and District Champs.



caught in the
act

"At the Ankeny meet, Dave Good started hitting around with the number six Ankeny player, Joel Green. Good didn't think he was that good, so when Green hustled him for \$1 a game, he accepted. Green won 6-1 and Good had to pay him five bucks. No one will let him forget it."

-sophomore Dan Vogel

"At tennis meets it's important to be quiet, so the players can keep their concentration. During one meet, I accidentally set off one of my friend's car alarms, and it started honking. I hid in the car for awhile because it was so embarrassing."

-senior Jennifer Weiss

Boys' Tennis

6 wins, 3 losses

AHS	Opponent	Opp.
9	DM East	1
11	DM Hoover	0
9	Indianola	2
1st	Bobcat Doubles Tourn.	
4	Marshalltown	7
10	Urbandale	1
2	DM Roosevelt	9
6th	Conference	
1st	Districts	
	Substate	
5	Council Bluffs/AL	0
1	Sioux City North	5
Top 8	State	



Boys' Tennis. Front Row: Max Freeburg, Bill Dunlay, Dave Good, Dan Vogel, Jeff Koch, Mark Bailey, Adam Shriver, Stephen Chang, Marcin Leszczylowski. Second Row: Mgr. Sophie Ellmaker, Mgr. Jennifer Weiss, Mgr. Kristy Lakin, John Sherman, Jim Polston, Steve Edelson, Clay McEvoy, John Tannehill, Morris Liao, Ben Douglas, Nitesh Narotam, William Sutjiadi, Judd Bowman, Steve Bailey, Andy Vogel. Not Pictured: Carlos Wesley.

Highlights

- Senior Keara Langston shot a career-best 41 score at the Urbandale Invite.
- The team finished third at State, with Lisa Horton placing second in individual competition. In addition, Katie Rhodes shot a 43-49 score, with four pars in a row at State.
- The squad members were CIML conference champions with a low score of 354.

caught in the act

"Jenny Wilcox hit a ball which hit a tree, bounced back at her, and landed inside her bag at her feet."

-junior Emily Barta

"I was positioning myself to make a shot, when I suddenly heard a scream. When I turned to see who had yelled, a golf club went flying past my face, inches away. A teammate had lost her grip due to the weather."

-sophomore Jenny Ellett

"I had just made a shot which landed next to a tree. I went over to make my next shot, and when I did, I hit a tree, and broke my golf club in half!"

-freshman Michelle Klatt

"Lisa Horton was playing at Fort Dodge. As her opponent shot her ball, it hit and killed a bird!"

-senior Sarah Frette

Competing at the first home meet, the Ames Invitational, senior Keara Langston follows the path of the ball she just hit as it soars towards its destination. Langston had a career best 41 later in the season. (Photo by Mindy Cooper)

as she awaits her turn to putt, freshman Michelle Klatt surveys the green to see how her ball will break. The Little Cyclones won the meet, beating Boone, East, Fort Dodge, Hoover, North, Ottumwa, Valley and Dowling. (Photo by Mindy Cooper)

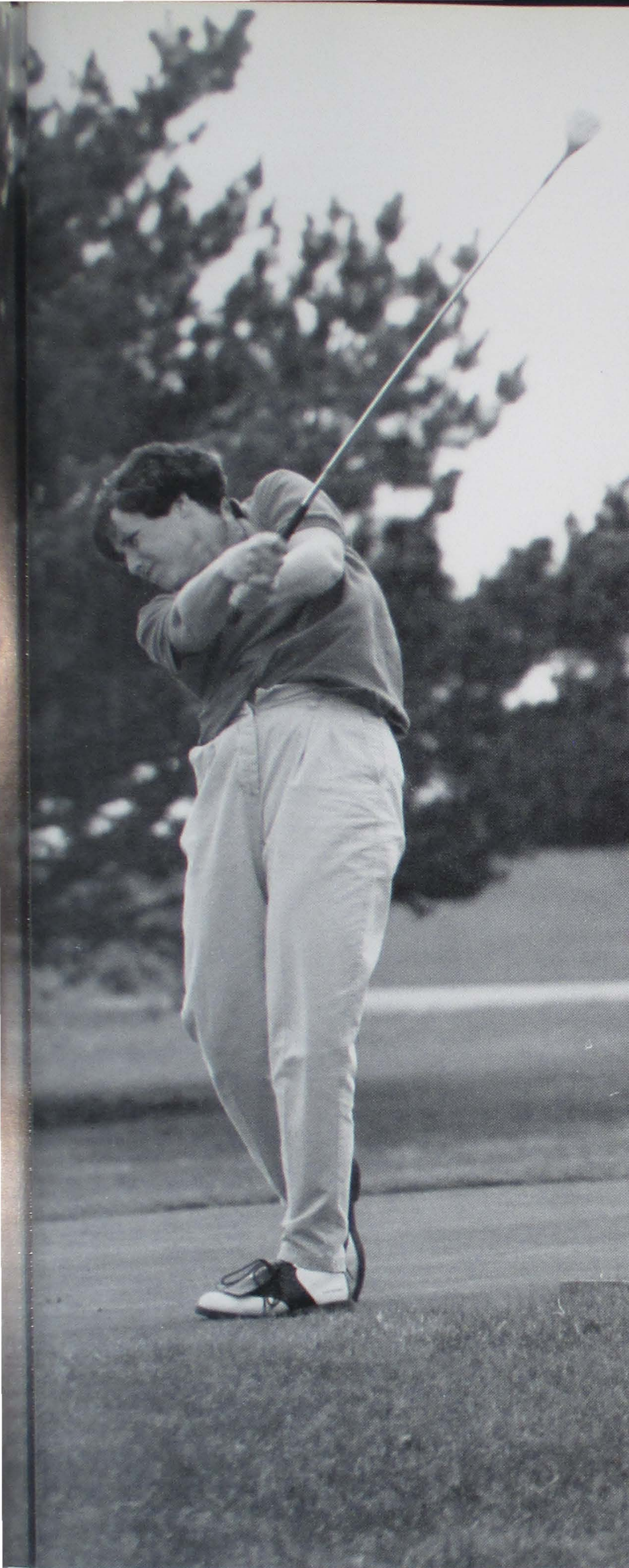


Girls Golf. Front Row: Emily Barta, Jenny Wilcox, Sarah Frette, Michelle Klatt. Second Row: Katie Rhodes, Lonna Rensink, Jenny Ellett. Back Row: Julie Swanson, Jamie Adair, Lisa Horton, Coach Bob Heiberger, Keara Langston, Libby Van Houten.

Girls' Golf

10 first places

Opponent	Place
Valley Classic	1st
Urbandale/Indianola	1st
North Invitational	2nd
Ames Invitational	1st
Valley	2nd
Ames Classic	1st
Marshalltown	1st
Newton	1st
Boone	1st
Conference Meet	1st
Sectionals	1st
Regionals	1st
State Meet	3rd



Hard Drive

howling wind rips through the trees as raindrops pelt down upon the already soggy ground. Cheers can be heard as they sail away on the gusts of cool air. This was a setting the girls' golf team could frequently relate to.

Braving an incredibly rainy and cool season, the Little Cyclones held onto their spirits as they made it to the courses to challenge their opponents.

"I knew golfers were really dedicated to their sport, but it was really clear at the Valley Invitational when we played in pouring rain and chilling wind," sophomore Katie Rhodes said. "Most other sporting events would have been called off, but we stuck it out and ended up winning."

Others got a taste of what it was like to be a dedicated golfer for the first time.

"I wasn't sure if I wanted to go out for golf or not, so I talked to some of the girls on the team. They gave me a really friendly impression right away, and told me to go for it, so I did. Since I wasn't as advanced as most of them, they helped me a lot, and I really benefitted from all their encouragement," junior Emily Barta said.

Three seniors, Keara Langston, Lisa Horton, and Sarah Frette, and two sophomores, Rhodes and Julie Swanson, competed at the state meet in Cedar Falls.

"In past years, mainly juniors and seniors have participated at State. But as times change, the girls competing there are getting younger. It was a great opportunity for me to go and also really good experience for my future there and in other meets," Swanson said.

Many players had mixed reactions to the outcome of the state meet. The team placed third behind Waterloo West Dubuque Wahlert.

"Of course we were hoping yet again to win, but we were pleased with taking home third place. It was kind of disappointing to come so close, but we were better score-wise than we have been in the past. I think the bad weather affected everyone there, and our performances could have been better if the weather had cooperated with us," senior Sarah Frette said.

As they conquered one bad condition after another, the Little Cyclones came riding out on the thunder they had established for themselves. To them, anything could be accomplished in the name of success.

By Emily Bourne

Weather conditions didn't stop golfers' drive for success

Ideal Progress

In an ideal world, everyone is considered equal, everyone is employed with a six-figure salary, and the girls' soccer team plays on a lush green field with stands full of enthusiastic paying fans.

But the world isn't so perfect, the girls play on the Sixth Street field with only a handful of fans.

"We had some support, but it would have helped to have more people watching, but most people don't know when the games are," sophomore Karen Moon said. "Not only that, but we play right by the railroad tracks and when a train goes by, we can't hear our players talk (give commands). The high school would be a lot nicer to play at, and if it was school-sponsored, people would be able to find out when the games were and come to them."

Although many team members liked the idea of being a school-sponsored sport, improvement was the real key for the season. Coming back from their debut season, the girls discovered a lot of areas that had potential for improvement.

"In games we used to try to do it by ourselves, because in practice no one would pass, so we figured that that's how it was in games," senior Vanessa Heymann said. "Now we play together instead of everyone trying to score their own goal. That has made people willing to play more positions and pass off. If they pass off to people that are open, they have more of a chance of not losing the ball."

Unlike other teams that had only one season to improve, this team worked on improving one season to the next, fall to spring.

"We played all year, so our skills got a lot better, about 100 percent better. We worked out all winter and practiced in the basement of the State Gym until we got kicked out," senior Amy Bartine said. "There are only games for league in the spring and fall, so we played in the Indoor Iowa Games, and we play in the Iowa Games in the summer. Except for about three months total, we practice all year."

Despite the absence of fans, the roaring trains, and being thrown out of State Gym, the team made its season an ideal one through improvement.

By Anjeanette Levings



Soccer players improve through long and turbulent season





The key to a soccer game wasn't Umbros, or the right cleats, but endurance. In the average meet, players said they ran around eight miles. Sophomore Jennifer Johnson attempts to beat out Roosevelt in the race towards the ball. (Photo by Angie Davis)

Girls' Soccer

6 wins, 2 losses, 2 ties

AHS	Opponent	Opp
W	S.E. Polk	L
W	Indianola	L
L	WDM Dowling	W
W	WDM Valley	L
L	Adel	W
W	Newton	L
T	WDM Valley	T
W	Newton	L
T	Urbandale	T
W	DM Roosevelt	L



Girls' Soccer. Front Row: Angie Huls, Jean Lynott, Buffy Quintero. Back Row: Darla Bovee, Jenny Johnson, Kris Walker, Karen Moon. **Not Pictured:** Amy Bartine, Sarah Fisher, Jackie Gardner, Tania Heymann, Vanessa Heymann, Becky Hostetter, Angie Madison, Emily Peck, Dawn Petersen, Mandy Padilla.



"I was tending the goal, and I don't really know what happened. I must have been half watching the game, and half off somewhere else, because I just let the other team make a goal. The ball rolled right between my legs. I didn't even try to stop it, I just watched it go in and Urbandale make a goal. I was so embarrassed, but no one said anything, they knew how bad I felt about it."

—sophomore Sarah Fisher



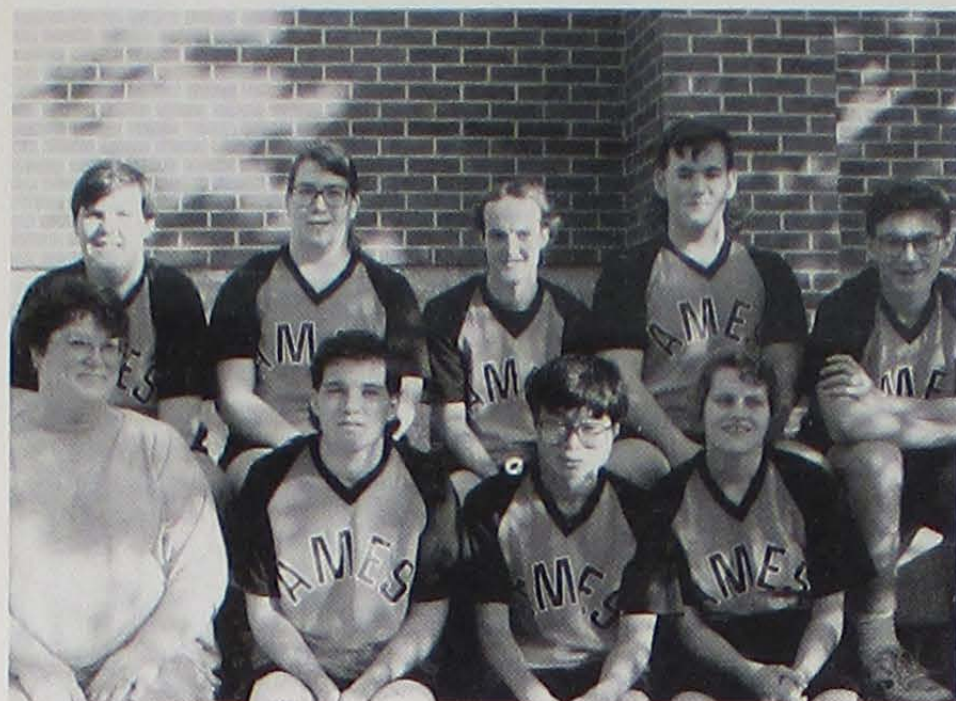
With a knee kick, senior Kris Walker attempts to keep control of the ball and locate an open teammate. While good control was a must, it was also necessary to remain team oriented to attain a goal. (Photo by Angie Davis)

Highlights

- The team made it to State Competition
- Junior Dawn Petersen was selected for Olympic development camp.
- The team beat Newton by a 16-1 margin, allowing nearly every player to score.

Concentration set, sophomore Angie Madison sends the ball on its way despite Roosevelt's block. Power and mind set give players the extra edge to capture the ball from their opponent. (Photo by Angie Davis)

9 old medals brought smiles to both competitors and spectators. Senior Christian Wineinger shows off the three gold medals he won in the 100 freestyle, 100 freestyle relay, and the 25 backstroke to his teammates and friends. (Photo by Karen Hsu)



Varsity Volleyball (Cyclones). Front Row: Coach Mary Mekemson, Brett Barton, Alex Sipes, Mary Mohler. Back Row: Robert Krogmeier, Eileen Sambos, Christian Wineinger, Travis Dakin, Robert Eich.



Track. Front Row: Randy Durnin, Jeff Whitham, Sara Cummings, Tina Post, Suzie Lustgraaf, Megan O'Neal. Back Row: James Hougham, Kyle Miller, Assistant Coach Chuck Johnson, Richard Johnson, Kim Smith.



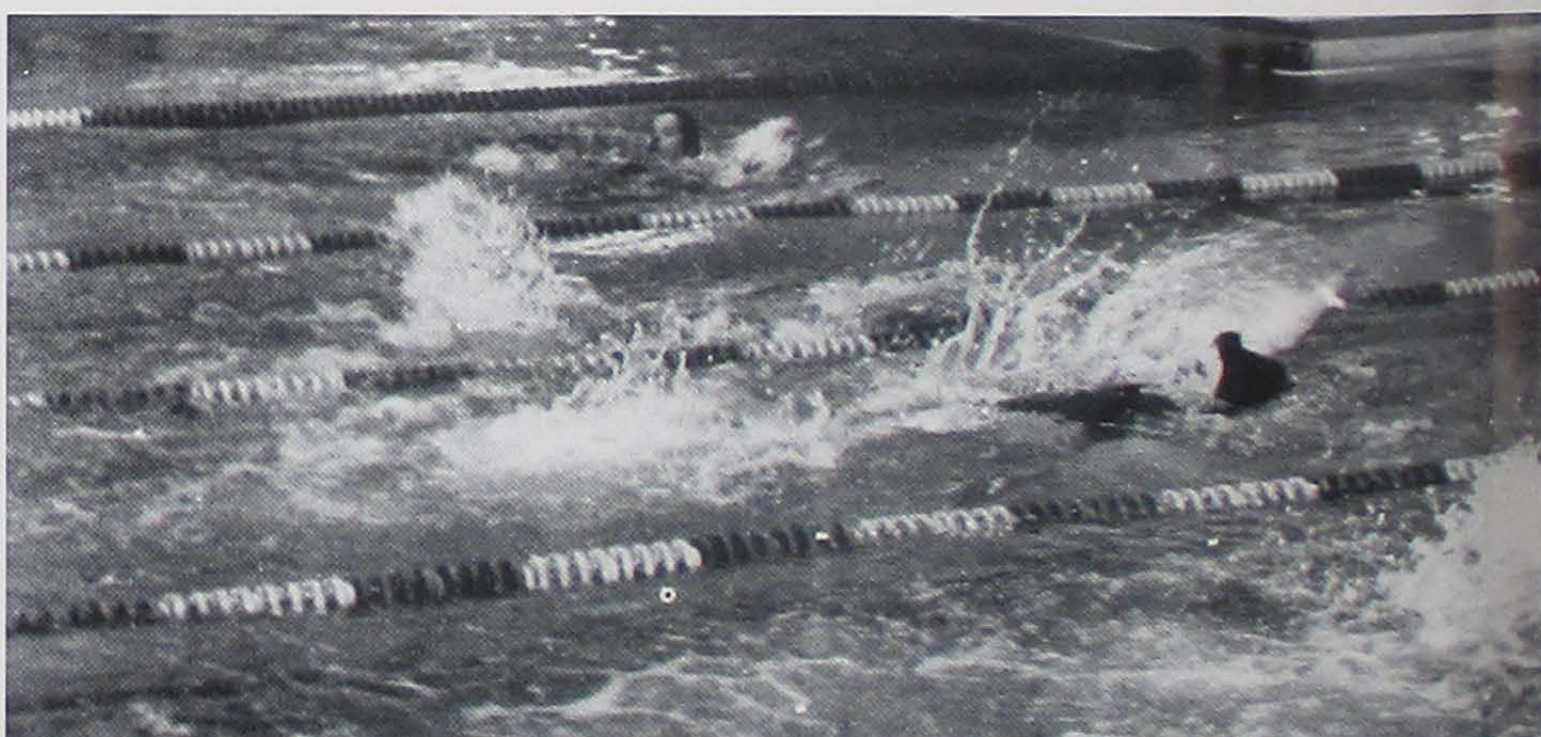
Junior Varsity Volleyball (Orange). Front Row: Kim Smith, Mark Range, Bill Yerkes, Marnie Bigelow. Second Row: Wendy Thompson, Richard Johnson, Wes Payeur, James Otto. Back Row: Coach Reggie Greenlaw.



Swimming. Front Row: Elisa Dix, Evelyn Ramariz, Wendy Thompson, Marnie Bigelow. Second Row: Missy Wiersen, Bill Yerkes, David Wagner, Mary Mohler, Nels Chapman, Alex Sipes, Coach Hilary Ziebold. Back Row: Manager Aaron Burghart, Wes Payeur, Paul Strand, Christian Wineinger, Mark Range, Kerri Bald, Eileen Sambos, Manager Faith Smith.



Volleyball (Little Cyclones). Front Row: Missy Wiersen, Tina Post, Megan O'Neal, Sara Cummings, Nels Chapman. Back Row: Randy Durnin, Kyle Miller, Suzie Lustgraaf, Kerri Bald, Elisa Dix.



Swimming the 25 meter backstroke, junior Missy Wiersen works to finish well in the race at Beyer Hall. Wiersen placed second in the 25 meter backstroke. (Photo by Karen Hsu)

Competing against others in her age group, sophomore Tina Post gets ready to do the standing long jump at the Recreation Center at Iowa State University. (Photo by Karen Hsu)

Friendly Competition

drenched spectators and soggy weather could do nothing to dampen what many special education students considered the highlight of the year--Special Olympics. During the three-day spring sports festival hosted by Iowa State University in May, many hopeful athletes brought home gold, silver, and bronze medals.

"I wasn't nervous at all for my race. I've done it before and just went as fast as I could. I've been running in the Special Olympics since I was 6 years old," junior Kyle Miller said. Miller competed in the 50 meter dash at the Iowa State Recreation Center.

While some athletes thrived in individual events, others enjoyed the team-concept of relay events.

"My favorite swimming event is the 100 meter relay because I got first place and because I got to swim with a team made of my friends. I practiced a lot and swam a lot of laps at the high school pool during second period," junior Missy Wierson said. "My favorite thing about the Special Olympics is that I get to see friends that I haven't seen for awhile because they live in different towns."

Because of the close-knit family atmosphere students were used to, it was difficult for some students to compete against each other in the Special Olympics.

"I like volleyball better than swimming because in swimming, you have to compete against your own friends," freshman Marnie Bigelow said. "In a volleyball game, half of your friends are on the same team and you're trying to win together. It's more fun because you can work together with your friends towards the same goal."

While the Special Olympics were a self-esteem builder for many, it also had beneficial physical effects.

"Swimming is my favorite sport because I can swim fast, but also because it helps my lungs. I have cystic fibrosis so it helps my lungs when I swim. If I don't swim regularly, my lung capacity goes down," junior David Wagner said. "Some people say that swimming is an individual event, but I don't just swim for myself; I swim for the team. Even if I have to swim against a person on my team and beat them, I'm still winning for the team."

By Karen Hsu

Rainy weekend fails to dampen Special Olympics

Rain Delay

despite the frustration that unanswered prayers for a sunny sky brought to all Iowans, baseball players will have a different perspective on the summer floods they can tell their grandchildren about. Besides closed roads and flooded basements, they will be able to talk about all of the rained-out games, the indoor practices, and their desperate search for a field to practice on during the floods.

"The rain really put a damper on our spirits. It is really hard to get up for game after game knowing that it will probably be rained out anyway. Also, having indoor practices didn't help, because you can run or lift or something, but you really can't practice your ball game indoors," junior Earl Dowling said.

Although they finished with a 17-14-1 record, many team members expressed disappointment because of their high hopes for the season.

"I guess you could say that our season was like a roller coaster, with all of its ups and downs. We started out winning our first seven or eight, then we started to split doubleheaders. A lot of us got down when the games were canceled, and we lost the momentum that we had built up at the beginning of the season. But we came out with a winning record, even though we didn't live up to our own expectations," senior A.J. Skahill said.

They Little Cyclones had hoped to advance to the state championships, but lost the first post-season game.

"We didn't do as well as we would have liked to, because the team had a lot of very experienced seniors. Last year, there were only a few seniors so the juniors got to start and play a lot. So this year, the seniors were so experienced that the juniors really just sat back and filled in when they could, and encouraged the team when we didn't get to play," junior Chad Fowles said.

In sports, when one thinks of water, he may think of swimming, diving, or polo; but when the varsity baseball team reminisced about its season, "wet" was the most frequent adjective used.

By Jenni Collins



**Rains and flooding dampen both
the fields and players' spirits**



after getting a hit off of the Urbandale pitcher, senior Jason Ruebel sprints toward first base. The Little Cyclones beat the Jayhawks in both of the double header games at home. (Photo by Beth Myers)

Varsity Baseball

17 Wins, 14 Losses, 1 Tie

AHS	Opponent	Opp
8	SE Polk	6
1st	Little Cyclone Tourney	
0/5	Ankeny	3/3
6/6	Marshalltown	1/4
4	Boone	6
10/3	Newton	2/4
4/5	WDM Valley	8/1
6/4	Mason City	0/5
6/4	Fort Dodge	5/7
11/5	Urbandale	4/4
5/1	Ankeny	9/7
2/4	Marshalltown	8/4
7/9	Newton	6/10
13	Atlantic	1
5/4	WDM Valley	4/7
5/8	Mason City	6/2
4	Fort Dodge	6
3	Cedar Falls	6



Varsity Baseball. Front Row: Aaron Wells, Earl Dowling, Chad Fowles, Mark Hatfield, Andrew Potter, Robbie Eich. Second Row: Coach Bret Posegate, Jason Ruebel, Corey Groepper, Scott Gabrielson, Tyler Uetz, John Tannehill, Tom Payne, David Smalling, Coach John Walz. Back Row: Coach Chuck Stevens, Kevin Lawler, A.J. Skahill, Danny Ricketts, Mark Gyllstrom, Kevin Burkheimer, Aaron Burrier, Mike Peterson, Greg Kozak, Trainer Cory Wentworth.



"There was a big picture of me in *The Tribune*, on a play where I was diving for a ball, only the ball tipped off my glove and in the picture I was face down in the dirt with the ball three feet away from me."

—senior Jason Ruebel

"In the last game, there was a fly ball with two outs. It was high enough that it was coming behind me, so I was running backwards, and I stumbled and tripped and the ball dropped right in front of me."

—senior Corey Groepper



discussing their strategy between innings, the infielders gather in the middle. They include senior Aaron Wells, sophomore Mark Hatfield, seniors Dan Ricketts, Jason Ruebel and Aaron Burrier. (Photo by Beth Myers)

Highlights

- Seniors Kevin Lawler, Danny Ricketts, and Scott Gabrielson were named to the Central Iowa Metro League first team All Conference. Five players were awarded an honorable mention: seniors Corey Groepper, John Tannehill, A.J. Skahill, and Aaron Burrier, and junior Chad Fowles.

Upon releasing a pitch, senior Dan Ricketts follows through while sophomore Mark Hatfield prepares to field the ball. Ricketts' ability not only helped Ames win the game, but also led to a first team All-conference position. (Photo by Beth Myers)

Highlights

• Junior Laura Kain and senior Kelly Randles made the Central Iowa Metro League First Team All-Conference. Freshman Jenny Greenfield and senior Alison Doyle made second team, and seniors Kristi Heiberger, Kim Biechler, and junior Jenny Wilcox received honorable mention.

• The girls won six games in a row to earn them the sectional title and a regional tournament berth.

Letting go of the ball, junior Becky Hostetter completes her pitch to Marshalltown's batter. Her pitching abilities helped the Little Cyclones beat the Bobcats 10-5 in this home game in June. The Cyclones later beat Marshalltown in Sectionals as well. (Photo by Beth Myers)

Getting pumped before a home game, members of the Little Cyclone squad huddle around junior varsity coach Wayne Clinton for support. Their unity and team work brought them success during the season. (Photo by Beth Myers)

caught in the act

"I was playing outfield in the North Scott Tournament. Somebody hit a short, shallow ball and I was running up to get it, but I slipped and tripped. I held out my glove anyway and I still caught it. Afterward, everyone was like, 'you planned that.'"

-senior Keara Langston



Girls' Varsity Softball. Front Row: Amy Bartine, Alison Doyle, Kim Biechler, Laura Biechler. **Second Row:** Kristi Heiberger, Kelly Randles, Laura Kain. **Back Row:** Keara Langston, Jenny Wilcox, Jenny Greenfield.

Softball

AHS	Opponent	Opp
13	Mount Pleasant	1
1	North Scott	11
10	Marshalltown	5
5	Ankeny	4
4	Fort Dodge	0
1	Rockwell City	2
1	Carlisle	4
0	Webster City	6
7	Urbandale	8
3	Hubbard Radcliff	0
2	WDM Valley	9
14	Mason City	3
8	Fort Dodge	3
2/12	Ankeny	4/2
6	East Marshall	0
5	Harlan	0
0	Ankeny	1
8	North Scott	6
5	Marshalltown	11
9	Colo Nesco	4
16	Roland Story	6
4	Carlisle	9
0/1	WDM Valley	3/7
9	Boone	6
4	Urbandale	5
2	Benton Community	3
10	Gladbrook-Reinbeck	0
4	Central Elkader	2
1/3	Newton	0/2
3	Adel-DeSoto-Minburn	5
6/5	Fort Dodge	2/2
SECTIONALS/REGIONALS		
6	Marshalltown	5
3	Nevada	2
5	Oskaloosa	6



Sense of Team

T

he crack of a bat against a ball. The smell of a leather catcher's mitt. The taste of dust as a runner slides into home. All of these are physical sensations associated with the game of softball. But the fire of competition, the swell of friendship, and the explosion that accompanies victory were all sensations felt by the Little Cyclone girls' softball team, and made their season memorable for the

six graduating seniors and freshmen alike.

"This group of seniors that we had, some of us had been playing together since fifth or sixth grade. It was weird to think about not playing with them. They were such great leaders. They were a really close group of girls and they made the team stick together and play together, and I think it showed in our win total," junior Laura Kain said.

One feature that made this year's team unique was the team's coach, Bob Heiberger, who guided the Little Cyclones to a 22-17 record in his first year as head coach. In addition to the success he helped gain, his players appreciated the spirit he brought to practices and games.

"Most of the seniors had him (Coach Heiberger) in eighth grade because he was our ASA (American Softball Association) coach. He really knows about the game and how and when to play everybody. He had no favorites, just everybody had their place. He never said anything negative, either. He would just encourage us and tell us how to improve. He really kept our spirits up because he was so positive and so fun," senior Amy Bartine said.

Positive spirit was a powerful force during trying situations throughout the season. The strength the players gained from it gave them the edge in games such as the sectional tournament game against Marshalltown.

"The Marshalltown game was the best game of the season. We were down by five in the fifth inning and we knew that if we lost, the season was over. Even the people on the bench pulled together to try to win. It was a total team effort. We got the six runs we needed and won 6-5," sophomore Charli Engelhorn said.

The satisfaction of a game well played was a sensation the Little Cyclones earned frequently. The sense of leadership from seniors and the new coach, unity, mental strength, and competitiveness all added up to a team and a record which defied the bounds of basic softball.

By Adrienne van der Valk

**Softball players worked to
make season unordinary**

Lucky Break

a

rabbit's foot, a buckeye, a four-leaf clover, a penny. Each member of the soccer team must have carried at least one of these in his pocket to end up so lucky.

Despite their lack of senior leadership and losing many of their key players, the boys played as if the luck of the Irish was with them.

"Our goal for the season was to finish with a winning record, but we did more than that, we got third in the conference," senior Frank Greer said. "We did very well for what was supposed to be a rebuilding year. We lost several All-Conference players (from last season), but we played well together and a lot of us grew into All-Conference players."

As is often the case, much of the team members' motivation came from their head coach, Ghazi Halloum.

"Our coach said it was going to be a 'fun' season; I didn't even think that we were going to do well, but we really stuck with it," sophomore Jason Ollila said. "A lot of people were really upset with what Ghazi said, so they went out to show him that he was wrong. We knew what we had to do; we were lucky because we were able to do it."

Although some of this ability came through the right mind frame, much of it came through good health.

"Compared to last year, we had relatively no injuries—we were very lucky because people were ready to play and capable of playing," junior Dave Cantonwine said. "We were also lucky that Andy Glatz and Farshid (Khosravi), as well as Lance Schmitt (former Ames High players), and our old trainer Eddie Rossa came back and went through drills with us. Ghazi doesn't really help us with that, he's more of a talker."

The season, once dubbed as rebuilding, could also be labeled a homecoming. The team moved its home games from the United Community field back to Ames High.

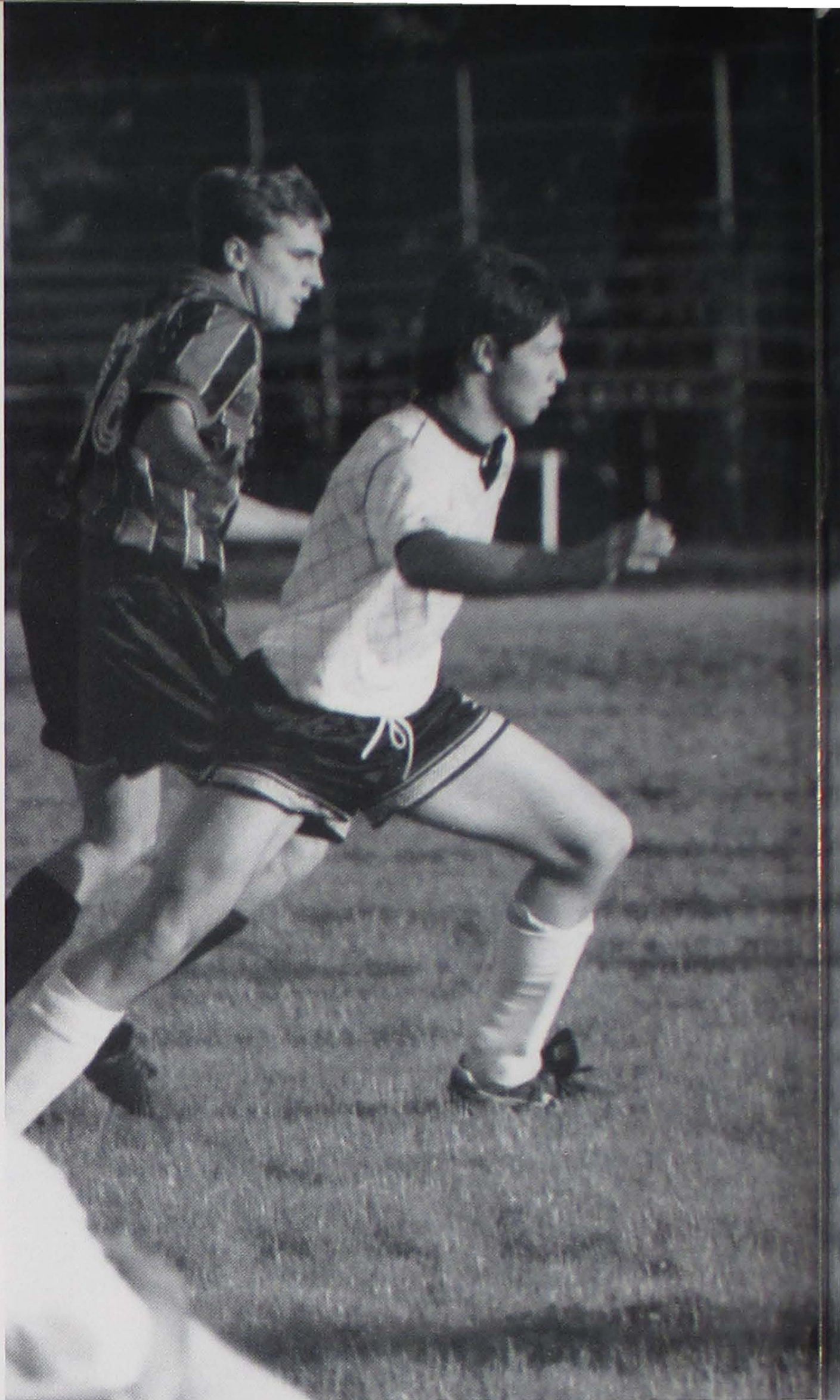
"(Ames) was better than playing in the middle of a corn field, plus more people came to watch," junior Erich Menzel said. "It takes a lot to get us fired up and a lot of people in the stands really helps."

With more support and a respectable scorecard, it was easy for some, like senior Toby O'Berry, to pin the outcome on chance.

"A lot of soccer is luck, a lot of our scoring opportunities were luck, like most of my (soccer) goals."

By Anjeantte Levings

Soccer team redirects a rebuilding season into a winning one





With long intentional strides, sophomore Gabe Padilla sprints ahead of his Newton opponent to reach and redirection the ball first. Ball control, along with speed and endurance played a large part in each game. (Photo by Angie Davis)

Boys' Soccer

6 Wins, 1 Loss

AHS	Opponent	Opp
4	Newton	2
5	Ankeny	3
10	Mason City	0
4	Marshalltown	2
10	Newton	0
7	WDM Valley	2
11	Mason City	0



Boys' Soccer. Front Row: Matt Olson, John Kannel, Issac Zimmerman, Nokeo Somsanith, Toby O'Berry, Abdul Nuhu. Second Row: Jeremy Mize, Erich Menzel, Andy Brock, Aaron Peck, Tom Drewes, Morris Liao. Back Row: Gabe Padilla, Daniel Redmond, David Kuhl, David Cantonwine, Frank Greer. Not Pictured: Matt Uemera, Mike Shimkus, Ben Magel, Steve Kiner.



"At Mason City, I was running backwards while guarding the ball. I stepped off the sideline, and slipped on the astroturf, and fell. He and the ball went right on by."

—senior Frank Greer

"After we won in Marshalltown, we went to Burger King and a couple guys went into the big inflatable Whopper. A worker came out and told them to get out because it was for little kids."

—junior John Kannel



In a muddle of confusion, the Little Cyclones attempt to save their goal bid. Trading humility for a point, senior Morris Liao gives a mighty kick, sending the ball flying and his body into a standing split, all as senior Toby O'Berry looks on. (Photo by Angie Davis)

Highlights

- Senior Toby O'Berry and freshman Gabe Padilla were selected for the first team All-Conference.
- O'Berry also broke the existing school record of goals scored by a halfback, with 12.

With the National Anthem playing in the background, attention shifts from the players to the flag. Prior to each game, the team found a time of tranquility in the moments before the kickoff. (Photo by Angie Davis)

caught in the shuffle

n

o one wanted to be a nobody at Ames High; no one wanted to be one of the many in a confusing mass of bodies, bumping and squeezing their way through the narrow breezeways of our school. By juggling swim practice, Student Senate meetings, and singing in the choir, along with finishing our required core classwork, we showed that we prized our academic ability, athletic agility, and meticulous workmanship. Throughout the year, students constantly won awards for their efforts to shine. Senior Avanti Athreya earned the prestigious NCTE writing award; seniors Josh Speck and Derek Kepley won the Geo-Metro Ethanol Challenge by making use of the best gas mileage from Des Moines to Ames; sophomore Danny Nutter was chosen to represent Ames High at the Hugh O'Brien Youth Leadership State Conference.

Knowing that our classmates received recognition for their outstanding work only pushed the rest of us harder. We didn't want to be just a face in the crowd; we busied ourselves with music lessons, study groups, foreign language trips, and concentrated in calculus class, track practice and marching band. With 1,377 peers pushing their way through the halls, we tried not to get caught in the shuffle.

By Karen Hsu



Playing with balloons was not an everyday activity, but seniors Kelly Delagardelle, Jon Sloan and Josh Slaughter wear balloon hats to help pass the seven hour bus ride to Chicago. The AP Western Civilization and art classes visited the Art Institute of Chicago Jan. 29. (Photo by Beth Myers)



people



Freshmen



Sophomores



Juniors



Seniors



Faculty

Wrapped up in the spirit of track, senior Erin Block tries to talk to teammates seniors Shannon Dau, Anjeanette Levings, and junior Nakia Giddens before practice with toilet paper around her body. (Photo by Serra Sermet)

freshmen

A day in the life...

Here we are, bottom of the heap again. We are the FRESHMEN, the babies of the school. It is so different compared to the middle school. Of course, everything is a bit overwhelming. All of these new teachers and classes, more homework and a ton of people to meet.

The first few days were a little scary. All freshmen hear rumors of the terrible things that the big, burly upperclassmen do (swirlies and other such things). Contrary to popular belief, no upperclassmen treat me with disrespect, unless you count my brother, a senior.

Actually, I'm having no trouble fitting in. My brother may have even said "Hi" to me in the hallway once! I have made some great new friends, and I have still kept all of my old ones. Everything is exciting and there are loads of groups and activities to get involved in. I have had a hard time deciding which things to get involved with so that I can still manage my time.

I do think that middle school was more personal and I got to know the teachers better. On the other hand, I really like the different mix of people in each of my classes. I have some old friends in one class, and then I have all new friends in my next class. That has been good for me, because I enjoy meeting new people and getting to know them.

I have realized that the teachers give us much more responsibility. In eighth grade, the teachers would hound us until we turned in our assignments. This year, the weight is more on our backs. I enjoy the way we get more freedom, too, and the way we can pick our own elective classes. I am taking a full load of classes, so I have the expected amount of homework (lots). Now, is it me, or do some teachers think that their class is the only one we have so they load us down with homework? Of course, when I saw the amount of homework my brother has to do, I realized we freshmen have it easy!

But on to more serious stuff, like school lunch. High school lunches are better than middle school lunches, but not as good as where the seniors get to go. I also can't stand being locked in the lunch room. I mean, sometimes we have things to do like talking to a teacher or making a phone call, but we can't. I guess that open campus and free periods are just things to look forward to.

I actually really like high school. I am learning new things every day and some are even useful. I am also looking forward to the next three years. So, for those of you freshmen who don't see it like I do, keep this in mind: We only have about 720 days in our high school career.

-Abbe Shapiro

Alicia Ackerman
Dan Alexander
Chris Allen
Marlana Anderegg
Jennifer Anderson
Kevin Anderson
Laurie Anderson
Jeff Angus



Chris Anthony
Dustin Avey
Mark Bailey
Kerrie Bald
Matt Ballantine
Alicia Barnes
Christopher Bartine
Jimmy Bates



Missy Baumgardner
Matt Beaulieu
Kara Belz
Jeremy Bents
Laura Biechler
Marnie Bigelow
Rose Marie Bills
Nathan Bilyeu



Rebecca Birch
Andrey Bittner
Chris Blazek
Suzy Block
Adam Born
Jerome Bouillon
Sarah Brcka
Stephanie Brennan



Rick Brown
Palanda Brownlow
Aaron Burghart
Steve Cable
Jay Cai
Brian Caldwell
Janice Carney
Nick Carroll





Chatting with Kirk Schmalz, freshman Allenor Gilchrist squeezes in some social time with her coach before cross country practice. Through sports, many students became good friends with their teachers. (Photo by Serra Sermet).

What type of music do you like the least?



250 Students
Surveyed

Heavy Metal

Country

Top 40

Rap

Classical

Alternative

Other



Nathan Casey
Tracy Catron
Christopher Chang
Steven Chang
Sarah Chaplin
Carrie Christianson
Cassie Clyde
Aaron Coats

Paul Cockayne
Sevond Cole
Abigail Cook
David Cook
Nicole Cooper
Janice Cox
Judy Cox
Shawn Crowley

Karena Cruse
Sara Cummings
Matthew Curran
Chad Curtis
Carolyn David
Brad Davis
Tuhina Dayal
Jesse Deardorff

Justin DenAdel
Mark DePristo
Christopher Devens
Elisa Dix
Kate Dobberke
Emily Dobbs
Jessica Dobbs
Ryan Dodge

Joe Donaldson
Cale Doyle
Joel Dunmire
Laura Dunwell
Adam Dutton
Lindsey Eischen
J.C. Elbert
Jairus Ely

Joe Emiola
Brooke Engeman
Robin Epstein
Laura Evans
Andre Fagundes
Marcelo Fagundes
Nicole Faidley
Jennifer Fairchild

Melissa Fatland
Irran Fernandez
Dan Fincham
Jeff Fisher
Tim Flemmer
Ben Fowles
Greer Freeburg
Kyle Frizzell

Danielle Fultz
Angie Gabrielson
Alienor Gilchrist
Joe Gillenwater
Akash Giri
Lisa Glantz
Ben Godar
Melissia Goehring

Kelly Good
Jamey Grady
Ray Grant
Abby Grebasch
Jenny Greenfield
Ashley Grundmann
Gretchen Guffy
Sarah Hagge

Hiland Hall
Jennifer Hallihan
Alan Hardy
Brooke Harker
Dion Harmon
Andy Hatfield
Elizabeth Hathaway
Kristina Hawbaker

Andrea Hawkins
Matt Healy
Tony Hefflefinger
Allison Hefley
Tanner Hensley
Jacob Hiett
Bryan Highland
Chris Hoffmann

Katherine Holger
Jaime Horst
Darci Horton
Meridith Horton
Yi-Ju Hou
Laura Howard
Andrea Hugdahl
Lori Hunger

Michelle Hunziker
Nate Hutchinson
Justin Hyde
Allyssa Immel
Patrick Inglett
Emily Jahr
Evan Jeffrey
Nathan Johansen

Chris Johnsen
Bryce Johnson
David Johnson
Dan Johnston
Zach Kellen
Jessica Keller
Deanna Kepley
Chip Kihl





Lizza Kindred
Mike Kiner
Courtney King



Michelle Klatt
Heather Kliebenstein
Kristy Knapp



Paige Knutsen
Jeff Koch
Carolyn Krajcir



Robert Krogmeier
Adam Kruger
Heidi Kubera



Shana Lee
Alex Leeman
Tanisha Lewis



Steven Li
Xue Li
Joel Lingelbach



Tony Lombardo
Ryan Long
Shannon Lott



Moses Lueth
Susan Lustgraaf
Annelise Lutz



Beccy Madsen
Katherine Marvick
Liz Matney

The Sunday afternoon before Homecoming, freshman Heidi Kubera and fellow cheerleaders made signs for Homecoming in the lobby. The theme this year was Wild Wild West. (Photo by Abby Klaas)



What's the worst thing about being a freshman?

"When the guys in your class finally start paying attention to you because they can't get anyone else."

-Angie Gabrielson

"The seniors."

-Nathan Terry

"Getting teased about being so young. Seniors come up and ask if I'm wearing diapers or not."

-Kate Dobberke

"Freshman girls haven't quite developed yet."

-Hiland Hall

"Other freshmen not

knowing what to do. It gives all of us a bad image."

-Melida Sanderson

"You don't have a car and you have to mooch rides off of people."

-Moses Lueth

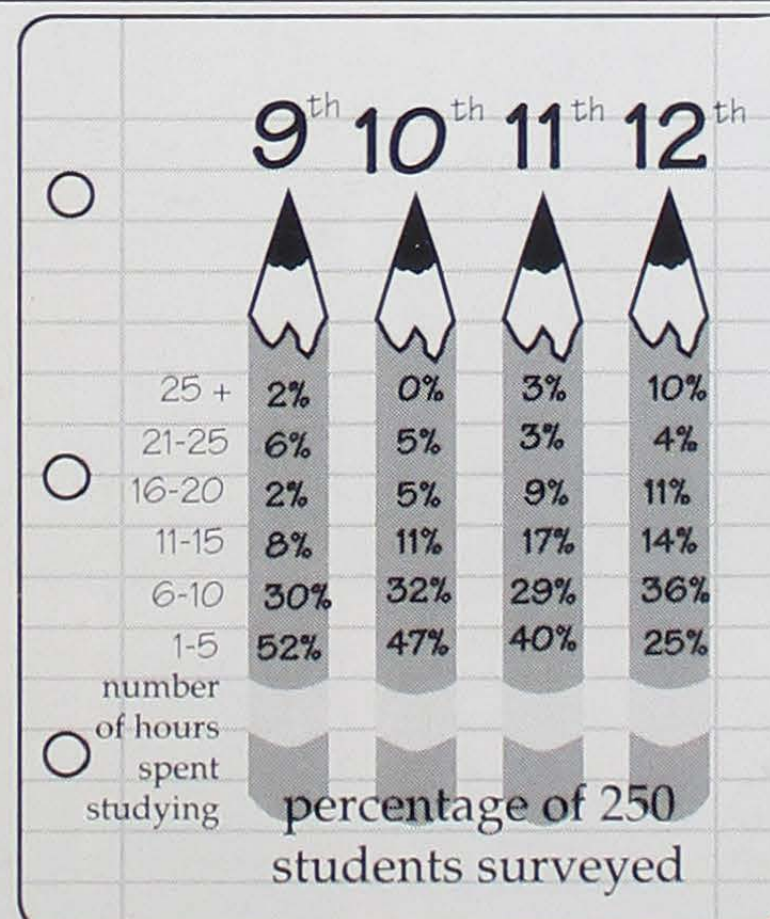
"The crowded hallways. I hate being pushed around in the hallways and nobody caring who we are."

-Jill Muller

"Not being able to listen to walkmans during study halls."

-Doug Westvold

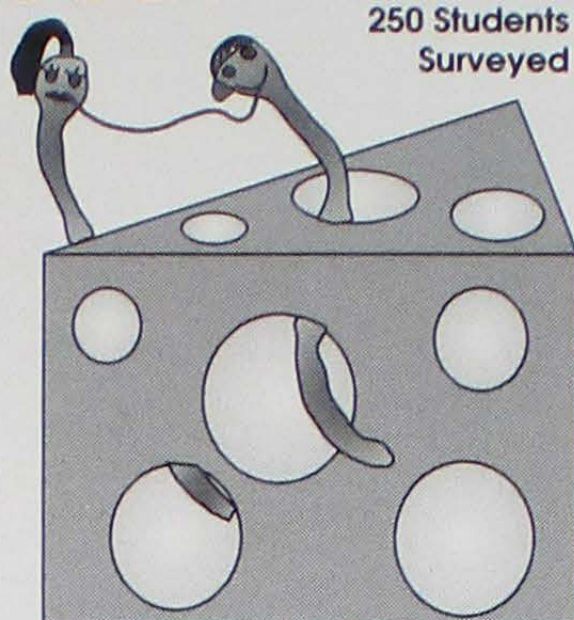
How many hours per week do you study?



How often do you eat cafeteria food?

250 Students
Surveyed

9th:	31%	10%	29%	13%	44%
10th:	29%	13%	5%	26%	24%
11th:	21%	14%	14%	14%	38%
12th:	5%	0%	0%	0%	92%
	Every day	3-4 times a week	1-2 times a week	Occasionally	Never



Rubina Mukerjee

If you could have dinner with anyone, who would it be, and why?

"Calvin, from Calvin and Hobbes, because he would probably take us to dinner on the moon."

-junior Adria Nelson

"Ross Perot, so I could ask him how he made his money."

-senior Jay Clark

"Gumby, because he has clay eyes, so he couldn't watch me eat."

-freshman Melida Sanderson

"Myself, because it would be very hard not to eat with myself."

-junior Jason Sturges

"George Bush, so I could make him broccoli."

-sophomore Katie Woods

"Elvis Presley, because he started an entire nation of tackiness without even knowing it."

-senior Jake Stanton

"The Pope, to see if he would take his beanie-thing off, and to see what his head is like underneath."

-sophomore Aprille Clarke

"Santa Claus, so that he could give me lots of gifts."

-freshman Palanda Brownlow



during halftime of the Homecoming game, freshmen Emily Peck and Dustin Morrison are presented to the crowd. Earlier that day, they were crowned Lady and Lord at the Homecoming coronation. (Photo by Abby Klaas)

Jason May
Bill McDuffee
Eddie McElvain



John McGee
Maggie McGrigg
Nathan McKern



Emily McMullen
Christopher Melvin
Chris Meyer



Keyea Meyer
Aric Meyerhoff
Naila Meyers



Brandon Miller
Brett Miller
Lauren Miller



Symantha Miler
Leah Mills
Steve Mills



Jason Minion
Holly Mitchell
Ujjaini Mitra



Ben Moehlmann
Sommer Mohs
Dustin Morrison



Rick Morrison
Heather Moyer
Julia Muljadi





Jill Muller
Theodore Murdock
Bryan Myers
Robert Nelton
Justin Nemitz
Shannon Norley
Abdul Nuhu
Susy Odom

Amy Olson
Brad Osmundson
James Otto
Lisa Ottoson
Noelle Padgett
Gabe Padilla
Ellie Palmas
Sonia Panigrahy

Robert Patterson
Jill Pattinson
Wes Payeur
Austin Payne
Emily Peck
Bill Pendry
Christine Peterson
Matt Peterson

Melissa Peterson
Kerry Phillips
Bouaphanh Phompheng
Dan Pollard
Mike Popelka
Trisha Popelka
Matt Pyle
Jamie Quamme

Josh Raines
Arun Ramabadran
Michael Recker
Jeremiah Redmond
Jonathon Reed
Jennifer Rehbein
Amber Remsburg
Gabe Richards

Ryan Ridnour
Carisa Ripley
Jose Rivera
Charity Roberts
Michelle Roberts
Amy Rohden
Evan Rosenberg
Melissa Roth

Jacob Rudolphi
Erika Saari
Melissa Sampson
Melida Sanderson
Blair Schilling
Robin Schinnow
Marty Schmerr
Ben Schmitt

Nathan Schrad
Jessie Schram
Cory Seaton
Elaine Serfass
Loren Serfass
Abbe Shapiro
Michael Shaw
Bree Shields

Adrienne Shrader
Adam Shriver
Sarah Sienknecht
Phoebe Silag
Emily Silet
Sara Skahill
Michelle Slager
Audra Slocum

Matt Smelser
Amalia Smith
Amy Smith
Porshia Smith
Jason Sorenson
Victor Soukoulis
Chad Spencer
Phillip Spike

Benjamin Stahly
Margaret Staudt
Joe Steenhoek
Megan Stegge
Paul Stewart
Sara Stolmeier
Chris Strasburg
Jane Suh

Lynn Summers
Jimmy Sundquist
Angela Terrones
Nathan Terry
Ryan Tesdall
Brady Thomas
David Thompson
Elizabeth Thompson

Jeremy Thompson
Scott Thompson
Denna Todd
Stefanie Toffey
Johnny Tolle
Matt Uemera
Megan Upchurch
Shannon Valline

Anneke van der Valk
Jon Vandewater
James VeVerka
Vannidy Vongsaly
Melanie Westerberg
S. Douglas Westvold
Jennifer Whalen
Clint White



What was your worst date?

"I was doubling with a friend who set me up on a blind date with a guy that said he was in the process of breaking up with his girlfriend. But when I got to his house, where we supposed to go swimming, his ex-girlfriend was there. The whole time she treated me really badly, and by the end of our date they were making out."

—sophomore Stacy Strovers

"My date and I had just gotten our dinners at Hickory Park and my first bite of my pork sandwich got lodged in my windpipe. I tried to wash it down with some water,

but I only ended up spitting it out. I spent most of the date in the bathroom, and when we finally got to the car, I threw up."

—senior Gene Lund

"I went out with this girl and nothing between us went right. At the end of the date I discovered that she thought I was a different Matt."

—freshman Matt Healy

"I was on my first date with this girl and we had gone to see *Batman Returns*. When we got back to my car after the movie, it wouldn't start. I ended up having to call my mom to

come and get us."

—senior Alex Fagundes

"It was my freshman year at my school in Texas and we had a formal that I went to with someone I really liked. First, we went to a restaurant where I ordered lasagna. During the meal, I started laughing and some of my lasagna flew on to my date's suit. After that, everything was going OK until he took me home and was about to kiss me good night on my porch. All of a sudden my dad opened the door and pulled me in and said, 'He was going to kiss you!' I was so embarrassed!"

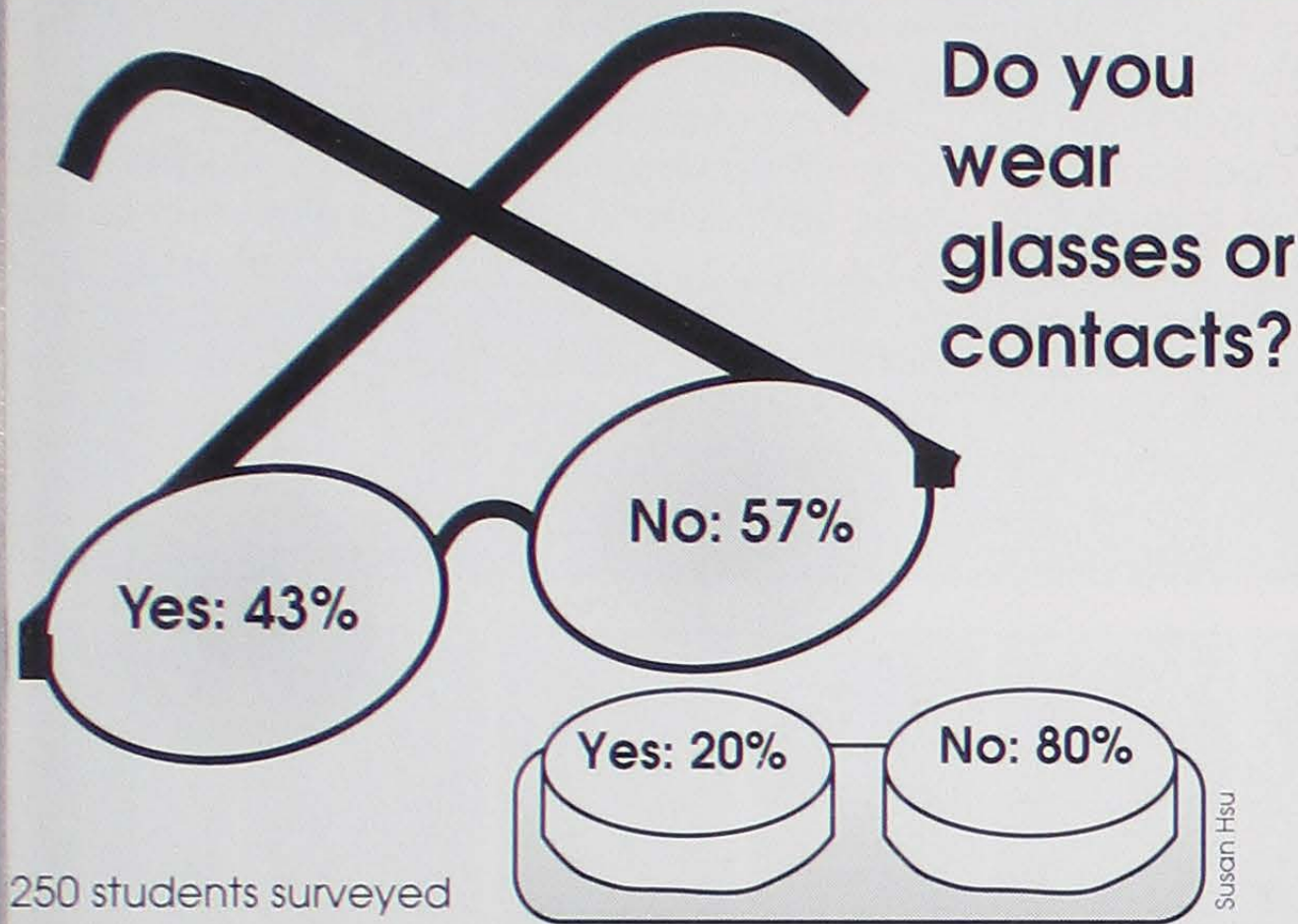
—junior Robin Geiger



Travis White
Aaron Whiteford
J.J. Whitehead
Toontwo Wickrama
Nora Wilson
Virginia Wilson
Graig Wipf
Emily Woline



Stephanie Wombacher
Tammy Wood
Qian Xi



Not Pictured

Rufaida Abbasi
James Abbey
Adam Baumeister
Charlie Brown
Khara Burlingame
Scott Buxton
Doug Conley
Brian Dane
Kurt Estes
Scott Gibson
Johneen Hanson
Gregory Hoenig
Blaine Hofmockel

Gina Hopper
James Hougham
Paul Lueth
Jose McPherson
Jeff Naset
Glen Pak
Anne Peterson
Brendan Stanley
Anthony Streigle
Mary Thompson
Nathan Vander Schaaf
Jared Wright
David Yokiel



Cheering for the Little Cyclones, freshman Alicia Barnes psychs up the fans at the Ames/Mason City game Oct. 17. The freshman team beat Mason City 42-6 for its first win of the season. (Photo by Serra Sermet)

Making time for music, freshmen Ryan Dodge and Brad Davis practice with their band. Jamming with their friends was a popular way for many students to relieve the stresses of school. (Photo by Angie Davis)

sophomores

A day in the life...

"This year we will be studying the functions of the endoplasmic reticulum under Meiosis I and II, disjunction in deoxyribonucleic acid, and the effect of Griffith's transformation on mice with smooth and rough strains of pneumococcus. That's just the first semester!"

My friend Tricia and I exchanged worried glances as we frantically wrote down the extensive notes from our first day of Honors Biology. I thought I should make an appointment to talk to Mr. Zwagerman about being in regular biology; however, I decided to try it for the first quarter. I got some horrible test scores and some "not so horrible" test scores. But my worst nightmare had come true: I was the dumbest person in my class!

It was really different being the "dumbest" person in the class. I studied hard, but I had no natural talent in the subject area. In class discussions, a few people would use their Harvard University vocabularies to ask questions that even a college professor would have to research. All I could picture in my mind was my grade point average swirling down the drain.

Just to add to my confusion, I decided to challenge myself in Honors English. I've always had a passion for writing and I knew I could handle this easily. I have always gotten all A's on my writing assignments. Because there were no tests,

how could I lose? Most of the readings seemed interesting, and using my liking of literature I could understand those books in a snap.

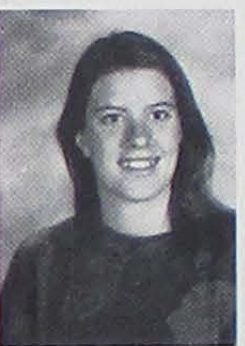
I got an "A" in English! It was amazing that I got an "A" in an honors course. I felt so smart, knowing that I actually was making discoveries in books that some of my friends wouldn't understand.

Practically every day, we went around the class and shared something we thought was important from the readings of the night before. One of my favorite moments in the class was when we were discussing "Neighbour Rosicky," by Willa Cather. I had no idea what anyone was talking about so I said, "Pass." Mr. Forssman (for those of you who have had him, remember how excited he gets) thought I said "past" and got very enthusiastic.

Honors classes are like driving a car. You can look out the window and see beautiful things but keep your eyes on the road, or else you'll end up in the wrong place! They are challenging (not to my lab partner) and may be intimidating (definitely not to my lab partner), but they are valuable learning experiences and look great on college applications!

-sophomore Lindsey Rice

Jessica Ackerman
Nathan Adair
William Anderegg
Julie Anderson
Elizabeth Andre
Aaron Ashley
Tessa Aurand
Robert Backoff



Ben Banker
Edward Bappe
John Baty
Devin Beerman
David Begg
Laura Bendig
Jenny Bennett
Jamie Berg



Robyn Berning
Ali Best
Collette Best
Charles Bibilos
Megan Biggerstaff
Lisa Biggs
Jenny Bilskie
Brett Blackwelder



Wes Blattel
Emily Bourne
Darla Bovee
Chandra Brace
Sara Britson
Andy Brock
Brad Brouard
Travis Brunner

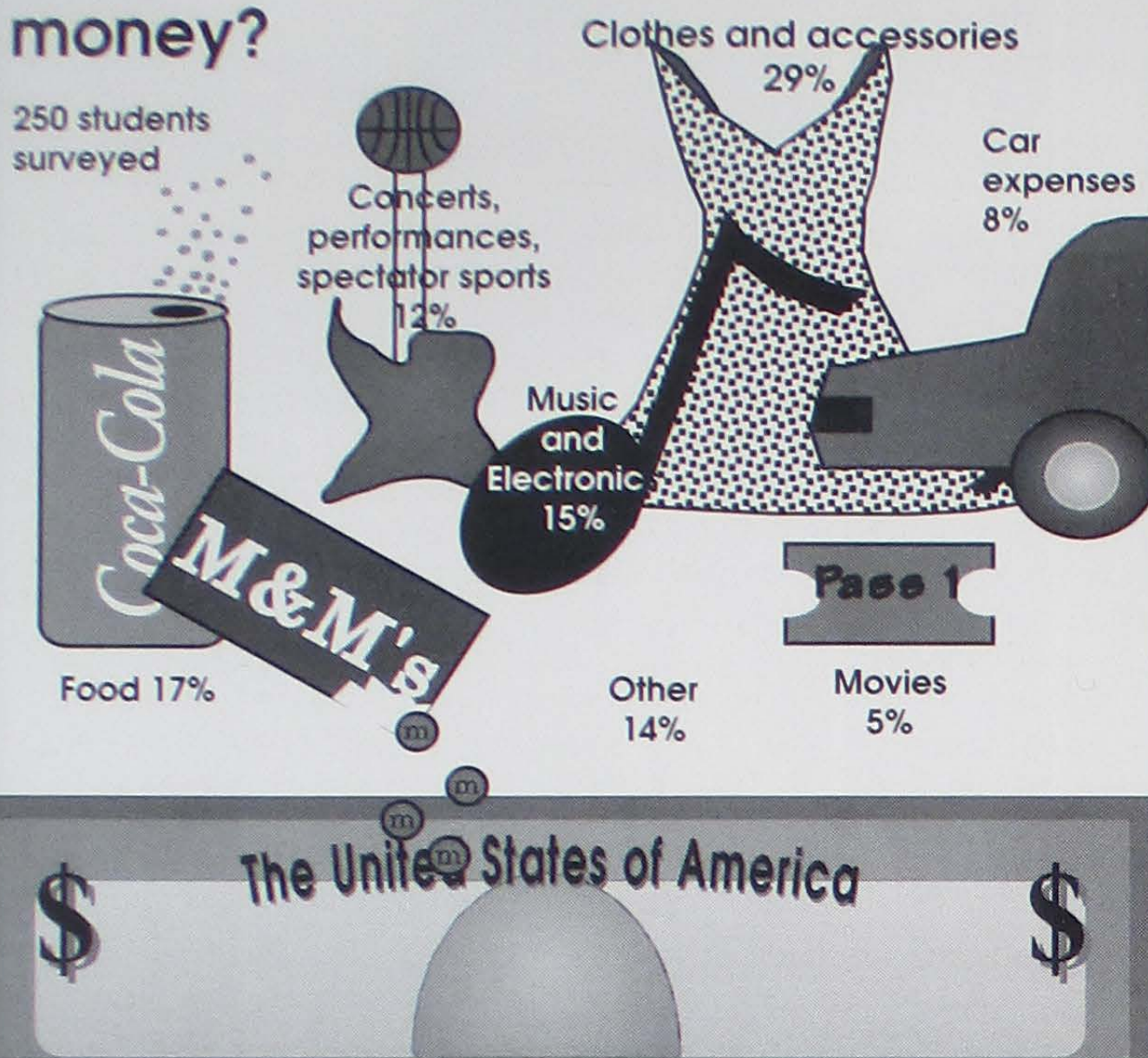


Diana Bryant
Tom Buchwald
Jonathon Burns
Vanessa Burrier
Kelly Burton
Derek Carmichael
Becky Chacko
Wen-Yen Chang



On what do you spend the most money?

250 students surveyed



Getting ready to carve a pumpkin, sophomore David Good attends an early Halloween party with friends at Junior Angie Davis' house. He purchased the pumpkins to carve at the party. (Photo by Beth Myers)



Nels Chapman
Hsin-Han Chen
Janna Cheney
Adam Choat
Sung-Soo Chung
Gil Clark
Tammy Clark
Aprille Clarke

David Cockayne
Max Cook
Mindy Cooper
Tanisha Cosby
Suzy Craig
Priscilla Daniel
Andre Darlington
Nicholas Dau

Kelly Day
Robert Deal
Misty Dee
Rachel Devine
Aaron Dieter
Susan Divine
Bill Dunlay
Randy Durnin

Zach Eickholt
Melissa Eilts
Jenny Ellett
Misi Emiola
Charli Engelhorn
Ryan Erickson
Christie Ernest
David Evans

Nicole Evans
Peter Fanous
Brian Fennema
Joe Fisher
Niki Fisher
Sarah Fisher
Brandi Foley
Eben Franko

Laura Fraser
Nichol Fraser
Max Freeburg
Sarah Freed
Lizz Furr
Daniel Gardner
Jackie Gardner
Justin Garrey



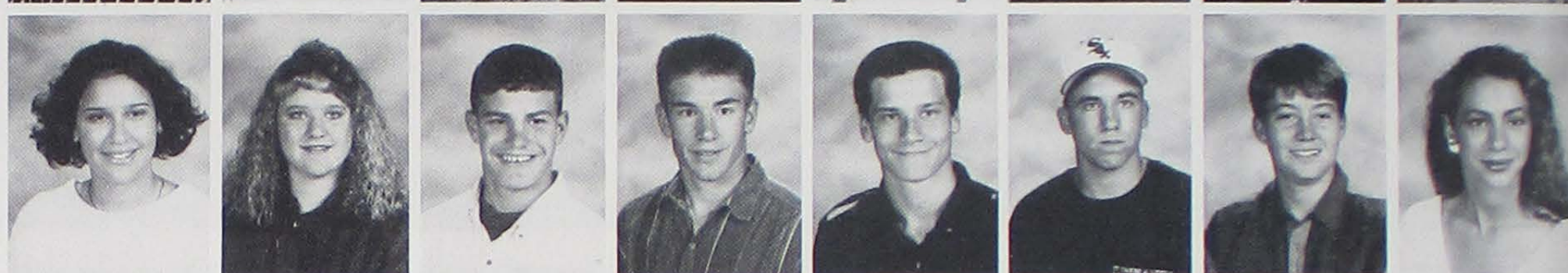
Steve Garrison
Megan Geha
Cynthia Gelina
Catherine Gerrard
Bruno Gilchrist
Derek Ginder
Forrest Glick
David Good



Brian Gould
Brandon Graddick
Melissa Green
Michelle Greene
Jami Greenlee
Eric Greving
Rich Hall
Matt W. Harker



DeDe Harris
Melissa Harris
Kurt Harryman
Mark Hatfield
Gabriel J. Hathaway
Hollis Hathaway
Mark Hatten
Amy Hayes



Melinda Hefley
Kevin Heggen
Elizabeth Heideman
Heidi Herold
Krisha Heuss
Tania Heymann
Lisa Hinrichsen
Mike Hobbs



Jessie Holder
Ted Holland
Ben Hornung
Clint Houge
Pam Hove
Ruby Hsu
Susan Hsu
Winston Huang



Becky Hughes
Angela Huls
Heather Hutson
Molly Jarboe
Shelly Jaspering
Tomas Jensen
Charles Jischke
Andy Johnson



Jenny Johnson
Jondalynn Johnson
Kelly Johnson
Shannon Jolly
Allison Jones
Holli Jones
Kristy Jones
Lori Jones



Petraya Juelfs
Mary K. Junck
Ben Kellen
Caleb Keller
Eliza Kelly
Shannon Kenealy
Devon Kepley
Justin Kepley





Amy Kilmer
Ryan Kinart
Steve J. Kiner



Renee Kingsbury
Heath Klatt
Jim Klaus



Angie Knoedler
Elena Kravinsky
Nick Kravinsky



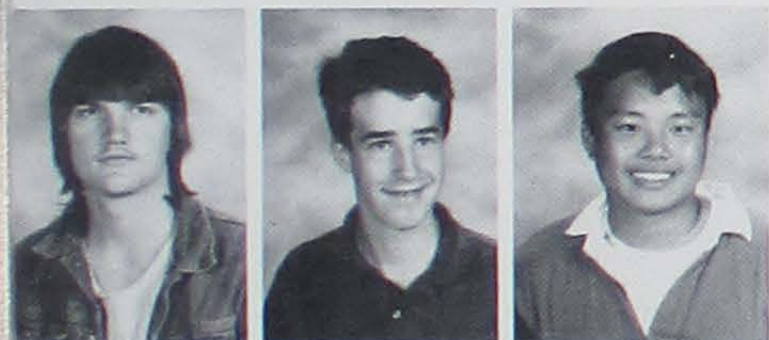
Kim Kruger
Jasper Lara
Jodi Larson



Jennifer Lathrop
Tsolo Lebepe
Natalie LeBrecht



Jackie R. Lee
Eric Lehmkuhl
Joe Levine



Adam C. Lewis
Darren Lewis
Jack Liao



Bobby Littrell
Steve Lochray
Katie Long



Tim Longman
Maria Lutz
Katy Maddux

Playing cadences during a varsity football game, sophomores David Good, David Millen, and Peter Shupp take part in a band tradition. Drummers would form a circle and play to help cheer the football team on to a victory. (Photo by Abby Klaas)



What's the most embarrassing thing your parents have ever done to you?

"Just to embarrass me, my parents pulled my pants down in Walmart."

-freshman Joe Gillenwater

"For my 16th birthday, my mom dressed up as a gorilla and brought me balloons in the middle of lunch."

-senior Kristin Walker

"I was in Brass Buckle with my parents and they told the sales clerk I was in puberty."

-sophomore David Good

"I was hit with a baseball in the groin. My mom came out and tried to comfort me. I was

15 years old!"

-junior Tyler Uetz

"My dad gave me a snuggle at my school carnival."

-freshman Kate Dobberke

"My mom made me dress up as a Christmas tree for Halloween in third grade."

-senior Megan Huisman

"When I was a baby, my parents stuck eight pacifiers in my mouth and took pictures."

-junior Scott Allen

"My mom pulled her shorts up to her chest and walked around in a mall."

-sophomore Lindsey Pyle

Top 5 Responses

Female

1. *Beauty and the Beast*
2. *The Little Mermaid*
3. *Dirty Dancing* and *Pretty Woman* (tie)
4. *Stand by Me*
5. *Ghost* and *Boyz in the Hood* (tie)

Male

1. *Star Wars*
2. *Terminator 2* and *Home Alone* (tie)
3. *National Lampoon Vacation* Movies
4. *Major League*
5. *Silence of the Lambs*

250 students surveyed

What movie have you seen the most?

You know you're in trouble...

"When you dive into a pool and you see your bikini top floating above you."
-senior Angie Shirk

"When Hank (drama director Wayne Hansen) doesn't yell at you."
-junior Amy Jo Brown

"When you get called into the counselor's office and you see your parents sitting there."
-freshman Brian Dane

"When your boyfriend tells you he didn't use a condom."
-sophomore Kate Taylor


"When you have to beat the post office deadline to get your college applications in on time."
-senior Jason Ruebel

"When your mom starts throwing things."
-freshman Angie Terrones

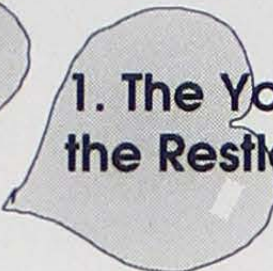
"When there's a police car flashing its lights behind me."
-junior Sengjohn Kiojai

"When you come home late and your parents have locked you out of the house."
-sophomore Ben Magel

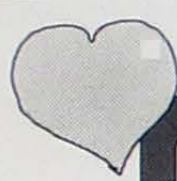
2. All My Children

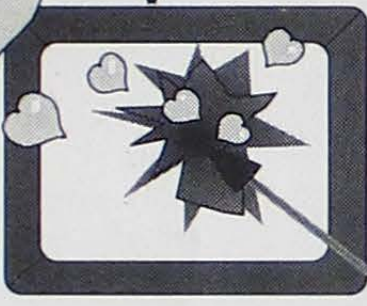


1. The Young and the Restless



3. The Guiding Light





250 students surveyed

Rubina Mukerjee

If you watch any, what is your favorite soap opera?



While participating in Homecoming festivities by donning cowboy hats and western wear, sophomores Brittany Parks and Jenny Olson give each other a friendly hug. (Photo by Abby Klaas)

Angela Madison
Ben Magel
Jim Magie



Bibiana Mahat
Cassady Manzer
Cecily Martin



Matthew Mauk
Emily McCay
John McFarland



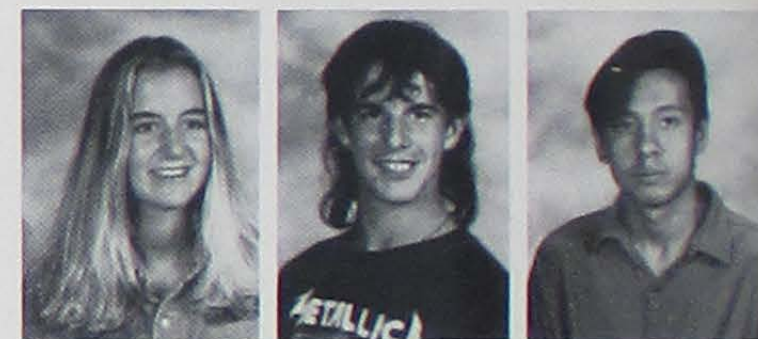
Happy McIntosh
Eric McLaughlin
Audie Mehle



Tara Meierkord
David Millen
Jason Miller



Karen Moon
Chon Morrison
Hendry Muljadi



Scott Mullica
Mambwe Mumba
Andrea Mundt



Heather Myrick
David Neal
Trisha Nelsen



Emily Nelson
Joshua Nelson
Brad Nessel





Joyce Ng
Joss Nichols
Danny Nutter
Ethan Olberding
Gina Olberding
Jackie Olberding
Jay Ollila
Emily Olson

Jenny Olson
Pam Olson
Heather Orth
Mandy Padilla
Scott Paque
Brittany Parks
Emily Patrick
Jason Petersohn

Laura Peterson
Trisha Peterson
Kesone Phimmason
Kory Phompheny
Kirsti Place
Tina Post
Matthew Prins
Andrew Proescholdt

Lindsey Pyle
Buffy Quintero
Farhang Raaii
Barrett Randall
Mark Range
Andrea Raske
DanRay
Marc Read

Justin Readhead
Katie Rhodes
Lindsey Rice
Meredith Richardson
Gabriel Roberts
Matthew Robinson
Marla Rosheim
Claire Roth

Brigid Ryan
Jason Ryan
Eileen Sambos
Lindsay Sargent
Kristina Sassmann
Nick Schafer
Dawn Schmidt
Jennifer Schmidt

Carrie Schram
Geoff Schroeder
Tim Schroeder
Sherry Schwarzenbach
Mark Sedgwick
Mert Sermet
Shala K. Sethl
Anne Shrum

Peter Shupp
Alex Sipes
Jenny Sippel
Dobrushka Slomka
Jennifer Smith
Kim Smith
Matt Smothers
David Sosnouski

Eric Spear
Chris Sprong
Chad Stairs
Jennifer A. Stalheim
Thomas Stenberg
Heather Steskal
Sara Stevenson
Amy Stoeffler

Eric Strasser
Bruce Strickler
Stacy Strovers
Fawn Stubben
Todd Swan
Julie Swanson
Kim Swyter
Tony Tarbox



Kate Taylor
Sarah Teas
Dawn Thode
Sarah Thoren
Tricia Triplett
Jeff Trow
Angela Tucker
Melanie Tyler



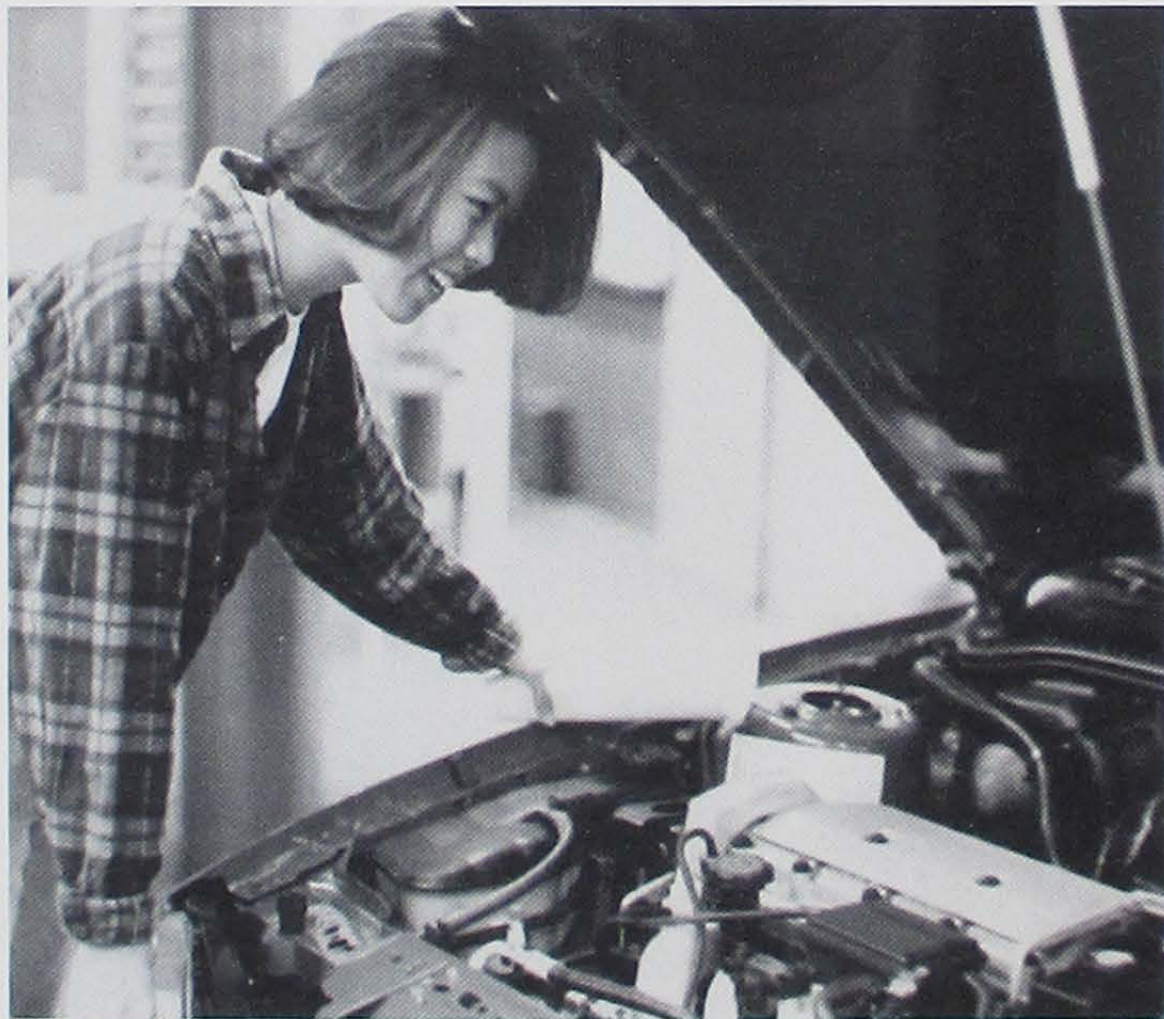
Jeff Uhrhammer
Ryan Van Cannon
Chris Van de Wetering
Micah Vardeman
Daniel Vogel
Carey Wagner
Allison Warner
Sarah Weitzel



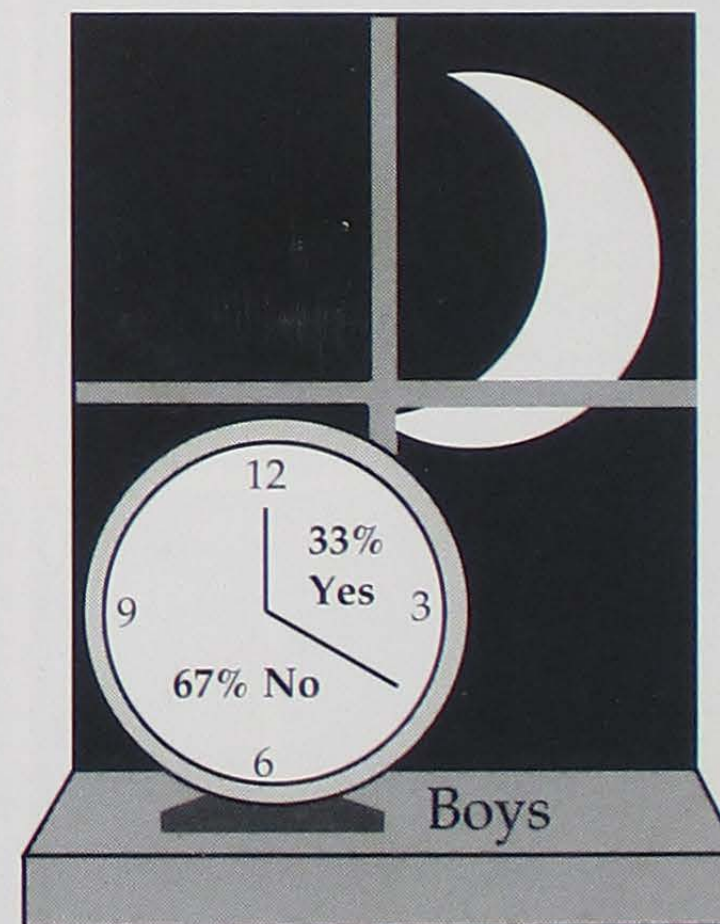
Adam Wentworth
Jeremy Westpfahl
Jennifer Whitehead
Jeff Whitman
Bhagya Wickrama
Carla Williams
Jason Williams
Chad Williby



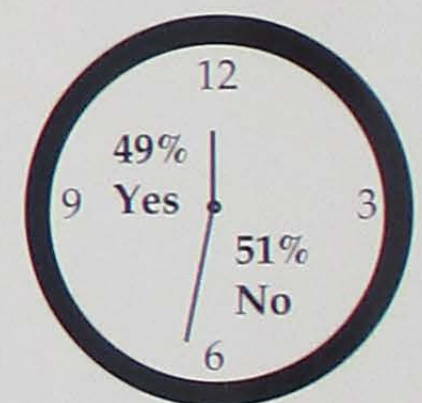
Jon Wilson
Zhaia Wineinger
Jason Wray
Heather Wright
Nate Wright
Jackie Zenor
Brian Ziebell



During the Industrial Technology open house, sophomore Joyce Ng looks under the hood of a car. The open house was held annually to increase awareness of the department. (Photo by Serra Sermet)



Boys



Girls

250 students surveyed

Do you have a curfew?



Sophomore cheerleaders Lisa Biggs and Jenny Blskie pose at the end of a cheer. They supported the sophomore football team to a victory against Marshalltown on September 25. (Photo by Abby Klaas)

Not Pictured

Adria Booth
Michael Choi
Chad Durnin
John Ellmaker
Daniel Henaman
Chrissy Highland
Dennis Huber
Eugene Miller
Dallas Paris
Stacey Ramsey
Stephanie Roe
Adrian Rosenbusch
Johnny Sartori
Tami Shinar
Faith Smith
Jeremy Steed
Steve Steenbeke
James Warren
Chad Wheatley
Katie Woods
Bill Yerkes

What is the best or worst way of brown-nosing?

The best way is to show up for class."

-senior John Tannehill

The best is giving Mr. Gredeson donuts."

-junior Alex Schafroth

The best way is getting papers in on time and bringing them little presents."

-freshman Khara Burlingame

The best way is to talk to them when you see them outside of class."

-sophomore Maria Rosheim

"The worst way is to write subliminal messages on the board concerning grades."

-junior David Smalling

"The worst way is to compliment them too much."

-senior Kelly Koppes

"The worst way is to comment on her haircut."

-freshman Matt Healy

"The worst way is to run up and give the teacher a big hug, asking for an A."

-sophomore Steve Kiner



during sixth period on Oct. 7, sophomore Tanisha Cosby participates in LAGBRAI (Libraries Annual Great Bike Read Across Iowa). The event involved students and community volunteers. (Photo by Angie Davis)

Junior A day in the life...

RRRRINNNGG!!!! snooze RRRINNNGG!!!!
snooze RRRINNNGGG!!!!!! OK, OK, I'm up!
What, it's 7:30??? How did that happen? (It
couldn't have anything to do with the snooze
button...) Great, I'm going to be late again. I still
have to wait for my brother, who's taking the
world's longest shower just to spite me. He says
he can do this because he's a SENIOR. (You may
now kiss the ground he walks on.) Well, he's
finally out—I will spare you the details of my
shower. I rush out the door looking like I just
woke up. Hmmm... how am I supposed to get a date
for winter formal looking like this?!!!

I get yet another tardy for homeroom. By the
Junior year, you have learned not to waste your
energy running to homeroom, and instead take
pleasure in watching the little underclassmen
run across the school in 12 seconds flat. I spend
my first period talking in the media center, since
I now have FREE PERIODS instead of study halls,
one of the few privileges juniors can claim.
While in the media center, I overhear some little
sophomores talking. "I just about froze walking
in from the street! I can't wait until next year
when I can park in the parking lot." It does
wonders for the Junior ego. I sit through my
exceedingly boring classes thinking up tortures
for little underclassmen, hee hee. Let's see, I'm
in the mood to see how many freshmen I can fit

into the asbestos-filled janitorial closet. Now
that we are UPPERCLASSMEN, we have to exer-
cise our authority somehow.

After lunch it's off to double period physics—
the joy of Junior year. Just as I begin to doze off,
a loud voice crackles over the P.A. system. "Juni-
ors and junior Homeroom teachers, please re-
port to homeroom after seventh period for
homeroom check." For those of you who have
never experienced a homeroom check, it con-
sists of trying to squeeze your way through the
many underclassmen crowding the halls to go
sign a piece of paper in your homeroom. Yet
another Junior "privilege."

Most Juniors generally do one of three things
after school: a) sports (they finally made the
varsity team!); b) other culturally enriching
activities prescribed by counselors to look good
on a college application; c) Restricted for getting
caught out of bounds during homeroom check.

After a hard night of watching TV, having a
snack and talking on the phone, oh, yeah, and a
little homework, I fall into bed and dream about
those wonderful days ahead when I will finally be
a SENIOR... But suddenly, my dream changes into
a nightmare. I am an underclassmen again!
AAAHHH!!! I wake up in a cold sweat and feel
grateful just to be a JUNIOR!

-Debbie Katz

Iumemah Abbasi
Micah Abel
Erin Ackerman
Jamie Adair
Becci Aiton
Akin Akinc
Jennifer Allard
Casey Allen

Jessica Allen
Scott Allen
Jeff Alt
Hope Amos
Dana Andersen
Marnie Anderson
Rob Anderson
Roland Anderson

Ryan Anderson
Angela Arias
Cory Armstrong
Matt Ashburn
Jeremy Aslesen
Mark Atchison
Cristine Atwood
Linda Baccam

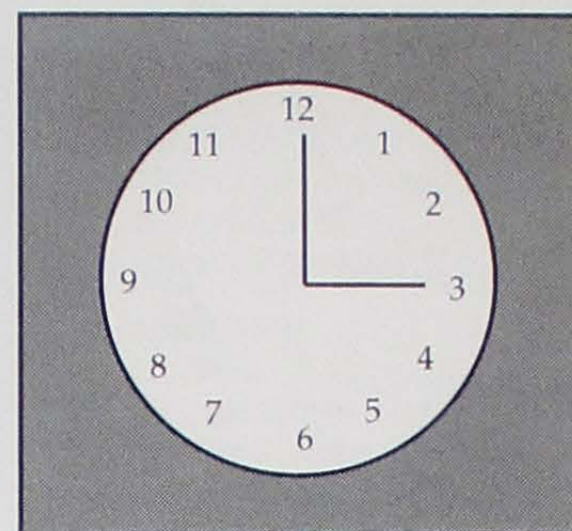
Brad Baetz
Steve Bailey
Sabrina Bakken
Emily Barta
Brett Barton
Heather Beaman
Pasquel Beauvais
Kerri Beckman

Patrice Belzer
Bronwen Benbow
Sara Bennett
Kelly Berg
Amy Bergan
Steve Bern
Annagreta Birch
Matt Bland





Trying to amuse his friends and himself, junior Jason Slater finds a way to pass the time before he is let out of lunch. Students were forced to stay in the cafeteria after eating so they would not disturb classes. (Photo by Margie Mayfield)



Do you have a job?

Of 250 students surveyed, 62% did not have a job. Types of jobs of the 38% who did work are indicated at left.



Peter Boekelman
Todd Borwick
Daniel Bovenmyer
Judd Bowman
Amy Bright
Kirstin Brooks
Shantel Brower
Amy Jo Brown

Sara Brunscheon
Shane Buck
Stephanie Bulver
Elizabeth Butin
Damon Byg
Nicole Camp
Leah Canon
David Cantonwine

Scott Catron
Scott Christy
Aaron Clark
Jesse Coats
Jennifer Collins
Lynn Converse
Allison Cooper
Stephenie Core

Rusty Crawford
Michael Darkoh
Laura David
Angie Davis
Peggy Davis
Abby DeHoet
Suzy Dietz
Jim Divine

Malissa Donahey
Jessi Donnell
Earl Dowling III
Angie Doyle
Tom Drewes
Cassie Dunham
Jon Durlam
Robbie Eich

Kari Ellingson
Angela Ellmaker
Joelle Ely
Erin Espeland
Sean Estes
Hank Evans
John Even
Tomi Fadeyi



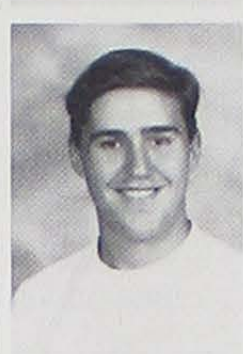
Jehan Faisal
Rachel Farnham
Matt Farrier
David Faux
Jennifer Fliehler
Lisa Foote
Chad Fowles
Zachary Frederick



Lon Freeman
Kris Fretz
Shannon Gallagher
Matt Gallahan
Jeremy Gardner
Missy Gaston
Robin Geiger
Shonda Gibb



Fred Gilbert
Lee Girard
Anand Giri
Ghina Goodfriend
Thad Grebasch
Sonee Griffin
Ashley Hagen
Jeff Halliburton



Randy Halsrud
Mark Harms
Bernadette Hartman
Valissit Heeren
Alicia Heffron
Corine Hegland
Katie Helland
Amy Henderson



Kim Henman
Steve Henning
Amanda Hetzel
Tina Higgins
Brett Hodges
Katherine Hodges
Beth Holger
Becky Hostetter



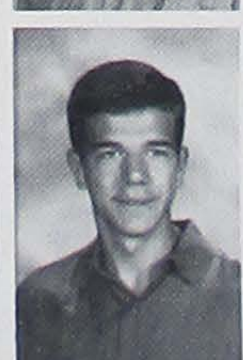
Yi-Chun Hou
Yu-Chieh Huang
Jessica Hugdahl
Nathan Hulett
Josh Huntington
Allison Hutchison
Monika Jankowiak
Julie Jansen



Aschleigh Jensen-Eldridge
Nea Johnson
Sarah Johnston
Jessica Jones
Rebecca Jones
Summer Jones
Chris Kadolph
Laura Kain



Dan Kamm
John Kannel
Bittoo Kanwar
Angela Kao
Debbie Katz
Melissa Kell
Tom Kepley
Dawn Kikkert





Kelly Killorn
Joyce Kim
Cori Kindred



Sengjohn Kiojai
Tonya Kitchel
Chris Klocke



Duke Knapp
Sarah Knapp
Megan Knutsen



Greg Kozak
Ed Krafur
Jake Kraus



Mike Krebs
Katie Krogmeier
Dave Kuhl



Darren LaGrange
Molly LaGrange
Sherry Lang



Tracy Larson
Jennifer Leek
Marcin Leszczylowski



Ben Lewis
Nathan Lewis
Ryan Lewis



Scott Litchfield
Sarah Little
Brian Litzel

You know it's time to start studying when...

"You know there's a test only five minutes before class is supposed to start."
- junior Monika Jankowiak

"Homework is a swear word to most seniors."
-senior Brian Linder

"When I realize that nothing the teacher has said in the last 15 minutes is in my vocabulary."
-junior Shirley Keller

"I don't study."
-sophomore Jon Wilson

"I'm getting an F in a class."
-freshman Tony Lombardo

"When I can't handle any more TV."
-freshman Rose Bills

"When I can't remember anything."
-sophomore Amy Stoeffler

"You're 21 and haven't graduated yet."
-sophomore Eric Lehmkuhl

"It's the day before finals."
- senior Susie Rogers

Have you ever gotten a pink slip?



Yes
Males 47%
Females 36%

No
Males 53%
Females 64%

If so, have you ever gotten it before your parents could see it?

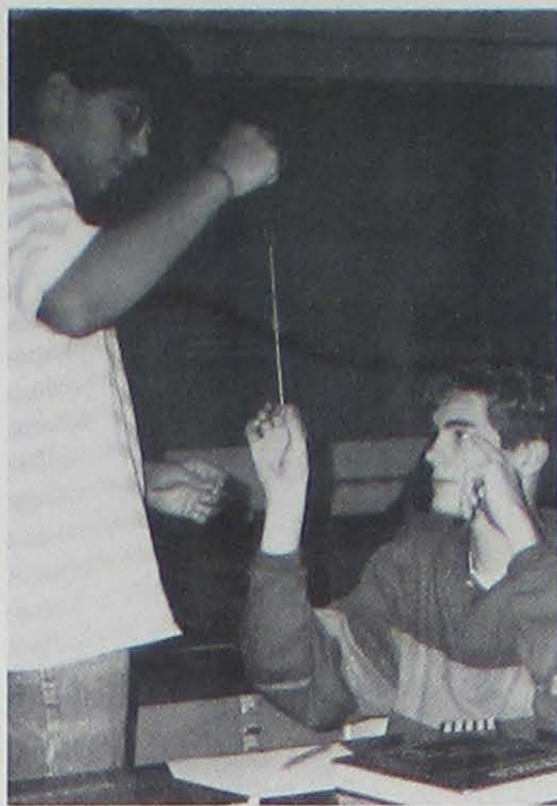
Yes
Males 50%
Females 33%

No
Males 50%
Females 67%

250
Students
Surveyed



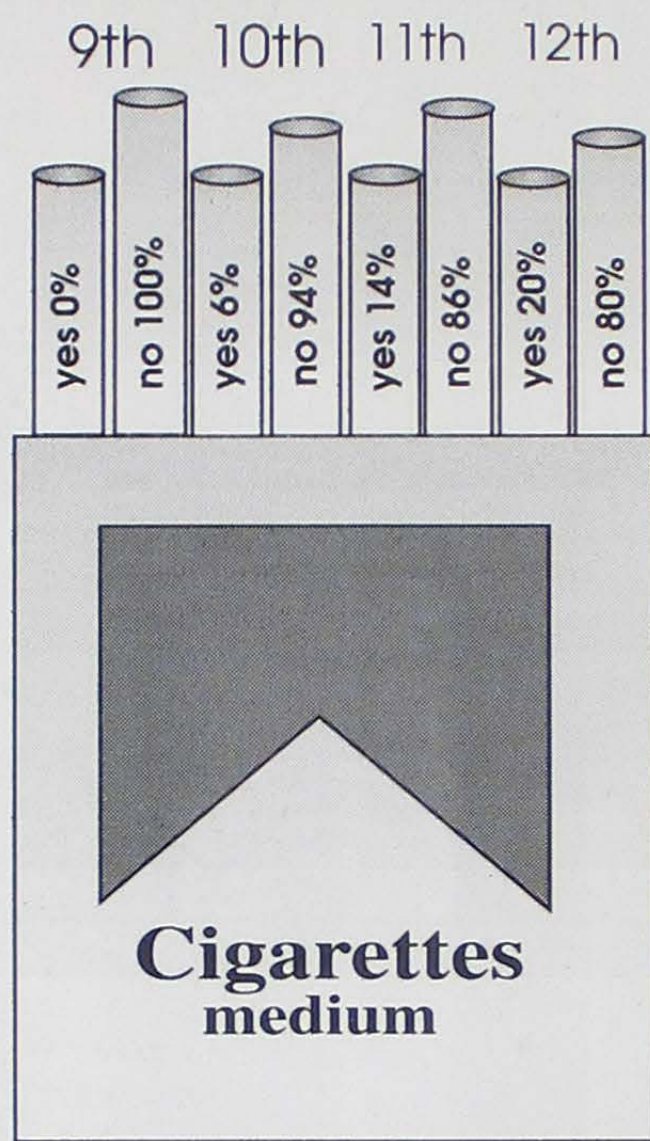
Relaxing from a physics lab, juniors Carrie Salvo and John Kannel take a little time out for some friendly competition. (Photo by Angie Davis)



Concentrating on their pendulum, juniors Jon Durlam and Anand Giri prove the laws of physics in Dr. Petersen's third period Survey of Physics class. (Photo by Angie Davis)

Do you smoke?

250 students surveyed



Rubina Mukerjee

What are the pros and cons of being left-handed?

"It's a proven fact that left-handed people die sooner than right-handed people."

—senior Ty Cobb

"If you're left-handed, it means you're in your right mind."

—freshman Abbe Shapiro

"Ink absorption."

—junior Jesse Coats

"All three presidential candidates were left-handed, which shows our great leadership qualities."

—senior Amie Flippo

"When you're left-handed, it's easier to write on the back of notebook paper, so you waste less paper."

—junior Angie McConnell

"Not many people are left-handed, so it makes me unique."

—sophomore Dawn Thode

"When you're writing, it smears the ink."

—sophomore Lindsay Sargent

"I always bump into other people's elbows."

—freshman Paul Lueth

Heather Llewellyn
Daniel Luo
Kim Lutz



Jean Lynott
Margie Mayfield
Angie McConnell



Heather McDorman
Susan McGee
Phil McWaters



Sara Meinhard
Erich Menzel
Karin Messenger



John Milleman
Carrie Miller
Nathan Mitchel



Jeremy Mize
Chris Moen
Nikki Mortimore



Brian Muchinsky
Maira Murphy
Beth Myers



Laurel Nakadate
Adria Nelson
Josh Nemitz



Joe Nevshemal
Heather Newhouse
Roy Nichols





Maggie Noland
Modenna Noling
Megan O'Neal
Jon Oakland
Amy Odom
Mike Ogbourne
Andrea Olson
Matt Olson

Brooke Orth
Martin Osam
Noelle Osborn
Jeff Owens
Courtney Padgitt
Susie Pak
Betty Pang
Danelle Pantenburg

Kristin Parks
Brian Parrish
Rick Patterson
Eric Pavlik
Tom Payne
Aaron Peck
Tom Pepper
Dawn Petersen

Cara Peterson
Mike Peterson
Jennifer Phillips
Amy Poague
Jim Polston
Andrew Potter
Elaina Prochaska
Daniel Redmond

Anna Reed
Tory Reimann
Angela Reis
Rod Retter
Becky Ridnour
Angie Riley
Matthew Robinson
Erin Ross

Mishell Roth
Andrew Runner
Tracy Sailsbury
Carrie Salvo
Matthew Sapp
Alex Schaforth, Jr.
Jennifer Schrad
Nick Schult

Jennifer Scott
Shaly Seecharran
Evan Serfass
Jennifer Sevenbergen
Aaron Sheeler
John Sherman
Mike Shimkus
Derek Shonrock

Mark Sibbel
Julie Simonds
David Sivesind
Jana Skaff
Sara Skahill
Carrie Skrdla
Jason Slater
David Smalling

Chris Smith
David Smith
Ketra Smith
Lea Snider
Shannon Snyder
Nokeo Somsanith
Ryan Soy
Jeff Stiles

Andrew Stock
Jerod Storck
Becca Stott
Paul Strand
Jason Sturges
Rachel Su
Paul Suh
William Sutjadi



Joe Sweeney
Brian Terry
Paul Tesdahl
Clint Thompson
Danielle Thompson
Stuart Thompson
Zachary Thompson
Somphet Thongsouk



Beth Titus
Joy Troeger
Tyler Uetz
Lisa Van Cannon
Libby Van Houten
Lee Vandewater
Noah Vegge
Aaron Vetter



Andy Vogel
Jay Wacker
Jennifer Wagner
Jill Wallace
Bryan Warme
Elizabeth Welch
Amy White
Rachel White



Chris Whitehead
Brian Whitham
Tina Wiegand
Melissa Wierson
Janine Wiggins
Jenny Wilcox
Carrie Wilhite
Monica Wilke



Although most students were reluctant to try each other's food, many were pleased with their own creations. Junior Rachel White is a content cook as she removes her casserole during a Nutrition class. (Photo by Abby Klaas)

What's the best excuse you could give if you were pulled over for speeding?

"I just received this fine piece of machinery yesterday, for my twelfth birthday. I was reading the rpm's and I thought that I was only going 6 miles per hour."

-junior Jeff Booms

"I just had an affair with your wife and I didn't want you to catch me."

-senior Mark Gyllstrom

"Well officer, I was just rushing around to find a spot to bury the dead body that's in the trunk."

-senior Terrill Johnston

"I had to go to the bathroom and I didn't have a cup in my car."

-junior Steve Bailey

"My tires are oversized."
-junior Melissa Kell

"I just finished watching 'Wildlife Safari' and I was trying to imitate the cheetah."

-junior Jessica Jones

"I was really low on gas and I was trying to go fast enough so that when I ran out I could coast in to the nearest gas station."

-senior Jake Stanton

"The guy in front of me just robbed a bank and I was trying to chase him down. You made me lose him now. Great job Mr. Policeman."

-senior Jeff Bappe



Mary Willard
Karl Wille
Daniela Williams
Jeffrey Willson
Elaine Wipf
Shane Wirth
Joshua Wirtz
Chris Wycoff

Eddie Yokiel
A. Isaac Zimmerman

Do you believe pre-marital
sex is wrong?

Freshmen

Yes: 23% No: 77%

Sophomores

Yes: 22% No: 78%

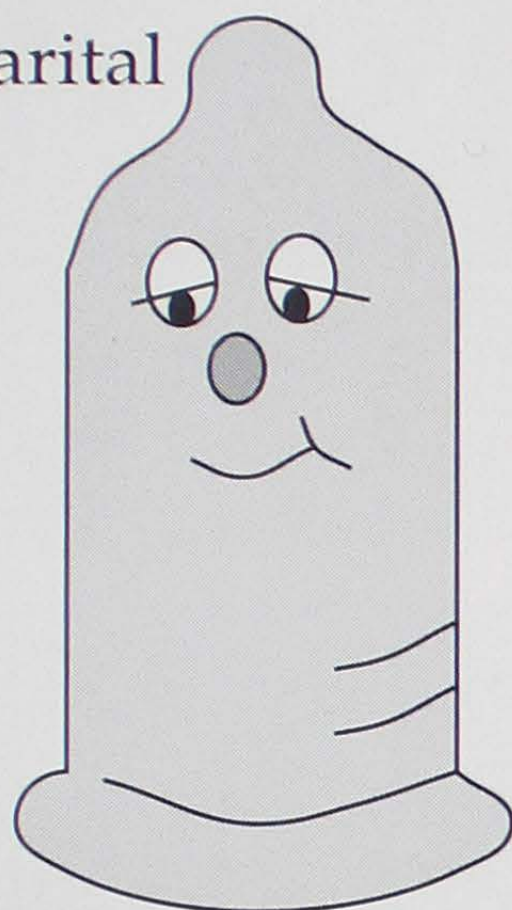
Juniors

Yes: 22% No: 78%

Seniors

Yes: 14% No: 84%

200 students surveyed



Not Pictured

Ivan Artiushin
Jeff Booms
Debbie Brown
Heidi Conis
Gori Devrajani
Jered Dieter
Joshua Dobbs
Andy Farrington
Nakia Giddens
Laura Hefley
Shawna Heggen
Eva Hernandez
Leigh Huse
Chris Jessen

Jeremiah Johnson
Caree Knox
Shanee Kruse
Pavel Lotkov
Helen Lueth
Rich Lyon
Nathan Makelbust
Jeff Owens
Dathan Purdy
Katrin Siewek
Brett Speth
Kent Spillers
Layli Springer
Clinton Zeimet



Woodworking was one of the classes in which students could display their artistic abilities. Junior Elaina Prochaska entertains herself with a wooden wind gauger that had been constructed in this class. (Photo by Abby Klaas)

Junior Senate held numerous events to raise money for Prom. Junior Steve Bailey is in awe of the efficiency of money collector junior Fred Gilbert during Battle of the Bands, one one of these events. (Photo by Abby Klaas)

seniors

A day in the life...

I never thought I would make it. Graduation was just a faint dream date, a mere event in the boundless measure of time. But here I am, a senior.

My days consist of important matters—all concerning my future, and I never have enough time to finish them. I finish homework in homeroom, while getting updates on the preparations for graduation and the latest decisions made in Senior Senate. I go from class to class with an air of supremacy, while gracing freshmen with my knowledge of where B-9 is located. At lunch, I take advantage of open campus by running necessary errands and getting something to eat. When returning to complete the rest of my day, I stop in Student Services to see what higher educational institution is visiting ("Let's see, who's visiting during chemistry class?...").

By the time I get home I'm very tired and hungry. While satisfying this

primitive need, the phone rings two or three times. It's always one of the many colleges or universities around the country asking me to answer a survey consisting of numerous questions concerning my plans and interests as a future college student. After dinner, I may attempt to fill out the infinite number of college and financial aid applications. However, this chore is easily postponed and I usually move on to the next item—homework. This task is very difficult at times, due to the dreaded disease of the mind "Senioritis." Many times I find myself closing my trigonometry book early stating, "Iowa State won't call back and un-accept me if I get a 'D' on the test. . . ." This can be a very hazardous practice and one can find it leads to some very serious problems! So 'tis a day in the life of me, a senior at Ames High.

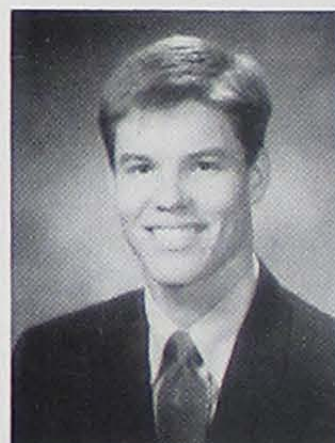
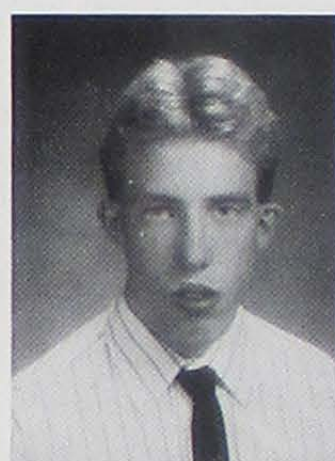
By Melani McCracken

Katie Abendroth: Chamber Singers 12; Madrigal 12; Choir 9-12; Solo/Ensemble Contest 10-12; IV-ball 10; Play Cast 9. **Jason Albers.** **Heather Alexander:** Thespians 10-12; Play Cast/Crew 9-12; One Acts 10, 11, Director 12; Terpsichore 12; Madrigal 11, 12; Chamber Singers 11, 12; Choir 9-12; Solo/Ensemble Contest 9-11; Speech Club 9-12; Airbands 10; Football Manager 9; Big Sis/Lil' Sis 9. **Eva Andrew:** Flag Corps 9-12, Captain 10-12; Track 9; Hockey Cheersquad 9-11; Swimming 9, 10. **Ryan Angus.**

Avanti Athreya: Cross Country 11, 12; Track 11, 12; Speech Club 10-12; Choir 9-12; Amnesty Internat'l 9-12; Spirit 11, 12; Scratch Pad Board 12; One Acts Cast 9, 10; Play Crew 9; Debate 9; Students Against Apartheid 10, 11. **Jeffrey Michael Bappe:** DECA 12; Baseball 9-12; Basketball 9, 10; Football 10; I Ball 11-12; Volunteers 11, 12. **Jess Bappe:** Wrestling 10, 11. **Amy Pearl Bartine:** Softball 9-12; Soccer 11, 12; Track 9, 10; Manager 9-12; Web 11, 12; Volunteers 12; Play Cast/Crew 9; IV-ball 10-12; I Ball 9-11. **Shane Bennett:** Track 9, 10; Cross Country 10, 11; Environmental Committee 9-11; Spanish Honor Society 9-11; Band 9, 10.

Nicholas Curtis Carl Benson: Student Senate 9; Basketball 9, 10; I Ball 11, 12; Football 10-12; Track 11; Volunteers 11, 12; Homecoming Court 12. **Nick A. Bertelsen:** Band 9-12; Airbands 11, 12; Pep Band 12; Jazz Band 12; Orchestra 12; Solo/Ensemble Contest 11, 12; Battle of the Bands 12. **Jason D. Best:** Football 10-12; I Ball 9-12; Odyssey of the Mind 12. **Kim Biechler:** Softball 9-12; Basketball 9-12; Cross Country 9-12; Track 9; Senior Girls Club; Big Sis/Lil' Sis 11, 12. **Joel Biggs:** Track 9-11; Cross Country 10; Swimming 9-12; I Ball 11, 12; IV-ball 11, 12.

Dawn Bilyeu: Web 12; I Ball 11, 12; Volunteers 11, 12; Basketball 9, 10; Amnesty International 9, 12; Students Against Apartheid 10, 11. **Matt Biskner:** Wrestling 9; Football 9; I Ball 10-12; IV-ball 11, 12; Junior Senate; Student Council 12. **Erin Block:** Track 9-12; Student Senate 9-12, President 9, Secretary 10, 12; Big Sis/Lil' Sis 12; Cross Country 9-12; Volunteers 11; I Ball 9-12; Student Council 9-11. **Darren Boehlje:** Madrigal 12; Choir 9-12; Solo/Ensemble Contest 9-12. **Chris Bond.**



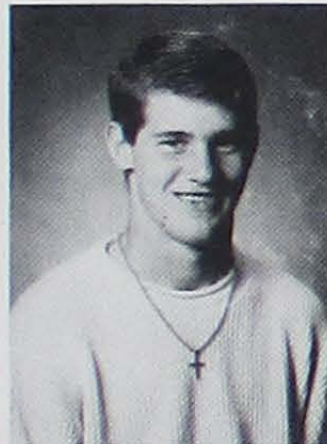


In Great Plains for a German IV field trip, seniors Terrill Johnston and Katherine Whitaker and teacher Betty Furr listen to the German conversation. The class had similar outings once every two weeks. (Photo by Amy Gardner)

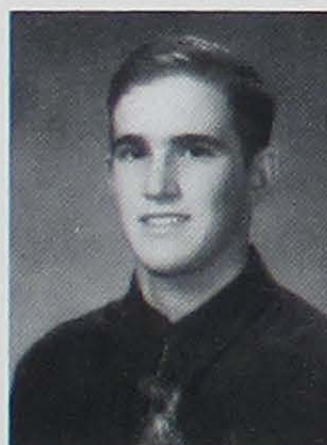
Many students used their knowledge of country line dancing from P.E. class at formal dances. At Winter Formal, senior Anna Terpstra line dances to *Achy Breaky Heart* by Billy Ray Cyrus. (Photo by Abby Klaas)



Irish Boston: Track 9-11; Football Manager 9; Choir 11; Cheersquad 9-11; Entheos 11; Solo/Ensemble Contest 9, 10; One Acts Crew 12; Play Cast 12; Terpsichore 12; Powderpuff 9. **Christine Briley:** Track 9-12; Big Sis/Lil' Sis 11, 12; Cross Country 10-12; I Ball 9-12. **Joshua Bryant:** Football 9-12; Wrestling 9-12; I Ball 12; I V-ball 12; Band 9. **Michael J. Bryant:** Swimming 9-12; Football 9; Track 9; I V-ball 11, 12; I Ball 11. **Jacinda Rebecca Bunde:** Senior Senate; Big Sis/Lil' Sis 9, 12; Choir 9, 10; Spanish Competition 11; Soccer 11, 12; Terpsichore 9-12; Choreographer 11, 12.



John Burgess. Erin Burkart. Kevin Burkheimer: Wrestling 9; Baseball 9-12; Football 9-12; I Ball 10-12. **Eric Burlingame. Chris Burnham:** Play Cast/Crew 9-12; One Acts Director 12; Thespians 10-12; Band 9-12; Jazz Band 11, 12; Solo/Ensemble Contest 10-12.



Aaron Burrier: Track 9, 10; DECA 12, State and Local Officer 12; Air Bands 11; Baseball 9-12; Choir 9, 10; Volunteers 10-12; Basketball 9, 10; Solo/Ensemble Contest 9. **Aleece Buxton:** Volunteers 9-11; I Ball 9, 10; Junior Senate; I V-ball 9. **Ryan Carey:** Cross Country 9-12; Track 9; Wrestling 9, 10; DECA 12; Volunteers 11; I Ball 11. **Andrea Cartwright:** Swimming 9-12; Volunteers 11, 12; Concert Choir 11; DECA 12; Big Sis/Lil' Sis 9, 12; Powder Puff 9. **Cleiton Caruth.**



Arthur Chen. Heather Christensen: Band 9-12; Track 10; Big Sis/Lil' Sis 9, 12; Pep Band 9, 10; Thespians 10-12; Orchestra 11, 12; Solo/Ensemble Contest 9-12; Play Cast/Crew 9-12; One Acts Director 12. **Jay J. Clark:** Swimming 9-12; DECA 12; Student Senate 9, 11, 12; I Ball 9, 10; I V-ball 9; Volunteers 9, 10; Student Review Board 10. **Mike Clark:** Football 9, 10, 12; Baseball 9, 12; I Ball 12; VICA 12. **Christa Cline.**

Ty Cobb: Concert Band 9, 10; Cross Country 9.
Leda Cole: Track 9; Cheersquad 9-12; Volunteers 12; DECA 12; Big Sis/Lil' Sis 11,12; Airbands 11.
Gentry Collins: Football 9-12; Track 9-12; Student Government 9-11; Symphonic Band 9-12; Marching Band 11,12; Class Officer 9-11; Baseball 9,10; Concert Band 9; Swimming 11,12; Solo/Ensemble Contest 9-12.
Heidi Lynn Conis.
Matthew Conley.

Charles Consoer. **Larry Cooney:** Student Senate 10, President 11; Student Council 10,11; Environmental Committee 11,12.
Kristin Coons: DECA 12; Volunteers 12.
David Cram: VICA 12.
Mike Cronin: Senior Senate; Thespians 11,12; Academic Decathlon 11,12; Tech Crew 10-12; Ambassadors 10-12.

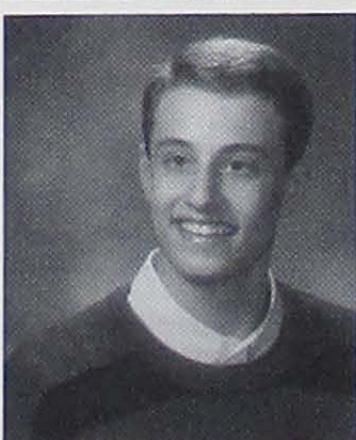
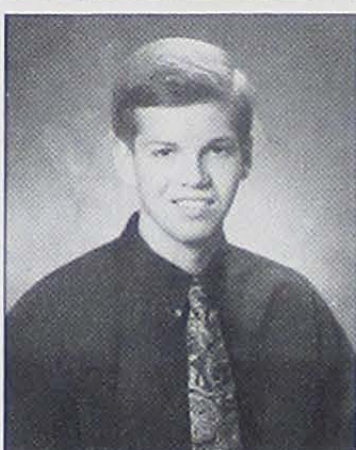
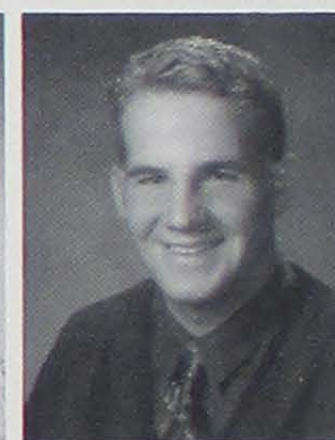
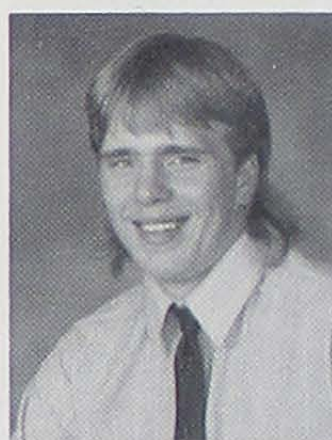
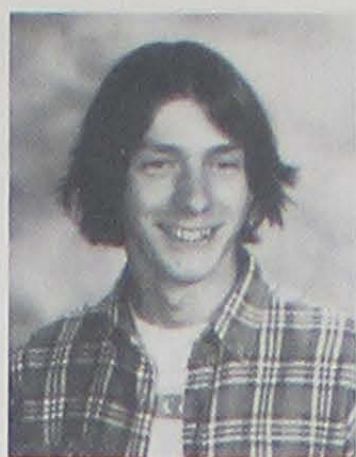
Matt Cunningham: Basketball Manager 10-12; Cadet Teaching 12; I Ball 9-12; Intramural Softball 11,12; I V-ball 12; Key Club 11; Volunteers 11; SADD 11.
Stephanie Curran: Marching Band 10-12; Track 9,10, 12; Big Sis/Lil' Sis 9, 11,12; Airbands 10; Pep Band 12; I V-ball 10-12; Volleyball 9; Model U.N. 12.
Alexandra Curtis: Cheersquad 9-12; Student Senate 9-11; Student Council Co-President 12; Tennis 9-11; Band 9; Choir 9-12; Big Sis/Lil' Sis 11,12; Airbands 11; Small Group Contest (Vocal) 9; Homecoming Committee 11; Terpsichore 9,10; Choreographer 11,12.
F. Soumia Dahane: Terpsichore 12; Soccer 12.
Travis Dakin.

Shannon Dau: Track 9-12; Big Sis/Lil' Sis 9-12; Cross Country 9-12; SADD 11, 12; Volunteers 12; Basketball 9; I Ball 12.
Mike Deaton: VICA 12.
Daniel Aaron De Clute: Basketball 10; I Ball 11,12; VICA 12.
Kelly B. Delagardelle: Football 9-12; Basketball 9; Baseball 9,10; Track 10-12; I Ball 10-12; Student Review Board 11.
Aaron Dietz: I V-ball 11,12; Coed Softball 11,12; I Ball 9-12; Key Club 9-11, Vice President & Treasurer 12.

Benjamin Douglas: Track 9,10; Tennis 11,12; I Ball 10-12; I V-ball 12; Jazz Band 9,12; Band 9-12; Pep Band 9-11; Speech Club 10.
Alison Michelle Doyle: Softball 9-12; Track 9-12; Cross Country 12; Web Editor 10-12; Student Council 11,12; Cadet Teaching 12; Volunteers 10-12.
Anne Drake: Band 9-11; Big Sis/Lil' Sis 12; Cadet Teaching 12; Senior Girls Club; I Ball 9,10.
Josh Drake: I V-ball 11,12; I Ball 11,12.
Alastair J. Draper: Orchestra 9-12; Play Cast 11-12; Play Crew 10-12; Thespians 11,12; Speech Club 11-12; Volunteers 11,12; One Acts Assistant Director 12.

Mike Eagan: Basketball 9-12; Baseball 9,10.
Christian Eckroad: VICA 12.
Steven Edelson: Track 9; Basketball 9; I Ball 10, 12; Tennis 10-12; Odyssey of the Mind 9; Academic Decathlon 12.
Andrew Elbert: DECA 12; Trainer 10-12; I Ball 11,12; I V-ball 10.
Steve Elliot: Band 9,10.

Sophia Ellmaker: Band 9-12; Track 9-11; Wrestling Manager 10; Class President 10,12; Cross Country 12; Treble Choir 10,11; Orchestra 9-12; Volunteers 10; Solo/Ensemble Contest 9-12; Student Council 10.
Leonard Elsberry. **Gregory Christian Elwick:** One Acts 12; Marching Band 9,10; I V-ball 11,12; I Ball 9-12.
Jonathan Emmerson: Jazz Band 9; Band 9-11; I Ball 11,12.
Brad Erickson: Band 9-11; Jazz Band 9,10; Pep Band 10,11.





Najeeb A. Faisal.



David A. Fincham: Freshman Choir; Soccer 9; VICA 12.



Jenny Fisher: Swimming 9-12; Band 9-12; Orchestra 10-12.



Todd Flemmer: Football 9,10; Wrestling 9,11.



Amie Flipppo: Students Against Apartheid 11.



Ben Ford: Freshman Choir; Concert Chorale 10-12; Madrigal 9, 11,12; Solo/Ensemble Contest 9,11,12; Student Senate; Student Council 12; Football 9-12; Wrestling 9-12; Track 9-12; Baseball 9; I Ball 11,12.



Sarah Frette: Band 9; DECA 12; Big Sis/Lil' Sis 12; IV-ball 10-12; SADD 9,10; Golf 9-12; Peer Helping 10; Senior Girls Club; Volunteers 10-12; Ambassadors 10,11.

What do you want to be doing at your 10-year reunion?

"At the time of my 10-year reunion, I will be achieving greatness in any and every way possible."

-senior Nick Bertelsen

"I hope to be a high school speech teacher."

-senior Dan Ricketts

"I will be rich, have a nice car, and be unmarried because I want to be successful."

-senior Susie Rogers

"I would like to premiere at Carnegie Hall for violin."

-senior Jennifer Ng

"In 10 years I'll be sitting in

my hot tub with three gorgeous women and playing a lot of golf."

-senior Scott Gabrielson

"Ten years from now I want to own a fashion boutique."

-senior Marie Krantz

"Ten years from now I want to be rich, famous, and better looking than I already am."

-senior Dave Pollard

"In 10 years I'll be watching the koalas and kangaroos in Australia and hopefully pick up a good accent."

-senior Judy Hamilton



Donning a cowboy hat for Country Day, senior Jeanne Sundstrom talks to her friends about Homecoming night. Students demonstrated school spirit by dressing up during Homecoming Week. (Photo by Beth Myers)

During a Spaghetti Club dinner at senior Kari Marty's house before a cross country meet, senior Ammi Loutzenhiser expresses disbelief at dropping her brand new retainer through the deck. (Photo by Serra Sermet)

Looking for their friends, seniors Ben Douglas and Jennifer Weiss enjoy the "Tropical Paradise" together. Prom was held at the Scheman Building on May 15. (Photo by Karen Hsu)



Students found that going to parties was a relaxing way to spend time with their friends. Seniors Kristy Lakin and Sophie Ellmaker take time out from school to go to a Halloween party. (Photo courtesy of Jennifer Weiss)



Scott Gabrielson: Football 9-12; Basketball 9-12; Baseball 9-12; Track 9-12; Student Council 9, 10; Homecoming Court 12; DECA 12.



Amy Gardner: Debate 9-12; Band 9-12, Officer 12; Model U.N. 9-12; SADD 9-12, Treasurer 11; Pep Band 12; Spirit 12; Senior Girls Club; Volunteers 11, 12; I V-ball 11, 12; Amnesty International 10-12; Key Club 9-11, Treasurer 11; Big Sis/Lil' Sis 9, 11, 12; Mock Trial 9, 10; Track 9, 10; Play Cast 9.



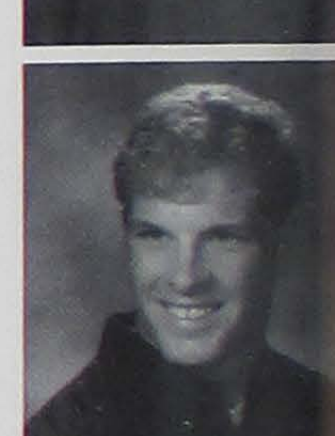
Jeff Gardner: Basketball 9, 11, 12; Football 10, 12; Track 9, 11; I Ball 10; Homecoming Committee 12.



Jonathan Good: Track 9-12; Golf 9-12; Basketball 9, 10; I Ball 11, 12; Band 9-12; Jazz Band 11, 12; Web 12; Madrigal 10-12; Solo/Ensemble Contest 9-12; Concert Chorale 10-12; Student Senate 9-12; Volunteers 11, 12; Chamber Singers 10-12.



Shawn Gould: Wrestling 9; Track 10; Football 9-12; I Ball 10-12.



What is the best advice you could give to incoming freshmen?

"Be prepared for four years of HELL."

-senior Nilesh Narotam

"Stop running into seniors and stepping on their heels."

-senior Lonna Rensink

"Stop, drop, and roll."

-senior Steve Sloan

"Don't stand in the middle of the halls and talk."

-senior Eva Andrew

"Start cheating as soon as you get to school. Cheat-

ing is healthy."

-senior Henry Ivekovic

"Keep a good attitude and be confident but not overly so."

-senior Rachel Wilke

"Memorize your schedule before you get to school, not during."

-senior Frank Greer

"Quit running to class and running everyone else over. You have plenty of time to get there."

-senior Kelli Oshel

Nick Gowdy: TV Show 9, 10; Taping Board Meetings 11, 12.



Jeremy Grady: I Ball 9, 12; Baseball 9, 10, 12.





Kristi Gray: Volunteers 12; *Spirit* 12; Soccer 12. **Wendy Gray, Michael Greene:** Football 9,10. **Frank Greer:** Band 9-12; *Odyssey of the Mind* 10; Jazz Band 12; Pep Band 10-12; Orchestra 12; *Spirit* 11; Solo/Ensemble Contest 10-12; Soccer 9-12; Academic Decathlon 11,12; Key Club 11,12. **Corey Groepper:**

Greg Gwasda: I V-ball 12; I Ball 10,12; Model U.N. 12; Academic Decathlon 12. **Mark Gyllstrom:** Cross Country 9-12; Track 11,12; Basketball 9,10; Baseball 9-12; I Ball 11,12; Senior Senate. **Judy Hamilton:** Volunteers 12; Senior Girls Club; Big Sis/Lil' Sis 9,12; Ambassadors 11. **Sarah Hart:** Volleyball 9, 10; Softball 9,10; Concert Choir 9-11; Volunteers 12. **Rebekah Hartman:** Band 9-12; Pep Band 12; Orchestra 11,12; Track 10-12; Swimming 10-12; I Ball 9-12; Powderpuff 9; SADD 11,12; Key Club 11,12; Volunteers 11.

Christine Hausner: I Ball 11,12. **Sarah Hawana, Kelly Hawley:** Volleyball 9; Basketball 9; Softball 9; Tennis 10; Powderpuff 9; DECA; Big Sis/Lil' Sis 9. **Kristi Heiberger:** Basketball 9,10; Softball 9-12; I Ball 10-12; Senior Girls Club; Cross Country 9-12; DECA 12; Track 9; Big Sis/Lil' Sis 11,12; Powderpuff 9; Volunteers 11. **Tim Hentzel:** Swimming 9-12; I Ball 11,12; Amnesty International 9-12; I V-ball 10-12; Volunteers 10,11; Airbands 9; Youth Group 9-12; All American Swimmer 12.

Jana Hertz: Track 9-12; Volleyball 9-12; Band 9-12; Madrigal 12; Orchestra 11,12; Student Senate 9,10,12; One Acts 9,10; Speech Club 10-12; Student Review Board 10; Rules Committee 10; Solo/Ensemble Contest (vocal) 9-12; Accompanist 9,10; Big Sis/Lil' Sis 12. **Bryce Hill:** Band 9-12; Jazz Band 12; Orchestra 12; Golf 10-12; Swimming 9-12; I Ball 11,12; All Conference All Academic 11,12. **Eric N. Hippen:** Band 9-12; Jazz Band 9,11,12; Pep Band 10-12; Solo/Ensemble Contest 10-12. **Erin Hoffmann:** *Scratch Pad* Board 9-11, Co-editor 12; Concert Chorale 11,12; Madrigal 12; Choir 9-12; Solo/Ensemble Contest 9-12; Diving 10. **Asheley Jo Holscher:** DECA 12; Homecoming Court 12; Big Sis/Lil' Sis 12; Volleyball 9-12; Homecoming Committee 11; Senior Girls Club; Volunteers 11,12; Basketball 9-11.

Nathan Horn, Jud Horras, Gwendolyn Horton: Band 9-12; Pep Band 11,12; Airbands 10; Treble Choir 10,11; Mock Trial 9-11; Solo/Ensemble 11,12; Play Cast/Crew 9-12; Terpsichore 11, Choreographer 12; Black History Showdown 9-11. **Lisa Horton:** Big Sis/Lil' Sis 9,12; Cadet Teaching 12; Golf 9-12; Senior Girls Club; Volunteers 11,12; Choir 9. **Crystal Houge:** Track 11,12; Golf 9,10; I Ball 9,10,12; Solo/Ensemble Contest 10-12; Band 9,12; Trainer 11,12; Big Sis/Lil' Sis 9,12; Concert Choir 10; Mock Trial 9,10; Speech Club 10.

Brian Howard: I Ball 9-11; I V-ball 11,12; Coed Softball 11,12; Key Club 12. **Karen Hsu:** *Spirit* 10, Editor 11,12; Human Relations Committee 9,10, Co-chair 11,12; Track 9-12; Speech Club 9,10, Student Director 11,12; *Web* 10,12; Student Council 10,11; Student Senate 9-12; Mock Trial 9, Co-president 10; Orchestra 9-12; *Scratch Pad* Board 9; Trainer 9,10; Band 9-11; Cross Country 11; Terpsichore 10,11; Black History Quiz Bowl; Big Sis/Lil' Sis 9,11,12; Senior Girls Club; Chamber Orchestra 10; Madrigal 10; Volunteers 10-12; Solo/Ensemble Contest 9,10. **Courtney Huiatt:** Band 9-12; Orchestra 11,12; Concert Choir 10-12; Librarian 12; Solo/Ensemble Contest 10-12; Amnesty International 11,12; Track 9,10; Model U.N. 9-12; Big Sis/Lil' Sis 9,11,12; Play Cast 9; I V-ball 12. **Megan Huisman:** Big Sis/Lil' Sis 11,12; Cadet Teaching 12; Entheos 11; Volunteers 11,12; Homecoming Committee 11,12; Terpsichore 10, Choreographer 11,12. **Tracy Leanne Hulsey:** Track 9-12; Manager 12; Choir 9,10; I V-ball 10; I ball 10,11; Big Sis/Lil' Sis 9,11,12; SADD 9; English Trip 11; Spain Trip 12.

Hrvoje Henry Ivekovic: Amnesty International 12; Track 12; Swimming 12. **Brett Johannes:** VICA 12; Special Olympics Volunteer 9-12. **Joel Johanns, Tracy Johnsen:** DECA 12; Senior Girls Club; Big Sis/Lil' Sis 12; Boys' Tennis Manager 10. **Brad Johnson:** Track 9; I V-ball 12; Swimming 9-12.



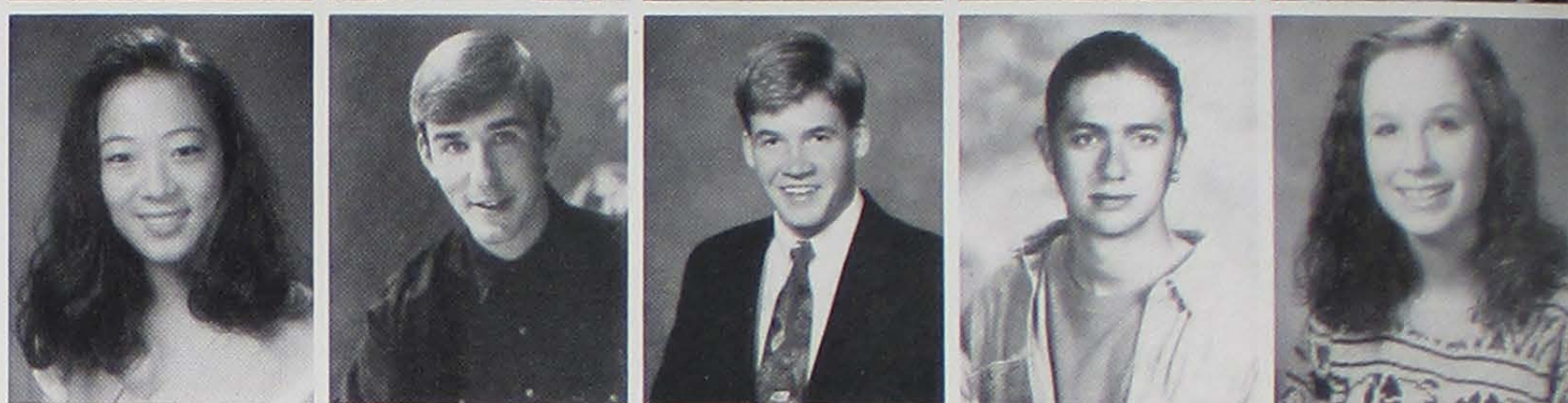
Jennifer Lea Johnson: Choir 9-12; Volunteers 12; Big Sis/Lil' Sis 9,10. **Tami Jo Johnson:** Choir 9-11; Cheersquad 9,10,12; Big Sis/Lil' Sis 12; Volunteers 11, 12; Senior Girls Club; State Cheersquad. **Terrill Johnston:** Scratch Pad 11, Editor 12; Thespians 10-12; Play Cast 9, 11, 12; One Acts Director 12; Cross Country 11, 12; Track 11, 12; Amnesty International 9-12; Volunteers 10-12; Web 11; Speech Club 10; Chorus 9. **Clint Jones. Steven Jones.**



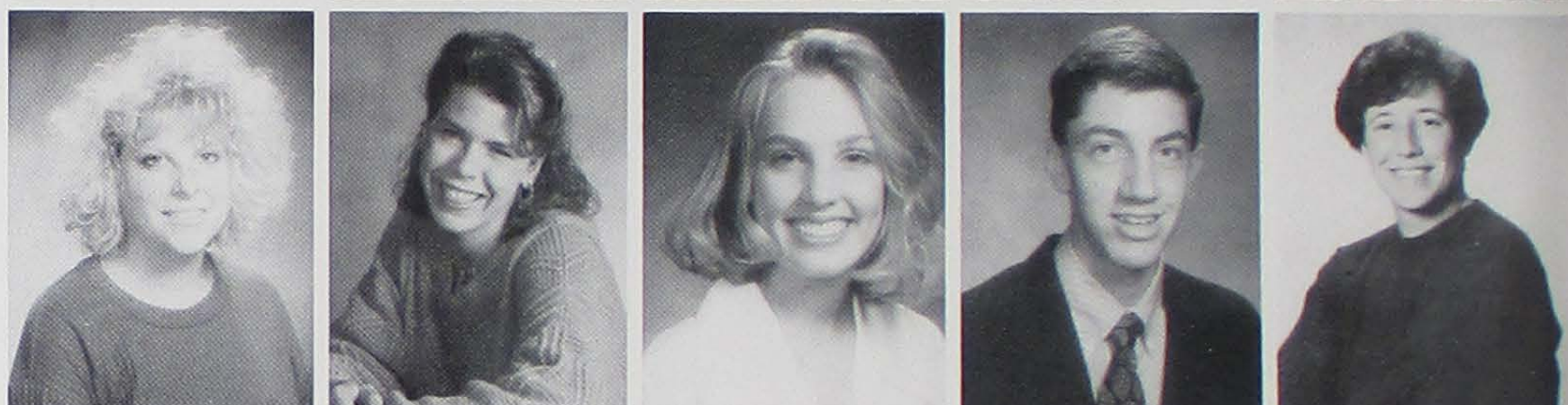
Jared Katz: Web 12; I V-ball 10,12; I Ball 9-12; 100th Green Butterfly 12; Key Club 12. **Shirley Keller:** Choir 9-11; Madrigal 10,11; Chamber Singers 11; ISU Honor Choir 11; Drama 10; Key Club 10. **Derek A. Kepley:** Wrestling 9-12; Baseball 10; Football 9,10; Geo Metro Ethanol Challenge 11. **Brad Kettmann. Carol Kilmer.**



Emily A. Kim: Key Club 9-12, Lieutenant Governor 11; SADD 9-12, President 11; Amnesty International 9-12; Ambassadors 9-12; Volunteers 11; Band 9-12; Solo/Ensemble Contest 12; Orchestra 12; Big Sis/Lil' Sis 12; Tennis 11; I V-ball 10-12; I Ball 9-12. **Chad Kinart:** Track 9-12; Cross Country 9-12; Hockey Manager 12. **Shawn Kliebenstein:** Swimming 9-12; Drum Major 11-12; Band 9-12; Jazz Band 10-12; Pep Band 10; Track 9; I V-ball 11. **Benjamin Koch:** Jazz Band 12; Baseball 9,10; Cross Country 9. **Kelly Koppes:** Cross Country 9,10; Basketball 9,10; Track 9,10; Spirit 11.



Bobbi Korbitz. Shannee Kruse. Kristyann Lakin: Wrestling Manager 10; I Ball 10-12; Volunteers 10-12; Track 10,11; Big Sis/Lil' Sis 9,12; Swimming 10; Key Club 9,10; I V-ball 10,11; Cross Country 12; Spirit 10-12. **Bill Lamont:** Key Club 10; I V-ball 10-12; I Ball 10-12; Soccer 9. **Keara Langston:** Basketball 9-12; Softball 9-12; Golf 10-12; Cross Country 10-12; Volleyball 9; Powderpuff 9; Airbands 11; Senior Girls Club; Big Sis/Lil' Sis.



You know you have senioritis when. . .

"You don't care about ANY of your grades-you've already been accepted to college-so why study?"

-senior Jody McKee

"When you only come to school during the periods that you have a class and you go out to eat every other period."

-senior Chris Burnham

"When all you think about are guys,guys,guys, being with them,talking with them and flirting with them!"

-senior Ann Moore

"You think about going anywhere but here."

-senior Andy Elbert

"You feel that the world is

full of mashed potatoes, or maybe not."

-senior Jon Sloan

"You don't remember the last time you did homework."

-senior Mark Skluzacek

"You know more about Murphy Brown's life than chemistry."

-senior Anna Terpstra

"All in your mind spells GUYS and never HOMEWORK."

-senior Jenny Nilsson

during a basketball scrimmage, seniors Keara Langston and Mary McKern try to wrestle the ball away from senior Kim Biechler as she frantically tries to hang on. (Photo by Serra Sermet)





Laura Larson: Tennis 9-11; Madrigal 10; Student Senate 11,12; Big Sis/Lil' Sis 12; Trainer 9; Terpsichore 9,10; Choreographer 11,12; Choir 9-11. **Scott Larson:** **Kirsten Lassila:** Debate 9-12; 100th Green Butterfly 11,12; Orchestra 9-11; Amnesty International 9-12; Model U.N. 9,10,12. **Kevin Lawler:** Track 9,10; Homecoming Court 12; Student Senate 10,11; Baseball 9-12; Rules Committee 10; Student Review Board 11; Basketball 9-12; Student Council 9-11; Football 9-12. **Sara LeBrun.**

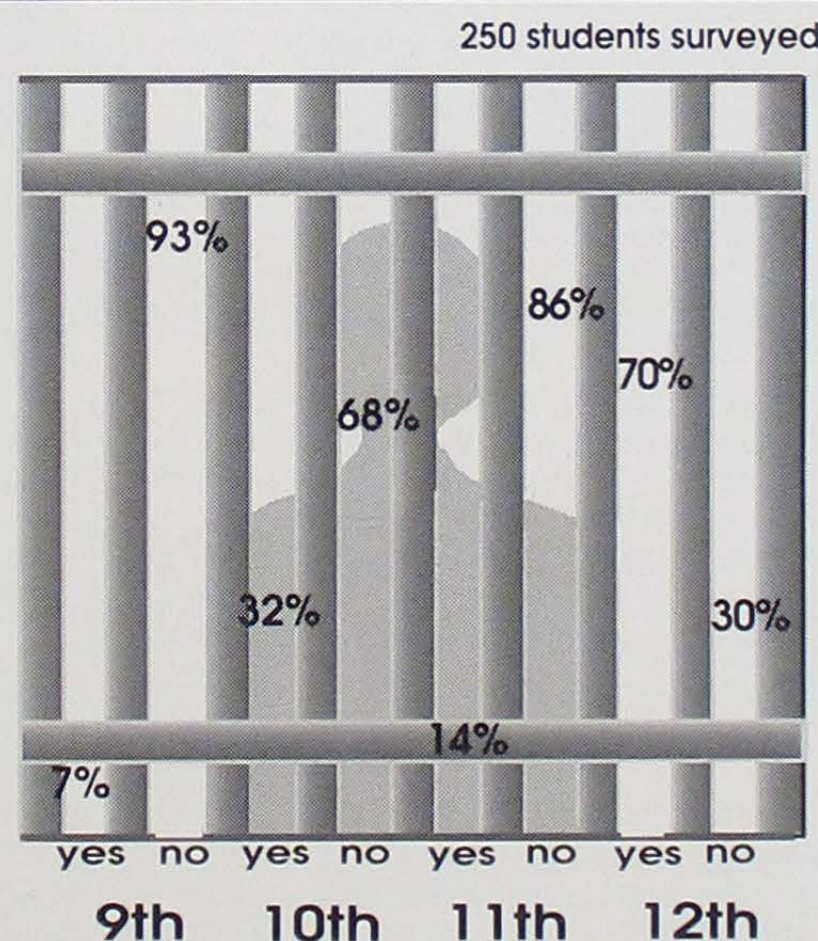
Anjeanette Levings: Band 9,10; Swimming 9; Track 9-12; Play Cast 10; I Ball 11,12; Web 11; One Acts 10; *Spirit* 10,11; Classes and Clubs Editor 12; Speech Club 10; Publicity Manager 11; Co-President 12; Model U.N. 12. **Brian Linder:** Track 9,10; Hockey 9-12; Airbands 11; I Ball 9-12; Football 9-12; Volunteers 9-12. **Bonnie Link.** **Amanda J. Lloyd:** Play Casts/Crews 9-12; One Acts Casts/Crews 9-11; Thespians 10-12; Speech Club 9-12; *Scratch Pad* Art Editor 11; Solo Contest 11; Treble Choir 10; Terpsichore 12; Track 9. **Ammi Loutzenhiser.**

Gene Lund: Track 9-12; I V-ball 11. **Rachel Lutz.** Track 9; Swimming Manager 10-12; Volunteers 11; Band 9-12. **Richard Lyon.** **Kari Marty:** Cross Country 9-12; Track 9,10; Basketball 9-11; DECA 12; Homecoming Court 12; Big Sis/Lil' Sis 9,12; Senior Senate; Soccer 11,12; I V-ball 9-11; I Ball 12; Homecoming Committee 11,12. **Melani McCracken:** Tennis Manager 9-12; Girls' Swimming Manager 12; Boys' Swimming Manager 12; Choir 9-12; Key Club Officer 9,10; SADD Officer 9-11; Volunteers 11,12; Solo/Ensemble Contest 11,12; Senior Senate.

Clay Mc Evoy: Tennis 10-12; I Ball 10-12; Spanish Competition 11. **Brian McFarland.** **Anne McJimsey:** Terpsichore 9, 10; Choreographer 11; Cross Country 10-12; Track 9,10; Volunteers 12; Band 9,10; Orchestra 10; Health Occupations 12. **Jody K. McKee:** Cross Country 11,12; Tennis 9-11; I Ball 9-12, Captain 12; Powderpuff Football 9; Volunteers 11; Environmental Committee 9-12; Airbands 11; I V-ball 10; Big Sis/Lil' Sis 12; Key Club 9,10; Band 9. **Mary McKern:** Track 9-12; Cross Country 12; Big Sis/Lil' Sis 12; Volleyball 10, 11; Basketball 9-12; SADD 9.



Have you ever shoplifted?



a midst the tinsel garlands draped around band instruments, senior Rebekah Hartman plays the drum set during pre-game of the Ames-Newton basketball game on December 18. (Photo by Abby Klaas)

Adam McLaughlin. Brian McPeak: Football 9; VICA 12. **Erica Merkley:** DECA Officer 12; Swimming 11, 12; Senior Girls Club; Choir 9-11. **Jason Miller:** Football 9-11; Basketball 9-11; Baseball 9, 10, 12; I Ball 12; Trainer 9; DECA (Class and State President) 12; Student Senate 9, 10; Airbands 10. **Kyle Miller.**



Mary Mohler: Special Olympics Swimming, Volleyball, Basketball, Bowling, Softball. **Georgia Montgomery.** James Collin Moon: Key Club 11, 12; I Ball 9-12; Web 11, 12; Peer Helping 11; I V-ball 11. **Ann Moore:** Tennis 9-12; Boys' Swimming Manager 10; Big Sis/Lil' Sis 9, 11, 12; Orchestra 9-12; Senior Girls Club; Health Occupations 12; Swimming 9-12. **Jeffrey Scott Moore:** Band 9-12; Student Senate 9, 11, 12; Airbands 10, 11; Pep Band 12; I V-ball 12; Play Cast/ Crew 9, 12; Volunteers 9-12.



Jeremy Moore. Susan Moore. Joel Morain: Band 9-11, Officer 12; Student Council 11; TV Show 9-12; Pep Band 9-12; Jazz Band 11, 12; Solo/ Ensemble Contest 10, 11; Play Cast 11. **Anne Stephany Moutray:** Track 10, 11; DECA Class President 12; Homecoming Court 12; Student Senate 11; Big Sis/Lil' Sis 9, 12; Cross Country 9-12. **Andrea Muchinsky:** I V-ball 9, 10; Softball 9, 10; Big Sis/Lil' Sis 9, 12; Model U.N. 12.



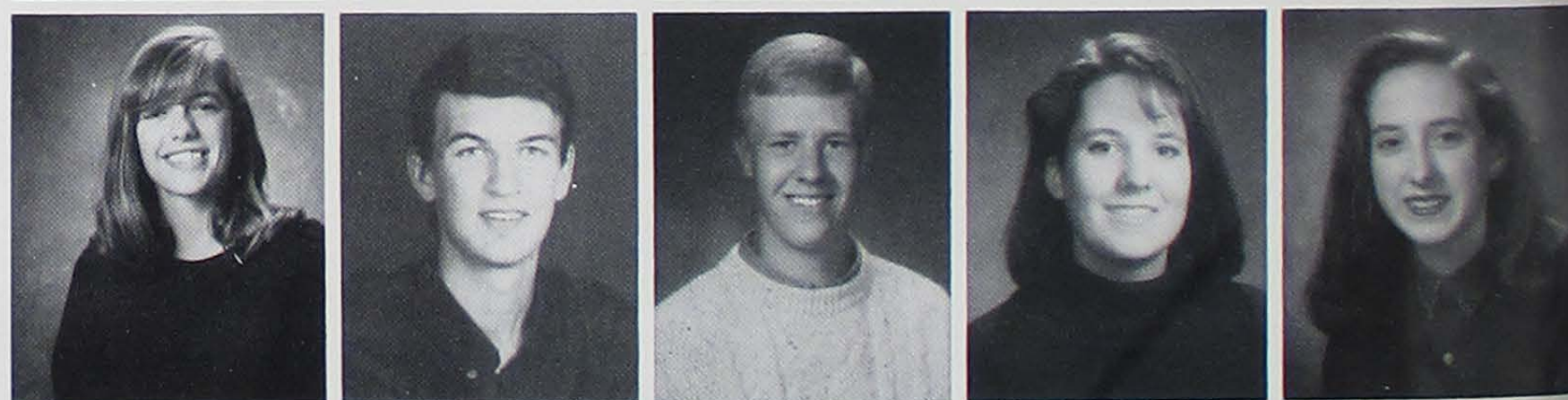
Rubina Mukerjee: Orchestra 9-12; Spirit 12; Solo/ Ensemble Contest 9, 11. **Melissa Mundt:** Band 9-12; Student Senate 10, 11; Big Sis/ Lil' Sis 9, 11, 12; I V-ball 11, 12; I Ball 10, Captain 11, 12; Model U.N. 10-12; Pep Band 12. **Tendai Muyengwa:** Football 9-12; Track 9-12; Basketball 9-12; Homecoming Court 12; Human Relations Committee; Airbands 9, 10; Volunteers 11; Soccer 9. **Nilesh Narotam:** Tennis 9-12; I Ball 9-12; Football 10; Student Senate 12. **Joey Nelson:** Track 9-12; I V-ball 11, 12; I Softball 11, 12; Band 9-12; Solo/ Ensemble Contest 10-12; Pep Band 10.



Chad Newhouse: DECA 12; Baseball 9; Ambassadors 9, 10; Hockey 9-12. **Bliss Newton:** Choir 9-12; Madrigal 12; Solo/ Ensemble 9-12; All State 12. **Jennifer Ng:** Orchestra 9-12; All State 10; Solo Ensemble 9-12; Big Sis/Lil' Sis 9, 11, 12; Volunteers 11; I V-ball 9, 10; Madrigal 10, 11. **Jenny Nilsson:** Play Cast 12; Madrigal 12; Speech Club 12; Solo Contest 12. **Toby O'Berry:** Soccer 9-12; I Ball 9-12; Concert Choir 10-12; Band 9, 10; Madrigal 11, 12. Key Club 9-12; SADD 9-12; I V-ball 9-12; Environmental Committee 10-12.



Amy Ogle: Tennis 11, 12; Volunteers 12; I Ball 12. **Scott Olberding:** Golf 9, 10; Basketball 9; Baseball 9, 10; I Ball 11, 12; I V-ball 12. **Michael J. Olson:** Golf 10-12; I Ball 10, 12; I V-ball 12; Student Senate 11; Student Council 11; Band 9-12. **Kelli Oshel:** Orchestra 9-12; Choir 9, 10; Soccer 11, 12. **Shawna Pace:** Tennis 9-12; Model U.N. 9-12; Band 9-12; Pep Band 9-11.



Collin Paige: Band 9; Baseball 9, 10; Cheersquad 11, 12; Choir 9-12; Volunteers 12; Basketball 9, 10; Solo/ Ensemble Contest 9, 10. **Dan Patrick:** Band 9-12; Pep Band 9, 10; Jazz Band 9; Track 11; Student Council 9, 10; Swimming 9; I V-ball 11, 12; Play Crew 9, 10; I Ball 10. **Dana L. Patterson:** Swimming 9-12; Tennis 9-12; Madrigal 12; I V-ball 12; Choir 10; Softball 9; Solo Ensemble 9-12. **Sarah Pepper:** DECA 12. **Atilio David Pollard:** Football 9-12; Wrestling 9-12; Senior Senate 12.





Leigh Ann Powell: Track 9-12; DECA 12; Student Senate 9,10; Big Sis/ Lil' Sis 12; Airbands 11; Cross Country 10-12; Cheersquad 9; Powderpuff 9; Senior Girls Club; Volunteers 11,12; Basketball 9-12; Softball 8-12; Student Council 9-12.



Brian Pyle: Wrestling 9,10; Track 9.



Matthew Rahfeldt: Football 10-12; I Ball 10-12; Track 10; Homecoming Court 12.



Matthew D. Randall: Cheersquad 11,12; I Ball 9-12; I V-ball 10-12; Play Cast/Crew 9,10; Volunteers 9,10; Environmental Committee 11; Small Group Contest 11.



Kelly Randles: Volleyball 9-12; Basketball 9-12; Softball 9-12; Track 9,10; Powderpuff 9; DECA 12.



Christene Ray.



Christine Recker: Swimming 9, 10, Manager 11; Big Sis/ Lil' Sis 11,12; Volunteers 12; Ambassadors 12; Health Occupations 12.

What are the facts of life?

"Live each moment to the fullest, because you'll never have them to live again."

-senior Eric Hippen

"Put off today what you can do tomorrow."

-junior Chris Wycoff

"When the world never seems to be living up to your dreams, suddenly you're finding out the facts of life are all about you."

-senior Kristin Walker

"Not to pass up fantastic once-in-a-life-time oppor-

tunities that come your way because of what others think."

-sophomore Robyn Berning

"Minds are like parachutes; they don't work unless they are open."

-junior Susie McGee

"You need money for everything. It's what our society is now based on."

-freshman David Yokiel

"To love is to risk not being loved in return."

-freshman Emily Dobbs



Relaxing in the back part of the media center, seniors Corey Groepper, Dave Pollard, and Jeff Weiss mentally prepare themselves for the upcoming game. Football players always met in the media center afterschool on game nights. (Photo by Abby Klaas)

With a cherry candy cane in her mouth, senior Dawn Bilyeu opens up her gift during a Web party. Web staff members exchanged gag gifts during the party. (Photo by Abby Klaas)

at English teacher Keith Carlson's farm, senior Kim Windom grills hamburgers for dinner. Advanced Placement English students had a picnic Oct. 11, and after dinner they sat around the campfire and read autumn poems. (Photo by Karen Hsu)

Checking to see if the video equipment is working in the media room, senior Nick Gowdy prepares to tape a school board meeting. The school board met in the media center on Monday nights. (Photo by Abby Klaas)



Valerie Reed: Scratch Pad Board 10-12; Orchestra 9-12; Treble Choir 11; Play Crew 10; Amnesty International 10; Solo/Ensemble Contest 9, 11; Big Sis/Lil' Sis 9, 12; Peer Helping 9; SADD 9, 10; Key Club 9.

Scott Reger: Wrestling 9; Choir 9-12.

Tim Reger: Choir 9-12; Solo Ensemble Contest 9, 11.

Cale Remsburg: DECA 12; Peer Helping 9.

Kelly A. Remsburg: I V-ball 9; Big Sis/Lil' Sis 9, 11, 12; Spirit 11, 12; Airbands 12; Senior Art Show.

Lonna Rensink: Golf 9-12; Big Sis/Lil' Sis 9, 12; Volunteers 12; Health Occupations 12.

Dan Ricketts.

What was your worst high school nightmare?

"When I was cheering at a pep assembly last year all the football players were yelling at me and then I forgot the cheer and almost fell from my stunt."

-senior Audra Woodin

"The night all of the football players yelled the name of the guy I liked across the whole field and everyone looked at me."

-freshman Lauren Miller

"In a hurry to my next class, I fell on the stairs right at the feet of the guy I had liked for the past six months."

-sophomore Jessica Ackerman

"I was on the diving board during swimming class and I wanted everyone's attention so I yelled for everyone to

watch me do a flip. I ran off the board and ended up doing a belly flop."

-sophomore Natalie LeBrecht

"Scott Gabrielson depantsed me during track practice in front of the entire girls' track team."

-junior Chris Wycoff

"My friends caught me holding hands with my girlfriend on the way outside and they teased me and told me to kiss her."

-senior Nick Gowdy

"My freshman year at Homecoming we went out to eat and I was trying to be all perfect and everything. I ended up spilling my pop in my lap."

-junior Chad Fowles





Susan Rogers: Cheerleading 9,10; Swimming Manager 10,11; Band 9,10; Volunteers 9-12; Peer Helping 12; German Quiz Bowl 9. **Ananda Rozewski.** **Jason Ruebel:** Baseball 9-12; IV-ball 10-12; I Ball 9-12. **Chad Sallsbury:** Track 9-11; Football 9,10; Swimming 9; I V-ball 10,11. **Keith Sansgaard:** Baseball 9-12; Football 9,10; I Ball 9-12; DECA 12; I V-ball 11,12.

Kimberly Schropp: Spirit 12; Volunteers 12; IV-ball 9,10; Big Sis/Lil' Sis 9. **Kim Schweikert:** Volunteers 11,12; I V-ball 12; DECA 12; Big Sis/Lil' Sis 12; Peer Helping 11; Peer Intern 12; Senior Girls Club. **Amanda Scott.** **Serra Sermet:** Cross Country 12; Track 9-12; Basketball 9-12; Volleyball 9, 10; I V-ball 11. **Steve Shapiro:** Chorus 9-12; Track 9-12; Madrigal 12; Human Relations Committee 10-12; Solo/Ensemble Contest 9-12; Spirit 11; I Ball 9-12; I V-ball 11, 12.

Jen Wells Shierholz: Cross Country 10-12; Human Relations Committee 10-12; Environmental Committee 9-12; Homecoming Queen 12; Student Council 9-12; Tennis 9-12; Mistletoe Committee 9-12; Cheersquad 9; Powder Puff 9; Cadet Teaching 12; Senior Girls Club; Volunteers 11, 12; SADD 9, 10; Big Sis/Lil' Sis 11, 12; Student Senate 10; Terpsichore 9; Key Club 9; Choir 9; Enthos 11; I Ball 9. **Angie Shirk:** Thespians 10-12; Speech Club 9-11; One Acts 10, 11; Director 12; Madrigal 12; Choir 9-12; Solo/Ensemble Contest 9, 10; Terpsichore 9, 10; I V-ball; Intramural Softball 9, 10. **Kelleigh Shonrock:** Choir 9,10; SADD 9-11; Key Club 9-11; Amnesty International 10-12; I Ball 10-12; Big Sis/Lil' Sis 11; Web 12; Athletic Trainer 11,12. **A.J. Skahill:** Baseball 9-12; I Ball 10-12; Basketball 9; I V-ball 11,12. **Nathan Skank:** Art in Scratch Pad 10,11.

Mark Skluzacek: Madrigal 10-12; Cheersquad 11; Intramural Volleyball 11,12; Golf 11,12; I Ball 10-12; Basketball 9,10; Choir 9-12. **Josh Slaughter:** I Ball 11,12; DECA 12. **Jonathan Sloan:** Hockey 9,10; I V-ball 11,12; I Ball 9,11,12; DECA 12. **Steven Sloan-Howe:** Wrestling 9-12; Football 10; Cross Country 9; Volunteers 12; I Ball 12; I V-ball 12; Band 9,10; Athletic Ambassadors 9. **Angela Smith:** Band 9-12; Accompanist 9-12; Choir 9-12; Madrigal 10-12; Orchestra 11,12; Volunteers 10-12; Student Senate 10; Play Cast/Crew 9.

Barbara Smith: I V-ball 9,12; Mock Trial 9-11; Student Senate 11,12; Band 9-12; Solo/Ensemble Contest 11,12; Big Sis/Lil' Sis 9,11,12. **Sarah Lynn Smith:** Cross Country 9-12; Track 9-12; Treble Choir 11; Big Sis/Lil' Sis 9,11,12. **Josh Speck:** VICA State President 12; I V-ball 9-12; I Ball 9-12; Football 9-12. **Jacinda Stanton:** Swimming 9; Concert Chorale 12. **Karen Elizabeth Sternberg:** Thespians 11,12; Speech Club President 12; SADD 10,11; One Acts Director 12; Cast 11; Play Cast/Crew 11,12; Terpsichore 11,12; Key Club 9-11; National Honor Society 10;

Donna Stinehart: Band 9-12; Orchestra 12; Accompanist 12; Volunteers 11,12; Solo/Ensemble Contest 9,11,12; I Ball 11,12. **Jason Strum.** **Jeanne Elizabeth Sundstrom:** I V-ball 9; Volleyball 10-12; Tennis 9-12; Student Council 10-12; Student Senate 9,11; Senior Girls Club President; Speech Club 10,11; I Ball 10-12; Basketball 9; Homecoming Court 12. **John Swanson.** **James Swett:** I V-ball 11; Peer Helping 12; Football 9,10.

Bryn Takle: Band 9-12; Solo/Ensemble Contest 11,12; I Ball 9-12. **John Tannehill:** Baseball 9-12; Basketball 9,10; Football 9; Tennis 9-12; Student Senate 9,10; I V-ball 11; I Ball 11,12; DECA 12; Key Club 9; Airbands 11. **Anna Terpstra:** Track 9-12; Basketball 9,10; Cross Country 11,12; Choir 9-12; Band 9; Twirler 10-12; Terpsichore 9, 10; Choreographer 11,12; Play Cast/Crew 9; Madrigal 10; Volunteers 11,12; Vocal Contest 11,12; Big Sis/Lil' Sis 9, 12; Senior Girls Club. **Tori Thamat.** **Eric Thompson.**

Heather Thompson. Wendy Thompson: Special Olympics (Swimming, Volleyball) 9-12; EBCE Work Study 11, 12. **Jason Tice:** Baseball 9; Football 9-12; DECA 12; Web 12; I Ball 10-12; Hockey 12. **Agung Antonio Toding. Karin Tollefson:** Band 9-11; Big Sis/Lil' Sis 12; Cadet Teaching 12; Play Cast 11; Diving 9-12.

Erik Tosten: Band 9-12; Key Club 10-12. **Liz Trede:** Cross Country 10-12; Track 10, 11; Choir 9-11; I Ball 11, 12; SADD 11; Volunteers 12. **Ty Troxel:** Ambassadors 11, 12; *Spirit* 12; Volunteers 10-12; Airbands 9-11; 100th Green Butterfly 11, 12; AV-IMC Assistant 9, 10. **Leah Uhlenhopp:** Volleyball 9-12; Powderpuff 9; Student Council 9-12; Speech Club 9-11; Student Senate 9-12; Homecoming Court 12; Track 9-11; Big Sis/Lil' Sis 9, 12; Choir 9, 10; Senior Girls Club; Volunteers 9-12; Basketball 9; Homecoming Committee 11; Environmental Committee 11; I Ball 10-12. **Anissa R. Umbaugh:** Cheersquad 9; Volunteers 11.

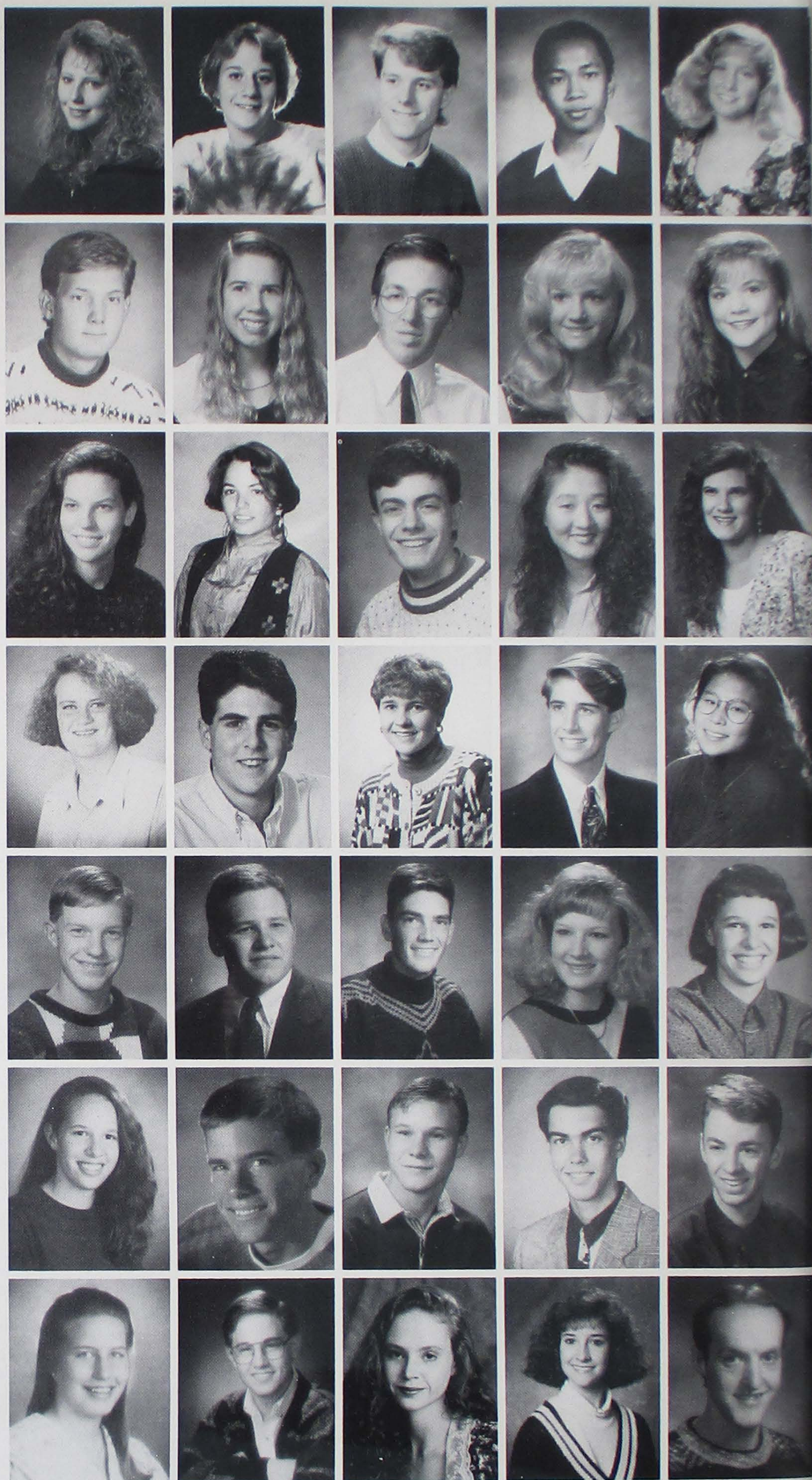
Adrienne van der Valk: *Spirit* 10-12; Speech Club 10-12; One Acts 11, 12; Play Cast 9; Track 11, 12; Cross Country 12; *Scratch Pad* 11, 12; I Ball 9, 12; Amnesty International 12; History Day 10; Big Sis/Lil' Sis 9, 11; Tennis Manager 9; Choir 9. **Anna Van Deusen:** Swimming 9-12; Tennis 9, 10. **Scott Vaughan:** I Ball 9-11; Soccer 9. **Suzanne Katherine Vogel:** Choir 9, 10; Terpsichore 9-12; Choreographer 11, 12; Big Sis/Lil' Sis 9, 11, 12; Cheersquad 10, 12; Volunteers 11, 12; Senior Girls Club. **Cara Wagner:** Choir 9, 10; Wrestling Manager 9; Swimming 9; Big Sis/Lil' Sis 12; Volunteers 12.

Kristin Walker: Band 9; Track 11; DECA 12; Big Sis/Lil' Sis 11, 12; I V-ball 9-12; Powderpuff 9; Basketball 10; Softball 9-12; Soccer 11, 12; I Ball 9, 11; Key Club 9. **Travis Webb. Mary Jo Weber:** Wrestling Manager 11, 12; DECA 12; Big Sis/Lil' Sis 12; Airbands 11; Volunteers 11, 12; I V-ball 11; I Ball 11. **Jeff Weiss:** Wrestling 9; Football 9-12; DECA 12; Baseball 9, 10; Volunteers 12; I Ball 10-12; Airbands 10, 11; Track 9. **Jennifer Weiss:** Student Advisory Committee 9, 10; Wrestling Manager 10, 11; Web 11, 12; Track 9-11; Powderpuff 9; I Ball 11, 12; I V-ball 11, 12; I Softball 9-12; Big Sis/Lil' Sis 9; National History Day 9.

Aaron Wells: Baseball 9-12; Hockey 9-12; DECA 12; I Ball 9, 10. **Cory Wentworth:** Athletic Trainer 9-12; DECA 12; I Ball 11, 12; Basketball 9, 10; Baseball 9; Choir 9, 10; Band 9; Pep Band 9. **Carlos K. Wesley:** Baseball 10-12; Football 9, 11, 12; Tennis 11, 12; Web 12; *Spirit* 12; Student Council 11, 12; *Scratch Pad* 12; One Acts 12; Band 9; Airbands 11; Basketball 9, 10; Track 10; Student Senate 10. **Jill West:** DECA 12; Hockey Cheersquad 10; Choir 9, 10. **Katherine Clara Saunders Whitaker:** All-State Band 12; Band 9-12; Senior Class Treasurer; Pep Band 9-12; Orchestra 11, 12; Track 10.

Martha Whitaker: Band 9-12; Color Guard 10-12, Captain 12; Choir 9, 10; Pep Band 12; Cross Country 11, 12, Manager 12; Track 10, 11, Manager 12; Big Sis/Lil' Sis 9, 11, 12. **Charles White:** Band 9-12; Soccer 9, 10; Tennis 10; Swimming 10; Wrestling 11, 12; I V-ball 12; Odyssey of the Mind 9, 10; Solo/Ensemble Contest 9-12; Speech Club 12; Thespians 10. **Jamie White:** Football 10-12. **Trevor Wierson:** Track 11; DECA Class Officer 12; I Ball 10. **Justin Wilcox:** Cross Country 12; Track 12; I Ball 12.

Rachel Wilke: Amnesty International 10-12; Choir 9-11; Big Sis/Lil' Sis 11, 12; Cadet Teaching 12; Volunteers 11, 12; Key Club 10. **Kevin Wilson:** Key Club 11, 12. **Ruth Wilson:** Terpsichore 10, 11; Choreographer 12; Swimming 9. **Kimberly Windom:** Cheersquad 9-12; SADD 11, 12; Band 9-12; Solo/Ensemble Contest 10, 11; Entheos 10; Big Sis/Lil' Sis 9, 12; Orchestra 12; Airbands 11. **Chris Wineinger:** Wrestling 9-12; Special Olympic Swimming, Volleyball 9-12, Bike Race 12.



Aaron Wombacher.

Audra Woodin: Band 9; Student Senate 9-11; Big Sis/Lil' Sis 12; Choir 10; Cheersquad 10,11; Hockey 9; Volunteers 10-12; Softball 9-12; I Ball 11; Senior Girls Club; Homecoming Committee 11.

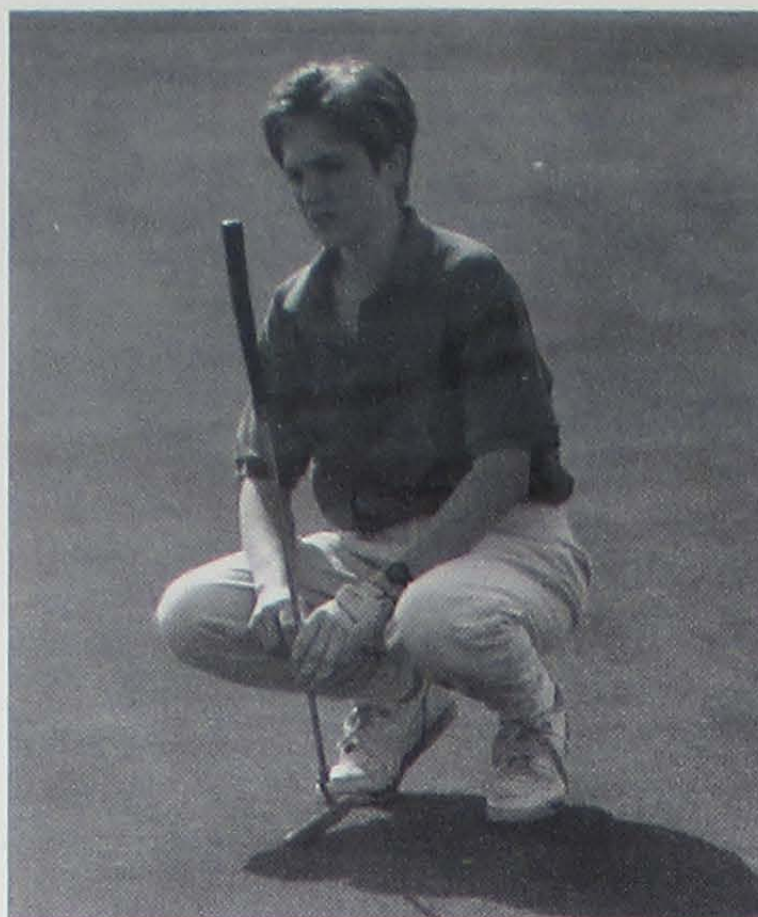
Geoff "Woody" Woodman: Football 10-12; I Ball 9-12; Airbands 11; I V-ball 9; Speech Club 9; Black History Quiz Bowl 9; Orchestra 9.

Bradley A. Wuhs: Golf 9-12; I Ball 9-12; I V-ball 9,10; Choir 9,10; Ensemble Contest 9,10; Volunteers 12.

Matthew T. Wyss: I Ball 11,12; I V-ball 12; Duluth East JV Basketball 10.

Jason Younie: I Ball 11, 12; I V-ball; Band 9.

Missy Yungclas: Powderpuff 9; Volleyball 9; Basketball 9,10; Track 9-11; Cross Country 10-11; Choir 9; Spirit Design Editor 12.



as she contemplates her next move, senior Lonna Rensink kneels down to view the situation at the first home meet at the Country Club. (Photo by Mindy Cooper)

Not Pictured

Luis Barandiaran. Christy Brown: Choir 9,10; DECA 12; Big Sis/Lil' Sis 9. **Deborah Brown.** Samantha Christensen. Michael Devan. Gori Devrajani. Yung Do. Alex Fagundes. Danny George. Shane Harkin. John Harp. Ryan Harris: Band 9-12; Pep Band 10-12; Jazz Band 9,12; Solo/Ensemble Contest 12; I Ball 11. **Vanessa Heymann:** Soccer 11,12; I V-ball 12; Volunteers 12. **Richard Johnson.** Damian Kelly. Abby Klaas. Marie Krantz. Sherry Lang. Morris Liao: Academic Decathlon 11, 12; Tennis 9-12; Amnesty International 12; Orchestra 9, 10, 12; Play Crew 12; Soccer 9; Student Senate 12; Volunteers 12; 100th Green Butterfly 12; Key Club 10; SADD 10; Mock Trial 10; Chess Club 12; I Ball 9. **Xiao Ming Liu.** Nick Lloyd. Devon McKernan: Choir 9-12; Speech Club 9-12; All-State 10; Band 9-11; Jazz Band 9-11. **William Moorer:** Football 12; Track 12. **Joel Odem.** Mark Okiishi. Dave Opheim: VICA 12. **Steve Orning.** Raymond Pankey. Jeremy T. Rhyen: Wrestling 9-12; Cheersquad 12; Band 12; Jazz Band 12; Pep Band 10-12; Solo/Ensemble Contest 11; Concert Band 9-12. **Andi Setiawan.** Layli Springer. Marie Stover. Mike Tallman. Andrew Thomas. Gerald Thomas. Matt Thompson: Wrestling 9-12; Football 9-12. **See Thongsouk:** Soccer 9-12; I Ball 9-12. **Rattan Ticku.** Diana Joy Vander Schaaf: SADD 11,12; Band 9-11; Track 11; Cheersquad 9,10; Soccer 12; Key Club 11; Swimming 9; Big Sis/Lil' Sis 9,12. **Chelsea Walton.** Eric Watts. Ashia Whittington. Aaron Wright.

I'm counting the days until...

"My family's trip to Canada this summer."

—sophomore Danny Nutter

"I am a junior and have free periods, so I don't have to sit in study hall."

—freshman Aaron Coats

"I get my driver's license (May 3, 1993)."

—sophomore Chandra Brace

"I'm a senior, so I have open campus and can leave the

school legally for lunch and during my free periods."

—junior John Sherman

"My parents leave for Australia for a year."

—senior Barb Smith

"My one hundred and first birthday (May 16, 2076)."

—senior Joel Morain

"This summer, when I'm going to Europe for almost three months."

—junior Sue Pak

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ACADEMICS

Advanced Placement Scholar

Frank Greer

Alpha Delta Kappa Scholarship, American Legion Regional High School Oratorical Contest Winner

Amy Gardner

Ames High School Alumni Association Memorial Scholarship

Jana Hertz, Crystal Houge

Ames Jaycees Scholarship

Jason Younie

Des Moines Register Iowa Aca- demic All-State Nominee

Terrill Johnston

Presidential Academic Fitness Award

Katie Abendroth, Avanti Athreya,
Nicholas Benson, Kim Biechler,
Matthew Biskner, Erin Block, Chris
Burnham, Arthur Chen, Michael
Cronin, Soumia Dahane, Aaron
Dietz, Mike Eagan, Steven Edelson,
Sophia Ellmaker, Brad Erickson,
Alex Fagundes, Amie Flippo, Amy
Gardner, Jeff Gardner, Jonathan
Good, Frank Greer, Greg

Gwiasda, Rebekah Hartman,
Christine Hausner, Kelly Hawley,
Tim Hentzel, Jana Hertz, Bryce Hill,
Erin Hoffmann, Gwendolyn
Horton, Crystal Houge, Brian
Howard, Karen Hsu, Terrill
Johnston, Shirley Keller, Carol
Kilmer, Emily Kim, Shawn
Kliebenstein, Bill Lamont, Kirsten
Lassila, Kevin Lawler, Morris Liao,
Xiao Ming Liu, Amanda Lloyd, Kari
Marty, Melani McCracken, Clay
McEvoy, Jody McKee, Adam
McLaughlin, Anne Moutray,
Andrea Muchinsky, Melissa Mundt,
Nilesh Narotam, Joey Nelson, Amy
Ogle, Mark Okiishi, Michael Olson,
Shawna Pace, Dan Patrick, Leigh
Ann Powell, Valerie Reed, Scott
Reger, Kelly Remsburg, Jeremy
Rhyon, Kimberly Schropp, Serra
Sermet, Steve Shapiro, Jen
Shierholz, Angela Smith, Sarah
Smith, Karen Sternberg, Anna
Terpstra, Rattan Ticku, Liz Trede,
Leah Uhlenhopp, Adrienne van
der Valk, Anna Van Deusen, Diana
Vander Schaaf, Jennifer Weiss,
Carlos Wesley, Katherine Whitaker,
Charlie White, Justin Wilcox,
Rachel Wilke, Kim Windom,
Bradley Wuhs

State of Iowa Scholar

Katie Abendroth, Avanti Athreya,
Erin Block, Mike Eagan, Steven
Edelson, Jonathan Good, Frank
Greer, Rebekah Hartman, Bryce
Hill, Erin Hoffmann, Karen Hsu,
Morris Liao, Kari Marty, Andrea
Muchinsky, Dan Patrick, Karen
Sternberg, Liz Trede, Rachel Wilke,
Kim Windom

Tandy Technology Academic Outstanding Student Award

Frank Greer, Rebekah Hartman

Tandy Technology Academic Top

Two Percent Award

Frank Greer, Rebekah Hartman,
Kim Windom, Katie Abendroth,
Erin Block, Mike Eagan, Steven
Edelson

VFW Voice of Democracy, Oration Contest, District Winner

Karen Hsu

National Merit Scholarship - Kenyon College

Terrill Johnston

National Merit Commended Student

Ryan Carey, Arthur Chen, Aaron
Dietz, Ben Douglas, Amy Gardner,
Gwendolyn Horton, Andrea
Muchinsky, Valerie Reed, Rachel
Wilke

National Merit Scholarship - World Book Educational Products

Erin Block

National Merit Scholarship Finalist

Avanti Athreya, Erin Block, Amie
Flippo, Frank Greer, Erin Hoffman,
Terrill Johnston, Kirsten Lassila,
Steve Shapiro

ART

David Burton Stone Art Award

Mark Okiishi, A.J. Skahill, Nathan
Horn

First National Bank Art and/or Photography Award, Honorable Mention

Ty Cobb, Amanda Lloyd, Chad
Newhouse, Geoff Woodman

Frank Miller Scholarship in Art

Brad Johnson

Jeffrey Brown Photography Award

Anna Van Deusen, Kelly
Koppes, Shawn Kliebenstein

National Congressional Arts Caucus "Artistic Discovery" Competition

Ashley Hagen

University of Iowa Paula Patton

Grahame Scholarship in Art

Chelsea Walton

MATH, SCIENCE, AND VOCATION

Ames Education Association Scholarship

Alison Doyle

Oberlin BP America Fellowship in Science and Mathematics

Carlos Wesley

Hach Chemical Company Scholar

Kim Windom

Herbert F. Tschopp Memorial Mathematics Scholarship

Avanti Athreya

Industrial Technology Award

Brian McFarland, Scott Reger, Josh
Speck, Daniel DeClute, David
Fincham, Alex Fagundes

Ames Homebuilders Association Scholarship

Jeff Weiss

Junior Achievement Scholarship

Jud Horras

Mary Greeley Medical Center Auxiliary Health Career Scholar- ship

Karen Hsu

Mathematics Award

Jesse Coats, Evan Jeffrey, Terrill
Johnston, Dan Johnston, Emily Kim,
Kim Kruger, Beccy Madsen, Ben
Magel, Angie McConnell, Adria
Nelson, Jason Petersohn, Matthew
Prins, Evan Serfass, Mark Sibbel,
Phoebe Silag, Victor Soukoulis, Jay
Wacker, Bryan Warme, Jeffrey
Willson, Judd Bowman, Steven
Chang, Dion Harmon, Susan Hsu

National Science Scholar

Terrill Johnston

National Science Scholars Program Finalist

Kim Windom

Shaffer's Auto Body Company

David Fincham

Rensselaer Medal

Jeffrey Willson

WRITING/JOURNALISM

Scott A. Berryhill Memorial Scholarship

Ben Koch

Freedom Forum Journalism Scholarship

Karen Hsu

Scratch Pad Award

Angela Kao, Aaron Dietz, Irish
Boston, Steve Shapiro, Karen Hsu,
Mark Okiishi

National Council of Teachers of English Achievement Award in Writing

Avanti Athreya

IHSPA Fall Yearbook Contest

Kelly Remsburg: 2nd Place—
Typography, Package, Sports
Spread; 1st Place—Opening/
Closing Spread; Honorable
Mention—Student Life Spread. Lisa
Millen: 2nd Place—Organizations
Spread. Steve Shapiro: 1st Place—
Student Life Copy; Adrienne van
der Valk: 1st Place—Organizations
Copy. Monica Wilke: 2nd Place—
Sports Copy. Laurel Nakadate:
3rd Place—Student Life Photo.
Abby Klaas: 2nd Place—Sports
Photo.
IHSPA Spring Writing Contest
Alison Doyle: 1st Place—In-depth
Reporting, Honorable Mention—
Column Writing.

CITIZENSHIP/LEADER- SHIP

Ames Alumni Panhellenic Scholar- ship

Sophia Ellmaker

Ames Arcadia Lodge Masonic Scholarship

Brett Johannes

Ames High School Alumni Association Scholarship

Karen Hsu

Ames Noon Kiwanis Scholarship

Collin Moon

Ames Rotary Scholarship Founda- tion

Kari Marty, Rebekah Hartman

Ames Woman's Club Award

Rebekah Hartman, Amy Gardner,
Elizabeth Trede

Bernie Saggau Award

Kevin Lawler

Beta Tau Delta - Helen Jones Memorial Scholarship

Angela Smith

Beta Tau Delta Scholarship

Sophia Ellmaker, Amy Gardner

Brent Anderson Memorial Scholar- ship

Kim Windom

Daughters of the American Revolution Good Citizen Award

Kim Windom

Ed Vogel Memorial Scholarship

Mary Jo Weber

Governor's Youth Leadership Award

Karen Hsu

Hanger Foundation Scholarship

Mike Bryant

Iowa 4-H Alumni Scholarship

Liz Trede

Iowa Credit Union League Family Involvement Board Scholarship

Amy Gardner

Iowa Peace Project Award

Eva Hernandez, Karen Hsu

Jostens Foundation Leadership Scholarship Finalist

Karen Hsu

Loras Leadership Award

Kari Marty

National Scholastic Press Associa- tion Editorial Leadership Award

Karen Hsu, Missy Yungclas

Principal's Leadership Award

Karen Hsu

Story County Bar Association

American Citizenship Award

Amy Gardner, Karen Hsu, Kirsten
Lassila, Kevin Lawler

INSTITUTIONS

Bellevue College Academic Scholarship

Mike Eagan

Bradley University Academic Scholar

Kari Marty

Central College Distinguished Scholarship

Mike Eagan, Leigh Ann Powell,
Diana Vander Schaaf

Central College Presidential Scholarship

Mike Eagan

Centre College Presidential Scholarship

Karen Hsu

College of Saint Benedict Achievement Scholarship

Rebekah Hartman, Kelli Oshel

Creighton University Academic

Linn Scholarship

Crystal Houge, Liz Trede



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Grinnell College Bowen Scholarship

Adrienne van der Valk
Grinnell College Trustee Honor Scholarship
Steven Edelson, Carlos Wesley
Iowa State University with Academic Recognition
Katie Abendroth, Erin Block, Shirley Keller, Kim Windom, Karen Sternberg, Mike Eagan, Frank Greer, Rebekah Hartman, Kari Marty, Shawna Pace, Dan Patrick, Avanti Athreya

Loras College Academic Scholarship

Kari Marty
Iowa State University "STAR" Scholarship

Mike Eagan
Iowa State University Athletic Scholarship

Tendai Muyengwa
Iowa State University College of Agriculture Blossom Brandt Scholarship

Dan Patrick
Iowa State University College of Engineering: The Marston Club Scholarship Fund

Rebekah Hartman
Northeast Missouri State Renewable Combined Ability Scholarship

Kari Marty
Northeast Missouri State University President's Combined Ability Scholarship

Shannon Dau, Ben Douglas, Karen Hsu, Anna Terpstra, Adrienne van der Valk

Northeast Missouri State University President's Honorary Scholarship

Jennifer Weiss
Northeast Missouri State University President's Leadership Scholarship

Karen Hsu
Northwest Missouri State Regent's Scholarship

Kari Marty, Alison Doyle
Iowa State University College of Family & Consumer Sciences Undergraduate Scholarship

Sophia Ellmaker
Iowa State University Distinguished Scholar Award

Avanti Athreya, Dan Patrick, Katie Abendroth, Rebekah Hartman, Kim Windom

Iowa State University Dow Chemical Scholarship

Kim Windom
Iowa State University H. Stuart Kuyper Scholarship

Kim Windom
Iowa State University Women in Science and Engineering Scholarship

Kim Windom
Knox College, Ellen Browning Cripps Scholar

Lana Hertz
James College of Hairstyling Academic Scholarship

Shannee Kruse

DePaul University Dean's Education Scholarship

Rachel Wilke
Drake University Presidential Scholarship

Crystal Houge
Luther College Regent Scholarship

Dan Patrick, Amy Gardner
Oberlin College Presidential Scholarship

Carlos Wesley
Ohio Wesleyan University Dean's Award

Martha Whitaker
Simpson College Honors Scholar

Amy Gardner
Simpson College Presidential Scholarship

Mike Eagan
Simpson College United Methodist Scholarship

Mike Eagan
Southwest Missouri State Golf Scholarship

Lisa Horton
St. Louis University Scholarship

Ann Moore
University of Iowa College of Engineering Honors Freshman Scholarship

Erin Hoffmann, Justin Wilcox
Rice University Herbert Allen Scholarship

Carlos Wesley
University of Iowa, Patrick & Irma Freeley Scholar (Athlete Award)

Kevin Lawler
University of Missouri, Columbia Excellence Award

Karen Hsu
University of Northern Iowa Athletic Award

Kevin Lawler
University of Northern Iowa Academic Scholarship

Rebekah Hartman
University of Northern Iowa Recognition Scholarship

Shirley Keller
University of the South Scholarship

Wartburg Presidential Scholarship

Jennifer Shierholz

MILITARY

Air Force ROTC Scholarship (Iowa State University)

Ben Ford
Army ROTC (Iowa State University)

Ben Ford, Charlie White
Navy ROTC Scholarship

Charlie White
Navy ROTC/Marine Option Scholarship

Karen Hsu, Michael Cronin
NROTC Rear Admiral Scholarship (Iowa State University)

Michael Cronin



Top 10 percent. Front Row: Andrea Muchinsky, Jennifer Weiss, Shawna Pace, Leigh Ann Powell, Emily Kim, Angela Smith, Liz Trede, Karen Hsu, Rachel Wilke, Kim Windom. **Second Row:** Avanti Athreya, Erin Hoffman, Anna Terpstra, Erin Block, Katie Abendroth, Shirley Keller, Christine Hausner, Morris Liao, Dan Patrick. **Third Row:** Kelly Hawley, Kari Marty, Carlos Wesley, Soumia Dahane, Terrill Johnston, Karen Sternberg, Crystal Houge. **Back Row:** Mike Eagan, Bryce Hill, Kevin Lawler, Jonathan Good, Steve Edelson, Frank Greer, Rebekah Hartman, Jeremy Rhyan.

Interviews and essays

As the end of the year approached, seniors began to fill out applications to colleges and prepared for their last day of school. For some, this was a challenge. Interviews could be nerve-racking and as a result, led to some unfortunate accidents.

"I was really nervous for my interview with Cornell University. First of all, I was 15 minutes late trying to find their house and I felt really bad. There was a husband and wife that interviewed me and they offered me hot chocolate; I accepted the offer. But halfway through the interview, I reached over for my yearbook because I had brought it with me. I tipped the cup over and hot chocolate spilled all over the coffee table, carpet and me. I felt horrible because the carpet was a light color and hot chocolate was really dark," senior Karen Hsu said.

Aside from embarrassing

interviews, many students found easier ways to gain admission into college.

"I got lucky. I only had to write two essays even though I applied to five colleges. The questions were mostly the same so I made it look like I answered the question only once," senior Steve Shapiro said.

Other students procrastinated a little too long.

"On my application to Northwestern, we had to write three essays, one we had to make up. In Advanced Composition we learned how to write essays. I waited so long that I had to use the one I wrote in class," senior Jennifer Ng said.

Once the application process was over and the days before graduation dwindled, seniors could only check their mailboxes to see if their writing and interviewing skills had paid off.

By Jenny Ellett

faculty

How has Ames High changed since you've been here?

"It's a little more crowded and there is more use of the Media Center."

-media secretary Peg Jacobson

"When I came in 1959, only a half-dozen students drove cars to school; there was no student parking lot."

-Associate Principal Bill Ripp

"Probably one of the biggest changes was going from a three year to four year high school in 1987. There was a shortage of classrooms and there were many more students and staff."

-secretary Georgia Vondra

"Registration used to be self-scheduled instead of com-

puter scheduling. It took the students two days to schedule their own classes; it was a mess."

-educational assistant Mary Buck

"The students are more open and honest with their teachers and peers than they were five years ago when I came."

-cheersquad adviser Diane Wilson

"Dr. (Ralph) Farrar once said, 'A humane school is one where students and staff have choices.' So in the last 24 years, one of the biggest changes at Ames High School has been the increasing number of choices for learning and teaching for both students and staff."

-English teacher John Forssman

Roger Andersen: Instrumental Music, Freshman Band, Marching Band Assistant. **Linda Andorf:** Special Needs, High School Integration Program Advisor. **Joni Bachman.** **Keith Bailey:** Physical Education. **Bill Barrett:** Consumer Math, Special Needs Science, Special Needs Industrial Arts, Language Arts, Vocational Preparation, Community Mobility, Special Needs Workshop.

Cindy Bland: Educational Assistant. **Carolyn Bolinger:** Freshman English, Advanced Composition, Perspectives in American Literature, Sophomore English Writing Workshop. **Ron Bredeson:** Algebra I, Formal Geometry, Chess Club Sponsor. **Judy Brunner:** Trigonometry, Analytic Geometry, General Math, Pre-Algebra. **Karen Bruton:** Instructional Support.

Mary Buck: Educational Aid - Science Department. **Kim Burnett:** Peer Helper Coordinator, Ambassadors, Student Assistance Team. **Judith Burris:** Educational Assistant. **LoAnn Campbell:** Honors American Literature, Survey of American Literature, American Literary Masterpieces, Advisor for National Council of Teachers of English Achievement Awards in Writing. **Lucy Carey:** Special Education Educational Assistant.

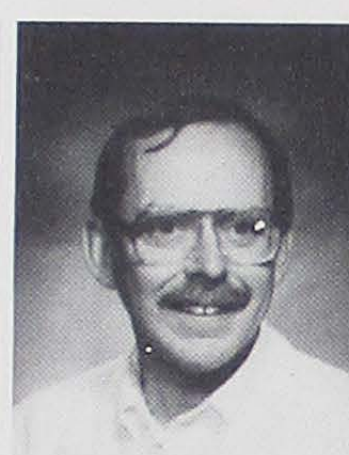
Judith Carlson: German. **Keith Carlson:** Advanced Placement English, Perspectives in Literature, Freshman English, British Literature, Human Relations Committee, Building Facilitator. **Pat Crow:** Special Education Assistant. **DeAnn Decker:** Student Assistance Counselor. **Carol Doering:** Media Assistant.



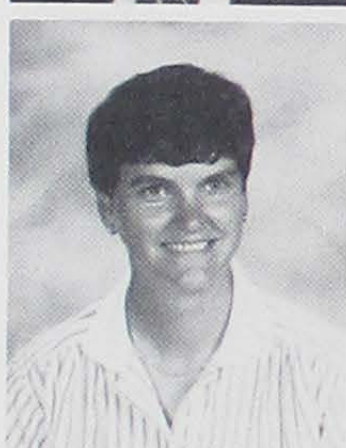


during a ceramics class, teacher Susie Petra and junior Jennifer Schrad check on pottery. They were using an outdoor firing technique called raku. In addition to ceramics, Petra taught jewelry, drawing, graphics, sculpture and foundations of 2D and 3D art classes.

at the winter sports assembly Dec. 18, teacher Leonard Larson talks to the crowd about the packet of shampoo he's selected. He then threw the shampoo to the swimmers. He was a new teacher in the resource room. (Photo by Abby Klaas)



Harold Dorr: Biology, Survey of Biology. **Jim Duea:** Honors U.S. History, U.S. History, Head Girls' Track Coach, Assistant Football Coach. **Gerald E. Dunn:** Biology. **Kari Ellett:** Secretary. **Doug Elliot:** Custodian.



Don Faas: Trade and Industrial Technology Coordinator, Auto Mechanics. **Elaine Faas:** Attendance Secretary. **Traci Faber:** Educational Assistant. **Ralph Farrar:** Principal. **John Forssman:** English 10 Literature, Honors English 10 Literature, Honors Writing Workshop, Survey of American Literature.



Betty Furr: German I, II, III, IV; Human Relations Committee. **Merle Garman:** Keyboarding, Business Law, Business Math, Business. **Karlene Garn:** Media Specialist. **Robert Gibbons:** Honors Biology, Biology. **Reggie Greenlaw:** Mental Disabilities Teacher, Language Arts, Consumer Math, Social Studies, Vocational Preparation, Experience-Based Career Exploration, Community Mobility.



Susan Greulich: Educational Assistant. **Joni Griffith-McNab:** Adult Education Coordinator. **Dorothy Gugel:** Art, Photography. **Jean Hagert-Dow:** Drawing, Advanced Drawing, 2-Dimensional Art, Photography. **Marilyn Hanson:** AP Calculus AB, Trigonometry, Analytic Geometry, Mathematics Department Coordinator.

Ken Hartman: Chemistry, Honors Chemistry. **Bev Horn:** Resource English, Resource Math, Resource Personal Development, Resource Career Education, Resource Science, Resource Social Studies, Resource Government, Resource Enrichment. **Steve Hosch:** Enrichment English, Math, U.S. History; Resource Room. **Mary Huizenga:** Applied Mathematics I and II; Asst. Math Teacher. **Clemmye Jackson:** Students-at-Risk Coordinator.

Roger Jacobson: Consumer Economics, Keyboarding, Introduction to Business, Accounting, Advanced Accounting. **Dan Jensen:** U.S. History, World Studies. **Phil Johnson:** Formal Geometry, Informal Geometry, Key Club Adviser. **Jane Jorgensen:** Educational Assistant. **Tom Jorgensen:** Sociology, U.S. History, World Studies, U.S. Government, Girls' Assistant Track Coach.

Ann Junker: Developmental Reading, Basic Composition, English 9. **Mary Kautzky:** Modern Dance, Physical Education, CPR 10, Terpsichore Coordinator. **Dick Lang:** Drafting/Graphics, Metals/Plastic, Power & Energy, Electricity/Electronics, Computer Applications, Computer Programming, Computer Science, Consumer Arts. **Leonard Larsen:** Enrichment English 10, Career Math, World Studies; Resource Room. **Diane Larson:** Special Needs HIP Adviser.

Sue Lawler: Spanish I, II, III. **Bud Legg:** 9-12 Counselor, Author of AHS Profile and Newsletter, Standardized Testing Coordinator. **Steve Linn:** Concert Chorale, Treble Choir, Concert Choir, Freshman Choir, Madrigal Singers, Chamber Singers, Bass Choir. **Jim Lippe:** Survey of Chemistry. **Ylene Longwell:** Media Assistant.

Leslie Maze: Guidance Counselor, Big Sis/Lil' Sis, Sophomore Senate. **Mary Mekemson:** Multicategorical Special Class. **Jack Mendenhall:** Physical Education, Wrestling Coach, Department Coordinator. **Terri Mickelson:** Spanish II and IV, Spain Trip Sponsor. **Jean Miller:** Project Success, Orientation Program, Student Assistance Team.

Sharon Morford: Foundations of Algebra, Enrichment English 11, Career Prep. **Kendi Neff-Parvin:** Web Adviser, Spirit Adviser, Introduction to Journalism, English 10 Literature. **Paul Olson:** MC Computer Specialist, Project Success Coordinator. **Jane Olson:** Counselor, Student Council Adviser. **Janet Olson:** Guidance Secretary.

Carl Pelzer: English 9, Sophomore Composition, Assistant Varsity Football Coach, Assistant Boys' Track Coach. **Dee Penning:** Heartland Consultant. **Suzanne Peters:** Enrichment English 9 & 10, Fundamentals of English, Resource Room. **Mike Petersen:** Survey of Physics. **Barbara Peterson:** Spanish II & III, National Spanish Exam





Susie Petra: Foundations 2-D; Foundations 3-D; Graphics I, II, III, IV; Drawing I; Jewelry I, II, III, IV; Sculpture I, II, III, IV; Ceramics I, II, III, IV; Advanced Problems.



Mary Kay Polashek: Orchestra Theory, Orchestra Director.



Dave Posegate: Athletic Director.



Alice Richard: Project Success.



Bill Ripp: Associate Principal.



Harold Rittgers: Custodian.



Tom Russell: Heartland Psychologist.

It's time to retire when...

"One feels they need a change and when they are financially able to do so."

—Physics Teacher Michael Petersen

"You can't remember the assignment yourself, and you're the one with the late papers."

—English Teacher Keith Carlson

"When I have enough money saved to go to Australia and the kids are out of college."

—Media Assistant Carol Doering

"The workplace is not exciting, challenging and eventful."

—Dean of Students Dale Tramp

"When you've lost your sense of humor."

—Business Department Coordinator Rose Wilcox

"When the burn-out level affects your quality of teaching."

—Choral Director Steve Linn

"There is no pleasure in one's work."

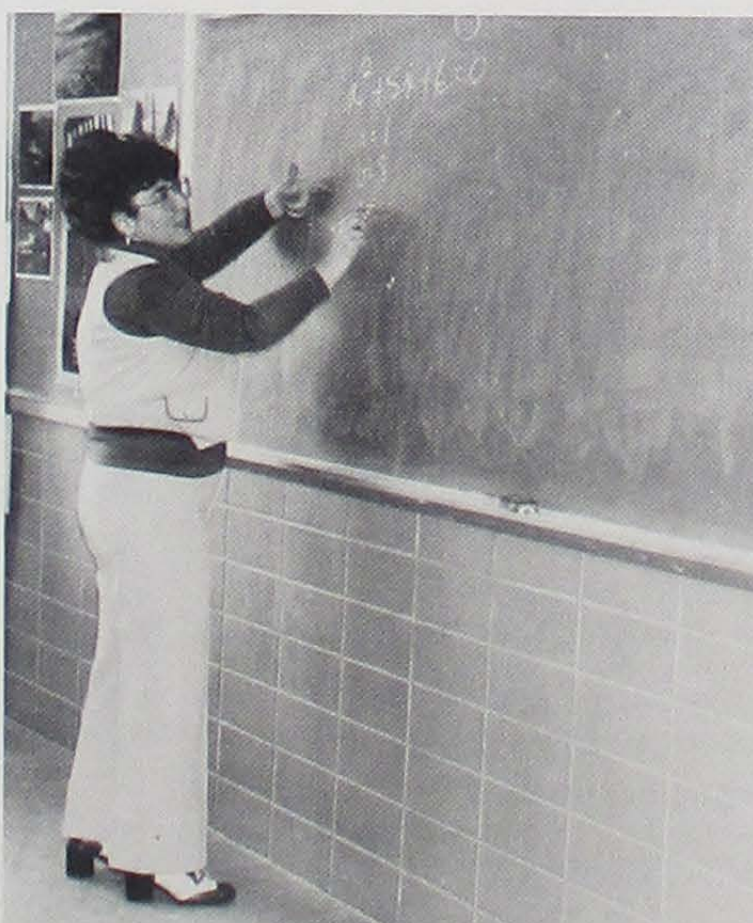
—Special Education Teacher Mary Mekemson

"When it's cold outside."

—Educational Assistant Jane Jorgensen

"When the people you work with make you crazy."

—French Teacher Sally Schonhorst



At his going away party on Jan. 15, business teacher Roger Jacobson, English teacher John Sletten and media specialist Karlene Garn discuss his trip to Australia. Jacobson participated in a teaching exchange program second semester. Australian teacher Alan Campbell taught Jacobson's classes. (Photo by Abby Klaas)

Showing her school spirit during math class, teacher Virginia Swenson sports an outfit from the 60's. The cheerleaders planned such dress-up days during the week leading up to their winter pep assembly.

Donna Schepers: Adult Living, Child Development/ Parenting, Foods and Nutrition I & II, Textiles and Clothing I & II, Housing/Interior Design, Family and Consumer Sciences Department Coordinator. **Kirk D. Schmaltz:** Health 10, Health Concepts & Biology, Head Girls' Cross Country Coach, Assistant Girls' Track Coach. **Sally Schonhorst:** French II, III, IV; Foreign Language Department Coordinator. **Marvin Scott:** World Studies, Western Civilization, Economics, Debate Coach, Model United Nations Sponsor, Legion Oratory Sponsor. **Laura Shanks:** Educational Assistant, Special Education.

Susan Shields: Secretary. **Bernadette Siebert:** Guidance. **Vince Simon:** Custodian. **Norma Sisson:** Media Center Department Coordinator, Media Specialist. **John Sletten:** Survey of American Literature, Introduction to Mass Media, English 10 Speech and Writing Workshops, Discussion and Argumentation, Advanced Composition, Head Boys' Track and Cross Country Coach.

Karleene Smith: School Nurse. **Mona Smith:** Advanced Composition, Basic Composition, Creative Writing, Spanish I, English Department Coordinator. **Suzanne Spoden:** Assistant Principal. **Ann Stokka:** Bookkeeper. **Nancy Svien:** Earth Science, Physical Science, Head Girls' Swimming Coach.

Jerrold Swenson: Woodworking & Drafting. **Virginia Swenson:** AP Calculus BC, Algebra II. **EleNore Tallman:** Career Preparation 12, Enrichment English 11 & 12, Fundamentals of Algebra I & II, Fundamentals of Geometry. **Julie Thompson:** Survey of Chemistry, Survey of Physics. **Dale Tramp:** Dean of Students, Guidance Counselor.



What is the most embarrassing thing you have done in front of a class?

"A student put a *Playboy* centerfold on my movie screen. When I went to unroll it, it fell off."

-social studies teacher Marvin Scott

"I backed up and stumbled into a trash can and fell into it."

-English teacher Mona Smith

"I showed up for class with my pants unzipped twice in a row."

-Extended Learning Program Coordinator Kirk Daddow

"I yelled at the wrong kid and made him come all the way to the front and disciplined him."

-study hall supervisor Judge Johnston

"I fell into the pool in front of

the swim class."

-physical education teacher Mike Wittmer

"I went into Kirk Schmaltz's class to get a student out and ended up in his office instead of the hall."

-secretary Susan Shields

"I gave a lecture to the wrong class. I gave a Mass Media lecture to a Discussion/Argumentation class."

-English teacher John Sletten

"I mispronounced the metamorphic rock called Shist."

-math teacher Steve Adams

"I tripped over a cord and disappeared behind the lecturn."

-English teacher Carolyn Bolinger



School Board. Front Row: Mike McGinness, Brian Anderson, Howard Shapiro. Back Row: Ron Rice, superintendent, Marilyn Moehlmann, Tim John, Carolyn Jons, Bill Summers.



Jack Troeger: Earth Science 9. **Gene Ulvestad:** 9th Algebra I, Algebra I. **Tony Vander Zyl:** Advanced Algebra, Statistics and Probability, Basic Geometry. **Mary Van Marel:** English As A Second Language, Career Exploration. **Elizabeth Verhoeven:** Advanced Algebra, Algebra 9, Mock Trial Coach.

Bruce Vertanen: Behavior Disorders, Head Girls Basketball Coach, Assistant Varsity Football Coach, Assistant Varsity Track Coach. **Georgia Vondra:** Secretary. **Jerry Vos:** Special Needs Teacher, Vocational Preparation, English, Math, Reading, Life Skills. **Julianne Ward:** Heartland Social Worker. **Mary Wauson:** Special Needs.

Larry Wearth: Custodian. **Barbara White:** English 9, Writing 10, Speech 10, Literature 10, Basic Composition. **Richard White:** Anthropology, U.S. History, U.S. Government, Social Studies Department Coordinator. **Rose Wilcox:** Business Applications, Business Communications, Keyboarding, Word Processing, Advanced Word Processing, Speedwriting, Business Education Department Coordinator, Cadet Teaching Coordinator. **Charles Windsor:** Physics, 9-10 Boys Intramurals Director, 9-12 Girls Intramurals Director.

Nikki Wittmer: Associate Principal's Secretary. **Toni Woodman:** French I, Spanish I. **Hilary Ziebold:** Teaching Assistant, Special Olympics Coach. **Larry Zwagerman:** 9-12 Counselor, Guidance Department Coordinator.



Food Service Staff. Front Row: Darlene Hade, Judy Hopson, Oleta Dass, Sharon Mott, Mycia Law. **Back Row:** Ray Huston, Cathy Craven, Shirley Hulse, Carla Mulvaney, Pety Montag, Vicky Greenlee, Joyce Bowers, Irene Keever, Marilyn Larson, Mary Money.

Not Pictured

Darrill Abel: Applied Economics, Keyboarding, DECA Sponsor. **Stephen H. Adams:** Earth Science. **Kirk Daddow:** AP Western Civilization, ELP Director, Head Football Coach, *Scratch Pad* Advisor, Amnesty International Sponsor, Academic Teams Coordinator. **Anita Dyer:** Media Secretary. **Caroline Faisal:** Educational Assistant. **Wayne Fruehling:** Parking Lot Attendant. **Angie Fry:** Educational Assistant. **Nancy Gaertner:** Algebra 9, Informal Geometry. **Homer Gartz:** Band Department Coordinator. **Marilyn Goll:** School Nurse. **Wayne Hansen:** Sophomore Communications Workshop, Discussion and Argumentation, Speech I, Basic Composition, Drama Activities, Theatre Arts, Thespian Sponsor, Director of Theatre Productions. **Robert Heiberger:** Driver Education. **John Hilgersen:** World History. **Peggy Jacobson:** Media Secretary. **Judge Johnston:** Educational Assistant. **Richard Liebich:** Custodian. **Steve Linduska:** Manager of Information Systems. **Bridget McCarley:** Educational Assistant. **Frank McGreevy:** Custodian. **Tom Nehls:** Band Assistant Director. **Dennis Pinta:** Custodian. **Mike Riddle:** Educational Assistant. **Bill Ripp:** Associate Principal. **Annette Rowley:** English/Speech. **Richard Schneider:** U.S. Government, Social Psychology, U.S. History. **Sorn Somsanith:** Custodian. **Kim Sowards:** Educational Assistant. **Bob Uetz:** World Studies, American Government (summer), Project Success, 100th Green Butterfly Advisor. **Phyllis Wirth:** Receptionist/Switchboard.

back to reality

m

oney. As teachers droned on in the spring about electron configuration or the significance of James Joyce's writings, it was easy to daydream about the things we could do with money we got for graduation or wages we earned at part time jobs. At the same time, we weren't completely selfish either. We

realized that there were others less fortunate, and during Welfare Week in April, we raised over \$2,000 for The Heart Connection, an organization that helps kids with cancer.

But when it came to education, local voters guarded their wallets when the school district proposed for a \$22 million bond issue for technology, building renovation and construction. As a result, it was the first school bond issue in the history of the Ames School District to fail.

Voters weren't the only people to hesitate when it came to money. Students and parents looked with dejection at soaring tuition rates; many opted to stay in-state instead of going off to a private college in another state.

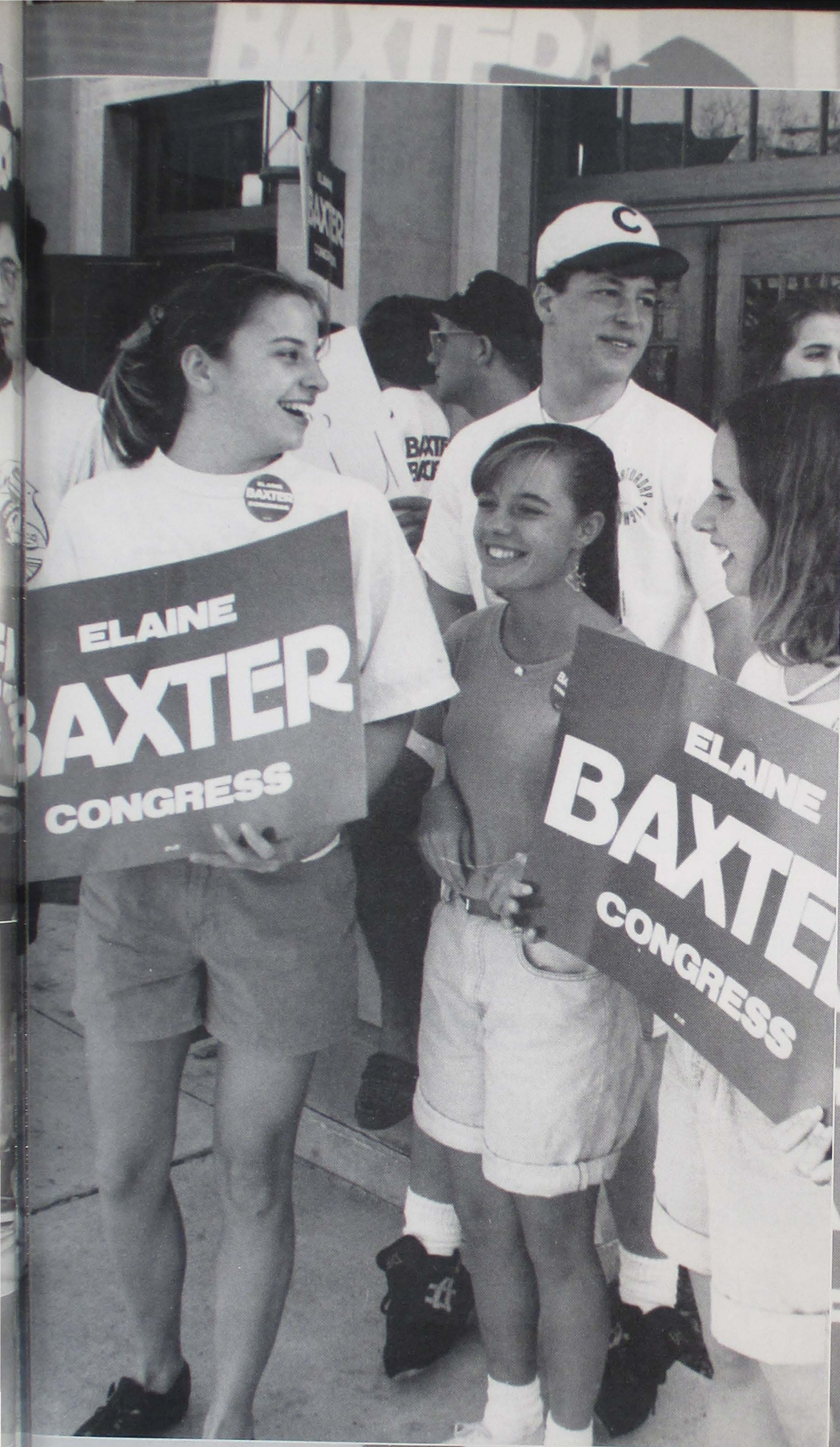
Although we dreamt of big salaries and inspiring careers as our high school days came to a close, empty pockets from going out to lunch, buying graduation gifts, and paying book fines led us back to reality.

By Karen Hsu



†ying up loose ends at the end of the year, senior Kim Schropp prepares to deposit checks for ad sales and yearbook sales. Schropp was the *Spirit* business manager and handled bookkeeping tasks. (Photo by Kendi Neff-Parvin)





ads

- 220 Craig Carroll Photography
- 221 Cub Foods, The Daily Tribune
- 222 Stenberg Concrete Construction Inc., Sigler Printing
- 223 Wilson Olds-Cadillac Co., T Galaxy, Snyder Drug, Beverly's Gift & China Shop, Coach House Gifts, The Head Shop
- 224 Senior Ads
- 225 Devereaux Electric, Subway, Jim Wagner Lincoln-Mercury-Nissan
- 226 Emerhoff's Footwear, Beacon Microcenter, Dr. Donald Good, Friedrich Iowa Realty, Sunquarters/Headquarters, Super Spud
- 227 Wal Mart, Drug Town, Cy Ride House of Chen, H&R Block, Ames Cycles
- 228 McFarland Clinic
- 229 Fareway, Ames Sewing & Vacuum Center, Iowa Eye Care Physicians, Callie's Corner, JC Penney
- 230 Senior Ads
- 231 The Ark Pet Shop, Grau Construction, Hair Etc., Beth Clarke Studio of Dance, Toyota-Mazda of Ames, Troxel Roofing
- 232 Bentley and Buddies, Michael's Cyclery Ski & Fitness, Save U More
- 233 KFC, Great Plains Sauce & Dough Co., Taco Time, First Star Bank, Linda Glantz Interiors
- 234 Mary Kay's Flowers & Gifts, Mayfair One Hour Cleaners, Nelson Electric, Engeldinger's Young People's Outfitters, DD Pyle, Baskin Robbins
- 235 Valentino's, Sail Aweigh Travel, Schropp's Cabinetry and Woodworking, Wallaby's, Hickory Park
- 236 Severson Insurance, Ames Oral Surgeons, Benson Motor Inc., Country Kitchen, Classical Express, Pete Tekippe Photography
- 237 Senior Ads
- 238 Agri Pro, Adams Funeral Home, Dr. Thomas Stark, First National Bank, Creative Hair Designers, Happy Joe's
- 239 Hy Vee, Nite Owl Printing, Music Center, Patrons
- 240 Wandling Engineering
- 241 Kemp's Service, Carr Hardware, Gateway Insurance Services, Ames Silversmithing, Patrons
- 242 McDonald's, Allied Realtors, Downtown Deli
- 243 George White Chevrolet-Pontiac-Geo, Ames Parks and Recreation, Sugar Tree Ltd.
- 244 Senior Ads

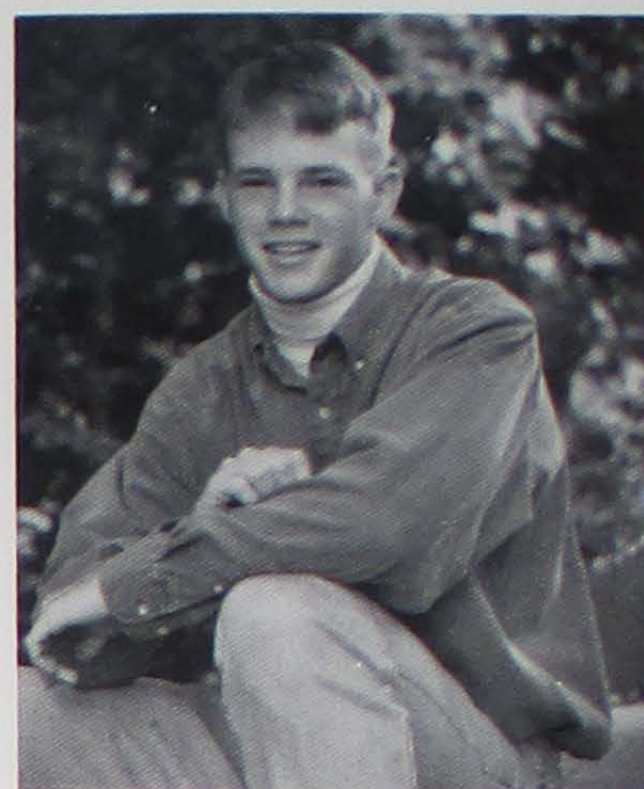
Rallying at city hall, seniors Bill Lamont, Dana Patterson, Matt Biskner, Amy Ogle, and Sara LeBrun show their support for Democratic congressional candidate Elaine Baxter before her debate against Jim Ross Lightfoot. (Photo by Abby Klaas)



Karl Marty



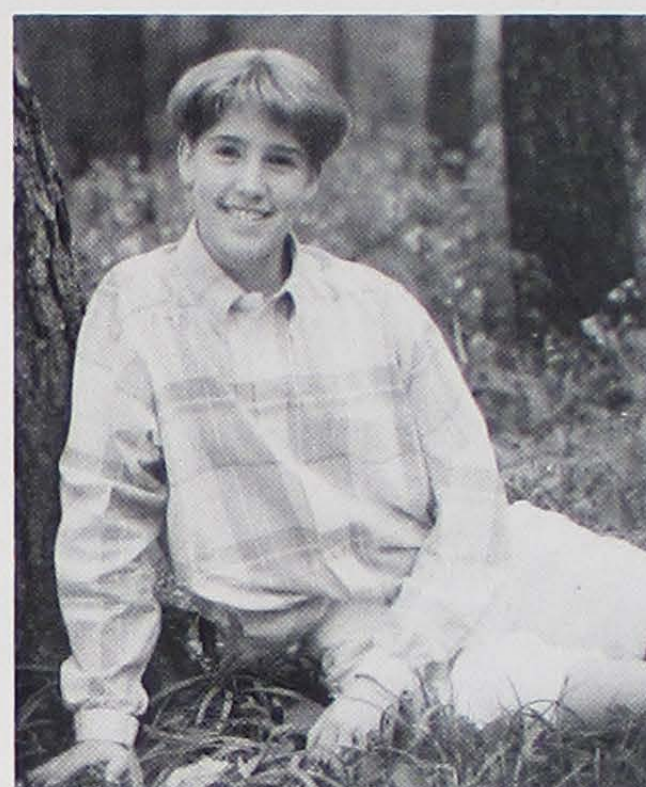
Bryn Takle



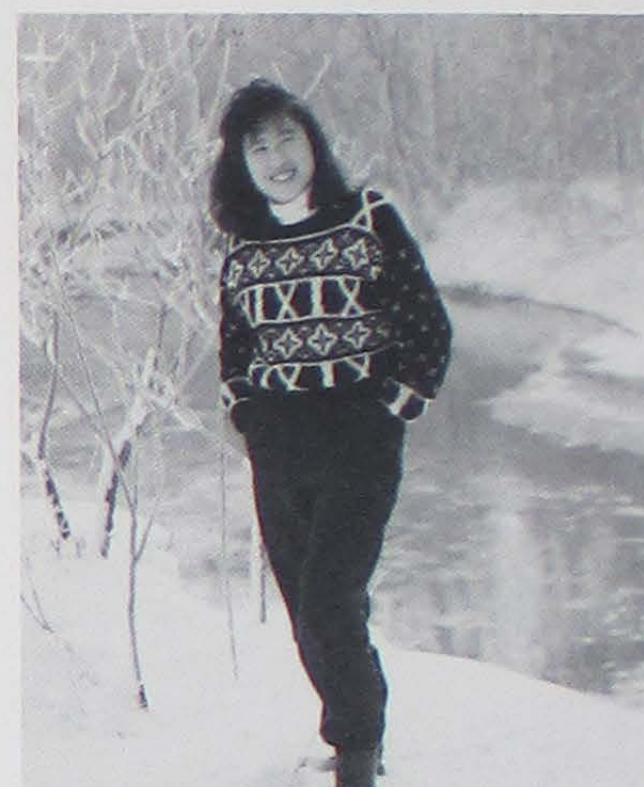
Dan Ricketts



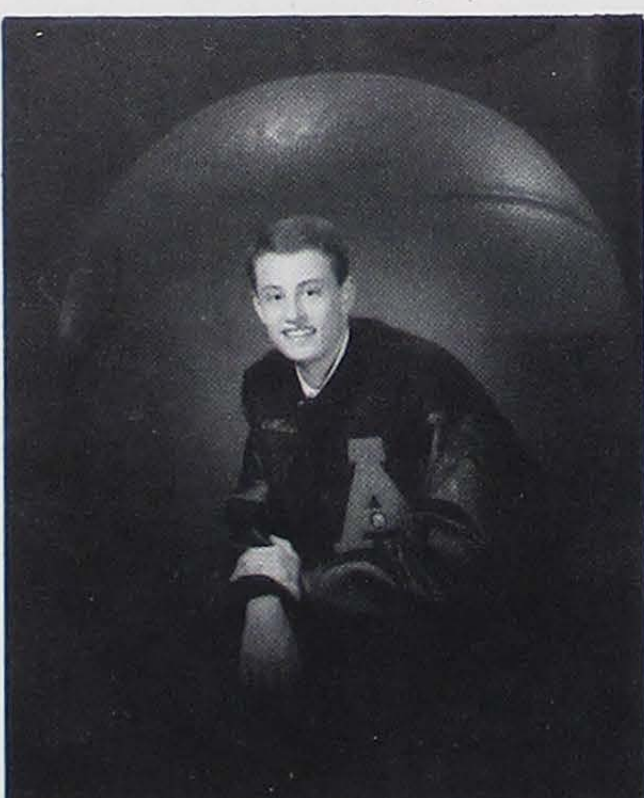
Anissa Umbaugh



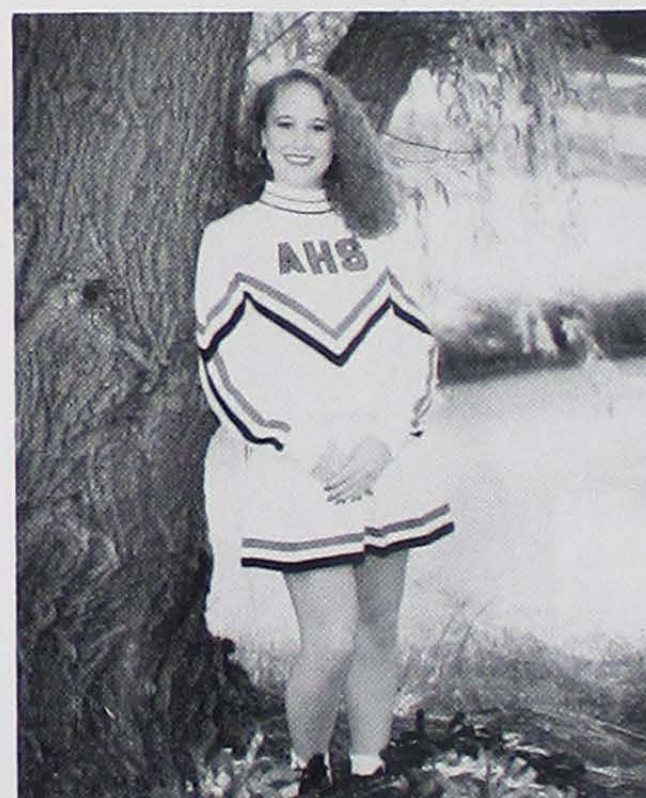
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Mike Eagan



Tami Johson



Kevin Lawler

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High school memories are made of this...

Little Cyclones playoff-bound!

First postseason bid
since 1988 comes
after 25-7 triumph

By PETE GRATHOFF
Assistant Sports Editor

AMES — Ames High running back Storm Gould is living proof that dreams do come true.

"Ever since I was about three years old I've been wanting to play in the playoffs," Gould said. "That's all I've been dreaming about since playing football since I was little."

"This is a dream of mine that's for sure."

Gould is a big dream come true here Friday night as the Little Cyclones (7-2) defeated Ankeny, 25-7, to earn a Class 4A playoff spot, their first since 1988.

Ames will travel to Marshalltown to face the Hotcats on Wednesday. The Little Cyclones defeated Marshalltown, 41-20, earlier this year in a game played at AHS Stadium.

The Little Cyclones secured a win to make the playoffs and that victory seemed to come early as the team scored in a 7-0 lead in the first quarter.



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Jason Younie
Whatever road you
choose, we're right
behind you win or
lose, 'cause in our
hearts you'll remain
forever young.
—Mom & Dad



Shawn Peter Kleibenstein

You are a great son and
brother. We are proud of
you and wish you all the
best in life. Keep life
enjoyable and have fun.
—Mom, Dad, Dan
& Heather



Keith Sansgaard

Way to go you little devil!! Who
would have thought you'd turn
into such a little angel?
Love,
Mom, Jim, Bob, Anna & Ryan

Nilesh Narotam

Congratulations
Nilesh! We are so
proud of you and
wish you happiness
and success in the
future.
Love,
Mom, Dad & Dhiren



Anjeanette Levings

"Wearing all that weight of learning
lightly like a flower." —Tennyson
Hope all your future learning wears
lightly. We're very proud of you.
— Mom, Dad and Seth

Christine Recker

You're the
greatest!
We love you.
—Mom, Dad, Beth,
Mike, Ben



Daniel Patrick

Congratulations on
your past achieve-
ments; we know there
will be many more.
We're proud of you!
Love,
Dad, Mom & Emily



Kimberly Denise Windom

Always smiling- What a happy child
you were! You have grown up into a
beautiful, compassionate, and spirited
young woman. We are very proud of
you.
All our love,
—Mom, Dad and Steve

Jennifer Shierholz

Never lose your
wonderful enthusiasm
for life. You are a
treasure! We love
you.
—Mom, Dad, Carl
& Heidi



Ammi Danielle Loutzenhiser

You have bright-
ened our lives. We
are so proud of you!
Love,
Dad, Mom, Peter
& Jonathon



Anna Rose Terpstra

Great moments
ahead; And our
love always.
—Dad, Mom,
Shelly, David



Eric Burlingame

Hard work pays off. We're proud
of you. Congratulations!
Love,
Mom, Mike & Khara

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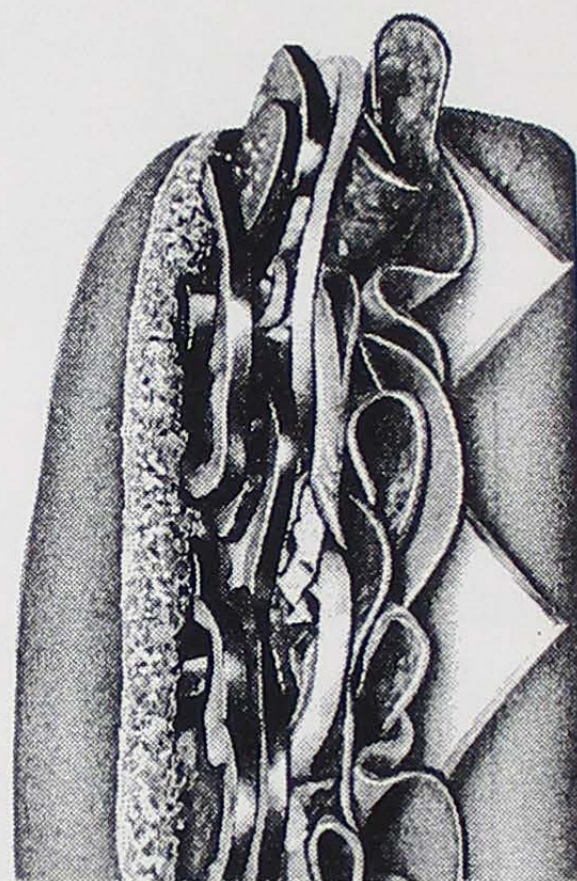
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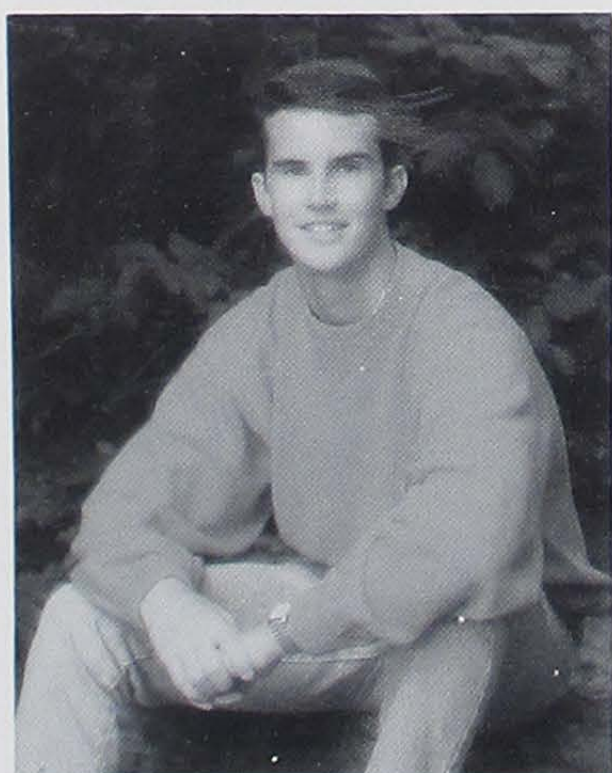
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Jonathan Good

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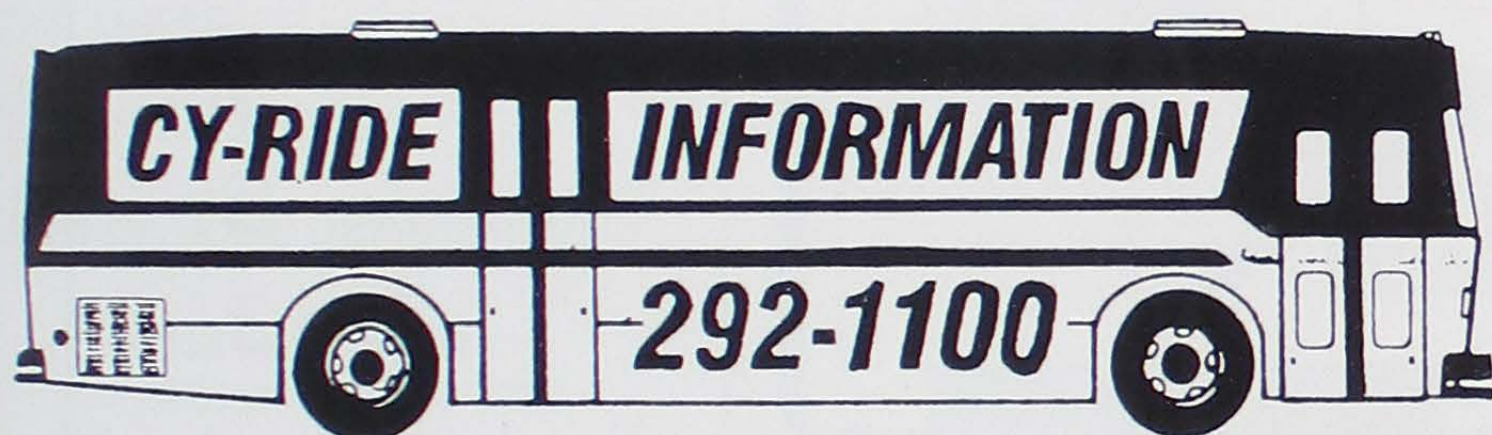
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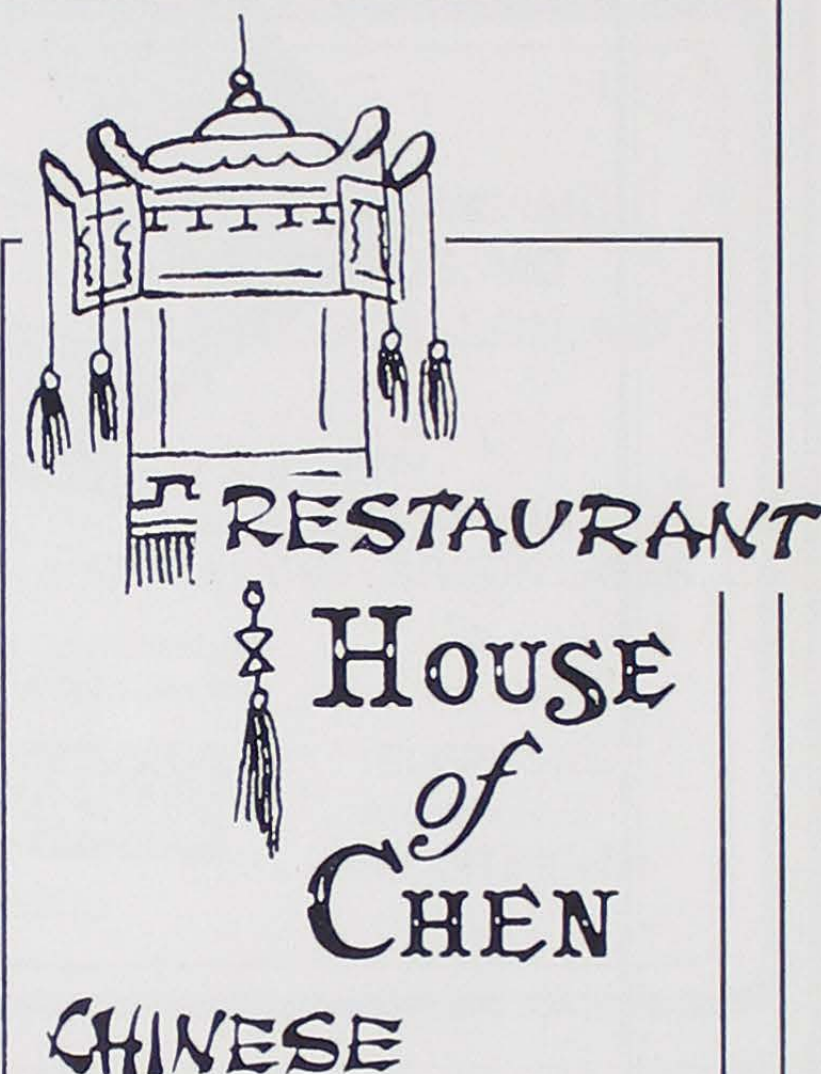
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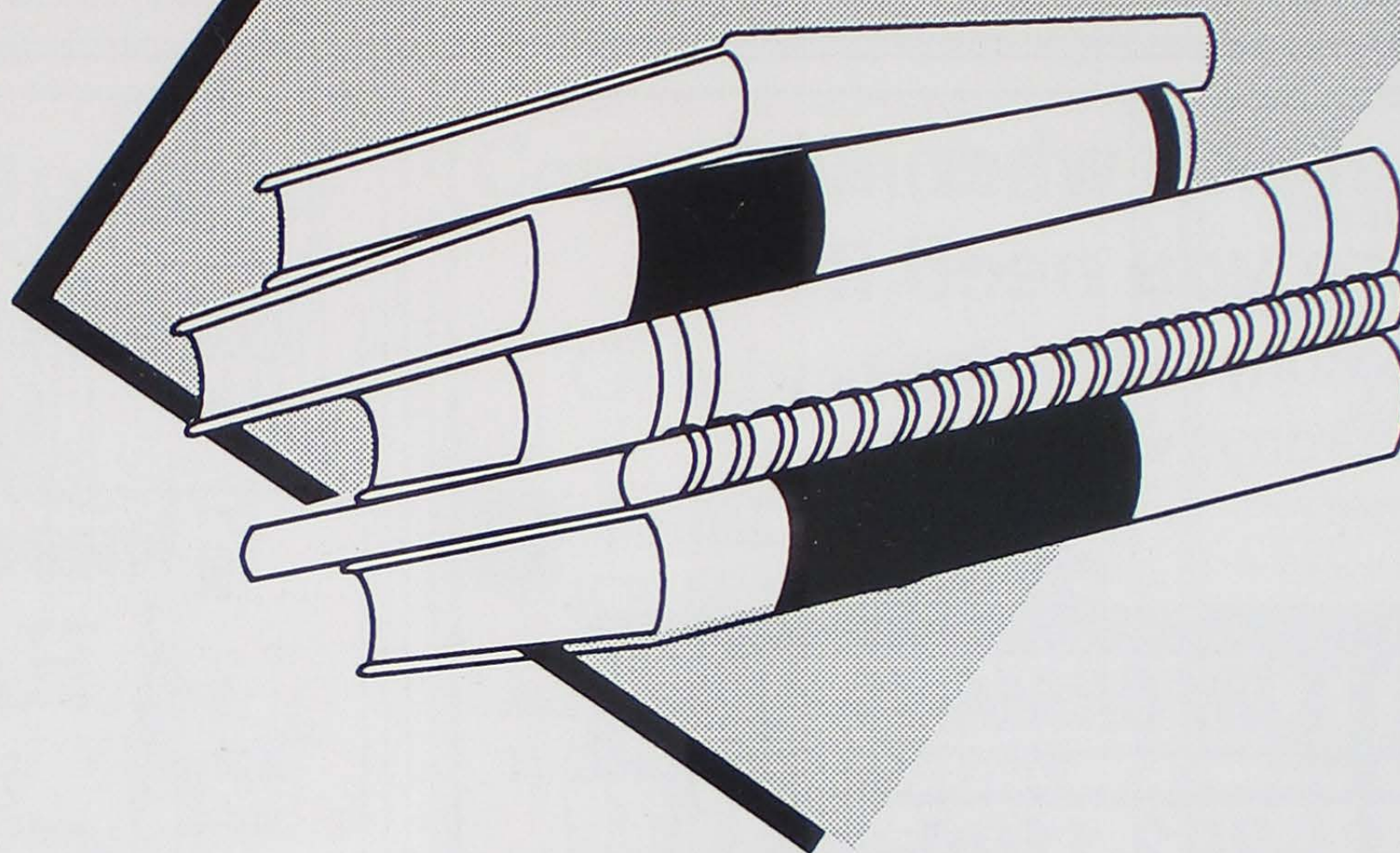
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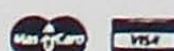
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Abigail Klaas

To our baby—
good luck in your
after-Ames-High
daze.
—All our love,
Mother, Dad, Zack,
& Ben

**Susan Kate****Rogers**

Congratulations,
Our prayers will
always be with you
and we love you.
—Mom and Dad

**Kevin Lawler**

There will be lots of great plays
in your future. Good luck. Play
well.

Love,
Mom, Dad and Brad

**Kristi Gray**

Whatever paths
you follow in the
future- never forget
the road home. We
love you!
Love,
Mom, Dad, & Rob

**Kelleigh
Shonrock**

We do not stop playing
because we are old;
we grow old because
we stop playing.
Love,
Mom, Dad, Turkey,
Bear, & Goose

Dana**Patterson**

You've added so
much to our lives.
May all your
dreams come true.
Love,
Mom, Dad & Mike

**Karen Hsu**

Congratulations Karen!
We hate to kiss you
goodbye!

—Mom, Dad, and Susan

**Darren Boehlje**

Congratulations
Darren! We're
very proud of you.
Love,
Mom and Todd

**Bryce Hill**

You have worked
hard and and
achieved much. We
are thankful and
very proud.
Love,
Dad, Mom, Brent,
& Bjork

**Steven Lee
Jones**

Way to go! We're
proud of you and
love you.
—Mom, Dad, Willie,
Sue, Lori, Nicole

**Erin Block**

"All this world is a crazy ride, so
take your seat and Hold On
Tight!"

Love,
Mom, Dad, and Nathan

Erin Hoffmann

Way to go, lizard!
We couldn't be
more proud. May
all your dreams
come true.
—Dad, Mom, and
Chris

**Mike Eagan**

Congratulations,
Mike! You have given
us many wonderful
memories during your
school years. You will
succeed in whatever
you do.
—Love Mom and Dad

**Johnny
Tannehill**

Congratulations
Johnny. Thanks for
bringing so much
joy to our lives. We
love you.
—Mom and Dad

**Jenny Nilsson**

Det hade du inte
vaentat dig va? Men
du aer inte heller vad
man vaentar sig.
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Jenny-Penny-len,
oenskar din stolta
familj, Momma, Walter
och Karl-Johan

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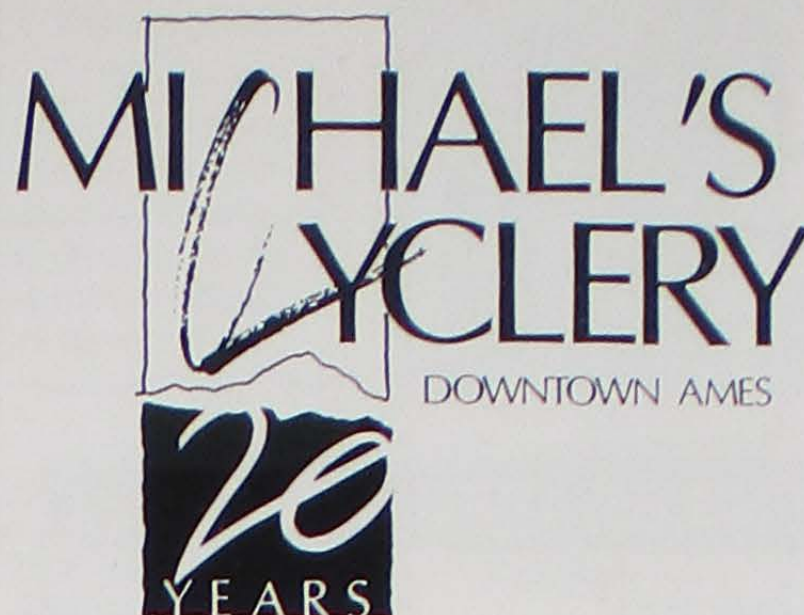
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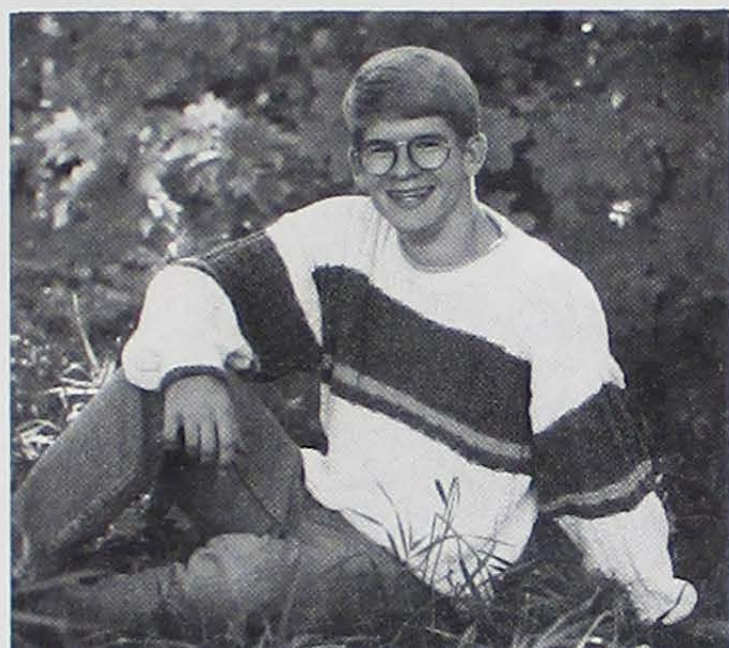
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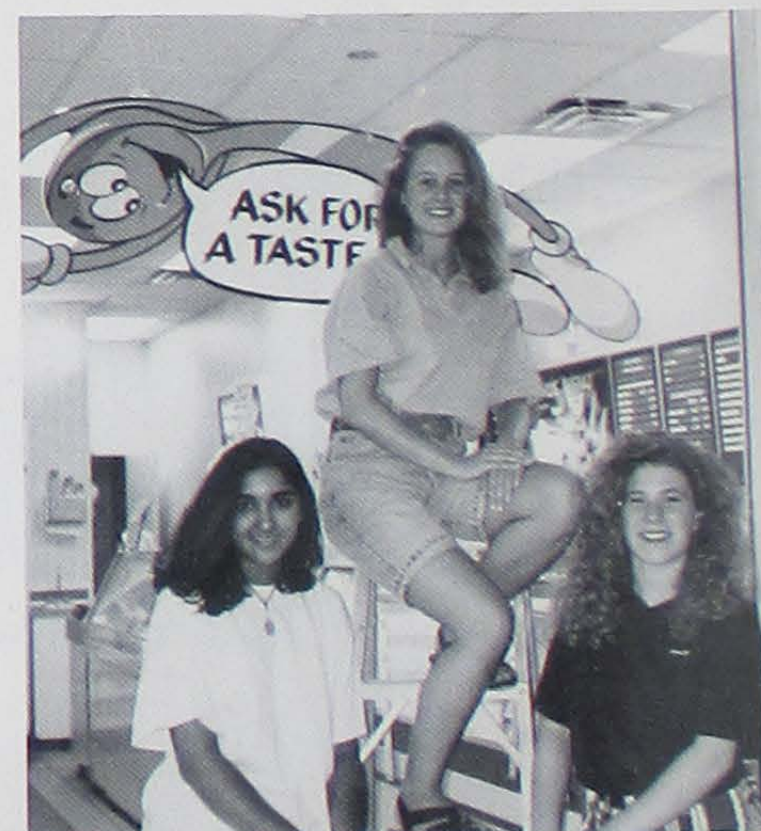
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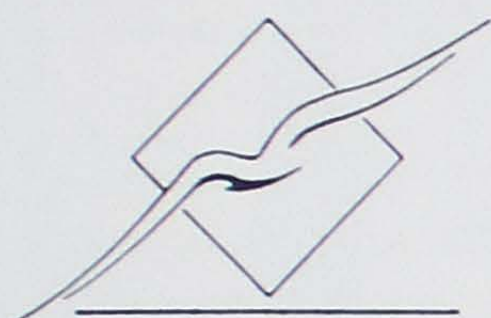


Valentino's Employees. Front Row: Lisa VanCannon, Molly LaGrange, Joelle Ely, Kelly Randles. Back Row: Adrienne van der Valk, Ben Lewis, Allison Doyle.

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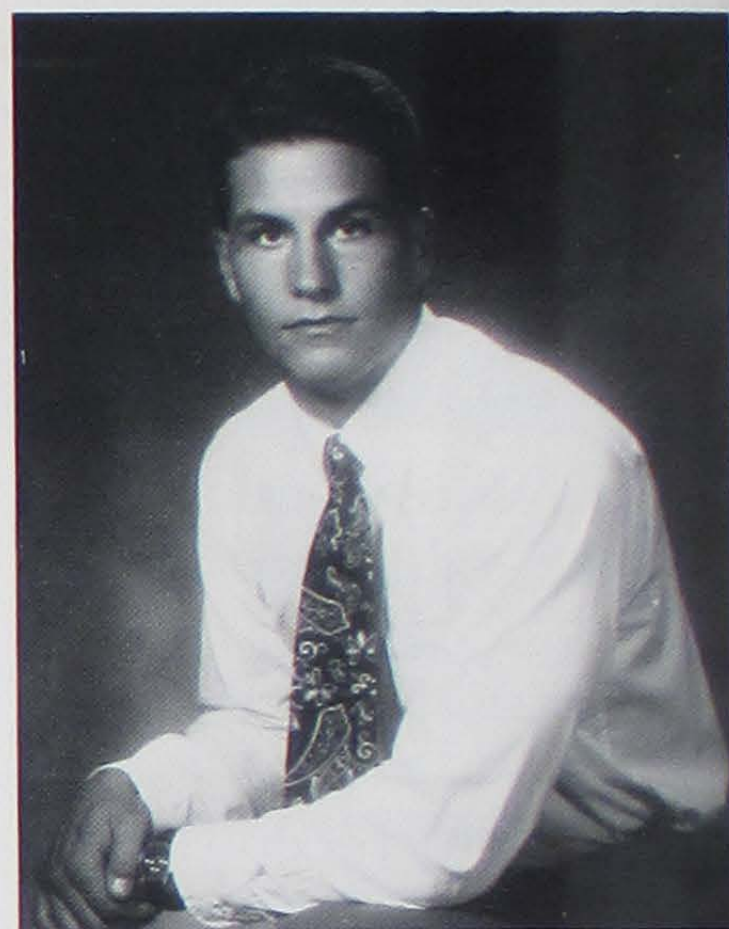
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Kim Ann Biechler

Bim, you have brought so much joy into our lives. Hang on to your dreams—they do come true! Love, Mom, Dad, Amy & Laura



Asheley Holscher

Congratulations Ash, We're so very proud of all that you have done and all that you will do. Love, Mom, Dad, & John



Kelly Remsburg

You've always been on top of things (even when it appears otherwise!). Keep reaching for those goals. You'll always be tops with us. Love, Mom and Jenny



Adrienne van der Valk

We have liftoff!
We love you, Adrienne.
—Mom & Dad,
Anneke & Annalies

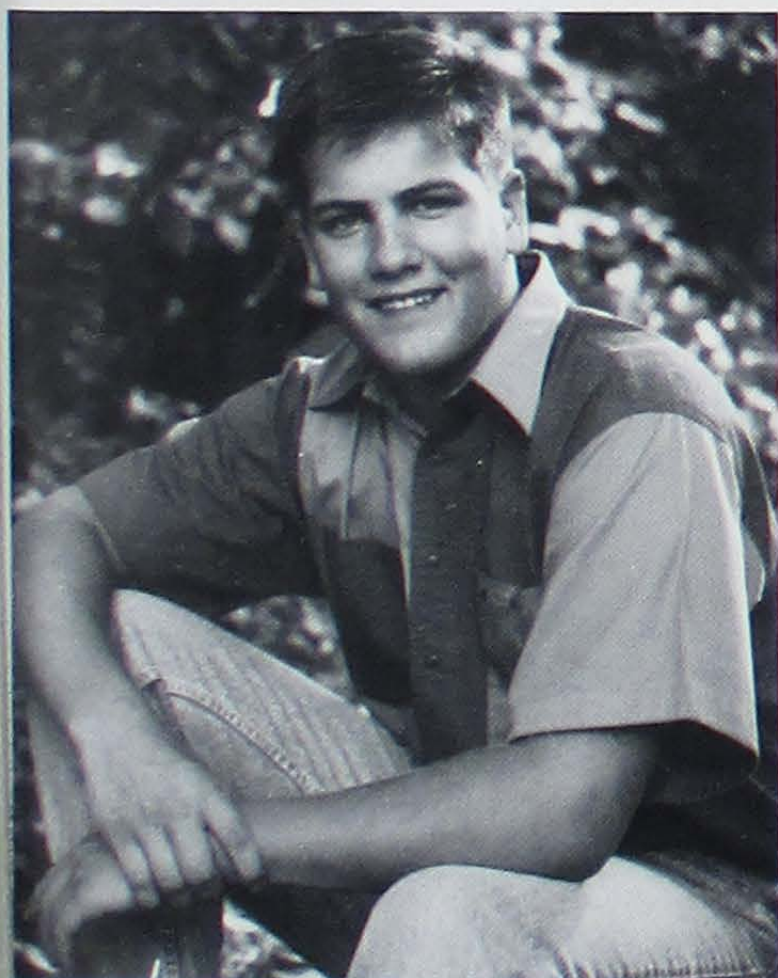
Frank Greer

Frank
Well Done!
Love,
Mom and Dad



Matt Randall

You will mount up
with wings as
eagles...
We love you.
Mom and Dad



Christine Ann Hausner

We are very proud of you. Reach for your dream. You will achieve it. —Mom and Dad



Chad Allen Newhouse

Always one to climb to new heights, you continue to succeed in whatever you attempt. Good luck in your future challenges. Love, Mom, Dad & Dawn



David A. Fincham, Jr.

Congratulations on all of your accomplishments and good luck in the future. —Dad and Dan



Ben Ford

King Ben, made Mom blush—Madrigal kiss! Sports Ben, made Dad sweat! Kid brother Ben, made siblings proud! Our love, —Mom, Dad & All *5*+



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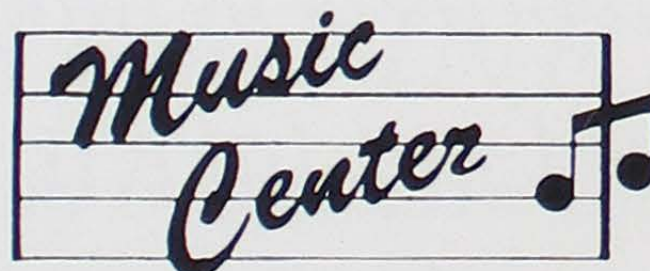
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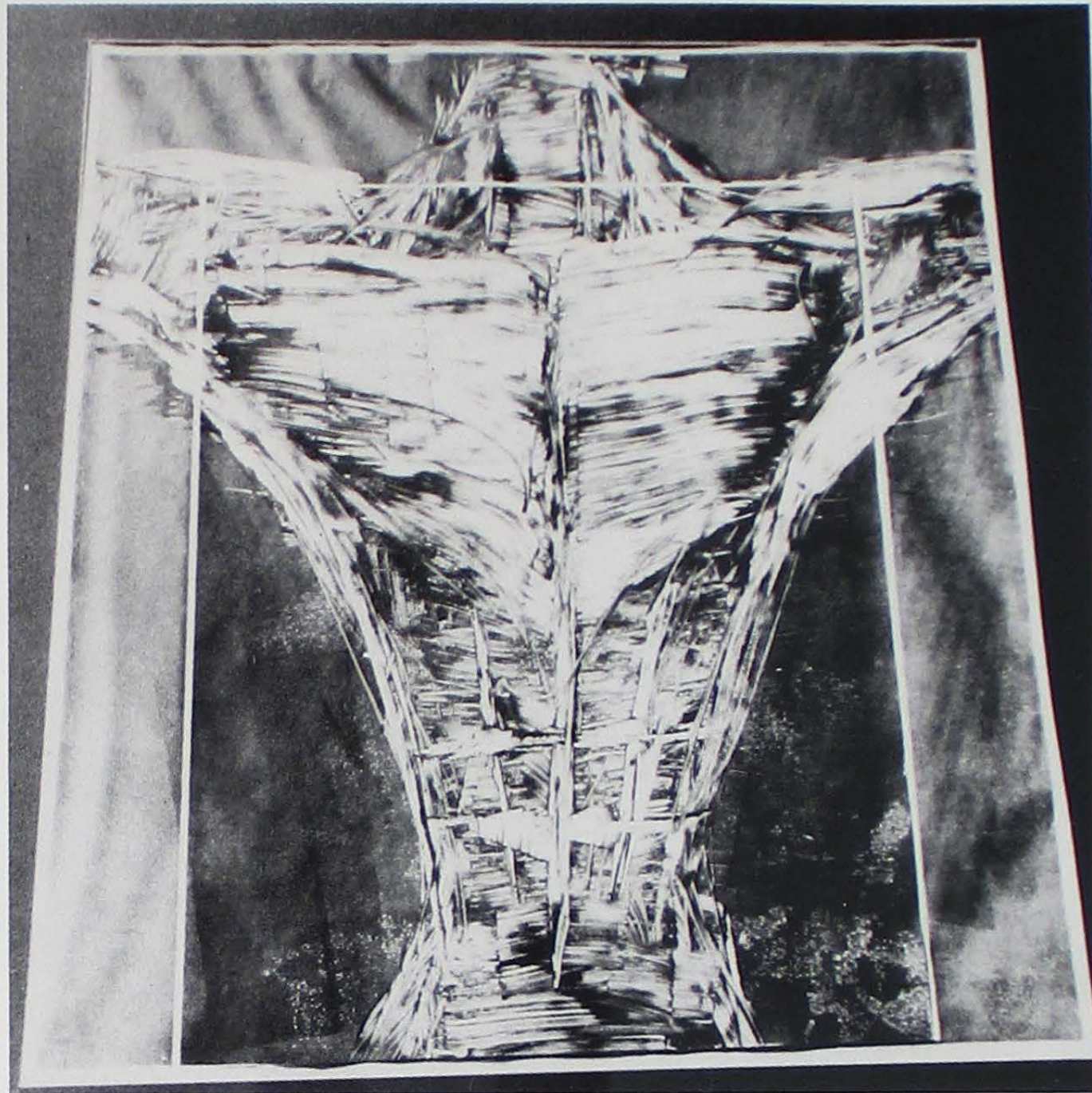
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Resurrection by Mark Okiishi was just one piece of artwork by an Ames High student to advance to the National Scholastic Art Show.

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-James Baldwin

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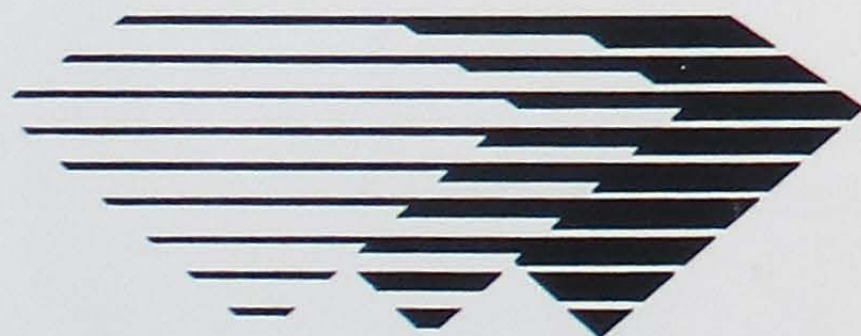
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Working at McDonalds during the lunch hour, sophomore Jenny Johnson mops the floor behind the counter. The three McDonalds employed over 15 Ames High students.



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After spending the morning working on Spirit pages, seniors Karen Hsu, Anjeanette Levings and Adrienne van der Valk take a lunch break at Downtown Deli. Lots of senior took advantage of open campus to eat lunch at the deli. (Photo by Kendi Neff-Parvin)

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Making sure no one is in danger, junior Sara Britson catches some rays while she lifeguards at Carr Pool. Below senior Tim Hentzel teaches five-yarders how to play a game. Hentzel gave swimming lessons in the morning and lifeguarded in the afternoon. Both were employees of Ames Parks and Recreation. (Photos by Karen Hsu)



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Brad Johnson

We're very proud of you and your accomplishments. Keep reaching for those dreams.

Love,
Mom, Dad & David

Derek Kepley

Congratulations on your successful high school years. We're proud of you. Best of luck in everything you do.

Love, Mom, Dad, Staci,
Devon, Alex, & Winnie



Liz Trede

Congratulations, Liz!
You have made us
very proud. Our wish
for you is to be
happy in everything
you do.
Love you always,
Mom & Dad

**Donna
Haselhoff
Stinehart**

Donna, BWH-HA-
HA-HA!
Love,
Mom, Anne, Alan
and Scott

**Kristyann
Lakin**

May you know the
beautiful life, for you
and those around
you.

Love,
Mom, Dad and Kurt

**Amy M.W.C.
Gardner**

Amy, We're very
proud of you.
Congratulations—and
may the Norse be with
you!
Love,
Mom, Dad, Mark,
& Bridget

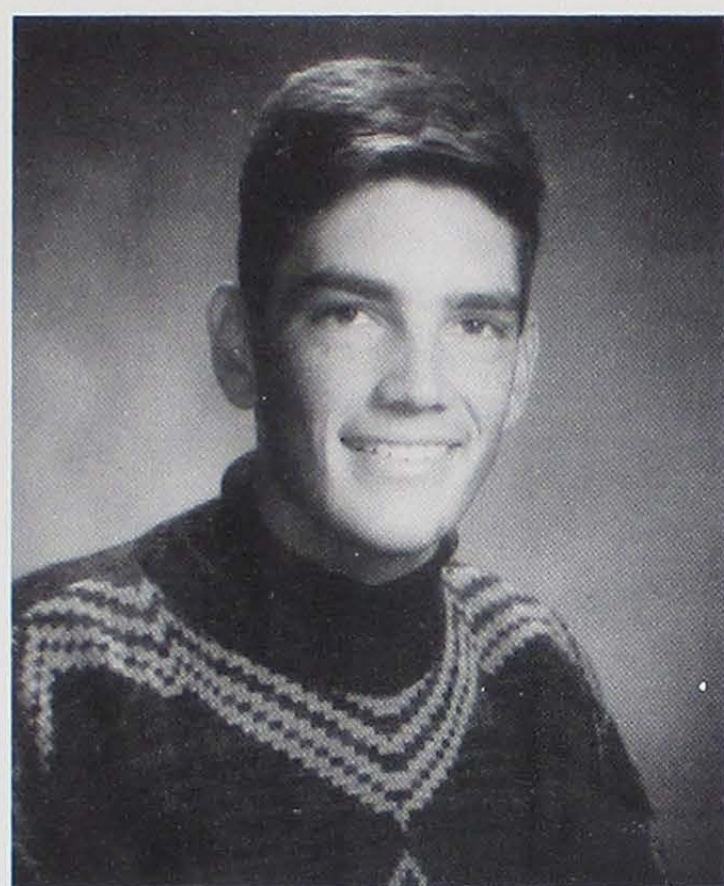
**Amy Bartine**

You've come a
long way, baby! We
are all proud of you!
—Mom, Dad,
& Christopher

**Jennifer Johnson**

33 years of children in school and
we saved the best for last.

Love,
Dad, Mom, David, Tammy, Lisa, &
Bruce

**Carlos K.
Wesley**

Thank you, Carlos,
for all of the great
moments you have
shared with us. The
best is yet to come!
Love,
Dad, Mom & Nicole

Lisa Horton

Congratulations Lisa!
May your future be full
of happiness and
many pats and birdies!
We love you and are
proud of you always.
Love,
Mom, Dad & Jay

**Jason Robert
Tice**

You did the right
thing baby, uh huh!
Love,
Mom & Dad

**Kelly Koppes**

You are the strongest and
most courageous person
we know. We love you with
all our hearts. Kelly, you are
wonderful and very
precious to so many.
Follow your heart sweetie
and capture your dreams.
Love,
Mom & Dad

**Angie Shirk**

Costumes have
been good for
you! "Break a leg,
Angie."
—your family



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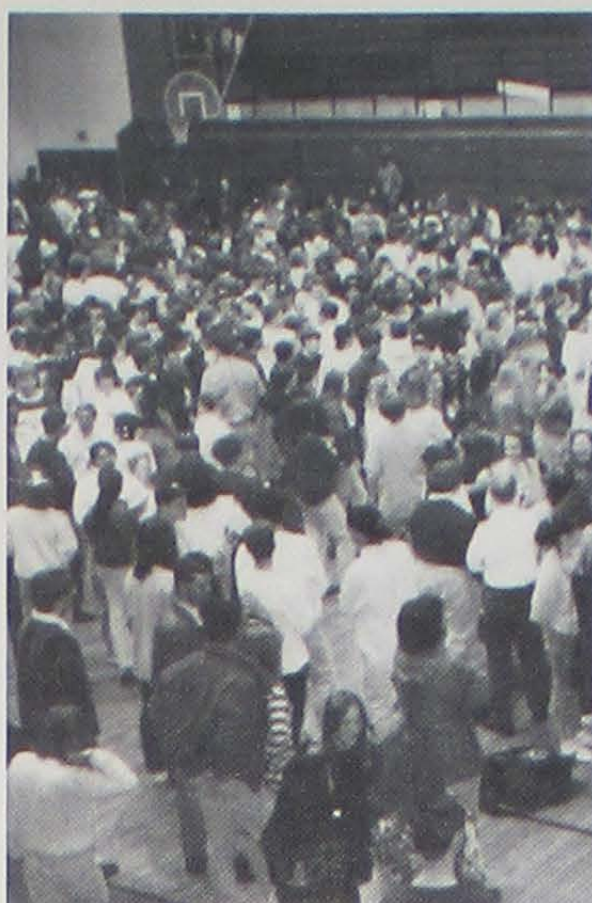
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after a smoke bomb and firecrackers were set off in the back hallway during homeroom one April morning, the entire school was evacuated. Students were kept out in the cold for about 15 minutes before the fire chief allowed the gym to be opened. The student body congregated in the gym for approximately 15 minutes before returning to class. (Photo by Kendi Neff-Parvin)

during a free period, juniors Jamie Adair and Jenny Wilcox take time out from studying to play cards in the lobby. Many students were not able to get away with card-playing after the administration began enforcing its long-standing ban on card-playing during school.



press release

Oscar Winners

Best Picture: *Unforgiven*
Best Director: Clint Eastwood - *Unforgiven*
Best Actor: Al Pacino - *Scent of a Woman*
Best Actress: Emma Thompson - *Howard's End*
Best Supporting Actor: Gene Hackman - *Unforgiven*
Best Supporting Actress: Marisa Tomei - *My Cousin Vinny*
Best Original Screen Play: Neil Jordan - *The Crying Game*
Best Original Score: *Aladdin*
Best Original Song: *Aladdin*

In the January issue of *Superman*, Doomsday killed the man of steel. Three million collectors mourned his death by purchasing the last issue.

On May 20, TV viewers watched the final episode of *Cheers* after 11 successful seasons on NBC.

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Spray painting a yellow jellyfish on the wall, senior Anjeanette Levings eases a little stress during the final *Spirit* deadline. Members of the *Spirit* and *Web* staffs painted Room 202 with an under sea mural at the end of the year. (Photoby Karen Hsu)

Getting ready for prom took hours of preparation. Junior Kelly Berg sits while her hair is french braided by a stylist at We Care Hair. (Photo courtesy of Kelly Berg)



press release

The Iowa Girls' High School Athletic Union board voted to end six-player basketball after the 1993-1994 school year.

After campaigning, dropping out in July 1992, and returning in October, independant presidential candidate Ross Perot received enough signatures to place him on all 50 state ballots and gained 19 percent of the popular vote.

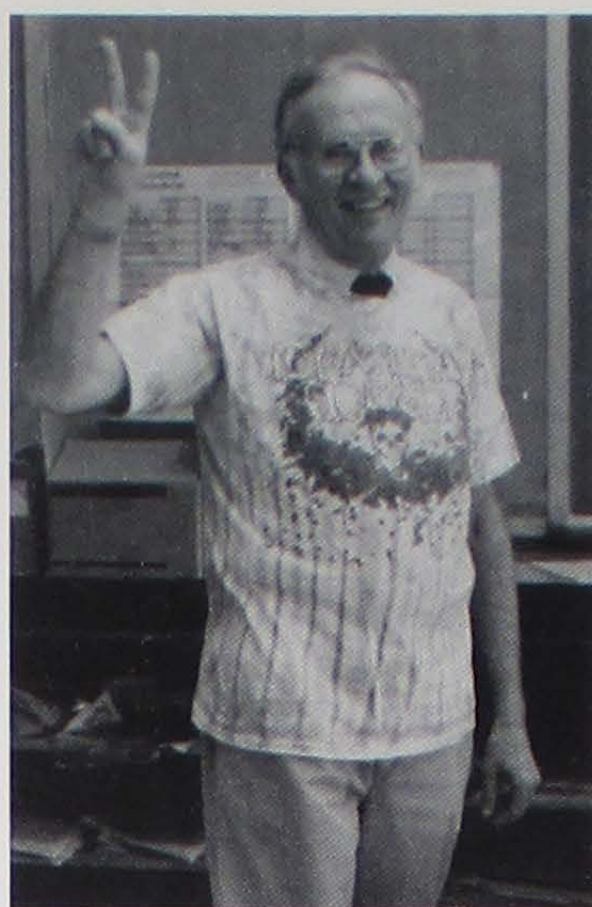
In August 1992, Hurricane Andrew, with winds of up to 164 miles per hour, left 33 people dead and over 300,000 homeless in Florida and Louisiana.

On November 3, Illinois residents elected the first African-American woman, Carol Moseley Braun, to the U.S. Senate.

Thousands of U.S. troops headed to Somalia in November to safeguard international aid shipments. Because of fighting between rebel factions, wide-spread starvation killed thousands of Somalians prior to intervention. President Clinton's administration received some criticism for not taking similar action in war-torn Bosnia.

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Principal Ralph Farrar models a Grateful Dead T-shirt for the April 2 Web. The Web staff created an April Fools day section, and reported that Dr. Farrar was a Grateful Dead groupie. (Photo by Kendi Neff-Parvin)



To liven up their presentation for LoAnn Campbell's American Literary Masterpieces class, juniors Jeremy Mize and Zach Frederick used lasers, dry ice, and guitar music. Mize and Frederick gave their presentation on Kurt Vonnegut's book, *Slaughterhouse Five*. (Photo by Kendi Neff-Parvin)



press release

On Dec. 1, 17-year-old Amy Fisher was sentenced to five to 15 years in prison for shooting the wife of her alleged lover, Joey Buttafuoco.

Retired Supreme Court Justice Thurgood Marshall, the first African-American appointed to the Court, died Jan. 24. He was known for his work in civil rights.

A terrorist bomb killed six and injured more than 1,000 at the World Trade Center in New York City Feb. 26.

After a 51-day standoff with federal officials, members of the Branch Davidian cult set their

Waco, TX compound ablaze April 19. Over 80 cult members, including 17 children and cult leader David Koresh, died in the blaze.

After a two-year custody battle, the Michigan Supreme Court ruled Jan and Roberta DeBoer had to return 2-year-old Jessica to her birth parents, Iowans Dan and Cara Schmidt. Dan Schmidt had fought for custody since shortly after the girl's birth.

In June, U.S. forces bombed Iraq as an act of retaliation against Saddam Hussein. Hussein allegedly plotted to assassinate former President George Bush.

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Colophon

Spirit Volume 81, "Escaping the Everyday," was produced after hundreds of hours of work by 16 writers, six photographers, and a stressed-out adviser in Room 202 during eighth period and worknights. Friends and family learned to reach the staff members at their second home at 232-8440 ext.260 before 4 p.m. during weekdays and 232-8446 during the evening hours. *Spirit* was printed by Walsworth Publishing Company in Marceline, Missouri, and was serviced by a very patient and helpful woman, Verna Sturtevant.

We chose the theme "Escaping the Everyday" because we wanted to emphasize the strengths of our faculty and students who made classes, and life, interesting. We used Bright Red, Carrot, Royal Purple, Process Yellow, Grass Green, and Royal Blue on the cover, which was designed brilliantly by Ashley Hagen. The white figures on the back cover, which get bigger as they move toward the top of the cover, represent the molding we go through as we, the students, make it through elementary and middle school. On the top of the front cover, the white figures spill out into people of different colors and sizes, which represents the individualized maturing that we each go through in high school. This yearbook shows some of the experiences we have gone through to become our own person.

The colors on the cover are repeated in the book as spot color. All 256 pages were printed on glossy double-coated enamel 80-pound paper. Body-copy is 10 point Avant Garde, captions are 8 point Avant Garde. Headlines are set in Avant Garde and Tekton. The lettering on the cover, headings on theme pages, and caption art was inspired by that used in the ads for Dugan's Deli. It was created in Aldus Freehand.

Writers and the design editor learned how to use the Macintosh LC's to produce the yearbook and to start over when disks crashed. They produced spreads using Aldus Pagemaker 4.0, Aldus Freehand 3.1, Comtran, and Microsoft Works 2.0.

The executive editor and the design editor travelled to the University of Minnesota at Minneapolis for a five day summer workshop in August. It was there, after many long brainstorming sessions and desperate calls back home to our adviser, that the theme "Escaping the Everyday" was created. The staff also attended the Iowa High School Press Association (IHSPA) state conference at Iowa State University (far drive). *Spirit* 1992 received second place in its division of the fall yearbook contest and received an All-American rating with four marks of distinction from the National Scholastic Press Association.

The *Spirit* staff would like to thank the Ames businesses and parents for their financial support; the media center staff for their cooperation; Sorn Somsanith for not yelling at us when we painted the room French blue with jellyfish, fish, and seahorses; our parents for putting up with us and our very late worknights; and Randy for calling us and cheering us up. Finally, our deepest gratitude to our adviser, Kendi Neff-Parvin, for not killing us with that multi-colored plastic sword she bought at "All for One Dollar."

-Editor-in-chief, Karen Hsu

at large
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escaping the everyday



day after day we walked past the same old beat-up lockers in the back hall on the way to the portables for class, ate the same BBQ rib sandwiches with french fries and sliced pears for lunch, and played the *Hymn of the Republic* before every home football game.

Throughout the year, students and faculty alike tried to escape the ordinary classwork, monotonous lectures, and never-ending cloudy, rainy days.

Finally, after applying mascara on male classmates in Anthropology, trying to persuade residents to vote "yes" for the Equal



When the sun finally did shine, many students took advantage of the weather by studying outside in the courtyard instead of the media center or study hall. (Photo by Kendi Neff-Parvin)



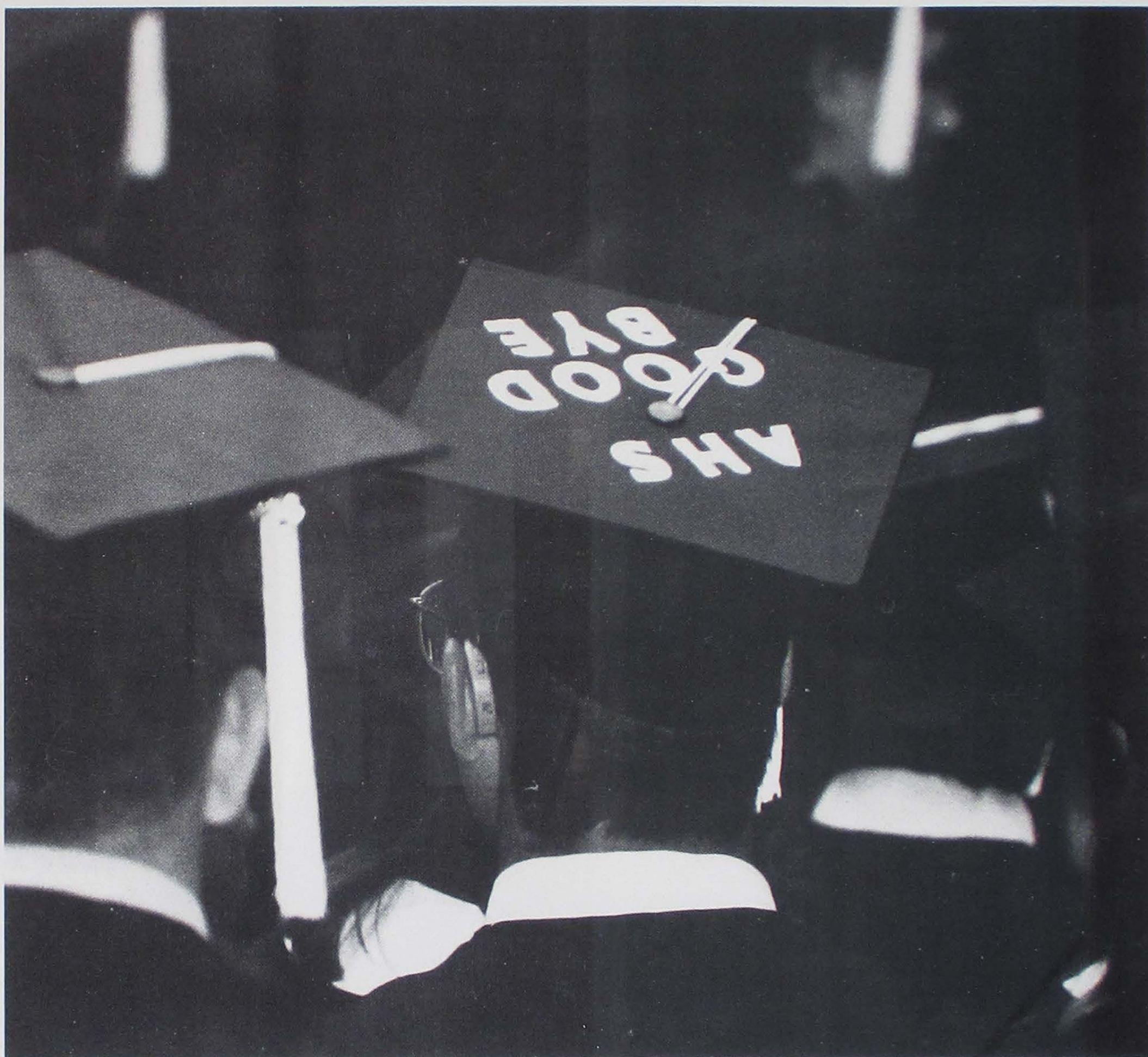
Rights Amendment, and evacuating the school building because of a smoke bomb, it was time to say good-bye to another year. Goodbye to waxing chemistry lab tables, eating taco salads on Fridays, and painting fish scenes in Room 202. On Thursday, May 27, 319 seniors marched across the stage at Hilton Coliseum for one final farewell to family and friends. And before the night was over, Principal Ralph Farrar was named an honorary graduate after 24 years of dedicated service to Ames High. There was no doubt about it—we had escaped the everyday.

With a daisy in his left ear, junior Dave Smith watches at the cheerleaders' routine at "A Blast from the Past" pep assembly. The cheerleaders sold daisies for 50 cents each to help pay for the costumes they borrowed from ACTORS. (Photo by Abby Klaas)

By Karen Hsu



caught in the act



Silently celebrating the end of high school, senior Mike Bryant dons a cap that has "Goodbye AHS" taped to it. 319 seniors graduated May 27 at Hilton Coliseum. (Photo by Beth Myers)



End



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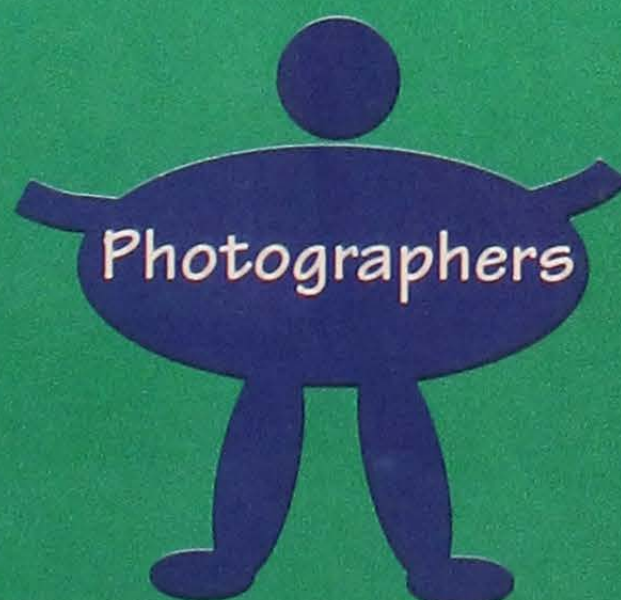
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